

# SEBASTIAN RAST

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## RESEARCH INTERESTS

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Macroeconomics, Monetary Policy, Applied Macroeconometrics, Inflation expectations

## CURRENT POSITION

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Research Economist, Monetary Policy Department *Aug 2022 - Present*  
De Nederlandsche Bank, Amsterdam

## EDUCATION

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PhD in Economics, European University Institute *Aug 2016 - May 2022*  
Thesis title: Essays on the dynamics of inflation expectations  
Advisors: Evi Pappa, Leonardo Melosi  
  
Visiting PhD student, University of California at Berkeley *Aug 2019 - Dec 2019*  
Host: Jón Steinsson  
  
MRes in Economics, European University Institute *Aug 2016 - Aug 2017*  
  
Master in Economics and Finance, Barcelona Graduate School of Economics *Sept 2014 - July 2015*  
  
Bachelor of Science in Economics, University of Mannheim *Sept 2011 - July 2014*

## WORK EXPERIENCE

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PhD Trainee at European Central Bank, Monetary Policy Strategy Division *Feb 2020 - Feb 2021*  
Research Assistant to Russell Cooper *Spring 2019*  
Trainee at European Central Bank, Monetary Policy Strategy Division *Aug 2015 - July 2016*  
Intern at ifo Institute, Business Cycle Analysis *July 2013 - Sept 2013*  
Intern at MVV Trading GmbH, Risk Management *July 2012 - Sept 2012*

## TEACHING EXPERIENCE

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Household Finance, EUI Advanced PhD Course, TA to Russell Cooper *Fall 2018*  
Topics in Fiscal Policy, EUI Advanced PhD Course, TA to Axelle Ferriere *Fall 2017*  
Matlab Mini-course, EUI PhD *Fall 2017*  
Analysis, Mannheim Undergraduate *Fall 2012, Fall 2013*

## PUBLICATIONS

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Bank and non-bank balance sheet responses to monetary policy shocks (with Frédéric Holm-Hadulla and Falk Mazelis), *Economics Letters*, 222, January 2023. [Link](#)

## WORKING PAPERS

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Central Bank Communication with the General Public: Survey Evidence from Germany  
  
Uncovering the heterogeneous effects of news shocks to underlying inflation (joint with Evi Pappa and Alejandro Vicondoa)  
  
Anchoring long-run inflation expectations in a panel of professional forecasters (joint with Jonas Fisher and Leonardo Melosi)

## WORK IN PROGRESS

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QE during low and high financial stress times: the US experience (joint with Roberto Motto and Annukka Ristiniemi)

Durables and Portfolio Choice: Response to Aggregate Shocks (joint with Juan Castellanos Silván and Russell Cooper)

The effect of news about prices: evidence from the Italian auto insurance market (joint with Marco Cosconati and Leonardo Melosi)

## POLICY ARTICLES

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“Forecasting Properties of Indicators for Predicting GDP Growth in Germany“ (with Steffen Henzel), ifo Schnelldienst 66(17), 39-46, Sep 2013. [Link](#)

## PRESENTATION AND SEMINARS

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*\* indicates presentation by co-author*

**2022** Bank of England, Federal Reserve Board, De Nederlandsche Bank, Bank of Lithuania, EUI Macro Working Group, EABCN-Bundesbank conference on “Challenges in Empirical Macroeconomics since 2020” (Eltville, Poster session), 35th SUERF Colloquium and 49th OeNB Economic Conference (Vienna), IAAE Annual Meeting, Midwest Macro Meetings\*, SED Annual Meeting\*, NBER Summer Institute, EEA Annual Meeting, Bank of Italy workshop on Inflation expectations in modern macro, 16th International Conference on Computational and Financial Econometrics (CFE)

### 2019-2021

2nd Oxford NuCamp PhD Workshop, 2021, 3rd QMUL Economics and Finance Workshop, 2021; Bundesbank Research Centre, 2021; EUI Macro Working Group, 2021; CEBRA Annual Meeting, 2020; EUI Fourth-Year Forum, 2020; Berkeley Macro Colloquium, 2019

## PROFESSIONAL ACTIVITIES

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### Refereeing

Journal of Economic Dynamics and Controls, European Economic Review

### Others

Co-Organizer EUI Macro Working Group 2017-2018

## ADDITIONAL COURSEWORK

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Heterogeneous Agent Models in Continuous Time with Monetary Policy Applications (Moll, Mannheim 2018); Financial Frictions and Macprudential Policies (Kiyotaki, Florence 2018); Regime switching in VAR and DSGE models: theory and applications (Maih, Waggoner, Oslo 2018); Estimation, Forecasting, and Policy Analysis with DSGE and Time-Series Models (del Negro, Madrid 2017); Advances in the Computational Methods for Models with Occasionally Binding Constraints (Canova, den Haan, Maih, Florence 2017)

## AWARDS

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PhD Completion Grant, European University Institute	2019-2020
EUI Grant for Exchange at the University of California at Berkeley	2019
PhD Grant, German Academic Exchange Service (DAAD)	2016 - 2020
Fellowship, German National Academic Foundation	2014 - 2018
UniCredit-Barcelona GSE Scholarship, UniCredit & Universities	2014 - 2015

## SKILLS

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**Languages** English (fluent), German (native)

**Computing** MATLAB, Stata, Julia, Dynare, RISE, R (basic), LaTeX, Microsoft Office

**Other software** Thomson Reuters Datastream, Bloomberg