- 1. Preheat oven to 425.
- 2. Place water, flour, sugar & yeast in a large bowl.
- 3. Mix and knead dough for 5 to 10 minutes.
- 4. (Add 2 TBS of flour after a few minutes if needed).
- 5. Turn dough onto a lightly floured surface.
- 6. Divide into 8 balls.
- 7. Roll each ball out into 20-inch ropes and form into pretzel shape.
- 8. In a large sauce pan, bring water and baking soda to a boil.
- 9. Drop pretzels into water 2 at a time, boil for 10-15 seconds.
- 10. Remove with slotted spoons and drain on paper towels.
- 11. Place pretzels on a greased baking sheet and bake at 425 for 8-10 minutes or until golden brown.
- 12. Spritz or lightly brush with water.
- 13. Sprinkle with salt and Enjoy!