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The Feminine and Cultural Syncretism in Early Dakani Poetry¹

MORE THAN TWENTY-FIVE YEARS AGO the Hyderabadi scholar Dr. Hafeez Qateel began an essay on the development of $r\bar{e}xt\bar{t}$ in the Deccan with the following remarks:

Rēxtī is a *badnām* [disreputable] genre of Urdu poetry which is thought to serve specially for the expression of women's particular emotions and generic concerns in women's idioms ²

Both the sparse treatment by scholars and widespread popular ignorance reflect the stigma of disrepute which has attached to *rēxtī*. More recently, conventional wisdom has been challenged³ and very basic questions posed, e.g., is *rēxtī* really a poetic genre, given that it is used to refer to any Urdu poem whose narrator is female? Is *rēxtī*, rather, a poetic voice? The term was coined, as far as we can tell, toward the end of the eighteenth century by the Lakhnavi⁴ poet Rangin, and until the last thirty years or so, referred always to a corpus of poetry composed in Lucknow and Delhi in the eighteenth and nineteenth centuries. This poetry was light and racy, usually in what was called "women's language" (*'aurtōn' kī*

¹Dakani literally means "of the Deccan," which is the south-central region of India. The term refers, generally, to the area covered by the modern states/provinces of Andhra Pradesh, Karnataka, and parts of Maharashtra.

²Majalla-e 'Usmāniya, Dakani Adab Number, 1964, p. 139.

³See Carla Petievich, "The Feminine Voice in the Urdu Ghazal," in *Indian Horizons* 39:1–2 (1990): 25–41.

⁴Lakhnavi means "of Lucknow," a northern city in modern India and a major cultural center of Urdu during the 18th and 19th centuries.

 $b\bar{o}l\bar{i}$) though always composed and—as far as we know—consumed by men; $r\bar{e}xt\bar{i}$ was also often salacious or even obscene, and recited by male poets in female drag.

Even the erudite among Urdu readers have supposed that there was little of real value to be learned from these poems other than the names of female dress, adornments, household furnishings, or particular idiomatic expressions of an emergent dialect—that of *parda-našīn* women. But there exists a large body of poetry from the sixteenth- and seventeenth-century Deccan, narrated in the feminine voice, whose tone is much different than the standard Lakhnavi *rēxtī*. Produced in the Qutb Shahi court of Golkonda and the Adil Shahi court of Bijapur, this poetry predates northern *rēxtī* by a good century and contrasts sharply with the former's *badnāmī* (disrepute), for it is taken very seriously by Dakani literary critics. This female-narrated Dakani *ğazal* is my present focus.

To understand $r\bar{e}xt\bar{\iota}$ as offering a catalogue for the modern reader of artifacts from a cloistered female culture is to grossly underestimate its historical value. While there is surely value in trying to reconstruct a *concrete* portrait of Qutb or Adil Shahi culture through material objects referred to in its texts, one might hypothesize instead an *intellectual* or *literary* portrait of early Dakani culture. Examination of Dakani poems in the feminine voice affords such an opportunity, but conventional understanding of what constitutes $r\bar{e}xt\bar{\iota}$ must be set aside in order to focus on the significance of the feminine voice.

Perhaps the first significant feature of Dakani $r\bar{e}xt\bar{t}$ is that it exists at all, for there has not yet emerged any evidence of a female narrator in the earlier Perso-Arabic $\check{g}azal$ tradition from which the Urdu $\check{g}azal$ primarily descends. Furthermore, while this feminine ' $\check{a}\check{s}iq$ (lover)⁷ is not predominant in the Dakani $\check{g}azal$, she is certainly widespread. Nearly

⁵In Urdu, *parda-našīn* refers to women who observe purdah or gender seclusion.

⁶Rēxtī has yet to be defined satisfactorily, but in the case of Dakani poetry is understood to refer to *ğazals* or *šeʻrs* (couplets) whose narrator is female. This is easily determined because Dakani *rēxtī* employs grammatical feminine gender markers. The term as applied here presupposes nothing about the content of the poetry.

⁷Calling the narrator of these Dakani *ğazals* in the feminine voice an 'āšiq is deliberate and justifiable, since the only feature in which "she" differs from the 'āšiq-narrator of the "classical" *ğazal* is the gender-marked language in which she speaks—the relationship is essentially the same.

every major poet of old Dakani wrote some *ğazals* in the feminine voice, not merely poets of lesser or ill-repute. The presence of this female *'āšiq* is almost certainly inspired by the *virahinī* of Indic poetry, and the significance of this inspiration should be neither overlooked nor underestimated. It indicates a recognition on the part of Dakani poets that the *virahinī*—who provides the lyric voice of both *bhakti* poetry and secular Indic love literature—represents an expression fundamentally similar to that of the Perso-Arabic tradition's *'āšiq* who suffers the throes of *firāq-e yār* (separation from the beloved).

Perhaps a further word or two of explanation would be appropriate here: the majority of extant literary texts from this period in Indian literature are read as devotional and expressive of the emotion called b^hakti , which derives from the Sanskrit verbal root b^haj (to worship). This form of worship is embodied in an intense longing of the devotee for the divine. Such intense longing can easily blend into the erotic, and the quintessential example from b^hakti poetry is the love of the cowherding woman Radha, for Krishna. B^hakti lyrics explore in great depth the longing and suffering of Radha as she pines for union with the divine in its manifestation as Krishna, a human cowherd. While much b^hakti poetry is rather more erotic in tone than overtly devotional, a dual reading (religious/secular) of these texts is made possible with the formulation of Radha's persona as representative of the human soul. As the human soul, Radha loves at a symbolic, rather than a carnal or corporeal, level, and her love for Krishna is read metaphorically.

There exists a philosophical discourse for the Urdu $\check{g}azal$, as well as for b^hakti poetry, to rationalize the manifest eroticism and sensuality of both bodies of literature with devotional interpretations. Paralleling

⁸I am indebted to the researches of Dr. Muhammad Ali Asar for my understanding of just how many Dakani poets wrote *ğazals* in the feminine voice; especially useful has been his *Dakanī Ğazal kī Našv-o Numā* (Hyderabad: Ilyās Traders, 1986).

⁹The *virahani* is a woman who dwells in separation from her beloved, in the state of *viraha*.

¹⁰Bhakti (mystical/devotional) poetry celebrates a passionate, even erotic, devotion to Hindu deities, and represents the dominant voice of artistic expression over most of the Indian subcontinent for approximately the millennium between 800 and 1800 CE.

¹¹With the popular deity Krishna so prominent a character in b^hakti lyrics, this rationalization is more explicit than in the *ğazal*. Since the *ğazal* is an Islamic

Radha's carnal/spiritual longing for Krishna is the idealized ambiguity between reading the 'āšiq's expressions in the ğazal as either 'išq-e ḥaqīqī ("true" love, that of humans for the divine) or 'išq-e majāzī ("metaphorical" or mundane love, that of humans for one another). Majāzī love is legitimate insofar as loving other humans can be seen as a stage along the path toward perfecting oneself for the divine beloved. Yet the essential aesthetic in both bodies of poetry proceeds from a perception that the purest, most poignant, most profound love experienced by human beings is love in separation, touching at times upon the erotic; and the complex of emotions expressed by bhakti poetry's virahinī is quite compatible with that expressed by the ğazal's 'āšiq. Both literatures are essentially about the longing and straining toward union with the beloved. While union seems more possible for Radha-indeed the promise of resolution is perhaps stronger in bhakti texts than in the $\check{g}azal^{2}$ —it can be argued that in both $b^{h}akti$ and the $\check{g}azal$ the focus is upon longing, rather than upon union.

The recognition that Radha *as a poetic persona* represents the human soul in its quest for union with the divine beloved is, I would argue, at the heart of early Dakani poets' adoption of the feminine voice: they saw in her an 'āšiq.

Some Dakani scholars have tried to address the significance of this feminine voice and to explain its origin in Hindu Sankhya philosophy. ¹³ They suggest that the Muslim elite of Bijapur and Golkonda, in choosing to adopt Hindi's feminine voice, demonstrate a familiarity with Sankhya,

art form, it would never be illustrated in such a manner that human-divine union were visually depicted.

¹²This notion is bolstered, of course, by the plethora of visual representations (primarily paintings, but also sculptures) of Radha and Krishna in union.

¹³Sankhya is one of the six primary schools of Hindu philosophy. For scholars positing a link between Sankhya and the feminine voice in early Dakani poetry, see Dr. Syeda Ja'far's critical introduction to the *Kulliyāt-e Muḥammad Qulī Quṭb Šāh* (New Delhi: Taraqqī-e Urdū Bureau, 1985, pp. 208–212); and Dr. Hafeez Qateel, *op. cit.* Both scholars appear to draw very heavily on Hindi scholar Rajeshwar Parshad Chaturvedi's *Rītīkalīn Kavitā* and Ram Ratan Bhatnagar's *Sur Sāhitya kī Bhūmikā* for their application of Sankhya philosophical precepts to interpretations of *bʰakti* and, by extension, of Dakani poetry narrated in the feminine voice.

and the concept of sagun-vādī bhakti¹⁴ deriving therefrom. Dr. Syeda Ja'far explains that in the Sankhya system spirit is equated with the male principle, while matter is equated with the female principle.¹⁵ The divine occupies the spiritual realm, and human beings the material world. Thus did the poet Mirabai allegedly declare that there was only one male—Krishna—while everyone and everything else is female. Both the virahinī and 'āšiq represent passive matter, awaiting bestowal of union from the active agent. And since only God, the divine beloved, bestows such union, and Krishna embodies the divine beloved, only Krishna can represent the male principle. By this formulation, logically, the 'āšiq would indeed be feminine. Hence the explicit adoption of the feminine gender into the 'ĕazal's articulation of 'āšiqī.¹⁶

Conventional wisdom assumes that the *ğazal* appeared in Urdu literature by direct way of Persian literature, and does not appear to take into account the developments achieved in Dakani, or to attach them sufficient significance. Yet adopting the feminine represents a profound innovation in the *ğazal* genre; and the Dakani culture which produced this female narrator necessarily must have achieved a high level of sophistication and enlightenment in order to effect such innovation, and deserves, therefore, to be taken far more seriously than scholars have taken it. The *ğazal* has been constructed in Urdu literary criticism of the past century as a genre already perfected by the time it appeared in vernacular language in India, and I have elsewhere explored some of the implications

¹⁴The term $sagun-v\bar{a}d\bar{\iota}\ b^hakti$ we may take to refer to that verse which expresses love for a divine beloved whose physical attributes are enumerated.

¹⁵See note 13, above.

¹⁶It has been suggested that a fundamental distinction between the *ğazal*'s 'āšiq and bhakti's virahinī is that the former is constructed formally as active, the lover, while God is passive, the beloved (maḥbūb); whereas in bhakti the roles are reversed, rendering the poet a passive beloved with God the active lover. The suggestion is provocative, but does not seem to me to take into account the complex tapestry of bhakti literatures. For example, the Srivaishnavas in Tamil write of a devotee who strives, strains, and sacrifices, in a fashion reminiscent of the *ğazal*'s 'āšiq, to prove him/herself worthy of divine grace; and while I do not argue against the 'āšiq persona as a basically active character, the point remains that in both bodies of poetry, union with the divine is bestowed by the divine rather than carried out by the human. This fundamental power dynamic is, I would maintain, what informs the literary equation at issue here between the 'āšiq and the virahinī.

of such a construction.¹⁷ We need not go into them here except to suggest reasons why most critics have either ignored or underestimated the feminine narrator as a significant innovation in the historical development of the genre.

Given the high degree of sophistication for which the the Dakani courts of Bijapur and Golkonda are known, there is no reason to be surprised that early Dakani poets were familiar with Hindi poetry. It was, nevertheless, an invaluable insight on their part to have recognized the profound similarities between bhakti's virahinī and the ğazal's 'āšiq, even if those of us familiar with one or the other may recognize the parallel easily. What is remarkable in the case of these Qutb Shahi poets is, however, that they were open to a recognition that impelled them across cultural lines differentiating the Muslim rulers of the Deccan and their largely Hindu subjects. Certainly, not all ruling elites are eager to identify with, rather than differentiate themselves from, the local populace of the ruled. Too often rulers justify their domination and privilege with ideologies which allow them to compare themselves favorably with those whom they dominate.

While the emperor Akbar's court is famous for such cultural syncretism, and the genius of Mughal architecture is generally considered to lie in its blend of Persian forms with various indigenous elements, Mughal poetry in Urdu is perhaps not quite so adventurous. As Urdu became accepted as a literary language by the Mughals, the voice of 'āšiqī became reified as male. The reason for this convention is often explained as fidelity to the Persian ğazal, where, because of Persian grammar, no gender distinctions are indicated between lover and beloved. If that is so then we can assume that Mughal culture had chosen to differentiate itself from India in favor of Persia—even at the cost of a certain artificiality in the Urdu ğazal's diction. The choice is perfectly legitimate both artistically (in the sense that any creative choice in art is legitimate) and politically, but it is important to recognize and understand its

¹⁷Carla Petievich, "Heroes, *Virahinis* and Gender-Bending in the Urdu Ghazal." In Sandria B. Freitag, ed., *Culture as Contested Site: The State and Popular Participation in the Indian Subcontinent* (Delhi: Oxford University Press, forthcoming). The implications need not be rehearsed here except, as in the following argument, to suggest the political reasons for cultural segregation.

¹⁸In other words, the third-person singular in Persian does not bear the gender differentiation one finds in English or French.

implications.

One implication of this choice, I would suggest, is that the later Urdu *ğazal* is a cultural expression of a political entity threatened by instability. Its desire to emphasize Persian, over Indian, identity can be seen as a defensive gesture. It indicates a ruling elite tightening its ranks. And a familiarity with the political situation of the eighteenth- and nineteenth-century Mughal empire corroborates this interpretation, for there were numerous serious contenders for supreme power over northern India during this time.

One may argue that the Qutb Shahi kings of Golkonda (present-day Hyderabad) and the Adil Shahis of Bijapur, by contrast, enjoyed relative stability. This is especially true of poet-kings such as Muhammad Quli Qutb Shah and Ali Adil Shah II, both great patrons of the arts. Their relative wealth and stability allowed them to expand more into their physical environment than the later Mughals; they did not require the greater abstraction of the later Urdu *ğazal.*¹⁹ In this context, let us return to Dakani poetry in the feminine voice.

Dr. Hafeez Qateel argues that $r\bar{e}xt\bar{t}$ developed in stages, beginning with the $s\bar{u}f\bar{t}y\bar{a}na$ (mystical), proceeding to the 'āšiqāna (romantic) and thence to the $v\bar{a}qi'a-g\bar{o}'\bar{t}$ (realistic) stage. In the earliest stage, consistent with the mystical (and Sankhya) perception that all 'āšiqs represent the feminine, the 'gazal's familiar mystical ethos is maintained. The only remarkable characteristic of $r\bar{e}xt\bar{t}$, argues Dr. Qateel, is that verb conjugations, names, and physical attributes are rendered in the feminine. It is only later that a particular female language ($nisv\bar{a}n\bar{t}$ $zab\bar{a}n$), or particularly female ($zan\bar{a}n\bar{t}$) thoughts or emotions—as distinct from male or "regular" thoughts or emotions—began to appear in $r\bar{e}xt\bar{t}$. One can see

¹⁹Consider, for example, the historical coincidence of the Mughal emperor's physical confinement within the walls of the Red Fort in Delhi during the period of the nineteenth-century *ğazal*'s great refinement into abstraction. It would be interesting to consider also the parallels between great political contestation in the seventeenth century and the abstract Indo-Persian poetry of *Sabk-e Hindī*, though that is beyond the purview of the present essay.

²⁰Obviously, this formulation is quite consistent with our general understanding of the overall progression of Urdu literature. Sufis, Mughal courtiers, and Progressive writers of the mid-twentieth century would provide a broad spectrum of development along these lines.

²¹Of course, this significance is enormous, as I argue in my "Heroes, *Virahinis* and Gender-Bending in the Urdu Ghazal" (see note 17, above).

how this argument follows logically from the equation between concrete matter and the female principle: if the feminine represents matter and is specific or concrete, then the presence of the feminine represents equivalence with $v\bar{a}qi'a-g\bar{o}'i$, or speaking of physical reality.²²

Even while acknowledging Dr. Qateel's argument as quite plausible, one could still take some exception to it. I would like to speculate in a slightly different direction, based on a few še'rs of Muhammad Quli Qutb Shah (1566–1611) and Ghavasi (seventeenth century), two reasonably contemporary poets.

Muhammad Quli Qutb Shah:23

sunō ēk dō bāt ṣāḥib hamārī sahēlīyān čatur main hūn bandī tumārī Listen, my lord, to a thing or two: My girlfriends are jealous, 'cos I'm the one who's yours.

sahēliyān mēn šartān sūn ākar kharī hūn munjē dēkh kar bhavn mēn nā-gānth bārī I've come and stood before you on a dare from my girlfriends—Don't look at me and knit your brow!

sunō mērī sātī piyā haurōn rātā
ke par-sēj par sā'īn parsang gamātā
Listen, friend, my lover makes love
elsewhere—
My lord disports himself
on another('s) bed.

Ghavasi:

²²In that same logical universe, the *sūfiyāna* would parallel the divine and the 'āšiqāna the masculine, thus maintaining a hierarchy in which divine stands higher than masculine and masculine higher than feminine.

²³The three verses here are taken from three different *ĕazals* (see Syeda Ja'far, *Kulliyāt*, pp. 706, 707, and 692, respectively).

sahēlī nis ṭalī jyūn tyūn ṣubā hū'ī sūr bāhar āyā jalānē munj birahnī kūn nikal jyūn garm angār āyā Friend, dawn broke and the sun came out just like a hot ember to burn this poor virahinī²⁴

sīnē mēṅ dil kō ḍʰūṇḍʰ na pāʾī kin kisē
pūčʰūṅ
ke čārā munj nahīṅ distā nipat čʰāṅdkār
āyā
I've searched my breast, but whom can
I ask
to help me find my heart?
I find no remedy in sight
no matter how deeply I plumb the
darkness.

Sayeda Ja'far has called Muhammad Quli's poetry "the first in which lines of $r\bar{e}xt\bar{\iota}$ appeared in Dakani." According to Dr. Qateel's formulation these lines should then express an abstract mysticism; yet there is concreteness of lived, physical experience in these three verses (which Dakani experts cite as representative of Muhammad Quli's $r\bar{e}xt\bar{\iota}$) that contrasts rather dramatically with the two še'rs by Ghavasi above. His couple of $r\bar{e}xt\bar{\iota}$ verses strike the reader as more "romantic" ('ašiqāna) than "realistic" (vāqi'a-gō), and the imagery is more abstract by far than most of Muhammad Quli's ğazal poetry. One might even go so far as to say that they are reminiscent of the later Urdu ğazal associated with northern

Friend, I survived the night to see the morning sun emerge: It acted as a spark, rekindling separation's fire.

²⁴An alternative translation:

²⁵See her *Kulliyāt-e Muḥammad Qulī Quṭb Šāh* (New Delhi: Taraqqī-e Urdū Bureau, 1985), p. 208.

India in the nineteenth century, where the feature of abstraction was so developed as to have been called "artificial" by nearly every critic of stature in Urdu literature. ²⁶ But both *še'rs* just presented date from the late sixteenth or very early seventeenth century, and are fairly contemporaneous.

It would be equally plausible to argue, in contrast to Dr. Qateel, that the central theme of love in separation in the Urdu ğazal developed in its treatment, over time, from more concrete to a more abstract expression. In Qutb Shah's *ğazals* in the feminine, the basic theme treated almost exclusively is viraha, as characterized in Radha-Krishna bhakti poetry. The narrator is a woman who has tasted, at a previous time, the joy of union (sangati or viṣāl-e yār) but whose lover has since left her. A secondary scenario is that of a woman longing for a beloved in closer proximity but not actually present, as in the first example of Muhammad Quli's verse ("Listen, friend, my lover makes love elsewhere . . ."). Her suffering is acute and specific, whereas the 'āšiq in more abstract ğazal poetry longs for a union which has never been, which arguably cannot come to pass during his lifetime, 27 and which, therefore, can hardly be conceived of. Human experience supplies him no concrete images to match the empty bed evoked in that first še'r by Muhammad Quli. Rather, he has moved beyond bedrooms and their furnishings. Now the cosmos itself has come to serve as the backdrop against which he experiences separation, a scenario so vast that even the sun is only a glowing ember.

However, if there is a "truth" to be found here, it might lie in yet another direction, viz., one in which we allow for a complex present in every era of Urdu poetry. Those poets who have maintained great repute

ye na t^hī hamārī qismat ke viṣāl-e yār hōtā agar aur jītē rahtē yehi intizār hōtā

where, had the 'āšiq gone on living, he would have necessarily remained waiting, since the beloved here is understood as Divine, and union with the Divine beloved can only come about after death.

²⁶See such historical surveys as those by Muḥammad Ḥusain Āzād, Āb-e Ḥayāt (Allahabad: Rām Narāyan Lāl Bēnī Mādʰav, 1880), or Altāf Ḥusain Ḥālī, Muqaddima-e Šeʻr-o Šāʻerī (Aligarh: Maktaba Jāmiʻa Ltd., 1893); or by Muhammad Sadiq, A History of Urdu Literature (London: Oxford University Press, 1964), Annemarie Schimmel, A History of Classical Urdu Literature from the Beginning to Iqbal (Wiesbaden: Otto Harassowitz, 1976), Ahmed Ali, The Golden Tradition (New York: Columbia University Press, 1973), and others.

²⁷This point of view can be gleaned from Šālib's famous

over the centuries have necessarily demonstrated great versatility, an ability to compose in a variety of situations and moods, to be both contemplative and glib, plaintive and sassy. Witness, for example, another *ğazal* by Muhammad Quli Qutb Shah, also in the feminine voice, in which the mood is very different from that of the few *še'rs* above:

sakī bātān šakar kartī valē miṭhā'ī asē nā divānī nīškar mēn kō'ī kadhīn nābāt bāsē nā My girlfriend speaks sugary words but it doesn't result in sweetness: O mad one, don't look for rock candy

in sugarcane!²⁸

xabar hū'ī šah hū'ē savarā yakā-yak ā'ē muj

ṭʰārā na pūčʰē ṭuk pʰirē bʰārā tō ab birhā sahā sē

Word has it that the king came galloping up to my door,

then left without even asking after my health—

how can such pangs of separation be borne?

kahūn apan birah jis kan agin š'ula pṛē us

sū muškil ḍā'yā muj man haman dukh kō'ī sunā sē nā

Were I to even speak to another of separation's burning tumult its flames would scorch their body

²⁸In other words, "Don't expect your companion, with her rudimentary understanding of love, to articulate the crystallized essence of love that your own experience has distilled." While it is the role of the <code>sakī</code> (the female companion of the woman in love) to cajole and humor the heroine-narrator as she suffers the pangs of separation, the isolation she feels from others who do not share her plight cannot be bridged—the companion's words stem from her own callow experience, and are incapable of touching the narrator.

so I keep it locked safe in my heart.

magar khōlē xudā aē dukh dikhāvē us suraj kā mukh andhārī nain pāvēn sukh tō mujh par dukh dahā sē nā But let God lose me this sorrow and show me the face of that sun: if solace could come to these darkened eyes sorrow would burn me no more.

Whether our personal preference is inclined more toward abstract, elegant poetry such as the couple of Ghavasi's še'rs above, or more toward the pungency or piquancy of the first examples of Muhammad Quli Qutb Shah, both poets have expressed familiar human emotions in these verses in the feminine voice. Such sparks of recognition measure success in the realm of Urdu ğazal, and its field is wide enough to contain both.

In only three out of nine verses discussed here is it even reasonable to consider the emotions expressed as "particular to women," or the concerns only "female." However, if it was the voice of *bhakti's virahinī* that inspired these explorations of the theme of love in separation that became so crucial to the later *ğazal*, then let us remember that we are indebted to the climate of cultural tolerance achieved by the Qutb Shahi rulers for the enrichment supplied the Urdu *ğazal* tradition when Dakani poets adopted the feminine voice and the "female principle."