

BILLINGS

Alzheimer's & other dementias

Summary: Long-term care needs and caregiver burden can destabilize household finances over years.

Main trigger: Escalating care needs, home safety changes, placement, and repeated medical events.

Top actions:

- Today: Identify immediate support gaps and ask for respite resources.
- This week: Start care coordination permissions, med list, and emergency plan.
- Ongoing: Reassess care level and support eligibility as needs evolve.

Sources:

- Alzheimer's Association: <https://www.alz.org>
- NIH Alzheimer's disease: <https://www.nia.nih.gov/health/alzheimers>