

WE HAVE ARTHRITIS

THERE ARE 4.6 MILLION
OF US HERE IN CANADA



WE ARE
YOUNG AND OLD



FROM ALL
- **WALKS** - 100
OF LIFE

WE FACE OVER
100 DIFFERENT
FORMS OF THIS
RELENTLESS
DISEASE

SOME DAYS, SIMPLE TASKS ARE *EXCRUCIATING*

AT NIGHT, IT'S A STRUGGLE
JUST TO SLEEP



IT AFFECTS MIND AND BODY

IT'S SOMETHING
WE MUST LIVE WITH



THESE ARE
THE CARDS
WE'VE BEEN
DEALT,

BUT WE WILL NEVER EVER GIVE IN

WE WILL STILL DO THE THINGS WE USED TO;
THE THINGS THAT MAKE LIFE WORTH LIVING

WE WILL
FIGHT
FOR OUR

INDEPENDENCE,
AND WE WILL WIN

{ EACH OF US
IS STRONG }



TOGETHER, WE ARE STRONGER STILL

TOGETHER, WE CAN SHARE INFORMATION
AND CAN WORK FOR A CURE



TOGETHER, WE CAN ENSURE NO ONE EVER
NEED FACE THIS ALONE

IF

YOU KNOW WHAT IT IS
TO LIVE WITH ARTHRITIS,

YOU REFUSE TO LET
IT CONTROL YOUR LIFE,

YOU ARE ALREADY ONE OF US



WE HAVE ARTHRITIS
IT DOESN'T HAVE US



The Arthritis Society is here to help.
Find out how. Visit www.arthritis.ca or
facebook.com/ArthritisSociety or Tweet us @ArthritisSoc

