

1 Chapter 1

1.1 What is Psychology?

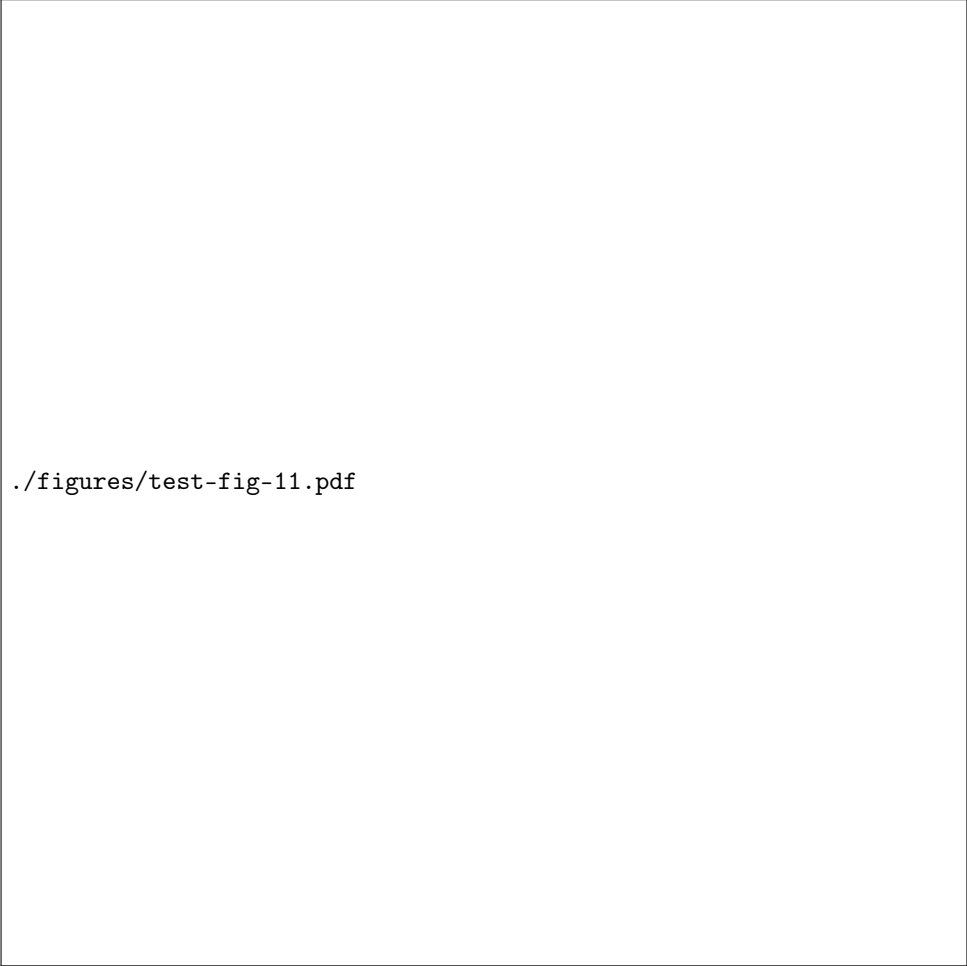
General information regarding the *what is* of psychology.

- i. **Level of the person:** Events that involve the function (mental processes) and content (mental content) of the mind.
 - (a) **Mental contents:** Knowledge, beliefs (including ideas, explanations, and expectations), desires (such as hopes, goals, and needs), and feelings (such as fears, guilts, and attractions).
 - (b) **Mental processes:** Sets of operations that work together to carry out a function, such as attention, perception, or memory.
- ii. **Level of the group:** Events that involve relationships between people (such as love, competition, and cooperation), relationships among groups, and culture.

Important note: The levels of psychology are all interacting at all times; the boundaries are illusory and for educational purposes.

1.2 Brief History of Psychology

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Figure 1: test-fig-11