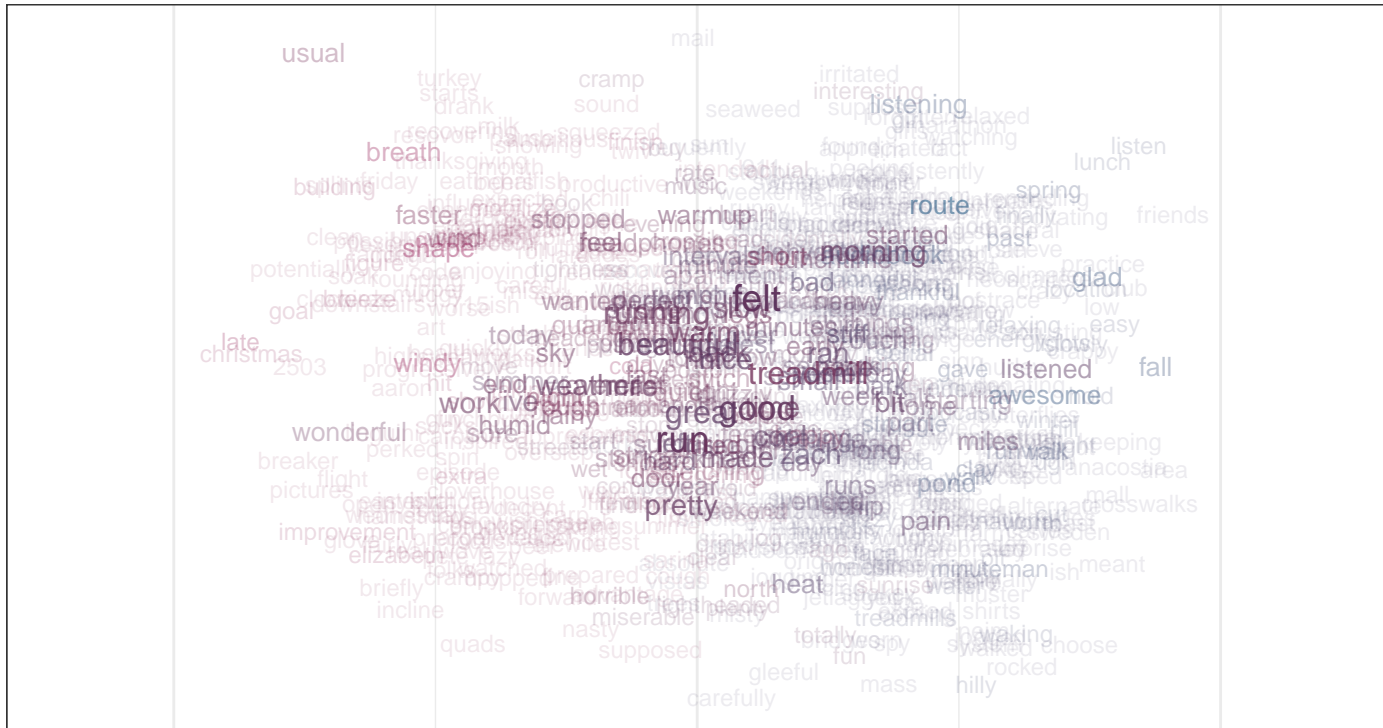


## Relaxing vs. Strugglefest: Word use After Shorter vs. Longer Runkeeper Runs



Number of Runs  
with Notes  
Mentioning Word

a 20

a 40

a 60

a 80

Said More after  
Short Runs  
(runs less than 3.2 miles)

### Said Equally after Short and Long Runs

Said More after  
Long Runs  
(runs more than 3.2 miles)