

Sedbergh & District **LOOKAROUND**

May 2016

Issue 343

Donation £1

Every month, we cannot be anything but amazed as to how much information comes into us to create yet another bumper issue of 104 pages.

A continued thank you to all the

contributors and advertisers. Without you, there would be no Lookaround. You will find many events to attend and support during the next few months. Get out and enjoy yourselves. *Dennis & Jacky Whicker*

SEDBERGH GALA

Saturday 21st May 2016

Wild West in the Western Dales



1pm Lupton Field

(Procession leaves Maryfell 12.45)

Admission £4 on the day
£3 in advance from most shops
Under 16's free



- Bucking Bronco * Jousting * Kids Circus Workshop
- Artisan Market with Craft Stalls and exhibitors
- BOFRA Fell Races, Cumberland & Westmorland Wrestling
- Bouncy Castles, Donkey Rides, Archery, Coconut Shy
- Beer Saloon and Tea Tent, local food and catering
- Live Music



Sedbergh Wanderers FC Evening Event 7.30PM £10

CLOSING DATES: NEW ADVERTS - 15th; OTHERWISE - 19th

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e-mail: editor@sedberghlookaround.org.uk ~ Web Site: <http://www.sedberghlookaround.org.uk>

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May Birthdays

Day	Name	Age
2	Oliver WOOF	9
3	Mamie KEEGAN	10
5	Max TOWNLEY	6
7	Charley DEAN	5
8	Mason MORA	10
8	William DAWSON	8
9	Amber WOOF	10
11	Harry DOBSON	4
12	Aidan WILLIAMSON	10
13	Solomon JAMES	8
14	Ella LEWIS	8
15	Elsie WOOF	6
19	Rex GARDNER	2
19	Isabel MOFFAT	10
20	Avie CLEMENT	7
23	James MOFFAT	8
25	Bobbi-Mae KIRBY	11
27	Jack DAWSON	8
29	Olivia DAVIES	5
31	Maggie HOSKER	7
Nonagenarian & Over		
06	Eleanor Gordon	99

Last Month's Wordsearch Answers.

CROW	MERLIN
CUCKOO	OWL
DUCK	PHEASANT
FINCH	PIGEON
GOOSE	SEAGULL
GROUSE	SPARROW
HERON	SWALLOW
HUMMINGBIRD	SWAN
KINGFISHER	

Painting and Decorating

- Internal and external
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to attract buyers
- 20 years experience
Excellent references



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CITIZENS ADVICE BUREAU

Free help with debt problems!

Did you know you could get free expert help to deal with debt problems? The Citizens Advice service gives confidential, independent advice on managing money problems and there's no charge at all. Unlike many internet scams, there isn't a catch with Citizens Advice – they are an independent charity and all their advisers are fully trained.

If you, or someone you know, is struggling with debt, then you can get help now. Call 015394 46464, arrange an appointment, and start to learn how you can find the light at the end of the tunnel. The adviser will help you to assess your total financial position, decide which are your priority debts, maximise your income, and negotiate rescheduled payments. Often clients



think there is nothing more they can do, but their adviser can suggest options they had never thought of before.

Many people hide their heads in the sand – or don't open the envelopes – and hope it will go away. But facing up to debt, with the help of a friendly expert, is the way to break free.

Free, confidential advice and help is available from South Lakes Citizens Advice on any aspect of debt, consumer problems, benefits, housing, employment or any other

problems. We have various outlets across South Lakeland and can also give advice over the phone – telephone 015394 46464 for an appointment and help. South Lakes Citizens Advice is a registered charity, No: 1118656 and company limited by guarantee, No: 6113551. FRN: 617574.

Geilidh Dance

with Concert and Singing

With the Northern Harmony Folk Choir and Band from Vermont, USA

Bank Holiday Monday May 2nd 6pm-9pm

People's Hall, Sedbergh

£8 (or £5 concessions for those on very low incomes)

Please bring food to share for a Jacob's Join supper



SEDBERGH PARISH COUNCIL

This short report covers items from the monthly meeting held on 14th April 2016. The next Parish Council meeting will be the **Public Annual Parish Meeting on Tuesday 10th May at 7.30pm** in the People's Hall, Sedbergh. (Please also see our advert for this meeting on Page 10). The Annual Meeting of the Parish Council (followed by the monthly meeting) will then be held on Thursday 12th May 2016 at 7.30pm in the Committee Room at the People's Hall.

SKATE PARK

Sedbergh Community Trust has submitted a planning application to Yorkshire Dales National Park Authority in relation to their Skate

park proposal at the playing fields on Howgill Lane and, therefore, will be an Agenda item at the monthly meeting on Thursday 12th May 2016.

PLANNING & TOWNSCAPE

The Planning Committee report detailed applications and related matters, full details can be found on the Parish Council Website/Yorkshire Dales National Park website. It was noted that planning had been granted for the proposed development at King's Yard/Bainbridge Road (S03/606).

PUBLIC PARTICIPATION

Dog Fouling – the issue of dog fouling around Sedbergh was raised and discussed. It was noted that the Neighbourhood Enforcement Team from SLDC and the PCSO's would be

Promise Auction

Auctioneer: Kev Kendal

All welcome!

Friday 6th May 2016

Sedbergh Primary School



Doors open at 7 p.m. ~ Auction starts at 8 p.m.
Tickets: £2.50
(includes a glass of wine, beer or soft drink and cheese and biscuits)

Licensed bar

Over 80 lots, including:

- * Half a day's bushcraft activities
- * Afternoon baking course at the Three Hares
- * Garden design consultation by Bea Ray Garden Design
- * Afternoon tea for two at Low Sizergh Barn
- * One term's dance lessons at Dance Attik
- * A night's stay at the Malabar, Sedbergh

Tickets and catalogues will be available soon from:
Sedbergh Primary School, Sedbergh Information Centre and Sedbergh Mini Market

**If you are unable to come to the auction,
please see the catalogue for details of how to place an absentee bid.**

working together to try and target irresponsible dog owners and that an Enforcement Officer would be invited to a future meeting.

Other matters included the issuing of three Grants, the scheduled resurfacing works along Station Road, Main Street and Finkle Street, a letter received from Sedbergh Wanderers Junior Football Club in connection with proposed improvements at the playing field, communications regarding the Market layout at Joss Lane, the Queen's Gardens, a draft Emergency Plan for Sedbergh, the transition of the Parish Council website to the main sedbergh.org.uk website and the monthly Police report.

Please note that members of the



THE
MEDITATION
CENTRE

be still • be inspired • be free

- Saturday 7th May
10 am to 4 pm
Walking: A Spiritual Path
- Friday 27th May
10 am to 4 pm
Mindfulness Course (2)
- Sunday 29th May
11 am to 12:30 pm
Monthly Drop-In Meditation
- Sunday 29th May
1:30 pm to 5 pm
SPECIAL EVENT
- Swami Yogeshwarananda
- Talk: The Mystery of Silent Witness

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The Martian

Matt Damon, Jessica Chastain, Kristen Wiig

Jeff Daniels, Michael Pena, Kate Mara, Sean Bean

Directed by Ridley Scott

141 minutes. Certificate 12A

Saturday 14th May

film starts 7.30pm

Sedbergh People's Hall

FlickS in The Fells

public are invited to our monthly Meetings where, as always, they are able to comment or ask questions at 8.30 pm. If you have any thoughts/ views on any of the above, or wish to contact Sedbergh Parish Council, please email me at

clerk@sedberghparishcouncil.org.uk

Please also note that a full reference copy of all documents relating to meetings is held at 72 Main Street in the Parish Council Office.

Janey Hassam – Clerk

THE FUTURE IS BRIGHT THE FUTURE IS BS 381C No 539

As the Dale is having a bit of a spruce up at the moment with road repairs, verge tree removal and filling in some gaps in the walls, Garsdale Parish Council thought that it would be a nice idea to repaint the rather faded telephone box on the street. Clerk was duly instructed to ask BT for permission to carry out the necessities and after trawling through mountains of 'customer help desks', none of which purported to help parish councils paint telephone boxes, clerk eventually found an obscure site about payphones and

sent off an email. Clerk was amazed that just 2 days later, a reply was received granting permission. What a result! We could get a couple of volunteers together one day and give the box a wash and rub down, slap a couple of coats of paint on and 'Bob's your uncle', job done.

However, reading further, apparently we had to comply with the guidelines set out in Appendix A, 'see attached' it said, and by the way, BT accepts no responsibility for anything. Fair dues, we thought, it's only a phone box and unless Doctor Who is in residence, what harm can come of it?

After downloading the 3 detailed pages of instructions, I have made a much abbreviated version:

Step 1. Take photos

Step 2. Cover all internal components.

Step 3. Remove all external vegetation and debris after advising the owner of such vegetation and debris, giving him/her the opportunity of removing it him/herself. No chemicals can be used and no damage to parent plants. A polite and considerate approach to the public shall be maintained.

Step 4. Sheet around the housing to prevent paint debris escaping work area, no doubt after erecting warning signs: 'Danger! Loose paint on the run!'

Step 5. Guarding and warning arrangements must be provided. Is there anyone who has a WWII helmet and an Enfield rifle who can stand

OFFICIAL OPEN DAY

MAD HATTERS

SATURDAY 7 MAY

FREE GIFT



Think*Shop*Buy

Local

No⁶
CURATING LOVELY LIFESTYLES SINCE 2014.

Good style never goes out of fashion

NOW OPEN ON 2 FLOORS, WE OFFER A UNIQUE SELECTION OF
HOMEWARES, JEWELLERY, CLOTHING, GIFTS & STATIONARY AND
OUR VERY OWN 'MAD HATTERS' TEA ROOM

www.no6finklestreet.co.uk

watch for us, and has anyone got one of those wind up air raid sirens?

Step 6. Display conspicuous notices "Wet Paint – Housing out of Service". Dr Who will have to stay somewhere else for awhile.

Step 7. All waste to be disposed according to "Environmental Protection Act 1990".

Step 8. No paintwork to be stripped by chemical means, only by mechanical means agreed with BT with no risk of exposing any person to health risks. Methods should be in place to protect the public or operator from lead poisoning... we'll have to dig out that old deep sea diving gear out again with the breathing apparatus, then. Leave the site clear of debris at the end of each working day....and here's thinking we'll be done and dusted in a day, this could take all year!

Step 9. Ensure edges of the power guard are sealed to preclude ingress of liquid during cleaning and all surfaces to be clean, dry and free from corrosion. No painting in temperatures under 7 degrees.

Better wait for a heat wave, then, as it rarely gets over 7 degrees in Garsdale.

Step 10. Do not paint door hinge straps or arm joints, whatever they are and paint to be applied according to manufacturers' instructions, what, more instructions?

Step 11. Only external quality fillers to be used, compatible with the paint system, allowing adequate time for curing before painting abiding by appropriate safety precautions as indicated by the paint manufacturer such as "external use only, do not

SEDBERGH Food & Drink Festival

Laura's Loom

Mini- gallery with local ceramicist Rebecca Calli, alongside own handwoven cotton and linen textiles made especially for the event.

Wednesday 18th to Saturday 21st May

Smatt's Duo

'Eat Your Words' with John Rice

Wednesday 18th May

Thai Night

Thursday 19th May

'Dinnertime is Rhyme Time' with John Rice

Friday 13th May

The Threshing Barn

'Cakes with No Calories'

Plates of Cakes to be made from wool by needle felting

Tuesday 17th May

'Food to Dye For' Wools & Yarns to be dyed with dyes from food & food colouring

Thursday 19th May

The Dalesman

Pie making competition to be hosted

Saturday 21st May

along with presentations of Steak & Sausage with Brian Capstick & John from Cartmel Valley Game

The Malabar

Taste of India

Saturday 14th of May

Afternoon Tea

Tuesday 17th & Thursday 19th May

No 6 Finkle Street

'Afternoon Teas' available throughout the festival.

Bookings Only.

Three Hares

An Evening with 'Little Italy' Welcome Drink and Four Courses of Real Italian Food from guest chef Andrea Dello Siesto

Sunday 22nd May

A Different Approach to Wine: Wine Tasting & Nibbles with Jean Christophe from Berkmanns wine, tasting some alternative wines, as well as dusting off a few old classics.

The old library at Sedbergh School

(all TBC)

'Homu Ryori' Japanese Home cooking

Sunday 15th May

'Sedbergh Loaf' to be sold throughout the festival

Cobble Country

Wedding Fair

Dates TBC

Farfield Mill

will be launching their new 'Gruffly Children's Menu' in the Cafe.

Details TBC

Extra Special Artisan Market

on the Gala field

Saturday 21st May

SEDBERGH PARISH COUNCIL
would like to invite you to the
Annual Parish Meeting

to be held at
People's Hall, Sedbergh
7:30pm Tuesday 10th May

This is **YOUR** meeting and an opportunity to come along and discuss what has been done during the last year and have your say on what you would like to see happening in the future.

The meeting will include a slide show and discussion on the future of Queen's Garden issues of restoration, maintenance and new uses.



We aim to finish by 9.30pm.
Refreshments will be provided

swallow”?

Step 12. Sheet protection shall be applied to neighbouring properties and floor areas. Better order some more sheets then if we have to cover all the houses in Garsdale.

Step 13. Apply 2 coats of finish paint, housing to be first painted in BS 381C No 454 then one coat in red (Yippee, at long last!) to BS 381C No 539.

Step 14. White to be applied to ceiling areas down to ventilation openings with a clean horizontal break line to corner pillars, black to external base.

Step 15. Remove all drips, except Dr Who, from glass, floors and pavements if they've managed to sneak past all that sheeting!

Step 16. Make sure all regulations are adhered to with regard to Health and Safety to others and yourselves especially in accordance with 'Control of Lead at Work Regulations 1998'.
Step 17. Take photos.

Phew, all done!

So, if you happen to be in Garsdale in the next few weeks and notice the houses and roads shrouded in sheets, helicopters patrolling the skies, army units deployed with PK45's and what appears to be men with bomb disposal armour clopping down the high street, don't be alarmed, it is not the start of WWIII, just Garsdale Parish Council painting the telephone box.

Back to reality, rock cakes have been made and left out to become stale and hard in preparation for the Parish Bun Fight, sorry, parish meeting, to be held on May 12th in Garsdale Village hall at 7.00pm. All are invited but only Garsdale residents noted on the electoral role will be able to speak.

*Philip Johns, Clerk to Garsdale Parish Council. 015396 22170
ps.johns@btinternet.com
www.garsdaleparishcouncil.com*

The Haddock Paddock

Takeaway & Café
015396 20468

Facebook us - The Haddock Paddock



Every Monday - Fish & Chips £4
Every Wednesday - Jumbo Sausage £2



GARSDALE RED SQUIRREL GROUP

COFFEE MORNING & RAFFLE

10am Wednesday 11th May

Sedbergh United Reform Church

**Come along and find out more about vital
conservation work we are doing in the dale**

All welcome

SEDBERGH & DISTRICT ART SOCIETY

For the final two events of the winter season we were very well looked after by June and William Allen who ensured the Methodist Hall was warm and inviting. This venue is very popular with our members.

We achieved our maximum number of participants for the workshop with Bob Henfrey on March 5th. The theme was 'Moving towards Abstraction with Landscapes'. We worked with materials of our own choice. Bob was, once again, an excellent and inspiring tutor. He imparted his experiences of landscape painting with a depth of insight and with an enthusiasm that made for compelling listening.

He broke all this down into manageable steps for us and ensured every person was encouraged and supported. There were some excellent results – perhaps we shall see some of them in the Exhibition this year?



This workshop was followed quickly by our last meeting and demonstration, featuring Greg Howard with his soft pastels. His theme was 'Beach, Sunset and Reflections'. No-one seemed to mind that it was in fact an early morning scene! Most intriguing was the way he began with a white smudge, which he then extended to the edges of the paper, deepening the colours. This gave a wonderful effect of light as he added the rest of the picture - the rocks, the boats, some walkers – and a dog at our request! The effect was quite ethereal. He included in his commentary many very useful tips. We all took

away a memory of a beautiful picture and some ideas to try out.

Now we are busy planning next year's activities. Before that, though, is the Exhibition, which will be taking place in the Sedbergh School Library from the 18th August, up to and including the Bank Holiday. See you there!

Jenifer

TIM FARRON MP

A lot of my time this month has been taken up with issues raised by farmers. Now I know farmers can grumble a bit but in this case they really do have good reasons and one of the main ones is the Rural Payments Agency.

The more I look into the problems that farmers have with getting their payments from the Rural Payments Agency the more convinced I become that the Agency really isn't fit for purpose. Shambolic is one of the milder words I have used to describe the way that they operate.

Over the past 10 years we have seen over 300 farmers get out of dairy farming in Cumbria. That is nearly a third of all the dairy farms in

Cumbria. I know that there is meant to be a global glut of milk at the moment but surely we cannot afford to lose nearly a third of our dairy farmers over such a short period of time.

But to be frank who can blame them? Milk prices are simply too low for them to make any money. One of the key things that has been helping many of them through is the farm payments they are meant to receive from the Rural Payments Agency and so when this body fails to do its job then wouldn't you give up too if you were in their position?

Sadly, it's not just dairy farmers who are affected by the problems with the payments agency. The latest figures suggest that nearly 20% of all farmers have still to receive their 2015 payment. If you are unlucky enough to farm on common land (and quite a few farmers do in Cumbria) then you will almost certainly still be waiting for your payment as the Agency has decided that common land is more complicated and so will have to wait until all the other payments are sorted.

I have written one of my more strongly worded letters to the DEFRA Minister in charge asking him to sort things out. What makes it worse is the agency is pressing farmers to start to complete their applications for their 2016 money, but if they have not had a response to their 2015 application how do they know what to put into the one for this year? The man in charge of the RPA earns nearly £160, 000 per year, much more than almost all farmers in

BELSHAZZARS FEAST

Start with traditional folk music, add a touch of classical and jazz, throw in a bit of pop and music hall, and top it off with lashings of wry humour - and you have a wonderfully entertaining evening

**FRIDAY 13TH MAY
SEDBERGH PEOPLES HALL**

DOORS OPEN 7:30PM

Tickets available from TIC

**ADULTS £8 CHILDREN £4
FAMILYS £20**



South Cumbria. For this I think farmers expect a much better service.

Away from farming another issue that I have been working on is the state of our roads. When the flood waters dried up we all noticed a lot of new potholes but despite all of their promises the Government has reduced the amount of money that Cumbria County Council will have available to repair them by almost £1 million compared to last year. If you pardon the pun that is a very big hole for the council to fill. I am doing all I can to help the council find the extra money that they will need.

As ever if I can help you with these or any other issues please do get in touch, email me at

tim@timfarron.co.uk or call on 01539 723 403.

Thanks for your support

Tim Farron MP

OUNCILLOR CORNER

Storm Desmond and the record rainfall of November and December 2015 will cast a shadow over the area for a very long time. We will have reminders of flood debris caught high in trees alongside rivers for many years to come. It is to be hoped that the immediate damage to houses, roads, road bridges, footpaths, footbridges will be remedied in a shorter timeframe.

Cumbria County Council has undertaken to find out as much as

We are hosting 2 unique evenings with some delicious Cumbrian food

as part of the Sedbergh food festival. Local bottled beers available.

Sedbergh resident John Rice is a professional writer and performer.

John has published 13 books for both children and adults.

He is recognised as one of the leading story tellers
and performance poets working today.

His poems are published throughout the world and
regularly used in educational books on BBC radio and television.

Dinner Time is Rhyme Time

Friday 13th May 6pm. £8 per person



Our Family Evening

John will be presenting a gloriously entertaining evening of hilarious poems,
madcap stories with fun and participation for all the family.

Eat your Words

Wednesday 18th May 7pm. £15 per person

John will be presenting an entertaining evening of words for adults
in the shape of humorous verse, tall tales and poems about the local area.

Please visit our website for more details or pop in and speak to Sue.

Reservations only. Call 015396 20552 now to avoid disappointment

Smaatt's Duo, 32 Main Street, Sedbergh, LA10 5BL. www.smaattsduo.co.uk

***Our very popular Thai evenings with our Guest chef Aie will resume on
Thursday 5th May and will run fortnightly thereafter until 6th October***

possible about wider drainage networks leading down off the fells and across fields to understand the causes of flooding. The houses that were affected by Storm Desmond in Sedbergh were not located near the river but close to the culvert that runs from the playing field near the People's Hall, underneath the Doctors' Surgery and Spar and past Guldrey. There is ongoing work with cameras lowered down into the culvert to understand what may have caused the water to spring up in the Guldrey area. Similar work has been done around Loftus Hill.

However, there is probably a wealth of information contained in people's heads that might help the council

form a better picture of where water runs in periods of high rainfall. Landowners are the obvious first port of call to find out what happens on their own land but there may be other sources of information - former lengthsmen, people who work or used to work on the land, old maps of the railway and other documents.

The council will have a database showing where all the gullies (the metal road drains) are on the highways themselves and how these connect to carrier drains but there is missing information about what happens when the water is directed off the highway and across the adjacent farmland. Should anyone have information about this sort of drainage that they feel might help

Sheepfest 2016!

17/18 September
Theme - 'Book Titles'



DROP IN AT THE BUSINESS HUB

SATURDAY 14 MAY

10.30a.m - 4.00p.m.

for

Tea, Coffee & Biscuits

to collect information about this year's different categories of sheep entries, all with great cash prizes.

An 'Ideas' list of titles
and if you've already started, free materials.

Donna and Emily from Art Sense
*will be here especially to meet you,
discuss your ideas and book a workshop to suit you*



understand and alleviate future flooding please feel free to contact me.

Nick Cotton
n.cotton@southlakeslibdems.org.uk

SEDBERGH LABOUR GROUP

The Iron Rail to Nowhere.

I have always considered my generation a lucky one. We were the ones whose parents had fought Hitler and who wanted to create a better society for their children and grandchildren.

So what did they do? They destroyed Winston Churchill's Conservative dream of returning them to the poverty and inequality of the 1930s and voted for a brighter future by returning a Labour government.

Nye Bevan it was who ensured that everyone who needed it had free access to health. A Council House programme was instituted; tertiary education was expanded and our brightest young people were able to attend Universities free of charge. Transport, energy and water were taken out of the hands of inefficient private owners for the benefit of all. I will let you continue the list as a reminder of what the Tories have

destroyed in their desire to make Churchill's dream a reality.

The Labour Party has always had fairness and social justice at its heart and points to a better future for all.

The Tories have only their iron rail to nowhere to guide them.

Recapture the spirit of 1945 on May 5th!

Please everybody take this election seriously and go out and vote on May 5th. I am standing as the SEDBERGH candidate and, being active in many local organizations, I am sure that I could represent the town well on the District Council.

It has come to my attention that South Lakes Housing have decided to end Sheltered Housing in Sedbergh. Nobody will be made homeless, but some of the weakest and most vulnerable in our community will lose their support. Their alarm system will cease to be supported; there will be no warden service, though people can pay to have a telephone check every fifteen days. Gladstone House is to go and with it all the support that these frail and vulnerable people need.

Join with me in fighting this latest CUT!

Nick Cross



May



Mandy Coates

- works within a noble tradition of basket making. Her work ranges from wholesomely sturdy rectangular log baskets to sculptural pieces.

John Maher - *Nobody's Home*

Remarkable photos of abandoned croft houses in the Outer Hebrides by former Buzzcock Drummer
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PEOPLE'S HALL

CAN YOU HELP? THE PEOPLE'S HALL?? ... to keep the People's Hall open???

It will be seen from the report of the People's Hall AGM and the Management Meeting held the same day that the Committee has been unable to fill the vital vacancy of Treasurer.

In 2005 the Hall Committee faced a similar problem just after I took over as Chair. The number of Trustees had dwindled to a number too few for the Hall to continue to serve the users in our community. An Emergency General Meeting was called in April 2005 of all the then users of the Hall with the message that unless new

Trustees came forward the Hall might have to reduce its availability or even close down. The users responded splendidly and full Committee membership was achieved. Some of those new Trustees are still serving, such as Anne Petyt, Kath Swift and Gina Barney (for Josie Templeman). And Sean Hobson has just retired.

The People's Hall is in a slightly different, but similar situation today. Although we have ten Trustees, their present commitments to the Hall and elsewhere does not allow us to fill the posts of Treasurer and Bookings Secretary from their number. We are therefore calling on two people in our Community to offer themselves for these tasks.

To help let me explain the tasks.

TREASURER

As you would expect the Treasurer keeps the books, manages the invoices, payments, etc. just as treasurers of other organisations and bodies in the Town also do. The activity is continuous, but not intense and only fills a half page on the monthly bank statements. The most active time is at the year-end in September. To give an idea the turnover in 2015 was under £16,000. The "books" are currently kept in ledger form, but could easily be converted to spreadsheet form. This would be an ideal opportunity for anyone interested in acquiring spreadsheet experience as training is available. The work only concerns the General Account. The high turnover of the last three years (some £350,000) concerned with the Redevelopment Work is handled by our Secretary (Gina Barney).

BOOKING SECRETARY

The Booking Secretary "runs" the booking system. The task is: receives booking requests, checks them, gives provisional confirmation, issues an invoice, confirms the hire when payment is received and passes the payment to the Treasurer. The work is not intense, but generally requires a weekly activity. There are occasions when advice is given to hirers, usually new ones, regarding facilities and costs. This task could be part of the Treasurer's role. At the present time, day to day activity is focussed through the Sleepy Elephant, who act as the Hall's booking agent.

I am sure there are folk in Town,

who could help us. We make this appeal now and warn that we can only manage between us for a short time. If no help is offered we will need to call an Emergency General Meeting in June to find a solution, including closing the Hall.

If anyone wishes to discuss the tasks, please contact me, or our Secretary (Gina Barney on 015396 20790) or Elspeth Griffiths (on 20677), who we are grateful to for standing in at the moment, and she can give guidance.

With great hope,

*Steve Longlands Chair of People's Hall Management Committee.
015396 20850 - 07890 986606
steven@longlands.orangehome.co.uk*

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CHRISTIAN AID WEEK

Saturday 14th to Friday 20th May

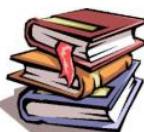
in Sedbergh and District.



Coffee Morning

Wednesday 18th May

URC Rooms from 10 – 12.



*with
bric-a-brac, books, plants, home-baking, etc.*

Donate it and we'll try to sell it!



Sorry, no electrical goods but bric-a-brac most welcome

Also door to door collection in the district throughout the week

*N.B. Dent's Christian Aid Coffee Morning will be on
18th June at 10 am and not 21st May
in Dent Memorial Hall*

CHRISTIAN AID WEEK

in Sedbergh and District

Christian Aid Week's events are beginning here in Sedbergh and District on Saturday 14th May with our door to door collectors beginning to drop off envelopes and picking them up until the following weekend. Extra collectors are always valued as we don't have sufficient at present to cover the whole of the town and district. (If you'd like to help please have a chat with Cynthia Thompson or Anne Reed Screen or other members of the committee). Please look at the advert in this edition of the Lookaround for details of what is on as there are slight changes this year; principally that Dent is moving its

coffee morning from Christian Aid Week to June 18th running from 10 to 11.30am in Dent Memorial Hall.

Local Churches will be supporting the week, not only through members helping out in the various activities but also in prayer and focus on the work of Christian Aid in services during the week, particularly at the joint Ecumenical Pentecost Service at 10.30 in the Methodist Church.

The Christian Aid Week's coffee morning is on Wed. 18th May in the URC rooms, Sedbergh. There will be the usual array of stalls; home baking, raffle, bric-a-brac etc and contributions to them are always most helpful and particularly to the bric-a-

brac this year.

The money raised goes to enable people to lift themselves and their families out of lives of terrible poverty. Morsheda, a mother of four in Bangladesh, is a typical example. Her story is told on the Christian Aid website at <http://www.caweek.org/story>. Briefly for those of you with no access to the internet her situation is as follows: Morsheda has no land, few assets and no savings. For Morsheda's family living on low-lying islands in the Brahmaputra River, floods are a terrifying part of everyday life. Morsheda can't even count on having a safe place to call home: the single-room, corrugated-iron house she shares with her children has been flooded four times. She says 'I feel very scared of the river. When I look at it I keep thinking "it is coming". If I could raise my house then I would feel much safer living here with my children.'

Morsheda and her children live a

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Thursday 19th May
Wednesday 22nd June
Wednesday 20th July
Thursday 22nd September
Wednesday 19th October



precarious life. They know that the floods will come again, and soon. But we can lift our neighbours like Morsheda to safety.

Just £250 is enough for a Christian Aid Home Safety Package. It could flood-proof Morsheda's home, raising it eight foot on an earth plinth, so that she has a safe place to rebuild, keep livestock and grow crops. It could also buy a goat, seeds and a wormery to help produce compost – all of which will give her a long-term income and a solid foundation for a new life.

Locally we have become more aware of the devastating impact of flooding on individuals and families and how much bit of help from others, known and unknown, can lift the spirits and raise a sense of hope in the bleakness of hardship. That kind of help is what Christian Aid is about.

To find out more about Christian Aid, how and where it works, visit their website at: <http://www.christianaid.org.uk>, click on 'What we do' and then on the 'Blog' for recent dispatches from round the world.

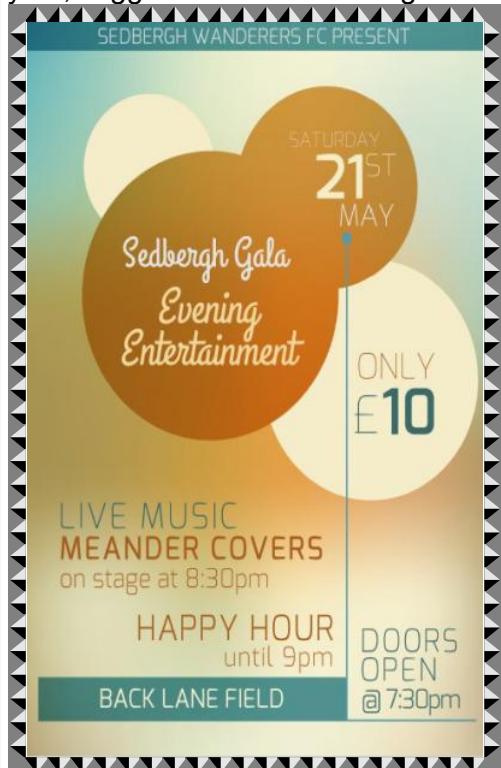
Rev Anne Pitt

DENTDALE WI

It was a pleasure for all at our April meeting to arrive in daylight after the long dark winter evenings, with eighteen members and two visitors we were in good spirits.

Our information table had details of a celebration Dinner to be held in honour of Her Majesty Queen Elizabeth's 90th Birthday. To be held on 15th July at the Castle Green Hotel in Kendal and several members are looking forward to attending this event.

There were three choices of venue for our next Dining Club outing with The Bay View Café/Garden Centre being the favourite. Ideas were requested for our summer outing this year, suggestions included Leighton



Hall, Newby Hall or Skipton visiting the Castle and taking a canal cruise.

President Marion Feltham led the business matters for the evening commencing with a big thank you to all who helped proved teas and refreshments at the Dent Run held in March. At this popular event in the Dale, there is always a great community spirit to welcome the runners.

Our Craft Group are once again busy producing items for sale at our Mini Market to be held on 29th July this year but their main priority is to construct a 12" high freestanding Lamb which will be entered in the Competition at the Lune Valley Group meeting in May, this year hosted by Howgill WI. The competitive spirit is strong and we are determined to bring the Competition Cup back to Dentdale.

Two of our members attended the Federation Half Yearly Council meeting on 21st March and thoroughly enjoyed a humorous and entertaining talk given by guest speaker Jo Hampson who talked about her life as a Police Officer and of more recent times the successful proprietor of Penrith Smokehouse.

On a more serious note Marion shared details of an advisory letter received from our Federation office in connection with Public Liability Insurance and Risk Assessments for all WI meetings and events. Whilst common sense and awareness are paramount, sadly accidents do occasionally happen and good planning is always worth doing.

Finally it was time to welcome our

speaker for the evening. Marion welcomed Gordon Fletcher who kept us all entertained with his slide presentation of a recent trip to Greenland with its ice cap and icebergs. Beginning with the flight over the breadth of Greenland in a small aircraft (the size of a small bus) as Gordon explained, that was capable of landing on a short landing strip. Important when ice free land is at a premium. Photographs from the air showed what appeared to be a smooth sparkling snow field covering most of the country. As later slides showed this was not the case as the ice cap comprises fissures, deep crevasses and constantly moving glaciers. The sea is full of icebergs of all sizes and from October to March

access from the sea is not possible as the sea freezes over. All imported goods have to be delivered by air. Fortunately the sea was not frozen when Gordon visited and he was able to travel by Kayak to see some of the most magnificent and potentially dangerous Icebergs close up and personal.

He ended his talk with breathtaking shots of the evening sky and cloud formations leaving us all keen to follow his footsteps and visit Greenland.

The evening ended with tea and Marjorie's homemade biscuits. Our lucky raffle winners were Sheila and Sue and the winner of our competition was Dorte-Lis.

Another successful evening was



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by Zelenka & Schubert

Motets

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St Andrew's Church, Sedbergh

7:30pm Saturday 21st May

Retiring Collection

over. Our meetings are held on the second Wednesday of the month and visitors are always sure of a warm welcome.

Thelma Belfield

HOWGILL WI

We met at Firbank Church Hall on April 7th. President Bridget Postlethwaite welcomed fourteen members and three visitors. We had news that Joan Luffman is now recovering at home following a stay in hospital. We would like to say Get Well Soon Joan.

Bridget and Audrey attended the Council Meeting held at the Town Hall in Kendal. Speaker Jo Hampton spoke about her career as a teacher and policewoman in London before

moving up north to Penrith to run The Smokehouse. Jo is now joint owner of Shap Chip Shop, gaining the award of Best Newcomer and achieving the Quality Award within six months of opening. This award set the benchmark for quality within the industry and encourages more outlets to raise their standards.

Our speaker Adele has been interested in making jewellery from an early age. Since school she has taught at Lancaster College until adult education was phased out. She now runs private classes. In a log cabin in her garden there was a collection of her work on show for us to view or purchase.

We were all keen to take part in a

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SEDBERGH WALKING & CYCLING GROUP

"A Walk in The Park"

A Talk by YDNP Rangers



YORKSHIRE DALES
National Park Authority



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7:30pm

Monday 23rd May

Free Entry

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workshop with a choice to make an enameled pendant or beaded or silver earrings. We were guided through the process. It proved challenging but we were pleased with the results. Anita Carey thanked Adele for teaching us a new skill which we all enjoyed.

The competition for a piece o old jewellery was won by Sarah Syred with Dilys McCaffery second. Raffle winner was Lyn Marsden. The evening was brought to a close with a Jacobs Join and get together.

Our next meeting will be held on May 5th at Howgill Village Hall when Lyn Pritchard will be telling us all about Genealogy. If you are interested in this subject do join us.

New members and visitors are always welcome.

A. H.

KILLINGTON WI

THE AFTERNOON WI FOR THE ENTIRE DISTRICT

"April brings the sweet spring showers, On and on for hours and hours!"

Well! Today has been a beautiful day – chilly but with lovely sunshine and huge fluffy clouds in a glorious blue sky. A real tonic! In the field behind our house are seven bouncing black lambs (and their non-bouncing black mums), - glorious to watch. No racism in Sedbergh but plenty of racing between the lambs! I suppose you might think that this has nothing

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to do with Killington WI's meeting, and you would be right, but I am a great believer in "Look your last on all things lovely, every hour." (Browning?)

Sadly, this month we have lost one of our dear members who always did just that. Joyce Bird died early in the month and I shall miss her greatly. She was one of the first people I met when we moved to Sedbergh 19 years ago. We struck up a conversation about flowers, in Powell's, and Joyce invited me to go with her to Lakes Flower Club. There, somebody else invited me to Killington WI giving me an introduction to many happy times and great friends. Joyce always looked on

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**Tuesday 24th May - Sweet peas
Saturday 2nd July - St Nons bay,**

Pembrokeshire

Sunday 25th Sept - Barn Owl in flight

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the bright side.

Our April meeting followed the usual course, business, speaker, tea, chat and a mini quiz. Maggie drew our attention to the items of interest in the Federation Newsletter and lists were duly filled in. We are looking forward to the Group Meeting at Howgill in May but perhaps not so much looking forward to making a model lamb for the competition!

Our guest speaker, Michael Millington, was particularly welcome as he is the son of Lorraine, one of our members. Mike's talk was entitled "Why can't you play golf like everyone else?" Several members came expecting to hear about a new way of playing golf but that was far from the mark. Michael had started kayaking as a youngster and while at university had gathered a group of like-minded friends and together they have paddled in many distant lands. At first they kayaked on fairly innocuous

rivers but now, the more ferocious the rapids, the better! His trips have taken him down the Sun Kosi River in Nepal; a fortnight kayaking the Colorado and Grand Canyon; to the white waters of New Zealand; to tropical rivers giving a quite different experience; and many other places, the names of which must have gone into faulty brain cells in my head! We also learnt of the perils of taking their equipment through airports, dealing with officious customs officers, plus loading it onto rickety bus roofs. It is a fact, universally acknowledged, that before one can kayak down rivers with their sources in high mountains and melting snow and ice, then one has make hair -raising journeys to get there! The title of his talk came

SEDBERGH & DISTRICT
HISTORY SOCIETY

**Wednesday 25th May
Kendal Museum**

An introduction to the galleries which house extensive collections relating to Lake District natural history, world wildlife and the history of the Kendal region. Afterwards we will adjourn to a Kendal restaurant for an early evening meal. Meet in Loftus Hill Car Park for shared transport at 1pm or outside the Museum on Station Road, Kendal at 2 pm.

If you would like a lift to any event, please ring a member of the Committee.

We usually meet in Loftus Hill Car Park and arrange to share transport if possible.
Please note that dogs are no longer allowed on Outings.

www.sedberghhistory.org

Chairman: Graham Dalton 25436
Secretary: Karen Bruce-Lockhart 20224
Treasurer: Chris Elphick 20605
Membership Secretary: Chris Elphick 20605

from a comment about his hobby, made by his worried mother! We were pleased to hear him say that the Lune and Rawthey provide some of the best kayaking waters in Britain.

This month's competition for something beginning with "I", was won by Anne Jones with an iron, not the latest super steam type but one which was heated by filling its fire-box with red-hot cinders. The beautifying raffle prize was won by Edith Gerrard. If you come to our next meeting, at which you would be most welcome, you might win a scintillating raffle prize. You would certainly learn lots about "Hedgehogs", under the tutelage of our speaker Rowan Worsman. You could bring along an item beginning with "E", for the competition. The meeting will start at 2-0pm sharp (or perhaps 'prickle'), on Tuesday 10th May 2016 in the Committee Room of the People's Hall, Sedbergh. (LA10 5DQ – for your sat nav!) Wendy F.U.

SEDBERGH WI

"Craft Miscellany": that was Ann Wright's title for her huge display of craft articles which amazed us by their sheer variety on April 13th. Only a close-up video could do real justice to the vibrant colours and textures and design skills exhibited in her many patchwork garments and quilts. In addition to those, she showed us beautiful objects created as a result of attending workshops in woodturning, pewter and silver craft, sugar flowers, beadwork, drawing and painting (which she did somewhat reluctantly but successfully

under pressure from her art teacher!) and photography. Decorative, intricate fabric boxes, only one patchwork bag (because everyone does those, she said!), and other items too numerous to mention, completed the display which we were able to view at close quarters after Ann had completed her presentation. Some of our members are skilled in a number of crafts but nobody could possibly compete with the great range Ann had successfully tried out over several decades. Those of us whose experience of crafts is very limited were fascinated and humbled by it all! As someone remarked, Ann could fill a Sedbergh Spring Show on her own!

The book group met at Anne Petty's home in Killington the next day after carefully negotiating the flood-damaged road. "The Fever Tree" had transported us to late 19th century South Africa where a young doctor had discovered that the political leader, Cecil Rhodes (not named in the book), and the owners of diamond mines were trying to cover up a smallpox epidemic which could have brought them financial ruin. Author Jennifer McVeigh discovered the

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doctor's diary in the British Museum and was inspired to write this, her first novel. Through the eyes of Frances, the main character, who was obliged to go to Africa to avoid an even worse fate in England when her father's death left her penniless, we see the bleakness and the beauty of the country and the climate, the hardships endured by the settlers, and the terrible conditions and human suffering of the native workers in the diamond mines. We all felt we could recommend the book to a friend and gave it an average score of 8.

The walking group were planning a local walk from Cautley to Sedbergh on April 21st, their main focus at the moment being arrangements for their holiday in Shropshire in May. This unfortunately coincides with our next meeting on 11th May so they will have to email us their votes for the WI national Annual Resolutions – or we might even try to set up a Skype link. The important thing for those of us still in Sedbergh to remember is to bring along some food for the Jacob's Join supper! Polish up your general knowledge too because Sandra is organising a quiz! *Moira Folks*



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SEDBERGH UNITED CHARITIES

For those of you who are not familiar with the Charities they are responsible for the maintenance of the Reading Room and Market Hall, currently let on a long term lease to Cumbria County Council for the library; the maintenance of the three almshouses at Palmers Hill and two funds which provide assistance for educational purposes and support to the needy.

The Charities are managed by trustees drawn from the local community who meet quarterly to review the business and approve expenditure and policy matters. For the past twenty years the day to day business of the Charities has been managed by Richard Cann, the Clerk, who has singlehandedly organised the efficient discharge of the trustees' responsibilities. After this long and dedicated journey as the Charities' Clerk Richard has decided to retire.

Whilst it would be nice to replace Richard with another Clerk, responsible for the overall management of the Charities, the trustees believe this might prove to be too onerous a task and we are

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thus looking for two volunteers to take up the positions of Secretary and Treasurer, neither of which positions would require an extraordinary commitment.

If, reading this short article, you think you could assist the Charities either as Secretary or Treasurer please contact either Richard Cann on 20771 or Tony Reed Screen on 21081.

Tony Reed Screen, Chairman

SARAHM

As part of Sedbergh's Festival of Food **SarahM** is offering a 3 hour workshop in sugar flowers. You will make wild roses and have a small arrangement to take home at the end of it. Everything will be provided for the class for which a small charge will be made. The workshop will take place at West Shaldon, Station Road on Friday 27th May from 9.30am. Spaces are limited so booking is essential.

As of May **SarahM** will once again be attending Sedbergh Artisan Markets. For further information please call Sarah. Telephone: 01539621896 / 07974733902.

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SEDBERGH & DISTRICT BEEKEEPERS

Members old and new were welcomed to Sedbergh Peoples Hall on the occasion of the S&DBKA 2015 AGM on 24th March. **Club Chair, Enid Hastings** began the meeting with an interesting overview of the challenges faced by bees and beekeepers across the country, with the weather being responsible for many of the problems encountered. Not surprisingly, Honeybees cannot forage in cold, windy conditions, let alone in the rain. A whole year of regularly inclement weather resulted in poorly mated queens, fewer worker bees and lack of nectar – it was being washed out of the flowers by

the never ending rain. In August warnings were issued by the British Beekeeping Association, informing us that honeybee colonies were starving. Their recommendation was to feed them early to ensure that they would be strong and healthy going into winter. Varroa mites & deformed wing virus remain a threat, while small hive beetle and the Asian hornet still threaten from across the Chanel.

Trophies:

The Lunesdale trophy, for the most successful number of entries in our annual Honey Show, was awarded to Kevin Seward.

The Novice trophy was awarded to Nick Fecitt, in recognition of a very trying first year of beekeeping.

The Elgin trophy, for our Beekeeper of the Year, was awarded to Tommy Brooks. Tommy does a fantastic job supporting the club & its members. He is always there at our coffee mornings at the URC with cakes made by his family and always prepared to help members old & new, sharing his wealth of knowledge & experience.

The Secretary gave her report on club events through 2015. We had a busy year including; our club supper at The Pheasant, Casterton, a talk from David Walmsley from Furness Beekeepers, many interesting apiary meetings, club BBQ and our annual coffee morning. Our show season kicked off with Sedbergh Gala, followed by a whole weekend at Country Fest, a lovely day at Sizergh Castle for their NGS day and the Lunesdale show.

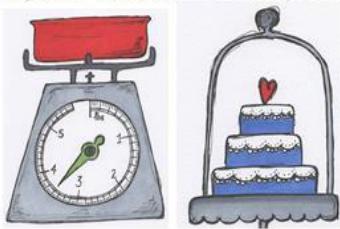
Also in 2015, the club have

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developed a new website, which is proving successful and Louise has set up a club Facebook page. Our beginners' beekeeping course was also a success, run over ten weeks at Barbon Village Hall, it gave new members a good grounding on which to start their beekeeping journey and older members a chance to brush up on particular topics.

The Treasurer reported our membership figures for 2016 in addition to the clubs financial standing and accounts for 2015. Purchases in 2015 included tables and a new observation hive. The observation hive has been a great investment and has attracted many visitors to our stand at the various different shows.

Officers were elected and AOB discussed.

Can you help us? We would like to be able to have a club Apiary (a place where bees & beehives are kept) in Sedbergh, where members can meet and which we can open to those interested in beekeeping, for a couple of hours on a Saturday/Sunday morning. The location needs to be fairly rural with reasonable on foot access and parking not too far away, with the possibility of a field shelter/shed or small barn where we can stand with a flask of tea, out of the wind & rain! Traditionally beekeepers paid land rent in Honey for the use of small parcels of land; alternatively we could pay a small annual rent.

If you think you might be able to help us, please contact Louise Pauley – Club Secretary, by email – secretary@sedberghbka@gmail.com or by phone on 015242 51549.

PEPPERPOT

The 'Pepperpot' will be officially opened on May 14th. Visitors wishing to visit the first floor room with panoramic views of the fells will be welcome from 12.15pm.

Please note that the first floor room is accessed by a vertical ladder so those wishing to view should wear sensible shoes and be able to climb a vertical ladder unaided. A drinks reception with music from local performers will begin at 12.30pm and Tim Farron, MP, Leader of the Liberal Democrats, will perform the official opening at 1.15pm.

Katy de la Riveière



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DENTDALE CHRISTIAN FELLOWSHIP

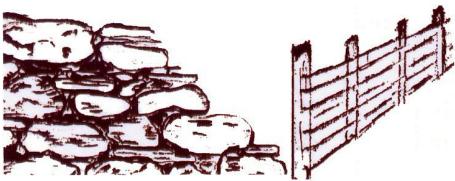
We met on Easter Sunday evening and shared together as we celebrated Jesus is Alive, then on our Friday Food with Fellowship we linked up with 50 nights of prayer some friends are undertaking and after the meal we chatted until our friends arrived and then prayed for the locality and needs known to us from 12-3am. Yes you read that right ..midnight till 3am! I take my hat off to them, they do that every night, I struggled with once, going to bed at 4.30am when I often get up at that time when I am not well was a real challenge. That made me think about how following Jesus is one long challenge and how glad I am that "He is mine and I am His"

The poster is for a 'FAMILY FUN DAY' on Monday 30th May from 10am-4pm at Millbeck, Dent, LA10 5TB. It features a cartoon pig mascot, a bouncy castle, and various activity descriptions like a balloon race at 3PM, car boot sales, and refreshments. The website www.hardyssoftplayhire.co.uk and phone number 015396 25829 / 07725 834699 are provided.

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and have been for 40 years. As ever, our events are open to all, Passover, monthly Sunday meetings, monthly FFWF, Tabernacles or evenings of Praise, don't wonder what we do, come and experience the 'wonder of God'.

J and SE Woof
"Rhumes" Dent. 25212

CHURCHES TOGETHER

News from St John's Church, Cowgill and St Andrew's Church, Dent

May is always a busy month in the life of the churches, it's as if the joy of the Resurrection gives the church a rush of energy and new life as we go into May!

The churches continue the 'Food for thought' series on May 14th, 6pm in the Memorial Hall. We share a lovely informal time of fellowship and a shared meal (some kind person is bringing a big pie this time!), followed by a short gospel message and

discussion. Everyone is very welcome to come along and join us.

On May 1st **we are having a 'Pulpit Swap' at Dent. The Rev Andy McMullon** will take the service and the Vicar will be taking the service at St Andrew's Sedbergh.

On May 8th **we welcome the Archdeacon, Penny Driver to our service at Dent.** She will have an opportunity to see the new facilities which are being installed in the old bier room.

On May 15th, **we have the Lambing Service at Cowgill at 2.30pm,** where a new season's lamb and ewe is blessed. Last year this lovely celebratory occasion had the addition of a sheep dog being blessed too!
Church Services in May

St Andrew's Dent welcomes you to Holy Communion at 10.30am every Sunday in May

St John's Cowgill:

May 1st: 9am Holy Communion

May 15th 2.30pm Lambing Service

St Andrew's Church, Sedbergh

News from the Pews



News from the Pews

With the schools back and lengthening evenings Easter seems a long way off but the memory of the Easter morning celebration in St

Cowgill Church Annual Fair



Monday, May 30th
from 10:00 am – 1:00 pm
at Dent Memorial Hall

Plants

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Cakes

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Andrew's, when over 200 people filled the church is still very vivid. The congregations from the Anglican, Methodist and United Reformed Churches in and around Sedbergh joined together to celebrate the Great Feast in a moving and exhilarating service. This was a wonderful example of the Christian community working together and a positive demonstration of the progress that is being made to develop a Mission Community of the Western Dales. The next important day in the church calendar is Pentecost or Whit Sunday on 15th May when all the churches will once again join together in St Andrew's for what we hope will be another memorable service.

Pentecost also marks the beginning of Christian Aid week and you will soon be receiving envelopes for donations. We hope you will give generously. On Wednesday 18th the Christian Aid Coffee Morning will take place in the URC.

After a plethora of Annual General meetings when we have reviewed the events of 2015 we are now looking forward to the Music Festival which starts on Sunday 29th May and lasts for two weeks which will just give us time to catch our breath before the Summer Fair on Saturday 16th July. Once again we will be sharing the day with the Red Lion and we hope that the weather will be kind and ensure that there is a warm day for

ROYAL BRITISH LEGION

If you or yours have ever served in any of our armed forces and you feel that the Royal British Legion can help you in any way, please call 0808 802 8080 (free phone).

Your local Sedbergh Branch meets on the second Thursday of every month in the White Hart Club at 7:15pm and needs new members in order to keep up its good work. You do not need to have served in the Armed Forces to be a member.

Membership costs £16.00 - call 21575 or 20964 or email: jd@jdifa.co.uk or dmparratt@gmail.com for a form.

For more information, visit our website:
<http://branches.britishlegion.org.uk/branches/sedbergh>



fun for all.

On a sombre note we have to report the death of two very long serving members of our congregation. Alf Hooper, one time churchwarden and lifelong supporter of the church, who moved to Bridgnorth a year ago, was cremated locally but we will remember his life at a memorial service on Monday 23rd May. Joyce Bird joined her husband, John, who died earlier this year; her funeral was on Wednesday 20th April. In common with many churches our congregation is not growing and we need new members. We have a variety of services; if you haven't been to church for some time or if you haven't been at all how about coming to St Andrew's on a Sunday morning at 1030 to enjoy an opportunity to join us and perhaps find something that is missing in your life.

*Susan Sharrocks
Tony Reed Screen
Churchwardens*

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---- AND FINALLY!

The last few months I have been met repeatedly with 'What? You still here – thought you'd gone ages ago'.

So I thought I had better let everyone know that by the time you read this in Lookaround I will in deed have gone, having moved on the 28th April.

It is however, with sadness that I have left all my friends here, but I will take with me so many happy memories and appreciation of the support and kindness I have received over the years, but particularly when Colin was ill and dying.

You may be surprised to hear that I will also cherish the memory of some fairly bruising but quite challenging encounters that I had during my time here. I wouldn't have missed any of them!

So – all the best and please do pop in if you are ever anywhere around the Royston/Cambridge area – would love to see you.

Hilary Hodge

COGS

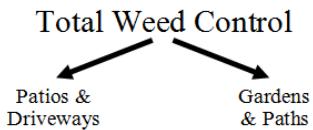
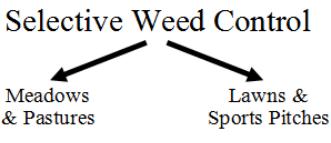
Community Orchard Group Sedbergh

By the time you are reading this article, you should be able to see new fencing and gates in the field above Lupton playing fields off Back Lane, this marks out the area where the Community Orchard will be planted in the not too distant future. Access is on foot from Vicarage Lane, so very central from the town.

We hope that the whole community will come to enjoy the orchard, whether to sit and appreciate the wonderful scenery in peace and quiet, to learn more about trees or to taste some of the delicious produce in the fullness of time!

Our sincere thanks go to Sedbergh School for providing us with the land and to the Sedbergh and District Community Fund, South Lakeland District Council and Cumbria County Council for grants, all of which will go towards the development of this community project.

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Our thanks also go to the South Lakeland Orchard Group (SLOG) for the grant of 20 trees and for their ongoing help and valuable advice.

Future ideas for the Community Orchard include bird feeders, bird boxes, bug hotels, butterfly and bee beds, herbs and lavender.

Although the Community Orchard will be open to all, you and your family can become members of the Group for £5 (single) or £7 (family). One of the benefits of membership is that it allows you to attend pruning and grafting courses at no extra cost, so if you have a fruit tree in your garden that needs some Tender Loving Care, give one of us a call and sign up for this exciting new community project.

Please call one of the numbers below for an application form or email sedberghcommunityorchard@gmail.com

Open Morning

Don't have anything planned for early May Day 2nd May? Why not come along between 10 and 12 noon and meet members of the Group?

* There will activities planned for the children, which all include apples but we also want help to build a bug hotel children, bring along any of the items listed below to make your own room for the hotel. There will also be some light refreshments provided and plenty of interest for adults.

* Twine, feathers, old canes, fir cones, bits of old pottery see the drawing for more ideas.

We look forward to welcoming you to the Orchard in the near future.

Ann Parratt	Chair 20964
Jacqueline Smith	Treasurer 20760
Shirley Lawrie	Secretary 21816



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FACEBOOK

I am trying to make friends outside of Facebook while applying the same principles. Therefore, every day I walk down the street & tell people what I have eaten, how I feel at the moment, what I have done the night before, what I will do later, & with whom. I give them pictures of my family, my dog & of me gardening, taking things apart in the garage, watering the lawn, driving around town, having lunch, & doing what everybody does every day. I also listen to their conversations, give them the "thumbs up" & tell them I like them.

And it works just like Facebook. I now have four people following me:

two police officers, a private investigator, and a psychiatrist'.

On a serious note, Facebook is a useful tool to communicate regularly with people and the "Sedbergh in Pictures" and other "Sedbergh organisations" are worth looking at on a regular basis.

However, we read that around the country, nasty things are being said to contributors called 'Cyber-Bullying' and action is being taken by the government and organisations to combat this. So Sedbergh folk, please be respectful to others so that we don't go down that road. Life is too short to have it ruined by a few unsavoury comments.

DJW

SIGHT ADVICE SOUTH LAKES SEDBERGH BRANCH

We had a good attendance at our recent meeting on 20th April (even filling the table which has not happened recently) in spite of the fact that Winifred, Rosemary and Margaret were unable to attend because of ill health and we wished them speedy recoveries. Sue was also absent on holiday and we hope she has found some sunshine.

We heard that, sadly, Alf Hooper had died recently after a short terminal illness (his health had not been good for some time). There may be a memorial meeting in Sedbergh at a later date.

There was a warm welcome given to Connie Mason who graced us with

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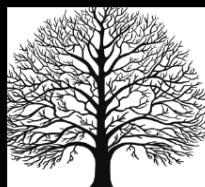
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her presence for the first time and she was surprised as to how many people she knew.

Dennis then introduced Charles from Sight Advice in Kendal who produced and explained his technological gadgets, simple and more complicated, to assist with reading etc., for people with poor sight. It was very interesting to hear of (and see) various modern magnifiers, electronic screens (of varying sizes), including an ipad which can be used to read books (a Kindle with magnification), and apparatus that can read/speak the contents of letters/pamphlets etc.

Charles also demonstrated the more completed android phone with many applications, the only drawback being the lack of patience, practice in its use - and/or possibly the rather



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amazing prices of the more complicated appliances. Though as Charles said, if they last 10 years or more they do not work out quite so expensive as first thought.

After these interesting demonstrations the meeting concluded with a reminder that we should remember to bring to the next meeting suggestions for our summer trip. Money has been allocated by Central Office to celebrate 40 years of Sight Advice.

The next meeting will be on 17th May and new visitors are always most welcome.

CUMBRIA WILDLIFE TRUST

Winter is over (probably) and the Wildlife Trust reserves have survived the floods very well. A little maintenance is needed but on the whole wild places are good at looking after themselves. It is the human habitats that suffer so badly in adverse conditions. Wild places are generally more resilient. The work the Wildlife Trust is doing, such as restoring bogs and restoring damaged peat in the uplands, is helping to keep rainwater on the land,

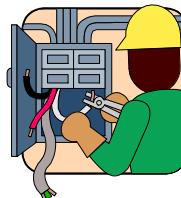
slowing it from cascading downstream into homes.

Now reserves are looking forward to Spring, the most exciting time of the year. Most reserves are open for everyone to enjoy. Our closest reserve is Burns Beck Moss near Killington. This little reserve of raised and valley mires provides a quiet habitat for many animal and plant species and is well worth a visit. A network of board walks allows you to keep your feet dry while you spot birds and butterflies and very pretty flowers.

Slightly further afield is Foulshaw Moss near Witherslack on the A590. The restoration of this large area of wetland is virtually complete, with boardwalks and viewing platforms.

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The star attraction is the Osprey nest. The Ospreys have just returned as I write this in April. By the time you read this they may be sitting on eggs again for the third year. Each year so far they have raised 3 chicks – a remarkable record showing just how good the restored habitat is. At busy periods Trust volunteers mount telescopes on the viewing platform to allow visitors a close-up look and there are nest cameras beaming live images to the website. In other parts of the reserve the dragon and damselflies are also spectacular.

Hutton Roof Crags is another reserve within easy reach of Sedbergh. It is one of the best areas of limestone pavement in Britain, with a wealth of beautiful wildlife,

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especially rare plants and butterflies. The Cumbria Wildlife Trust website has a downloadable audio trail for the reserve and it is a great location for a sunny spring walk.

Cumbria Wildlife Trust reserves are spread across Cumbria, while Yorkshire and Lancashire Trusts also have reserves easily accessible for a day trip. All of the reserve details and maps are on their websites. Last Winter was horrible. Let's hope that Spring is making up for it by being spectacular. We live in a glorious part of the world but however much you think you know it there is always something new and special to see. Why don't you celebrate the Spring by visiting somewhere new and spot something that you have never seen before or, if you are feeling particularly active and spring-like, look on the website for volunteering opportunities, meet new people and help make our special area even more wonderful.

Jackie Hooley

PEPPERPOT CLUB

Following on from Sedbergh Orchestra's popular Summer Café

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Concert last year, another such concert is planned during Sedbergh Festival 2016 at 8.00pm on Thursday June 9th in the People's Hall. In view of the crush last year, the number of tickets will be limited, so you are advised to get your tickets well in advance to avoid disappointment. The cost is £8.00, but those 18 and under come free. You can get them in person from Sedbergh Information Centre (015396 20125, tic@sedbergh.org.uk) or via the Festival website (www.sedbergh.org.uk/musicfestival/), but this will incur an extra charge. The concert is well described on the website, but it is important to note that, included in the value-for-money ticket price are a welcome glass of wine or soft drink, nibbles on the tables and a finger buffet after the music. Further wine and soft drinks will be available at the bar throughout the evening.

Why not gather a group of friends together for the occasion? You can book a table in advance by contacting Sedbergh Pepperpot Club which



supports Sedbergh Orchestra (015396 21196, yantethera@gmail.com). The players have every intention of enjoying themselves and they intend that you will do so too!

There is another treat in store earlier in the Festival, on Saturday June 4th at 10.30am. Not only will you be able to enjoy your mid-morning drink and home-made biscuits in the Church Room at St Andrew's, but also, at 11.00 am, there will be some delightful music played in the Church by talented young musicians whose ages range from 12 to 16 years. The concert will include music by Brahms, Grieg, Rossini, Jay Ungar (Ashokan Farewell) as well folk songs arranged by Kim Robertson and Merle J. Isaac, and Paganini arranged by Benny

Goodman. The instruments featuring will be violins, viola, double bass, harp and clarinet. Some of the performers have made music in Pepperpot sponsored groups, some have

benefited from the instrument loan scheme run by Sedbergh Pepperpot Club - you will hear some of those instruments being played in the concert - and some have done both. You cannot but be impressed by the high standard the youngsters have reached.

There is no charge for this concert, but there will be a retiring collection. Generous donations would be welcome to support the continuing work of Sedbergh Pepperpot Club, now in its nineteenth year.

Shirley Smith

ROYAL BRITISH LEGION

Information had been received by the Branch from the County Office with regard to The Somme 100 Poppy Community Arts project & installation and the Somme Poppy that is being organised in the Museum in Carlisle. To commemorate each soldier from the Border Regiment who lost their life during the Somme campaign, a poppy will be made and displayed in an art installation at Cumbria's Museum of Military Life. One hundred years ago, communities at home knitted and crocheted 'comforts' for soldiers and to recreate the same support the poppies will be knitted or crocheted



by communities across the County. Supported by the Women's Institute, the museum is encouraging residents of Cumbria to make 1700 poppies which will contribute to a living memorial at the Museum. From 1st July to 18th November, poppies will be attached to rolls of jute which will be unfurled daily to represent the amount of soldiers killed during the 141 days of the campaign. By the 18th November, the Museum will reflect the contribution these men made and provide a sobering reminder of the impact of the Somme campaign on the local population. Any additional poppies made will be sold in aid of the British Legion.

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It was agreed at the Committee Meeting that this information will be forwarded to the craft shops in Main Street, No. 6 Finkle Street who have sold alternative poppies on behalf of the Legion in the past and also to Farfield Mill. Details of those that had fallen during the campaign from the Sedbergh & District area and also from Sedbergh School will be provided.

The Annual Dinner was had at Weavers Café, Farfield Mill on Friday 8th April when there were ??? In attendance.

President John Pease gave his Annual address to the assembled.
"Last year this branch raised £10,500 for the national Poppy

Appeal. This is a record for our branch and a suitable milestone for John Douglas to relinquish his role of Poppy Coordinator which now passes over to Nick Cross. Each year I remark on it but it is a truly remarkable sum for such a sparsely populated area and great credit to the members of this branch and to others who devoted their time collecting for the Appeal. On behalf of the Royal British Legion I want to thank them all especially John whose determination

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ensured we passed the sum of £10,000 for the first time. Also a big thank you to the people of Sedbergh who continually go beyond the realms of anticipation in supporting this very valuable cause.

Organised by Chairman John Douglass and Assistant Poppy Organiser Keith Wood, they arranged full coverage at Killington Service Station and ensured that volunteer collectors visited all areas covered by

branch . Once again we owe a debt of thanks to Killington Service Station and staff for their continued support over this collection period. Counting this large sum was a significant effort and again I want thank those who helped and organised it particularly John and Keith. Lastly the storage of all the Poppy Appeal equipment in the Roof-Box Company's warehouse continues to be a real help and our thanks goes to Martin Gray for this generous provision.

I also want thank our Committee for all their efforts in the past year. Again Chairman John Douglass took the lion's share of work on the committee and our strong overall situation is in great part due to his drive and efforts. He takes it seriously and by example

encourages us all to do the same.

In addition Secretary Lt. Cmdr. David Parratt, Treasurer Martin Gray and Committee members, Col. Tony Reed-Screen, Nick Cross, John Estensen, Rose Pease, Elspeth Griffiths, Sandra Gold Wood, Kay Whittle, Ian Christy and Dennis Whicker have given constant support throughout the year to the activities we held. These could not have taken place without their help. My sincere thanks to them all for their efforts.

I must also thank the spouses and other halves of committee members who give their time and support at many of our functions. On behalf of the committee our thanks to them all.

We again had a stand at the Sedbergh Gala last year and were

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delighted to sign up three new members one of whom, Nick Cross has as you will have just heard become a stalwart on the committee.

Our funds were significantly helped at the two coffee mornings we held last year. In addition to our spouses our thanks must also go to those who helped to make such a success of them with donations, baking and staffing of the stands and tea room . An especial thank you again is due to Sandra Goldwood and once again to Rawthey Rhythm who played outside in Main Street to increase the amount raised.

Thanks to these efforts and donations the coffers of the Sedbergh Branch of the Royal British Legion enabled us to give donation of £ 250

to Byng House in Southport towards the purchase of a replacement bus. Byng House is a respite and holiday center for serving & ex-service personnel. Earlier in July we made a further donation to the Gurkha Welfare Trust following the earthquake in Nepal. We are deeply grateful for the assistance from all of those in Sedbergh and surrounding areas that made this possible.

I now must again thank the Sedbergh Town Band for The Remembrance Concert held in the United Reform Church which was held in atrocious weather. Thanks as always to the memory Alan Lewis it has become an integral part of the Town's calendar and raised £202 for this branch.

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Kate Seymour is still our Sedbergh representative - please do not hesitate to contact her in the first instance on any legal matter.

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Sadly last year we lost member Joan Chamley, wife of Norris. Norris has been one of the key people in this branch and has held all the offices. In those roles Joan gave her full and active support to him. Last spring Jim Airey passed away. He was brother of John Airey, a long serving member on our Committee. Sadly we also lost Commander John Bird, a member for many years. Membership of the Sedbergh Branch of The Royal British Legion now stands at 91.

Our Secretary David Parratt attended the county conference in Penrith earlier this year and returned with news on three fronts that gives encouragement for the future:

The Royal British Legion had been rated 3rd, behind Cancer Research UK and Macmillan Cancer Support, in the annual ranking of UK charities known as the Harris Charity Brand Index.

A documentary on Channel 4 called

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"Dementiaville", showed the Legion's ground-breaking approach to dementia care at the Poppy Lodge in Galanos House, which was voted 'Care Home of the Year'.

Membership – over 7,500 new members have been recruited to the Legion since the new Membership system was implemented in June last year.

Coming to the close I have to thank our Secretary David Parratt and his wife Anne who organised this evening. The choice of venue, the sale of tickets and transport assistance that helped to bring us here together with a new table layout has worked really well. Finally I must thank the staff of Weavers Cafe, Jen, Kate, Andrew, Danielle and Lesley for an outstanding dinner beautifully served in this most attractive dining room.

It just remains, on behalf of our committee, to thank you and all our members for their continued valued support of this important institution. "

Member John Estensen gave us some background on the Kohima which brought us back to the point of the British Legion. *D J Whicker*

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MEDITATION CENTRE EVENTS

The Meditation Centre in Dent is offering a new gentle yoga classes to over 65's this month. Yoga is an excellent way to reduce mental or physical stress and to ease aches and pains in the joints and muscles. There is no age limit, all abilities and disabilities and both women and men are welcome to attend. The classes will start with sitting exercises on chairs. Modifications will be given for vulnerable areas, such as hip or knee replacements, and movements and teaching methods will be adapted for disabilities. This class is suitable for people who can sit, walk and stand independently, but who would like to increase or maintain mobility, alleviate general stiffness and

improve co-ordination, balance, strength and overall wellbeing. The first three-week taster course will be 11.45-12.45am on Thursdays, 12-26th May inclusive, in Dent Meditation Centre. Classes cost £5 per class, or £25 for a block of 6 classes (with future dates to be advised). The classes are a great opportunity to get to know, or meet up with other people in the area. There will be a chance to mingle with hot drinks and snacks after the class. For further information about the classes or teacher or find out if they are right for you please contact Elly on 01539 625458 or 07980 130077 or email her on ellyarcher@talk21.com.

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Winter season open Wednesday to Sunday 10.00 – 4.00

Thursday, Friday & Saturday nights open to non residents from 7.pm – booking essential

fitness, Elly will be offering another new yoga class at the Centre on a Thursday Evening. Body Breath Awareness - Astanga Flow Yoga course is useful for people who have a good level of fitness but would like to develop strength, flexibility and body-breath awareness. If you are healthy and fit, this course is suitable for beginners as well those with previous yoga experience. You will be taught a flowing sequence of sun salutations and yoga asanas, linking each movement to the breath, followed by a five minute seated meditation and relaxation. The sequence is good alleviating stiff hamstrings, upper body and shoulders, increasing strength and reducing stress. The 4-week course

will run on Thursdays 7pm – 8.30pm 5th- 26th May at a cost of £28. On completion you may attend future drop in sessions, or pay £35 for a block of 6 classes.

Also in May, a Hermit from the Himalayas will be visiting the Centre to give a talk. Swami Yogeshwarananda will talking about: 'The Mystery of Silent Awareness'. There will be a Q&A following the talk which is expected to last about 1.5 hours. Swami Yogeshwarananda is a hermit monk of the Advaita Vedanta order of India, who has been living the contemplative life of a monk for the past 50 years. Often living in a cave during the summer at an altitude of 10,000 feet at Gangotri, near the source of the river Ganges, Swami

Cobble Country Property

Are pleased to announce that as of 7th March 2016, we took over the properties of Chris Whelan Sales & Lettings at 70 Main Street Sedbergh and transferred the business to our main office at 59 Main Street, Sedbergh.

Chris Whelan was introduced to Sedbergh by Nigel Close in 2002 when he brought him into Sedbergh to manage Cobble Country Sales & Lettings.

Nigel would like to wish Chris a long and happy retirement and promise that he and his team, Nick Paxman, Sian Gilder and Sue Fiddler will offer our full professional service to all his past clients.

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Yogeshwarananda has led a deeply contemplative life since the 1960s when he left home at the age of 22 to live a secluded life of a hermit. His talks and lectures are very thought-provoking. More details can be found on his website:

www.himalayanhermit.com

FAMILY MUSINGS

During April on a sunny day with the daffodil heads dancing in the light breeze our garden looks lovely from every angle, whichever way you look you see splashes of yellow, a thought occurred to me, for the rest year we need flowers in every direction!

Usually by now Sweet Peas are coming on from seed and the growbags are warming up in the greenhouse ready for Tomatoes etc this year the nearest I have got is to have Dawsons deliver the said grow bags and buy the seeds, much more fun to play with grandchildren in the garden than work in it although the summer house has been cleaned out and re-arranged and slept in, in the sun, just to make sure the recliner is comfy.

Easter is fun when you are small and the Bunny comes and leaves chocolate eggs and other interesting finds amongst the daffodils and snowdrops and when there are some still to find weeks later, what a good thing Bunny used cling film and no mice got there first. The local toddlers came for what has become an annual event and while bad weather put paid to egg rolling we managed the egg hunt and then went inside for a couple of games of Pass the Parcel. This was very entertaining, for some

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of them the concept of 'pass it on' was very hard to learn, for others just taking off one wrapper was a challenge but seeing them all sat there with little hands outstretched waiting to see what was going to happen was a joy to behold.

Quite a number of spiders have been disturbed in the tidy up and clear out of the summer house and the bit-by-bit sorting out in the house but no humans except hubby comes home to hear I need his help to move something into the garage, the thing is .. what happens to it all when I start on the garage? Maybe that is how someone invented the "garage sale"?

ENJOY your sorting out, spring cleaning or voyage of discovery and may only spiders be disturbed (too late for me!).

Sarah

PEOPLE'S HALL NEWS

Meetings

The People's Hall Annual General Meeting was held on Monday 4 April 2015 in the Committee Room, when all the current trustees stood down and the following persons were elected to serve until the next AGM:

Constitutional Trustees:

Dr Gina Barney, Mrs Sandra Gold-Wood, Mr Steve Longlands, Mrs Kathleen Swift [Three vacancies].

Representative Trustees:

Mr David Hendrickse (Christian Centre) , Mr Ian Hutt (Flicks in the Fells), Mrs Sandra Longlands (Gala Committee), Mr Daniel Mason (Sedbergh Wanderers Football Club) , Mrs Anne Petyt (Sedbergh WI), Ms Gillian Rea (Spellbound Theatre). [Vacancy: People's Gym.]

Mr Colin Cowperthwaite has retired and Mr Dan Mason returns to represent the Football Club.

At the meeting the accounts for the year ending 30 September 2015 were approved.

The Chairman, Mr Steve Longlands,

paid tribute to two long serving Trustees, who had not sought re-election. Dr Sean Hobson had served as Treasurer since 2007, succeeding Mr Andy Denton and has stepped down owing to family commitments. Over that period he has faithfully kept the books and he will be missed. The second Trustee is Mrs Elspeth Griffiths, who has served as Management Committee Member, Secretary from 2004 to 2008 and Bookings Secretary from 2008. She has been a tireless worker, stepping in to many jobs when required. Latterly she has supported the Treasurer, when he has been absent. She will be sadly missed. The People's Hall Committee wish them both well in

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My name is Dimitris and I am a jeweller. I am from Athens and I live with my family in Sedbergh. I learned my craft in the silver workshops of Jaipur, India where I studied for 4 years. After 20 years spent travelling throughout Asia and Latin America I gained inspiration for my work from

many varied cultures. I design and hand craft jewellery using precious & semi precious stones, each personally selected from the gem capital of the world, Jaipur.

I hand-make individual pieces to customers' own designs. My customers choose from a vast selection of stones which I set as rings, necklaces, bracelets, earrings etc.

My commissions include pieces for birthdays, anniversaries, engagements, weddings etc.

You are all very welcome to visit me in my studio at Farfield Mill and see my work.

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their retirement.

The retirement of these Trustees leave a big hole in the running of the Hall, see Chairman's letter on Page 16 of this edition of Lookaround.

Following the AGM the People's Hall Management Committee met and elected the Officers for the ensuing year. They are:

Chair: Steve Longlands

Vice-Chair: Sandra Gold-Wood

Secretary: Gina Barney

Treasurer: Vacant

It will be noted that the Treasurer's post is vacant.

BELSHAZZAR'S FEAST

On 13 May The Touring Highlights programme presents a visit of Belshazzar's Feast at the People's Hall. Doors open 7.30pm.

Performance 8pm. See advertisement elsewhere in Lookaround or visit Belshazzar's Feast website at: [http://www.belshazzarsfeast.com/Wi-Fi at the Hall](http://www.belshazzarsfeast.com/Wi-Fi%20at%20the%20Hall)

The People's Hall is now equipped with WiFi. This is free to hirers at present. We will review a fee to cover its costs, when its usage is known. The access code (which will change) is: b96f84654c. Currently is ADSL, but this should be upgraded to fibre and an increase in speed soon.

DATES FOR YOUR DIARY

18 June	Old Time Dance
20 July	Coffee Morning
22 October	Old Time Dance
16 November	Coffee Morning

Dr Gina Barney 20790



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SEDBERGH SCHOOL NEWS

Events

The School returned for the summer term on 10th April on a deceptively lovely day.

Nicola Hetherington, who keeps the Chemistry Department in order, married her Julian Cann during the School holidays.

Forty-seven parents and pupils from the Prep School went on a skiing holiday to Bormio in Italy during the Easter holidays.

OS Ellie Tempest played polo for England in the Schools & Universities tri-nations held in Ireland.

Casterton archives are to be housed by Kendal Archives (as are Sedbergh School's already) and work is being done on them to prepare them to be

sent to Kendal.

On Thursday, 14th April the School Choir sang Evensong in Durham Cathedral.

The Prep School took part in a sponsored walk in aid of Farms for City Children – 160 children and 20 staff took on a tough 17 km hike over both Casterton and Leck fells, returning bedraggled but happy after seven and a half hours.

There was a concert by Julian Hellaby and Peter Noke in the Thornely Centre on 17 April entitled Two Pianos Four Hands.

Future Events

The official opening of the Pepperpot by Tim Farron will take place at 1pm on 14th May with a sparkling wine reception for anyone



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who wishes to attend and view the building. It will include a musical performance.

There will be a teatime concert at 5pm on 19th May in the Thornely studio.

The Prep School is holding a Masked Ball – the proceeds of which will go towards making a Secret Garden in the area between the Tom Penny theatre and Beale House

The Wilson Run winners, Johnny Campbell and Phoebe Whatoff, will be featured in the LincsLife May issue on sale on 20th May

There will be a performance of the "The Birds" on 25th, 26th and 27th May by the Classics Department in the Arden theatre

On 27th May the Inter House Tug of War and Cumberland & Westmorland Wrestling will take place on the Powell Pitch, and there will be a private viewing of the Design, Art and Graphics work (the Design work is always worth making an effort to see). Saturday 28th May is Speech Day, followed by Sports Day in the afternoon. Half term begins after the Sports, and the School returns on 5th June.

The home 1st XI cricket matches during May are against Yorkshire CCC Academy on Wednesday, 4th May, against the MCC on Thursday, 5th May, and against Manchester Grammar School on Saturday 7th May. There is a Prep Schools

Invitational tournament on 15th May.
Music

The Prep School pupils gained 13 Distinctions and 5 merits in the London Academy of Music and Dramatic Arts Examinations. In the Upper School James Horan gained a double distinction for Grade 8 Organ and Grade 7 Singing, and Laylah Scott achieved a Grade 8 singing distinction.

Cricket

The first match of the season against Myerscough had to be cancelled due to adverse weather conditions. The second against the Edinburgh School, George Watsons, the following Saturday was also cancelled.

Sailing

The sailors hosted the 2016 Laser Lakeland and Far Northern series on Saturday 16th April

Rugby

The weekend after the end of term saw the Sedbergh Army Tens at

home with 13 schools taking part from as far away as Brighton and Bath, and (as usual) Sedbergh made the final. Their opposition was the Royal Grammar School, High Wycombe, who had been runners up for the last two years. This time it was third time lucky and it was Sedbergh who had to be content with runner up

The Prep School VII won the IASP Sevens

Charlie Gowling played for Scotland U18 against England on 2nd April and James Botham for Wales U18 v Scotland. Max Davies and Sam Moore play for England U18. Charlie Papworth captained the Welsh Academicals v Scotland at the Eirias Conwy U16 International Rugby Festival.

Golf

Archie Davies represented Wales in the U16 golf against Scotland, Ireland and Holland in Belfast.

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New Venue

***People's Hall Committee Room
5:15 to 6:30 Weigh-In & Nutrition
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Team Sedbergh won the 90cm SJ with some skilled riding against the clock in the Inter county show jumping. The Prep School team qualified for the National Prep School championships later in the term.

Running

Fraser Sproul won the National Prep School Under 13 Cross Country in a field of 300 at Malvern – although perhaps his own highlight was meeting David Beckham– Beckham's son also running

Shooting

Charlie Cowan, Katherine Fleck and George Bentley been picked to join the Athelings (the British Cadet Rifle Team) to shoot in Canada in the summer, and Harriet Bramwell and William Ross are selected for the UK Cadet Rifle Team. Sedbergh have more cadets in the squads than any other school or cadet unit in the UK.

England's B Team, including Katherine Fleck, was 2nd to England's A, beating the other Home Nations in

the British Schools Smallbore Hockey

The Prep XI were crowned county champions
Swimming

Fenn from the Prep School gained three gold medals in the Harrogate Spa Town Long course and Graded Meet and the Bradford and District Gala.

Tennis

James Griffen (12 last February) gained 3rd place in the Under 14 North of England Championships and took both the U12 and U14 Regional titles. He is ranked 11 for U12 in Great Britain and 5th for boys born in 2004

Duke of Edinburgh

At the end of term there were practice Duke of Edinburgh Gold expeditions, one on foot from Red Tarn to Haweswater, and one on horseback across the Howgills.

There is also a group sailing for Gold.

Karen BL



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SEDBERGH COMMUNITY SWIFTS

"They're back!" the message goes around when our swifts return once more in early May, after their epic 7,000 mile journey back from Africa. The joyful sound of the screaming parties as they fly high in the sky is truly a herald of summer, and it is often this that alerts us to their return.

If you are lucky enough to have swifts nesting in your house, please celebrate your good fortune. As someone said recently: *'If you wrote an advert for a house mate, you couldn't wish for better than swifts. They don't make a mess, are only around for 3 months of the year, and devour thousands of midges and other insects each day.'*

The breeding swifts are the first to arrive, homing in to the nest site that they haven't seen for 9 months. It is the prospecting swifts, those that are not yet old enough to breed (2-4 years old), that we are hoping to tempt to the various boxes and nest bricks that have been put up, and they tend to arrive later. They will be looking for nest sites for future years, and practise their technique by repeatedly flying up to entrance holes, and sometimes even clinging on to stonework or boxes for a second or so.

Eggs tend to be laid by the end of May, with chicks hatching around the middle of June and the young fledging at the end of July. Both adults return to the nest each night, which is why the hour before dusk can be a good time to spot them darting into their nest sites. Once the chicks have hatched the adults can be seen at other times of day too,

returning with throat pouches full of insects.

An excellent project has been completed at Settlebeck School, who are enthusiastic about helping swifts, with no less than eleven boxes being put up in 4 different places at the school. Because of the height, a scissor lift had to be used and we are grateful to Gary Allan who did the job admirably on a very cold day. The boxes are on a front gable overlooking the drive, on a side wall facing Maryfell flats, and on a gable at the back, above a balcony, overlooking the garden and tennis courts (easily visible from the public path between the tennis courts and the school). Three of the boxes are on the back of the Cottage,

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overlooking the primary school playground, so the children there will be able to take part too. We thank the YDNP Sustainable Development Fund for supporting this project.

We now hope that the school children and staff will keep a vigilant eye on the boxes to see if any swifts are prospecting. Swifts, like all wildlife, are unpredictable, so the more people who keep glancing at the boxes, the better. If you are passing by it would be a great help if you could let us know if you see any swifts there – ring or email details below.

The same goes for the swift bricks at the People's Hall (in the gym's end gable, facing Woodside Avenue). Lots of folk use the playing field and playground, so keep looking up and tell us what you see.

We would also like to hear from you if you see any screaming parties of swifts anywhere, ie. low-level tightly-

knit groups of swifts hurtling past. They are an indication that swifts may be breeding nearby.

We are also still keen to discover more places – in Dent and throughout the district as well - where swifts may have natural nests, and we could do with more helpers. If you would like to help, but maybe are a bit unsure about swifts, come along for a brief session watching the swifts that breed under the eaves at Sedbergh School library, facing Loftus Hill car park. Meet us in Loftus Hill car park on Thursday May 19th at 8pm (weather permitting). We

may also have a short walk to other sites, especially if it's fine. Contact SCS to check on the time.

As always, if you have any building work planned, please use the opportunity to put up swift boxes. The aspect (N/S/E/W) does not matter, so long as there is a clear fly-in (no big trees in front). We're happy to call round and advise if you wish.

We will be at Sedbergh Gala on Saturday May 21st, next to the YDNP tent, so do please pop along and have a chat.

Next month we will be able to report on a very exciting project in Sedbergh Google: Sedbergh Community Swifts , to go to our page on the Sedbergh website.

Contact SCS: Tanya Hoare
email ta.hoare@btinternet.com or
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WICKERFISH ARTS @ FARFIELD MILL

Although they have been in Sedbergh for a few months now, Ruth and Stuart have only recently opened the doors to their new Art studio, Wickerfish Arts, at Farfield Mill.

They have known and worked together for many years both in education and as practising artists. They have what has been described as 'a friendly rivalry' which is evident by the banter that flies between them.

They are delighted with their studio at Farfield which is situated on the 'heritage' floor. Here they display their paintings and hand-made clocks. They both work in separate corners of the studio with Ruth's being the tidier

of the two. Stuart prefers to work in what he calls 'creative chaos'

Ruth Kidd qualified as a Graphic Designer at Leeds Metropolitan University, specialising in illustration, in 1986. She then gained a teaching qualification at Manchester University.

Since then she has spent time as an Art teacher working in high schools, several colleges and even a prison! Ruth ran the successful Art studio, 'Wickerfish' at Cedar Farm Galleries, Mawdesley, Lancashire for 12 years where she taught adults to paint and draw as well as displaying her own paintings to sell.

Even though Ruth paints in a variety of media, she specialises in 'watercolour.'

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Stuart Gray has been an illustrator and graphic designer since leaving college in the early seventies. He worked in several studios including being an exhibition designer in Northampton before becoming a lecturer at Wigan School for the Arts in 1994.

He retired from being a lecturer a few years ago and started to work with his partner Ruth Kidd at Wickerfish, teaching adults the basics of drawing and painting.

They closed the business in January 2016 to move up to Sedbergh. Stuart works with different media but his specialism is acrylic.

Since moving their business to Sedbergh, Ruth and Stuart have found a new found enthusiasm for

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their work because by reducing their teaching commitment they have been able to dedicate themselves to their first love of painting.

Ruth's recent work focuses on 'water' in all its moods and forms. She tries to capture it's energy and movement. She is currently working on a lifeboat scene where the vessel is at the mercy of the sea.

Stuart in total contrast is more of an illustrator and has just completed an acrylic study of a pair of boots, one brand new shiny red boot contrasted with an old army boot which has seen better days. This painting has sparked off an interest in these detailed studies and he intends to complete more of these in the future.

Ruth and Stuart still demonstrate art in the Sedbergh area and are developing their 'walk and draw' weekends which they call 'Wickerwalks'. These are days and weekends where Stuart and Ruth bring together the pastimes of drawing, painting and walking by encouraging sketchbook work on the guided walk and on the second day Ruth demonstrates and helps students create a larger finished

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painting based on one of the new sketches. They even frame it for you! Contact Stuart to find out more.

www.wickerfishartstudio.co.uk

Ruth is also running three watercolour workshops at Farfield Mill. Check out the website for more details. www.farfieldmill.org

Please give them a visit!

Ruth and Stuart

WESTERN DALES BUS

Summer Services

Western Dales Bus is starting a new service this summer. On Fridays, beginning on 5th May, the bus will connect Sedbergh and Dent with Ravenstonedale and Kirby Stephen. On this route – numbered S4 – it will also connect with both the 1034 train from Leeds and the 1250 train to Leeds at Kirkby Stephen station.

The Tuesday service to Hawes – now numbered S3 – will continue as at present with slight changes to the

timings. From the beginning of May, the outward journey times are all 15 minutes earlier, so that the bus will now leave Dent at 0930 and Sedbergh at 0945, with the return journey leaving the Hawes Countryside Centre 25 minutes earlier at 1235. These changes will enable the bus to take passengers to Garsdale station in time to catch the 1302 train to Leeds.

On Sundays, the service between Dent station and Cautley – now called S2 – will be running again as it did last summer, with the addition of extra return journeys between Sedbergh and Dent at lunchtime, leaving Sedbergh at 1145 and 1615, and Dent at 1210 and 1645.

The Saturday service – now S1 – between Sedbergh, Dent station and Kendal will continue as before, but there will be a special Early Bird fare for those who travel into Kendal on the 0815 service from Sedbergh. See

adverts on pages 50 & 51 for details. Other fares on this and other services remain unchanged.

Full timetables for all these services can be obtained from the Western Dales Bus website at www.westerndalesbus.co.uk, from the Sedbergh Information Centre and from cafes, pubs and shops in Sedbergh and along the routes.

LUNESDALE AGRICULTURAL SHOW

Tuesday 9th August 2016 – A date for your diaries!

The Lunesdale Agricultural Society would like to reassure the public that the Show will go ahead as normal in 2016 with all the usual Livestock, Horse and Dog classes, and the full range of entertainments, craft, catering and trade stands.

Many of you will have seen or heard about the extensive levelling works which are part of ground improvements at the KL Rugby Club. This affects the area usually used for horse box parking at the show. The wet weather over the winter means the grass sward will not be sufficiently well established to support horse boxes for the 2016 show, so we are grateful to Philip Pease of Underley Estate for allowing us to use a field about 300m to the north-east of the show ground for horse box parking. Horse boxes for carriage horses and agricultural horses will be able to park on the main show ground as normal.

For more information about the show please see our website at www.lunesdaleshow.org.uk or contact the Secretary by email info@lunesdaleshow.org.uk or phone

07444403982

In the meantime you are all invited to a fundraiser with food, drinks, fun and games for all the family: The Lunesdale Agricultural Society Cheese and Wine Evening, at Underley Grange, north of Casterton, courtesy of this year's Show President Philip Pease from 7.30pm on Saturday the 7th May. Further information is available from Sarah Fulwood 07834 03971, at Kittridding Farm.

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What's your favourite view of the Dales?

Budding photographers with a love of the Yorkshire Dales are invited to take part in a competition to find some of the very best images that showcase the landscape, wildlife and communities of the Yorkshire Dales throughout the seasons.

Local charity Yorkshire Dales Millennium Trust (YDMT) has teamed up with holiday cottage specialist Yorkshire Cottages for the fourth year running to find photographs that celebrate the beauty and character of the Yorkshire Dales.

The winning photographer will receive a hamper of local produce,

whilst the runner-up will scoop tickets to a top Dales attraction, courtesy of Yorkshire Cottages.

Drew Dunn, director of Yorkshire Cottages said: "We are proud to support YDMT and have donated over £16,000 over the last ten years to support a range of projects that benefit the area. Our joint photo competition has become an annual tradition and we are delighted to facilitate this again: it's a great showcase for the Dales."

The competition will be judged by Steve Finch, a professional local photographer and longstanding supporter of the charity.

Steve said: "The Yorkshire Dales has provided inspiration for my own photography for many years. I never

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tire of this fantastic landscape, and I'm looking forward to seeing other peoples' favourite views through the competition. However, having seen the quality of some of the entries so far, I think judging could prove to be a tricky task!"

Sarah Pettifer, Communications Officer at YDMT, added: "In addition to selecting these overall winners, we'll also be choosing some of our favourite images to feature in our 2017 Yorkshire Dales charity calendar. So if you enjoy capturing the Yorkshire Dales on camera, then I hope you will enter our competition and share some of your favourite views with us."

The charity calendar will be on sale from August and all money raised will

help to support YDMT's work sustaining the landscape, environment and communities of the Yorkshire Dales.

Photos can be submitted via Yorkshire Cottages' Facebook Page facebook.com/yorkshirecottages or website Yorkshire-cottages.info or via the YDMT Facebook page facebook.com/ydmt.news

The competition closes at midnight on 16 May 2016.

YORKSHIRE DALES NATIONAL PARK

Creating Wildflower Super Highways
A new community driven project aims to create wildflower super highways and wildlife hubs across the Yorkshire Dales to provide connected

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pathways, shelter and food for wildlife all year round.

By empowering communities and helping people to engage with and conserve their local wildlife, the new Meadow Links project aims to build 'stepping stones' between existing fragmented wildlife havens to enable the movement of species.

Local charity Yorkshire Dales Millennium Trust (YDMT) will work in partnership with Buglife, Yorkshire Dales National Park Authority (YDNPA), Natural England and community groups on this initiative to help wildlife thrive.

Tanya St. Pierre, Meadow Links project officer at YDMT, said: "As part of this project we'd like to work with community groups in the Yorkshire

Dales to create ten flagship meadows. We'll help groups to create a wildlife meadow in their own community space, provide funding for equipment and 'Sow, grow and mow' practical training sessions to enable groups to maintain their meadows in years to come. So if you have a group of willing volunteers and an accessible public space about the size of a tennis court, we'd love to hear from you."

Homeowners and landowners are also being called on to help create 30 additional wildlife patches that will act as stepping stones at strategic points to extend the wildflower highways. These patches can be any shape or size, from linear hedgerows and verges to small back gardens, and



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[at HRadmin@sedberghschool.org](mailto:HRadmin@sedberghschool.org) or by ringing 015396 20303.

Also check the School's website regularly for details of individual posts as they arise.

Please return completed Application Forms by email to HRadmin@sedberghschool.org, by returning them to the Bursary or by post to HR Administrator, The Bursary, Loftus Hill, Sedbergh, LA10 5RY.

We look forward to hearing from you.

could incorporate bird boxes, hogtits (hedgehog habitats), ponds and wildflower areas to support wildlife.

Tanya added: "Since the 1930s we've lost 97% of the UK's hay meadows. Iconic Dales' birds such as the curlew have declined by 42%, 60% of England's flowering plants are decreasing and overall a staggering 60% of UK wildlife is declining. The wildlife patches will give nature a helping hand by connecting fragmented habitat and providing important feeding and nesting sites for our wildlife. Prizes will be awarded for the most innovative design features and best overall wildlife patch, so keep photo diaries of what you've done!"

Conservation work undertaken

through the Meadow Links project will be mapped and recorded onto the ecological networks and connectivity GIS systems for the YDNPA and Buglife's national B-Lines database. This will help provide a clear picture of the work done, and the areas where further action needs to be taken to create a cohesive and resilient network for wildlife.

Paul Evans, B-Lines Manager at Buglife, said: "Here at Buglife we have mapped the existing network of wildflower-rich pathways – or B-Lines – that crisscross the UK's countryside, towns and cities. By creating new wildflower-rich habitats in strategically important locations across the Yorkshire Dales, the Meadow Links project will help to extend and

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improve the national B-Lines network, helping our pollinators and other wildlife move across the landscape.”

Meadow Links is an 18 month project that will run until October 2017, supported by the D’Oyly Carte Charitable Trust. It will form part of YDMT’s celebrations to mark 10 years of meadow restoration and education through the Hay Time project. So far the charity has helped to restore over 600 hectares of hay meadows across the Yorkshire Dales and Forest of Bowland, with another 55 hectares planned this summer.

If you or your community group would like to create a wildlife patch or community meadow, please contact Tanya St. Pierre at YDMT on 015242 51002 or email

tanya.stpierre@ydmtn.org to find out more.

YORKSHIRE DALES NATIONAL PARK

New app helps lead mining come to life in National Park

History buffs wanting to learn more about lead mining in the Yorkshire Dales National Park can now use technology to help them as they go out and about.

A new, free phone app has been launched by the Yorkshire Dales National Park Authority (YDNPA) that includes walking routes around sites of old mines and masses of information and photos about the industry and the impact it had on the landscape and communities within



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the National Park.

Karen Griffiths, the Authority's Interpretation Officer, said: "For decades, lead mining played a massive part in the shaping of the landscape and the communities in the National Park.

"This free app, which has been mainly funded by Historic England, is an absolute must for anyone who wants to learn about the industry while they are actually walking around the sites. It's like having your own personal tour guide.

"Among other things, the app contains archive images, descriptions of the sites and OS location maps of key sites ranging from Grassington miners' cottages to the Old Gang peat store in Swaledale. There are also audio trails, walking routes, activities for children and useful visitor information such as places to eat, accommodation links, public toilets and car parks.

"Looking after these extensive industrial remains is not easy and we are grateful to Historic England for helping to fund so much of the conservation work carried out over the past 20 years. Recently this work

has been managed through the Yorkshire Dales Industrial Monument Management Scheme, which began in 2012 and is due for completion in 2016."

Yvonne Luke, Heritage At Risk officer at Historic England said, "The app is fun and easy to use with photos that help bring the sites to life so we think it will appeal to a wider audience than traditional history books. This is also our way of saying a big thank you to all the volunteers who have worked so hard conserving these fabulous landmarks in the Dales. We hope people enjoy the App and feel inspired to look after these special places for future generations too."

The lead mining app can be used on iOS and Android platforms and is available at

<https://itunes.apple.com/gb/app/yorkshire-dales-lead-mining/id1059448209?mt=8>

and at https://play.google.com/store/apps/details?id=uk.co.audiotrails.leadmining&hl=en_GB

Anyone wanting more information about the history of lead mining in the

Yorkshire Dales should visit The National Park Authority's Out of Oblivion website at <http://www.outofoblivion.org.uk/lead.asp>.

YORKSHIRE DALES NATIONAL PARK

Local housing boost in National Park

Housing for local people in the Yorkshire Dales National Park has been given a boost after planners gave the thumbs up to two schemes.

Members of the Yorkshire Dales National Park Authority's planning committee unanimously approved a scheme to demolish existing buildings and put up five local occupancy homes in Kings Yard in Sedbergh.

The plans also include the construction of a two-storey

commercial building containing six units to be occupied by service sector businesses.

The meeting heard that the application had the support of Sedbergh Parish Council, South Lakeland District Council and Historic England.

The second application – for the conversion of a roadside barn at High Beeston Barn outside Kettlewell into a two-bedroom home for local occupancy – was also approved unanimously.

Both approvals are subject to a number of conditions.

Carl Lis, the Authority's Member Champion for Sustainable Development, said the National Park Authority's new, updated Local Plan

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contained more flexible guidelines to promote local affordable housing and to help communities face the future.

“Members have been unanimous in supporting the new Local Plan and they are already using the more flexible policies that it contains to approve new housing and roadside barn conversions for local people.

“Schemes like the two approved today not only benefit local people who want to live and work in the National Park but they also support local jobs and so benefit the local economy.”

The Local Plan, which is the Authority’s 15-year strategy for sustainable development in the National Park, has been formally

submitted to the Secretary of State for Communities and Local Government. An inspector has now been appointed to examine whether the Plan is justified by the evidence, conforms to national policy and is otherwise effective and fit for purpose.

The inspector will chair a series of public round-table hearings later this year with objectors and officers of the Authority and will then write a report of examination that will be published by the Authority, probably during summer. The Authority is hoping for a positive outcome so it can adopt the new plan and fully implement it to support sustainable development in the National Park.

B4RN

Broadband Update

Last month our broad brush account outlined the scheme. We can begin reporting progress now.

The beginning of everything is to get fibre up Barbondale from Casterton. The technical people call this setting up the "backhaul", which means making the link with the wider B4RN network to the south. Tim Wood is leading this effort and is working closely with the Casterton and Barbon groups, and with local landowners who are giving full support. Crucially, the resources for this work are now available which is substantial progress.

Permission has been received from Dent School Governors to place a

'cabinet' on Dent School property. This cabinet will house the incoming fibre and have a function equivalent to that of a telephone exchange. The exact site is being chosen at the moment.

There is important movement on the funding front, funding that is for the extended network. Applications are being submitted, and we should know soon how they are being received.

A final note on the finance side concerns local backing. To date, a total of £18,000 has been offered by people living in the dales, and this is before any invitation to give financial support has been put out. Belief in this project is coming through clearly; this cash is evidence, as is the extended team of 35 or more

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volunteers now involved.

In preparation for digging, preliminary routing maps for the network have been devised. These will be used as no more than starting points for discussion between landowners and team leaders, so that the most convenient and the best routes can be settled on. It's landowners who know their land and can make sure the right decisions are made.

Lastly, there's been discussion as to the most suitable way to describe this broadband initiative. 'Superfast' is a word that gets used all the time, and the speeds claimed in association with it are between 24 and 80 megabits. The B4RN service of fibre (not copper) to everyone's door

provides 1,000 megabits, a service that can justifiably be thought of as 'futureproof'. So 'Hyperfast' seems the appropriate term. Hyperfast Broadband for Dentdale & Garsdale it is then.

For more information, to suggest questions you would like answered in Lookaround, or to volunteer your services, email David Pilgrim on b4rninit@btinternet.com

From the Hyperfast Broadband for Dentdale & Garsdale Communications Team

ALLEGRI CONCERT

The Allegri Singers and Players return to Sedbergh on Saturday 21st May. They bring an adventurous programme of items for choir and



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small orchestra, ranging from a Monteverdi motet from 1650 to a work composed by Peter Maxwell Davies in 2010. There are also two settings of the *Magnificat*, by Zelenka and Schubert, and motets by Bach's contemporary Telemann. Perhaps the highlights of the evening will be two lovely, contemplative choruses: Brahms' *Sacred Song* and Beethoven's *Elegiac Song*.

The choir meets for just five weeks to prepare each programme and specifically caters for singers who want a short burst of intensive preparation for each concert. The conductor, Owen Davies, has in recent years stood in as conductor of two local groups, directing the Sedbergh Singers in the 2015

programme including Beethoven's Mass in C, and the Dentdale Choir in their current 40th Anniversary season.

The concert begins at 7:30 in St Andrew's Church. There will be a retiring collection. *Owen Davies*

DENT, SEDBERGH & DISTRICT ORAL HISTORY SOCIETY

In last month's edition we featured a traditional pace-egging song given to me by the late Marjorie Middleton of Dent. The song was accompanied by a mummers' play, a copy of which follows below and which was presumably played in Dentdale. Mummers' plays are a folk tradition that goes back through centuries, in various forms, throughout the British Isles. The form is generally the same:



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a champion is killed in a fight and then brought back to life by a doctor. It's thought that the play has links with primitive ceremonies to mark important stages in the agricultural year. This version is brief and its rhymes somewhat hit and miss. As in the pace-egging song purses and alcohol feature, along with ale-swilling Tosspot and miserly Molly Brown:

Bob: Mrs Jack, stir up the fire and strike a light

To see this awful act tonight

And if you do not believe these words

I say step in King George and fight thy way.

R: In slip I King George the noble

champion bold

I took the fiery dragon to the slaughter

And by these means I won the Queen,

The Queen of Egypt's daughter.

Bob: What's that thou sayest?

R: I mean what I say.

Bob: Pull out they purse and pay!

R: No, before I pull out my purse and pay

I'll pull out my sword and fight any way.

(Presumably a fight occurs at this point)

R: Now bold slashers lying dead Let no more of him be said.

If he does not arise

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O what will become of me?

Molly Brown:

O George, O George what hast thou done?

Thou's gone and slain my only son

My only son and heir.

How canst thou bide to see him bleeding there?

R: Is there a doctor in this town
Can cure this man of his deadly wounds?

Tosspot: Yes I'm a doctor good and sure

I can kill or cure

R: What can you cure?

Tosspot: Hixty, pixty, poxty pies
Pain within or pain without
If there be nineteen devils in

that man

I'm sure to knock twenty out
Give us hold of that bottle!

Anthea Boulton

MAY GARDENING

May is a favourite month of mine for visiting Woodland Gardens – those places which specialize in flowering trees and shrubs and understory plants which do most of their blooming and growing before the leaves on the trees above them expand and cut out the light.

Amongst the more unusual small trees which you might see in flower are "Snowdrop Trees" or "Silverbells" (Halesia) and "Bladdernuts" (Staphylea). The

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former bears bell shaped, white flowers which hang from the bare stems just before the new leaves open and the latter has panicles of creamy white flowers (rather like very open lilac flowers)born with the fresh green leaves.

Some of the most colourful shrubs at their best at this time of the year are those with brightly coloured spring foliage. Look for *Pieris* 'Forest Flame' and *P.* 'Firecrest' both of which have evergreen, dark green leaves and bright red, fading to pink, then cream, new foliage. *P.* 'Flaming Silver' also has red new growth but matured leaves are margined with white. *Physocarpus*, a shrub resembling a currant bush is another

excellent foliage plant with two colour forms. *P.* 'Diabolo' has deep, plum purple leaves which make an excellent foil for many other plants. I like the combination of this and pinky purple flowers of "Martagon Lilies" and an under planting of "Lily of the valley" and blue/pink flowered *Pulmonaria* (Lung wort). *Physocarpus* 'Luteus' is a bright golden yellow leaved cultivar which looks at its best in light shade. The leaves burn and brown at the edges if exposed to full sun.

Rhododendrons are, of course, coming into their own this month. Well planted woodland gardens in the Lake District area often include some of the more unusual species and *R.*

macabeanum is one of the most striking. Flowers, in large round heads are yellow, fading to cream, and are born above the big, (1ft long) woolly backed leaves. *R. falconeri* is similarly impressive with yellow, purple blotched flowers and massive, broad, deeply veined leaves, dark green above, and felted, rusty red undersides.

The Lake District soil (acid) and climate (moist!) is ideal for many of these plants. Good gardens to visit are Stagshaw (National Trust) near Ambleside, and Holehird at Troutbeck.

Elaine Horne

MARCH WEATHER

Well March "many weathers" certainly lived up to its name! We had

a bit of everything including, surprisingly, an official drought when we had 14 dry days!! We actually finished up with 3.22 inches (82mm) of rain, which was more than enough to keep the mud going even after such a dry spell, which shows how high the water table still is.

Atmospheric pressure varied which was reflected in the variable winds recorded with maximum gusts from 20.6mph to 7.4 mph. Maximum temperatures varied from a high of 60.6F (16C) to a low of 41F (5C). On the minimum side these varied from a low of 25.9F (-3C) to a high of 41.7F (5C). On all but 3 nights the wind chill took temperatures below freezing.

The cold weather rather held back the spring somewhat. The snowdrops



A green poster for the Sedbergh Cycling Festival and Sportive. At the top right is a red box containing the date '18 & 19 JUNE'. To the left of the date are two small illustrations of people cycling. Below the date is a large white circle containing the text 'SEDBERGH CYCLING FESTIVAL AND SPORTIVE' in bold capital letters. Inside the circle are stylized green mountain peaks. Below the circle, there are several categories listed in boxes: 'BOUNCY CASTLE', 'KIDS BIKE RACES', 'SPORTIVE', 'WATT BIKES VIRTUAL RACING', 'GRASS TRACK RACES', 'GUIDED MOUNTAIN BIKE RIDES', 'TRADE STANDS', 'CAMPING', 'BAR', 'FOOD', and 'LIVE MUSIC'. At the bottom of the poster, there are social media links for Facebook (@sedberghcyclingfestival) and Twitter (@SedberghCycle @SedSportive), the website 'www.sedbergh.org.uk', and a logo for 'trybooking.co.uk' with the text 'ENTRY TICKETING MADE EASY'. Below these, it says 'SUPPORTED BY' followed by the 'WHEELBASE' logo.

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continued to flower and later in the month the daffodils put on a golden show. I say that but although that is the overall picture we have many shades from white to near orange and types from singles to complex doubles. This reminds me that many, many years ago we had a nice double daffodil and a very dark orange narcissus in our garden. I thought it would be nice to have an orange double. So I set about trying to produce one. I duly transferred the pollen from one to the other then covered up the flower so no further pollination could take place. Eventually the flower faded and seeds developed. When these matured I collected them and when

dry duly planted them. Over the next FIVE years I diligently coaxed the plant to mature until it eventually flowered! Imagine my disappointment when the resulting flowers were nothing like either of the parents in colour or shape!! Back to last month. Although there has been a slight increase in bird activity nothing like the usual visits at this time of year though a neighbour is getting plenty of activity. I wonder if the woodpigeon and collared doves are driving the smaller birds away? The buzzard that has been in the field on a regular basis recently has moved on. Perhaps that's a good idea with lambing due to start soon. We have had yet more baby rabbits in the

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garden. The mild weather has obviously allowed them to breed early. It certainly provides exercise for the young dogs!

SEDBERGH YOUNG FARMERS

Its been a busy couple of month for Sedbergh Young Farmers, with competitions, meetings, social events, activities and fundraisers. We are always looking for new ways to raise money for club funds and for charity, so this year we did a number of fundraisers to raise money with brilliant turn out from members, family and friends, we did the following fundraisers BBQ, Domino Drive, Bonfire Night, Pie and Pea Supper Quiz Night, Coffee Morning and Jumble Sales. This year we plan to

give a donation to North West Cancer Research and Sedbergh First Responders and I must thank everyone for their continued support at these events.

May is one of the busiest months for Sedbergh Young Farmers with the Annual Tug of War competitions and Field Day this year being held at Whicham.

We would like to thank everyone for there support and help this year.

Clare Thompson

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Andrew's Parish Church, Sedbergh. We plan to do the same on the afternoon of Sunday 12 June to join the rest of the Country celebrating her Ninetieth Birthday. Everyone will be very welcome. More details in the June Lookaround.

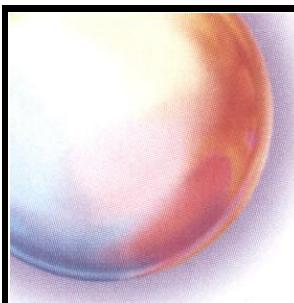
Tony Reed Screen

QUEEN'S GARDENS

The gardens are bursting with life at this time of year. A pure cacophony of bird song, a great place to get away from the busyness and immerse yourself in the sights and sounds of nature. Obviously we are spoilt for such areas in Sedbergh. But the gardens offer a rare woodland experience. With some impressive trees and shrubs accessible along wide, flat paths, parking off Queens Drive. Laid out by Thomas Mawson, an eminent garden designer of last century particularly in Cumbria, where he was responsible for many other gardens, our little gem has suffered some neglect and nature has taken full advantage. The Parish Council have decided we need to decide what is the future for the gardens and will be discussing this at their meeting on 10th May. They were gifted to the people of Sedbergh, to celebrate the reign of Queen Victoria, so you should have a say in their future. A valuable wildlife haven, a great tourist asset, a quiet place, it's upto us to decide.

There were fifteen (wooden) red squirrels put in the gardens for our squirrel trail. Did you find them all? If not they're still there, unless they've followed Pinocchio and become real.

Mike Hinson



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printers

of

Sedbergh Lookaround

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Little Aynam Kendal Cumbria LA9 7AH

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e-mail info@strampress.co.uk

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YOMP CHALLENGE

"The Yomp Mountain Challenge" takes place this year on Sunday June 5th. Organised by The Rotary Club of Upper Eden, there is a choice of three courses over the fells above Kirkby Stephen, 23 miles, 11.5 miles and 6.5 miles. For the short course, a Cumbria Classic bus takes entrants to the starting point at Tailbrigg Hill. Every entrant is given a recorded number and electronic tag for timing and identification purposes, plus the courses are marked and have manned checkpoints. There are the serious runners, fun runners and people who just enter for the walk, something for everyone, young or old. You choose.

Over the years the Yomp has raised

many thousands of pounds for charity with all profits raised through entry fees and donations raised from sponsorship going to nominated Yomp charities, this year they are Parkinsons UK, Ankoma (Ghana) Village Project) and the Kirkby Stephen Guides and Scout Groups. The Yomp also allows entrants to raise money and funds for their own clubs, schools or charities through their own sponsorship, so enabling funds to be raised for other worthy causes.

The Yomp is sponsored by Builders Merchant; JT Atkinson and the Rotary Club thank Kirkby Stephen branch manager Alan Barr for their continued support.

So, enter a team, sponsor others,



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get family and friends involved, enjoy a day on the fells and raise money for good causes. Go to www.yomp.org for more information and how to enter, Certificates and medals for all who complete the course. It's time to get involved and take the challenge!

Dave Prince

INFORMATION CENTRE

Food & Sports information

At the Information Centre we are often asked about food outlets and sporting opportunities in Sedbergh.

To improve our response to such requests the Centre now has two loose leaf files. One entitled Food outlets in Sedbergh and the other

Sport in Sedbergh. Some information is already held in both.

Food outlets and sports clubs now have the opportunity to update the information we hold by coming to the Centre and placing their new information in these files.

It is hoped that this information will increase sales and memberships in the Town.

*Douglas Thomson
Editors Note: The Sports information can also appear in Lookaround for free.*

SEDBERGH SPORTS

On Saturday July 9th Sedbergh will be hosting its annual sports event. In

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dealing with stress
coping with a difficult diagnosis
irritable bowel syndrome
menopausal symptoms
morning sickness
help in dealing with chronic pain (needs a GP referral)
helping with grief
tinnitus (a condition in which I have a special interest)
mild skin problems
eating healthily
improving sleep
replacing unhelpful habits

2016 this will be bigger than ever and so has been moved from the Friday night to the Saturday.

The gates open at Buckbank Farm at 12 noon and the Races start at 2:30pm for women and 4pm for men.

Having been selected as a fell running championship event it promises to attract many of the very best fell runners from around the country. Already Howgill Harriers have received close to 300 entries. It is a great opportunity to watch and run with some truly talented athletes and hopefully can be a successful event in the busy Summer schedule for Sedbergh this calendar year. It should as usual also be a great family day out with races for all ages and a great social occasion. Hopefully see

you there.

Howgill Harriers

JUNCTION 37

Some of you may be aware that every now and then I take up the cause for improving the safety of junction 37 of the M6. After recently witnessing the aftermath of yet another accident there and again witnessing lorries travelling straight across the A684 from one slip road to the other, I have again contacted Highways England and Tim Farron, since no improvements came about after my correspondence with them last year.

I would be interested to hear from anyone who has experienced accidents, collisions or any other dangerous manoeuvres at this

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junction. If you have already contacted me previously with your experiences there is no need to contact me again as I will already have your details on file.

Please email me on
rosemary@rlcaccountants.co.uk or
phone 20088' Rosemary Lewes

AGE UK LUNCH CLUB

Thank you to the staff at The Dalesman for looking after us during the first three months of this year, while the Red Lion was closed. In April we were warmly welcomed back to the Red Lion by Aileen and Eduardo, the new managers, and we all enjoyed a good meal together.

There is plenty of room for more people. If you are over 50 years of age and would like to join us, do come along. We meet at midday on the second Thursday of each month, for a two-course lunch at £9 a head.

Please get in touch with me on Sedbergh 20438 if you would like to come. I already have the menu (a choice of three main dishes and three puddings) for May 12th and will be ordering the meals on May 11th, so I need to know by then how many meals to order. Mary Gladstone

LENT LUNCHES

I would like to thank everybody who made soup, helped and attended the

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lunches. Add to that a very big thank you to Maureen Hinch and Jean Dixon for their concert which also contributed to the grand total of £846 which will be divided between St. John's Hospice and Dignity in Dementia.

Thank you to everyone.

Anne Reed Screen

WALKING & CYCLING GROUP

On Monday the 23rd May the Sedbergh Area Walking and Cycling Group will be hosting the next in their series of free public talks entitled Talking the Walk – Adventures on Foot at Home and Abroad. The talk will start at 7:30pm at the People's Hall, Sedbergh.

The Yorkshire Dales National Park

Authority's Head of Ranger Services, Alan Hulme, and Local Area Ranger, Paul Wilkinson, will speak about the work of the YDNPA – especially in relation to the maintenance of rights of way and how this work is carried out at a local level. They will also address the issue of the extension of the park into new areas.

For details of other talks and events of interest to walkers and cyclists, please go to www.sedberghgateway.org.uk

Robert Powell

SEDBERGH SHARE CLUB?

Have you ever fancied buying and selling shares but not sure what to do or couldn't afford it?

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CLOSED TUESDAYS

Holme Open Farm, Sedbergh, Cumbria LA10 5ET
Tel: 015396 20654 www.holmeopenfarm.co.uk

Before moving to Garsdale, I was actively involved in 2 share clubs and thoroughly enjoyed the experience but travelling back to Nottingham to attend meetings is proving too much.

I am looking to set up a club, based around Sedbergh, meeting every other month in a local hostelry and am looking to recruit 20 to 25 members, of any age and gender. The rules setting up a club are fairly flexible but generally consist of starting with a name, organising a schedule of meetings, electing a chairman, secretary, treasurer and possibly a trader, and deciding rules of membership.

Once the organizing is done, regular

meetings occur usually every 2 months and last around an hour, followed by a meal. After the usual reports from officers, three nominated members propose a share, backed by research, and a vote is taken on which share to buy. Three more members then 'volunteer' to propose a share for the next meeting.

Each member invests a set amount each month, usually around £50, which allows at least £2,000 to be spent on shares at each meeting. As the portfolio builds, dividends are accrued and shares may be sold to either be taken as a windfall or to be reinvested in more shares.

Experience in share dealing is not



Malcolm Sedgwick Joiner

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of joinery work finished to a high standard.*

necessary, some of the fun is learning as you go along and there are many free websites and newspaper columns to guide and help you. Above all, the meetings are all about having a good time socially and generating an interest in the stock market.

If you think you could be interested, send me an email, and if there is sufficient interest, I'll organize an inaugural meeting one evening and go through the finer details.

ps.johns@btinternet.com or phone 015396 22170 or text 07807 909860

LADIES NFU

A big thank you to all who supported our Coffee Morning on the 6th April in the URC rooms. Your generosity

means that the amazing sum of £310.50p was raised and this has been sent to the British Heart Foundation, a very worthy cause indeed. Many thanks again.

Marlene Mason

CUMBRIA WILDLIFE TRUST

Hedgehogs need your help – new Cumbria Wildlife Trust online survey

The once common hedgehog is now under threat. The loss of hedgerows, tidier gardens and an increase in the intensification of farming in our agricultural landscape are all reasons for the decline in hedgehogs.

In just the last 10 years, hedgehog numbers have fallen by 30 percent, and there are now thought to be fewer than one million left in the UK.



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They are disappearing from our
countryside as fast as tigers are
worldwide.

We don't know how many have
gone from Cumbria but by asking
people to complete the survey we can
find out more about where
hedgehogs are living, whether
numbers are increasing, decreasing
or staying the same and how many
are dying on our roads.

To submit your sighting of a
hedgehog, dead or alive, go to
hedgehogs.cumbriawildlifetrust.org.uk

Susan Garnett

COMMUNITY OFFICER REPORT

Logs of note for the Sedbergh area

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are

14/3 – Theft of Quad bike from the
Howgill area.

24/3 – ASB reported on Finkle St.
Offender spoken to regarding
their behaviour and no more calls
for service.

28/3 – An assault was reported on
Main St. Offenders Identified and
enq's still ongoing.

5/4 – White Hart broken into and a
black metal safe was stolen
containing money. Safe
recovered at Archers Hall from a
field.

Powells broken into using a
jemmy bar, small amount of
money stolen.

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Rycrofts broken into, access gained by breaking the window, money stolen.	Vicarage lane. Ourselves and SLDC will be monitoring all those who walk their dogs and checking that they are carrying bags to pick up their dogs dirt. SLDC will also be checking that your dog is microchipped.
All the above crimes- CSI attended and enquiries are still ongoing with them. House to House was carried out along the street at all premises. A loud bang was heard around 2am. If you have any information then please ring 101.	If you fail to pick up then you will be issued with a £75 fine!
14/4 – Cold callers reported selling eggs on Maryfell.	We have had a great response regarding our future operation involving members of the public taking up surveillance points and working closely alongside the police to combat rural crime/travelling criminals. This will take place towards the back end. If you would like to get involved then please email myself for further information.
Sedbergh and Dent are very proactive as a community. Numerous residents ring in suspicious vehicles, expertly giving the registrations so we can do follow up enquiries. A big thank you.	CSO 5244 Mandy Coleman

Amanda.coleman@cumbria.police.uk

J N & E Capstick

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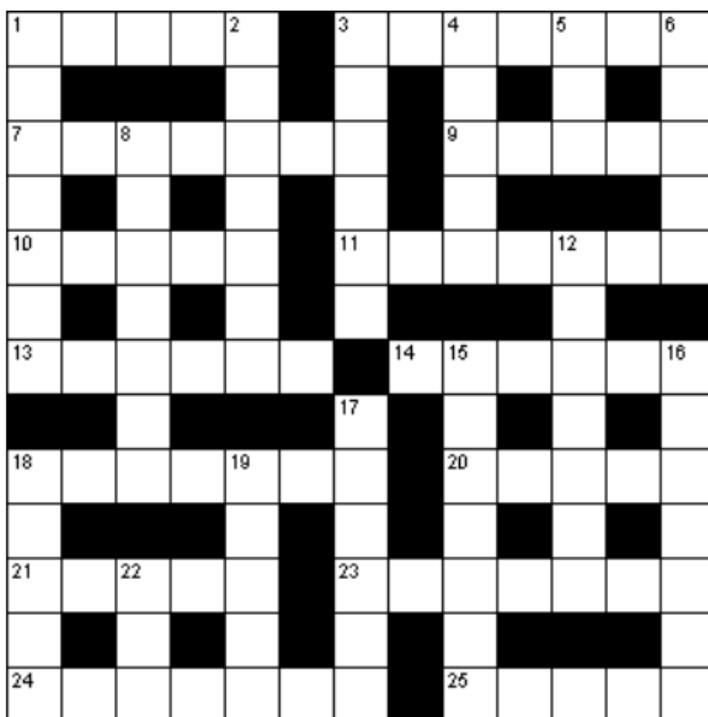
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Across

1. Goddess of love (5)
3. Revoke (7)
7. Floor show (7)
9. Oversight (5)
10. Last letter of the Greek alphabet (5)
11. Rising warm air current (7)
13. Symbol of disgrace or infamy (6)
14. Sour (6)
18. Inscrutable (7)
20. Type of snake (5)
21. Photo book (5)
23. Luxurious (7)
24. Commotion (7)
25. Restorative (5)

Down

1. Asinine (7)
2. Satire (7)
3. Turn on an axis (6)
4. Unguent (5)
5. Mischievous fairy (3)
6. Live (5)
8. Transience (7)
12. Gruesome (7)
15. Explanation (7)
16. Forceful and extreme (7)
17. Educational institution (6)
18. Intone (5)
19. Musical speed (5)
22. Saloon (3)

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Regular Events/Meetings			
1000	Every Sunday	Free Entry to Locals	FM
1000	Every Monday	Wild Goose Qigong	URCR
1230	Every Monday	Sedbergh Songsters	GH
1330	Every Monday	Knit 'N' Natter	DHC
1400	1st Monday	Bridging the Gap	MC
1930	1st Monday	Dent Parish Council	DMH
1930	1st Monday	People's Hall	PH
1900	3rd Monday	Chamber of Trade	PH
0930	Every Tuesday	Drop-in & Relax (6)	MCD
1300	Every Tuesday	Howgill Toddlers	HVH
1300	Every Tuesday	Knit & Natter	FM
1830	Every Tuesday	Cub Scouts	SHQ
1830	Every Tuesday	Swimming Club	SS
1930	Every Tuesday	Bridge Club	WHC
1930	Every Tuesday	T'ai Chi	URCR
1330	1st Tuesday	Age UK Games	GH
1400	2nd Tuesday	Killington WI	PH
1400	3rd Tuesday	Sight Advice Sth Lakes	PH
1930	3rd Tuesday	Ladies NFU	PH
0830	Every Wednesday	Sedbergh Market	JLCP
1000	Every Wednesday	Coffee Morning	URCR
1215	Every Wednesday	Age UK Swimming	Baths
1315	Every Wednesday	Art Society	PH
1315	Every Wednesday	Zebras	SMCR
1730	Every Wednesday	Sedbergh Juniors	PH
1730	Every Wednesday #	Brownies	SMCR
1730	Every Wednesday #	Beaver Scouts	SHQ
1800	Every Wednesday	Yoga for All (5)	MCD
1900	Every Wednesday	Sedbergh Town Band	SSBR
1930	Every Wednesday	Sedbergh Seniors	PH
1930	1st & 3rd Wednesday	History Society (Winter)	SSAT
1915	2nd Wednesday	Dentdale WI	DMH
1930	2nd Wednesday	Sedbergh WI	PH
1400	3rd Wednesday	Age UK South Lakes	Library
1830	Every Thursday	Swimming Club	SS
1400	1st & 3rd Thursday	Child Health/Baby Club	PH
1430	1st Thursday	Age UK Cream Tea	Sed Café
1930	1st Thursday	Howgill WI	FCH
1200	2nd Thursday	Age UK Lunch Club	Red Lion
1915	2nd Thursday	Royal British Legion	WHC
1930	2nd Thursday	Sed. Parish Council	PH
1100	Every Friday	Mindfulness Course	MCD
1700	Every Friday #	Barrel of Fun	StAS
1800	Every Friday	Cub Scouts	SHQ
1930	Every Friday	Scouts & Explorers	SHQ
1330	1st Friday	Age UK Dentdale Club	DMH
1000	Every Saturday	Swimming Club	SS

= School Term Time Only
See Group Page for contact details & Diary Page for Keys

PLACES OF INTEREST TO VISIT IN THE AREA

Bowling Green, Queens Gardens
Bruce Loch Nature Area, Busk Lane
Cautley Spout, A683 towards Kirkby Stephen
Community Office, 72 Main Street
Cumbria Wildlife Trust, Community Office
Dent Heritage Centre, Laning, Dent *
Farfield Mill, A684 Garsdale Road * <i>Free to LA10 Residents on Sundays</i>
Friends Quaker Meeting House, Brigflatts.
George Fox's Quaker Pulpit, Firbank
Golf Club, Catholes, Sedbergh *
Information Centre, 72 Main Street
History Society, Community Office
Holme Working Farm, Middleton *
Holy Trinity Church, Howgill
Jubilee Wood Nature Area, Castlehaw Lane
Langstone Fell, A684 Garsdale Foot
Methodist Church, New Street
Motte & Bailey Castle, Castlehaw Lane
Pepperpot Folly, Busk Lane
Picnic Site, Ghyllas, Cautley Road
Picnic Site, Settlebeck New Bridge
Play Ground, Dent Village
Play Ground, People's Hall
Play Ground, Maryfell
Queen's Gardens, Station Road
St. Andrew's Church, Dent
St. Andrew's Church, Main Street, Sedbergh
St. Gregory's Church, Vale of Lune
St. John's Church, Cowgill
St John's Church, Firbank
St. John's Church, Garsdale
St. Mark's Church, Cautley
Sedbergh Embroidery, StAS
Tennis Courts, Guldrey Lane
United Reformed Church, Main Street
Winder Fell, above Sedbergh

* = Entry Fee Applicable

PERSONAL & SMALL ADS £1

GERRY BLACKWELL

Sheila, Jeremy and Julia Blackwell would like to thank everyone for their amazing support and kindness following the sad loss of Gerry. Such support has been wonderful and greatly appreciated.

OLIVIA DAVIES

Happy 5th birthday to our gouges daughter Olivia have a fabulous day love you lots mummy and daddy xxx

OLIVIA DAVIES

Happy 5th birthday to our great granddaughter love you lots great granny and grandad McCormack xxx

OLIVIA DAVIES

We would love to wish our niece livie a happy 5th birthday see you soon Liv love auntie Claire and Shannon xx

OLIVIA DAVIES

Happy birthday to our granddaughter Olivia can't believe you are 5 where has the time gone love grandma and grandad xx

OLIVIA DAVIES

Happy 5th birthday livie love you lots like jelly tots nanna and dude xx

ELEANOR GORDON

To a very dear Mam, Nana, Great Nana and Great Great Nana. Our very best wishes for your 99th Birthday on 6th May. Many Happy Returns with lots of love from Sheila, Derek and all your family XXX

JOAN LUFFMAN

Joan would like to thank everyone for their kind thoughts, cards and phone calls during her stay in hospital. And a special thanks to all the staff on Ward 20 at Lancaster Royal Infirmary.

FOR SALE

White Knight Tumble Dryer. 6kg. Nearly new. Needs to be vented. £75. Cal 015396 21467.

FOR SALE

2 Wrought Iron Garden gates 8' wide. £75 ono. Tel: 20235.

FOR SALE

Zanussi washing machine £50. Beko fridge freezer, 6 foot high with water dispenser in door. £50 each. Both in excellent condition. Buyer collects. Phone 015396 20553.



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BED & BREAKFAST

Proprietor	Address	Phone (015396)
Mrs S Gold-Wood	Number Ten Main Street, Sedbergh LA10 5BN (2013/02) 1D (ES); IT/F(ES); TV; NS; CH; P; CB; VB; DFB; Free Wi-Fi e-mail: sangold.kwood@virgin.net	21808
Mrs J Postlethwaite	Bramaskew Farm, Howgill, Sedbergh LA10 5HX (2013/09) 1D(ES); 1T(ES); CH; TV; P; NP; Di; VB; EM; CW e-mail:- stay@drawellcottage.co.uk	21529
Mrs S Sharrocks	Holmecroft; Station Road, Sedbergh LA10 5DW (2013/11) 1D; 1T; 1S; TVL; CH; NS; NP*; P; DR Web Site: www.holmecroftbandb.co.uk	20754
Mrs A Bramall	Summerhill, 7 Highfield Road, Sedbergh LA10 5DH (2013/11) Sleeps 6-8 3D (1ES), 1T (PB), TVL, CH, NS, DW, DR, VB, CB, DFB e-mail: ali@interact.co.uk	20360
Miss S Thurlby	15 Back Lane, Sedbergh LA10 5AQ (2012/12) 1D; 1T; TVL; CH; DW; P; DR; VB e-mail:- wheelwright.cottage@homecall.co.uk Free Wi-Fi available	20251
Mrs J Hope	The Old Joinery, Garsdale, Sedbergh LA10 5PJ (2012/12) F/D (4 poster); 1S; ES; CH; TV; P; NS; DW; CW; DR; DA; VB* e-mail: enquiries@theoldjoinery.com	20309
Ms D Wood	Daleslea, Station Road, Sedbergh LA10 5DL (2014/06) 1D(ES); 2D/F(ES); TV; CH; P; NS; VB; CW	21789

CAMPING, CARAVANNING & SELF-CATERING

Mrs Whitfield	Old Station Cottage. Station Road, Sedbergh LA10 5HP (2016/12) Sleeps 1-4; 2D (King); CH; TVL; P; NS; DR; WiFi; Bike Storage www.oldstationcottage.co.uk	20799
Mrs A Bramall	Summerhill, 7 Highfield Road, Sedbergh LA10 5DH (2013/11) Self-Catering Sleeps 6-8	20360
Sycamore Cottage, Lunds, Sedbergh LA10 5PX (2013/09)	Sleeps 2; D; CH; TVL; P; NS; DW	01969 667356
Borrett Barn Caravan, Marthwaite, Sedbergh (2015/06)	Sleeps 4 people; D; T; CH; L; P; NS	21175
Borrett Barn Flat, Marthwaite, Sedbergh (2015/06)	Sleeps 4 people; D; T; CH; L; P; NS	21175

KEY

F = Family Rm; D = Double Rm; S = Single Rm; T = Twin Rm; ES = En Suite; PB = Private Bathroom
 CH = Central Heating; L = Lounge; TV = TV in all Rooms; TVL = TV Lounge; P = Parking; DA =
 Disabled Access; NS(B) = No Smoking (Bedrooms); NP(*) = No Pets (* by arrangement); DW = Dogs
 Welcome

DR = Drying Room; Di = Dinners; VB = Vegetarian Breakfast; CB = Celiac Breakfast; EM = Evening
 Meal

CW = Children Welcome; TL = Table Licence; DFB = Dairy Free Breakfast

Organisation	Updated	Contact	Tel:	015396
Age UK South Lakeland	08/13	Mrs Greensmith	01539	728180
Aglow International	04/15	Mrs Armitstead	015242	71062
Allotments Association - Dent	02/14	Mrs Owen	Dent:	25505
Allotments Association - Sedbergh	02/09	Mr Atkins	Sed:	20031
Angling Association	01/09	Mr Wright	Dent:	25533
Art Society - Sedbergh	09/14	Mr Morrison	Sed:	20209
Badminton - Sedbergh	10/08	Mr Wheatley	07816	437500
Beekeepers Association	04/15	Mrs Pauley	015242	51549
Bell Ringers (StAS)	02/14	Mrs Sharrocks	Sed:	20754
Book Group	01/09	Mrs Dodds	Sed:	20308
Bowling Club - Sedbergh	09/14	Mrs Killops	Sed:	20279
Bridge Club	01/09	Mr Estensen	Sed:	21060
Bridging the Gap	05/14	Mr Richardson	01772	561323
British Legion	12/15	Mr Parratt	Sed:	20964
Canoe Club - Sedbergh	01/09	Mr Hinson	Sed:	20118
Caving Club - Kendal	01/09	Mr Teal	Sed:	20721
Chamber of Trade	12/12	Mrs Sayner	Sed:	20935
Chameleons Drama Club	01/09	Mrs Bush	Sed:	20058
Christian Aid	01/09	Mrs Hannam	Sed:	20897
Community Swifts (Sedbergh)	03/16	Mrs Hoare	01539	824043
Conservative Association - Sedbergh	01/09	Mr Beck	Sed:	20336
Cricket Club - Dent	01/09	Mr Hyde	Dent:	25503
Cricket Club - Sedbergh	02/15	Mr Hoggarth	01539	583793
Cumbria Wildlife Trust	01/09	Mrs Garnett	Sed:	21138
Dentdale Choir	11/13	Mr Steele	Dent:	25054
Dent Meditation Centre	09/14	Mrs Brooke	07582	017396
Dent Memorial Hall	01/09	Mrs McClurg	Dent	25446
Dentdale Players	01/09	Mr Duxbury	Dent	25535
Dent Primary School - Friends of	03/13	School	Dent:	25259
Dog Training - Sedbergh	01/09	Mrs Robertshaw	Sed:	20316
Farfield Mill Arts & Heritage Centre	12/10	Ms Last	Sed:	21958
Firbank Church Hall	09/11	Mr Woof	Sed:	21343
Fire Service (Tuesday Evenings)	01/09	Mr Packham	Sed:	20302
First Responders - Dent	01/09	Mrs Pilgrim	Dent:	25589
First Responders - Sedbergh	02/15	Mr Cobb	Sed:	22541
Football Club - Dent	01/09	Mrs Mitchell	Dent:	25432
Football Club Junior - Sedbergh	07/14	Mr Kirby	Sed:	21214
Football Club Senior - Sedbergh	07/14	Mr Parkin	Sed:	20585
Gala Group - Sedbergh	06/13	Mr Kernahan	Sed:	20733
Garsdale Village Hall	01/09	Mrs Scarr	Sed:	20502
Golf Club	12/08	Mr Gardner	Sed:	21551
Good Companions - Dent	04/16	Mrs Woof	Dent:	25212
Help Tibet Northern Branch	01/09	Mrs Howarth	Sed:	20090
History Society	01/09	Mr Cann	Sed:	20771
Howgill's Harmony	01/09	Mr Burbidge	Sed:	21166
Howgill Harriers	03/11	Mrs Shuttleworth	Sed:	20907
Howgill Toddlers	01/09	Mrs Alderson	Sed:	22050
Howgill Village Hall	01/09	Mrs Stainton	Sed:	20665
Kent Lune Trefoil Guild	12/13	Mrs Gilfellon	01524	781907

Killington Parish Hall	08/13	Mr Mather	015242	76333
Killington Sailing Association	12/08	Dr Ripley	Sed:	21101
Labour Supporters Group	10/15	Mr Cross	01539	634139
Ladies National Farmers Union	12/11	Mrs Sandys-Clarke	Sed:	21246
Liberal Democrats	12/08	Mrs Minnitt	015242	72520
Little People	12/14	Mrs Suttle	07810	833478
Lunch Club	11/10	Miss Gladstone	Sed:	20438
Messy Church	09/14	Mrs Raw	Sed:	20542
Methodist Church Hall	04/14	Mr Allen	Sed:	20194
Over 60's - Dent	04/14	Mrs Richards	Dent:	25324
Parent Support Group	01/09	Mrs Goad	Sed:	20402
Parish Council - Dent	07/12	Mr Stephenson	Sed:	21487
Parish Council - Garsdale	12/14	Mr Johns	Sed:	22170
Parish Council - Sedbergh	04/14	Mrs Hassam	Sed:	20125
People's Hall	08/15	Sleepy Elephant	Sed:	21770
Pepperpot Club - Sedbergh	01/09	Mrs Smith	Sed	21196
Pistol and Rifle Club	01/09	Mr Middlemiss	Sed:	20662
Playground - Sedbergh	04/14	Mrs Hassam	Sed:	20125
Playgroup - Sedbergh	09/14	Mrs Kitchen	Sed:	20826
Playing Field - Sedbergh	10/09	Mr Longlands	Sed:	20885
Pulse Gym	03/10	Mrs Gold-Wood	Sed:	21808
Red Squirrel Group - Sedbergh	09/15	Mrs Palmer	07584	285923
Residents Association - Sedbergh	01/09	Mrs Capstick	Sed:	20816
Rose Community Theatre	08/15	Mrs Gold-Wood	Sed:	21808
Scouts - Beavers	11/15	Mr Mawdsley	Sed:	20723
Scouts - Cubs	11/15	Mr Mawdsley	Sed:	20723
Scouts	01/09	Mr Mawdsley	Sed:	20723
Scouts - Explorers	11/15	Mrs Colton	07789	906421
Settlebeck High School P.T.F.A.	04/15	Mr Hartley	Dent:	25317
Sight Advice South Lakeland	04/15	Miss Harper	Sed:	20613
South Lakeland Carers Association	01/09	Mrs Woof	Dent:	25212
Squash Club	10/15	Mr Bannister	Sed:	21664
Swimming Club	03/16	Mrs Thexton	kate574@btinternet.com	
Tennis Club	01/09	Mr Robinson	Sed:	21014
Town Band	01/09	Mrs Waters	Sed:	20457
Town Twinning Group	09/14	Mrs Garnett	Sed:	21138
White Hart Sports and Social Club	01/09	The Committee	Sed:	20773
United Reformed Church Rooms	01/09	Mrs Haworth	Sed:	20428
Voluntary Car Scheme	06/15	Mr Dodgson	Sed:	20869
Walking & Cycling Group	08/14	Miss Nelson	Sed:	21770
Westmorland Gazette Correspondent	01/09	Mrs Gold-Wood	Sed:	21808
Women's Institute - Dentdale	06/14	Mrs Belfield	Dent:	25775
Women's Institute - Howgill	04/13	Mrs Hoggarth	01539	824663
Women's Institute - Killington	01/09	Mrs Sharrocks	Sed:	20754
Women's Institute - Sedbergh	12/13	Mrs Kernahan	Sed:	20733
Young Cumbria	01/09	Mrs Hartley	01524	781177
Young Farmers Club	11/15	Miss Thompson	07590	115844
Young Kidz	01/09	Mrs Baines	Sed:	21287

* = Latest Amendments

If there are any Groups missing and/or contact details are incorrect,
please supply details to the Lookaround Office.

EDITORS COMMENTS

My error for last month was putting Olivia Davies in April when it should have been this month. Happy Birthday Olivia.

Another two new Advertisers this month with Louise Thompson Photographer and Nutrimeat. Give them your support and please mention Lookaround.

LOOKAROUND INFORMATION

The Sedbergh & District Lookaround is edited, published & distributed monthly by Dennis & Jacky Whicker & is printed by Stramongate Press. The content of The Lookaround does not reflect the views of the Editors.

Whilst every effort is made to ensure that information is correct, the Editors cannot accept any responsibility for any inconvenience caused through errors or omissions.

Copies are available from Sedbergh Information Centre, Sedbergh Mini Market, Post Office, Spar, Dent Stores & Barbon & by Post (please enquire).

All items for Lookaround must be sent to the Sedbergh Information Centre at 72 Main Street, Sedbergh or deposited in the Lookaround Post Box there or sent to

editor@sedberghlookaround.org.uk

ADVERTISING

For the benefit of advertisers, the following information will assist you.

If you wish to place an Advert in Lookaround, please include the correct money or cheque with the details & place it in the Post Box. A receipt will be issued & left in the Lookaround Tray in the Office for collection or include a SAE.

Our distribution area is the LA10 Postal District which is Sedbergh & the

Sedbergh Post Office

24 Main Street, LA10 5AA

Tel: 015396 20406

e-mail:- sedberghpostoffice@gmail.com

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surrounding villages, but it is sent all round the country & the world.

We are published on the 1st of every month (except January).

February to November is printed black ink on white. The December/January issue is in full colour. All copies have a full colour cover to indicate a new issue & photographs are requested from our readers who will be credited.

We do not have whole page adverts but will allow two half page adverts opposite each other.

The Front Page is given priority to Event Adverts relevant for the appropriate month.

You can supply the information & we can create an advert for you. You can supply an example in hard copy & we will reproduce it (please mention if a particular Font is required). You can

supply an original using Microsoft Publisher, a Word, a jpg or as a PDF. If you order numerous adverts, the content can be the same every month or it can change if you are seasonal.

The closing date for new Adverts is 15th of every month. Renewed adverts & articles are 19th of every month. Advertising rates have been updated: December 1991, December 1995, March 1997 & August 1999. (over 16 years ago.)

PERSONAL MESSAGES

These are £1 each & are for sending Good Wishes, Thank You's, Birthday Greetings, Anniversaries & any other celebration or congratulation. You may also sell personal items - not on a business basis, & also make an appeal for wanted items.

Details with respect to people Passing



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Away are inserted for free.

Please submit legible writing as many mistakes have been made in the past due to not being able to read properly.

GROUPS AND ORGANISATIONS

Any organisation that charges an admission, sells items or requires a donation from the public for anything at their event & wishes to include details in *The Lookaround*, are requested to place an Advert with us. This can be supported by text which cannot all be included in the advert. Any report *after* the Event is free. The request for payment for an Advert is to assist with financing *The Lookaround* which has a large printing expense every month. We feel that the Advertising Rates are very reasonable. All Adverts for Events automatically have the details entered into the Diary Page at the rear of *The*

Lookaround. If organisations do not wish to Advertise with us, details of the Event will still appear on the Diary Page, but no text will be inserted.

BUSINESSES

Adverts for the Rent or Sale of property are not Personals & can only be included as a boxed Advert.

If you are a new advertiser in *Lookaround* & you order 3 or more adverts, you will receive one free advert & can also include some text explaining who you are, what you are, where you are, etc (which can not all go into an advert) up to about 550 words for free.

If you have more than 3 months of advertising, we will automatically send a renewal reminder should you wish to continue. If you order 10 months, we give you one free (making one whole



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Learn to play Ukulele with your child!

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year).

We respectfully request payment with ordering. Please make cheques payable to "Sedbergh & District Lookaround".

Payments by BACS can also be made.

Account: Lookaround

Account Number: 30940267

Code: 20-45-28

Reference: Invoice Number or
your name or reference.

Any receipts issued for Adverts will be left in the Lookaround Tray in the Information Centre for collection.

CHILDREN'S BIRTHDAYS

Children's Birthdays are included free on the Birthday page until their 11th Birthday.

Every month, a randomly selected child will receive a £10 Gift Voucher to be used in Sedbergh or Dent from

www.bonnybrides.co.uk



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Mobile: 07779 049103 or 07814 149105

Lookaround who will receive it by post. For this reason, we require the postal address of each child. If we have no address, they are unable to receive it. If anyone or any business would like to Sponsor the Birthday Gift, please contact us. Full credit will be given.

GRAHAM J MOFFAT



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New Road, Barbon LA6 2LL
015242 76224

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BUS SERVICES

Sedbergh to Blackhall Rd, Kendal via Oxenholme					Blackhall Rd, Kendal to Sedbergh via Oxenholme				
Depart	Arrive				Depart	Arrive			
0808 (C, L)	0852	M - F	502	SCC	0900	0935 (L)	Sat	S1	WDB
0815 (M)	0855	Sat	S1	WDB	1030	1056 (L)	M - F	564	W
0940 (L)	1010	M - F	564	W	1245 (Mo)	1325 (M)	Sat	S1	WDB
1015 (L)	1045	Wed	564A	W	1300	1330 (L)	Wed	564A	W
1050 (L)	1130 (Mo)	Sat	S1	WDB	1330	1356 (L)	M - F	564	W
1240 (L)	1310	M - F	564	W	1420	1455 (M)	Sat	S1	WDB
1338 (M)	1415	Sat	S1	WDB	1615	1652 (M)	Sat	S1	WDB
1528 (M)	1605	Sat	S1	WDB	1705 (C)	1749 (L)	M - F	502	SCC
Sedbergh to Kirkby Stephen					Kirkby Stephen to Sedbergh				
1749 (L) (C)	1819	M - F	502	SCC	0738 (C)	0808 (L)	M - F	502	SCC
Sedbergh to Kirkby Lonsdale					Kirkby Lonsdale to Sedbergh				
0945 (L)	1018	Thu	567A	W	1215	1248 (L)	Thu	567A	W
Sedbergh to Dent					Dent Station to Dent				
0935 (L)	0950	Sat	S1	WDB	1020	1035	Sat	S1	WDB
1330 (L)	1345	Wed	564A	W	1750	1805	Sat	564A	WDB
1455 (M)	1510	Sat	S1	WDB	1930 (R)	1945	Sat	564A	WDB
1652 (M)	1705	Sat	S1	WDB	Dent to Sedbergh				
1840 (L, R)	1855	Sat	S1	WDB	1000	1015 (L)	Wed	564A	W
Dent to Dent Station					1035	1050 (L)	Sat	S1	WDB
0950	1005	Sat	S1	WDB	1515	1528 (M)	Sat	S1	WDB
1705	1720	Sat	S1	WDB	1805	1820 (L)	Sat	S1	WDB
1855 (R)	1910	Sat	S1	WDB	1945 (R)	2000 (L)	Sat	S1	WDB
Trains from Leeds to Dent Station Sat Only					Last Update: May 2016				
Arrive Dent	1016		1923						
Trains from Carlisle to Dent Station Sat Only									
Arrive Dent	1038	1732	1920						

L = Library ~ M = Maryfell ~ Mo = Morrisons

SCC = Stagecoach

C = College Days Only

W = Woof's of Sedbergh

R = Request Only

WDB = Western Dales Bus

*Whilst every effort has been made to ensure that the times shown are up to date,
they can change at short notice.*

For Comprehensive up-to-date information ring Traveline 0871 200 22 33 (Open : 7am - 8pm Daily)

BUS SERVICES

S2 Cautley Flyer Sunday only until 25th September				
Cross Keys		1135		1715
Maryfell		1144		1725
Library	1000	1145	1615	1735
Spar		1146	1616	
Dent	1015	1200	1630	1750
Lea Yeat	1028			1803
Dent Station	1030			1805
Trains from Leeds to Dent Station				
Arrive Dent	1038			
Trains from Carlisle to Dent Station				
Arrive Dent	1040			1816

S2 Cautley Flyer

Sunday only until 25th September

Dent Station	1045			1820
Lea Yeat	1047			1822
Dent	1100	1210	1645	1835
Spar	1114	1224	1659	
Library	1115	1225	1700	1850
Maryfell	1116		1701	
Cross Keys	1125		1711	

S4 Kirkby Stephen Connect

Friday only until further notice

Dent	0945	
Spar	0959	
Library	1000	
Maryfell	1002	
Cautley	1007	
The Fat Lamb	1017	
Ravenstonedale	1022	
Kirkby St Station Arr	1029	
Kirkby St Station Dep	1039	
Kirkby Stephen	1045	

S4 Kirkby Stephen Connect
Friday only until further notice

Kirkby St Station		1251
Kirkby Stephen Arr		1257
Kirkby Stephen Dep	1235	1310
Kirkby St Station	1241	1316
Ravenstonedale		1323
The Fat Lamb		1328
Cautley		1338
Maryfell		1343
Library	0930	1345
Spar		1346
Dent	0945	1410R

S3 Hawes Hopper Tuesday only until further notice		
Dent		0930
Spar		0944
Library		0945
Maryfell		0947
Farfield Mill		0949
Garsdale Street		0957
Moorcock Inn		1004
Hawes Creamery		1015
Hawes Market Place		1018
Hawes Dales Centre		1020
S3 Hawes Hopper Tuesday only until further notice		
Hawes Dales Centre		1235
Hawes Market Place		1237
Hawes Creamery		1240
Moorcock Inn		1251
Garsdale Station		1253
Garsdale Street		1258
Farfield Mill		1306
Maryfell		1308
Library	0915	1310
Spar		1311
Dent	0930	1325R

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MAY CHURCH SERVICES					
St. Andrew's Sedbergh	1st	8th	15th	22nd	29th
8.00 am	HC BCP	HC BCP	HC BCP	HC BCP	HC BCP
10.30 am	HC CW	HC CW SS	HC CW	Family Service	HC CW
6.30 pm	EP	EP	EP	EP	EP
Wednesday	4th	11th	18th	25th	
11.00	HC BCP	HC BCP	HC BCP	HC BCP	
	1st	8th	15th	22nd	29th
St. Mark's Cautley	2.30pm HC	9.30am MP	9.30am HC by Extension	9.30am HC by Extension	9.30am HC by Extension
St. John's Garsdale	9.30am MP	9.30am MP	9.30am HC	9.30am MP	9.30am MP
LUNE PARISH SERVICES					
	1st	8th	15th	22nd	29th
Holy Trinity Howgill			10.30 am Joint Ecumenical Pentecost Service. Sedbergh Methodist Church	2 pm Family Service & Lambing Service	
St John's Firbank	10.30 am Holy Communion	2 pm Family Service & Baptism			
All Saints Killington		2 pm Family Service & Baptism			10.30 am Holy Communion
DENT & COWGILL PARISH SERVICES					
	1st	8th	15th	22nd	29th
St. Andrew's	10.30 am Holy Communion	10.30 am Holy Communion	10.30 am Holy Communion	10.30 am Holy Communion	10.30 am Holy Communion
St. John's	9.00 am Holy Communion		2.30 pm Lambing Service		
worship@peopleshall					
	1st				
People's Hall	1030				
HC = Holy Communion		SS = Sunday School			
BCP = Book of Common Prayer		MP/EP = Morning Prayer/Evening Prayer			
CW = Common Worship		M&P = Meditation & Prayer			
PC = Parish Communion		Taize = Modern Chants & Choral			
MP NC = MP with Northumbrian Community		NSV = New Sedbergh Version			

Religious Services in Sedbergh

CHURCH OF ENGLAND

St. Andrew's Parish Church
Sunday 08.00, 10.30 & 18.30
Wednesday 11.15

Rev. A. McMullon Tel: 20018

Church Wardens:

Tony Reed Screen 21081
& Susan Sharrocks 20754

www.sedbergh.org.uk/churches/anglican

ROMAN CATHOLIC

St. Andrew's Parish Church
Sunday 12.00
Holy Days 19.30

Rev. Dr. P. Campbell Tel: 20918

METHODIST CHURCH

New Street
Sunday 10.30

Rev. H. Stuteley Tel: 20329

UNITED REFORMED CHURCH

Main Street
Sunday 10.30

Rev. C. Marsden Tel: 22030

SOCIETY OF FRIENDS

QUAKERS
Brigflatts
Sunday 10.30

Tess & Philip Satchell Tel: 20005

DENTDALE

CHRISTIAN FELLOWSHIP
Rhumes, Dent LA10 5QJ
Every 4th Sunday 1900
Sarah Woof Tel: 25212

*Enquiries for the following services,
please ring the relevant telephone number*

CHURCH OF ENGLAND

Cautley & Garsdale

Rev. A. McMullon Tel: 20018

Church Wardens:

Cautley: Judith Bush 20058
& Maureen Hinch 20843

Garsdale: Rosemary Lord 20993
& Bill Mawdsley 20723

Firbank: Colin Wilson 20952

& Jean Dixon 20435

Howgill: Mary Stainton 20426
& Dorothy Parker 20493

Killington: Jennifer Thornley 20444
& John Mather 015242 76333

Dent & Cowgill

Rev. P. Boyles Tel: 25226

METHODIST CHURCH

Dent; Dent Foot;
Cautley; Fell End;

Garsdale Street; Garsdale Low Smithy;
Hawes Junction & Frostrow

Rev. H. Stuteley 20329

SEDBERGH CHRISTIAN CENTRE

5.30 pm People's Hall every Sunday
Tel: 28151

www.sedberghchristiancentre.co.uk

worship@peopleshall

10:30 am 1st Sunday each month
Beth & Sandy Roy Tel: 20785

UNITARIAN & FREE CHRISTIAN CHAPEL

Market Place, Kendal

Sunday 11.00

Wednesday 19.30

Rev. G. Jones Tel: 01539 722079

Lookaround Advertising Rates

Single Column 2.56" x 1"	= £7.50
Single Column 2.56" x 2"	= £10.00
Single Column 2.56" x 3"	= £12.50
Single Column 2.56" x 4"	= £15.00
Double Column 5.2" x 2"	= £15.00
Double Column 5.2" x 3"	= £20.00
Double Column 5.2" x 4"	= £25.00
B & B and Camp-sites	= £2.00
Personal & Small Ads	= £1.00
Postal per month to Britain	= £2.00
Postal per month Overseas	= £4.00

All information to
72 Main Street, Sedbergh LA10 5AD
New Adverts by 15th of every month.

*Can all adverts please be
accompanied with the correct money
at the time of submission.*

All else by 19th of every month

Last Price Update August 1999.

DIARY OF EVENTS

Dates are held up to 22nd March 2017

MAY				
1 1000 In Tandem Exhibition till 3rd July	DCMH	25 1000 Coffee Morning - Firbank Church	URCR	
1 1230 Pathfinder Map Readin	DCMH	25 1400 Hawes Town Trail	DCMH	
2 May Day		27 SS Half Term Begins		
2 1800 Northern Harmony Concert (5)	PH	27 0930 ☽ Wild Roses with SarahM (27)	West Shaldon	
3 1700 Town Twinning AGM	CO	27 1000 Mindfulness Course (7)	MCD	
4 1000 Coffee Morning - Headway (April)	URCR	27 1100 In The Kitchen	DCMH	
5 0700 Local Elections		27 1800 Annual Summer BBQ	FCH	
5 1930 WIH Genealogy	HVH	28 1400 Open Gardens	Gate Manor	
5 1930 KL Choral Society Concert (April)	HTCC	29 ☽ Sedbergh Music Festival Starts	Sedbergh	
6 1900 SPS PTFA Auction (6)	SPS	29 1000 In The Meadow Print Workshop	DCMH	
7 1000 No. 6 Official Open Day (8)	No. 6	29 1100 Monthly Drop-In Meditation (7)	MCD	
7 1000 Walking: A Spiritual Path (7)	MCD	29 1330 Special Event (7)	MCD	
7 1000 StAD Coffee Morning	DMH	29 1400 Open Gardens	Gate Manor	
7 1030 Toothbrush Rag Rug Workshop (16)	FM	29 1930 ☽ A Night at the Opera	StAS	
7 1930 LAS Cheese & Wine (59)	Underley Grange	30 Spring Bank Holiday		
10 1330 Discover Aisgill Force	DCMH	30 1000 Cowgill Church Annual Fair (31)	DMH	
10 1400 WIK Resolutions & Hedgehogs	PH	30 1000 Family Fun Day & Car Boot Sale (30)	Dent	
10 1930 Sedbergh Public Annual Meeting (10)	PH	30 1300 ☽ J Cann & D Chapman Recital	STAS	
11 1000 Coffee Morning - Red Squirrels (11)	URCR	30 1930 Duck Race & Coffee Evening	HVH	
11 1915 WID Resolutions Meeting	DMH	30 1930 ☽ Stonebridge Quartet	STAS	
11 1930 WIS Resolutions & Jacobs Join	PH	31 1030 Age UK Walk - Orton (April)	PH	
12 ☽ Food & Drink Festival Starts (9)	Sedbergh	31 1100 Drystone Walling	DCMH	
12 1030 4 Shaft Honeycomb (16)	FM	31 1930 ☽ The Sterling Trio	STAS	
JUNE				
12 1200 Lunch Club	Red Lion	1 1000 Coffee Morning - Middleton Church	URCR	
12 1900 Garsdale PC Annual Meeting (7)	GVH	1 1000 In Tandem Exhibition till 3rd July	DCMH	
12 1915 Royal British Legion (32)	WHC	1 1300 ☽ A Meze of Melody & Song	STAS	
12 1930 Sedbergh Annual Parish Meeting (6)	PH	1 1930 ☽ Sedbergh Town Band	STAS	
13 1800 Rhyme Time (13)	Smartt's	2 1030 Shadow Weaving (16)	FM	
13 1930 Belshazzar's Feast (12 & 47)	PH	2 1800 Killington Sports (32)	BKF	
13 ☽ Foodfest Events (9)	KLGC	2 1930 WIH Members Evening	FCH	
14 0900 Open Day (Feb)	Business Hub	2 2000 ☽ Jonty Fisher Flyright Trio	STAS	
14 1030 Sheepfest Drop-In (14)	Pepperpot	3 1300 ☽ Organ Recital	STAS	
14 1300 Official opening (29)		3 1930 ☽ Castalia String Quartet	SIAS	
14 1900 Flicks in the Fells (7)	PH	4 1000 StAD Coffee Morning	DMH	
14 ☽ Foodfest Events (9)	Sedbergh	4 1000 ☽ Pepperpot Coffee Morning	SIAS	
14-20 Christian Aid Week (18)	DCMH	4 1900 Flicks in the Fells (7)	PH	
15 1100 Rugmaking Workshop	SMC	4 2000 ☽ Dentdale Choir	STAS	
15 1600 Messy Church (15)	HVH	5 SS Half Term Ends		
16 1930 WIH Group Meeting	PH	5 1230 Choral Workshop & Post Concert (April)	HTCC	
17 1400 Sight Advice South Lakes	MC	5 Yomp Mountain Challenge (35 & 78)	KS	
17 ☽ Foodfest Events (9)	SSTS	6 1300 ☽ From Dark to Light	STAS	
18 1000 Coffee Morning - Christian Aid	URCR	6 2000 ☽ Cornucopia	STAS	
18 ☽ Foodfest Events (9)	Smartt's	7 1300 ☽ Style 85 Harp Duo	SIAS	
18 1900 Eat Your Words (13)	MC	7 1930- ☽ Kentdale Ensemble	STAS	
19 1300 Medical Centre Closed for Training (19)	SSTS	8 WIS Summer Outing	TBA	
19 1700 Teatime Concert	DMC	8 1000 Coffee Morning - Garsdale Church	URCR	
19 ☽ Foodfest Events (9)	Sedbergh	8 1030 History Society - Little Salkeld (25)	LHCP	
20 1930 Tan Hill Tales	StAS	8 1915 WID RSPB Leighton Moss	DMH	
20 ☽ Foodfest Events (9)	PH	8 2000 ☽ Tasmin Little & Martin Roscoe	STAS	
21 1000 DMC Coffee Morning	DMC	9 1200 Lunch Club	Red Lion	
21 1200 Sedbergh Gala (1)	Sedbergh	9 1300 ☽ Sedbergh School Musicians	STAS	
21 1930 Allegri Concert (21)	StAS	9 1915 Royal British Legion (32)	WHC	
21 1930 Evening Entertainment (1 & 20)	PH	10 2000 ☽ Chris Lafferty	PH	
21 ☽ Foodfest Events (9)	Sedbergh	11 1100 Sing Joyfully (April)	Kirkby Lonsdale Church	
21 Food & Drink Festival Ends (9)	LHCP	11 1930 ☽ York Minster Choir	STAS	
23 1300 History Society - Kendal Museum (25)	PH	12 1030 ☽ Sedbergh School Choir	STAS	
23 1930 A Walk in the Park (23)	FM	12 Sedbergh Music Festival Ends	Sedbergh	
24 1030 Flowers in Watercolour (16 & 24)		12 pm Queen's Birthday Afternoon Tea (76)	STAS	
		14 1400 WIK How to Drop a Brick	PH	

15	1000	Coffee Morning - WIH	URCR
15	1900	Town Band Concert	CHI
18	0930	Artisan Market	Main Street
18	1000	CA Coffee Morning	DMC
18		Sedbergh Cycling Festival (74)	Sedbergh
18	1930	Old Time Dance (47)	PH

19		Fathers Day	
19		Sedbergh Cycling Festival (74)	Sedbergh
21	1200	Sight Advice South Lakes Lunch (7)	TBA
21	1230	History Society - Constable Burton (25)	LHCP
22	1000	Coffee Morning - Town Band	URCR
22	1300	Medical Centre Closed for Training (19)	MC
23		European Referendum Vote	
25	1000	DMC Coffee Morning	DMC
26	1500	A Shepherd's Dwelling Tea (56)	Rhumes
26	1915	Organ Recital	SMC
28	1030	Age UK Walk - Semerwater (April)	PH
29	1000	Coffee Moring - WIK	URCR
30		WIH Summer Outing	

JULY

1	0930	The Big Sing (April)	SSPS
1	1000	In Tandem Exhibition till 3rd July	DCMH
2	1000	STAD Coffee Morning	DMH
2		Wickerfishart (WA)	FM
2	1900	Flicks in the Fells (7)	PH
4	1030	American Braided Rugs (16)	FM
6		SS End of School Year	
6	1000	Coffee Morning - URC	URCR
7	1930	WIH Tai Chi	HVH

STOBARS HALL Care Home



The aim of Stobars Hall is to offer our guests maximum independence in order that they can lead full and varied lives, cared for by trained staff who provide physical, emotional and social support every hour of the day.

STOBARS HALL RESIDENTIAL HOME

If you would like further details, or simply a chat about life at Stobars Hall, please telephone Shane or Beryl on

017683 71291

Stobars Hall, Kirkby Stephen, Cumbria, CA17 4HD
www.thefranklyngroup.com

COVER PICTURE

Sedbergh Gala

*By Stuart Manger
& Sedbergh Gala*

DIARY KEY

BF	= Brigflatts
BFK	= Beckside Farm, Killington
BVH	= Barbon Village Hall
CDC	= Community Development Centre
CHI	= Country Harvest Ingleton
CO	= Community Office, Main Street
CTIS	= Churches Together in Sedbergh
CWT	= Cumbria Wildlife Trust
DCMH	= Dales Countryside Museum, Hawes
DCP	= Dent Car Park
DMH	= Dent Memorial Hall
DMC	= Dent Methodist Church
FCH	= Firbank Church Hall
FM	= Farfield Mill
GH	= Gladstone House
GVH	= Garsdale Village Hall
HS	= History Society
HTCC	= Holy Trinity Church Casterton
HVH	= Howgill Village Hall
JLCP	= Joss Lane Car Park
KLGC	= Kirkby Lonsdale Golf Club
KLL	= Kirkby Lonsdale Library
KVH	= Killington Village Hall
L	= Library, Main Street
LHCP	= Loftus Hill Car Park
MC	= Medical Centre
MCD	= Meditation Centre, Dent
MCH	= Mansergh Community Hall
PH	= People's Hall
QG	= Queens Gardens
SASL	= Sight Advice South Lakeland
SMC(R)	= Sed. Methodist Church (Room)
STAS/D	= St Andrew's Church, Sedbergh/Dent
STJCC	= St Johns Church Cowgill
STMC	= St Mark's Church, Cautley
SHQ	= Scout Headquarters
SIO	= Sedbergh Information Office, Main St
SSAT	= Settlebeck School Academy Trust
SSPS	= Sedbergh School Thornley Studio
URC(R)	= United Reformed Church (Rooms)
WID	= Women's Institute, Dentdale
WIH	= Women's Institute, Howgill
WIK	= Women's Institute, Killington
WIS	= Women's Institute, Sedbergh

PUBLIC INFORMATION

Sedbergh Medical Practice

01539 718191

Option 1 - 24hr Prescription line

Surgery and Dispensary Opening Hours

Monday – Friday 8am – 6.30pm
(Doors open at 8.15am)

Doctors Clinics

Monday – Friday

Open Surgery – 8.30am – 10.00am
(No appointment necessary)
Late Morning – 10.30am -12.30pm
(By appointment only)
Afternoon – 2.30pm – 6pm
(By appointment only)

Surgery by appointment only –
Early Morning Tuesday & Thursday
Late evening Monday & Tuesday

Dent Surgery by appointment only - Monday

Practice Nurses Clinics

Monday – Friday – 8.30am -6pm
(By appointment only)

Baby Immunisations/Travel Clinic – Wednesday afternoons **(By appointment only)**
Dressings Clinic – Friday afternoons
(By appointment only)

Blood clinic

Monday – Thursday – 8.20am – 12pm
(By appointment only)

Please telephone the surgery to make appointments for all the above clinics.

See our website www.sedberghmhp.nhs.uk for further details

When we are closed please ring 111 or 999 if appropriate

Collinge Optometrist

Friday only - 0900 to 1300 by appointment only

Bridging the Gap

First Monday - 1400 - 1600
Mrs Colpus 01228 595937

DENTAL SURGERY

Main Street 20626

Ben Houghton, Ian Dawson, Evan Hurst,
Katie McKay & Sarah Boom (Hygienist)
Monday to Friday 0900 - 1700
Saturday * 0900 - 1700

SEDBERGH LIBRARY Main Street 20186

Monday 1700 - 1900
Wednesday 1000 - 1230 1400 - 1700
Friday 1400 - 1700
Saturday 1000 - 1230

DENT LIBRARY Main Street 01539 713520

Tuesday 0900 - 1900
Saturday 0900 - 1400

SEDBERGH & DISTRICT INFORMATION CENTRE

for resident & visitor information

72 Main Street, Sedbergh

Open Monday to Saturday 1000 - 1600

Sunday 1200 to 1600

e-mail: tic@sedbergh.org.uk

Tel: 015396 20125/20504

www.sedbergh.org.uk

SOUTH LAKES CITIZENS ADVICE BUREAU

015394 46464

www.cumbriaruralcab.org.uk

PENSION SERVICE SURGERY

Stricklandgate House every Tuesday 1400 - 1600
01539 795000 or 0845 6060265

Age UK SL @ Sedbergh Library

3rd Wednesday every month

2 pm to 3 pm

01539 742627

COMMUNITY DEVELOPMENT CENTRE

Settlebeck Cottage Tel: 21031

www.sedberghcdc.org.uk

POLICE

101 or 999

PUBLIC TOILETS

Main Street, Sedbergh

Main Street, Dent

VETERINARY SURGERY

14 Long Lane

015396 20335 (including emergencies)

Mr N. Preston & Mr J. Bramley

Dispensary Monday to Friday 0900 - 1300

1400 - 1700

Consultations Monday to Friday 0900 - 1000 *

1400 - 1500 *

Other times by appointment only *

MARKET DAY

WEDNESDAY

HALF-DAY CLOSING

THURSDAY