MRN: 691363 DOB: 2/13/1953 MD: SAMANTHA KUEBLER

12/06/2023 09:00

Symptom Score (IPSS)

| Patient Name: Date of Birth: Age: Today's Date: | |
|---|--|
|---|--|

Determine Your BPH Symptoms

Circle your answers and add up your scores at the bottom.

| Over the past month | Not at all | Less than one time in five | Less than half the time | About half the time | More than half the time | Almost always |
|--|------------|----------------------------|----------------------------------|---------------------|----------------------------------|----------------------------|
| Incomplete emptying- How often have you had the sensation of not emptying your bladder completely after you finished urinating? | 0 | 1 | 2 | 3 | 4 | 5 |
| Frequency - How often have you had to urinate again less than two hours after you finished urinating? | 0 | 1 | 2 | 3 | 4 | 5 |
| Intermittency- How often you have found you stopped and started again several times when you urinated? | 0 | 1 | 2 | 3 | 4 | 5 |
| Urgency - How often have you found it difficult to postpone urination? | 0 | 1 | 2 | 3 | 4 | 5 |
| Weak stream- How often have you had a weak urinary stream? | 0 | 1 | 2 | 3 | 4 | 5 |
| Straining- How often have you had to push or strain to begin urination? | 0 | 1 | 2 | 3 | 4 | 5 |
| Sleeping- How many times did you most typically get up to urinate from the time you went to bed at night until the time you got up in the morning? | None 0 | One Time 1 | Two Times 2 | Three Times 3 | Four Times 4 | Five or More Times 5 |
| Add Symptom Scores: | - | | | | • | - |

Total International Prostate Symptom Score=

1-7 mild symptoms - 8-19 moderate symptoms - 20-35 severe symptoms

| Quality of Life (QoL) | Delighted | Pleased | Mostly Satisfied | Mixed | Mostly Dissatis- | Unhappy | Terrible |
|---|-----------|---------|---------------------|-------|---------------------|---------|----------|
| If you were to spend the rest of your life with your urinary condition just the way it is now, how would you feel about that? | 0 | 1 | 2 | 3 | 4 | 5 | 6 |

| Would you be interested in treatment options? Yes No | Would you be interested in treatment options? | Yes | No |
|--|---|-----|----|
|--|---|-----|----|

| Other than water, what do you drink during the day? | |
|---|--|
| e.g. 1 cup green tea, 12 oz Pepsi, 2 cans of beer | |

MRN: 691363 DOB: 2/13/1953

JAL HEALTH INVENTORY FOR MEN (SHIM)

12/06/2023 09:00

MD: SAMANTHA KUEBLER

| TODAY'S DATE: | |
|---------------|--|
| 10D/110D/11E. | |

PATIENT INSTRUCTIONS

Sexual health is an important part of an individual's overall physical and emotional well-being. Erectile dysfunction, also known as impotence, is one type of very common medical condition affecting sexual health. Fortunately, there are many different treatment options for erectile dysfunction. This questionnaire is designed to help you and your doctor identify if you may be experiencing erectile dysfunction. If you are, you may choose to discuss treatment options with your doctor.

Each question has several possible responses. Circle the number of the response that **best describes** your own situation. Please be sure that you select one and only one response for **each question**.

OVER THE PAST 6 MONTHS:

| How do you rate your confidence that you could get and keep an | | VERY LOW LOW MODE | | MODERATE | Нідн | VERY HIGH |
|--|-----------------------------------|------------------------------|---|---------------------------------------|---|-------------------------------|
| erection? | | 1 | 2 | 3 | 4 | 5 |
| 2. When you had erections with sexual stimulation, how often were your erections hard enough for penetration | No SEXUAL ACTIVITY | ALMOST NEVER (MUCH LESS (ABC | | SOMETIMES (ABOUT HALF THE TIME) | MOST TIMES (MUCH MORE THAN, HALF THE TIME) | ALMOST ALWAYS OR ALWAYS |
| (entering your partner)? | 0 | 1 | 2 | 3 | 4 | 5 |
| 3. During sexual intercourse, how often were you able to maintain your erection | DID NOT ATTEMPT INTERCOURSE | ALMOST NEVER OR NEVER | A FEW TIMES (MUCH LESS THAN HALF THE TIME) | SOMETIMES (ABOUT HALF THE TIME) | MOST TIMES (MUCH MORE THAN, HALF THE TIME) | ALMOST ALWAYS OR ALWAYS |
| after you had penetrated (entered) your partner? | | 1 | 2 | 3 | 4 | 5 |
| 4. During sexual intercourse, how difficult was it to maintain your | DID NOT ATTEMPT INTERCOURSE | EXTREMELY DIFFICULT | VERY DIFFICULT | DIFFICULT | SLIGHTLY DIFFICULT | NOT DIFFICULT |
| erection to completion of intercourse? | 0 | 1 | 2 | 3 | 4 | 5 |
| 5. When you attempted sexual intercourse, how often was it satisfactory | DID NOT ATTEMPT INTERCOURSE | ALMOST NEVER OR NEVER | A FEW TIMES (MUCH LESS THAN HALF THE TIME) | SOMETIMES (ABOUT HALF THE TIME) | MOST TIMES (MUCH MORE THAN, HALF THE TIME) | ALMOST ALWAYS OR ALWAYS |
| for you? | 0 | 1 | 2 | 3 | 4 | 5 |

| he Sexual Health | nventory for Men further cla | assifies ED severity with the following | g breakpoints: |
|------------------|------------------------------|---|----------------|
| I-7 Severe ED | 8-11 Moderate ED | 12-16 Mild to Moderate ED | 17-21 Mild ED |

| Would you be interested in treatment options? | Yes | No | |
|---|-----|----|--|
|---|-----|----|--|

MRN: 691363 DOB: 2/13/1953

MD: SAMANTHA KUEBLER

12/06/2023 09:00

| | _ | | _ | |
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| _ | a | • | C | • |

| <u>Vitals:</u> | | | |
|------------------------|----|----------|---------------|
| BP: | | Urine Co | llection: |
| HR: | | Voided \ | /olume (Hat): |
| WT: | | | |
| нт: | | | |
| | | Post Voi | d Residual: |
| 02: | | | |
| | | | |
| Temp: | | | |
| Pain: | | | |
| | | | |
| POP-Q | | | |
| Aa | Ва | | c |
| | | | |
| Pb | Gh | | TVL |
| | | | |
| Ap | Bp | | D |
| | | | |
| Pelvic Floor Strength: | | | |
| | | | |
| Rectal Exam: | | | |

MRN: 691363 DOB: 2/13/1953

MD: SAMANTHA KUEBLER

Physician Signature: _____

Date:

12/06/2023 09:00

| ☐ PT TO SEE SURGE | RY SCHEDULER TODAY | SAM KEUBL | ER (TOJINO PTS ONLY) |
|---|---|---|--|
| Follow Up Time Frame: 1 WK 3-4 WKS 2 WKS 6-8 WKS | ☐ 3-4 MO ☐ 6-7 MO | 1 YEAR ASAP PRN NEXT AVAIL | XIAFLEX SCHEDULE INTRAVESICAL TX SCHEDULE |
| Follow Up Reason Symptom Recheck Imaging Results Exam Kidney Stone F/U | Injection Xiaflex Injection Lupron 3-mo dose Lupron 6-mo dose | Other Urodynamics Penile Inj Teaching | Minor Procedure Suture/Drain Removal PVR Uroflow with PVR Cath Change Suprapubic Cath Exch |
| Proce Cystoscopy Cysto/Stent Removal Cysto/Bladder Botox Cysto/TRUS Vasectomy | edure Cysto/Pelvic Exam Transrectal US Prostate Biopsy Intravesical Therapy Suprapubic over wire | | Pelvic Floor PT Pelvic Pain Pain w/Ejaculation Difficulty Urinating Incontinence |
| Imaging/Orders Reason: Kidney Stone Hydronephrosis | ☐ ASAP ☐ Scrotal Swelling ☐ Scrotal Pain ☐ Other (see note) | Prior to Next Appt Eval left/right/bilateral a Eval left/right/bilateral a Prostate MRI, also evalue | renal lesion(s) |
| CT Abd/Pelvis w/contrast w/o contrast w/ & w/o contrast | Renal Ultrasound CT Urogram Hematuria Bladder Cancer Hydronephrosis (L/R) | Scrotal Ultrasound MRI Abd w/o contrast w/ & w/o contrast Other Test: | Pylarify PET Scan MRI Pelvis w/ & w/o contrast |
| Outside Referral: | | | |
| BMP (7-10 days after med) BMP, Ca, Mg, Phos, Uric A TOTAL T, CBC, SHBG (befo) TOTAL T, CBC, SHBG (befo) SEMEN ANALYSIS (abstain | d change) PSA, Total Acid, PTH PSA, % Free ore 10am) FREE & TOTA ore 10am, 6 weeks after startin | L T, ESTRADIOL, LH, FSH, SHB | ☐ Hgb A1c veeks after med change) G, PROLACTIN (before 10am) rior to next dose) |

MRN: 690675 DOB: 2/2/1957

MD: SAMANTHA KUEBLER

Symptom Score (IPSS)

12/06/2023 09:30

Patient Name: Date of Birth: Age: Today's Date:

Determine Your BPH Symptoms

Circle your answers and add up your scores at the bottom.

| Over the past month | Not at all | Less than one time in five | Less than half the time | About half the time | More than half the time | Almost always |
|--|------------|----------------------------|----------------------------------|---------------------|----------------------------------|----------------------------|
| Incomplete emptying- How often have you had the sensation of not emptying your bladder completely after you finished urinating? | 0 | 1 | 2 | 3 | 4 | 5 |
| Frequency - How often have you had to urinate again less than two hours after you finished urinating? | 0 | 1 | 2 | 3 | 4 | 5 |
| Intermittency- How often you have found you stopped and started again several times when you urinated? | 0 | 1 | 2 | 3 | 4 | 5 |
| Urgency - How often have you found it difficult to postpone urination? | 0 | 1 | 2 | 3 | 4 | 5 |
| Weak stream- How often have you had a weak urinary stream? | 0 | 1 | 2 | 3 | 4 | 5 |
| Straining - How often have you had to push or strain to begin urination? | 0 | 1 | 2 | 3 | 4 | 5 |
| Sleeping- How many times did you most typically get up to urinate from the time you went to bed at night until the time you got up in the morning? | None 0 | One Time 1 | Two Times 2 | Three Times 3 | Four Times 4 | Five or More Times 5 |
| Add Symptom Scores: | 4 | - | - - | + | - | - |

Total International Prostate Symptom Score=

1-7 mild symptoms - 8-19 moderate symptoms - 20-35 severe symptoms

| Quality of Life (QoL) | Delighted | Pleased | Mostly Satisfied | Mixed | Mostly Dissatis- | Unhappy | Terrible |
|---|-----------|---------|---------------------|-------|---------------------|---------|----------|
| If you were to spend the rest of your life with your urinary condition just the way it is now, how would you feel about that? | 0 | 1 | 2 | 3 | 4 | 5 | 6 |

| Would you be interested in treatment options? | Yes | No |
|---|-----|----|
|---|-----|----|

| Other than water, what do you drink during the day? | |
|---|--|
| e.g. 1 cup green tea, 12 oz Pepsi, 2 cans of beer | |

MRN: 690675 DOB: 2/2/1957

JAL HEALTH INVENTORY FOR MEN (SHIM)

12/06/2023 09:30

MD: SAMANTHA KUEBLER

PATIENT INSTRUCTIONS

Sexual health is an important part of an individual's overall physical and emotional well-being. Erectile dysfunction, also known as impotence, is one type of very common medical condition affecting sexual health. Fortunately, there are many different treatment options for erectile dysfunction. This questionnaire is designed to help you and your doctor identify if you may be experiencing erectile dysfunction. If you are, you may choose to discuss treatment options with your doctor.

Each question has several possible responses. Circle the number of the response that **best describes** your own situation. Please be sure that you select one and only one response for **each question**.

OVER THE PAST 6 MONTHS:

| How do you rate your confidence that you could get and keep an | | VERY LOW | Low | MODERATE | Нідн | VERY HIGH |
|--|-----------------------------------|--------------------------|---|---------------------------------------|---|-------------------------------|
| erection? | | 1 | 2 | 3 | 4 | 5 |
| 2. When you had erections with sexual stimulation, how often were your erections hard enough for penetration | No SEXUAL ACTIVITY | ALMOST NEVER OR NEVER | A FEW TIMES (MUCH LESS THAN HALF THE TIME) | SOMETIMES (ABOUT HALF THE TIME) | MOST TIMES (MUCH MORE THAN, HALF THE TIME) | ALMOST ALWAYS OR ALWAYS |
| (entering your partner)? | 0 | 1 | 2 | 3 | 4 | 5 |
| 3. During sexual intercourse, how often were you able to maintain your erection | DID NOT ATTEMPT INTERCOURSE | ALMOST NEVER OR NEVER | A FEW TIMES (MUCH LESS THAN HALF THE TIME) | SOMETIMES (ABOUT HALF THE TIME) | MOST TIMES (MUCH MORE THAN, HALF THE TIME) | ALMOST ALWAYS OR ALWAYS |
| after you had penetrated (entered) your partner? | 0 | 1 | 2 | 3 | 4 | 5 |
| 4. During sexual intercourse, how difficult was it to maintain your | DID NOT ATTEMPT INTERCOURSE | EXTREMELY DIFFICULT | VERY DIFFICULT | DIFFICULT | SLIGHTLY DIFFICULT | NOT DIFFICULT |
| erection to completion of intercourse? | 0 | 1 | 2 | 3 | 4 | 5 |
| 5. When you attempted sexual intercourse, how often was it satisfactory | DID NOT ATTEMPT INTERCOURSE | ALMOST NEVER OR NEVER | A FEW TIMES (MUCH LESS THAN HALF THE TIME) | SOMETIMES (ABOUT HALF THE TIME) | MOST TIMES (MUCH MORE THAN, HALF THE TIME) | ALMOST ALWAYS OR ALWAYS |
| for you? | 0 | 1 | 2 | 3 | 4 | 5 |

| he Sexual Health | Inventory for Men further cla | assifies ED severity with the followin | g breakpoints: |
|------------------|-------------------------------|--|----------------|
| 1-7 Severe ED | 8-11 Moderate ED | 12-16 Mild to Moderate ED | 17-21 Mild ED |

| Would you be interested in treatment options? | Yes | No | |
|---|-----|----|--|
|---|-----|----|--|

MRN: 690675 DOB: 2/2/1957

MD: SAMANTHA KUEBLER

12/06/2023 09:30

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| | <u>Vitals:</u> | | Г | |
|------------|--------------------|----|-----------------|---------------|
| | BP: | | <u>Urine Co</u> | llection: |
| | HR: | | Voided V | /olume (Hat): |
| | WT: | | | |
| | нт: | | | |
| | | | Post Void | d Residual: |
| | 02: | | | |
| | | | | |
| | Temp: | | | |
| | Pain: | | | |
| | | | | |
| <u>POI</u> | P-Q | | | |
| Aa_ | | Ва | | C |
| | | | | |
| Pb_ | | Gh | | TVL |
| | | | | |
| Ap_ | | Вр | | D |
| | | | | |
| Pelv | ic Floor Strength: | | | |
| | | | | |
| Rect | al Exam: | | | |

MRN: 690675 DOB: 2/2/1957

MD: SAMANTHA KUEBLER

Physician Signature: _____

Date:

12/06/2023 09:30

| ☐ PT TO SEE SURGE | ERY SCHEDULER TODAY | SAM KEUB | LER (TOJINO PTS ONLY) |
|--------------------------|---------------------------------|-------------------------------|-----------------------------|
| Follow Up Time Frame: | | | |
| ☐ 1 WK ☐ 3-4 WKS | 3-4 MO | 1 YEAR ASAP | XIAFLEX SCHEDULE |
| 2 WKS 6-8 WKS | ☐ 6-7 MO | PRN NEXT | ☐ INTRAVESICAL TX |
| | | AVAIL | SCHEDULE |
| Follow Up Reason | Injection | Other | Minor Procedure |
| Symptom Recheck | Xiaflex Injection | Urodynamics | Suture/Drain Removal |
| Imaging Results | Lupron 3-mo dose | Penile Inj Teaching | ☐ PVR |
| Exam | Lupron 6-mo dose | | Uroflow with PVR |
| Kidney Stone F/U | | | Cath Change |
| | | | Suprapubic Cath Exch |
| Proce | edure |] | Pelvic Floor PT |
| Cystoscopy | Cysto/Pelvic Exam | | Pelvic Pain |
| Cysto/Stent Removal | Transrectal US | | Pain w/Ejaculation |
| Cysto/Bladder Botox | Prostate Biopsy | | Difficulty Urinating |
| Cysto/TRUS | Intravesical Therapy | | Incontinence |
| Vasectomy | Suprapubic over wire | J | |
| Imaging/Orders | ASAP | Prior to Next Appt | Other: |
| Reason: | Scrotal Swelling | Eval left/right/bilateral | adrenal lesion(s) |
| Kidney Stone | Scrotal Pain | Eval left/right/bilateral | · · |
| Hydronephrosis | Other (see note) | _ | uate pelvic lymph nodes |
| □ KUB | Renal Ultrasound | Scrotal Ultrasound | Pylarify PET Scan |
| CT Abd/Pelvis | CT Urogram | MRI Abd | MRI Pelvis |
| w/contrast | Hematuria | w/o contrast | w/ & w/o contrast |
| w/o contrast | Bladder Cancer | w/ & w/o contrast | |
| w/ & w/o contrast | Hydronephrosis (L/R) | Other Test: | |
| Outside Referral: | | | |
| | La | ıbs | |
| BMP (7-10 days after med | d change) 🔲 PSA, Total | LITHOLINK | Hgb A1c |
| BMP, Ca, Mg, Phos, Uric | Acid, PTH PSA, % Free | CBC, CMP, Uric Acid (2 | weeks after med change) |
| TOTAL T, CBC, SHBG (befo | ore 10am) 🔲 FREE & TOTA | L T, ESTRADIOL, LH, FSH, SHI | BG, PROLACTIN (before 10am) |
| TOTAL T, CBC, SHBG (befo | ore 10am, 6 weeks after startii | ng therapy, within 1-2 days p | prior to next dose) |
| SEMEN ANALYSIS (abstair | | | |

MRN: 690179 DOB: 2/13/1960

MD: SAMANTHA KUEBLER

UDI-6/IIQ-7 Evaluation of Female Incontinence

| | • | | |
|-----------|------------|---------------|------|
| Last Name | First Name | Date of Birth | Date |
| | | | |

| | Do you experience, and, if so, how much are you bothered by: | | | | | |
|----|---|------------|----------|------------|---------|--|
| | | Not at all | Slightly | Moderately | Greatly | |
| 1. | Frequent urination | 0 | 1 | 2 | 3 | |
| 2 | Urine leakage related to feeling of urgency? | 0 | 1 | 2 | 3 | |
| 3 | Urine leakage related to physical activity, coughing or sneezing? | 0 | 1 | 2 | 3 | |
| 4 | Small amounts of urine leakage (drops)? | 0 | 1 | 2 | 3 | |
| 5 | Difficulty emptying your bladder | 0 | 1 | 2 | 3 | |
| 6 | Pain or discomfort in the lower abdominal area? | 0 | 1 | 2 | 3 | |
| | Nighttime urination? | 0 | 1 | 2 | 3 | |
| | A strong feeling of urgency to empty your bladder? | 0 | 1 | 2 | 3 | |

Urogenital Distress Inventory (UDI-6+2)

Total score...../18

| | Has urine leakage and /or prolapse affected your: | | | | | |
|---|---|------------|----------|------------|---------|--|
| | ÿ | Not at all | Slightly | Moderately | Greatly | |
| 1 | Ability to do household chores (cooking, housecleaning, laundry)? | 0 | 1 | 2 | 3 | |
| 2 | Physical recreation such as walking, swimming, or other exercise? | 0 | 1 | 2 | 3 | |
| 3 | Entertaining activities (movies, concerts, etc)? | 0 | 1 | 2 | 3 | |
| 4 | Ability to travel by car or bus more than 30 minutes from home? | 0 | 1 | 2 | 3 | |
| 5 | Participation in social activities outside your home? | 0 | 1 | 2 | 3 | |
| 6 | Emotional health (nervousness, depression, etc.)? | 0 | 1 | 2 | 3 | |
| 7 | Feeling frustrated? | 0 | 1 | 2 | 3 | |
| | Ability to have sexual relations? | 0 | 1 | 2 | 3 | |

Incontinence Impact Questionnaire (IIQ-7+1)

Total score...../21

EMMA D THOMPKINS

MRN: 690179 DOB: 2/13/1960

MD: SAMANTHA KUEBLER

12/06/2023 10:00

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| | <u>Vitals:</u> | | Г | |
|------------|--------------------|----|-----------------|---------------|
| | BP: | | <u>Urine Co</u> | llection: |
| | HR: | | Voided V | /olume (Hat): |
| | WT: | | | |
| | нт: | | | |
| | | | Post Void | d Residual: |
| | 02: | | | |
| | | | | |
| | Temp: | | | |
| | Pain: | | | |
| | | | | |
| <u>POI</u> | P-Q | | | |
| Aa_ | | Ва | | C |
| | | | | |
| Pb_ | | Gh | | TVL |
| | | | | |
| Ap_ | | Вр | | D |
| | | | | |
| Pelv | ic Floor Strength: | | | |
| | | | | |
| Rect | al Exam: | | | |

EMMA D THOMPKINS

MRN: 690179 DOB: 2/13/1960

MD: SAMANTHA KUEBLER

Physician Signature:

Date:

12/06/2023 10:00

| ☐ PT TO SEE SURGE | ERY SCHEDULER TODAY | SAM KEUBLER (TOJINO PTS ONLY) | | | |
|-------------------------------------|--|---|---------------------------------------|--|--|
| Follow Up Time Frame: 1 WK 3-4 WKS | ☐ 3-4 MO | ☐ 1 YEAR ☐ ASAP | XIAFLEX SCHEDULE | | |
| 2 WKS 6-8 WKS | ☐ 6-7 MO | PRN NEXT | INTRAVESICAL TX | | |
| | | AVAIL | SCHEDULE | | |
| Follow Up Reason Symptom Recheck | Injection Xiaflex Injection | Other Urodynamics | Minor Procedure Suture/Drain Removal | | |
| Imaging Results Exam | Lupron 3-mo dose Lupron 6-mo dose | Penile Inj Teaching | ☐ PVR ☐ Uroflow with PVR | | |
| Kidney Stone F/U | Lapron o mo dosc | | Cath Change | | |
| | | | Suprapubic Cath Exch | | |
| l — | edure | | Pelvic Floor PT | | |
| Cystoscopy Cysto/Stent Removal | Cysto/Pelvic Exam Transrectal US | | Pelvic Pain Pain w/Ejaculation | | |
| Cysto/Bladder Botox | Prostate Biopsy | | Difficulty Urinating | | |
| Cysto/TRUS | Intravesical Therapy | | ☐ Incontinence | | |
| Vasectomy | Suprapubic over wire | | | | |
| Imaging/Orders | ASAP | Prior to Next Appt | Other: | | |
| Reason: | Scrotal Swelling | Eval left/right/bilateral a | drenal lesion(s) | | |
| Kidney Stone | Scrotal Pain | Eval left/right/bilateral renal lesion(s) | | | |
| Hydronephrosis | Other (see note) | Prostate MRI, also evalu | ate pelvic lymph nodes | | |
| ☐ KUB | Renal Ultrasound | Scrotal Ultrasound | Pylarify PET Scan | | |
| CT Abd/Pelvis | CT Urogram | MRI Abd | MRI Pelvis | | |
| w/contrast | Hematuria | w/o contrast | w/ & w/o contrast | | |
| w/o contrast w/ & w/o contrast | ☐ Bladder Cancer ☐ Hydronephrosis (L/R) | w/ & w/o contrast Other Test: | | | |
| Outside Referral: | | Guier rest. | | | |
| | _ | bs | _ | | |
| BMP (7-10 days after me | | LITHOLINK | Hgb A1c | | |
| BMP, Ca, Mg, Phos, Uric | BMP, Ca, Mg, Phos, Uric Acid, PTH PSA, % Free CBC, CMP, Uric Acid (2 weeks after med change) | | | | |
| TOTAL T, CBC, SHBG (bef | · — | L T, ESTRADIOL, LH, FSH, SHB | | | |
| TOTAL T, CBC, SHBG (bef | ore 10am, 6 weeks after startir | ng therapy, within 1-2 days pr | ior to next dose) | | |
| SEMEN ANALYSIS (abstai | n for 2 days beforehand) | OTHER: | | | |

MRN: 693210 DOB: 7/23/1927 MD: SAMANTHA KUEBLER

12/06/2023 11:00

Symptom Score (IPSS)

| Patient Name: | Date of Birth: | Age: | Today's Date: |
|---------------|----------------|------|---------------|
| | | _ | |

Determine Your BPH Symptoms

Circle your answers and add up your scores at the bottom.

| Over the past month | Not at all | Less than one time in five | Less than half the time | About half the time | More than half the time | Almost always |
|--|------------|----------------------------|----------------------------------|---------------------|----------------------------------|----------------------------|
| Incomplete emptying- How often have you had the sensation of not emptying your bladder completely after you finished urinating? | 0 | 1 | 2 | 3 | 4 | 5 |
| Frequency- How often have you had to urinate again less than two hours after you finished urinating? | 0 | 1 | 2 | 3 | 4 | 5 |
| Intermittency- How often you have found you stopped and started again several times when you urinated? | 0 | 1 | 2 | 3 | 4 | 5 |
| Urgency - How often have you found it difficult to postpone urination? | 0 | 1 | 2 | 3 | 4 | 5 |
| Weak stream- How often have you had a weak urinary stream? | 0 | 1 | 2 | 3 | 4 | 5 |
| Straining- How often have you had to push or strain to begin urination? | 0 | 1 | 2 | 3 | 4 | 5 |
| Sleeping- How many times did you most typically get up to urinate from the time you went to bed at night until the time you got up in the morning? | None 0 | One Time 1 | Two Times 2 | Three Times 3 | Four Times 4 | Five or More Times 5 |
| Add Symptom Scores: | - | - | | + 4 | | - |

Total International Prostate Symptom Score=

1-7 mild symptoms - 8-19 moderate symptoms - 20-35 severe symptoms

| Quality of Life (QoL) | Delighted | Pleased | Mostly Satisfied | Mixed | Mostly Dissatis- | Unhappy | Terrible |
|---|-----------|---------|---------------------|-------|---------------------|---------|----------|
| If you were to spend the rest of your life with your urinary condition just the way it is now, how would you feel about that? | 0 | 1 | 2 | 3 | 4 | 5 | 6 |

| Would you be interested in treatment options? | Yes | No |
|---|-----|----|
|---|-----|----|

| Other than water, what do you drink during the day? | |
|---|--|
| e.g. 1 cup green tea, 12 oz Pepsi, 2 cans of beer | |

MRN: 693210 DOB: 7/23/1927

JAL HEALTH INVENTORY FOR MEN (SHIM)

12/06/2023 11:00

MD: SAMANTHA KUEBLER _____ TODAY'S DATE: ____

PATIENT INSTRUCTIONS

Sexual health is an important part of an individual's overall physical and emotional well-being. Erectile dysfunction, also known as impotence, is one type of very common medical condition affecting sexual health. Fortunately, there are many different treatment options for erectile dysfunction. This questionnaire is designed to help you and your doctor identify if you may be experiencing erectile dysfunction. If you are, you may choose to discuss treatment options with your doctor.

Each question has several possible responses. Circle the number of the response that **best describes** your own situation. Please be sure that you select one and only one response for **each question**.

OVER THE PAST 6 MONTHS:

| How do you rate your confidence that you could get and keep an | | VERY LOW | Low | MODERATE | Нідн | VERY HIGH |
|--|-----------------------------------|--------------------------|---|---------------------------------------|---|-------------------------------|
| erection? | | 1 | 2 | 3 | 4 | 5 |
| 2. When you had erections with sexual stimulation, how often were your erections hard enough for penetration | No SEXUAL ACTIVITY | ALMOST NEVER OR NEVER | A FEW TIMES (MUCH LESS THAN HALF THE TIME) | SOMETIMES (ABOUT HALF THE TIME) | MOST TIMES (MUCH MORE THAN, HALF THE TIME) | ALMOST ALWAYS OR ALWAYS |
| (entering your partner)? | 0 | 1 | 2 | 3 | 4 | 5 |
| 3. During sexual intercourse, how often were you able to maintain your erection | DID NOT ATTEMPT INTERCOURSE | ALMOST NEVER OR NEVER | A FEW TIMES (MUCH LESS THAN HALF THE TIME) | SOMETIMES (ABOUT HALF THE TIME) | MOST TIMES (MUCH MORE THAN, HALF THE TIME) | ALMOST ALWAYS OR ALWAYS |
| after you had penetrated (entered) your partner? | 0 | 1 | 2 | 3 | 4 | 5 |
| 4. During sexual intercourse, how difficult was it to maintain your | DID NOT ATTEMPT INTERCOURSE | EXTREMELY DIFFICULT | VERY DIFFICULT | DIFFICULT | SLIGHTLY DIFFICULT | NOT DIFFICULT |
| erection to completion of intercourse? | 0 | 1 | 2 | 3 | 4 | 5 |
| 5. When you attempted sexual intercourse, how often was it satisfactory | DID NOT ATTEMPT INTERCOURSE | ALMOST NEVER OR NEVER | A FEW TIMES (MUCH LESS THAN HALF THE TIME) | SOMETIMES (ABOUT HALF THE TIME) | MOST TIMES (MUCH MORE THAN, HALF THE TIME) | ALMOST ALWAYS OR ALWAYS |
| for you? | 0 | 1 | 2 | 3 | 4 | 5 |

| Add the numbers corresponding to questions 1-5. | TOTAL: |
|---|--------|
|---|--------|

The Sexual Health Inventory for Men further classifies ED severity with the following breakpoints:

1-7 Severe ED 8-11 Moderate ED 12-16 Mild to Moderate ED 17-21 Mild ED

What therapies (if any) have you tried for erectile dysfunction? e.g. Viagra 100mg, vacuum erection device, penile injections

| Would you be interested in treatment options? | Yes | No | |
|---|-----|----|--|
|---|-----|----|--|

MRN: 693210 DOB: 7/23/1927

MD: SAMANTHA KUEBLER

12/06/2023 11:00

| Da | t | Δ | • |
|----------------------|---|---|---|
| $\boldsymbol{\nu}$ a | L | C | |

| | <u>Urine Co</u> | ollection: |
|----|-----------------|------------------|
| | Voided \ | /olume (Hat): |
| | | |
| | | |
| | Post Voi | d Residual: |
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| | - | |
| | Gh | Post Voi Ba Gh |

MRN: 693210 DOB: 7/23/1927

MD: SAMANTHA KUEBLER

Physician Signature: _____

Date:

12/06/2023

11:00

| ☐ PT TO SEE SURGE | ERY SCHEDULER TODAY | SAM KEUBLI | ER (TOJINO PTS ONLY) |
|-------------------------------------|---|--------------------------------|---------------------------------------|
| Follow Up Time Frame: 1 WK 3-4 WKS | ☐ 3-4 MO | ☐ 1 YEAR ☐ ASAP | XIAFLEX SCHEDULE |
| 2 WKS 6-8 WKS | ☐ 6-7 MO | PRN NEXT | INTRAVESICAL TX |
| | | AVAIL | SCHEDULE |
| Follow Up Reason Symptom Recheck | Injection Xiaflex Injection | Other Urodynamics | Minor Procedure Suture/Drain Removal |
| Imaging Results Exam | Lupron 3-mo dose Lupron 6-mo dose | Penile Inj Teaching | ☐ PVR ☐ Uroflow with PVR |
| Kidney Stone F/U | Lapron o mo dosc | | Cath Change |
| | | | Suprapubic Cath Exch |
| l — | edure | | Pelvic Floor PT |
| Cystoscopy Cysto/Stent Removal | Cysto/Pelvic Exam Transrectal US | | Pelvic Pain Pain w/Ejaculation |
| Cysto/Bladder Botox | Prostate Biopsy | | Difficulty Urinating |
| Cysto/TRUS | Intravesical Therapy | | ☐ Incontinence |
| Vasectomy | Suprapubic over wire | | |
| Imaging/Orders | ASAP | Prior to Next Appt | Other: |
| Reason: | Scrotal Swelling | Eval left/right/bilateral a | drenal lesion(s) |
| Kidney Stone | Scrotal Pain | Eval left/right/bilateral r | |
| Hydronephrosis | Other (see note) | Prostate MRI, also evalu | ate pelvic lymph nodes |
| ☐ KUB | Renal Ultrasound | Scrotal Ultrasound | Pylarify PET Scan |
| CT Abd/Pelvis | CT Urogram | MRI Abd | MRI Pelvis |
| w/contrast | Hematuria | w/o contrast | w/ & w/o contrast |
| w/o contrast w/ & w/o contrast | ☐ Bladder Cancer ☐ Hydronephrosis (L/R) | w/ & w/o contrast Other Test: | |
| Outside Referral: | | Guier rest. | |
| | _ | bs | _ |
| BMP (7-10 days after me | | LITHOLINK | Hgb A1c |
| BMP, Ca, Mg, Phos, Uric | Acid, PTH PSA, % Free | CBC, CMP, Uric Acid (2 w | veeks after med change) |
| TOTAL T, CBC, SHBG (bef | · — | L T, ESTRADIOL, LH, FSH, SHB | |
| TOTAL T, CBC, SHBG (bef | ore 10am, 6 weeks after startir | ng therapy, within 1-2 days pr | ior to next dose) |
| SEMEN ANALYSIS (abstai | n for 2 days beforehand) | OTHER: | |

MRN: 695166 DOB: 6/13/1942

MD: SAMANTHA KUEBLER

Symptom Score (IPSS)

12/06/2023 01:00

Patient Name: Date of Birth: Age: Today's Date:

Determine Your BPH Symptoms

Circle your answers and add up your scores at the bottom.

| Over the past month | Not at all | Less than one time in five | Less than half the time | About half the time | More than half the time | Almost always |
|--|------------|----------------------------|----------------------------------|---------------------|----------------------------------|----------------------------|
| Incomplete emptying- How often have you had the sensation of not emptying your bladder completely after you finished urinating? | 0 | 1 | 2 | 3 | 4 | 5 |
| Frequency- How often have you had to urinate again less than two hours after you finished urinating? | 0 | 1 | 2 | 3 | 4 | 5 |
| Intermittency- How often you have found you stopped and started again several times when you urinated? | 0 | 1 | 2 | 3 | 4 | 5 |
| Urgency - How often have you found it difficult to postpone urination? | 0 | 1 | 2 | 3 | 4 | 5 |
| Weak stream- How often have you had a weak urinary stream? | 0 | 1 | 2 | 3 | 4 | 5 |
| Straining- How often have you had to push or strain to begin urination? | 0 | 1 | 2 | 3 | 4 | 5 |
| Sleeping- How many times did you most typically get up to urinate from the time you went to bed at night until the time you got up in the morning? | None 0 | One Time 1 | Two Times 2 | Three Times 3 | Four Times 4 | Five or More Times 5 |
| Add Symptom Scores: | - | - | | + 4 | | - |

Total International Prostate Symptom Score=

1-7 mild symptoms - 8-19 moderate symptoms - 20-35 severe symptoms

| Quality of Life (QoL) | Delighted | Pleased | Mostly Satisfied | Mixed | Mostly Dissatis- | Unhappy | Terrible |
|---|-----------|---------|---------------------|-------|---------------------|---------|----------|
| If you were to spend the rest of your life with your urinary condition just the way it is now, how would you feel about that? | 0 | 1 | 2 | 3 | 4 | 5 | 6 |

| Would you be interested in treatment options? | Yes | No |
|---|-----|----|
|---|-----|----|

| Other than water, what do you drink during the day? | |
|---|--|
| e.g. 1 cup green tea, 12 oz Pepsi, 2 cans of beer | |

MRN: 695166 DOB: 6/13/1942

IAL HEALTH INVENTORY FOR MEN (SHIM)

12/06/2023 01:00

MD: SAMANTHA KUEBLER

| _ | TODAY'S DATE: | - |
|---|----------------------|---|
|---|----------------------|---|

PATIENT INSTRUCTIONS

Sexual health is an important part of an individual's overall physical and emotional well-being. Erectile dysfunction, also known as impotence, is one type of very common medical condition affecting sexual health. Fortunately, there are many different treatment options for erectile dysfunction. This questionnaire is designed to help you and your doctor identify if you may be experiencing erectile dysfunction. If you are, you may choose to discuss treatment options with your doctor.

Each question has several possible responses. Circle the number of the response that **best describes** your own situation. Please be sure that you select one and only one response for **each question**.

OVER THE PAST 6 MONTHS:

| How do you rate your confidence that you could get and keep an | | VERY LOW | Low | MODERATE | Нідн | VERY HIGH |
|--|-----------------------------------|--------------------------|---|---------------------------------------|---|-------------------------------|
| erection? | | 1 | 2 | 3 | 4 | 5 |
| 2. When you had erections with sexual stimulation, how often were your erections hard enough for penetration | No SEXUAL ACTIVITY | ALMOST NEVER OR NEVER | A FEW TIMES (MUCH LESS THAN HALF THE TIME) | SOMETIMES (ABOUT HALF THE TIME) | MOST TIMES (MUCH MORE THAN, HALF THE TIME) | ALMOST ALWAYS OR ALWAYS |
| (entering your partner)? | 0 | 1 | 2 | 3 | 4 | 5 |
| 3. During sexual intercourse, how often were you able to maintain your erection | DID NOT ATTEMPT INTERCOURSE | ALMOST NEVER OR NEVER | A FEW TIMES (MUCH LESS THAN HALF THE TIME) | SOMETIMES (ABOUT HALF THE TIME) | MOST TIMES (MUCH MORE THAN, HALF THE TIME) | ALMOST ALWAYS OR ALWAYS |
| after you had penetrated (entered) your partner? | 0 | 1 | 2 | 3 | 4 | 5 |
| 4. During sexual intercourse, how difficult was it to maintain your | DID NOT ATTEMPT INTERCOURSE | EXTREMELY DIFFICULT | VERY DIFFICULT | DIFFICULT | SLIGHTLY DIFFICULT | NOT DIFFICULT |
| erection to completion of intercourse? | 0 | 1 | 2 | 3 | 4 | 5 |
| 5. When you attempted sexual intercourse, how often was it satisfactory | DID NOT ATTEMPT INTERCOURSE | ALMOST NEVER OR NEVER | A FEW TIMES (MUCH LESS THAN HALF THE TIME) | SOMETIMES (ABOUT HALF THE TIME) | MOST TIMES (MUCH MORE THAN, HALF THE TIME) | ALMOST ALWAYS OR ALWAYS |
| for you? | 0 | 1 | 2 | 3 | 4 | 5 |

| Add the numbers co | l -5 . | TOTAL: | |
|-----------------------|-----------------------------|---------------------------------------|----------------|
| The Sexual Health In | ventory for Men further cla | ssifies ED severity with the followin | g breakpoints: |
| 1-7 Severe ED | 8-11 Moderate ED | 12-16 Mild to Moderate ED | 17-21 Mild ED |
| What theranies (if ar | ny) have you tried for e | rectile dysfunction? | |

| • • | any) have you then for electile dystunction? | | | |
|-------------------|--|---|------|--|
| e.g. viagra 100mg | g, vacuum erection device, penile injections | | | |
| 1 | | 1 | 1 | |
| | | | | |

| Would you be interested in treatment options? | Yes | No | |
|---|-----|----|--|
|---|-----|----|--|

MRN: 695166 DOB: 6/13/1942

MD: SAMANTHA KUEBLER

12/06/2023 01:00

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| | <u>Vitals:</u> | | Г | |
|------------|--------------------|----|-----------------|---------------|
| | BP: | | <u>Urine Co</u> | llection: |
| | HR: | | Voided V | /olume (Hat): |
| | WT: | | | |
| | нт: | | | |
| | | | Post Void | d Residual: |
| | 02: | | | |
| | | | | |
| | Temp: | | | |
| | Pain: | | | |
| | | | | |
| <u>POI</u> | P-Q | | | |
| Aa_ | | Ва | | C |
| | | | | |
| Pb_ | | Gh | | TVL |
| | | | | |
| Ap_ | | Вр | | D |
| | | | | |
| Pelv | ic Floor Strength: | | | |
| | | | | |
| Rect | al Exam: | | | |

MRN: 695166 DOB: 6/13/1942

MD: SAMANTHA KUEBLER

Physician Signature: _____

Date:

12/06/2023 01:00

| ☐ PT TO SEE SURGE | ERY SCHEDULER TODAY | SAM KEUBLER (TOJINO PTS ONLY) | | | |
|-------------------------|---------------------------------|---|----------------------------|--|--|
| Follow Up Time Frame: | | | | | |
| 1 WK 3-4 WKS | ☐ 3-4 MO | ☐ 1 YEAR ☐ ASAP | XIAFLEX SCHEDULE | | |
| | | = = | | | |
| ☐ 2 WKS ☐ 6-8 WKS | 6-7 MO | ☐ PRN ☐ NEXT | ☐ INTRAVESICAL TX | | |
| | | AVAIL | SCHEDULE | | |
| Follow Up Reason | Injection | Other | Minor Procedure | | |
| Symptom Recheck | Xiaflex Injection | Urodynamics | Suture/Drain Removal | | |
| Imaging Results | Lupron 3-mo dose | Penile Inj Teaching | PVR | | |
| Exam | Lupron 6-mo dose | | Uroflow with PVR | | |
| Kidney Stone F/U | Lapron o mo dosc | | Cath Change | | |
| Mulicy Stolle 170 | | | Suprapubic Cath Exch | | |
| | l | 1 | | | |
| Proc | edure | | Pelvic Floor PT | | |
| Cystoscopy | Cysto/Pelvic Exam | | Pelvic Pain | | |
| Cysto/Stent Removal | Transrectal US | | Pain w/Ejaculation | | |
| Cysto/Bladder Botox | Prostate Biopsy | | Difficulty Urinating | | |
| Cysto/TRUS | Intravesical Therapy | | Incontinence | | |
| ☐ Vasectomy | Suprapubic over wire | | | | |
| | | • | | | |
| Imaging/Orders | ASAP | Prior to Next Appt | Other: | | |
| Reason: | Scrotal Swelling | Eval left/right/bilateral a | drenal lesion(s) | | |
| Kidney Stone | Scrotal Pain | Eval left/right/bilateral renal lesion(s) | | | |
| Hydronephrosis | Other (see note) | Prostate MRI, also evalua | ate pelvic lymph nodes | | |
| | | | | | |
| ☐ KUB | Renal Ultrasound | Scrotal Ultrasound | Pylarify PET Scan | | |
| | | _ | _ | | |
| CT Abd/Pelvis | CT Urogram | MRI Abd | MRI Pelvis | | |
| w/contrast | Hematuria | w/o contrast | w/ & w/o contrast | | |
| w/o contrast | Bladder Cancer | w/ & w/o contrast | | | |
| w/ & w/o contrast | Hydronephrosis (L/R) | Other Test: | | | |
| Outside Referral: | | | _ | | |
| | La | bs | | | |
| BMP (7-10 days after me | d change) 🔲 PSA, Total | LITHOLINK | Hgb A1c | | |
| BMP, Ca, Mg, Phos, Uric | Acid, PTH PSA, % Free | CBC, CMP, Uric Acid (2 w | reeks after med change) | | |
| TOTAL T, CBC, SHBG (bef | ore 10am) FREE & TOTA | L T, ESTRADIOL, LH, FSH, SHBO | G, PROLACTIN (before 10am) | | |
| | ore 10am, 6 weeks after startir | | | | |
| SEMEN ANALYSIS (abstair | | OTHER: | 1 | | |
| | | | | | |

MRN: 506865 DOB: 2/12/1954

MD: SAMANTHA KUEBLER

UDI-6/IIQ-7 Evaluation of Female Incontinence

| Last Name | First Name | Date of Birth | Date |
|-----------|------------|---------------|------|
| | | | |

| | Do you experience, and, if so, how much are you bothered by: | | | | | | | |
|----|---|------------|----------|------------|---------|--|--|--|
| | | Not at all | Slightly | Moderately | Greatly | | | |
| 1. | Frequent urination | 0 | 1 | 2 | 3 | | | |
| 2 | Urine leakage related to feeling of urgency? | 0 | 1 | 2 | 3 | | | |
| 3 | Urine leakage related to physical activity, coughing or sneezing? | 0 | 1 | 2 | 3 | | | |
| 4 | Small amounts of urine leakage (drops)? | 0 | 1 | 2 | 3 | | | |
| 5 | Difficulty emptying your bladder | 0 | 1 | 2 | 3 | | | |
| 6 | Pain or discomfort in the lower abdominal area? | 0 | 1 | 2 | 3 | | | |
| | Nighttime urination? | 0 | 1 | 2 | 3 | | | |
| | A strong feeling of urgency to empty your bladder? | 0 | 1 | 2 | 3 | | | |

Urogenital Distress Inventory (UDI-6+2)

Total score...../18

| | Has urine leakage a | nd /or prola | apse affecto | ed your: | |
|---|---|--------------|--------------|------------|---------|
| | ÿ | Not at all | Slightly | Moderately | Greatly |
| 1 | Ability to do household chores (cooking, housecleaning, laundry)? | 0 | 1 | 2 | 3 |
| 2 | Physical recreation such as walking, swimming, or other exercise? | 0 | 1 | 2 | 3 |
| 3 | Entertaining activities (movies, concerts, etc)? | 0 | 1 | 2 | 3 |
| 4 | Ability to travel by car or bus more than 30 minutes from home? | 0 | 1 | 2 | 3 |
| 5 | Participation in social activities outside your home? | 0 | 1 | 2 | 3 |
| 6 | Emotional health (nervousness, depression, etc.)? | 0 | 1 | 2 | 3 |
| 7 | Feeling frustrated? | 0 | 1 | 2 | 3 |
| | Ability to have sexual relations? | 0 | 1 | 2 | 3 |

Incontinence Impact Questionnaire (IIQ-7+1)

Total score...../21

BARBARA A GUY

MRN: 506865 DOB: 2/12/1954

MD: SAMANTHA KUEBLER

12/06/2023 02:00

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| | <u>Urine Co</u> | ollection: |
|----|-----------------|------------------|
| | Voided \ | /olume (Hat): |
| | | |
| | | |
| | Post Voi | d Residual: |
| | | |
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| Ba | | C |
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| Gh | | TVL |
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| Bp | | D |
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| | - | |
| | Gh | Post Voi Ba Gh |

BARBARA A GUY

MRN: 506865 DOB: 2/12/1954

MD: SAMANTHA KUEBLER

Physician Signature: _____

Date:

12/06/2023 02:00

| ☐ PT TO SEE SURGE | RY SCHEDULER TODAY | SAM KEUBLER (TOJINO PTS ONLY) | | | |
|---|---|---|--|--|--|
| Follow Up Time Frame: 1 WK 3-4 WKS 2 WKS 6-8 WKS | ☐ 3-4 MO ☐ 6-7 MO | 1 YEAR ASAP PRN NEXT AVAIL | XIAFLEX SCHEDULE INTRAVESICAL TX SCHEDULE | | |
| Follow Up Reason Symptom Recheck Imaging Results Exam Kidney Stone F/U | Injection Xiaflex Injection Lupron 3-mo dose Lupron 6-mo dose | Other Urodynamics Penile Inj Teaching | Minor Procedure Suture/Drain Removal PVR Uroflow with PVR Cath Change Suprapubic Cath Exch | | |
| Proce Cystoscopy Cysto/Stent Removal Cysto/Bladder Botox Cysto/TRUS Vasectomy | edure Cysto/Pelvic Exam Transrectal US Prostate Biopsy Intravesical Therapy Suprapubic over wire | | Pelvic Floor PT Pelvic Pain Pain w/Ejaculation Difficulty Urinating Incontinence | | |
| Imaging/Orders Reason: Kidney Stone Hydronephrosis | ☐ ASAP ☐ Scrotal Swelling ☐ Scrotal Pain ☐ Other (see note) | Prior to Next Appt Eval left/right/bilateral a Eval left/right/bilateral a Prostate MRI, also evalue | renal lesion(s) | | |
| CT Abd/Pelvis w/contrast w/o contrast w/ & w/o contrast | Renal Ultrasound CT Urogram Hematuria Bladder Cancer Hydronephrosis (L/R) | Scrotal Ultrasound MRI Abd w/o contrast w/ & w/o contrast Other Test: | Pylarify PET Scan MRI Pelvis w/ & w/o contrast | | |
| Outside Referral: | | | | | |
| BMP (7-10 days after med) BMP, Ca, Mg, Phos, Uric A TOTAL T, CBC, SHBG (befo) TOTAL T, CBC, SHBG (befo) SEMEN ANALYSIS (abstain | d change) PSA, Total Acid, PTH PSA, % Free ore 10am) FREE & TOTA ore 10am, 6 weeks after startin | L T, ESTRADIOL, LH, FSH, SHB | ☐ Hgb A1c veeks after med change) G, PROLACTIN (before 10am) rior to next dose) | | |

MRN: 531262 DOB: 8/29/1952 MD: SAMANTHA KUEBLER

Symptom Score (IPSS)

12/06/2023 02:30

Patient Name: Date of Birth: Age: Today's Date:

Determine Your BPH Symptoms

Circle your answers and add up your scores at the bottom.

| Over the past month | Not at all | Less than one time in five | Less than half the time | About half the time | More than half the time | Almost always |
|--|------------|----------------------------|----------------------------------|---------------------|----------------------------------|----------------------------|
| Incomplete emptying- How often have you had the sensation of not emptying your bladder completely after you finished urinating? | 0 | 1 | 2 | 3 | 4 | 5 |
| Frequency - How often have you had to urinate again less than two hours after you finished urinating? | 0 | 1 | 2 | 3 | 4 | 5 |
| Intermittency- How often you have found you stopped and started again several times when you urinated? | 0 | 1 | 2 | 3 | 4 | 5 |
| Urgency - How often have you found it difficult to postpone urination? | 0 | 1 | 2 | 3 | 4 | 5 |
| Weak stream- How often have you had a weak urinary stream? | 0 | 1 | 2 | 3 | 4 | 5 |
| Straining - How often have you had to push or strain to begin urination? | 0 | 1 | 2 | 3 | 4 | 5 |
| Sleeping- How many times did you most typically get up to urinate from the time you went to bed at night until the time you got up in the morning? | None 0 | One Time 1 | Two Times 2 | Three Times 3 | Four Times 4 | Five or More Times 5 |
| Add Symptom Scores: | - | - - | | | | - |

Total International Prostate Symptom Score=

1-7 mild symptoms - 8-19 moderate symptoms - 20-35 severe symptoms

| Quality of Life (QoL) | Delighted | Pleased | Mostly Satisfied | Mixed | Mostly Dissatis- | Unhappy | Terrible |
|---|-----------|---------|---------------------|-------|---------------------|---------|----------|
| If you were to spend the rest of your life with your urinary condition just the way it is now, how would you feel about that? | 0 | 1 | 2 | 3 | 4 | 5 | 6 |

| Would you be interested in treatment options? | Yes | No |
|---|-----|----|
| | | |

| Other than water, what do you drink during the day? | |
|---|--|
| e.g. 1 cup green tea, 12 oz Pepsi, 2 cans of beer | |

MRN: 531262 DOB: 8/29/1952

IAL HEALTH INVENTORY FOR MEN (SHIM)

12/06/2023 02:30

MD: SAMANTHA KUEBLER

| TODAY'S | DATF: | |
|---------|-------|--|
| | | |

PATIENT INSTRUCTIONS

Sexual health is an important part of an individual's overall physical and emotional well-being. Erectile dysfunction, also known as impotence, is one type of very common medical condition affecting sexual health. Fortunately, there are many different treatment options for erectile dysfunction. This questionnaire is designed to help you and your doctor identify if you may be experiencing erectile dysfunction. If you are, you may choose to discuss treatment options with your doctor.

Each question has several possible responses. Circle the number of the response that **best describes** your own situation. Please be sure that you select one and only one response for **each question**.

OVER THE PAST 6 MONTHS:

| How do you rate your confidence that you could get and keep an | | VERY LOW | Low | MODERATE | Нідн | VERY HIGH |
|--|-----------------------------------|--------------------------|---|---------------------------------------|---|-------------------------------|
| erection? | | 1 | 2 | 3 | 4 | 5 |
| 2. When you had erections with sexual stimulation, how often were your erections hard enough for penetration | No SEXUAL ACTIVITY | ALMOST NEVER OR NEVER | A FEW TIMES (MUCH LESS THAN HALF THE TIME) | SOMETIMES (ABOUT HALF THE TIME) | MOST TIMES (MUCH MORE THAN, HALF THE TIME) | ALMOST ALWAYS OR ALWAYS |
| (entering your partner)? | 0 | 1 | 2 | 3 | 4 | 5 |
| 3. During sexual intercourse, how often were you able to maintain your erection | DID NOT ATTEMPT INTERCOURSE | ALMOST NEVER OR NEVER | A FEW TIMES (MUCH LESS THAN HALF THE TIME) | SOMETIMES (ABOUT HALF THE TIME) | MOST TIMES (MUCH MORE THAN, HALF THE TIME) | ALMOST ALWAYS OR ALWAYS |
| after you had penetrated (entered) your partner? | 0 | 1 | 2 | 3 | 4 | 5 |
| 4. During sexual intercourse, how difficult was it to maintain your | DID NOT ATTEMPT INTERCOURSE | EXTREMELY DIFFICULT | VERY DIFFICULT | DIFFICULT | SLIGHTLY DIFFICULT | NOT DIFFICULT |
| erection to completion of intercourse? | 0 | 1 | 2 | 3 | 4 | 5 |
| 5. When you attempted sexual intercourse, how often was it satisfactory | DID NOT ATTEMPT INTERCOURSE | ALMOST NEVER OR NEVER | A FEW TIMES (MUCH LESS THAN HALF THE TIME) | SOMETIMES (ABOUT HALF THE TIME) | MOST TIMES (MUCH MORE THAN, HALF THE TIME) | ALMOST ALWAYS OR ALWAYS |
| for you? | 0 | 1 | 2 | 3 | 4 | 5 |

| Add the numbers corresponding to question | ns 1-5. | TOTAL: |
|--|---|-----------------|
| The Sexual Health Inventory for Men furthe | classifies ED severity with the followi | ng breakpoints: |
| 1-7 Severe ED 8-11 Moderate ED | 12-16 Mild to Moderate ED | 17-21 Mild ED |

| e.g. viagra 100mg | g, vacuum erection device, penile injection | is | | -, , , , , , , , , , , , , , , , , , , |
|-------------------|---|-----|----|--|
| | Would you be interested in treatment options? | Yes | No | |

MRN: 531262 DOB: 8/29/1952

MD: SAMANTHA KUEBLER

12/06/2023 02:30

| Da | t | Δ | • |
|----------------------|---|---|---|
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| | <u>Vitals:</u> | | | |
|------|--------------------|----|-----------------|------------------|
| | BP: | | <u>Urine Co</u> | <u>llection:</u> |
| | HR: | | Voided V | /olume (Hat): |
| | WT: | | | |
| | нт: | | | |
| | | | Post Void | d Residual: |
| | 02: | | | |
| | | | | |
| | Temp: | | | |
| | Pain: | | | |
| | | | | |
| POI | P-Q | | | |
| Aa_ | | Ва | | C |
| | | | | |
| Pb_ | | Gh | | TVL |
| | | | | |
| Ap. | | Вр | | D |
| | | | | |
| Pelv | ic Floor Strength: | | | |
| | <u> </u> | | | |
| Rect | al Exam: | | | |

MRN: 531262 DOB: 8/29/1952

MD: SAMANTHA KUEBLER

Physician Signature: _____

Date:

12/06/2023 02:30

| ☐ PT TO SEE SURGE | RY SCHEDULER TODAY | SAM KEUBLER (TOJINO PTS ONLY) | | |
|--|---|--|--|--|
| Follow Up Time Frame: 1 WK 3-4 WKS 2 WKS 6-8 WKS | ☐ 3-4 MO ☐ 6-7 MO | 1 YEAR ASAP PRN NEXT AVAIL | XIAFLEX SCHEDULE INTRAVESICAL TX SCHEDULE | |
| Follow Up Reason Symptom Recheck Imaging Results Exam Kidney Stone F/U | Injection Xiaflex Injection Lupron 3-mo dose Lupron 6-mo dose | Other Urodynamics Penile Inj Teaching | Minor Procedure Suture/Drain Removal PVR Uroflow with PVR Cath Change Suprapubic Cath Exch | |
| Proce Cystoscopy Cysto/Stent Removal Cysto/Bladder Botox Cysto/TRUS Vasectomy | edure Cysto/Pelvic Exam Transrectal US Prostate Biopsy Intravesical Therapy Suprapubic over wire | | Pelvic Floor PT Pelvic Pain Pain w/Ejaculation Difficulty Urinating Incontinence | |
| Imaging/Orders ASAP Reason: Scrotal Swelling Kidney Stone Scrotal Pain Hydronephrosis Other (see note) | | Prior to Next Appt Other: Eval left/right/bilateral adrenal lesion(s) Eval left/right/bilateral renal lesion(s) Prostate MRI, also evaluate pelvic lymph nodes | | |
| CT Abd/Pelvis w/contrast w/o contrast w/ & w/o contrast | Renal Ultrasound CT Urogram Hematuria Bladder Cancer Hydronephrosis (L/R) | Scrotal Ultrasound MRI Abd w/o contrast w/ & w/o contrast Other Test: | Pylarify PET Scan MRI Pelvis w/ & w/o contrast | |
| Outside Referral: | | | | |
| BMP (7-10 days after med) BMP, Ca, Mg, Phos, Uric A TOTAL T, CBC, SHBG (befo) TOTAL T, CBC, SHBG (befo) SEMEN ANALYSIS (abstain | d change) PSA, Total Acid, PTH PSA, % Free ore 10am) FREE & TOTA ore 10am, 6 weeks after startin | L T, ESTRADIOL, LH, FSH, SHB | ☐ Hgb A1c veeks after med change) G, PROLACTIN (before 10am) rior to next dose) | |

MRN: 648198 DOB: 1/15/1960

MD: SAMANTHA KUEBLER

UDI-6/IIQ-7 Evaluation of Female Incontinence

| Last Name | First Name | Date of Birth | Date |
|-----------|------------|---------------|------|
| | | | |

| | Do you experience, and, if so, how much are you bothered by: | | | | | |
|----|---|------------|----------|------------|---------|--|
| | | Not at all | Slightly | Moderately | Greatly | |
| 1. | Frequent urination | 0 | 1 | 2 | 3 | |
| 2 | Urine leakage related to feeling of urgency? | 0 | 1 | 2 | 3 | |
| 3 | Urine leakage related to physical activity, coughing or sneezing? | 0 | 1 | 2 | 3 | |
| 4 | Small amounts of urine leakage (drops)? | 0 | 1 | 2 | 3 | |
| 5 | Difficulty emptying your bladder | 0 | 1 | 2 | 3 | |
| 6 | Pain or discomfort in the lower abdominal area? | 0 | 1 | 2 | 3 | |
| | Nighttime urination? | 0 | 1 | 2 | 3 | |
| | A strong feeling of urgency to empty your bladder? | 0 | 1 | 2 | 3 | |

Urogenital Distress Inventory (UDI-6+2)

Total score...../18

| | Has urine leakage and /or prolapse affected your: | | | | | |
|---|---|------------|----------|------------|---------|--|
| | ÿ | Not at all | Slightly | Moderately | Greatly | |
| 1 | Ability to do household chores (cooking, housecleaning, laundry)? | 0 | 1 | 2 | 3 | |
| 2 | Physical recreation such as walking, swimming, or other exercise? | 0 | 1 | 2 | 3 | |
| 3 | Entertaining activities (movies, concerts, etc)? | 0 | 1 | 2 | 3 | |
| 4 | Ability to travel by car or bus more than 30 minutes from home? | 0 | 1 | 2 | 3 | |
| 5 | Participation in social activities outside your home? | 0 | 1 | 2 | 3 | |
| 6 | Emotional health (nervousness, depression, etc.)? | 0 | 1 | 2 | 3 | |
| 7 | Feeling frustrated? | 0 | 1 | 2 | 3 | |
| | Ability to have sexual relations? | 0 | 1 | 2 | 3 | |

Incontinence Impact Questionnaire (IIQ-7+1)

Total score...../21

VICTORIA LAW

MRN: 648198 DOB: 1/15/1960

MD: SAMANTHA KUEBLER

12/06/2023 03:00

| Da | t | Δ | • |
|----------------------|---|---|---|
| $\boldsymbol{\nu}$ a | L | C | |

| | <u>Vitals:</u> | | | | | |
|------|--------------------|----|---|--------------------------|---------------|--|
| | BP: | | | <u>Urine Collection:</u> | | |
| | HR: | | | Voided V | /olume (Hat): | |
| | WT: | | | | | |
| | нт: | | | | | |
| | | | | Post Void | d Residual: | |
| | 02: | | | | | |
| | | | | | | |
| | Temp: | | | | | |
| | Pain: | | | | | |
| | | | J | | | |
| POI | P-Q | | | | | |
| Aa_ | Aa Ba | | | | C | |
| | | | | | | |
| Pb | | Gh | | | TVL | |
| | | | | | | |
| Ap | | Вр | | | D | |
| | | | | | | |
| Pelv | ic Floor Strength: | | | | | |
| | | | | | | |
| Rect | al Exam: | | | | | |

VICTORIA LAW

MRN: 648198 DOB: 1/15/1960

MD: SAMANTHA KUEBLER

Physician Signature: _____

Date:

12/06/2023 03:00

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