

Sean Cooper

Granite Shoals, TX 78654

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Professional Summary

- Skilled route sales representative with 5 years of experience in retail and customer service, specializing in efficient product delivery and merchandising.
- Proven ability to operate heavy machinery and maintain safety standards in various work environments.
- Adept at communication and customer engagement, with a strong focus on ensuring operational efficiency and adherence to safety protocols.
- Seeking to leverage diverse skills in an IT-focused role.

Work Experience

Route Sales Representative

Frito-Lay-Marble Falls, TX

March 2023 to October 2023

- Responsible for ordering, delivering and merchandising Frito-Lay products.
- Driving a 26' box truck
- Ensuring a safe work environment wearing proper PPE at all times during work hours.

Caregiver

Acumen Fiscal Agent-Winder, GA

August 2021 to November 2022

- Caring for a quadriplegic, transferring in and out of bed
- Responsible for administering medications nightly
- Showering, dinner, and basic cleaning practices
- Wound care and range of motion stretches
- Weight shifts to preventing bed sores

Private Contractor

Private Contractor-Athens, GA

March 2019 to March 2020

- Operated heavy machinery including excavators, shear, baler loggers, and cranes
- Tasked with ensuring efficient processing of recycled metal
- Responsible for separating metal based on the alloy
- Practice safe work procedures following OSHA standards
- Also responsible for maintaining rental properties
- Minor plumbing/electric work
- Paint, clean and prepare the property for the next tenant
- Install new appliances

Merchandising Specialist

Best Buy-Athens, GA

November 2015 to August 2018

- Ensured all display units were accounted for daily
- Responsible for functionality and installation of display units
- Tasked with understanding planogram instructions and installing displays correctly
- Executed basic shipping and receiving tasks
- Unload trucks safely and efficiently

Education

High School Diploma

South Gwinnett High School

January 2009 to December 2009

Skills

- Driving
- Inside sales
- Retail sales
- Merchandising
- Customer service
- Planograms
- Computer skills
- Sales
- Communication skills

Certifications and Licenses

Resume Webpage

Present

Please view my certificates here:

<https://sean-cooper333.github.io/Resume-Website/>