Pterois

Pterois is a genus of venomous marine fish, commonly known as **lionfish**, native to the Indo-Pacific. Also called **zebrafish**, **firefish**, **turkeyfish**, **tastyfish** or **butterfly-cod**, it is characterized by conspicuous warning coloration with red, white, creamy, or black bands, showy pectoral fins, and venomous spiky fin rays. [1][2] Pterois radiata, Pterois volitans, and Pterois miles are the most commonly studied species in the genus. Pterois species are popular aquarium fish. [1] P. volitans and P. miles are recent and significant invasive species in the west Atlantic, Caribbean Sea and Mediterranean Sea. [3][4][5]

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Species

There are currently 12 recognized species in this genus:

Pterois Pterois volitans Scientific classification 🥖 Kingdom: Animalia Phylum: Chordata Class: Actinopterygii Order: Scorpaeniformes Family: Scorpaenidae Subfamily: Pteroinae Genus: Pterois Oken, 1817 Type species Pterois volitans



Lionfish have 18 venomous spines total: 2 pelvic spines, 3 anal spines, and 13 dorsal spines

Image	Scientific Name	Common Name	Distribution
	Pterois andover (G. R. Allen & Erdmann, 2008)	Andover lionfish	Indonesia and Papua New Guinea and ranges as far as Sabah, Malaysia, and the Philippines
	Pterois antennata (Bloch, 1787)	Spot-fin lionfish	tropical Indian and Western Pacific Oceans
	Pterois brevipectoralis (Mandritsa, 2002)		Western Indian Ocean
	Pterois cincta (Rüppell, 1838)	Red Sea lionfish ^[6]	Jeddah, Saudi Arabia, Red Sea
	Pterois lunulata (Temminck & Schlegel, 1843)	Luna lionfish	Western Pacific Ocean
	Pterois miles (J. W. Bennett, 1828)	Devil firefish	Indian Ocean, from the Red Sea, to South Africa, and to Indonesia
	Pterois mombasae (J. L. B. Smith, 1957)	African lionfish, frill- fin turkeyfish	tropical Indian Ocean and the Western Pacific
	Pterois paucispinula (Matsunuma & Motomura, 2014) ^[7]		India to northern Australia (Timor Sea); north to southern Japan; eastwards to Wallis and Futuna Islands
	Pterois radiata (<u>G.</u> Cuvier, 1829)	Clear-fin lionfish ^[6]	Red Sea to Sodwana Bay, South Africa and to the Society Islands, north to the Ryukyu Islands, south to New Caledonia
	Pterois russelii (E. T. Bennett, 1831)	Plaintail turkeyfish, soldier lionfish, or Russell's lionfish	Persian Gulf and East Africa to New Guinea, south to Western Australia
	Pterois sphex (D. S. Jordan & Evermann, 1903)	Hawaiian turkeyfish	Hawaii
	Pterois volitans (Linnaeus, 1758)	Red lionfish	Indo-Pacific region



Description

Pterois are harmful to humans. [8][9] Juvenile lionfish have a unique <u>tentacle</u> located above their eye sockets that varies in <u>phenotype</u> between species. [10] The evolution of this tentacle is suggested to serve to continually attract new prey; studies also suggest it plays a role in sexual selection. [10]

Ecology and behavior

Pterois species can live from 5 to 15 years and have complex courtship and <u>mating</u> behaviors. [11] Females release two mucus-filled egg clusters frequently, which can contain as many as 15,000 eggs. [11][12] Studies on *Pterois* reproductive habits have increased significantly in the past decade. [12] All the species are <u>aposematic</u>: they have conspicuous coloration with boldly contrasting stripes and wide fans of projecting spines, advertising their ability to defend themselves. [13]

Prey

According to a study that involved the dissection of over 1,400 lionfish stomachs from Bahamian to North Carolinian waters, *Pterois* fish prey mostly on small fish, <u>invertebrates</u>, and <u>mollusks</u> in large amounts, with some specimens' stomachs containing up to six different species of prey. The amount of prey in lionfish stomachs over the course of a day suggests lionfish feed most actively from 7:00–11:00 a.m., and decrease feeding throughout the afternoon. Lionfish are skilled hunters, using specialized bilateral <u>swim bladder</u> muscles to provide precise control of location in the water column, allowing the fish to alter its center of gravity to better attack prey. The lionfish then spreads its large <u>pectoral fins</u> and swallows its prey in a single motion. They blow jets of water while approaching



Pterois miles hunting glassfish

prey, apparently to disorient them. [15] In addition to confusing prey, these jets of water also alter the orientation of the prey so that the smaller fish is facing the lionfish. This results in a higher degree of predatory efficiency as head-first capture is easier for the lionfish. [16]

Predators and parasites

Aside from instances of larger lionfish individuals engaging in <u>cannibalism</u> on smaller individuals, adult lionfish have few identified natural <u>predators</u>, likely from the effectiveness of their venomous spines. Moray eels (family <u>Muraenidae</u>), [17][18] bluespotted cornetfish (*Fistularia commersonii*), and large groupers, like the tiger grouper (<u>Mycteroperca tigris</u>)[19] and Nassau grouper (<u>Epinephelus striatus</u>), have been observed preying on lionfish. [20][21][22] It remains unknown, however, how commonly these predators prey on lionfish. [23] Sharks are also believed to be capable of preying on lionfish with no ill effects from their spines. [24] Park officials of the Roatan Marine Park in Honduras have attempted to train sharks to feed on lionfish as of 2011 in

an attempt to control the invasive populations in the Caribbean. [25][26] The Bobbit worm, an ambush predator, has been filmed preying upon lionfish in Indonesia. [27] Predators of larvae and juvenile lionfish remain unknown, but may prove to be the primary limiting factor of lionfish populations in their native range. [18]

Parasites of lionfish have rarely been observed and are assumed to be infrequent. They include $\underline{isopods}$ and $\underline{leeches}$.

Interaction with humans

Lionfish are known for their venomous fin rays, an uncommon feature among reef-dwelling fish along the American East Coast and Caribbean. The potency of their venom makes them excellent predators and hazardous to fishermen and divers. Peterois venom produced negative inotropic and chronotropic effects when tested in both frog and clam hearts and has a depressive effect on rabbit blood pressure. These results are thought to be due to nitric oxide release. In humans, Pterois venom can cause systemic effects such as extreme pain, nausea, vomiting, fever, breathing difficulties, convulsions, dizziness, redness on the affected area, headache, numbness, paresthesia (pins and needles), heartburn, diarrhea, and sweating. Rarely, such stings can cause temporary paralysis of the limbs, heart failure, and even death. Fatalities are common in very young children, the elderly, those with a weak immune system, or those who are allergic to their venom. Their venom is rarely fatal to healthy adults, but some species have enough venom to produce extreme discomfort for a period of several days. However, Pterois venom poses a danger to allergic victims as they may experience anaphylaxis, a serious and often life-threatening condition that requires immediate emergency medical treatment. Severe allergic reactions to Pterois venom include chest pain, severe breathing difficulties, a drop in blood pressure, swelling of the tongue, sweating, runny nose, or slurred speech. Such reactions can be fatal if not treated.

Lionfish are edible if prepared correctly. [31]

Native range and habitat

The lionfish is a predator native to the Indo-Pacific. It aggressively preys on small fish and invertebrates which severely threatens the natural competition of aquatic life in the ocean. They are habitat generalists and can be found around the seaward edge of shallow coral reefs, in lagoons, on rocky substrates, and on mesophotic reefs. these fish generally are very adaptable to their environment and can live in areas of varying salinity, temperatures, and depths, $\frac{[32]}{[33]}$ They are also frequently found in turbid inshore areas and harbors, $\frac{[33]}{[34]}$ and have a generally hostile attitude and are territorial towards other reef $\frac{[34]}{[34]}$ They are commonly found in shallow waters from the surface down to past 100 m depth, $\frac{[35]}{[34]}$ although lionfish have in several locations been recorded to 300 m depth. $\frac{[36]}{[36]}$ Many universities in the Indo-Pacific have documented reports of *Pterois* aggression towards divers and researchers. $\frac{[34]}{[34]}$ *P. volitans* and *P. miles* are native to subtropical and tropical regions from southern Japan and southern



<u>Pterois radiata</u> is endemic to the Indian Ocean and Western Pacific.

Korea to the east coast of Australia, Indonesia, Micronesia, French Polynesia, and the South Pacific Ocean. [33] *P. miles* is also found in the Indian Ocean, from Sumatra to Sri Lanka and the Red Sea. [37]

Invasive introduction and range

Western tropical Atlantic

Two of the twelve species of *Pterois*, the red lionfish (*P. volitans*) and the common lionfish (*P. miles*), have established themselves as significant <u>invasive species</u> off the East Coast of the United States and in the <u>Caribbean</u>. About 93% of the invasive population in the Western Atlantic is *P. volitans*. They have been described as "one of the most aggressively invasive species on the planet". [26]

The red lionfish is found off the East Coast and Gulf Coast of the United States and in the Caribbean Sea, and was likely first introduced off the Florida coast by the early to mid-1990s. This introduction may have occurred in 1992 when Hurricane Andrew destroyed an aquarium in southern Florida, releasing six lionfish into Biscayne Bay. However, a lionfish was discovered off the coast of Dania Beach, south Florida, as early as 1985, before Hurricane Andrew. The lionfish resemble those of the Philippines, implicating the aquarium trade. The lionfish may have been purposely discarded by unsatisfied aquarium enthusiasts. This is in part



because lionfish require an experienced aquarist, but are often sold to novices who find their care too difficult. In 2001, the National Oceanic and Atmospheric Administration (NOAA) documented several sightings of lionfish off the coast of Florida, Georgia, South Carolina, North Carolina, Bermuda, and Delaware. In August 2014, when the Gulf Stream was discharging into the mouth of the Delaware Bay, two lionfish were caught by a surf fisherman off the ocean side shore of Cape Henlopen State Park: a red lionfish that weighed 1 pound $4^{1}/_{2}$ ounces (580 g) and a common lionfish that weighed 1 pound 2 ounces (510 g). Three days later, a 1-pound-3-ounce (540 g) red lionfish was caught off the shore of Broadkill Beach which is in the Delaware Bay approximately 15 miles (24 km) north of Cape Henlopen State Park. Lionfish were first detected in the Bahamas in 2004. In June 2013 lionfish were discovered as far east as Barbados, and as far south as the Los Roques Archipelago and many Venezuelan continental beaches. In Lionfish were first sighted in Brazilian waters in late 2014. Genetic testing on a single captured individual revealed that it was related to the populations found in the Caribbean, suggesting larval dispersal rather than an intentional release.

Adult lionfish specimens are now found along the United States East Coast from Cape Hatteras, North Carolina, to Florida, and along the Gulf Coast to Texas. They are also found off Bermuda, the Bahamas, and throughout the Caribbean, including the Turks and Caicos, Haiti, Cuba, the Dominican Republic, the Cayman Islands, Aruba, Curacao, Trinidad and Tobago, Bonaire, Puerto Rico, St. Croix, Belize, Honduras, Colombia and Mexico. Population densities continue to increase in the invaded areas, resulting in a population boom of up to 700% in some areas between 2004 and 2008.

Pterois species are known for devouring many other aquarium fishes, [43] unusual in that they are among the few fish species to successfully establish populations in open marine systems. [50]



<u>P. volitans</u> is the most abundant species of the invasive lionfish population in the Atlantic and Caribbean.

Extreme temperatures present geographical constraints in the distribution of aquatic species, [51] indicating temperature tolerance plays a role in the lionfish's survival, reproduction, and range of distribution. [44] The abrupt differences in water temperatures north and south of Cape Hatteras directly correlate with the abundance and distribution of *Pterois*. [51] *Pterois* expanded along the <u>southeastern</u> coast of the United States

and occupied thermal-appropriate zones within 10 years, [51] and the shoreward expansion of this thermally appropriate habitat is expected in coming decades as winter water temperatures warm in response to anthropogenic climate change. Although the timeline of observations points to the east coast of Florida as the initial source of the western Atlantic invasion, the relationship of the United States East Coast and Bahamian lionfish invasion is uncertain. Lionfish can tolerate a minimum salinity of five parts per thousand and even withstand pulses of fresh water, which means they can also be found in estuaries of freshwater rivers.

The lionfish invasion is considered to be one of the most serious recent threats to Caribbean and Florida coral reef ecosystems. To help address the pervasive problem, in 2015 the NOAA partnered with the Gulf and Caribbean Fisheries Institute to set up a lionfish portal to provide scientifically accurate information on the invasion and its impacts. The lionfish web portal is aimed at all those involved and affected, including coastal managers, educators and the public and the portal was designed as a source of training videos, fact sheets, examples of management plans, and guidelines for monitoring. The web portal draws on the expertise of NOAA's own scientists as well as that of other scientists and policy makers from academia NGO and managers.

Mediterranean

Lionfish have also established themselves in parts of the <u>Mediterranean</u> - with records down to 110 m depth. Lionfish have been found in waters around <u>Cyprus</u>, Greece, Israel, Lebanon, <u>Malta</u>, Syria, and Turkey. It is believed that warming sea temperatures may be allowing lionfish to further expand their range in the Mediterranean. [58][59]

Long-term effects of invasion

Lionfish have successfully pioneered the coastal waters of the Atlantic in less than a decade and pose a major threat to reef ecological systems in these areas. A study comparing their abundance from Florida to North Carolina with several species of groupers found they were second only to the native scamp grouper and equally abundant to the graysby, gag, and rock hind. [2] This could be due to a surplus of resource availability resulting from the overfishing of lionfish predators like grouper. [60] Although the lionfish has not expanded to a population size currently causing major ecological problems, their invasion in the United States coastal waters could lead to serious problems in the future. One likely ecological impact caused by *Pterois* could be their impact on prey population numbers by directly affecting food web relationships. This could ultimately lead to reef deterioration and could negatively influence Atlantic trophic cascade. [11] Lionfish have already been shown to overpopulate reef areas and display aggressive tendencies, forcing native species to move to waters where conditions might be less than desirable. [2]

Lionfish could be reducing Atlantic reef diversity by up to 80%. [34] In July 2011, lionfish were reported for the first time in the Flower Garden Banks National Marine Sanctuary off the coast of Louisiana. [61] Sanctuary officials said they believe the species will be a permanent fixture, but hope to monitor and possibly limit their presence.

Since lionfish thrive so well in the Atlantic and the Caribbean due to nutrient-rich waters and lack of predators, the species has spread tremendously. A single lionfish, located on a reef, reduced young juvenile reef fish populations by 79%. [62]

Control and eradication efforts

Red lionfish are an invasive species, yet relatively little is known about them. NOAA research foci include investigating biotechnical solutions for control of the population, and understanding how the larvae are dispersed. Another important area of study is what controls the population in its native area. Researchers hope to discover what moderates lionfish populations in the Indo-Pacific and apply this information to control the invasive populations, without introducing additional invasive species.

There are two new trap designs that have been introduced to help with deep water control of the lionfish. The traps are low and vertical and remain open the entire time of deployment. The vertical relief of the trap attracts lionfish which makes it easier to catch them. These new traps are good for catching lionfish without affecting the native species that are ecologically, recreationally, and commercially



P. miles makes up about 7% of the invasive lionfish population in the Atlantic and Caribbean.

important to the surrounding areas. These traps are more beneficial than older traps because they limit the potential of catching non-invasive creatures, they have bait that is only appealing to lionfish, they guarantee a catch, and they are easy to transport. [63]

Rigorous and repeated removal of lionfish from invaded waters could potentially control the exponential expansion of the lionfish in invaded waters. A 2010 study showed effective maintenance would require the monthly harvest of at least 27% of the adult population. Because lionfish are able to reproduce monthly, this effort must be maintained throughout the entire year. 64

Even to accomplish these numbers seems unlikely, but as populations of lionfish continue to grow throughout the Caribbean and Western Atlantic, actions are being taken to attempt to control the quickly growing numbers. In November 2010, for the first time the <u>Florida Keys National Marine Sanctuary</u> began licensing divers to kill lionfish inside the sanctuary in an attempt to eradicate the fish.

Conservation groups and community organizations in the Eastern United States have organized hunting expeditions for *Pterois* such as the Environment Education Foundation's 'lionfish derby' held annually in Florida. Diversaters from Cozumel to the Honduran Bay Islands and at Reef Conservation International which operates in the <u>Sapodilla Cayes Marine Reserve</u> off Punta Gorda, Belize, now routinely spear them during dives. However, while diver culling removes lionfish from shallow reefs reducing their densities, lionfish have widely been reported on mesophotic coral ecosystems (reefs from 30 to 150 m) in the western Atlantic and even in deep-sea habitats (greater than 200 m depth). Recent studies have suggested that the effects of culling are likely to be depth-specific, and so have limited impacts on these deeper reef populations. Therefore, other approaches such as trapping are advocated for removing lionfish from deeper reef habitats. Therefore, other approaches such as trapping are advocated for removing lionfish from deeper reef habitats.

Long-term culling has also been recorded to cause behavior changes in lionfish populations. For example, in the Bahamas, lionfish on heavily culled reefs have become more wary of divers and hide more within the reef structure during the day when culling occurs. [69] Similar lionfish responses to divers have been observed when comparing culled sites and sites without culling in Honduras, including altered lionfish behaviour on reefs too deep for regular culling, but adjacent to heavily culled sites potentially implying movement of individuals between depths. [67]

While culling by marine protection agencies and volunteer divers is an important element of control efforts, development of market-based approaches, which create commercial incentives for removals, has been seen as a means to sustain control efforts. The foremost of these market approaches is the promotion of lionfish as a food item. [70][71] Another is the use of lionfish spines, fins and tails for jewelry and other decorative items. Lionfish jewelry production initiatives are underway in Belize, the Bahamas, [72] St. Vincent, and the Grenadines.

In 2014 at <u>Jardines de la Reina</u> National Marine Park in Cuba, a diver experimented with spearing and feeding lionfish to sharks in an effort to teach them to seek out the fish as prey. [73] However, by 2016, Cuba was finding it more effective to fish for lionfish as food. [74]

"Lionfish as Food" campaign

In 2010, NOAA (which also encourages people to report lionfish sightings, to help track lionfish population dispersal)^[75] began a campaign to encourage the consumption of the fish. The "Lionfish as Food" campaign encourages human hunting of the fish as the only form of control known to date. Increasing the catch of lionfish could not only help maintain a reasonable population density but also provide an alternative fishing source to overfished populations, such as grouper and snapper. The taste is described as "buttery and tender". To promote the campaign, the Roman Catholic Church in Colombia agreed to have their clergy's sermons suggest to their parishioners (84% of the population) eating lionfish on Fridays,



A dish featuring whole fried invasive lionfish at Fish Fish of Miami, Florida

Lent and Easter, which proved highly successful in decreasing the invasive fish problem. [78]

When properly filleted, the naturally venomous fish is safe to eat. There has been some concern about the risk of <u>ciguatera</u> food poisoning (CFP) from consumption of lionfish, and the FDA included lionfish on the list of species at risk for CFP when lionfish are harvested in some areas tested positive for ciguatera. However, there have been no verified cases of CFP from consumption of lionfish, and published research has found that the toxins in lionfish venom may be causing false positives in tests for presence of ciguatera. The Reef Environmental Education Foundation provides advice to restaurant chefs on how they can incorporate the fish into their menus. The NOAA calls the lionfish a "delicious, delicately flavored fish" similar in texture to grouper. Cooking techniques and preparations for lionfish include deep-frying, <u>ceviche</u>, <u>jerky</u>, grilling, and sashimi.

See also

- Dendrochirus, the dwarf lionfishes
- Scorpaena
- List of venomous animals

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