

$$\frac{dB^{(\pm)}}{dt} = - \left(\frac{1 + \cos \alpha_{\pm}}{\tau_R} + \frac{1 - \cos \alpha_{\pm}}{\tau_{NR}} + \frac{1}{\tau_s^e} + \frac{1}{\tau_s^h} \right) \frac{B^{(\pm)}}{2} + \frac{D^{(\pm)}}{2\tau_s^e} + \frac{1 - \cos \beta}{4\tau_s^h} B^{(\mp)} + \frac{1 + \cos \beta}{4\tau_s^h} D^{(\mp)},$$