



Gracies Dinnertime Theatre

Time, Place, & Manner

Volume 36, Issue 3

5 February 80AT(2026)

Read all our issues at
hellskitchen.org/gdt



*D*ear Reader,

Writing your first piece of hate mail can be a bit daunting. You have a lot of hate to send, and proper letter formatting is always a bit of a pain. In order to help you send the best piece of hate mail possible, I put together this handy step-by step tutorial on sending the best piece of hate mail possible!

The first issue is deciding the goal of the letter. If it is meant to simply express displeasure, that is a very separate matter of trying to annihilate a person through words.^[1] Unless a literary goal is determined, it is difficult to properly write the letter with the correct amount of hate.

Once you decide on your goal, the next crisis is properly addressing your hate-receiver.^[2] Fun fact: when your hatee^[3] first opens this piece of mail, they are unaware that it is actually hate mail! This means that how you first address them can drastically impact the reception of your post.

The usual (polite) address methods start with the phrase "Dear," however, if this is a person you truly despise, other forms of introduction can be used. Once the opening phrase is decided upon, it's crucial to ensure you find the correct name or phrase-of-address.^[4] If the ragecipient cannot tell the mail is meant for them, you have failed.

After you address your ragecipient, you can write whatever you want! Personally, I enjoy direct attacks on the individual, as well as proof of their failures as a person. Proof is the most crucial part of this section, when choosing to be fact based. If you make baseless claims without proof, it's much easier to ignore the letter!

Finally, it's time for your sign-off! This can be an insult to the individual, a polite exit, or, if you want to leave them with nothing, then nothing! It is also very important to decide what name you wish to use. Your full government name, or a pseudonym, or false name both work beautifully. If the ragecipient is a company, institution, or government official, the knowledge that the sender is a real person can be very powerful. A pseudonym, or false name is much more useful if retaliation is a possibility.

Let's write a letter together!

First, we need to decide on a goal. I have recently become exhausted by the actions of the United States Federal Government, and currently hold a seething river of rage directed to the United States Secretary of Homeland Security, Kristi Noem.

Now, it's time to address the letter!

¹ I was going to say explode, however that was already done by renowned mathematician Theodore Kaczynski.

² Hatee?

³ Ragecipient works better I think.

⁴ ie. President of (blank), Administrator of (blank), Idiot in Charge, etc.





Gracies Dinnertime Theatre (GDT) is a founding member of Hell’s Kitchen and is published by Carissimus Diablo. GDT is edited by **Igor Polotai** and editor in exilium **Goose Waffles**, with layout done by **G.S. Marginalia** was chosen by the layout editor or carefully glued together by **G.S. and Sam W.** The main article, “How to Write Hate Mail — For Beginners,” comes from **Rock Goblin**. GDT is spread to loving fans and haters alike by Sam W. and his swarm of printer daemons, **Ada H. Ominam, cormac, Max, and USS N.G King of Hearts**. Other content was written by **F.F. A.J. Money, Rock Goblin, Igor Polotai, Franklin Scharf, Susan**, and contributors on the GDT Discord. Thank you to all of our newsies this week!

Contact GDT directly at:
graciesdinnertimetheatre@gmail.com

IMAGINUM AUCTORES

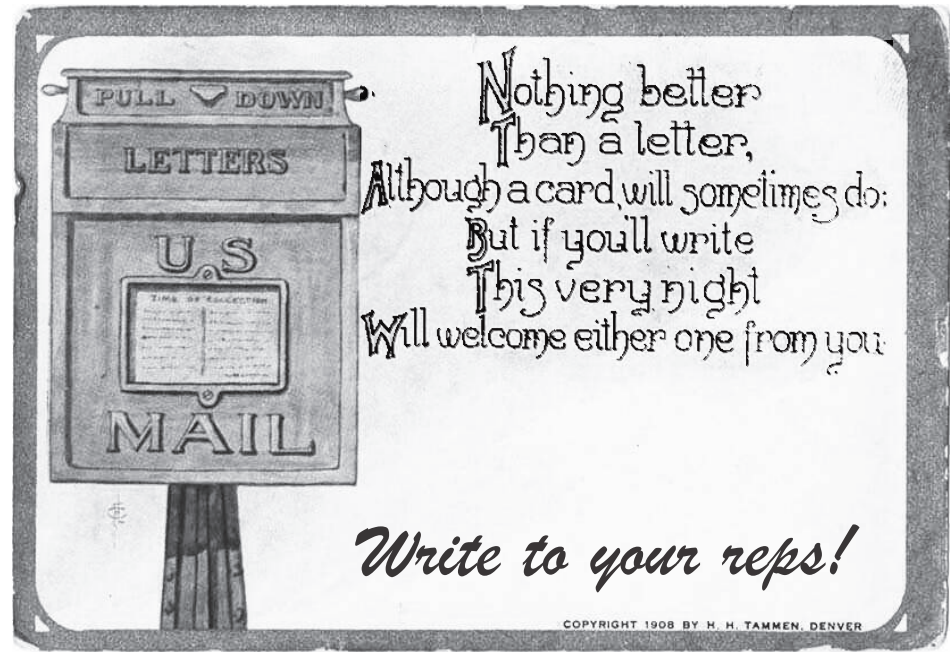
Pages 2: Heinrich Heye Tammen. “NBY 422802 Postcard.” 1908. commons.wikimedia.org/wiki/File:Nothing_better_than_a_letter,_although_a_card_will_sometimes_do,_but_if_you%27ll_write_this_very... (NBY_422802).jpg

Page 3: Unknown. “Mailman bringing letter.” Motion Picture World advertisement. 1911. commons.wikimedia.org/wiki/File:Mailman_bringing_letter.svg

Page 8: ravas51. “Gentoo Penguins in the Cuverville Island.” 2013. commons.wikimedia.org/wiki/File:Gentoo_Penguins_in_the_Cuverville_Island_(SR%C3%974)(AESTIVUM.EDIT).png. Background was removed. This remix is published under a CC Attribution-Share Alike 2.0 Generic License.

Copyright 80AT(2026) Gracies Dinnertime Theatre. I guess you can reprint things for all the reasons covered under United States Fair Use Doctrine as defined by the United States Congress with the “Copyright Act of 1976,” but why not make your own? All the work remains copyright of the authors.

Because I don’t want Mrs. Noem to know when she first opens the post that it’s hate mail (so that she’s more likely to actually read it), the phrase “Dear Mrs. Noem” will work well as the introduction.^[5]



Now, it’s time to write a little about how she is a terrible person and why I hate her:

With your publicly lauded legislative history against abortion access,^[6] one would be led to believe that you enjoy killing pregnant women and infants^[7] more than children who have already been born. Fortunately, this naïvete is limited to all the people who are unaware of your history. As a well known puppy (and goat) killer^[8] it’s unsurprising that your clear lack of morals, ethics, and general empathy is equally applied to everyone and anyone. From denying 10 year old rape victims in-state medical abortions^[9] in the name of ‘family welfare,’ to allowing the abduction of 5 year olds,^[10] and intentionally preventing justice for the murder of Renee Nicole

5 TBH, it’s more politeness then she deserves.
6 O’Connell, O. (2024, April 21). Trump VP contender Kristi Noem says no exceptions for rape or incest in abortion ban. *The Independent*. <https://www.independent.co.uk/news/world/americas/us-politics/kristi-noem-abortion-trump-vp-b2532258.html>
7 Gender Equity Policy Institute. (2025, June 9). *Maternal mortality in the United States after abortion bans*. Gender Equity Policy Institute (GEPI). <https://thegepi.org/maternal-mortality-abortion-bans/>
8 Pengelly, M. (2024, May 15). Trump VP contender Kristi Noem writes of killing dog – and goat – in new book. *The Guardian*. <https://www.theguardian.com/books/2024/apr/26/trump-kristi-noem-shot-dog-and-goat-book>
9 South Dakota governor defends state’s abortion ‘trigger’ ban when asked if 10-year-old should be forced to give birth. (2022, July 4). CNN. <https://www.cnn.com/2022/07/03/politics/kristi-noem-south-dakota-abortion-trigger-ban/index.html>
10 Goodwin, G. E. (2026, January 29). *Protesters gather outside Texas facility where detained child Liam Ramos is held*. <https://www.bbc.com/news/articles/cn8jk5335vdo>

Good,^[11] Alex Pretti,^[12] Luis Gustavo Núñez Cáceres, Geraldo Lunas Campos, Víctor Manuel Díaz, Parady La, Luis Beltrán Yáñez-Cruz, and Heber Sánchez Domínguez^[13] your clear lack of humanity is impossible to ignore. Furthermore, your clear lack of respect towards basic American legislation^[14] paints a very clear picture of the type of person you are. It is my most sincere hope that the impeachment proceedings threatening you proceed without delay^[15] and that you, Mrs. Noem, are held fully accountable for every poor decision you have ever made.

Now that I've written the body of my letter, it's time for a proper send-off and signature! Normally, when sending hate mail, I use my real, personal name, as the implication that the (handwritten) letter was sent by a real person who hates you enough to send signed mail is fairly powerful. However, as this is being sent to the leader of ICE, during an administration that is well known for retaliation and disregard to basic constitutional rights,^[16] I'm going to use my usual *GDT* alias.

Here's what I got:


I hope your Jesus doesn't abide by the 'Do not murder' rule, because otherwise you're fucked (Matthew 5:21-22, NIV),

Rock Goblin

Now that everything is written, we can put it all together, print it out (or handwrite it) and send it. Congratulations on writing your first piece of hate mail! Now that you know the basics, I'm sure you will do phenomenally, and make many, many more people aware of their personal failings.

Stay warm,

Rock Goblin :)

P.S. You can use the P.S. section to add even more hate that you forgot to add to the body of the letter! 



11 Labeling Renee Good a "Domestic terrorist" distorts the law. (2026, January 28). Brennan Center for Justice. <https://www.brennancenter.org/our-work/analysis-opinion/labeling-renee-good-domestic-terrorist-distorts-law>

12 Hutchinson, B. (2026, January 28). 2nd Amendment backlash follows portrayal of Alex Pretti by some Trump administration officials. ABC News. <https://abcnews.go.com/Politics/2nd-amendment-backlash-portrayal-alex-pretti-trump-administration/story?id=129559823>

13 Hellmann, M. (2026, January 28). Eight people have died in dealings with ICE so far in 2026. These are their stories. *The Guardian*. <https://www.theguardian.com/us-news/2026/jan/28/deaths-ice-2026>

14 Beitsch, R. (2026, January 29). Appeals court finds Noem illegally ended deportation protections for Venezuela, Haiti. *The Hill*. <https://thehill.com/latino/5712919-tps-termination-venezuela-haiti/>

15 Mascaro, L. (2026, January 28). Kristi Noem faces rising calls for her firing or impeachment | AP News. AP News. <https://apnews.com/article/minneapolis-shootings-kristi-noem-ice-congress-add9ac7b90f5677621009e8a603c0141>

16 Allen, J. (2026, January 23). Tracking retaliatory use of arrests, prosecutions, and investigations by the Trump administration. Protect Democracy. <https://protectdemocracy.org/work/retaliatory-action-tracker/>, Committee on Homeland Security & Governmental Affairs. (2025, August 18). *Peters Releases New Report Detailing Trump Administration's Unprecedented Constitutional Violations and Executive Overreach* - Committee on Homeland Security & Governmental Affairs. Committee on Homeland Security & Governmental Affairs. <https://www.hsgac.senate.gov/media/dems/peters-releases-new-report-detailing-trump-administrations-unprecedented-constitutional-violations-and-executive-overreach/>^[1]

* The fact that this hasn't been taken down yet is astounding (it's on the Homeland Security & Gov affairs website) — to be fair, it is run by the Senate, which isn't under Trump's purview, but still.



Neighborhood Watch

-by Igor Polotai

Welcome back to Neighborhood Watch, keeping you informed about the happenings at RIT. We're here to provide you with all the latest happenings at RIT, good, bad, and weird.

So, what happened recently? It is the season of ice and snow here on campus. President Bill Al Kill Sanders, having recently been elected to the role of Munson Replacement, only got the keys to the Weather Machine from Munson a few days ago. But, it seems his first few attempts have not been as successful as he might have hoped. The first time he booted it up, the Windows 97 computer that the whole system runs on and that has never been updated froze and then crashed, leading to an error in the temperature regulation function and plunging the campus into a winter storm. He was forced to declare a snow day to cover up the repairs being done to the Weather Machine.

The second time he booted it up, a miscalculation (and a wrong twist of the dial) caused the Weather Machine to draw too much power and overload RIT's electricity grid. The result was pandemonium. A massive power outage throughout campus. In Gleason, the engineers fought each other for scraps of food. In Golisano the computer science students lost control of Robotchie after they lost Bluetooth connection. In Polisseni all of the ice melted, and hockey had to be delayed until they could find enough pool floaties for all of the hockey players. The College of Liberal Arts was the least affected. After converting a jug of orange juice into a makeshift lantern, a game of Uno was played to determine who among them will become the leader of the last human tribe. Power, however, returned shortly after, and all dreams of a new world order run by Women's Studies majors faded. Oh well, maybe another day.

Until next week, stay safe, and get the slurp juice while you can. 🍷

Do you have a story that the weekly Neighborhood Watch column should inform RIT about? Email it to us at gdtneighborhoodwatch@gmail.com! All submissions will be kept anonymous. We value our whistleblowers!



Want your art or
writing in an issue?

**SUBMIT
TODAY!**

*graciesdinner-
timetheatre@
gmail.com*

Find a Bathroom? I wanna Piss in it

-by F.F. A.J. Money

...*aah* the water cycle. You urinate, the urine goes through various treatments, it is released out in the world, a bunch of irrelevant stuff happens, it comes back to you, and you close the loop by urinating again. Also that but for feces. But where do we do this? Well at RIT (HOPEFULLY), you go to the bathroom (or other similarly named location).

And there's a great diversity of them. You got your single room with a single toilet in the Shed, and the great hall of stalls and sinks in Wallace. There's the Gleason men's room that's at the end of a mini hallway, opening up to a sink mirror so you can see your ugly mug, and the Gleason men's room that's at the end of a mini hallway, opening up to a sink mirror so you can see your ugly mug directly above the previous, which looks like if you took copy-pasted the previous one.

One mustn't forget the written and artistic expression. The closest men's bathroom to the Bates Study center has a decent amount of graffiti (including occasional symbols to Nurgle [Look Him Up]) carved into the paint of the back stall.

But what about quality? There's a great bathroom, in my opinion, between the fireside lounge and the student center, generally clean, with nice lighting and interior material. Meanwhile a short walk to the Frederick Douglass statue has him staring at one of the lesser bathrooms on campus, awkwardly tight and an attraction of on the hour foot traffic (I feel bad for the statue really). Is the average student meant to find the best bathrooms by mere trial and error?

So here's my proposal: send me your bathrooms. Not like in the mail, I don't think the postal service would allow it, but send me information on the location, some notes about why you sent it, and I (and likely others) will try to score it. Maybe we'll get something out of this?

On a side note, try exploring campus one of these days. Sure, there are bathrooms to go to, but you'd be surprised by what you find.

Now back to pissing. Let's go into a quick sample review:

SHD-11-3345 ALL-GENDER RESTROOM.

Located at a corner of the SHED's third floor, most of my experiences with this type of restroom comes from waiting as part of the masses of people that gather pre-lecture, lines parallel to this room. As a single toilet restroom its layout is fairly generic, a toilet in the back-right corner (with a subtle piss stain underneath the bowl) and the sink in the front right corner (with a noticeable soap stain underneath).

The back-left corner is good for crying. The most noticeable feature is a sticker noting fixture compliance with ASME (American Society of Mechanical Engineers) and (for removal by end consumer).

Overall I rate this bathroom a 6 out of 10, could use a good floor scrubbing. Perhaps extend the soap spill to the piss stains to clean them out?

To end, simply scan the QR code and fill out the associated form so I can start reviewing. 



Ask Susan



Dear Susan,

Why do cats make me itchy?

- Gerard Way

Dear Gerard Way,

Have you been interacting with itchy cats? I knew it. You're an empath! This is very special. Embrace your newfound abilities, and try to avoid befriending people with eczema.

-Susan

Dear Susan,

My eyes hurt when I look at the sun. Does Ra hate me?

- A Simple Nile Farmer

Dear Simple Nile Farmer,

I suggest you read some history. Look within *The Book of the Heavenly Cow*,^[1] and think a little about what Ra may hate you for. I believe you are facing just another one of Ra's retributions for your complacency with the plotting against him by your kinfolk of humanity. I would recommend watching out for other visages like the sun that are tools of the eye of Ra. ☞

-Susan

Do you need advice? Do you have a question?

Susan is here — maybe to help!

Scan the QR code to ask! It's all anonymous. 😊

1 Or as some call it, *The Book of Yo Mama*.



Your ad could go here! Or there! Or any-where!

EMAIL GDT TODAY



DUBAI?
IN MY CROISSANT?

It's more likely than you think.

FREE ARTESANO CHECK!

CAMPUSwatch



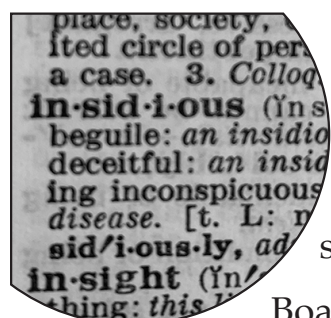
Youthjuice: a Review

by Rock Goblin

In my dreams, my fangs rend muscles from bones. Jugulars split, and waves of blood coat me as I run, finally happy, into the fire. In my dreams, I am perfect. No matter what I do, what I say, everything is pristine, clean, and dancing on a knife's edge. All the while, everyone else watches me ascend while, under a facade of happiness, they are wracked with all-consuming jealousy. *Youthjuice*, the masterful novel by E.K. Sathue, takes this need for flesh under fang, and beautifully marries it to the precise need for control that lingers within us all.

The book follows Sophia Bannion, a desperately hungry woman who dances the lines between excruciating perception and blinding incoherence while she embarks on a wellness and healing journey with the help of HEBE, a luxury skincare brand, and her new employer.

TL;DR, Hannibal Lecter and Gwyneth Paltrow meet for a bloody 'wellness' journey, leaving us all deeply uncomfortable. 📖



Definitions

-by the denizens of the GDT discord

Bigfoot – subject of several slightly silly short stories somewhat strenuous to speak.

Board of Peace – textbook example of feature creep.

Bored of Peace – President Trump's initiative to create a governing body to supplant the United Nations security council in which he is given the permanent role of chairman and other countries must pay a billion dollars to get a permanent seat on the bored.... did I say bored? Silly me, I meant board.

Derply sad – something immensely sad which is also immensely dumb.

Free-nicks – bumping Ow! into Ow! RIT's poorly designed Ow! tables and chairs constantly.

Fungible – Mr. Beast's pizza meal kit with genuine moldy cheese.

IGAWD – a person listed on IMDb, Goodreads, AllMusic, Wikipedia, and Discogs. It's like EGOT (Emmy, Grammy, Oscar, Tony), but for participation.

Macrotransactions – DLC content required to enjoy a game.

Pay to play – see "Board of Peace."

Pissed off – propulsion by urine.

Purplus – surplus purple.

Purprise – purple surprise.

Sawy – savvy, but spelled like it should be. Double v? Don't we have a letter for that?

Shit talking – taking a phone call while in the bathroom (he only listens to *what* kind of music?!?).

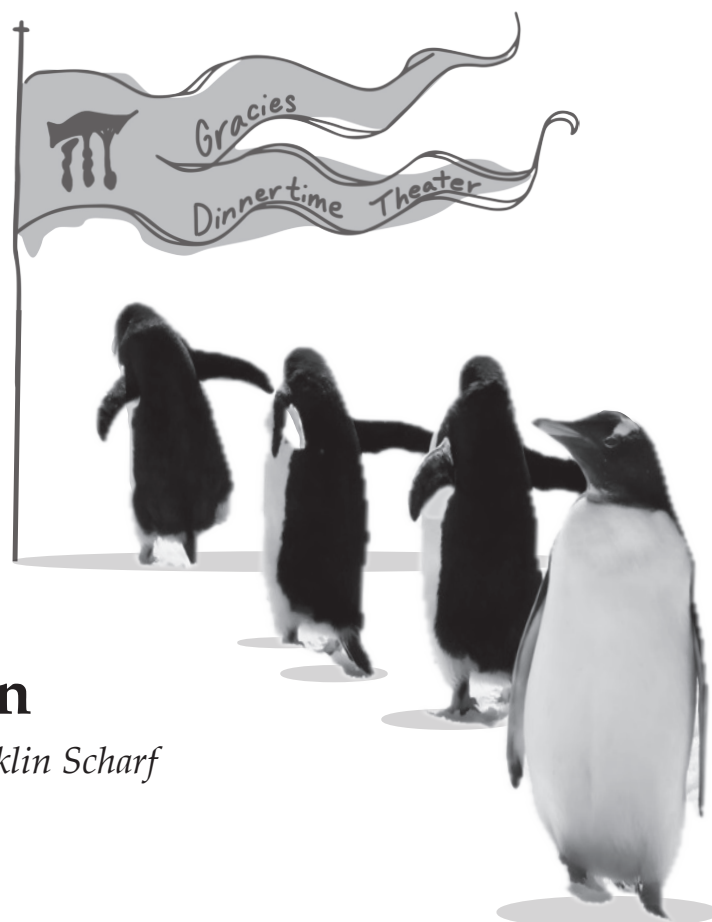


Ode to the OD

-by Franklin Scharf

You say you can take it
 You know what you're doing
 You took it all
 You're on the floor

Truly unavoidable.
 A necessary evil.
 Here's to the savior
 Who died from our Zyns.



After Walt Whitman

-by Franklin Scharf

Been chasing him for a while.
 What can I say?
 The man's quick.

<Mr. President, can you hear me?>
 <We're freezing half to death!>



Warming up to GDT? Come
 huddle with us for warmth
 like penguins.

Join our Discord!

Take Me With You — It's Cold Being Alone

