Sean Cooper

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Work Experience

Route Sales Representative

Frito-Lay - Marble Falls, TX March 2023 to Present

- Responsible for ordering, delivering and merchandising Frito-Lay products.
- Driving a 26' box truck
- Ensuring a safe work environment wearing proper PPE at all times during work hours.

Caregiver

Winder, GA

August 2021 to Present

- Caring for a quadriplegic, transferring in and out of bed
- Responsible for administering medications nightly
- Showering, dinner, and basic cleaning practices
- · Wound care and range of motion stretches
- Weight shifts to preventing bed sores

Private Contractor

March 2019 to March 2020

Private Contractor - Athens, GA

- · Operated heavy machinery including excavators, shear, baler loggers, and cranes
- Tasked with ensuring efficient processing of recycled metal
- Responsible for separating metal based on the alloy
- Practice safe work procedures following OSHA standards
- Also responsible for maintaining rental properties
- Minor plumbing/electric work
- Paint, clean and prepare the property for the next tenant
- Install new appliances

Merchandising Specialist

Best Buy - Athens, GA

November 2015 to August 2018

- Ensured all display units were accounted for daily
- Responsible for functionality and installation of display units
- Tasked with understanding planogram instructions and installing displays correctly
- Executed basic shipping and receiving tasks
- Unload trucks safely and efficiently

Education

High School Diploma

South Gwinnett High School 2009

Skills

- Planograms
- Sales
- Inside sales
- Heavy lifting
- Retail sales
- Driving
- Merchandising
- Planograms
- Assembly

Certifications and Licenses

Responsive Web Design

November 2023 to Present

I am currently acquiring certifications on freeCodeCamp, this certification includes HTML and CSS. Currently working on JavaScript and plan to continue learning more languages.