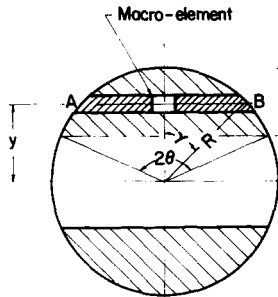


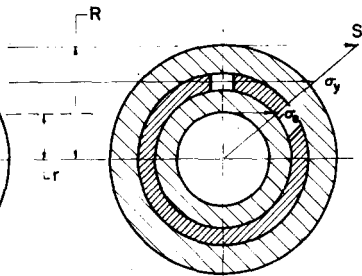
Push-pull

a



Alternating bending

b



Rotating bending

c



Fatigue area



Area under consideration