Hermitz CookBook



Peanut Butter Biscuits

- 1 Cup Sugar
- ½ Cup Butter
- ½ Cup Peanut Butter
 - 1 Large Egg
- 1 Teaspoon Vanilla Extract
- 1 ½ Cup All-Purpose Flour
- ½ Teaspoon Baking Powder
 - 1/2 Teaspoon Baking Soda
 - ½ Teaspoon Salt



How To Make:

- Heat oven to 200C
- Combine Sugar, Butter, Egg & Peanut Butter in bowl & MIX. Add Flour, Baking Powder, Baking Soda & Salt. MIX Well
 - Shape dough into $1-\frac{1}{2}$ inch ball. Place 2 inchs apart on cookie sheet. Flatten balls Criss-Cross pattern with Fork.

- Bake +8 - +10 Minutes / Till edges Brown

White Scones

- 2 Cup All-Purpose Flour
- ½ Teaspoon Baking Powder
 - ½ Teaspoon Baking Soda
 - ½ Teaspoon Salt
 - 1 Large Egg
 - ½ Cup Butter
 - 1 Cup Sugar
- 100ml (200ml) Milk to MIX



How To Make:

- Sieve Flour, Salt, Baking Soda and Baking Powder
- Rub Butter & Egg & Sugar into Flour with fingertips
 - MIX to a soft dough with Milk
- Turn dough on to a lightly Floured board. Knead out cracks
 - Roll out quickly to 8mm thick
- Cut into rounds and place on a lightly greased baking sheet
- Brush tops with Milk or beaten egg and bake immediately at 200C for +10 minutes.

Banana Bread

- 1 Cup Sugar
- ½ Cup Butter
- ½ Cup Banana (Ripe)
 - 1 Large Egg
- 1 Teaspoon Vanilla Extract
- 1 ½ Cup All-Purpose Flour
- ½ Teaspoon Baking Powder
 - ½ Teaspoon Baking Soda
 - ½ Teaspoon Salt



How To Make:

- Heat oven to 200C
- Combine Sugar, Butter, Egg & Banana in bowl & MIX. Add Flour, Baking Powder, Baking Soda & Salt. MIX Well
 - Grease Tray before Adding Mixture
 - Bake +20 Minutes / Till edges Brown

Rice

- 1 Container
- Water Reserve
 - Salt Pack
 - Rice Bag
- Butter BALL

(Amount's = People)



How To Make:

-Prepare Fire

- Heated Water In Container
- Chosen Amount Of Rice, Drop In Container
 - Pinch Of Salt & Pinch Of Butter
 - Wait & Stir = Saturn
- When Rice Feels Like Medium Clay = Eat It
- Everything After Is Extra & During = Spice / Other Foods

Dry Meat

- Meat
- Knife
- Wood
- Fire
- Sticks
- Salt



How To Make:

- Meat Stock (Devils In The Details)

https://1trick4treat3.blogspot.com/

- Gather Wood
- Prepare Fire
- Put Cut Salted Meat On A Stick
 - Smoke It Out On A Fire
 - Not To High Not To Low

https://1plans3.blogspot.com/

Leather

- GO Leather School
 - Pre-paring
 - Tools
 - Building

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And On & On It Go's

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Got Your Noise



How To Make:







Source : Tokyo Ghoul / Shueisha / Young Jump Comics

World War 1



Pepper



Salt



Tea

World War 2



Pharmaceutical Next Level Up = Genetics



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