$$2 = a + d + e + h$$

$$\geq 2\sqrt{ah} + d + e, \qquad \left[ \text{ since } a + h \geq 2\sqrt{ah} \right]$$

$$\geq 2 + e + d, \qquad \left[ \text{ since } ah \geq 1 \right]$$

$$\geq 2. \qquad \left[ \text{ since } e \geq 0, ; d \geq 0 \right]$$