$$\mathcal{D}_{\psi_r}(r) = 2.914 \, ; k^2 \int C_n^2(z) \left[2|r|^{5/3} + 2 \, | heta z|^{5/3} - |r - heta z|^{5/3} - |r + heta z|^{5/3}
ight] dz.$$