

# Beaumont<sup>®</sup>

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<b>INTEGRATIVE MEDICINE SERVICES ON THE INPATIENT UNITS</b>	<b>550</b>	<b>1 of 2</b>
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Integrative Medicine	<b>05/27/10</b>	<b>09/14/12</b>

## **POLICY:**

Integrative Medicine complements traditional medical practice with modalities that directly affect the body's physiological healing process while gently awakening the mind-body-spirit connection needed to enhance the healing process.

## **SERVICES:**

1. Clinical Massage Therapy: Offering therapeutic massage to patients may help ease patient symptoms related to: neuropathy, nausea, vomiting, anxiety, depression, insomnia, high blood pressure, pain perception and altered self-image.
2. Energy Balancing (i.e. Reiki, Therapeutic Touch or Healing Touch): Focuses on promoting health and well being and decreasing responses to stress, anxiety and pain.
3. Guided Imagery: To help elicit the relaxation response and guide the person's imagination in such a way that positively affects their physical, emotional and spiritual well being.

## **GENERAL:**

1. The services provided by Integrative Medicine staff and their students are available to most patients at Beaumont Hospital (Royal Oak and Troy). This is available in addition to other modalities for anxiety and pain management. Some of these modalities are offered to in-patients at Grosse Pointe on the Orthopedic unit and the Women's services unit as a part of the plan of care.
2. These Integrative Medicine services (Clinical Massage Therapy, Energy Balancing, and Guided Imagery) do not require a physician's order.
3. Scheduling:
  - a. Patients or their families may contact Integrative Medicine (ext. 19990 – Royal Oak; ext. 49200 – Troy) and arrange for a treatment.
  - b. It is the responsibility of the patient/family to pay the Integrative Medicine's service fee for their therapy session(s) at or before the time of service.
4. Hospice/Oncology Patients
  - a. In-patient hospice and oncology service patients and their families may receive complimentary Integrative Medicine therapies as part of the Integrative Medicine teaching program. These sessions are at no cost to the patient/family, as long as the Integrative Medicine department has philanthropic funding for these services. If Integrative Medicine does not have funding, the cost to the patient/family is \$15 for 15 minutes of treatment (Beaumont hospice patients may also receive therapeutic massage, provided at no charge, from a Beaumont Hospice massage therapist).

## **PATIENT CARE – CORPORATE POLICIES**

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**GENERAL:** (Cont'd)

4. Hospice/Oncology Patients (Cont'd)

- b. The unit nursing staff may consult Integrative Medicine for these sessions and treatments may be requested by the patient/family.
- c. Hospice/oncology service patients and their families may choose to arrange for additional treatments through Integrative Medicine once the hospitalization period is completed. These are full-hour sessions and payment is out-of-pocket for patient/family.

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