

3 Symptom Score (IPSS)

Patient Name:

Date of Birth:

Age: Today's Date:

Determine Your BPH Symptoms

Circle your answers and add up your scores at the bottom.

Over the past month	Not at all	Less than one time in five	Less than half the time	About half the time	More than half the time	Almost always
Incomplete emptying - How often have you had the sensation of not emptying your bladder completely after you finished urinating?	0	1	2	3	4	5
Frequency - How often have you had to urinate again less than two hours after you finished urinating?	0	1	2	3	4	5
Intermittency - How often you have found you stopped and started again several times when you urinated?	0	1	2	3	4	5
Urgency - How often have you found it difficult to postpone urination?	0	1	2	3	4	5
Weak stream - How often have you had a weak urinary stream?	0	1	2	3	4	5
Straining - How often have you had to push or strain to begin urination?	0	1	2	3	4	5
Sleeping - How many times did you most typically get up to urinate from the time you went to bed at night until the time you got up in the morning?	None 0	One Time 1	Two Times 2	Three Times 3	Four Times 4	Five or More Times 5
Add Symptom Scores:		+	+	+	+	+

Total International Prostate Symptom Score= _____

1-7 mild symptoms - 8-19 moderate symptoms - 20-35 severe symptoms

Quality of Life (QoL)	Delighted	Pleased	Mostly Satisfied	Mixed	Mostly Dissatis-	Unhappy	Terrible
If you were to spend the rest of your life with your urinary condition just the way it is now, how would you feel about that?	0	1	2	3	4	5	6

Would you be interested in treatment options?	Yes	No
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Other than water, what do you drink during the day? _____
e.g. 1 cup green tea, 12 oz Pepsi, 2 cans of beer _____

PATIENT INSTRUCTIONS

Sexual health is an important part of an individual's overall physical and emotional well-being. Erectile dysfunction, also known as impotence, is one type of very common medical condition affecting sexual health. Fortunately, there are many different treatment options for erectile dysfunction. This questionnaire is designed to help you and your doctor identify if you may be experiencing erectile dysfunction. If you are, you may choose to discuss treatment options with your doctor.

Each question has several possible responses. Circle the number of the response that **best describes** your own situation. Please be sure that you select one and only one response for **each question**.

OVER THE PAST 6 MONTHS:

1. How do you rate your confidence that you could get and keep an erection?		VERY LOW	LOW	MODERATE	HIGH	VERY HIGH
		1	2	3	4	5
2. When you had erections with sexual stimulation, how often were your erections hard enough for penetration (entering your partner)?	No SEXUAL ACTIVITY	ALMOST NEVER OR NEVER	A FEW TIMES (MUCH LESS THAN HALF THE TIME)	SOMETIMES (ABOUT HALF THE TIME)	MOST TIMES (MUCH MORE THAN, HALF THE TIME)	ALMOST ALWAYS OR ALWAYS
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3. During sexual intercourse, how often were you able to maintain your erection after you had penetrated (entered) your partner?	DID NOT ATTEMPT INTERCOURSE	ALMOST NEVER OR NEVER	A FEW TIMES (MUCH LESS THAN HALF THE TIME)	SOMETIMES (ABOUT HALF THE TIME)	MOST TIMES (MUCH MORE THAN, HALF THE TIME)	ALMOST ALWAYS OR ALWAYS
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4. During sexual intercourse, how difficult was it to maintain your erection to completion of intercourse?	DID NOT ATTEMPT INTERCOURSE	EXTREMELY DIFFICULT	VERY DIFFICULT	DIFFICULT	SLIGHTLY DIFFICULT	NOT DIFFICULT
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5. When you attempted sexual intercourse, how often was it satisfactory for you?	DID NOT ATTEMPT INTERCOURSE	ALMOST NEVER OR NEVER	A FEW TIMES (MUCH LESS THAN HALF THE TIME)	SOMETIMES (ABOUT HALF THE TIME)	MOST TIMES (MUCH MORE THAN, HALF THE TIME)	ALMOST ALWAYS OR ALWAYS
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1-7 Severe ED 8-11 Moderate ED 12-16 Mild to Moderate ED 17-21 Mild ED

What therapies (if any) have you tried for erectile dysfunction? _____
e.g. Viagra 100mg, vacuum erection device, penile injections _____

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Date:

Intake Form

Vitals:

BP:

HR:

WT:

HT:

O2:

Temp:

Pain:

Urine Collection:

Voided Volume (Hat):

Post Void Residual:

POP-Q

Aa_____	Ba_____	C_____
Pb_____	Gh_____	TVL_____
Ap_____	Bp_____	D_____

Pelvic Floor Strength: _____

Rectal Exam: _____

CHECK OUT SHEET – UROLOGY

☐ PT TO SEE SURGERY SCHEDULER TODAY☐ SAM KUEBLER (TOJINO PTS ONLY)

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☐ 1 WK ☐ 3-4 WKS ☐ 3-4 MO
☐ 2 WKS ☐ 6-8 WKS ☐ 6-7 MO

☐ 1 YEAR ☐ ASAP
☐ PRN ☐ NEXT
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Follow Up Reason	Injection	Other	Minor Procedure
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Imaging/Orders	<input type="checkbox"/> ASAP	<input type="checkbox"/> Prior to Next Appt	<input type="checkbox"/> Other: _____
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Physician Signature: _____

UDI-6/IIQ-7 Evaluation of Female Incontinence

Last Name	First Name	Date of Birth	Date
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Do you experience, and, if so, how much are you bothered by:

		Not at all	Slightly	Moderately	Greatly
1.	Frequent urination	0	1	2	3
2	Urine leakage related to feeling of urgency?	0	1	2	3
3	Urine leakage related to physical activity, coughing or sneezing?	0	1	2	3
4	Small amounts of urine leakage (drops)?	0	1	2	3
5	Difficulty emptying your bladder	0	1	2	3
6	Pain or discomfort in the lower abdominal area?	0	1	2	3
	Nighttime urination?	0	1	2	3
	A strong feeling of urgency to empty your bladder?	0	1	2	3

Urogenital Distress Inventory (UDI-6+2)***Total score...../18*****Has urine leakage and /or prolapse affected your:**

		Not at all	Slightly	Moderately	Greatly
1	Ability to do household chores (cooking, housecleaning, laundry)?	0	1	2	3
2	Physical recreation such as walking, swimming, or other exercise?	0	1	2	3
3	Entertaining activities (movies, concerts, etc)?	0	1	2	3
4	Ability to travel by car or bus more than 30 minutes from home?	0	1	2	3
5	Participation in social activities outside your home?	0	1	2	3
6	Emotional health (nervousness, depression, etc.)?	0	1	2	3
7	Feeling frustrated?	0	1	2	3
	Ability to have sexual relations?	0	1	2	3

Incontinence Impact Questionnaire (IIQ-7+1)***Total score...../21***

Uebersax JS, Wyman JF, Shumaker SA, et al.: Short forms to assess life quality and symptom distress for urinary incontinence in women: the incontinence impact questionnaire and the urogenital distress inventory. *Neurourol Urodyn* 1995, 14: 131-139.

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The Sexual Health Inventory for Men further classifies ED severity with the following breakpoints:

1-7 Severe ED 8-11 Moderate ED 12-16 Mild to Moderate ED 17-21 Mild ED

What therapies (if any) have you tried for erectile dysfunction? _____
e.g. Viagra 100mg, vacuum erection device, penile injections _____

Would you be interested in treatment options?	Yes	No
---	-----	----

Date:

Intake Form

Vitals:

BP:

HR:

WT:

HT:

O2:

Temp:

Pain:

Urine Collection:

Voided Volume (Hat):

Post Void Residual:

POP-Q

Aa_____	Ba_____	C_____
Pb_____	Gh_____	TVL_____
Ap_____	Bp_____	D_____

Pelvic Floor Strength: _____

Rectal Exam: _____

CHECK OUT SHEET – UROLOGY

☐ PT TO SEE SURGERY SCHEDULER TODAY☐ SAM KUEBLER (TOJINO PTS ONLY)

Follow Up Time Frame:

☐ 1 WK ☐ 3-4 WKS ☐ 3-4 MO
☐ 2 WKS ☐ 6-8 WKS ☐ 6-7 MO

☐ 1 YEAR ☐ ASAP
☐ PRN ☐ NEXT
 AVAIL

☐ XIAFLEX SCHEDULE
☐ INTRAVESICAL TX
 SCHEDULE

Follow Up Reason	Injection	Other	Minor Procedure
<input type="checkbox"/> Symptom Recheck	<input type="checkbox"/> Xiaflex Injection	<input type="checkbox"/> Urodynamics	<input type="checkbox"/> Suture/Drain Removal
<input type="checkbox"/> Imaging Results	<input type="checkbox"/> Lupron 3-mo dose	<input type="checkbox"/> Penile Inj Teaching	<input type="checkbox"/> PVR
<input type="checkbox"/> Exam	<input type="checkbox"/> Lupron 6-mo dose		<input type="checkbox"/> Uroflow with PVR
<input type="checkbox"/> Kidney Stone F/U			<input type="checkbox"/> Cath Change
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Procedure	Pelvic Floor PT
<input type="checkbox"/> Cystoscopy	<input type="checkbox"/> Pelvic Pain
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<input type="checkbox"/> Cysto/Pelvic Exam	
<input type="checkbox"/> Transrectal US	
<input type="checkbox"/> Prostate Biopsy	
<input type="checkbox"/> Intravesical Therapy	
<input type="checkbox"/> Suprapubic over wire	

Imaging/Orders	ASAP	Prior to Next Appt	Other: _____
Reason:	<input type="checkbox"/> Scrotal Swelling	<input type="checkbox"/> Eval left/right/bilateral adrenal lesion(s)	
<input type="checkbox"/> Kidney Stone	<input type="checkbox"/> Scrotal Pain	<input type="checkbox"/> Eval left/right/bilateral renal lesion(s)	
<input type="checkbox"/> Hydronephrosis	<input type="checkbox"/> Other (see note)	<input type="checkbox"/> Prostate MRI, also evaluate pelvic lymph nodes	
<input type="checkbox"/> KUB	<input type="checkbox"/> Renal Ultrasound	<input type="checkbox"/> Scrotal Ultrasound	<input type="checkbox"/> Pylarify PET Scan
<input type="checkbox"/> CT Abd/Pelvis	<input type="checkbox"/> CT Urogram	<input type="checkbox"/> MRI Abd	<input type="checkbox"/> MRI Pelvis
<input type="checkbox"/> w/contrast	<input type="checkbox"/> Hematuria	<input type="checkbox"/> w/o contrast	<input type="checkbox"/> w/ & w/o contrast
<input type="checkbox"/> w/o contrast	<input type="checkbox"/> Bladder Cancer	<input type="checkbox"/> w/ & w/o contrast	
<input type="checkbox"/> w/ & w/o contrast	<input type="checkbox"/> Hydronephrosis (L/R)	<input type="checkbox"/> Other Test: _____	

Outside Referral: _____

Labs			
<input type="checkbox"/> BMP (7-10 days after med change)	<input type="checkbox"/> PSA, Total	<input type="checkbox"/> LITHOLINK	<input type="checkbox"/> Hgb A1c
<input type="checkbox"/> BMP, Ca, Mg, Phos, Uric Acid, PTH	<input type="checkbox"/> PSA, % Free	<input type="checkbox"/> CBC, CMP, Uric Acid (2 weeks after med change)	
<input type="checkbox"/> TOTAL T, CBC, SHBG (before 10am)	<input type="checkbox"/> FREE & TOTAL T, ESTRADIOL, LH, FSH, SHBG, PROLACTIN (before 10am)		
<input type="checkbox"/> TOTAL T, CBC, SHBG (before 10am, 6 weeks after starting therapy, within 1-2 days prior to next dose)			
<input type="checkbox"/> SEMEN ANALYSIS (abstain for 2 days beforehand)	<input type="checkbox"/> OTHER: _____		

Physician Signature: _____

Symptom Score (IPSS)

Patient Name:

Date of Birth:

Age:

Today's Date:

Determine Your BPH Symptoms

Circle your answers and add up your scores at the bottom.

Over the past month	Not at all	Less than one time in five	Less than half the time	About half the time	More than half the time	Almost always
Incomplete emptying- How often have you had the sensation of not emptying your bladder completely after you finished urinating?	0	1	2	3	4	5
Frequency- How often have you had to urinate again less than two hours after you finished urinating?	0	1	2	3	4	5
Intermittency- How often you have found you stopped and started again several times when you urinated?	0	1	2	3	4	5
Urgency- How often have you found it difficult to postpone urination?	0	1	2	3	4	5
Weak stream- How often have you had a weak urinary stream?	0	1	2	3	4	5
Straining- How often have you had to push or strain to begin urination?	0	1	2	3	4	5
Sleeping- How many times did you most typically get up to urinate from the time you went to bed at night until the time you got up in the morning?	None 0	One Time 1	Two Times 2	Three Times 3	Four Times 4	Five or More Times 5
Add Symptom Scores:		+	+	+	+	+

Total International Prostate Symptom Score= _____

1-7 mild symptoms - 8-19 moderate symptoms - 20-35 severe symptoms

Quality of Life (QoL)	Delighted	Pleased	Mostly Satisfied	Mixed	Mostly Dissatis-	Unhappy	Terrible
If you were to spend the rest of your life with your urinary condition just the way it is now, how would you feel about that?	0	1	2	3	4	5	6

Would you be interested in treatment options?

Yes

No

Other than water, what do you drink during the day? _____
e.g. 1 cup green tea, 12 oz Pepsi, 2 cans of beer _____

PATIENT INSTRUCTIONS

Sexual health is an important part of an individual's overall physical and emotional well-being. Erectile dysfunction, also known as impotence, is one type of very common medical condition affecting sexual health. Fortunately, there are many different treatment options for erectile dysfunction. This questionnaire is designed to help you and your doctor identify if you may be experiencing erectile dysfunction. If you are, you may choose to discuss treatment options with your doctor.

Each question has several possible responses. Circle the number of the response that **best describes** your own situation. Please be sure that you select one and only one response for **each question**.

OVER THE PAST 6 MONTHS:

1. How do you rate your confidence that you could get and keep an erection?		VERY LOW	LOW	MODERATE	HIGH	VERY HIGH
		1	2	3	4	5
2. When you had erections with sexual stimulation, how often were your erections hard enough for penetration (entering your partner)?	No SEXUAL ACTIVITY	ALMOST NEVER OR NEVER	A FEW TIMES (MUCH LESS THAN HALF THE TIME)	SOMETIMES (ABOUT HALF THE TIME)	MOST TIMES (MUCH MORE THAN, HALF THE TIME)	ALMOST ALWAYS OR ALWAYS
	0	1	2	3	4	5
3. During sexual intercourse, how often were you able to maintain your erection after you had penetrated (entered) your partner?	DID NOT ATTEMPT INTERCOURSE	ALMOST NEVER OR NEVER	A FEW TIMES (MUCH LESS THAN HALF THE TIME)	SOMETIMES (ABOUT HALF THE TIME)	MOST TIMES (MUCH MORE THAN, HALF THE TIME)	ALMOST ALWAYS OR ALWAYS
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4. During sexual intercourse, how difficult was it to maintain your erection to completion of intercourse?	DID NOT ATTEMPT INTERCOURSE	EXTREMELY DIFFICULT	VERY DIFFICULT	DIFFICULT	SLIGHTLY DIFFICULT	NOT DIFFICULT
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5. When you attempted sexual intercourse, how often was it satisfactory for you?	DID NOT ATTEMPT INTERCOURSE	ALMOST NEVER OR NEVER	A FEW TIMES (MUCH LESS THAN HALF THE TIME)	SOMETIMES (ABOUT HALF THE TIME)	MOST TIMES (MUCH MORE THAN, HALF THE TIME)	ALMOST ALWAYS OR ALWAYS
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Add the numbers corresponding to questions 1-5. TOTAL: _____

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e.g. Viagra 100mg, vacuum erection device, penile injections _____

Would you be interested in treatment options?	Yes	No
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Date:

Intake Form

Vitals:

BP:

HR:

WT:

HT:

O2:

Temp:

Pain:

Urine Collection:

Voided Volume (Hat):

Post Void Residual:

POP-Q

Aa_____	Ba_____	C_____
Pb_____	Gh_____	TVL_____
Ap_____	Bp_____	D_____

Pelvic Floor Strength: _____

Rectal Exam: _____

CHECK OUT SHEET – UROLOGY

☐ PT TO SEE SURGERY SCHEDULER TODAY☐ SAM KUEBLER (TOJINO PTS ONLY)

Follow Up Time Frame:

☐ 1 WK ☐ 3-4 WKS ☐ 3-4 MO
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Follow Up Reason	Injection	Other	Minor Procedure
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<input type="checkbox"/> Imaging Results	<input type="checkbox"/> Lupron 3-mo dose	<input type="checkbox"/> Penile Inj Teaching	<input type="checkbox"/> PVR
<input type="checkbox"/> Exam	<input type="checkbox"/> Lupron 6-mo dose		<input type="checkbox"/> Uroflow with PVR
<input type="checkbox"/> Kidney Stone F/U			<input type="checkbox"/> Cath Change
			<input type="checkbox"/> Suprapubic Cath Exch

Procedure	Pelvic Floor PT
<input type="checkbox"/> Cystoscopy	<input type="checkbox"/> Pelvic Pain
<input type="checkbox"/> Cysto/Stent Removal	<input type="checkbox"/> Pain w/Ejaculation
<input type="checkbox"/> Cysto/Bladder Botox	<input type="checkbox"/> Difficulty Urinating
<input type="checkbox"/> Cysto/TRUS	<input type="checkbox"/> Incontinence
<input type="checkbox"/> Vasectomy	
<input type="checkbox"/> Cysto/Pelvic Exam	
<input type="checkbox"/> Transrectal US	
<input type="checkbox"/> Prostate Biopsy	
<input type="checkbox"/> Intravesical Therapy	
<input type="checkbox"/> Suprapubic over wire	

Imaging/Orders	ASAP	Prior to Next Appt	Other: _____
Reason:	<input type="checkbox"/> Scrotal Swelling	<input type="checkbox"/> Eval left/right/bilateral adrenal lesion(s)	
<input type="checkbox"/> Kidney Stone	<input type="checkbox"/> Scrotal Pain	<input type="checkbox"/> Eval left/right/bilateral renal lesion(s)	
<input type="checkbox"/> Hydronephrosis	<input type="checkbox"/> Other (see note)	<input type="checkbox"/> Prostate MRI, also evaluate pelvic lymph nodes	
<input type="checkbox"/> KUB	<input type="checkbox"/> Renal Ultrasound	<input type="checkbox"/> Scrotal Ultrasound	<input type="checkbox"/> Pylarify PET Scan
<input type="checkbox"/> CT Abd/Pelvis	<input type="checkbox"/> CT Urogram	<input type="checkbox"/> MRI Abd	<input type="checkbox"/> MRI Pelvis
<input type="checkbox"/> w/contrast	<input type="checkbox"/> Hematuria	<input type="checkbox"/> w/o contrast	<input type="checkbox"/> w/ & w/o contrast
<input type="checkbox"/> w/o contrast	<input type="checkbox"/> Bladder Cancer	<input type="checkbox"/> w/ & w/o contrast	
<input type="checkbox"/> w/ & w/o contrast	<input type="checkbox"/> Hydronephrosis (L/R)	<input type="checkbox"/> Other Test: _____	

Outside Referral: _____

Labs			
<input type="checkbox"/> BMP (7-10 days after med change)	<input type="checkbox"/> PSA, Total	<input type="checkbox"/> LITHOLINK	<input type="checkbox"/> Hgb A1c
<input type="checkbox"/> BMP, Ca, Mg, Phos, Uric Acid, PTH	<input type="checkbox"/> PSA, % Free	<input type="checkbox"/> CBC, CMP, Uric Acid (2 weeks after med change)	
<input type="checkbox"/> TOTAL T, CBC, SHBG (before 10am)	<input type="checkbox"/> FREE & TOTAL T, ESTRADIOL, LH, FSH, SHBG, PROLACTIN (before 10am)		
<input type="checkbox"/> TOTAL T, CBC, SHBG (before 10am, 6 weeks after starting therapy, within 1-2 days prior to next dose)			
<input type="checkbox"/> SEMEN ANALYSIS (abstain for 2 days beforehand)	<input type="checkbox"/> OTHER: _____		

Physician Signature: _____

UDI-6/IIQ-7 Evaluation of Female Incontinence

Last Name	First Name	Date of Birth	Date
-----------	------------	---------------	------

Do you experience, and, if so, how much are you bothered by:

		Not at all	Slightly	Moderately	Greatly
1.	Frequent urination	0	1	2	3
2	Urine leakage related to feeling of urgency?	0	1	2	3
3	Urine leakage related to physical activity, coughing or sneezing?	0	1	2	3
4	Small amounts of urine leakage (drops)?	0	1	2	3
5	Difficulty emptying your bladder	0	1	2	3
6	Pain or discomfort in the lower abdominal area?	0	1	2	3
	Nighttime urination?	0	1	2	3
	A strong feeling of urgency to empty your bladder?	0	1	2	3

Urogenital Distress Inventory (UDI-6+2)***Total score...../18*****Has urine leakage and /or prolapse affected your:**

		Not at all	Slightly	Moderately	Greatly
1	Ability to do household chores (cooking, housecleaning, laundry)?	0	1	2	3
2	Physical recreation such as walking, swimming, or other exercise?	0	1	2	3
3	Entertaining activities (movies, concerts, etc)?	0	1	2	3
4	Ability to travel by car or bus more than 30 minutes from home?	0	1	2	3
5	Participation in social activities outside your home?	0	1	2	3
6	Emotional health (nervousness, depression, etc.)?	0	1	2	3
7	Feeling frustrated?	0	1	2	3
	Ability to have sexual relations?	0	1	2	3

Incontinence Impact Questionnaire (IIQ-7+1)***Total score...../21***

Uebersax JS, Wyman JF, Shumaker SA, et al.: Short forms to assess life quality and symptom distress for urinary incontinence in women: the incontinence impact questionnaire and the urogenital distress inventory. *Neurourol Urodyn* 1995, 14: 131-139.

Date:

Intake Form

Vitals:

BP:

HR:

WT:

HT:

O2:

Temp:

Pain:

Urine Collection:

Voided Volume (Hat):

Post Void Residual:

POP-Q

Aa_____	Ba_____	C_____
Pb_____	Gh_____	TVL_____
Ap_____	Bp_____	D_____

Pelvic Floor Strength: _____

Rectal Exam: _____

CHECK OUT SHEET – UROLOGY

☐ PT TO SEE SURGERY SCHEDULER TODAY☐ SAM KUEBLER (TOJINO PTS ONLY)

Follow Up Time Frame:

☐ 1 WK ☐ 3-4 WKS ☐ 3-4 MO
☐ 2 WKS ☐ 6-8 WKS ☐ 6-7 MO

☐ 1 YEAR ☐ ASAP
☐ PRN ☐ NEXT
 AVAIL

☐ XIAFLEX SCHEDULE
☐ INTRAVESICAL TX
 SCHEDULE

Follow Up Reason	Injection	Other	Minor Procedure
<input type="checkbox"/> Symptom Recheck	<input type="checkbox"/> Xiaflex Injection	<input type="checkbox"/> Urodynamics	<input type="checkbox"/> Suture/Drain Removal
<input type="checkbox"/> Imaging Results	<input type="checkbox"/> Lupron 3-mo dose	<input type="checkbox"/> Penile Inj Teaching	<input type="checkbox"/> PVR
<input type="checkbox"/> Exam	<input type="checkbox"/> Lupron 6-mo dose		<input type="checkbox"/> Uroflow with PVR
<input type="checkbox"/> Kidney Stone F/U			<input type="checkbox"/> Cath Change
			<input type="checkbox"/> Suprapubic Cath Exch

Procedure	Pelvic Floor PT
<input type="checkbox"/> Cystoscopy	<input type="checkbox"/> Pelvic Pain
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<input type="checkbox"/> Cysto/TRUS	<input type="checkbox"/> Incontinence
<input type="checkbox"/> Vasectomy	
<input type="checkbox"/> Cysto/Pelvic Exam	
<input type="checkbox"/> Transrectal US	
<input type="checkbox"/> Prostate Biopsy	
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<input type="checkbox"/> Suprapubic over wire	

Imaging/Orders	ASAP	Prior to Next Appt	Other: _____
Reason:	<input type="checkbox"/> Scrotal Swelling	<input type="checkbox"/> Eval left/right/bilateral adrenal lesion(s)	
<input type="checkbox"/> Kidney Stone	<input type="checkbox"/> Scrotal Pain	<input type="checkbox"/> Eval left/right/bilateral renal lesion(s)	
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<input type="checkbox"/> w/o contrast	<input type="checkbox"/> Bladder Cancer	<input type="checkbox"/> w/ & w/o contrast	
<input type="checkbox"/> w/ & w/o contrast	<input type="checkbox"/> Hydronephrosis (L/R)	<input type="checkbox"/> Other Test: _____	

Outside Referral: _____

Labs			
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<input type="checkbox"/> SEMEN ANALYSIS (abstain for 2 days beforehand)	<input type="checkbox"/> OTHER: _____		

Physician Signature: _____

3 Symptom Score (IPSS)

Patient Name:

Date of Birth:

Age: Today's Date:

Determine Your BPH Symptoms

Circle your answers and add up your scores at the bottom.

Over the past month	Not at all	Less than one time in five	Less than half the time	About half the time	More than half the time	Almost always
Incomplete emptying - How often have you had the sensation of not emptying your bladder completely after you finished urinating?	0	1	2	3	4	5
Frequency - How often have you had to urinate again less than two hours after you finished urinating?	0	1	2	3	4	5
Intermittency - How often you have found you stopped and started again several times when you urinated?	0	1	2	3	4	5
Urgency - How often have you found it difficult to postpone urination?	0	1	2	3	4	5
Weak stream - How often have you had a weak urinary stream?	0	1	2	3	4	5
Straining - How often have you had to push or strain to begin urination?	0	1	2	3	4	5
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Add Symptom Scores:		+	+	+	+	+

Total International Prostate Symptom Score= _____

1-7 mild symptoms - 8-19 moderate symptoms - 20-35 severe symptoms

Quality of Life (QoL)	Delighted	Pleased	Mostly Satisfied	Mixed	Mostly Dissatis-	Unhappy	Terrible
If you were to spend the rest of your life with your urinary condition just the way it is now, how would you feel about that?	0	1	2	3	4	5	6

Would you be interested in treatment options?	Yes	No
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Other than water, what do you drink during the day? _____
e.g. 1 cup green tea, 12 oz Pepsi, 2 cans of beer _____

PATIENT INSTRUCTIONS

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OVER THE PAST 6 MONTHS:

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		1	2	3	4	5
2. When you had erections with sexual stimulation, how often were your erections hard enough for penetration (entering your partner)?	No SEXUAL ACTIVITY	ALMOST NEVER OR NEVER	A FEW TIMES (MUCH LESS THAN HALF THE TIME)	SOMETIMES (ABOUT HALF THE TIME)	MOST TIMES (MUCH MORE THAN, HALF THE TIME)	ALMOST ALWAYS OR ALWAYS
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4. During sexual intercourse, how difficult was it to maintain your erection to completion of intercourse?	DID NOT ATTEMPT INTERCOURSE	EXTREMELY DIFFICULT	VERY DIFFICULT	DIFFICULT	SLIGHTLY DIFFICULT	NOT DIFFICULT
	0	1	2	3	4	5
5. When you attempted sexual intercourse, how often was it satisfactory for you?	DID NOT ATTEMPT INTERCOURSE	ALMOST NEVER OR NEVER	A FEW TIMES (MUCH LESS THAN HALF THE TIME)	SOMETIMES (ABOUT HALF THE TIME)	MOST TIMES (MUCH MORE THAN, HALF THE TIME)	ALMOST ALWAYS OR ALWAYS
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Add the numbers corresponding to questions 1-5. TOTAL: _____

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What therapies (if any) have you tried for erectile dysfunction? _____
e.g. Viagra 100mg, vacuum erection device, penile injections _____

Would you be interested in treatment options?	Yes	No
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Date:

Intake Form

Vitals:

BP:

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POP-Q

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Rectal Exam: _____

CHECK OUT SHEET – UROLOGY

☐ PT TO SEE SURGERY SCHEDULER TODAY☐ SAM KUEBLER (TOJINO PTS ONLY)

Follow Up Time Frame:

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Follow Up Reason	Injection	Other	Minor Procedure
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Procedure	
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Pelvic Floor PT
<input type="checkbox"/> Pelvic Pain
<input type="checkbox"/> Pain w/Ejaculation
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<input type="checkbox"/> Incontinence

Imaging/Orders	<input type="checkbox"/> ASAP	<input type="checkbox"/> Prior to Next Appt	<input type="checkbox"/> Other: _____
Reason:	<input type="checkbox"/> Scrotal Swelling	<input type="checkbox"/> Eval left/right/bilateral adrenal lesion(s)	
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Outside Referral: _____

Labs			
<input type="checkbox"/> BMP (7-10 days after med change)	<input type="checkbox"/> PSA, Total	<input type="checkbox"/> LITHOLINK	<input type="checkbox"/> Hgb A1c
<input type="checkbox"/> BMP, Ca, Mg, Phos, Uric Acid, PTH	<input type="checkbox"/> PSA, % Free	<input type="checkbox"/> CBC, CMP, Uric Acid (2 weeks after med change)	
<input type="checkbox"/> TOTAL T, CBC, SHBG (before 10am)	<input type="checkbox"/> FREE & TOTAL T, ESTRADIOL, LH, FSH, SHBG, PROLACTIN (before 10am)		
<input type="checkbox"/> TOTAL T, CBC, SHBG (before 10am, 6 weeks after starting therapy, within 1-2 days prior to next dose)			
<input type="checkbox"/> SEMEN ANALYSIS (abstain for 2 days beforehand)	<input type="checkbox"/> OTHER: _____		

Physician Signature: _____

UDI-6/IIQ-7 Evaluation of Female Incontinence

Last Name	First Name	Date of Birth	Date
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Do you experience, and, if so, how much are you bothered by:

		Not at all	Slightly	Moderately	Greatly
1.	Frequent urination	0	1	2	3
2	Urine leakage related to feeling of urgency?	0	1	2	3
3	Urine leakage related to physical activity, coughing or sneezing?	0	1	2	3
4	Small amounts of urine leakage (drops)?	0	1	2	3
5	Difficulty emptying your bladder	0	1	2	3
6	Pain or discomfort in the lower abdominal area?	0	1	2	3
	Nighttime urination?	0	1	2	3
	A strong feeling of urgency to empty your bladder?	0	1	2	3

Urogenital Distress Inventory (UDI-6+2)***Total score...../18*****Has urine leakage and /or prolapse affected your:**

		Not at all	Slightly	Moderately	Greatly
1	Ability to do household chores (cooking, housecleaning, laundry)?	0	1	2	3
2	Physical recreation such as walking, swimming, or other exercise?	0	1	2	3
3	Entertaining activities (movies, concerts, etc)?	0	1	2	3
4	Ability to travel by car or bus more than 30 minutes from home?	0	1	2	3
5	Participation in social activities outside your home?	0	1	2	3
6	Emotional health (nervousness, depression, etc.)?	0	1	2	3
7	Feeling frustrated?	0	1	2	3
	Ability to have sexual relations?	0	1	2	3

Incontinence Impact Questionnaire (IIQ-7+1)***Total score...../21***

Uebersax JS, Wyman JF, Shumaker SA, et al.: Short forms to assess life quality and symptom distress for urinary incontinence in women: the incontinence impact questionnaire and the urogenital distress inventory. *Neurourol Urodyn* 1995, 14: 131-139.

Date:

Intake Form

Vitals:

BP:

HR:

WT:

HT:

O2:

Temp:

Pain:

Urine Collection:

Voided Volume (Hat):

Post Void Residual:

POP-Q

Aa_____	Ba_____	C_____
Pb_____	Gh_____	TVL_____
Ap_____	Bp_____	D_____

Pelvic Floor Strength: _____

Rectal Exam: _____

CHECK OUT SHEET – UROLOGY

☐ PT TO SEE SURGERY SCHEDULER TODAY☐ SAM KUEBLER (TOJINO PTS ONLY)

Follow Up Time Frame:

☐ 1 WK ☐ 3-4 WKS ☐ 3-4 MO
☐ 2 WKS ☐ 6-8 WKS ☐ 6-7 MO

☐ 1 YEAR ☐ ASAP
☐ PRN ☐ NEXT
 AVAIL

☐ XIAFLEX SCHEDULE
☐ INTRAVESICAL TX
 SCHEDULE

Follow Up Reason	Injection	Other	Minor Procedure
<input type="checkbox"/> Symptom Recheck	<input type="checkbox"/> Xiaflex Injection	<input type="checkbox"/> Urodynamics	<input type="checkbox"/> Suture/Drain Removal
<input type="checkbox"/> Imaging Results	<input type="checkbox"/> Lupron 3-mo dose	<input type="checkbox"/> Penile Inj Teaching	<input type="checkbox"/> PVR
<input type="checkbox"/> Exam	<input type="checkbox"/> Lupron 6-mo dose		<input type="checkbox"/> Uroflow with PVR
<input type="checkbox"/> Kidney Stone F/U			<input type="checkbox"/> Cath Change
			<input type="checkbox"/> Suprapubic Cath Exch

Procedure	
<input type="checkbox"/> Cystoscopy	<input type="checkbox"/> Cysto/Pelvic Exam
<input type="checkbox"/> Cysto/Stent Removal	<input type="checkbox"/> Transrectal US
<input type="checkbox"/> Cysto/Bladder Botox	<input type="checkbox"/> Prostate Biopsy
<input type="checkbox"/> Cysto/TRUS	<input type="checkbox"/> Intravesical Therapy
<input type="checkbox"/> Vasectomy	<input type="checkbox"/> Suprapubic over wire

Pelvic Floor PT
<input type="checkbox"/> Pelvic Pain
<input type="checkbox"/> Pain w/Ejaculation
<input type="checkbox"/> Difficulty Urinating
<input type="checkbox"/> Incontinence

Imaging/Orders	<input type="checkbox"/> ASAP	<input type="checkbox"/> Prior to Next Appt	<input type="checkbox"/> Other: _____
Reason:	<input type="checkbox"/> Scrotal Swelling	<input type="checkbox"/> Eval left/right/bilateral adrenal lesion(s)	
<input type="checkbox"/> Kidney Stone	<input type="checkbox"/> Scrotal Pain	<input type="checkbox"/> Eval left/right/bilateral renal lesion(s)	
<input type="checkbox"/> Hydronephrosis	<input type="checkbox"/> Other (see note)	<input type="checkbox"/> Prostate MRI, also evaluate pelvic lymph nodes	
<input type="checkbox"/> KUB	<input type="checkbox"/> Renal Ultrasound	<input type="checkbox"/> Scrotal Ultrasound	<input type="checkbox"/> Pylarify PET Scan
<input type="checkbox"/> CT Abd/Pelvis	<input type="checkbox"/> CT Urogram	<input type="checkbox"/> MRI Abd	<input type="checkbox"/> MRI Pelvis
<input type="checkbox"/> w/contrast	<input type="checkbox"/> Hematuria	<input type="checkbox"/> w/o contrast	<input type="checkbox"/> w/ & w/o contrast
<input type="checkbox"/> w/o contrast	<input type="checkbox"/> Bladder Cancer	<input type="checkbox"/> w/ & w/o contrast	
<input type="checkbox"/> w/ & w/o contrast	<input type="checkbox"/> Hydronephrosis (L/R)	<input type="checkbox"/> Other Test: _____	

Outside Referral: _____

Labs			
<input type="checkbox"/> BMP (7-10 days after med change)	<input type="checkbox"/> PSA, Total	<input type="checkbox"/> LITHOLINK	<input type="checkbox"/> Hgb A1c
<input type="checkbox"/> BMP, Ca, Mg, Phos, Uric Acid, PTH	<input type="checkbox"/> PSA, % Free	<input type="checkbox"/> CBC, CMP, Uric Acid (2 weeks after med change)	
<input type="checkbox"/> TOTAL T, CBC, SHBG (before 10am)	<input type="checkbox"/> FREE & TOTAL T, ESTRADIOL, LH, FSH, SHBG, PROLACTIN (before 10am)		
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Physician Signature: _____