$$\iint_{\Omega} \omega \tilde{\psi} dx dy \leq \left(\iint_{\Omega} \frac{|\omega|^2}{g'(\psi_0)} dx dy\right)^{1/2} \left(\iint_{\Omega} g'(\psi_0) |\tilde{\psi}|^2 dx dy\right)^{1/2} \leq C |\omega|_{X_0} |\tilde{\psi}|_{\tilde{X}_0}$$