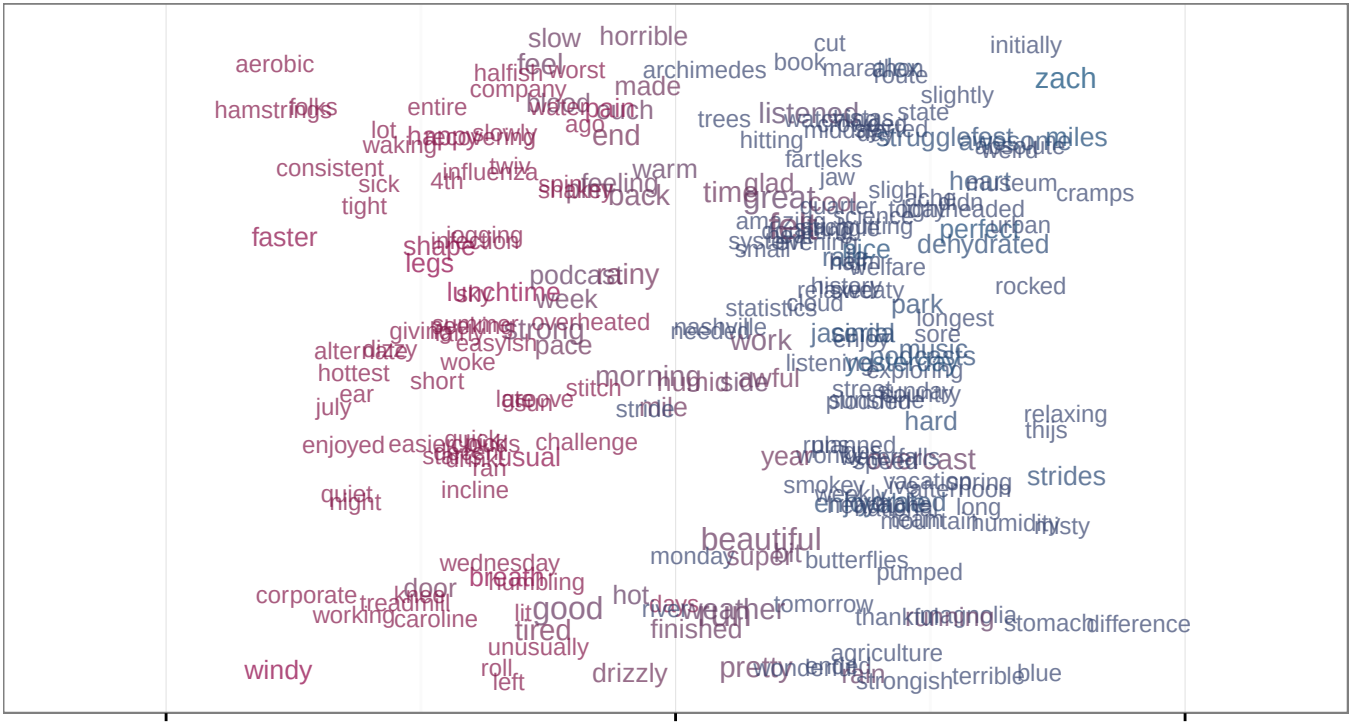
Relaxing vs. Strugglefest:
Word use After Shorter vs. Longer Runkeeper Runs



Said More after
Short Runs
(runs less than 3.5 miles)

Said Equally after
Short and Long Runs

Said More after
Long Runs
(runs more than 3.5 miles)

Number of Runs
with Notes
Mentioning Word

a	5
a	10
a	15
a	20