

BILLINGS

Diabetes

Summary: Medication, supplies, monitoring, and specialist follow-up create continuous monthly pressure.

Main trigger: ER visits for glucose emergencies, complications, and hospitalizations.

Top actions:

- Today: Ask pharmacy and clinician about lowest-cost covered med and supply options.
- This week: Apply for assistance and verify plan prior-auth requirements.
- Ongoing: Maintain preventive schedule (A1C, eye, kidney) to reduce avoidable crises.

Sources:

- American Diabetes Association:
- <https://diabetes.org/about-diabetes/statistics/cost-diabetes>
- CDC diabetes: <https://www.cdc.gov/diabetes>