$$\Xi^{t} := \sum_{k=1}^{K} \frac{\omega_{k}}{\tau_{k}} \sum_{q=1}^{\tau_{k}} \mathbb{E} \left[ \|\theta^{t} - \theta_{k}^{t,q-1}\|^{2} \right],$$
$$\Pi^{t} := \sum_{k=1}^{K} \frac{\omega_{k}}{\tau_{k}} \sum_{q=1}^{\tau_{k}} \mathbb{E} \left[ \|\theta^{t} - \theta_{k}^{t-1,q-1}\|^{2} \right].$$