

# Carrots and Sticks (album)

***Carrots and Sticks*** (stylized as **CARROTS and STiCKS**) is the fifth album by Japanese idol group Bish released through Aves Trax on July 3, 2019. The album was released in three parts: ***Sticks*** (stylized as **STiCKS**, an EP) on April 3, ***Carrots*** (stylized as **CARROTS**, also an EP) on May 3, and the full version on July 3. The two EPs contained four songs each, while the full version contained an additional six songs for a combined fourteen songs.

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## History

The album was first announced on April 1, 2019, during Bish's theater screening of *Bring Icing Shit Horse Tour Final "The Nude"*, a film documenting the group's concert "Bring Icing Shit Horse Tour" at Makuhari Messe in December 2018. On the same day, a video detailing the release schedule of the album accompanied by a song in the album, "Tsuinishi", was released on YouTube. In the video, producer Kenta Matsukuma described *Sticks* as containing songs that were "dirty, can't sell, and noisy", while *Carrots* would contain "sellable, cool" songs. The EPs were distributed exclusively through Apple Music.<sup>[1][2]</sup>

On June 12, Bish "released" the entire album through Tower Records 21 days before the official release date, a stunt also pulled for the previous album, *The Guerrilla Bish*. However, it was soon revealed that the album was a fake: all fourteen songs were performed by producers Kenta Matsukuma and JxSxK under the name "Beat Mint Boyz". The real version was released on Apple Music the following day.<sup>[3][4][5]</sup> Nevertheless, the fake album managed to climb to 6th place on the Oricon weekly charts.<sup>[6]</sup>

## Release timeline

- April 2: "Tsuinishi" released on YouTube<sup>[7]</sup>

CARROTS and STiCKS



Studio album by Bish

Released	April 3, 2019 ( <i>Sticks</i> EP) May 3, 2019 ( <i>Carrots</i> EP) July 3, 2019 (full release)
Genre	Punk rock, pop punk, alternative rock, pop rock, alternative metal
Length	58:28
Language	Japanese
Label	Aves Trax
Producer	Kenta Matsukuma, JxSxK

Bish chronology

THE GUERRILLA BISH (2017)	CARROTS and STiCKS (2019)
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STiCKS cover

- April 3: *Sticks*, an EP containing four songs, released on Apple Music
- May 2: "I Am Me" released on YouTube<sup>[8]</sup>
- May 3: *Carrots*, another EP containing four songs, released on Apple Music
- June 11: "Distance" released on Tokyo FM's program, "School of Lock!"<sup>[9]</sup>
- June 12: "Distance" released on YouTube; fake version sold at Tower Records<sup>[4]</sup>
- June 13: Full album pre-released on Apple Music<sup>[4]</sup>
- July 3: Official release of full album<sup>[10]</sup>



CARROTS cover



## Track listing

No.	Title	Lyrics	Music	Notes	Length
1.	"DISTANCE"	Kenta Matsukuma & JxSxK	Kenta Matsukuma		3:53
2.	"Tsunishi" (遂に死)	JxSxK	Kenta Matsukuma	Included in <i>Sticks</i>	3:09
3.	"MORE THAN LIKE"	Kenta Matsukuma & JxSxK	Kenta Matsukuma		4:00
4.	"FREEZE DRY THE PASTS"	Kenta Matsukuma & JxSxK	Kenta Matsukuma	Included in <i>Sticks</i>	3:52
5.	"CHOP"	Momoko Gumi Company	Kenta Matsukuma		3:38
6.	"I am me."	Kenta Matsukuma & JxSxK	Kenta Matsukuma	Included in <i>Carrots</i>	4:25
7.	"NO SWEET"	Kenta Matsukuma & JxSxK	Kenta Matsukuma	Included in <i>Carrots</i>	4:42
8.	"O • S"	Lingling	Kenta Matsukuma		3:24
9.	"Mada Tochū" (まだ途中)	Momoko Gumi Company	Kenta Matsukuma	Included in <i>Carrots</i>	3:42
10.	"Yasashii PAiN" (優しいPAiN)	Kenta Matsukuma & JxSxK	Kenta Matsukuma	Included in <i>Sticks</i>	5:31

11.	"Identity" (アイデンティティ)	Kenta Matsukuma & JxSxK	Kenta Matsukuma		4:05
12.	"FiNALLY"	Cent Chihiro Chicchi	Kenta Matsukuma	Included in <i>Sticks</i>	3:47
13.	"CAN YOU??"	Aina the End & JxSxK	Kenta Matsukuma	Included in <i>Carrots</i>	5:06
14.	"GRUNGE WORLD"	JxSxK	Kenta Matsukuma		4:54
				<b>Total length:</b>	<b>58:28</b>

**Bonus CD (limited editions only)**

No.	Title	Lyrics	Music	Notes	Length
1.	" <u>PAiNT</u> it BLACK"	Kenta Matsukuma & JxSxK	Kenta Matsukuma		3:51
2.	"Life is beautiful"	Renai Yoshio	Kenta Matsukuma		4:22
3.	"HiDE the BLUE"	Kenta Matsukuma & JxSxK	Kenta Matsukuma		4:17
4.	"NON TiE-UP"	Kenta Matsukuma & JxSxK	Kenta Matsukuma		5:56
5.	"stereo future"	Kenta Matsukuma & JxSxK	Kenta Matsukuma		4:30
6.	"Futarinara" (二人なら)	Aina the End	Kenta Matsukuma		3:52
7.	"Small Fish"	Kenta Matsukuma & JxSxK	Kenta Matsukuma	From <i>Fist of the North Star</i> 35th anniversary album	4:42
				<b>Total length:</b>	<b>30:56</b>

**Sticks (EP)**

No.	Title	Lyrics	Music	Length
1.	"Tsunishi" (遂に死)	JxSxK	Kenta Matsukuma	3:09
2.	"FiNALLY"	Cent Chihiro Chicchi	Kenta Matsukuma	3:47
3.	"Yasashii PAiN" (優しいPAiN)	Kenta Matsukuma & JxSxK	Kenta Matsukuma	5:31
4.	"FREEZE DRY THE PASTS"	Kenta Matsukuma & JxSxK	Kenta Matsukuma	3:52

**Carrots (EP)**

No.	Title	Lyrics	Music	Length
1.	"I am me."	Kenta Matsukuma & JxSxK	Kenta Matsukuma	4:25
2.	"Mada Tochū" (まだ途中)	Momoko Gumi Company	Kenta Matsukuma	3:42
3.	"CAN YOU??"	Aina the End & JxSxK	Kenta Matsukuma	5:06
4.	"NO SWEET"	Kenta Matsukuma & JxSxK	Kenta Matsukuma	4:42

# Charts

Title	Peak chart positions	
	JPN Oricon	JPN Hot 100
Fake edition	6 <sup>[6]</sup>	
Full edition	4 <sup>[10]</sup>	

## References

- "BiSH新アルバム「CARROTS and STiCKS」発売、3カ月企画「#BiSHアメトムチ」始動"<https://natalie.mu/music/news/326260> [BiSH new album "CARROTS and STiCKS" released, 3-month project "#BiSH Ametomuchi" started]. *Natalie* (in Japanese). April 1, 2019. Retrieved October 23, 2019.
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- @BiSHオフィシャル (June 3, 2019). "【新曲「DiSTANCE」宇宙初オンエア！】メジャー3rd AL「CARROTS and STiCKS」リード曲で新曲「DiSTANCE」が6月11日(火)TFM「SCHOOL OF LOCK!」にて初オンエア解禁決定！絶対聴いておくれ" (<https://twitter.com/BiSHオフィシャル/status/1135561926044540936>) [[New song "DiSTANCE" on air for the first time in space! ] Major 3rd AL "CARROTS and STiCKS" lead song new song "Di STANCE" will be unveiled for the first time on June 11th (Tuesday) TFM "SCHOOL OF LOCK!" Be sure to listen] (Tweet) (in Japanese). Retrieved October 23, 2019 – via *Twitter*.
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