

Sedbergh & District **LOOKAROUND**

August 2018

Issue 368

Donation £1

Another bumper issue with 100 pages this month. A continued BIG thank you to all contributors for your support, which supports our community.

My only request is that there are

many events that are organised in our area which fail to reach our pages. Help us to help you so please submit your free entries for the Diary which currently is up to 8th June 2019.

Dennis & Jacky Whicker

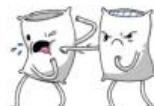
Pet Show ~ Egg Throwing ~ Sumo Wrestling ~ Coconut Shy

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S & D Lookaround 72 Main Street, Sedbergh LA10 5AD

Telephone: 015396 - 21960 ~ Mobile: 07464 - 895425

e-mail: editor@sedberghlookaround.org.uk ~ Web Site: <http://www.sedberghlookaround.org.uk>

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John Hosker Gardening Services



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August Birthdays

Day	Name	Age
2	Harvey CAPSTICK	5
4	Jessica MILBURN	5
4	Lucy ANDERSON	7
6	Malachi LONGFELLOW	7
11	Lewis SEDGWICK	10
13	Elsa RAINFORD	10
17	Luke LEWIS	7
27	Thomas CASH	11
29	John-Lucas STAINTON	7
30	Abbie WILSON	10

Weekly Coffee Morning

Cornerstone Community Church

Main Street, Sedbergh

10 am to 12 noon

August

- | | |
|------|---------------------|
| 1st | Allotments |
| 8th | North West Cancer |
| 15th | Garsdale Churches |
| 22nd | Beekeepers |
| 29th | St Andrew's Mission |

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105

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South Lakes Citizens Advice Bureau

03444 111 444

South Lakeland District Council

01539 733 333

Yorkshire Dale National Park

0300 456 0030

*If you would like to see any numbers listed here,
please let us know.*

DENT DALE CHRISTIAN FESTIVAL

Sarah Woof

The 2018 Summer Christian Festival will be held this year at Rhumes in Dent from Friday 3rd to Sunday 5th August.

The first event of Creative Worship Evening will be at 7pm on **Friday 3rd** followed by a Jacob's Join Meal.

Saturday 4th will see the Garden Café Open all day. At 2pm, there will be fun for all the family with a Bouncy Castle and Play Area. There will also be a Quiet Sanctuary Tent to sit and relax where hand & neck massages will be available on a first come first served basis. There will also be a Garden Treasure Trail.

At 5.30 pm, there will be a meal at the George & Dragon with music and

a short interview with Allie Holbrook.

At 8pm, there will be a film in the Methodist Chapel called 'Courageous' which be accompanied by hot chocolate & tray bakes.

Sunday 5th will see the Garden Café open at 11.45am.

From 1.30pm, there will be the Big Picnic. Bring your own and join in. There will also be a Bouncy Castle, Soft Play area with games and the Café will be open.

At 6.30pm, We will receive singer and speaker John Fox.

There are no charges for any of the above events but any donations would be greatly appreciated.

Camping is also available if required and for all enquiries, contact Sarah on 015396 25212.



A Lakeland Song Cycle for the Pancreatic Research Fund

Join us
Why not join us at one of our recitals?

Thursday August 2nd 7:30pm
Thornely Studio Sedbergh (LA19 SHD)

Friday August 3rd 12:00pm
Cartmel Priory (LA10 6PA)

Saturday August 4th 7:30pm
St Michael's Church Nether Wasdale (CA20 1ET)

Sunday August 5th 7:00pm
Crossthwaite Church (CA12 3QG)

Donate
You can donate now via our Just Giving page
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We welcome your support for a cause we are passionate about after losing our Mum to pancreatic cancer.

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Ripon Grammar School

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All for the pancreatic cancer research fund

2 BROTHERS, 2 BIKES, 4 CONCERTS, 200 MILES!

2 BROTHERS, 2 BIKES, 4 CONCERTS, 200 MILES!

Map showing the route of the song cycle across the Lake District, visiting locations like Cartmel, Kendal, Appleby, Penrith, and Nether Wasdale.

SEDBERGH PARISH COUNCIL

Janey Hassam

Clerk to the Council

This report covers items from the Parish Council meetings on the 12th July 2018. The next meeting is on Thursday 9th August 2018 at 7.30pm in the Committee Room, The People's Hall, Howgill Lane, Sedbergh.

Sedbergh School Challenge Week

Members wished to express their sincere thanks to Sedbergh School for all the projects recently carried out through the town, in particular, the works at Queen's Garden, the playground on Howgill Lane, Ghyllas Layby and Loftus Hill car park.

Other matters

Various other matters were

Polka Dot Cycles

Service - Wheel building - Repairs

James Palmer

015396 21615 ~ 07887780629

discussed, including: a short presentation from Zero Waste Sedbergh, Planning Applications, Amenities, Queen's Garden and Finances. Additionally, grant applications and correspondence items relating to the URC and Marketing. Also noted, the works completed on the catch pit/inspection chamber at Guldrey, with thanks for grants received toward this project from Cumbria County Council and Cumbria Community Foundation. Finally, remedial works to the wall at Joss lane car park (recently damaged) along with repairs required to the surface at the playground on Howgill Lane.

Update - Maryfell Play park

The Clerk is due to meet with SLDC to discuss the ongoing project to improve the park at Maryfell, apologies for the slow progress – but we are still working away in the background, thank you to all involved so far.

Please note that members of the public are invited to our monthly Meetings where, as always, they are able to comment or ask questions.

Public Participation is at the

DENT DALE CHRISTIAN FELLOWSHIP

Summer Christian Festival

Rhumes, Dent

Friday 3rd August

7pm

Creative Worship Evening

Saturday 4th August

Garden Café Open All Day
2pm

Fun for all the family

5.30pm

Pub Meal @ George & Dragon
8pm

Film 'Courageous'
@ Methodist Chapel

Sunday 5th August

11.45

Garden Café Open
1.30pm

The Big Picnic

6.30pm

Singer & Speaker John Fox

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**beginning of the Agenda and
should anyone wish to speak, they
would be welcome to attend from
7.30pm.**

If you have any thoughts/views on any of the above, or wish to contact Sedbergh Parish Council, please email me at

clerk@sedberghparishcouncil.org.uk

Please also note that a full reference copy of all documents relating to meetings is held at 72 Main Street in the Parish Council Office and online at www.sedbergh.org.uk

ANARCHY IN GARDEN CITY

Philip Johns

The official bit:

Firstly, apologies to those who have been looking for an update of Garsdale Parish Council activities recently and have 'missed' these articles but spare time has been as rare as rocking horse droppings recently due to an overload of personal work, elections and changes in the auditing procedures for small councils. On the evening of May 17th, three meetings occurred in succession, the Parish Meeting, the AGM, followed by an ordinary

meeting. At the Parish Meeting, chairman Annette recounted the events over the last year. At the elections in May, all 7 councillors were re-elected unopposed, and Annette welcomed Sheila Capstick, one of our new district councillors to the meeting. Most of the A684 had finally been resurfaced and some 'temporary' repairs had been done to minor roads. The lack of transport for our 16 to 18 year olds to colleges was still a vexed issue which council will continue to pursue. B4RN was inching ever closer and hope that all properties could be connected by the end of the year. Motorbikes continued to cause concerns and council was in contact with the police in their efforts to eliminate the few

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who cause so much stress to our parishioners. Council had also been successful in preventing BT from removing our 2 public telephone kiosks although there has been a post box removed without consultation and, despite efforts to replace it, it looks lost forever. Many volunteer hours have been spent on renovating the village hall with the aid of 2 grants and council would like to thank all those involved. Council now hopes that the hall will be used more for local activities. There does appear to be a worsening problem with the hall roof and this may have to be addressed shortly. Finally, new legislation has been brought in for small councils, ie. those whose turnover is less than £25,000. The

annual returns plus lots of other documents must now be displayed on the council website, hence why there has not been time to write articles, so apologies again.

Philip Johns, clerk to Garsdale PC
015396 22170,
ps.johns@btinternet.com,
www.garsdaleparishcouncil.com

The unofficial bit:

In Garsdale, the natives are restless and rumours of an uprising abound! Why, you ask? There is evidence of underhand dealings and rife capitalism surging through the dale. Membership of trade unions is rapidly increasing with talk of strikes and picketing. The poor hardworking people of Garsdale have been subjected to shocking liberties and



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their purse strings are being pulled ever so more tightly. Not only do we have to put up with ridiculous council tax rates where our only benefit is an empty dustbin every 2 weeks, no public transport, hedge cutting, drain clearing, wall repairs now that's another gripe. We have had 2 sets of 'temporary' traffic lights in place since November with no sign of the promised repairs to the retaining walls along Clough River. Each set of lights cost £250 per week to rent, despite the fact that half the time they don't work and are often permanently red in both directions, resulting in queues of irate drivers at each end, wondering who's going to be brave enough to go through a red light first. So for 38 weeks, and at £500 per

week, we have had to endure delays and frustration. The bill to Cumbria County Council is presently £19,000 and rising. Garsdale PC has been pushing for the reinstatement of school transport but apparently this is not affordable. Which is more important, childrens' lives or temporary traffic lights? However, I digress from the tale of anarchy and uprising. So what is causing so much disquiet in the dale? The price of eggs! Until recent we have been able to buy free range eggs from the curb side at 3 different locations. One has moved away, 'the boys' on The Fell seem to have gone out of production, leaving just one source. Grasping profiteering by the scruff of it's neck, this source has increased their prices

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by a whopping 20%!! We now have to pay £1.20 per half dozen, as apposed to the customary £1.00, I ask you! Be warned, there will be trouble ahead with pickets, boycotting and protest marches. Mind you, 6 large free range eggs at Spar cost 'just' £2.00 so perhaps we shouldn't protest too loudly

COUNCILLORS CORNER

*Kevin Lancaster
Sheila Capstick*

It has always been said that it is a lot easier to make good hay than bad and the excellent weather we have had this summer just proves it: what a difference from last year. I have never mowed as early and my dad never did either. There wasn't much of a crop except of the heaviest land so like everyone else I will be trying for a second cut. However with big bales all around we are on the other end of the spectrum from last year's

catastrophe.

I missed the first part of the hottest weather because like seven others I was on the history based trip to our twin town, Zreče. As always we were made extremely welcome by our hosts and we were left in no doubt once again as to how important our twinning links are for them, just as they are to us. This year they, rather than us, have had the rain and so the scenery was so much greener than I have seen it before.

Slovenia now is a very different place from the one I first visited twelve years ago. There is money around and you can see it being invested in the houses and the infrastructure. As someone who has been involved with "planning" for a

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long time it is very striking to me how well this change has been assimilated into the landscape. One day three of us walked up into the lower mountains and we looked across at a small hamlet of perhaps thirty or so houses – some were existing houses refurbished, others were new houses built on the site of a demolished house and the rest were completely new build. It was hard to distinguish which was which. Mixed with them all were farm buildings and a saw mill and the whole effect was extremely pleasing to the eye. There can be no doubt that when it comes to “planning” we have a lot to learn from our twin town.

It is just over three years ago that B4RN, Broadband for the Rural North had their first meeting in Sedbergh

COFFEE MORNING

in aid of
North West Blood Bikes



10 am to 12 noon
Saturday 11th August
Waterside Farm, Firbank

Coffee ~ Biscuits
Usual Stalls

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when it
“Soots”
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Sedbergh
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and Kirkby Lonsdale ward at Casterton Golf Course. For the last twelve months a small group of us led by Gina Barney and myself have been planning a route for bringing B4RN to Cautley and Dowbiggin. Last Saturday a select group of us began burying the ducting around Cross Hall and Holehouse. Since then some of us have been putting the backbone through Dowbiggin. One day alone we used over 900m of 16mm orange ducting. Thank goodness for the weather – last year you wouldn't have been able to take a quad bike to some of the places we have gone.

B4RN isn't the only project taking advantage of the excellent weather. The Friends and the parish handyman are transforming Queen's Gardens and the new parish has just appointed contractors for improvements to Sedbergh's Tennis Courts. After the playing season is

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ended the south wall of the Bowling Green will be rebuilt, a project agreed by the last parish council. Whilst there has been some unexpected inconvenience from closing Main Street the improvements to "The Bull" must be a good thing. Meanwhile Sedbergh School's new Sports' facility is nearing completion. All in all, Sedbergh really is a great place to visit and to live !

As always, if you have any problems please contact either me or Sheila.

District Councillor Kevin J.
Lancaster,
Fellgate, Dowbiggin, SEDBERGH,
Cumbria. LA10 5LS
Telephone 07 980 844 695;
email Kevin@Sarthwaite.com

District Councillor Sheila Capstick,
12, Maryfell, SEDBERGH, Cumbria
Telephone 07 818 221 999
email sheilacapstick@hotmail.co.uk



COUNCILLOR CORNER

Cllr Ian Mitchell

Well another month has passed, and summer is still with us. I know from conversations that some farmers would love to see some rain and that some homes just outside of villages are suffering due to lack of a water supply. I have been in touch with United Utilities and at time of writing this they have no plans for a hosepipe ban, but they are struggling to get water around the system

quickly enough to meet demand. They ask that we do not use sprinklers or wash our cars during this unprecedented period.

I'm sure many of you, including people who aren't avid football fans will have enjoyed seeing our young England team thrive at the World Cup and make it to the semi-finals for the first time since 1990. However, I think it is important to point out that grassroots football in our area is not doing quite so well, there are fewer and fewer teams in adult and youth football, one of the main reasons for this is the lack of quality facilities. There is nowhere near enough training facilities and not enough investment in the pitches that teams play on, resulting in a huge number of

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postponements. This leads many people to become frustrated and ultimately leave the game, I hope that Gareth Southgate and his team's success will result in more money trickling down the pyramid of English football and ending up supporting our grass roots game! Giving youngsters' an opportunity to be an active member of their community.

I have been asked why I don't make this article more political, but I feel that we all have enough of the politicising of agendas, so I will use this just to inform you of what I have been doing and pass on information about the area.

For those of you living in Dent, after putting pressure on SLDC they have now installed a "Plastics Recycling" bin on the car park.

I have attended numerous meetings both on South Lakes District Council (SLDC) and the Yorkshire Dales National Park (YDNP) I intend to be a

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strong voice for our communities to ensure that they continue to grow and thrive.

I was delighted to see so many of you when I joined our MP Tim Farron on his summer tour in; Kirkby Lonsdale, Casterton, Barbon, Dent and Sedbergh. If you couldn't make it to have a chat about any concerns that I may be able to help you with, please do not hesitate to contact me.

Cllr Ian Mitchell 07530 602234
ian.mitchell@sldc.gov.uk

TIM FARRON MP

It's been a bit of a full on since I last reported back to you here in Lookaround.

The most exciting news was that

Team Farron became train operators for a couple of weeks. As I told you here last month, although Northern Rail have been good in the Sedbergh and Dent part of the world, introducing new trains at times that are more convenient to people who want to travel at the start of the day, they have been useless everywhere else. At the time I sent my last Lookaround column off to Dennis Northern had been given permission by the Minister for Transport to stop running any service on the Lakes Line until the beginning of July. Obviously this was massively inconvenient not just for tourists travelling up to visit the Lakes but also for the many people who use the

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line regularly to get to school or work.

But I was contacted by the folk at West Coast Railways in Carnforth who said that if I could get the permissions to make it happen they would provide us with a train to run up and down the Lakes Line for the two weeks when Northern couldn't. So we rang all of the people whose agreement was needed, and trust me there are a lot of people who could say "no", and got approval to go ahead with our new service. For two weeks we ran 6 trains in each direction every day and as far as I know none of them were ever late. I even got to sit in the cab on the first run!

We are now back with Northern

running a service but I have no confidence in them or their commitment to rail services in Cumbria. I presented a petition to Number 10 which had the signatures of over 5000 people who agree with me and want Northern to be sacked from running our trains and have just tabled motion in Parliament calling for the same thing. When the situation on the railways gets to the point that your MP has to start running a train service then the situation has got to be pretty bad.

On another matter, a lot of farmers have been getting in touch with me about their increasing worries about the lack of commitment they are seeing from the Government to replacing the funds the EU provides them with to keep their farms profitable. I had the chance to challenge the Minister for Farming, George Eustace MP, on some of this support, the Entry Level and High Level Stewardship agreements which provide money to farmers to help them to look after the environment. Farmers are seeing these funding agreements coming to an end in the next few months with nothing replacing them after we leave the EU. Sadly but unsurprisingly given how chaotic our Government seems to be at the moment the Minister failed to make any commitment to what funding our farmers could expect beyond the New Year.

As ever if there is anything I can help you with please do get in touch. You can email me at tim@timfarron.co.uk or call me on 01539 723 403

Thanks for your support.



SEDBERGH ORCHESTRA

Festival Concert

Diane Turner

A fine evening saw a sizeable audience assemble for the concert by the Sedbergh orchestra as part of the 2018 Sedbergh Music Festival.

The performance began with the rousing overture to 'Tancredi' by Rossini which provided a confident start to the programme. The following Mozart oboe concerto featured Philip Cull whose expressive and assured playing, from a treasured score, was accompanied sensitively by the orchestra.

By way of contrast , challenging pieces for the woodwind ensemble by Elgar opened the second half. This so-called "Shed ' music,

apparently named because the composer worked in his father's shed to create the pieces, provided an opportunity to showcase the woodwind section of the orchestra. After a wise restart, the players displayed humour and skill in these two compositions, with Philip Gruar providing a assured lead on the flute.

In the final piece, Schubert's 6th Symphony, the whole orchestra demonstrated confidence and skill. Decisive playing in the violin section was evident ,accompanied by the solid assurance of the cellos and bass. Added to this, depth was provided by the woodwind section, with the pleasing sound of the bassoons very much in evidence.

The whole orchestra was led by a



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conductor who was well in control .Peter Crompton knew what he wanted and how to get it, and the orchestra responded with expressive enthusiasm. It is to Sedbergh's credit it can muster so able a group of musicians to enhance the Festival programme with such an enjoyable evening.

(This article was submitted for July but disappeared from the senders e-mail and did not arrive in mine. Still up there in the ether somewhere!!!) ☺

SING JOYFULLY

Anastasia Micklenthwaite

The Sing Joyfully vocal ensemble will begin its third year and is welcoming new members from September.

This year our repertoire theme is "Best of British" and we can guarantee that there will be music to suit you, regardless of whether your love of musical repertoire is Medieval, Modern, Musicals or anything in-between Byrd and the Beatles!

Come and join us – all singers are welcome, regardless of experience or ability. We use music, lyrics and also sing by ear. If you can't read musical score, don't worry! These are fun sessions for people who want to enjoy group singing and learn to improve their technique. Our repertoire is vast and we aim to please! Singing in a group is a great social opportunity, so come and make new friends!

Our new term begins on Tuesday

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Afternoon Tea

Berries



11th September and will be on Tuesdays at 7:30pm in Holy Trinity (Casterton Parish Church).

There will be an opportunity to chat over drinks at The Pheasant afterwards.

More information from Anastasia by emailing:
amicklethwaite@hotmail.com or telephone 07952 601568

Following the success of our joint concerts with Kirkby Lonsdale Singers over the past year, Sing Joyfully are pleased to announce their concert dates for the 2017/18 season:

Tuesday 4th December (venue TBC, likely in Kirkby Lonsdale)

Tuesday 11th December at 7.30pm. Joint Concert with Kirkby Lonsdale

SHEEP SHOW & SHEEP DOG TRIALS

Saturday 18th August

BARBON MANOR PARK

- 8:00 am Dog Trials
- 10:00 am Sheep Show
- 11:00 am Stick Show
(enter on the day)
- 1:00 pm Marquee Lunch
(Tickets available from Sec.)
- 2:30 pm Children's Sports

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For quotations
Call Graham Milburn
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Singers at Holy Trinity Casterton. These will be programmes of music which is familiar and new, featuring seasonal music from this special time, around the world.

Tuesday March 28th at 8pm in Holy Trinity Church, Casterton. "British Greats" – songs across the ages from Byrd to the Beatles. A journey across time, celebrating Great British Song. Saturday June 8th at 7:30pm in St Mary's Parish Church, Kirkby Lonsdale Joint concert with Kirkby Lonsdale Singers, guest soloists and live band. "The Best of British". Glorious music, composed by British masters of folk, sacred, classical and popular genres.

If Tuesdays don't suit your week and you would like to join a vocal group, Kirkby Lonsdale Singers are welcoming new members and meet every Thursday at 7:30pm in the Recital Room at QES. A friendly bunch, who often combine concerts

with Sing Joyfully, this former Choral Society is now a thriving Chamber Choir whose members enjoy learning a range of music, with pieces often tailored to the ensemble.

Our new term begins on Thursday September 6th at 7:30pm in QES. Email Anastasia on amicklethwaite@hotmail.com or call 07952 601568 for more information.

There are several musical events at Holy Trinity, Casterton which are open to the public and hosted by Sedbergh Prep School over the coming year. These include: A joint Harvest Festival with the community and school: Sunday October 7th at 6:30pm

Informal Carols at 6:30pm on Friday December 7th. An opportunity to sing

your favourite songs and carols of the season, with a few informal performances by Sedbergh Prep School musicians.

More information via the church website <https://www.castertonchurch.org/> or by calling the prep school office on 015242 79200.



Trott Musical Foundation

G.W. Dalton Trustee

The Foundation continues to make grants on a termly basis to all young people under 18 in Sedbergh and district who qualify under its rules, to help towards the cost of musical tuition.

If any children are scheduled to start for the academic year 2018/19,



Sedbergh Young Farmers
&
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Sunday 19th August
Barbon Manor Park

12 noon



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PROGRAMME FOR AUGUST

Sunday 19th 10.00 am - 4.00 pm
SILENT RETREAT DAY

Friday 24th 10.00 am - 4.30 pm
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Sunday 26th 11.00 am - 1.00 pm
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parents who would like help with the cost should consider making an application now. A form can be obtained from the office of McGarry & Co. Solicitors at 54 Main Street, or one can be sent by e-mail following a request to graham@mbmcgarry.co.uk. It is straightforward to complete but must include a report on progress from the music teacher or confirmation that the child is booked in for lessons, if he/she has not yet started.

The Trustees are planning to again hold the biennial concert for current grant holders in early 2019, when the youngsters can demonstrate their progress.

That year will be a special one for the trust, as 3rd April would have been

the 100th birthday of Freda. A person of many parts, the foundation she established to promote music and its pleasures to a new generation has been doing so for eleven years. The efforts are concentrated on those with aptitude and inclination to play and sing. The Trustees also feel that Freda would like the idea of her door being open to everyone, to have some experience of, and hopefully enjoyment of what music can offer. The Trustees are planning to organise, with others, at least two events in the centenary year available to anyone up to 18 years of music and musical performance. Please watch out for details, which will be published as the ideas firm up.

In the meantime, any enquiries

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about the trust or applications can be made as above or telephone Graham Dalton on 25436.



SEDBERGH TOWN BAND

Keith Wood

On the afternoon of Sunday July 8, as a starter to the band's world tour (of the local area). We made our first major appearance of July on the bandstand at Grange over Sands and without fear of exaggeration or bias, we were fantastic. We were assisted by glorious sunshine and supported by a large crowd of stunned seaside dwellers who rarely get to see or hear anything as good as this.

An almost full turnout of players gave those poor people a rare treat including a number of solos notably the 'Lazy Trumpeter' from Peter Packham (an apt title for him to play I always think). The talented Sophie Hall played 'All in the April Evening' beautifully. Our guest euphonium player Gordon Kay (on day release

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from Kirkby Stephen) gave us a wonderful 'Abide with me'.

The afternoon was laced with tea, cakes, icy drinks, lollies and ice cream and Jenny and Mikey Storey's mum Jane played a starring role with a large box of black cherries.

The world tour continues this next few summery weeks on Sedbergh Main Street.

Don't forget. (we say this a lot) If you would like to have a go at playing then make contact with us.



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STRING QUINTET CONCERT

Saturday 1st September

Donald Smith

One of the flavours not included in the recent Sedbergh Music Festival was a concert of String Quintet music. Now is the chance to sample some ! String quartets plus an extra viola have given some composers over the years the chance to concoct music of sheer genius. This is certainly true of Mozart. He wrote 10 in all and we will have the best of them on our menu, the one in G minor which appears in Kochel's list as K 516, one of the three which the critic Hans Keller declared to be

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Mozart's greatest symphonic works in any medium. Dramatic, tragic, energetic, ghostly elements all appear in the same work; come and see how !

Then, one of Dvorak's greatest works also, written a hundred years later while he was staying in the USA, composed just after his American quartet and at the time he wrote his last symphony, from the New World. The quartet is tinged with flavours from the cotton plantations and nostalgia for his native Bohemia also, a magical work I would be happy to take to my desert island. The addition of the second viola somehow distils sheer magic !

In between we will have an English

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work, Vaughan Williams' Phantasy Quintet written at the time of his London Symphony just before the First World War, completing the trio of three wonderful works for our delight.

The Sedbergh Pepperpot Club is honoured to be able to present this programme played by the Eberle Quintet, led by Pamela Redman with a group of friends, of whom two are doctors by training; one works in IT another as an accountant, all happy

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to put aside the day job to come and play for us. Do come and give them a hearing, in St Andrew's Church on Saturday September 1st at 7.30 pm.

Tickets @ £10 can be purchased on the door or for £8 in advance via the Tourist Information Office or booked by phone from tel 21196. This is a fund-raising chance to raise extra support for local music, a cause the Pepperpot Club has been delighted to support for over 21 years.



Sedbergh Art Society

Annual Exhibition 2018

Sedbergh School Library

Thursday 23rd August

to

Monday 27th August



Poppies in the Dales by Ron Gerrard (pastel)

Open every day
including Sunday
10.00am to 5.00pm
Admission Free

NEWS FROM THE PEWS

Susan Sharrocks
Tony Reed Screen
Churchwardens



In contrast to last year's wall-to-wall rain for the Summer Fair this year we enjoyed wall-to-wall sunshine.

Rawthey Rhythm and John Hosker played foot-tapping music to start the day.

The bouncy castle worked well in a new position; Alison had to recruit a friend to help paint faces as the queue lengthened and Joel held his audience in thrall as he performed his tricks with sleight of hand.

We seemed to have a steady stream of folk coming through the church stopping to look and buy from the stalls before sitting with friends for a drink, or lunch and then trying their luck at the games outside. Two alpacas, and quite a few dogs (plus owners) had a wander round too.

The castle deflated, the coconuts from the shy used up, the food eaten, stalls cleared, prizes scooped up and "Ratty" well and truly splattered which just left the clearing up to be done before locking the church and leaving the churchyard for the folk listening to the music from Finkle Street Fun.

A huge sigh of relief all round, time to draw breath before we start to think about the Fair that happens at the end of the year ... I am not going to be the first to mention the "C" word!



ROYAL BRITISH LEGION GREAT PILGRIMAGE 90

David Parratt

The Royal British Legion is recreating its 1928 pilgrimage to World War One battlefields with thousands of Legion members involved from branches across UK. This will take place between 5th – 9th August 2018. Great Pilgrimage 90 (GP90) will be the largest membership event in the history of the Legion and will mark 90 years since the last Great Pilgrimage.

A decade after the end of World War One, veterans and war widows visited the battlefields of the Somme in France and Ypres in Belgium before marching to the Menin Gate in Ypres on 8th August 1928.

On 8th August 2018, two

representatives from each branch of the Legion will carry their Standard and a wreath along the same route in Ypres to the Menin Gate, representing an entire generation that served while defending their country. Keith Wood and Sandra Gold-Wood, both Sedbergh Royal British Legion branch committee members will represent the local community at this event. Attendees will visit WW1 battlefield memorial sites, trenches and cemeteries. On 8th August they will take part in a parade where a wreath from each branch will be placed on the memorial at the Menin Gate. The wreath will contain a special message of Remembrance from the pupils of Sedbergh Primary School. A march past will then take place, observed by civic and military

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in conjunction with Sedbergh Artisans Market

Saturday, August 25th

11.00 – 2.30



To be held in the grounds of St Andrew's Church

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4)	Best veteran, 7yrs and over (any breed)
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7)	Best collar/bandana
8)	Dog the judge would most like to take home with them



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Saturday 25th August

10am to 1pm

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Raffle

Soft Play area (5 & under)

Children's Games

Afternoon Tea



Saturday 25th August

3pm to 5pm

Garsdale Village Hall

£5.00 per head

guests from the UK, Europe and Commonwealth countries. Following the service, members will join spectators in the Great Square for an afternoon of comradeship with exhibitions and musical performances.



SIGHT ADVICE SOUTH LAKELAND

Sue Harper

Sixteen of us gathered at the Fat Lamb on Tuesday 19th June for our Summer Lunch, which was, as usual, delicious.

We were very lucky with the weather, a beautiful summer day and enjoyed the journey to the Fat Lamb, the hedgerows full of Foxgloves, Dog Daisies and wild Roses.

First we observed a minutes silence in memory of Margaret McClure, a very well liked former member of the Sight Advice team in Kendal, who sadly died recently. She will be much missed for her kindness, support and advice to so many people.

Thanks to Dennis for providing us with placecards, each containing a different quiz and also for organising the raffle afterwards.

Prizes were won by Mary, Shirley, Jenny and John. It all added up to a most enjoyable afternoon. Thanks also to all the kind people who ferried us to and from the Fat Lamb. We now have a summer break and meet again on Tuesday 18th September when Dr. Miles Ripley will talk to us.

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Enjoy the rest of the summer everyone.



CITIZENS ADVICE

Karen Evans

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You're right to be cautious if the rent is a lot cheaper than the market rate. Don't pay a deposit before you view the property and look at your tenancy agreement.

If the landlord refuses to let you view, beware. Even if you have seen the property, check your tenancy agreement for the name and address of the landlord, along with their contact details.

If you cannot get a contract and landlord details, do not pay a deposit.

Also check if the landlord is a member of a professional association

or accredited by the local council. Membership isn't compulsory, but it will mean they are legitimate and will operate to a minimum standard.

Trust your instincts and if in any doubt, don't part with your money. For further help on identifying possible scams contact your local Citizens Advice, or call the Citizens Advice consumer service on 03454 04 05 06.

Free, confidential advice and help is available from South Lakes Citizens Advice on any aspect of debt, consumer problems, benefits, housing, employment or any other problems. We have various outlets across South Lakeland and can also give advice over the phone – telephone 03444 111 444 for an appointment and help, 015394 46464 for debt and on-going enquiries.

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By applying for free school meals your child has the opportunity of having a hot meal at lunchtime and the school will receive an allowance called Pupil Premium. This allowance is used to help your child through their education by enabling the school to provide extra small group or one to one tuition.

The application for Free School

Meals is easy to complete and your school's secretary can provide the forms. All applications are kept strictly confidential and your child is not identified when receiving their meal. Neither is it essential that your child takes a meal but it is important to the school that you apply so that children in greatest need can get extra help with learning.

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DENTDALE, HEAD TO FOOT

Mike Steele

The annual Prosecco, Exotic Fruits and Chocolate meeting proved to be another successful afternoon and I am pleased to report that although the imbibing was moderate, the

contestants in the chocolate quiz, (which we have not done before), were very competitive and the final winners were a team of four, Rita, Christine, Carol and Sue, who won (you guessed it) chocolate to share! We can now tell who the secret chocolate eaters of Dentdale are and we hope to welcome them back at our next meeting. Linda's granddaughter, Isla, won a special prize for completing on her own, a goodly number of questions without assistance from Linda or John,. With 27 attenders in the Sedgwick Room we might have to look for alternative accommodation if we continue to expand, although John's suggestion that we could use his carpark may not work very well if we get Dent's normal



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weather of rain and rain followed by more rain. Perhaps he could rig up a marquee for us?

As usual we have no meeting in August and our next meeting on September 7th is entitled "Icons, Techniques and Meanings", which will be given by David Wright and promises to be extremely interesting. Do come along to find out the what is behind these extraordinary historical items.

For the rest of the year our programme is:

October 5th:

Jenny Robinson, by special request, "Plastic waste", a currently topical subject.

November 2nd:

Caroline Sandys-Clarke, Alpaca farming.

December 7th:

Christmas Jacobs Join.

For further information please contact Mike Steele on 015396-25054, 07813-806209 or mds@pesdent.co.uk

VOLUNTARY CAR SCHEME

Katy Wood

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How can I find out more?

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LADIES NFU OUTING

Caroline Sandys-Clarke

On the 19th June 12 members enjoyed a beautiful afternoon visit to Appleby Castle.

The weather was perfect for the mainly outside tour and our very enthusiastic young guide brought the Castle's long and interesting history to life. We went into the Great Hall where we were shown portraits and a magnificent suit of armour worn by George Clifford when he acted as champion to his Royal mistress Queen Elizabeth 1.

We ended our tour inspecting and trying on helmets and weapons that are worn by our guide in battle reenactments.

Perhaps one of the best known owners and inhabitants was Lady Anne Clifford who also owned Skipton, Brough, Brougham and Pendragon Castles. The Castle and Estates passed on to the Tufton family who were the owners until it was sold in 1962.

Now owned by the Nightingale family the Castle is being made more accessible to the public and it is also becoming a popular wedding venue.

From Appleby we headed to Kennedys Chocolate Shop in Orton where we enjoyed a delicious tea to round off our very enjoyable outing.

DENTDALE WI

Pat Allen

The July meeting was held on the same night as the English football team played Croatia. In her welcome, president Sue Owen asked that the evening should be a football free

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zone!

So with mobile phones firmly switched off, we listened to the reports in the Business Meeting. It was good to hear that the Group Meeting had gone so well and appreciated by all those who came. The high point for Dentdale being winners of the competition cup which Sue held aloft!

The Summer Outing to Saltaire had also been a hit with those who went. Members had been met by their knowledgeable and enthusiastic guide who was dressed in Victorian costume which added greatly to the atmosphere as she transported them back to the origins and thoughts behind the layout and architecture of Saltaire. Following lunch in Saltaire

Mill there was a chance to look at the art exhibitions and the David Hockney Gallery.

Gentle reminders were then given by Sue with requests for baking, produce and craft for the mini market on 27th July. It is that time of year as baking will again be needed for the WI teas at the Dent Gala on 27th August. The next dining club outing will be to Kittridding Farm on 3rd August.

Finally, Thelma our secretary read through the report by Marion Wood from Killington WI who had been our delegate at the NAGM held in Cardiff. The Resolution put forward that mental health issues should receive as much recognition as physical needs was passed.

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Our speaker for the evening was Dr Mcilveen speaking on Weather and Climate. In introducing himself he said he brought greetings from Arkholme WI where his wife was president. Dr Mcilveen mentioned that he had talked to many WI groups and heard renderings of Jerusalem, but he congratulated us both on the singing and Rita's excellent accompaniment.

He was a very experienced lecturer and he illustrated each point with slides and diagrams.

Our own British weather had undergone many changes and just as examples he mentioned obviously warmer years with visual evidence of vines growing as shown in old stained glass windows at the other extreme,

details of Frost Fairs held on the frozen river Thames.

Naturally Climate change was also talked about. Most of us generally fail to comprehend the complexity of the atmosphere. Overwhelming scientific evidence proves that more CO₂ is being produced and the changes will affect human society. The effects are becoming increasingly apparent.

He ended by saying "Ignorance of risk is NOT proof of safety. It is simply dangerous ignorance."

Dr Mcilveen had offered a brief but thought provoking insight to the subject.

The evening ended as usual with tea and biscuits and a time to chat with friends. Sue Owen and Kate Cairns entries of photos of stormy



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conditions were judged worthy winners of the competition for the evening. Cathy and Anthea held the lucky numbers for the raffle prizes.

It had been a good evening! The next meeting in the hall will be on the 8th of August when visitors and friends will be most welcome to join us.



KILLINGTON WI

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for the entire District

Wendy Fraser-Urquhart

**"The best laid schemes o' mice
an' men, Gang aft a-gley"**

And thus it was that our planned talk," from the bottoms up", did not happen this month - but, fear not,

there are plenty more months to come. Our intended speaker, a skilled corsetiere, was unavoidably prevented from visiting us. However, our programme secretary, Sarah Woof, had arranged for her writing friend and tutor, Jackie Huck, to come and read some extracts from her short stories and poems to us instead. We were enthralled by Jackie's way with words and many a laugh was enjoyed at the mishaps which befell the young Jackie as a trainee nurse. Some of her poetry was rhyming and some not so but either way it was wonderful to listen to such a talented person. Valerie, our minutes secretary, thought that

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our records could take on a whole new way of life!

After our usual scrumptious tea, the competition for "a travelling sewing kit", was judged which proved that not many of us sew whilst travelling -only 3 entries - Lorraine won, and Valerie and Wendy entered. So if you lose a button or need some stronger elastic, you know where to turn! The raffle without a prize was won by Dilys Evans - double the price of a ticket and then the takings were divided by two to provide a prize and the rest for the funds. It helps prevent the Sedbergh raffle circuit items!

Our Summer Garden party will be hosted by Sally on Thursday August

9th so please contact Susan with offers of edible goodies and requests for transport. Do come and make it a really jolly afternoon.

Speaking of jolly afternoons, a carload of us recently went up to Ravenseat, the farm of the now famous Yorkshire Shepherdess, her husband and nine children, for a cream tea. I had read her book (with pleasure and interest) but had not seen her on TV which the others had. It was quite an experience! There were two little girls roaming around, both probably no older than three. Clemmie was wearing a pair of clogs and Nicky had wellies on, one blue and the other red. We later learnt that there was a



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box of assorted footwear in the porch from which they were free to choose. Dilys Evans, one of our number had lived in Crosby Ravensworth next door to Amanda, the Shepherdess, many years ago - so that was an interesting reunion. We retreated into the woodshed to have our tea as it had started to rain and the midges were fierce. Certainly an interesting experience and it was great fun! Plenteous cream, lovely jam and warm mouth watering scones.! I do not know how someone who has had nine children could be so slim and casually glamorous. I understand that she is to be a speaker at the Sedbergh Literary Festival in September. Don't miss it.

Our next meeting (after our tea party) will be in the committee room of the People's Hall on Tuesday 11th September at 2-00pm when Caroline Sandys-Clarke will tell us lots about her life with Alpacas. "Why-not Alpacas" Well! Why not?



SEDBERGH WI

Moira Folks

Wednesday, 11th July: our monthly WI meeting had to compete not only with individual members' holiday arrangements but also with the England-Croatia World Cup semi-final! So many apologies had been received in advance that a decision was made on the day to postpone our talk from local broadcaster Martin

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Lewes till next year when a larger audience would be able to enjoy stories about his career. (It has to be said that Martin also appreciated the chance to be able to see the match!) The few of us who were available met for a short time to organise various activities coming up in the next few weeks.

Valerie hosted the book club meeting on the 12th, when we discussed "Disobedience" by Naomi Alderman. Set mainly in a Jewish Orthodox community in London and partly in New York, it tells of rebellious career-woman Ronit, a rabbi's daughter who returns from Manhattan to her native Hendon for her father's funeral and causes consternation among the Orthodox community

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because she doesn't conform to their ideas of how a woman should behave. We were fascinated to learn about Jewish customs and traditions and would recommend the book to anyone interested in finding out about unfamiliar religions and cultures. Alongside that, there is the intriguing story of Ronit's attempts to rekindle friendships with her childhood friends. We gave the book a score averaging around 7.5. Many thanks to Valerie who produced delicious cake for us at short notice!

Our annual coffee morning took place at the CCC Rooms in Joss Lane on Wednesday, July 25th.

A special welcome is extended to everyone (yes, even men!) to our Open Meeting on Wednesday 8th August at 7.30pm in the People's Hall committee room. We're looking forward to Richard Cann's presentation of a series of slides of Old Sedbergh. Come and learn about the places we see around us every day – and no doubt pictures of some places that are no longer here. I'm sure it will be a fascinating evening. (Entrance fee £3 for non-members to include refreshments.)

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The 50th Anniversary of the **Fifteen Guinea Special** - marking the last day of steam trains on British Rail in 1968 – is likely to trigger a number of special anniversary excursions on the Settle-Carlisle line in August.

However it will also be the occasion for two rail-related events in Hawes, both to be held at the Dales Countryside Museum (DL8 3NT).

At 11.30am on Saturday August

11, Stephen Allen – who was appointed to carry out restoration and conservation of the historic *Book of Bridges* – will speak about his work. This project was grant-aided by more than 90 donors, including Sedbergh Parish Council and Sedbergh and District History Society, who are warmly thanked for their support. The book contains the original 1870's working drawings for structures (viaducts) on the Garsdale-Hawes branch line; the restored book will be on supervised display from 11am and also after the one hour meeting

At 3.00pm on the same day, there will be a public meeting to consider the feasibility of setting up a Steering Group to investigate possible restoration of the six mile Garsdale-Hawes branch line. This was built immediately after the 1876 opening of the Settle-Carlisle line, reaching Hawes two years later. When the line from Garsdale station met the newly-completed line from Northallerton at Hawes in 1878, the full 40-mile railway through Wensleydale connected the Settle-Carlisle and East Coast main lines. This summer marks the 140th Anniversary of that significant Victorian achievement. ☺



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neighbourhoodalert

Cumbria Trading Standards are warning local residents be aware of any unsolicited telephone callers asking for their bank details, following reports of residents being cold called by a company claiming to be from the Telephone Preference Service (TPS).

The service/device they are offering is unlikely to exist and it is simply an attempt to obtain credit card, sort code and bank account details or other financial information from consumers.

Cumbria Trading Standards and Cumbria Police advice is simple; don't give personal or financial information to any cold callers. Often these sellers prey on the most vulnerable. For all your goods and services it is better to deal with reputable traders operating out of fixed premises who you know and trust.

Consumers can register their details with the Telephone Preference

Service (TPS) to reduce the number of unsolicited sales and marketing calls. More details can be found at www.tpsonline.org.uk or contact the TPS registration line on 0345 070 0707.

If you have been called in this way and require further advice, or want to report the matter, Trading Standards can be contacted via the Citizens Advice Consumer Helpline on 03454 04 05 06 or by visiting www.adviceguide.org.uk

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neighbourhoodalert

Cumbria Trading Standards are warning both the farming community and local residents in South Lakeland to look out for doorstep callers after an incident was reported in the Cartmel area in March 2018.

Individuals are visiting farms and offering tarmac for sale stating that they have "left overs" after working on the local highway. Trading Standards advice is to always say 'NO' to any cold callers and we ask that you look out for elderly or vulnerable family, friends and neighbours.

Consumers should be extremely cautious when approached by any doorstep callers offering to sell goods or conduct work on their property. These types of callers often use persuasive or aggressive tactics to get people to agree to have work carried out and then

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charge far more than was quoted for poor quality work or goods.

They often fail to provide a legally required cancellation notice which enables the householder to cancel the work within a statutory fourteen day cooling off period.

If you have been called in this way and require further advice, or want to report the matter, Trading Standards can be contacted via the Citizens Advice Consumer Helpline on 03454 04 05 06 or by visiting www.adviceguide.org.uk

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neighbourhoodalert

Cumbria Trading Standards and United Utilities are warning residents in Cumbria to be on their guard from cold callers claiming to want to talk about poor water pressure. Bogus callers take advantage of others due to the increased communication there's been around saving water during this hot dry weather.

United Utilities staff members always carry photo identification cards. Customers can also check anyone claiming to be from United Utilities by calling 0345 6723 723.

Cumbria Trading Standards advise consumers to be extremely cautious when approached by any doorstep callers offering services or conduct work on their property. These types of callers often use persuasive or aggressive tactics to get people to agree to have work carried out and

then charge far more than was quoted for poor quality work or goods.

They often fail to provide a legally required cancellation notice which enables the householder to cancel the work in certain circumstances.

Trading Standards advice is to always say 'NO' to any cold callers and we ask that you look out for elderly or vulnerable family, friends and neighbours.

If you have been cold called or wish to report an incident please contact us via the Citizens Advice Consumer Helpline on 03454 04 05 06 or visit www.adviceguide.org.uk or alternatively contact Cumbria Police on 101.

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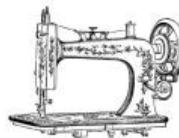


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SEDBERGH & DISTRICT HISTORY SOCIETY

Browsholme Hall,
Forest of Bowland, Lancashire
Maggie B Dickinson

Julie Leigh

Finding the secretive Browsholme Hall from the Sedbergh area is an achievement in itself and members who braved the hairy and spectacular ancient packhorse route from Caton or Lancaster were especially rewarded by the scenery.

We all enjoyed an excellent guided tour on 21st June by knowledgeable volunteer Lesley around the magnificent home of the Parker family, traditional Bowkeepers of the deer park in the Royal Forest of Bowland. The nationally-important

Grade 1 historic house, in a glorious rural setting formerly within the Yorkshire boundary, has furniture, antiquities and paintings of museum quality and was built in 1507 by Edmund Parker, a descendant of the Parkers of Alcancotes Manor at Colne, Lancashire. They played an active and important role in the area and further afield, and married partners from noteworthy families like the Listers of Gisburn Park, the Parkers of Extwistle Hall, and the Tempests of Broughton Hall.

Browsholme has seen many changes and additions, including a quirky red sandstone façade aimed at “beautifying” and modernising the front elevation. One man who left a notable mark was Thomas Lister



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Also check the School's website regularly for details of individual posts as they arise.

Please return completed Application Forms by email to HRadmin@sedberghschool.org, by returning them to the Bursary or by post to HR Administrator, The Bursary, Loftus Hill, Sedbergh, LA10 5RY.

We look forward to hearing from you.

Parker who inherited the building in 1797. His alterations were impressively grand, including rebuilding the west wing and spending a fortune on improving the gardens. From his Grand Tour of Europe he brought back a wealth of drawings, including a selection by John Chessell Buckler. Ultimately he went bankrupt and passed the estate to a cousin.

In 1958, with the help of the Historic Buildings Council, the new owner - bachelor Colonel Robert Goulbourne Parker - repaired the hall to a degree. He also gave personal guided tours and I was privileged to be shown round by him in the early 1970s when, glass of whisky and cigarette in hand, he enthralled us with stories and historical facts about the great

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hall that he was clearly struggling to maintain.

One fascinating item is a rare Lady Anne Clifford padlock dated 1672, complete with the key, which were given by the feisty lady to friends to grace the main entry of their properties. If she needed accommodation on her travels, and they were away, she could let herself in. I know of only six other such padlocks still in existence, all in Cumbria – Dacre, Dalemain, Collinfield in Kendal, Rose Castle, Hutton-in-the-Forest and Great Asby. This particular lock came to Browsholme as part of the inheritance of Barbara le Fleming of Rydal Hall near Ambleside who married Edmund Parker in 1854.

After Colonel Parker's death in 1975 the daunting responsibility of inheriting the estate, by now in desperate need of upgrading and repair, passed to his godson and

fourth cousin Robert Parker who had never seen the property. He and his wife Amanda, originally overwhelmed and in awe of the massive programme needed to overhaul the property and grounds, are to be admired for the amazing work they have put into their gorgeous historical pile.



SEDBERGH & DISTRICT HISTORY SOCIETY

Visit to Barbon

Karen BL

A large party of Society members were shown round Barbon by Mike Kingsbury , who gave very interesting talks as we walked around.

Little is apparently known about Barbon's early history although there are vestigial remains of a Iron Age

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fort outside the village, and the Roman Road from Burrow to Low Borough Bridge passes through the village. The village makes an appearance in the Domesday Book as "Brereburn". The turnpike road (A683) was constructed in 1774. There was some coal mining in the hills above, but the coming of the railway through the village brought an end to this as the coal was poor. It seems the hamlet of Beckfoot was probably more important in early years. The village really took its present form following the arrival of the railway. The village was absorbed into the Yorkshire Dales National Park in 2016. There are now 120 dwellings and about 260 residents. It had a parsonage, a corn mill, a doctor's surgery and a Grocer's shop (now the Cheese Mouse) and there is a C17 packhorse Bridge.

The church is the fourth to be built in the village. Two earlier churches were built at the back of the present one. The present one, St Bartholomew's, was built in 1872 in the time of Rev James Harrison whose initials appear in several places in the village, including on the Lych Gate. Until 1848 the church had been just a chapel of ease. The clock was added for Edward VII's coronation and two bells were added to the original four in 2003.

We stopped at an ordinary looking road junction about 50 yards from the Church and learnt that this was where the railway crossing had been with the station only a short distance down a street opposite which now contains a housing estate. The railway opened in 1861 and closed to passenger

traffic in 1954 apart from the "Boarding School Specials" which brought pupils from the main line to Sedbergh, Balliol, Casterton, Queen Elizabeth's and Cressbrook at the beginning and ends of term. At the corner of the junction is Dale End house where the first creamery in Westmorland stood until 1965

The Barbon Inn claims to have been a coaching inn but may just have been an ordinary house and was previously known at times as the Station Hotel and the Barbon Hotel.

The cross road in the middle of the village contains a sad war memorial to the unlucky Shuttleworth family. Two Lords Shuttleworth (brothers) died in WW1 and two in WW2 (again brothers). At least 5 other cousins

and an uncle also died in WW2.

Several houses were pointed out including the old Post Office (now served twice a week in the village hall by Sedbergh PO), the village smithy, and a grade 2 Listed farm house, Stocksgarth. The reading room, now a house, had been extended and a date stone oddly added hidden behind a wall and at ground level. The deserted Methodist chapel was a sad sight, having been bought some years ago and only just enough work having been done to preserve the planning permission. Nearby were two houses which had been ale houses. Another house was the large old vicarage built by James Harrison with beautiful views across a haha. Further down the same road was the

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old school which closed in 1982.

Not far away was the Iron Age fort up on a ridge near where the Roman road is thought to have passed. Also on a road junction below it was an interesting iron signpost, labeled No. 1 in Westmorland (No 2 being on the Barbondale road). We also passed Watery Lane possibly the old road to Dent.

The over all impression of the village was that its layout, houses and gardens, and intervening fields were, apart from the stone used, more typical of the Cotswolds than a North West village, perhaps because it only really developed after the railway came.



SEDBERGH & DISTRICT HISTORY SOCIETY

Visits Slovenia

Susan Garnett

Sedbergh History Society in conjunction with Sedbergh Town Twinning were based in Zreče 21st to 28th June. We did not have far to go to find several historic sites including the Old House at Skomarje, where our charter was signed in 2005 and the waterpowered forge nearby illustrating the early origins of metal

working in the area. It was our only wet and windy day and we hastened on to the ancient church of St Laurence in Stranice which has been sympathetically restored by local benefactors. Much renovation work has been done on the murals here by Milan Lamovec, the artist whose work is displayed in the foyer of the People's Hall in Sedbergh. St Laurence was reputedly martyred by being grilled over hot coals on a gridiron. He seemed unfazed by this, requesting that he be turned over as he was done on one side. From this derives his patronage of cooks, chefs and comedians. An earlier church commemorates St Barbara, the patron saint of miners and explosives. She was beheaded by her father. There are Roman tombstones and a milestone set into the wall of the presbytery here. The memorials commemorate a son of Emperor Severus who died aged 20, probably murdered, all evidence of the Roman presence in this area. A main via ran through here to Celje in the south. Severus himself probably visited our own northern outposts of the empire in the early second century.

We concluded our first day with



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visiting the 2nd World war atrocity site at Francolova. Many of our exchange students will remember visiting this sombre memorial to the murder of 100 local men in retribution for the attack on a local German official.

Our next day started with a visit to the nearby town of Slovenske Konjice (horsetown), a staging post at the crossing of routes. Most of the buildings in its ancient main street are conserved with plaques explaining their former functions. A stream runs down the middle, supposedly dribblings from a fearsome dragon living in the hills above until vanquished by the ubiquitous St George. The church here is dedicated to him. The town won the Entente Florale Europe competition in 2014



and Zreče hopes to succeed this year. Sustainability, environmental education, planning and conservation are some of the several aspects involved. The results come out in late September and we wish our twin town well. We took the opportunity to visit the Reimer gallery. A few years ago we could just pick up a key at the shoe shop and show ourselves around. Now the security is more sophisticated as there are examples of several Old and Newer Masters here including Klimt, Cezanne, Van Dyke, Modigliani and Velasquez. Some could be copies but they still looked very impressive to this amateur. From here we travelled the short distance to Ziče, site of a Carthusian Monastery founded in 1165. There is an upper and lower monastery and the countryside between the two remains as it was in the days of their founding, unpopulated. This represents a particular treasure as it is the only Charterhouse landscape still in its original form. The monastery was dissolved in 1782. There was much to see here, original and restored and we wandered at our own pace with individual audio guides in a beautiful tranquil setting.

Two full day excursions were included in our programme. The first was to the ancient city of Ptuj. The

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castle slope was settled already around 4000BC. The Mediaeval stronghold was built in the 11th century. Between 1656 and 1802 the Counts Leslie, lived here. The Leslie family had Scottish roots and their motto, "Grip Fast", is illustrated by a belt buckle. Several museums are housed here, notably the collection of musical instruments including a very rare Roman Tibia flute and a collection of arms and armour. In the stables traditional carnival costumes are exhibited. In the town itself is much evidence of the Roman city. The Orpheus monument, later used as a pillory, stands in the town centre with many others set into the walls of surrounding buildings and those of the church of St George.

Another full day was spent at Celje. Firstly a visit to the 12th century castle. The overambitious counts of Celje eventually gave way to the Habsburgs. Many tales of intrigue and connivance were involved. We have mention of the Counts of Celje in our own History Society archives. We toured the historic town centre, the church of St George and then its museums, firstly the Manor house

with an intriguing trompe l'oeil ceiling. This has been recently uncovered and looking up one can see towers and balconies and sky beyond with various curious persons gazing down at us. All this is represented in ingenious fashion on a flat surface. Our guide was the museums' curator Gabriella, our splendid guide from previous visits who also took us on a tour of the Princely Palace. There we could walk on glass surfaces over the original Roman foundations of the building. Other floors housed collections from Celje's history through the ages to the present day.

We were fortunate to have extremely knowledgeable guides wherever we went and the efficient organisation of these and the logistics by Aleksandra at the Zreče tourist office helped our visit to run smoothly. Once more we must thank Mayor Boris and our many friends in Zreče, especially Zdenka and Marinka and including the staff of the Hotel Zvon, for their warm welcome and hospitality throughout our visit. If any other Sedbergh groups would like to visit our Twin Town, please let me know.



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'Gala Thank You Evening'

Sandra Gold-Wood

The People's Hall sparkled in the July sunshine as people arrived. The new plush 'People's Hall Blue' curtains have given the hall a real touch of class and the twinkling fairy lights set the scene off beautifully. There were smiles all round and complements on the curtains, the décor and buffet and I am sure that for those who attended the People's Hall 'Gala Evening' the memories will stay.

The evening began with an excellent buffet and grateful thanks go to JMP Foods for donating the delicious desserts. Thanks to Heather Askew for the lovely meringues, and Dorothy

Pratt's Lemon Drizzle cake was simply scrumptious.

Dennis Whicker's 'Chorley Raffle' for half a pig was won by Martin and Rosemary Lewes. The half pig was donated by Farm & Fell who are specialists in organic pork. raising their own pigs at Birks Farm. The PH committee is very grateful to them for such a generous gift.

This fun raffle was followed by a master class in auctioneering by Kev Kendal. There was a great deal of laughter and lots of hands flying up bidding for all the splendid items up for sale. How Kev kept track of it all I do not know. Thanks also to Robbie Kendal who modelled the Burberry Suit jacket and held up the sale items and to Sandra Longlands who kept a record of who had won each bid.

Despite the fact that she was away on a cruise Dr Gina managed to bag the Chocoholic's Hamper. While Ron Gerard won the bidding on the 'Star Lot' of Dinner B&B for two at Thornleigh Hotel in Grange-over-sands, the lucky chap. Many thanks go to the Thornleigh Hotel for donating such an excellent Lot. A ride on a vintage motor cycle was very popular with two people bidding excitedly to win, so rather than disappointing the bidders Colin Kendal (Kev's Uncle) said he'd do one for each. How kind, as are the many individuals and business who gave items for the sale. Thanks to The Chocolate House in Kendal, Abracadabra, Roof Box, Laura's Loom, the Black Bull, BBC Radio Cumbria, Backyard Blooms and Mike Hinson for gardening and sailing, Cecily Robertshaw for dog training,



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Kathleen Swift for the super Christmas cake and many other kind folk who give items for the sale. Thank you very much on behalf of the PH committee.

Now to the 'Community Awards'. With votes counted the winners were:

Myles Ripley, Bill Lowis, Elspeth Griffiths, Anne and Tony Reed Screen, Adam Hopkins, Jim Atkins, Dennis Whicker, Sandy Roy, Sandra, and Steve Longlands, Bill Mandsley, Shirley and Don Smith, Judith Bush, Neil Kernahan, Andi Chapel, Stuart Manger, Mary Airey, Sue Sharrocks, Robert Lindsey and Annette Colton.

I believe there are many deserving community minded people who do a great deal for the town and district and I'm sure we will have another 'Do' in the future so when that time comes make sure you get your vote in.

It was a splendid evening greatly enjoyed by all and finished off with plenty of dancing to the music of Strawberry Fields. Lots of hard work

Paul Hoggarth



Building Contractor

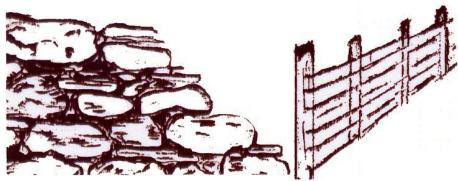
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went into the making of the event of course and thanks go to everyone who helped out. Especially Kev Kendal for lending his expertise as an Auctioneer to raise more than £1,200 in bids. PH can add to that the bar takings and other donations made by the consistently generous folk of Sedbergh. Thank you hardly seem a big enough phrase.

PEOPLE'S HALL GALA NIGHT

Elspeth Griffiths

The Gala Night organised by the People's Hall 13 July was enjoyed and appreciated. Thanks to all and especially to Sandra Gold Wood.

The gardens looked lovely.

The decorations were excellent and the food was delicious.

New stage curtains were admired and the lights made the Hall look beautiful.

Strawberry Fields were much appreciated and guests enjoyed the

dancing.

The auction was much enjoyed and thanks to who offered promises.

The People's Hall is so much appreciated and Sedbergh thanks the Committee who run it so efficiently and voluntarily.



PEOPLE'S HALL NEWS

Dr Gina Barney, Hon Secretary

We have now completed our **health and safety** work by fitting the safety posts to the side of the Hall. The garden in front of the Hall has been maintained and further plantings have been made. It has received a number of compliments. The Parish Council have now completed their part of the garden with the help of Sedbergh School students. The collaboration between the Hall and

the Council now presents a very attractive setting for all the activities on the recreation field. The **stage and hall curtains** were fitted in June. Unfortunately, the drop of the pelmet was too long and hardly gave any headroom for tall performers. So it was sent back for shortening with Parcel Force on 24-hour delivery. It was to be fitted for the People's Hall dance on 23 June 2018. PF 'lost' it for 10 worrying days and we had to make do with stapled banquet roll! It was tracked through Preston, Coventry and Ipswich and finally made it to March, Cambridgeshire. It was shortened overnight and has now been refitted. It (and all the other curtains) were be seen by all, who attended the **Gala Evening** on 13 July.



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SEDBERGH BOOK TOWN

Shelagh Cobb

FACTS:

- 1) Sedbergh is England's only book town
- 2) Sedbergh has the most books for sale per head of population anywhere in England
- 3) Westwood bookshop was voted one of the Guardian newspaper's top ten second hand bookshops in England
- 4) Sedbergh is listed as one of 45

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book towns around the world in a recent publication – 'Book Towns' by Alex Johnson (published by Frances Lincoln)

When foot and mouth devastated this area in 2001 a group of local people decided to take a step of faith and develop Sedbergh into a book town. The project took off, book shops opened and festivals occurred annually. Of course, with austerity, some shops have closed and

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businesses are facing ongoing challenges.

So where are all of our books? Some shops may have closed, but many outlets stock a range of very interesting second-hand books amongst their wares. The Sleepy Elephant isn't just for walkers, nor Farfield Clothing. Our local Charity Book Shop has shelves of differing topics and the Information Centre has a vast range of books. Farfield Mill has two excellent sections and, of course, the biggest of all outlets is Westwood Books. Most visitors spend many hours in there. Thank goodness they also serve coffee!

We now have a high reputation as England's Book Town and many

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visitors come to Sedbergh from far and wide in order to view our books. It has been a while since we have had a festival, but this is soon to be rectified. A small weekend event will take place between **Friday 5th and Sunday 7th October**. Our theme will be 'Landscape and Wellbeing', and who best to talk about this than Amanda Owen – the Yorkshire Shepherdess. She has often appeared on tv documentaries and her books are on sale at the Information Centre. The remainder of the weekend will host other local authors. Details of events will be posted nearer the time.

We know that we are a Book Town but we need to celebrate and develop our literary visibility more. Our

disused bus shelter on Main Street is soon to become a 'Book Shelter'. Many of our cafes will be adding bookshelves and turning in to book cafes. More is in the pipeline.

We residents are lucky to have such a unique asset, and should you wish to help spread the word further, do look at the Sedbergh Book Town website – www.sedberghbooktown.co.uk, or share Sedbergh Book Town and Sedbergh Book Town festival Facebook and Twitter pages. We have leaflets in the Information Centre, telling you where to find our outlets. These aren't just for visitors. We would be thrilled if our local residents wished to come and browse. Hope to see you soon.



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BOOK TOWN FESTIVAL

Write a Poem or a Short Story
Competition 2018.

Heather Thomas

This year, as part of Sedbergh's Book Town Festival, (See Page 50) we are holding a writing competition to celebrate being a book town, our history and our countryside. This competition is open to anyone aged between 6-18 years old with a creative writing flair to submit a poem or a short story. There are three different age categories; 6-9 years, 10-14 years and 15-18 years, and each category has a prize for 1st place and a prize for highly commended. Prizes will be monetary book vouchers for Westwood Books.

To enter, all you have to do is a



fictional short story (1,000 words max word count) or a poem, based on one of the photographs marked A-F.. Please include your name, age, contact details and the letter of your chosen photograph on your entry. You can submit your entry by email to sedberghbooktown@gmail.com or alternatively, you can write or print off your entry and submit it to Westwood Books. The Deadline for this competition is the 23rd of September. Please see further terms and conditions.

A few words of advice before you start your entry.

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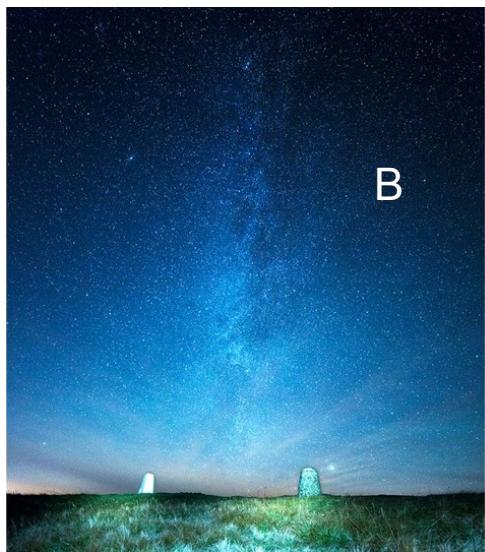
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C



D

- 1) You don't have to take your chosen photograph too literally. You can be as imaginative and creative as you want to be but the origins of your piece must be recognisable from your chosen photograph.
- 2) Study the photographs without over studying them. Sometimes first impressions can create the most creative stories and poems.
- 3) You don't have to write about everything you can see in your chosen photograph but you must write about at least one thing which can be seen in the photograph.

Prizes

There will be a prize for first place and a prize for highly commended in each age category. Prizes will be

monetary vouchers for Westwood Books.

Winning entries will be displayed during the festival.

Terms & Conditions

- 1) This competition is open to anyone aged between 6-18 years old.
- 2) All entries must be original and unpublished.
- 3) You may only submit one entry per person.
- 4) You may only choose and write about **one** photograph.
- 5) If you are writing a short story please do not exceed the 1,000 word count or your story may be disqualified. The word count does not include your name, age, contact details or the title of your

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- piece.
- 6) Winning entries may be published and displayed both online and as hard copies for the festival.
 - 7) Winners will be notified before the festival.
 - 8) Entries must be submitted by email to sedberghbooktown@gmail.com or as a hardcopy to Westwood Books. Please include your name, age, contact details and the letter of your chosen photograph in your entry. We have no formatting requirements but please make sure your entry is clear and easy to read.
 - 9) We cannot accept responsibility for entries which are not received or which are received after the closing date (23rd of September) due to technical failure of for any other reason.

Please send any queries or questions to sedberghbooktown@gmail.com or find us on twitter @Sedberghbooktwn. Good luck!

- Photo A:** A farmer and his sheepdogs by Janet Packham.
- Photo B:** Winder summit (473 metres) on the Howgill fells with the Milky Way above by David 'Hoff'



E



F

Forknall.

- Photo C:** Two sheep and two hens by Helen Corpe.
- Photo D:** Sedbergh Town, Main Street.
- Photo E:** Two cyclists by Colin Cowperthwaite.
- Photo F:** Sledging in the snow by Colin Cowperthwaite. ☺

PICTURE POSER

The picture below was taken in the 18th Century in Sedbergh.

The cycle is believed to be a 'Rover Safety Cycle' but who is the rider and where was the photo taken? Some details are known but more is sought. Any information would be appreciated to Elspeth Griffiths. ☺





will be closed for Training Purposes at 1pm on the following afternoons:-

No date in August
Wednesday 12th September
Wednesday 10th October
Wednesday 14th November



FAMILY MUSINGS

Sarah

Marvellous weather, awesome sunsets and day after day out in the heat, or not as may be. Yet still people moan and grumble! Everything goes outside here when the kiddies come ..train track .. farm .. cars.. the problems arise at home time when they are tired and I have to do the tidy up, so if you see me playing trains on the drive .. I am tidying up ..honest.

When I was little I always got confused about read and red, mincemeat that wasn't meat, mince and mints. Once on an outing with Mum and Auntie Mary Greenbank , over near Keighley I asked mum to

get me some "mints" when they went into a shop. What I got was a tin of Mince! I often think it must be a confusing world for children until they get the hang of it all. A young friend recently wrote about the affects of being in love and how sometimes she wondered about her sanity. Things didn't always seem just OK she writes. I suggested she stops worrying about that as I have, and another person, who shall remain

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nameless, commented I haven't any anyway so there we are.

August brings the annual Christian Festival, my birthday, and much loved Dent Gala, brings endless days of fun as it is school holidays and lots of adventures. A recent one got me, hubby and 2 small grandchildren to Jenny Browns point Silverdale. The long way. A fab way. Enjoy your summer adventures.

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SEDBERGH PRIMARY SCHOOL

Year 6 London trip

13th June 2018

By Teagan, Vicky, Stanley & Leland.



We left Oxenholme on the 7:25 train to Euston station. It was a very exciting and the first time some of our class had been on a train. When we arrived we were confronted by the steepest escalators leading us towards the tube. Our first challenge of the trip was to make sure that we all got on the same train to the Elephant and Castle. As we left the Elephant and Castle station, we made our way to the hostel and

efficiently dropped off our bags.

We then made our way to the Houses of Parliament. We had a great tour and had an in depth conversation with Tim Farron; some lucky pupils got to shake Tim's hand. We then stopped off for our lunch break in the park next to the Houses; a group of Pigeons kept trying to take our food.

Soon after, we went to the Science museum and tested out lots of different experiments. Next, we walked towards the Rainforest Café where we ate dinner. After that, we went on the London Eye, it was scary for some people; a stroll in the park for others. A very busy first day!

After a good night's sleep (well that's what we told the teachers), we

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headed to the underground, which was very unstable, having a competition to see who could stand without holding onto the handles. We then rushed to catch the boat to Greenwich which was really fun as we saw the Tower Bridge twice. Finally, we arrived at the Cutty Sark, the inside lower deck smelt strongly of loose tea from when it was a clipper in the Victorian times.

Next we went to the Tower of London where we got to see the Imperial State Crown. We then made our way to Pizza Express which was yummy! After that, since it was such nice weather, we looked around Convent Garden and saw some magicians. We then made our way to the New London Theatre to see

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Josephine Lade LCSP (Phys)

SCHOOL OF ROCK – it was the best show ever!! Afterwards, we walked round Leicester Square to see the beautiful lights. Then off to bed straight away.

On our last day, most of us had to get woken up because we were so tired. However, we managed breakfast for the last time and caught the tube to St Paul's Cathedral. We all walked up lots of steps to get to the Whispering Gallery. Some people didn't go up to the Stone or Golden Gallery but the people who did saw some amazing views. After that, we went back to the hostel collected our bags and then departed for the tube for the final time, leaving Euston on the 3:30pm train. We arrived in Oxenholme at 6:08pm. The trip was over but we all had a brilliant time!

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SEDBERGH SCHOOL CHALLENGE 3rd – 5th JULY

David Parratt

85 Sedbergh School pupils between the ages of 13 to 17 and 15 staff were involved in Sedbergh School Challenge Week between 3rd – 5th July. In total they carried out 8 community projects in and around the

town. Details are shown below.

- Refurbishment of Play Structures in Playground - Peoples Hall Play Ground
- Queens Gardens new bench area/painting out buildings - Queens Gardens/Bowling Club
- Queens Gardens Refurb of entrance path/bench plinths - Queens Gardens
- Loftus Hill Car Park Landscaping - Loftus Hill Car Park
- Picnic area refurb - A683 Cautley
- Orchard Outdoor Education Area - Loftus Pitches

Where possible, the purchase materials and equipment were made with local businesses

The feedback following on from the completion of these challenges has

been very positive. The boys and girls worked extremely hard, often in hot and difficult conditions and in many cases, having to deal with solid groundwork due to a lack of rain over a long period. Over 25 tons of sand, gravel and wood chippings were shifted over 3 days. They certainly deserve much praise for the amount of work and effort that has been achieved. If you have chance to see the results of the various challenges I am sure you will agree. Thanks of appreciation have been sent to the school and will also be publicised through other channels.

Thanks must also go to Simon Arnold, Head of Design & Technology at the school for project managing and co-ordinating all the challenges,

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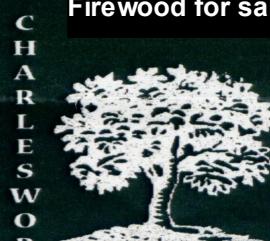
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a logistic exercise and a challenge in itself!

In addition, a further thank you to the staff who were involved in monitoring and giving guidance on site.



SEDBERGH CHAMELEONS

Chameleons need a new Leader

Judith Bush

Chameleons children's drama club had been running for fifteen years. The club is for 7-11 year-olds and meets weekly during term time, from 3.30 to 5pm at St Andrew's Church.

Chameleons now needs a new volunteer leader to run the club, or else it will fold. If you enjoy drama and working with children then, maybe, this is for you!

For more information contact Judith Bush (20058)



SETTLEBECK NEWS

Juliet Proctor

As the summer term comes to a close, so does the athletics season. Following fantastic achievements at the district trials, Alastair Dunkinson was selected to represent South Lakes at the County Championships

at Whitehaven, finishing 7th in a strong field. Our triathlon team had a brilliant day at the County Championships, finishing 3rd overall. (We have asked for VAR on the transitions as we feel they should have won.) Cally Lawson, Sienna Middleton, Henry Hunter and Ewan Foster swam, biked and ran for their lives! Well done.

Settlebeck had another successful Sports Day, with amazing performances from all involved. Ghyll was the champion house this year, breaking Beck's 5 year reign. Individual winners were Cally Lawson, Henry Hunter, Abbi Woof and Declan Wellesley-Smith. The Andy Trull Achievement Award went to CJ Middleton and the Alison Gardner Memorial Award went to Bailey Kendall.



SEDBERGH SCHOOL NEWS

Karen BL

The Hirst Centre was handed over

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by the builders just under two weeks before the vital date of Speech Day. An enormous amount of work had to be put in to get the carpets, chairs, lighting etc in place in time for the Opening. During the last week of term it was also put to good use during the Sedbergh Challenge, of which more later.

Although much has been made of the official opening of the Hirst Centre with the Senior School Speech Day on the afternoon of 7th July, in fact it was "opened" by the Prep School who held their Speech Day there in the morning. At both Speech Days the proceedings were enlivened by performances. Two stood out: at the Prep School event



two little eight year olds, Julia Fielding and Daisy Hoskin, performed a LAMBA Duologue with enthusiasm and aplomb; at the Senior School Maria Holker played Rachmaninov's Prelude Op. 23 No 5 in G Minor.

As said, the official opening was in the afternoon. The invited speakers were Dicky Taylor and George Biggar, two of the four rowers who set the remarkable record rowing across the Atlantic earlier in the year. In a double act they spoke of the need to have ambition to achieve an object, to plan it meticulously and simply to put in very hard work. At the end the Sport Centre was officially opened by Christopher and Sara Hirst. The



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invited speaker at the Prep School event was Simon Cross, an Old Sedberghian who left in 1995 and has been prominent in the Rugby world ever since.

Immediately after the Speech Day celebrations the new Centre was put to another use when the England-Sweden football match was played on the large screen there. On the evening of 7th July, the Leavers' event started with a chapel service at 6pm, followed by dinner in the various houses, fireworks at 10.30 pm and finally their dance.

Richard Witt, the School's Director of Fund Raising and Development, has won the 2018 Lifetime Achievement Award by the Institute of Development Professionals in

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Education. The Panel said "Richard's dedication and commitment is far reaching across the sector, he is always there to support and advise, encouraging all schools along their development journey."

Tabitha Houldsworth (sixth form) raised in the region of £6,000 for the British Heart Foundation and the Stroke Association by doing the Boddy Challenge – a 10k swim, a marathon and a 30k bike ride

Years 7 & 8 had a good trip to the Battlefields in France as did year 10. Twenty-seven sky-dived for charity – 21 pupils and 6 staff. The Ladakh expedition set off on 8th July to return on 29th July.

Sedbergh Challenge

The major event at the end of term (in the last week) was the Sedbergh Challenge when every pupil set out to achieve in three days an objective they might otherwise never have done, such things events as a retreat taking in Durham Cathedral and Lindisfarne to a production of Trial by Jury. See below under the various headings

Community

A major part of the Challenge was

works carried out in the local area. An area was created in the Community Orchard for teaching young children. Work was carried out improving the Sedgwick Trail at Danny (12 new marker posts and over 150 metres of gravel laid among other things). The Joss Lane car park was given a face lift. Improvements were made to the Children's Play area beside the People's Hall. Some walling was done. Clearing was done in a Dent "jungle". An overgrown churchyard at St Michael's, Nether Wasdale, was cleared. Carus and Hart Houses put on a Methodist GB "Tea and Company" afternoon. Lupton House put on a Children's party in the field in front of their House.

Music, Drama and Dance

The Prep School held their annual Big Sing and around 550 children from surrounding primary schools took part. They also put on a Concert at the end of term (years 3-8) of which the highlight was a trombone player. The week before year 8 put on a production of Goldilocks. Reception and years 1 & 2 went to see The Snail and the Whale which was a great success

As part of the Sedbergh Challenge 20 pupils put on two performances of Trial by Jury, a very successful effort learnt, produced and performed in three days flat.

Again part of the Challenge, two bands of pupils who had not played an instrument before were put

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through their paces

A Challenge concert was held in the Thornely Studio.

The Challenge also included a House dance competition (which took place in the new Sports Hall).

Sailing

The Prep School came third in the Northern Prep Schools' Regatta on 17th June

Walking, Climbing etc

As part of the Challenge 100 16 and 17 year olds set off on the Yorkshire Three Peaks on a boiling hot day (a lot of support and water on hand). In the heat, the majority managed Whernside and Pen-y-Ghent, but a group from Powell House managed Ingleborough and the whole 24 miles. This expedition kickstarted their

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fundraising for the Brathay Trust, which will last over the Michaelmas term – a trophy is to be awarded to the House which raises the most in sponsorship. Another group completed the National Three Peaks (Snowden, Scafell and Ben Nevis) in three days. Another group did the Ten Trigs at 12 hours, with one boy setting a record of 11 hrs 27 minutes (70 km and 10,400 ft) despite the seriously hot conditions. Another group did a 3 day trek on Hadrian's Wall.

Teams of 8 made use of the new equipment in the Hirst Centre competing in rowing, biking, swimming, cross-train, to achieve the maximum number of Kilometres in three days, and achieved 49,500 km

Fifty Three pupils completed their Duke of Edinburgh awards during the year.

Art & Design

Various exercises were carried out

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for the Challenge including creating large sculptures, making a model of the Cloisters, and making giant poppies.

Tennis

James Griffen became the first Sedberghian to qualify for Junior Wimbledon in August.

Rugby

Cameron Redpath was unfortunately not able to go to South Africa due to a pre-existing injury turning out to be more serious than

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had been thought.

Cricket

A major event was the BOWS Festival which is held every year. It is a tournament involving Sedbergh School, Wellington College, Oakham School and Brighton College. This year it was the turn of Sedbergh to host the event in brilliant weather, and as hosts they won the tournament, beating Oakham by 9 wickets, Wellington by 5 wickets and Brighton by 177 runs.



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They also won the Fred Kenyon Trophy and the North West T20 Championship. The U15 XI also won the North of England T20.

The 1st XI won against King's Macclesfield by 18 runs, lost against Lancashire Academy CCC by 47 runs, won against St Peter's by 9 wickets, against Bromsgrove by 190 runs, and won by 5 wickets against Cheadle Hulme.

Athletics

In a competition of 800 schools in the English Schools Cup the boys team came 10th having been ranked 11th.

Golf

Archie Davies won the Irish U18 boys amateur championship

Future Events

The shooters will be at Bisley during the holidays.

Term begins against with the new pupils arriving on Tuesday 4th September and the rest on 5th September.

The International summer school will run at Casterton between 11th July and 7th August. The various summer courses will run between 23rd – 26th July, 30th July to 2nd August, and 6th to 9th August, and are for children aged 6-11, 10-15 and U15 and U16 depending on the particular course. Most are residential but some of the younger ones are daily.

As stated earlier there is no Minor Counties match this year.



GARDENING SERVICES

John Hosker

Some of you reading this will already know me. Some of you will know that I have been thinking about this exciting new venture for a while now. Some of you may suspect a mid life crisis. The latter group may be right, but for now, let's assume not.

I have already begun regular work providing a whole range of gardening services and am looking for more local residents who would like help with looking after their garden and outdoor spaces. I have come to realise very quickly this year that people generally know 'what they want doing' but simply cannot do it themselves due to time commitments

or other constraints.

Hopefully this is where I come in! If you or someone you know would like to discuss any aspect of potential garden work please give me a ring (please see advert elsewhere in Lookaround); I'd be happy to call round and chat.

It might be your one-off task or project. It could be a few regular hours every week weeding, pruning, cutting back, mowing, strimming, or almost anything else you need taking care of.

As part of this new venture I will also be offering basic handyman services which can either be done alongside garden work or perhaps at that time of year when there is far less work to do in our outdoor spaces.

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I am passionate about my own garden and allotment and looking forward to working with more local residents too. References and hourly rate are available on request.

Also see Page 4.



ZERO WASTE SEDBERGH

Suzie Pye

Lots to update you on once more this month! The Great Cumbrian Litter Pick took place on July 6th.

Sedbergh's was a small but dedicated team of three. We collected three bags of litter – mostly discarded food wrappers, drinks cartons, and cigarette ends. Thanks to SLDC for the loan of the equipment, and we hope to be doing another one in the autumn.

Sedbergh Red Squirrel Group

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I attended the Sedbergh Parish Council meeting on July 12th to update the local council on why Zero Waste Sedbergh exists, what it has achieved so far, and what it hopes to achieve in the coming months. I am hoping they will be fully supportive of initiatives to reduce waste in Sedbergh.

One of those initiatives is the new Sedbergh Primary School Uniform Recycling Scheme. Parents are being asked to donate unwanted school uniform at specific points in school. It will then be washed, sorted, and listed on zerowastesedbergh.com where orders can be placed, and collected from school for a small donation (proceeds to the PTFA).

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I have been visiting local businesses recently, to talk to them about how they can become part of the Zero Waste community here in Sedbergh. To be honest it is the one job I had been putting off because I was nervous that folk might think I was "interfering" or telling them how to run their businesses! Well I needn't have worried. The vast majority of people were very happy to chat, and more often than not they had already started to introduce changes in order to work towards producing less waste. What an encouragement to see that we are singing from the same (recycled) hymn sheet! Details of the changes each business is making can be found, along with a

copy of the letter I dropped off, on our website: zerowastesedbergh.com

Finally, the ZWS group has got to the stage now where I do need some like-minded people to share some of the strain. If you would like to get involved, do please get in touch via the website, social media, or on 0783 3534 710

Thank you.



SEDBERGH COMMUNITY SWIFTS

Tanya & Edmund Hoare

It has been a fantastic year for swifts, and throughout June and July they have delighted us with endless exuberant flying. The beautiful hot weather obviously suited them and after a particularly splendid evening

one person contacted us to say that '*it was just how Sedbergh used to be*'. The screaming parties too have been exciting to watch, with the swifts looking as if they are enjoying themselves, like aerial joyriders.

At our cottage in Lowgill we had several weeks of exceptional action from 'bangers', non-breeding swifts that fly up to eaves, fascia boards and gables, then dart away again, practising their technique for approaching nest sites in future years. The name derives from the sound of their wings slapping the woodwork. The swifts in the existing nest sites scream back at them, to encourage them to find a site in the vicinity, and in such a way a colony grows.

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Although our swifts usually leave for Africa around 7th – 10th August, this year we expect that there will still be some around well into the month as we have witnessed some very late breeding. This was due to different sets of circumstances that we'll discuss in next month's issue.

During the first ever UK Swift Awareness Week (UKSAW from 16 – 23 June) over 90 events took place around the country. Our own Swift Celebration Evening in St Andrew's church was a great success, with an audience of around 60 people, with lots of questions and lively discussion. The displays in the church were full of information about swifts, made much more colourful by the work of the Sedbergh Primary School children to illustrate swift migration. They cut out swifts and coloured them in the colours of the flags of the African countries that they migrate through – so this was a geography lesson too. We grouped them around a large map of Africa, this can be seen on the back of this month's cover. There was plenty of time to admire this while refreshments were served, including delicious swift biscuits, kindly made and donated by Sarah M. We would



also like to thank the volunteers from Cumbria Wildlife Trust for serving, and Garsdale Design for posters.

During UKSAW the displays in Sedbergh shop windows, with swift bunting, looked terrific and we would like to thank all those who participated. The charity bookshop window had a host of books showing swifts, and the craft workshop

displayed some beautiful swift-themed items, such as glass dishes, willow weaving, jewellery and cushions. Our special swift mugs are still available from them.

Let us make the most of the weeks that our swifts are with us, and just enjoy the antics of these masters of the sky.

To contact SCS: email ta.hoare@btinternet.com or ring 01539 824043



COMMUNITY ORCHARD GROUP

Ann Parratt

Since our last report we have progressed well in the orchard. The raised beds are now full of soil and partially planted. The cordoned trees have been planted and the larger

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Your local Sedbergh Branch meets on the second Thursday of every month in the White Hart Club at 7:15pm and needs new members in order to keep up its good work. You do not need to have served in the Armed Forces to be a member. Membership costs £17.00 - call 20536 or 20964 or email: jd@jdifa.co.uk or dmpparratt@gmail.com for a form. For more information, visit our website: <http://branches.britishlegion.org.uk/branches/sedbergh>

trees have been weeded, fed and pruned. We even have some apples this year!

Unfortunately the gate was left open and lambs quickly made their way into the orchard and nibbled all the lower branches of the trees, a great shame as it will take them a while to recover.

Thanks must go to Sedbergh School students who took on the huge challenge of creating a stump circle in the orchard. This area will make an ideal space for local children to enjoy science education as well as a great place for families to picnic.

We now also have two new compost bins and a plinth for our new bench. A huge thank you to the School for

making us one of the many Challenge Week projects, we are very grateful.

We had a very successful coffee morning on the 30th May, thanks must go to all those who either provided wonderful cakes or to those who consumed them!

Don't forget, Apple Day this year is on Saturday 27th October at the People's Hall. Bring your apples to be juiced and enjoy the day.

If you would like to support the Community Orchard, you are warmly invited to join COGS with the following benefits:

- Meet other orchard enthusiasts
- Quarterly newsletter
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example,
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Further information from Ann Parratt
015396 20964, Jacqueline Smith
015396 20760.



CUMBRIA WILDLIFE TRUST Eycott Hill Nature Reserve

Dorothy Thomson

Over 460 million years ago the area around Eycott Hill, north of the A66 near Hutton Roof, was shaped by a myriad of volcanic lava flows which

carved the landscape into a series of ridges and hollows. The swampy valleys between the ridges were a perfect habitat for wetland insects and plants. Since then there have been so many changes in vegetation through forests and more recently grassland but the lava has remained a major influence.

About fifteen years ago, Cumbria Wildlife Trust was able to buy the area to preserve it as an upland nature reserve. Eycott Hill, is now a mosaic of habitats from wetlands and flower rich meadows to moorland, hedgerows, scrub and woodland. What an amazingly rich wild life area it is.

Within the reserve is a Site of Special Scientific Interest where the

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habitat gets much wetter underfoot. These wetlands that are made up of swamps and mires are very important for the site's wildlife. The botanical interest in this part of the site contributes to its SSI designation as it includes 20 sedge species and 18 species of Sphagnum moss. Interesting flowers such as grass-of-Parnassus or 'bog star' (not really a grass) and the carnivorous round-leaved sundew are also present.

Drier parts of the site are brightened by mountain pansy, wood anemone, and the unusual flowers of mountain everlasting.

Whilst the range of flora is amazing so too is the insect and bird life. Butterflies on the site include the small pearl-bordered fritillary, orange tip, small heath, meadow brown and ringlet species. From June to September look out for the golden ringed dragonfly in particular but there are other dragonfly species. For birds the migrating wheatear can be seen from March to September and curlew, snipe, short-eared owl, meadow pipit and skylark also breed in the site.

The Trust has restored hay

meadows encouraging an even wider variety of wild flowers, while replanted hedgerows provide more nesting places for birds.

The grassland land is being traditionally grazed by hardy Luing cattle which can stay out all year round. These are owned and managed by Newton Rigg agricultural college.

Well worth a visit at any time of the year as there is always something to see. Though when it starts raining again take sensible footware as parts of the reserve are very wet due to those lava flows which fashioned the landscape so many years ago.

There are no refreshments on the reserve but several pubs and cafes nearby. See www.cumbriawildlifetrust.org.uk for directions and more information.



JUNE WEATHER

What a start to "flaming June"!!!! During the morning of the 1st a 10-15 minute cloudburst put down 1.57 inches (40mm) then again in the afternoon a further inch (25mm) in a similar period making over 2 ½ inches (65mm) for the day. This was as much as for the whole month last

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month. Did you spot the “deliberate” mistake? I got the mm and inches the wrong way round in May. Silly Me!!!! In spite of this phenomenal start to June we went on to record 5 inches (125mm) for the month and this included 14 dry days, but not altogether or that would have been an official drought. Temperatures soared and in the sun went off the scale on my electronic system. That is 284F (140+C). Not temperatures in which to be doing any heavy work!! A high of 81.9F (29.7C) was recorded. A low of 32.2F (0.1C), only just above freezing, was recorded. I once lost baby rabbits to frost in the first week in June some years ago. It was a pretty breezy month with a maximum gust of 24.4mph (39.26kph) but only

6 days with gusts not reaching double figures. In spite of the high temperatures there were 3 nights when the wind chill got below zero. The increased temperatures and shortage of rain meant a shortage of grass growth but glorious hay timing weather, if you are not in some scheme which prevents cutting until 15th July. This year everything will be burnt off by then. There have been fires in crops, as well as the moors. Apparently just a spark from metal on stone has been enough to start a fire with several crops being burnt down. The crows have had a bumper breeding season. I regularly have 50 to 80 drop in at feeding time. The magpies have reared 4 young nearby and have terrorised the woodpigeons

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and collared doves that nest around the garden. I have seen pieces of several eggs but no young hatched. We have had some bird of prey, probably a sparrow hawk, judging by the heaps of feathers around the garden. The two blue tit nests, in boxes, successfully fledged. One got 7 away. I didn't get to count the other box. I shall have to modify it for next season so I can inspect it more closely. The swallows have 5 healthy young at present. As I write this, early July, they are ready for off. We have an odd speckled robin about. You never seem to see a group of them. Butterflies are still a rarity with the odd small white and occasional coloured, "Frenchies" as we called them as kids. I suppose that this comes from the fact that some of the coloureds e.g. Painted Ladies do come across from France. I was hopeful that the bats might have returned but the single night sighting must have been visitors. Nettles and thistles seem to have had a bumper season but I haven't seen any caterpillars as yet.



AUGUST GARDENING

Elaine Horne

I have been watching the sad decline of one of my garden's trees over the past 3 or 4 years, and am almost relieved to see that this serious drought, coupled with the hot sunshine have finally finished the whole thing off.

I suspect that the root of the problem will be at the root, and under the lower bark of the tree. Whenever I dig in the borders anywhere at that end of the plot, I find the tell-tale



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black "bootlaces" of Honey Fungus – the parasite which I have seen finish off many trees, shrubs, and even some herbaceous perennials in various places during my horticultural career.

Honey Fungus is commonly present in gardens where there are mature trees, and in land which has the remains of old stumps and roots buried in the soil. It can spread by spores, which are released by clumps of honey/beige toadstools when they appear at the base of tree trunks in early Autumn. These are carried by the wind and will germinate when they alight on the surfaces of old stumps and grow to produce a new colony. It's alternative method of

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invasion is by those black "bootlaces" which are sent out from the parent plant and grow through the soil until they find a new woody plant to colonise.

Most plants will live with Honey Fungus for many years, and, as long as they have a good supply of water and food, brought to them by a healthy, large, root system, they might show few signs of the disease. Others, such as my ornamental Mountain Ash – *Sorbus 'Joseph Rock'*, which should be showing vigorous growth, copious small leafletted leaves and cream flowers, and, by now, big bunches of yellow berries, are looking twiggy and bare with small clumps of this year's leaves at the ends of its twigs. Poor thing! Those leaves are now all crisp and brown. When winter comes I shall remove as much of it – roots and all – as possible, to make way for something new.

As I always seem to find myself buying, or growing from cuttings, too many plants for the available space in the garden, a new planting spot will be welcome. The decision is, shall it be Rose 'Scarlet Fire', or a new *Viburnum x bodnantense 'Dawn'* – to

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replace the previous one which died several years ago ... from Honey Fungus.



2020 (SEPTIC TANK) VISION

Dr Gina Barney

I was reminded recently of the 1 January 2020 deadline for obeying the Septic Tank Binding Rules. This might matter a lot if you are selling your property. Perhaps a reminder will help.

If you sell your property, you must tell the new operator (the owner or person responsible for the septic tank or small sewage treatment plant) in writing that a small sewage discharge is in place.

In most cases this information is included within property information forms that are completed as part of the conveyancing process. Information should include: a description of the treatment system and drainage system; the location of the main parts of the treatment system, drainage system and discharge point; details of any changes made to the treatment system and drainage system; details of how the treatment system and

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drainage system should be maintained, and the maintenance manual (if you have one) and maintenance records (if you have them).

Discharges from septic tanks directly to a **surface water** are not allowed under the general binding rules.

(**Surface water** is any water that collects on the surface of the earth. This includes oceans, seas, lakes, rivers, or wetlands.)

If you have a septic tank that discharges directly to a **surface water** you will need to replace or upgrade your treatment system by 1 January 2020. Where properties with septic tanks that discharge directly to surface water are sold before 1 January 2020, responsibility for the replacement or upgrade of the existing treatment system should be addressed between the buyer and seller as a condition of sale.

You cannot use a soak away (designed for draining rainwater), well or borehole for discharging effluent to **ground water**. Instead you must either upgrade to a drainage field or apply for a permit so that the Environment Agency can assess the

risk of using this sort of system in your location.

(**Ground water** is water that flows or seeps downward and saturates soil or rock, supplying springs and wells.)

Remember the areas nearest to where drinking water is abstracted from **ground water** are known as Source Protection Zones 1s (SPZ1s). The minimum size for a groundwater SPZ1 for a drinking water supply is a 50m radius from the abstraction point.

This is general information, please go to the following links to check out your system

- 1) <https://www.gov.uk/guidance/general-binding-rules-small-sewage-discharge-to-a-surface-water>
- 2) <https://www.gov.uk/government/publications/small-sewage-discharges-in-england-general-binding-rules>
- 3) https://www.wte-ltd.co.uk/septic_tank_general_binding_rules_2020.html



B4RN

progress in Cautley & Dowbiggin

Dr Gina Barney, Area Lead

All the way leaves being in place and lambing over we have started to



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lay duct albeit with a few mishaps.

One of the problems in the valley is the River Rawthey as there are so few bridges and flat bank to bank places as the river runs in steep ravines. And where it is flat it is rocky. One property we needed to reach, which taxed our ingenuity, was Fawcett Bank. We decided to do this via Buckbank – but how to get the Buckbank soon? Eventually a spur will come out of Sedbergh. However we wanted to connect as soon as we could. You might think go straight

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(sic) over Straight Bridge would be good. No good! This not possible for many reasons. So our resident toxophilite is to shoot an arrow over the river at a narrow point and we will then run a catenary wire to support the duct.

We are having a Jacobs Join Supper and Conversazione on 2 August 2018 for the Cautley & Dowbiggin residents as we have not met since April 2017.



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YORKSHIRE DALES NATIONAL PARK

Park reaches out to 'grassroots'

Andrew Fagg

The Yorkshire Dales National Park Authority's annual general meeting has voted to permanently establish Parish Forums as a way of improving lines of communication between the Authority and local communities.

There are three Parish Forums – in the west, north and south of the National Park. They take place twice a year and are attended by parish councillors and senior Authority staff and Members.

The forums are designed to be 'parish-led'. Recent meetings have

seen debate on housing, planning and the new five-year programme of work set out in the draft National Park Management Plan 2019-2024.

Following a decision Taken in June, further forums will be organised for September; the dates will be published in due course.

Yorkshire Dales National Park Authority Chief Executive, David Butterworth, said: "It is good news that the Parish Forums have been cemented permanently into the Authority's work. It is essential that our Members and officers are able to hear and discuss the concerns and ideas of local communities, and Parish Councils – at their best – represent the grassroots.

"We know from an in-depth review of the Parish Forums carried out in April that the parishes that have engaged with the forums have found them to be very useful. The forums have been places of robust debate on issues such as planning policy, potential housing sites, wildlife and the challenges facing local communities.

"But at most forums, a lot of parishes simply haven't turned up. Parish councillors tend to be busy

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people, so we have work to do to make the case for the forums and get a better attendance."

More details can be obtained from the YDNP Web Site.

YORKSHIRE DALES NATIONAL PARK

Sedbergh pupils repair Sedgwick trail

Andrew Fagg

Sedbergh School students have spent three days working in baking heat alongside National Park Authority rangers to repair parts of the Adam Sedgwick Geological Trail.

Students in the school's Design and Technology department also helped make viewpoint posts, waymarkers and an information panel for the trail.

A total of 12 pupils were on site by the banks of the River Clough, a few

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miles east of Sedbergh town, each day between the 3rd and 5th of July. Seven Dales Volunteers, as well as seven rangers, were on hand to help and offer guidance over the three days. Two work placement students from Settlebeck School also pitched in.

By the end of the third day, a stone aggregate surface had been created on all worn sections of the route – about 250 metres in all. View point posts and additional waymarker posts were installed; steps were either constructed or repaired at several locations; and gorse was cut back.

Head of D&T at Sedbergh School, Simon Arnold, said: "Our pupils were delighted to get involved with the Sedgwick Trail project as part of

Sedbergh School's Challenge Week. They learnt many new skills and showed true Sedbergh spirit and resilience working in the searing heat. I am very proud of all that they achieved."

Yorkshire Dales National Park Authority Area Ranger, Paul Wilkinson, said: "Despite the very hot conditions, a great deal was achieved. It was a beautiful location, with views west to the Howgill Fells and east into Garsdale. All the rangers and Dales Volunteers said it was a pleasure to work with the students and staff of Sedbergh School."



AGE UK SOUTH LAKELAND

Ruth Taylor

Here is an update on some of the activities which we run in the local area. The venue for our lunch club is The Dalesman .Why not join us for a delicious lunch every 2nd Thursday of the month at 12 noon. You will be made most welcome. If you would like to come along, please contact Age UK on 01539 728118 to book your place.

A new fortnightly Walking Netball session runs at the Old Sports Hall,

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Queen Elizabeth School in Kirkby Lonsdale from 5pm- 6pm(9th and 23rd Aug) . Walking Netball is a slower version of the game; it is netball, but at a walking pace. The game has been designed so that anyone can play it regardless of age or fitness level. Come and give it a go. To book a place or to find out more please contact Kim Bradshaw Community Sports Coordinator on 07966 55 6944.

We are also offering free talks on how you can Get Safe Online and Be Fraud Smart' Fraud cost the British population more than £600m on 2013. Whether this was through online shopping, online banking or ID theft, fraudsters continue to think of new tactics to trick you and it's important that you learn more about fraud and how you can protect yourself from it. Age UK are pleased to host a number of free talks by Barclays Digital Eagles to show you how to keep safe online.
Wednesday 22nd August 1.00pm - 4.00pm Main Hall, Lunesdale Hall, Kirkby Lonsdale
Monday 8th October 1.00pm - 4.00pm People's Hall, Howgill Lane, Sedbergh To book a place at either of these events please ring Age UK on 01539 728118.

SEDBERGH LIBRARY

Hannah Clarke

We have some events coming up at Sedbergh library as part of The Summer Reading Challenge, this year's theme is Mischief Makers and ties in with celebrating 80 years of The Beano.

We'd be very grateful if any of the

events could be advertised in The Lookaround, I understand we may be too late for the July event.

- Monday 13th August 2.30-3.30 Mischief Makers Craft. Suitable for age 4-11. Make Dennis the Menace Grass Heads and Gnasher Pompoms
- Monday 20th August 2.30-3.30 Mischief Makers Coding Chase. Suitable for age 5-11. Try some coding and catch the naughty pig.

All activities are free but booking is essential 015396 20186. Children under 8 must be accompanied by an adult.



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www.sedberghpeopleshall.org



communities, for example to invigorate transport networks, reimagine housing, employment and enterprise, or improve access to education, culture and healthcare

Everyone can apply, regardless of age, background or qualifications, so long as they are a UK citizen over 18. See - <https://www.wcmt.org.uk/sites/default/files/Flier%20-%20Churchill%20Fellowships%20for%20rural%20living.pdf>

SEDBERGH AND DISTRICT COMMUNITY FUND

Tony Reed-Screen

Applicants for grants from the Fund are reminded that the closing date for the next round of Grants is Friday 10th August.

SEDBERGH TENNIS CLUB

Guldry Tennis Courts

Important news

Martin Lewes,

Chairman, Sedbergh Tennis Club

Earlier this year we told you that Sedbergh Parish Council and Sedbergh Tennis Club had pulled together the finance to resurface and resurface the courts. The contractors have been picked and we are

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arranging a start date.

The contractors picked from a large field, are Sports Surfacing Solutions. They are a specialist firm, and have worked for other clubs in the county, who give them good references.

The current plan is to start work during the week commencing Monday 20 August, with the project lasting up to five weeks.

The good news is that we will end up with a smart modern surface, looking much better and playing better too. Whether you play tennis or just live here, it will be a real asset for this part of Sedbergh.

But there will be some inevitable disruption.

While they are here, the workforce will need most if not all of the car park, so everyone will have to park elsewhere. There was a similar issue when the Two Castles homes were being completed, and it seemed to go fairly smoothly, so the club hopes those who use the car park will be patient.

We are of course enormously grateful to Sport England, the Hadfield Trust, Sedbergh Community Trust, Sedbergh Parish Council, and

the foresight of tennis club members over the years in making sure the money is there to do what, for a small club like ours, is a significant project.



COMMUNITY OFFICER REPORT

Logs of note for the area of Sedbergh are:

CSO Mandy Coleman

- 14/6 – Travellers reported to have put their horses on Settlebeck playing fields.
- 15/6 – A horse reported being tethered too long out towards Scroggs and causing a nuisance on the road.
- 18/6 – Theft of a white ford transit van during daylight hours.
- 21/6 – 2 Suspicious males seen

touting for scrap near to Marthwaite.

24/6 – Dog fouling was reported to us in the area of Maryfell.

27/6 – Criminal damage was caused to the picnic area past Settlebeck School down by the river.

1/7 – Criminal damage was caused to a vehicle on Back Lane.

Can we remind all residents to pick up their dog mess as you will be prosecuted if witnessed. I shall be patrolling on some mornings first thing to monitor this.

Settlebeck School, Sedbergh School, The peoples hall play area and Queens gardens continue to be monitored due to ASB behavior caused in these areas.



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COLETTE BOLTON

I would like to express my gratitude to the people whom offered help or did help me on Saturday Morning 30th June at Akay Woods Sedbergh. Unfortunately I slipped and hurt my ankle and was unable to walk, fortunately there was a cricket match in progress and some very kind pupils of Sedbergh School carried me to Akay cricket pavilion, for which I am extremely grateful. The Master and the pupils looked after me exceptionally well, they are a credit to the School. Thank you very much.

DAVID & ANTHEA BOULTON

Thanks a million to John Bradley, Jason Charnley, Edwin Middleton, Gary Sedgwick and their colleagues for working their socks off in renovating our new home at High Ghyllside, Dent, proving that you can't beat our local community when it comes to highly skilled specialist tradesmen. Thanks too to Trevor Ford for cheerful and efficient house clearance and Burrow and Son for highly professional removals service. And gratitude to Andrew and Sally at Thostle Hall and our Ghyllside neighbours for putting up with the extra traffic during and after the move. Here's to all of you!

LIAM KELLY

I would like to say a big thank you to Suzie Pye for putting about my milk round on her Facebook and to all my customers for all their support.

STEPHEN I PARKINSON

A million times we will miss you,
A million times we will cry,
If love alone could have saved you,
You never would have died.
We will always miss you. Thinking of
you at this time when you would have
celebrated your 60th Birthday.
Sandra and Steve xxxxx

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2007 Skoda Fabia Classic HTP.
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MOT until April 2019. Only 53,000
miles. Good tidy condition. Only 2
former keepers. £1400 Ono. Re-
location forces sale. Tel: 07833
362673.

EDITORS COMMENTS

APOLOGIES

Nobody has highlighted anything this last month so maybe it was an error-free issue?

FUTURE OF LOOKAROUND

Please see Page 6 of the July issue which gives an update from the New Team

The December issue will be my last compilation and the new Team will commence from February 2019 so watch this space for future updates and details.

I am not taking any Advertising after December. New Contracts will be made from February 2019 with the new Group.

NEW PHONE NUMBER

As of this month, in readiness for the changeover to the new Team, a Mobile Phone has been acquired

which will be easier to monitor than a Landline.

If you type in **0** (zero) **PIN GUY KICK**, you will be entering the number which is 07464 895425. This may be easier to remember.

With that, 015396 21960 will no longer be used after 1st December.

NEW ADVERTISERS

Yet another **three** new Advertisers this month with **Enviro Metals**, **Green Clean Cleaning Service** and **John Hosker Gardening Services**. Please mention Lookaround if you make any enquiries.

LOOKAROUND INFORMATION

The Sedbergh & District Lookaround is edited, published & distributed monthly by Dennis & Jacky Whicker & is printed by Stramongate Press. The content of The Lookaround does not reflect the views of the Editors.

Whilst every effort is made to ensure that information is correct, the Editors cannot accept any responsibility for any inconvenience caused through errors or omissions. If there is an error with your article or advert, it is your turn this month in amongst hundreds of entries each month.

Current Copies are available from Sedbergh Information Centre, Sedbergh Mini Market, Post Office, Spar, Dent Stores & Barbon & by Post (please enquire). *Back Copies* are available to read at the History Society Archive at 72 Main Street.

All items for Lookaround must be sent to 72 Main Street, Sedbergh or deposited in the Lookaround Post Box there or sent to
editor@sedberghlookaround.org.uk

ARTICLES

All articles and reports are inserted for free and photographs are included pending on space. Could text be submitted either typed out our written in BLOCK CAPITALS as sometimes, it can be difficult to establish what is written.

ADVERTISING

For the benefit of advertisers, the following information will assist you.

If you wish to place an Advert in Lookaround, please include the correct money or cheque with the details & place it in the Post Box. A receipt will be issued & left in the Lookaround Tray in the Office for collection or include a SAE.

Our distribution area is the LA10 Postal District which is Sedbergh & the surrounding villages, but it is sent all round the country & the world.

We are published on the 1st of every month (except January).

February to November is printed black ink on white. The December/January issue is in full colour. All copies have a full colour cover to indicate a new issue & photographs are requested from our readers who will be credited.

We do not have whole page adverts but will allow two half page adverts opposite each other.

The Front Page is given priority to Event Adverts relevant for the appropriate month.

You can supply the information & we can create an advert for you. You can supply an example in hard copy & we will reproduce it (please mention if a particular Font is required). You can

supply an original using Microsoft Publisher, a Word, a jpg (preferred) or as a PDF (*although the quality is reduced when importing it*).

If you order numerous adverts, the content can be the same every month or it can change if you are seasonal.

The closing date for everything is 15th of every month.

Advertising rates have been updated: December 1991, December 1995, March 1997 & August 1999
(Over 18 years ago.)

PERSONAL MESSAGES

These are £1 each & are for sending Good Wishes, Thank You's, Birthday Greetings, Anniversaries & any other celebration or congratulation. You may also sell personal items - not on a business basis, & also make an appeal for wanted items.

Details with respect to people Passing Away are inserted for free.

Please submit legible writing as many mistakes have been made in the past due to not being able to read the text properly.

GROUPS AND ORGANISATIONS

Any organisation that charges an admission, sells items or requires a donation from the public for anything at their event & wishes to include details in *The Lookaround*, are requested to place an Advert with us. This can be supported by text which cannot all be included in the advert. Any report *after* the Event is free. The request for payment for an Advert is to assist with financing *The Lookaround* which has a large printing expense every month. We feel that the Advertising Rates are

very reasonable (for the last 18 years). All Adverts for Events automatically have the details entered into the Diary Page at the rear of *The Lookaround*. If organisations do not wish to Advertise with us, details of the Event will still appear on the Diary Page, but no text will be inserted.

BUSINESSES

Adverts for the Rent or Sale of property are not Personals & can only be included as a boxed Advert.

If you are a new advertiser in *Lookaround* & you order 3 or more adverts, you will receive one free advert & can also include some text explaining who you are, what you are, where you are, etc (which can not all go into an advert) up to about 550 words for free.

If you have more than 3 months of advertising, we will automatically send a renewal reminder should you wish to continue. If you order 10 months, we give you one free (making one whole year).

We respectfully request payment with ordering. Please make cheques payable to "Sedbergh & District *Lookaround*".

Payments by BACS can also be made.

This account is valid from June 2017.

Account: Lookaround
Account Number: 90931551
Code: 20-45-45
Reference: Invoice Number,
 your name or reference.

CAN YOU PLEASE INCLUDE THE INVOICE NUMBER WHEN PAYING

(Continued on page 87)

BY BACS? CHILDREN'S BIRTHDAYS

Children's Birthdays are included free on the Birthday Page until their 11th Birthday.

Every month, a randomly selected child will receive a £10 Gift Voucher to be used in Sedbergh or Dent from Lookaround who will receive it by post. For this reason, we require the postal address of each child. If we have no address, they are unable to receive it.

If anyone or any business would like to Sponsor the Birthday Voucher, please contact us. Full credit will be given.

COVER PICTURES

If you have any suitable pictures to go onto the Cover of Lookaround, please send a High Quality copy with the location and your name and you will be credited. Please remember that the picture will be split into two by the Spine so try and get a picture of two halves.

Dennis J Whicker

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BED & BREAKFAST

Proprietor	Address	Phone (015396)
Miss S Thurlby	15 Back Lane, Sedbergh LA10 5AQ (2012/12) 1D; 1T; TVL; CH; DW; P; DR; VB e-mail:- wheelwright.cottage@homecall.co.uk Free Wi-Fi available	20251
Ms D Wood	Daleslea, Station Road, Sedbergh LA10 5DL (2014/06) 1D(ES); 2D/F(ES); TV; CH; P; NS; VB; CW	21789
Mrs Lappin	The Malabar, Garths, Marthwaite, Sedbergh LA10 5ED (2017/05) 4D (ES); 2T (ES); TV; CH; L; P; NP; DR; VB; CW; TL	20200
Mrs S Gold-Wood	Number Ten Main Street, Sedbergh LA10 5BN (2013/02) 1D (ES); IT/F(ES); TV; NS; CH; P; CB; VB; DFB; Free Wi-Fi e-mail: sangold.kwood@virgin.net	21808
Mrs G Baines	Howgill View, 11 Bainbridge Road, Sedbergh LA10 5AU (2017/09) 2D; CH; L; NS; NP; VB; CW; DFB; Free WiFi e-mail:- gill.durie@hotmail.com	21510
Mrs J Postlethwaite	Bramaskew Farm, Howgill, Sedbergh LA10 5HX (2013/09) 1D(ES); 1T(ES); CH; TV; P; NP; Di; VB; EM; CW e-mail:- stay@drawellcottage.co.uk	21529
Mrs A Bramall	Summerhill, 7 Highfield Road, Sedbergh LA10 5DH (2013/11) Sleeps 6-8 3D (1ES), 1T (PB), TVL, CH, NS, DW, DR, VB, CB, DFB e-mail: ali@interact.co.uk	20360

CAMPING, CARAVANNING & SELF-CATERING

Mrs Whitfield	Old Station Cottage. Station Road, Sedbergh LA10 5HP (2016/12) Sleeps 1-4; 2D (King); CH; TVL; P; NS; DR; WiFi; Bike Storage www.oldstationcottage.co.uk	20799
Mrs A Bramall	Summerhill, 7 Highfield Road, Sedbergh LA10 5DH (2013/11) Self-Catering Sleeps 6-8	20360
Borrett Barn Caravan, Marthwaite, Sedbergh (2018/04)	Sleeps 4 people; D; T; CH; L; P; NS	21175
Mrs S Capp	Scrogg House Farm Cottages, Cautley Road, Sedbergh LA10 5LN Boskins: sleeps 4; D/T(S King); ES x 2; L; P; CH; DW; DR; WiFi Speight Cottage: sleeps 2; D(King); L; P; DR; CH; WiFi; Hot Tub sam@thecapps.co.uk	34032
Borrett Barn Flat, Marthwaite, Sedbergh (2018/04)	Sleeps 4 people; D; T; CH; L; P; NS	21175
Sycamore Cottage, Lunds, Sedbergh LA10 5PX (2013/09)	Sleeps 2; D; CH; TVL; P; NS; DW	01969 667356

KEY

F = Family Rm; D = Double Rm; S = Single Rm; T = Twin Rm; ES = En Suite; PB = Private Bathroom
 CH = Central Heating; L = Lounge; TV = TV in all Rooms; TVL = TV Lounge; P = Parking; DA = Disabled Access;
 NS(B) = No Smoking (Bedrooms); NP(*) = No Pets (* by arrangement); DW = Dogs Welcome
 DR = Drying Room; Di = Dinners; VB = Vegetarian Breakfast; CB = Celiac Breakfast; EM = Evening Meal
 CW = Children Welcome; TL = Table Licence; DFB = Dairy Free Breakfast

Regular Events/Meetings			
1000	Every Sunday	Free Entry to Locals	FM
1600	3rd Sunday	Messy Church	CCCN
1000	Every Monday	Wild Goose Qigong	CCCC
1030	Every Monday	Sedbergh Songsters	GH
1730	Every Monday #	Brownies	CCCC
1400	1st Monday	Bridging the Gap	MC
1930	1st Monday	Dent Parish Council	DMH
1930	1st Monday	People's Hall	PH
1900	3rd Monday	Chamber of Trade	PH
1430	Last Monday	Tea & Company	CCCN
0930	Every Tuesday	Drop-in & Relax	MCD
1300	Every Tuesday	Howgill Toddlers	HVH
1830	Every Tuesday	Cub Scouts	SHQ
1830	Every Tuesday	Swimming Club	SS
1930	Every Tuesday	Bridge Club	WHC
1400	2nd Tuesday	Killington WI	PH
1400	3rd Tuesday	Sight Advice Sth Lakes	PH
1930	3rd Tuesday	Ladies NFU	PH
0830	Every Wednesday	Sedbergh Market	JLCP
1000	Every Wednesday	Coffee Morning	CCCC
1000	Every Wednesday	Yoga for All	HVH
1215	Every Wednesday	Age UK Swimming	SS Baths
1315	Every Wednesday	Art Society	PH
1730	Every Wednesday	Sedbergh Juniors	PH
1730	Every Wednesday #	Beaver Scouts	SHQ
1900	Every Wednesday	Sedbergh Town Band	SSBR
1930	Every Wednesday	Sedbergh Seniors	PH
1930	1st & 3rd Wednesday	History Society (Winter)	SSAT
1915	2nd Wednesday	Dentdale WI	DMH
1930	2nd Wednesday	Sedbergh WI	PH
1830	Every Thursday	Swimming Club	SS
1800	Every Wednesday	Yoga for All	SPS
1400	1st & 3rd Thursday	Child Health/Baby Club	PH
1430	Every 2 weeks	Cameo Club	CCCN
1430	1st Thursday	Afternoon Cream Tea	Duo
1930	1st Thursday	Howgill WI	FCH
1200	2nd Thursday	Age UK Lunch Club	Dalesman
1915	2nd Thursday	Royal British Legion	WHC
1930	2nd Thursday	Sed. Parish Council	PH
1100	Every Friday	Mindfulness Course	MCD
1700	Every Friday #	Barrel of Fun	StAS
1800	Every Friday	Cub Scouts	SHQ
1930	Every Friday	Scouts & Explorers	SHQ
1330	1st Friday	Dentdale Club	DMH
1000	Every Saturday	Swimming Club	SS

= School Term Time Only
See Group Page for contact details & Diary Page for Keys

PLACES OF INTEREST TO VISIT IN THE AREA

Bowling Green, Queens Gardens
Bruce Loch Nature Area, Busk Lane
Cautley Spout, A683 towards Kirkby Stephen
Community Office, 72 Main Street
Cornerstone Community Church, Main Street
Cornerstone Community Church, New Street
Cumbria Wildlife Trust, Community Office
Dent Heritage Centre, Laning, Dent *
Farfield Mill, A684 Garsdale Road * <i>Free to LA10 Residents on Sundays</i>
Friends Quaker Meeting House, Brigflatts
George Fox's Quaker Pulpit, Firbank
Golf Club, Catholes, Sedbergh *
Information Centre, 72 Main Street
History Society, Community Office
Holme Working Farm, Middleton *
Holy Trinity Church, Howgill
Jubilee Wood Nature Area, Castlehaw Lane
Langstone Fell, A684 Garsdale Foot
Motte & Bailey Castle, Castlehaw Lane
Pepperpot Folly, Busk Lane
Picnic Site, Ghyllas, Cautley Road
Picnic Site, Settlebeck New Bridge
Play Ground, Dent Village
Play Ground, People's Hall
Play Ground, Maryfell
Queen's Gardens, Station Road
St. Andrew's Church, Dent
St. Andrew's Church, Main Street, Sedbergh
St. Gregory's Church, Vale of Lune
St. John's Church, Cowgill
St. John's Church, Firbank
St. John's Church, Garsdale
St. Mark's Church, Cautley
Sedbergh Embroidery, StAS
Tennis Courts, Guldrey Lane
Winder Fell, above Sedbergh

* = Entry Fee Applicable

Organisation	Updated	Contact	Tel:	015396
Age UK South Lakeland	07/18	Helpline	030 300	30003
Aglow International	04/15	Mrs Armitstead	015242	71062
Allotments Association - Dent	02/14	Mrs Owen	Dent:	25505
Allotments Association - Sedbergh	02/09	Mr Atkins	Sed:	20031
Angling Association	01/09	Mr Wright	Dent:	25533
Art Society - Sedbergh	09/14	Mr Morrison	Sed:	20209
Badminton - Sedbergh	10/08	Mr Wheatley	07816	437500
Beekeepers Association	04/15	Mrs Pauley	015242	51549
Bell Ringers (StAS)	02/14	Mrs Sharrocks	Sed:	20754
Book Group	01/09	Mrs Dodds	Sed:	20308
Bowling Club - Sedbergh	09/14	Mrs Killops	Sed:	20279
Bridge Club	01/09	Mr Estensen	Sed:	21060
Bridging the Gap	05/14	Mr Richardson	01772	561323
British Legion	12/15	Mr Parratt	Sed:	20964
Canoe Club - Sedbergh	01/09	Mr Hinson	Sed:	20118
Caving Club - Kendal	01/09	Mr Teal	Sed:	20721
Chamber of Trade	12/12	Mrs Sayner	Sed:	20935
Christian Aid	11/17	Mrs Thompson	Sed:	22023
Citizens Advice Bureau	12/16	Kendal	03444	111444
Community Orchard Group	06/16	Mrs Parratt	Sed:	20964
Community Swifts (Sedbergh)	03/16	Mrs Hoare	01539	824043
Conservative Association - Sedbergh	01/09	Mr Beck	Sed:	20336
Cornerstone Community Church Rooms	01/09	Mrs Haworth	Sed:	20428
Cricket Club - Sedbergh	02/15	Mr Hoggarth	01539	583793
Cumbria Wildlife Trust	01/09	Mrs Garnett	Sed:	21138
Dementia Friendly Community	06/16	Dr Ripley mylesripley52@gmail.com		
Dentdale Choir	04/17	Mr Feltham	Dent:	25689
Dentdale Head to Foot	04/17	Mr Steele	Dent:	25054
Dent Meditation Centre	09/14	Mrs Brooke	07582	017396
Dent Memorial Hall	01/09	Mrs McClurg	Dent	25446
Dentdale Players	01/09	Mr Duxbury	Dent	25535
Dog Training - Sedbergh	01/09	Mrs Robertshaw	Sed:	20316
Farfield Mill Arts & Heritage Centre	12/10	Ms Last	Sed:	21958
Firbank Church Hall	09/11	Mr Woof	Sed:	21343
First Responders - Dent	01/09	Mrs Pilgrim	Dent:	25589
First Responders - Sedbergh	02/15	Mr Cobb	Sed:	22541
Football Club - Dent	01/09	Mrs Mitchell	Dent:	25432
Football Club Junior - Sedbergh	11/17	Mr Todd	07979	569428
Football Club Senior - Sedbergh	07/14	Mr Parkin	Sed:	20585
Gala Group - Sedbergh	06/13	Mr Kernahan	Sed:	20733
Garsdale Village Hall	11/16	Mrs Labbate	Sed:	22114
Golf Club	12/08	Mr Gardner	Sed:	21551
Good Companions - Dent	04/16	Mrs Woof	Dent:	25212
Help Tibet Northern Branch	01/09	Mrs Howarth	Sed:	20090
History Society	01/09	Mr Cann	Sed:	20771
Howgill's Harmony	01/09	Mr Burbidge	Sed:	21166
Howgill Harriers	03/17	Mrs Houghton	admin@howgillharriers.co.uk	
Howgill Toddlers	01/09	Mrs Alderson	Sed:	22050
Howgill Village Hall	01/09	Mrs Stainton	Sed:	20665
Kent Lune Trefoil Guild	12/13	Mrs Gilfellon	01524	781907
Killington Parish Hall	08/13	Mr Mather	015242	76333
Killington Sailing Association	12/08	Dr Ripley mylesripley52@gmail.com		
Labour Supporters Group *	12/17	Mr Cross	Sed:	22566

Ladies National Farmers Union	12/11	Mrs Sandys-Clarke	Sed:	21246	
Liberal Democrats	12/08	Mrs Minnitt	015242	72520	
Little People	12/14	Mrs Suttle	07810	833478	
Lunch Club	03/18	Mrs I'Anson	Sed:	21757	
Messy Church	09/14	Mrs Raw	Sed:	20542	
Methodist Church Hall	04/14	Mr Allen	Sed:	20194	
Orchestra (Sedbergh)	11/11	Mrs Smith	Sed:	21196	
Parent Support Group	01/09	Mrs Goad	Sed:	20402	
Parish Council - Dent	04/17	Mr Thornley	Dent:	25185	
Parish Council - Garsdale	12/14	Mr Johns	Sed:	22170	
Parish Council - Sedbergh	08/16	Mrs Hassam	07966	134554	
People's Hall	08/15	Sleepy Elephant	Sed:	21770	
Pepperpot Club - Sedbergh	01/09	Mrs Smith	Sed:	21196	
Pistol and Rifle Club	01/09	Mr Middlemiss	Sed:	20662	
Playground - Sedbergh	04/14	Mrs Hassam	Sed:	20125	
Playgroup - Sedbergh	09/14	Mrs Kitchen	Sed:	20826	
Playing Field - Sedbergh	10/09	Mr Longlands	Sed:	20885	
Pulse Gym	03/10	Mrs Gold-Wood	Sed:	21808	
Red Squirrel Group - Sedbergh	04/17	Mr Hopps	07870	785322	
Residents Association - Sedbergh	01/09	Mrs Capstick	Sed:	20816	
Rose Community Theatre	08/15	Mrs Gold-Wood	Sed:	21808	
Schools	Dent Primary	03/13	School	Dent:	25259
	Dent Primary - Friends of	03/13	School	Dent:	25259
	Sedbergh Primary	01/09	School	Sed:	20510
	Settlebeck	01/09	School	Sed:	20383
	Settlebeck PTFA	04/15	Mr Hartley	Dent:	25317
	Sedbergh School	01/09	School	Sed:	20303
Scouts - Beavers	11/15	Mr Mawdsley	Sed:	20723	
Scouts - Cubs	11/15	Mr Mawdsley	Sed:	20723	
Scouts	01/09	Mr Mawdsley	Sed:	20723	
Scouts - Explorers	11/15	Mrs Colton	07789	906421	
Sight Advice South Lakeland	04/15	Miss Harper	Sed:	20613	
Sing Joyfully! (Casterton)	09/16	Mrs Micklithwaite	07952	601568	
South Lakeland Carers Association	01/09	Mrs Woof	Dent:	25212	
Spellbound Theatre	11/17	Miss Pakeman	Sed:	21279	
Squash Club	10/15	Mr Bannister	Sed:	21664	
Swimming Club	03/16	Mrs Thexton	kate574@btinternet.com		
Tennis Club	01/09	Mr Robinson	Sed:	21014	
Town Band	01/09	Mrs Waters	Sed:	20457	
Town Twinning Group	09/14	Mrs Garnett	Sed:	21138	
White Hart Sports and Social Club	01/09	The Committee	Sed:	20773	
Voluntary Car Scheme	06/15	Mr Dodgson	Sed:	20869	
Walking & Cycling Group	08/14	Miss Nelson	Sed:	21770	
Westmorland Gazette Correspondent	01/09	Mrs Gold-Wood	Sed:	21808	
Women's Institute - Dentdale	06/14	Mrs Belfield	Dent:	25775	
Women's Institute - Howgill	04/13	Mrs Hoggarth	01539	824663	
Women's Institute - Killington	01/09	Mrs Sharrocks	Sed:	20754	
Women's Institute - Sedbergh	12/13	Mrs Kernahan	Sed:	20733	
Yoga	11/16	Mrs Hennedy	Sed:	20899	
Young Cumbria	01/09	Mrs Hartley	01524	781177	
Young Farmers Club	11/15	Miss Thompson	07590	115844	
Young Kidz	01/09	Mrs Baines	Sed:	21287	

* = Latest Amendments

If there are any Groups missing and/or contact details are incorrect, please let us know.

BUS SERVICES

Sedbergh to Blackhall Rd, Kendal via Oxenholme					Blackhall Rd, Kendal to Sedbergh via Oxenholme				
Depart	Arrive				Depart	Arrive			
0754 (C, L)	0838	M - F	502	SCC	1030	1056 (L)	M - F	564	W
0940 (L)	1010	M - F	564	W	1300	1330 (L)	Wed	564A	W
1015 (L)	1045	Wed	564A	W	1330	1356 (L)	M - F	564	W
1240 (L)	1310	M - F	564	W	1705 (C)	1745 (L)	M - F	502	SCC
Sedbergh to Kirkby Stephen					Kirkby Stephen to Sedbergh				
1749 (L) (C)	1819	M - F	502	SCC	0728 (C)	0754 (L)	M - F	502	SCC
Sedbergh to Kirkby Lonsdale					Kirkby Lonsdale to Sedbergh				
0945 (L)	1018	Thu	567A	W	1215	1248 (L)	Thu	567A	W
Sedbergh to Dent					Dent to Sedbergh				
1330 (L)	1345	Wed	564A	W	1000	1015 (L)	Wed	564A	W
Last Update: May 2018									

L = Library

SCC = Stagecoach

C = College Days Only

W = Woof's of Sedbergh

*Whilst every effort has been made to ensure that the times shown are up to date,
they can change at short notice.*

For Comprehensive up-to-date information ring Traveline 0871 200 22 33 (Open : 7am - 8pm Daily)

Western Dales Bus S1 Kendal Shuttle Saturdays from 23rd June 2018 ufn							
Kendal Morrisons		11.18	12.38	14.38			
Kendal Blackhall Road Bus Stn G	08.35	11.23	12.43	14.43	16.18		
Kendal K Village	..	11.28	16.25		
Oxenholme Station	..	11.33	16.30		
Killington M6 Bridge	08.50	11.43	12.58	14.58	16.40		
Sedbergh Dalesman	09.00	11.53	13.08	15.08	16.50	18.19	
Sedbergh Maryfell	..	11.55	13.10	15.10	16.52	18.21	
Dent Village	09.15		13.25		17.07	18.36	18.46R
Dent Station	09.30				17.22		19.01R
<i>Dent Station</i>							
<i>Train from Leeds</i>		09.15				18.15	19.42
<i>Train from Carlisle</i>		09.06				17.34	19.38
Dent Station		09.35				17.37	19.01R
Dent Village		09.50		13.28		17.52	19.16R
Sedbergh Maryfell	08.00	10.05	11.58	13.53	15.45	18.07	19.31R
Sedbergh Library	08.02	10.07	12.00	13.55	15.47	18.09	19.33R
Killington M6 Bridge	08.12	10.17	12.10	14.05	15.57		
Oxenholme Station	08.22	10.27	..	14.15	..		
Kendal K Village	08.27	10.32	..	14.20	..		
Kendal Blackhall Road Bus Stn	08.33	10.38	12.25	14.26	16.12		
Kendal Morrisons		10.43	12.30	14.31			
<i>R= calls on request only The 0935 from Dent Station will wait up to 10min beyond the scheduled departure for a late running train from Leeds.</i>							

BUS SERVICES

Western Dales Bus S3 Hawes Hopper Tuesdays only from 2nd May 2017 R = Request only					
Dent	-	09:30	-	13:40	15:40 R
Spar	-	09:44	11:20	13:54	15:54 R
Library	-	09:45	11:21	13:55	15:55 R
Maryfell	-	09:47	11:23	13:57	15:57 R
Farfield Mill (entrance)	-	09:49	11:25	13:59	-
Garsdale Street	-	09:58	11:34	14:08	-
Garsdale Station Arrive	-	10:04	11:40	14:14	-
Garsdale Station Depart	-	10:06	11:42	14:16	-
Moorcock Inn	-	10:08	11:44	14:18	-
Hawes Creamery	-	10:19	11:55	14:29	-
Hawes Market Place	-	10:21	11:57	14:31	-
Hawes Dales Centre	-	10:23	11:59	14:33	-
<i>Garsdale Station</i>					
<i>Train to Carlisle</i>		10:21	12:17	14:20	16:16
<i>Train to Leeds</i>		10:02	13:02	15:13	
Hawes Dales Centre		10:35	12:33	14:43	-
Hawes Market Place		10:40	12:35	14:45	-
Hawes Creamery		10:42	12:37	14:47	-
Moorcock Inn		10:53	12:48	14:58	-
Garsdale Station Arrive		10:55	12:50	15:00	-
Garsdale Station Depart		10:57	12:52	15:02	-
Garsdale Street		11:03	12:58	15:08	-
Farfield Mill (entrance)		11:12	13:07	15:17	-
Maryfell		11:14	13:09	15:19	-
Library	09:10	11:16	13:11	15:21	-
Opposite Morphet's Garage	09:11	11:17	13:12	15:22	-
Dent	09:25		13:26	15:36 R	-

* R = At 1522 at Sedbergh Spar the bus continues to Dent village only on request to the driver.

* Connection to Hawes from 1021 train provided by Little White Bus (tel 01969 667400).

* The bus can be boarded or alighted at any place it is safe to stop. Please give a clear indication to the driver.

5	4	7	6	3	1	2	8	9
3	8	2	4	9	5	1	6	7
1	6	9	7	8	2	5	3	4
7	1	5	3	4	6	9	2	8
4	9	3	1	2	8	7	5	6
6	2	8	9	5	7	4	1	3
9	5	6	8	1	4	3	7	2
2	7	4	5	6	3	8	9	1
8	3	1	2	7	9	6	4	5

4	6	8	2	1	5	3	9	7
1	7	2	8	3	9	5	6	4
3	5	9	6	4	7	8	1	2
8	2	1	7	6	3	4	5	9
5	9	4	1	8	2	6	7	3
6	3	7	5	9	4	2	8	1
2	8	6	3	7	1	9	4	5
9	1	5	4	2	8	7	3	6
7	4	3	9	5	6	1	2	8

BUS SERVICES

Western Dales Bus S4 Kirkby Stephen Connect from Thursday 21st June 2018 ufn R = Request only						
	Thurs	Fri	Fri	Fri	Fri	
Dent			10.25		14.25	
Sedbergh, Spar			10.39	12.44	14.39	
Sedbergh, Dalesman	09.00		10.40	12.45	14.40	
Sedbergh, Maryfell	09.02		10.41	12.46	14.41	
Cautley, Cross Keys	09.10		10.48	12.53	14.48	
Fat Lamb	09.18		10.54	12.59	14.54	
Kirkby Stephen Station arr	09.24		11.01	13.06	15.01	
<i>Trains from Leeds to Carlisle</i>			11.06	12.35	15.01	
<i>Trains from Carlisle to Leeds</i>			11.46	-	15.46	
Kirkby Stephen Station dep	09.24		11.07	13.08	15.03	
Kirkby Stephen Town	09.29		11.12	13.13	15.08	
Kirkby Stephen Co-op	09.30		11.13	13.14	15.09	
Brough, Clock			11.21	13.22	15.17	
		Fri	Fri	Fri	Fri	Thurs
Brough, Clock			11.26	13.27	15.21	
Kirkby Stephen Co-op			11.34	13.35	15.30	16.35
Kirkby Stephen Town			11.35	13.36	15.33	16.36
Kirkby Stephen Station arr			11.40	13.41	15.38	16.41
<i>Trains from Leeds to Carlisle</i>		-	-	-	-	
<i>Trains from Carlisle to Leeds</i>			11.46	-	15.46	
Kirkby Stephen Station dep			11.47	13.43	15.48	16.41
Fat Lamb			11.54	13.50	15.55	16.48
Cautley, Cross Keys			12.00	13.56	16.01	16.55
Sedbergh, Maryfell			12.07	14.03	16.08	17.03
Sedbergh, Library		10.05	12.08	14.04	16.09	17.05
Sedbergh, opp. Morphets		10.06	12.09	14.05	16.10	
Dent		10.20	-	14.19	-	

Thurs = Thursday only

Fri = Friday Only

3	2	6	1	9	5	7	8	4
7	8	4	6	3	2	1	5	9
9	1	5	8	7	4	6	3	2
8	5	7	2	6	9	3	4	1
4	6	9	5	1	3	2	7	8
1	3	2	7	4	8	5	9	6
5	9	3	4	2	6	8	1	7
6	4	1	3	8	7	9	2	5
2	7	8	9	5	1	4	6	3

3	5	2	1	4	6	9	7	8
1	7	9	2	3	8	6	4	5
4	8	6	7	5	9	1	2	3
2	4	7	3	9	1	8	5	6
9	6	8	5	7	2	4	3	1
5	3	1	6	8	4	7	9	2
7	9	3	8	1	5	2	6	4
6	1	4	9	2	3	5	8	7
8	2	5	4	6	7	3	1	9

BUS SERVICES

S4/S5 Sedbergh – Kirkby Stephen – Ravenstonedale - Kendal via M6 Killington and Castle Green
Thursday Only commencing Thursday 21st June 2018 until further notice

Dalesman	09.00		
Sedbergh, Maryfell	09.02		
Cautley, Cross Keys	09.10		
Fat Lamb	09.18		
Kirkby Stephen Station entrance	09.24		
Kirkby Stephen Market Place	09.29		
Kirkby Stephen Co-op arr	09.30		
Kirkby Stephen Co-op dep	09.35	11.45	14.35
Kirkby Stephen, Market St	09.36	11.46	14.36
Kirkby Stephen Station entrance	09.41	11.51	14.41
<i>Trains from Leeds to Carlisle</i>	09.34	11.06	15.01
<i>Trains from Carlisle to Leeds</i>	09.20	11.46	14.55
Ravenstonedale, Kings Head	09.47	11.57	14.47
Newbiggin on Lune	09.50	12.00	14.50
Tebay roundabout	09.58	12.08	14.58
Killington M6 bridge	10.08	12.18	15.08
Kendal, Castle Green	10.17	12.27	15.17
Kendal, Blackhall Road	10.22	12.32	15.22
Kendal, Morrisons	10.27	12.37	15.27
Kendal, Morrisons	10.38	13.28	15.38
Kendal, Blackhall Road	10.45	13.35	15.45
Kendal, Castle Green	10.50	13.40	15.50
Killington, M6 bridge	10.59	13.49	15.59
Tebay roundabout	11.09	13.59	16.09
Newbiggin on Lune	11.17	14.07	16.17
Ravenstonedale, Kings Head	11.20	14.10	16.20
Kirkby Stephen Station entrance	11.27	14.17	16.27
<i>Trains from Leeds to Carlisle</i>	11.06	15.01	17.03
<i>Trains from Carlisle to Leeds</i>	11.46	14.55	15.46
Kirkby Stephen, Market Place	11.33	14.23	16.33
Kirkby Stephen Co-op arr			16.34
Kirkby Stephen Co-op dep			16.35
Kirkby Stephen Market St			16.36
Kirkby Stephen Station entrance			16.41
Fat Lamb			16.48
Cautley, Cross Keys			16.55
Sedbergh, Maryfell			17.03
Sedbergh, Library			17.05

DENT RAILWAY STATION TIMETABLE

Valid until 8th December

Northbound to Carlisle For Garsdale times, add 5 minutes			Southbound to Leeds For Garsdale times, subtract 5 minutes		
M-F	Sat	Sun	M-F	Sat	Sun
06 47	07 51	10 34	07 05	09 06	10 40
09 15	09 15	11 01 *	09 38	10 41	14 05
10 48	10 48	13 55	12 10	12 10	16 18 #
12 17	12 17	15 52	16 04	16 04	18 41
14 43	14 43	17 47	17 35	17 35	19 03 *
16 45	16 45	20 19	19 38	19 38	20 27
18 15	18 15				
19 44	19 44				

* = Dales Rail Services until 9th September to/from Blackpool

= To Nottingham

Combined plans for Western Dales Mission Community - August 2018						
	Sunday	5 th	12 th	19 th	26 th	29 th
St. Andrew's, Sedbergh LA10 5BZ	8am	Andy McMullon HC-BCP	Andy McMullon HC-BCP	Andy McMullon HC-BCP	Gary Wemyss HC-BCP	
St. Andrew's, Sedbergh LA10 5BZ	10.30am	Gary Wemyss HC	Andy McMullon HC	Andy McMullon HC	Andy McMullon & Judith Bush FS	
Cornerstone Community Church, Sedbergh LA10 5AF	10.30am	Sarah Moore	David Crouchley HC	David Crouchley & Gordon Middleton	Sarah Crouchley	
People's Hall Sedbergh LA10 5DQ		2.30pm Andy McMullon HC	9.30am Judith Bush MP-NC	Sedbergh	2.30pm Judith Bush P+M	
St. Mark's, Cautley LA10 5LZ	11am	Susan Raw	William Allen	Sedbergh	Peter Gorst Special Service	
Cautley Methodist Chapel LA10 5LY	10am	Judith Bush HCx	Low Smithy United Service	Garsdale Street United Service	Bill Mawdsley SH	
St. John's, Garsdale LA10	2pm	St. John's United Service	United Service David Crouchley HC	Garsdale Street United Service	Brian Park	
Garsdale Low Smithy Methodist Chapel LA10 5PF	2pm	Irene Whaley & Andrew Souter				
Garsdale Street Methodist Chapel LA10	6.30pm	St. John's United Service	Garsdale Low Smithy United Service	United Service Pam Dent	Susan Raw	
All Saints, Killington LA6 2HA	2pm	Firbank	Andy McMullon Baptism	Gary Wemyss HC	At Howgill	
Holy Trinity Howgill LA10 5JD	2pm	Firbank	Killington	Killington	Andy McMullon HC	
St. John's Firbank LA10 5EF	2pm	Christine Brown HC	Killington	Killington	Howgill	
St. Andrew's, Dent LA10 5QL	10.30am	Andy McMullon HC	Gary Wemyss HC	Christine Brown HC	Christine Brown HC Ecu	
St. John's, Cowgill LA10 5RJ		9.00am Christine Brown HC	Dent	2.30pm Christine Brown HC	Dent	
Dentdale Methodist Chapel LA10 5QJ	6.30pm	Dent Foot	Gordon Middleton	Sedbergh	St. Andrew's United Service	
Dent Foot Methodist Chapel LA10	2pm	Brian Park	June Allen	Chapel Anniversary TBC	Philip Nolan	
	Wednesday	1st	8th	15th	22nd	29th
St. Andrew's, Sedbergh LA10 5BZ	11.15am	Andy McMullon HC-BCP	Andy McMullon HC-BCP	Andy McMullon HC-BCP	Andy McMullon HC-BCP	Andy McMullon HC-BCP
HC- Holy Communion (HCx- Extended Communion) SW- Service of the Word FS- Family Service HS- Healing service				Ecu- Ecumenical CM- Choral Matins (BCP) MP-NC- Morning Prayer- Northumbrian EP- Evening Prayer		

Religious Services in Sedbergh

CHURCH OF ENGLAND

St. Andrew's Parish Church
Sunday 08.00, 10.30 & 18.30
Wednesday 11.15

Rev. A. McMullan Tel: 20018

Church Wardens:

Tony Reed Screen 21081
& Susan Sharrocks 20754

www.sedbergh.org.uk/churches/anglican

ROMAN CATHOLIC

St. Andrew's Parish Church
Sunday 12.00
Holy Days 19.30

Rev. Dr. Peter Campbell Tel: 20918

CORNERSTONE COMMUNITY CHURCH

New Street/Main Street
Sunday 10.30

Rev. David Crouchley Tel: 20329

SOCIETY OF FRIENDS

QUAKERS
Brigflatts
Sunday 10.30

Tess & Philip Satchell Tel: 20005

DENTDALE

CHRISTIAN FELLOWSHIP
Rhumes, Dent LA10 5QJ
Every 4th Sunday 1900
Sarah Woof Tel: 25212

*Enquiries for the following services,
please ring the relevant telephone number*

CHURCH OF ENGLAND

Cautley & Garsdale

Rev. Andy McMullan Tel: 20018

Church Wardens:

Cautley: Judith Bush 20058
& Maureen Hinch 20843

Garsdale: Rosemary Lord 20993
& Bill Mawdsley 20723

Firbank: Colin Wilson 20952

& Jean Dixon 20435

Howgill: Helen Hoggarth 20805
& Pauline Marshall 21651

Killington: Jennifer Thornely 20444
& John Mather 015242 76333

Dent & Cowgill

Rev. Andy McMullan Tel: 20018

Rev. Christine Brown Tel: 25226

METHODIST CHURCH

Dent; Dent Foot;
Cautley; Garsdale Street;
Garsdale Low Smithy; Hawes Junction
Rev. David Crouchley Tel: 20329

SEDBERGH CHRISTIAN CENTRE

5.30 pm People's Hall every Sunday
Tel: 28151

www.sedberghchristiancentre.co.uk

worship@peopleshall

10:30 am 1st Sunday each month

Beth & Sandy Roy Tel: 20785

UNITARIAN & FREE CHRISTIAN CHAPEL

Market Place, Kendal
Sunday 11.00

Amanda Reynolds Tel: 07545 375721

Lookaround Advertising Rates

Single Column 2.56" x 1"	= £7.50
Single Column 2.56" x 2"	= £10.00
Single Column 2.56" x 3"	= £12.50
Single Column 2.56" x 4"	= £15.00
Double Column 5.2" x 2"	= £15.00
Double Column 5.2" x 3"	= £20.00
Double Column 5.2" x 4"	= £25.00
B & B and Camp-sites	= £2.00
Personal & Small Ads	= £1.00
Postal per month to Britain	= £2.50
Postal per month Overseas	= £6.00

All information to
72 Main Street, Sedbergh LA10 5AD
Closing Date 15th of every month.
*Can all adverts please be
accompanied with the correct money
at the time of submission.*

*Last Advert Update August 1999
Last Donation Update December 2009
Last Postal Update September 2016*

DIARY OF EVENTS

Dates are held up to 8th June 2019.

Dates in **BOLD** are start & finish events.

Numbers in Brackets indicate Advert/Article on a Page.
Month in Bracket relates to issue that details last appeared.

AUGUST

1 1000 Weekly CM - Allotment (4)	CCCM	29 1000 Weekly CM - St Andrew's Mission (4)	CCCM
1 1030 Landscapes of the Mind (July)	FM	31 1800 Contemplation & Communication (19)	MCD
1 1030 Beyond 4 Walls (July)	FM		
2 1930 A Lakeland Song Cycle (5)	Thornley Studio	SEPTEMBER	
2 1930 WIH&F - YDNP Ranger Paul Wilkinson	FCH	1 1000 StAD Coffee Morning	DMH
3 1200 A Lakeland Song Cycle (5)	Cartmel Priory	1 1030 Beyond 4 Walls (9)	FM
3 1900 DDCF Annual Festival (6)	Dent	1 1930 The Ereble String Quintet (41)	StAS
4 1000 StAD Coffee Morning	DMH	1 1930 Flicks in the Fells (TBA)	PH
4 1930 A Lakeland Song Cycle (5)	Nether Wasdale	2 1030 Moorcock Show (42)	Mossdale
4 1400 DDCF Annual Festival (6)	Dent	5 1000 Weekly CM - Garsdale Church (4)	CCCM
5 1900 A Lakeland Song Cycle (5)	Crossthwaite	6 1930 WIH&F - The Smokery Haverigg HM Prison	HVH
5 1145 DDCF Annual Festival (6)	Dent	7 DHTF Icons, Techniques etc (28)	Dent
6 1000 Summer Soccer Schools (July)	SSAT	8 1000 FLOW with Tony Bennett (15)	MCD
7 1000 Summer Soccer Schools (July)	SSAT	9 1030 Beyond 4 Walls Ends (July)	FM
8 1000 Weekly CM - North West Cancer (4)	CCCM	9 1300 Capstick's Open Afternoon (49)	Newbiggin
8 1000 Summer Soccer Schools (July)	SSAT	11 1400 WIK - Why Not Alpacas?	PH
8 1030 Landscapes of the Mind Ends (July)	FM	12 1000 Weekly CM - Talking Lookaround (4)	CCCM
8 1915 WID - Blood Bikes	DMH	12 1300 MC Closed for Training (55)	MC
8 1930 WIS - Old Sedbergh	PH	12 1915 WID - Open Meeting	DMH
9 1200 Age UK Lunch Club	Dalesman	12 1930 WIS - A Little Bit of Art	PH
9 1800 25th Anniversary (July)	Country Harvest	13 Westmorland County Show	Crooklands
11 1000 NWBB Coffee Morning (11)	Waterside Farm	13 1200 Age UK Lunch Club	Dalesman
11 1000 Family Fun Day	CANCELLED	15 0930 Artisan Market	Sedbergh
11 1130 Book of Bridges (37)	DCMH	18 1400 SASL - TBA	PH
11 1500 Public Meeting (37)	DCMH	18 1930 Ladies NFU - Fell Pony Society	PH
11 1900 Family Fun Evening	CANCELLED	19 1000 Weekly CM - St John's Hospice (4)	CCCM
13 1430 Mischief Makers (81)	Library	26 1000 Weekly CM - First Responders (4)	CCCM
14 1400 WIK - Khiraule Education in Nepal	PH		
14 1930 Domino Drive	FCH	OCTOBER	
15 1000 Weekly CM - Garsdale Churches (4)	CCCM	3 1000 Weekly CM - Firbank Church (4)	CCCM
18 1000 CM - Dentdale Chapel	DCS	4 1930 WIH&F - AGM & Advisor	FCH
18 0800 Sheep Show & Dog Trials (18)	Barbon Manor	5 Sedbergh Booktown Festival (50)	Sedbergh
19 1000 Silent Retreat Day (19)	MCD	5 DHTF Alpac Farming (28)	
19 1200 BBQ & Duck Race (19)	Barbon Manor	6 1000 StAD Coffee Morning	DMH
20 1000 Summer Soccer Schools (July)	SSAT	6 1930 Flicks in the Fells (TBA)	PH
20 1430 Mischief Makers (81)	Library	6 Sedbergh Booktown Festival (50)	Sedbergh
21 1000 Summer Soccer Schools (July)	SSAT	7 Sedbergh Booktown Festival (50)	Sedbergh
22 1000 Weekly CM - Beekeepers (4)	CCCM	8 1300 Age UK Be Fraud Smart (80)	PH
22 1000 Summer Soccer Schools (July)	SSAT	9 1400 WIK - Life of a Reservist RAF Padre	PH
22 1300 Age UK Be Fraud Smart (80)	KL	10 1000 Weekly CM - Christian Aid (4)	CCCM
23 1000 Summer Soccer Schools (July)	SSAT	10 1300 MC Closed for Training (55)	MC
23 1000 Art Society Exhibition (23)	SSL	10 1915 WID - Julehygge (correctly spelt)	DMH
24 Communication & Connection (15)	MCD	10 1930 WIS - Uplifting Stories	PH
24 1000 Art Society Exhibition (23)	SSL	11 1200 Age UK Lunch Club	Dalesman
24 1000 Summer Soccer Schools (July)	SSAT	11 1915 Royal British Legion (24 & 71)	WHC
24 1000 Mindful Yoga + (19)	MCD	12 Release, Rebalance & Renew (15)	MCD
25 0930 Artisan Market	Sedbergh	13 1930 Olde Time Dance (49)	PH
25 1000 Art Society Exhibition (23)	SSL	16 1400 SASL - TBA	PH
25 1000 Table Sale (25)	DMH	16 1930 Ladies NFU - Volunteering in Zambia	PH
25 1100 Best Dog Show (24)	STAS	17 1000 Weekly CM - Middleton Church (4)	CCCM
25 1500 Afternoon Tea (25)	GVH	22 1930 Beetle Drive	GVH
26 1000 Art Society Exhibition (23)	SSL	24 1000 Weekly CM - Garsdale/Cautley Ch's (4)	CCCM
26 1100 Drop In Meditation (19)	MCD	27 1000 Apple Day	PH
27 August Bank Holiday		28 Clocks Fall Back	
27 1000 Art Society Exhibition (23)	SSL	31 Halloween	
27 1100 Dent Gala (1)	Dent	31 1000 Weekly CM - Bowling Club (4)	CCCM
		NOVEMBER	
		1 1930 WIH&F - Morecambe Bay Safari	HVH
		2 1930 Autumn Domino Drive	HVH
		2 DHTF Plastic Wastes (28)	Dent
		3 1000 StAD Coffee Morning	DMH
		3 1900 Bonfire & Fireworks Night	GVH
		3 1930 Flicks in the Fells (TBA)	PH
		7 1000 Weekly CM - Royal British Legion (4)	CCCM

COVER PHOTO
Sedbergh form the Coal Road
Colin Cowperthwaite

8 1200	Age UK Lunch Club	Dalesman
8 1915	Royal British Legion (24 & 71)	WHC
11	Remembrance Day	
11	Remembrance Day Concert	CCCM
14 1000	Weekly CM - LNUF (4)	CCCM
14 1300	MC Closed for Training (55)	MC
14 1915	WID - AGM	DMH
14 1930	WIS - AGM & Jacobs Join	PH
19 1930	Domino Drive	GVH
20 1400	SASL - Christmas Lunch	TBA
20 1930	Ladies NFU - Weaving with local wool	PH
21 1000	Weekly CM - TBA (4)	CCCM
24 1100	Christmas Fair	StAS
28 1000	Weekly CM - Town Band (4)	CCCM
30	St Andrew's Day	
30	Folk Carols Festival Starts	Dent
	DECEMBER	
1 1930	Flicks in the Fells (TBA)	PH
3	Folk Carols Festival Ends	Dent
4	Town Band Christmas Concert	StAS
4 1930	Ladies NFU - Collecting Vintage Clothes	PH
4	Sing Joyfully (text August)	TBA
5 1000	Weekly CM - TBA (4)	CCCM
5 1800	Late Night Opening	Sedbergh
6 TBA	WIH&F - Christmas Party	TBA
7	DHTF Christmas Jacobs Join (28)	Dent
8 1000	FLOW with Tony Bennett (15)	MCD
11 TBA	WIK - Christmas Lunch	TBA
11 1930	Sing Joyfully (text August)	Casterton Church
12 1000	Weekly CM - TBA (4)	CCCM
12	WID - Christmas Meal	TBA
12	WIS - Christmas Dinner	TBA
13 1200	Age UK Lunch Club	Dalesman
13 1915	Royal British Legion (24 & 71)	WHC
20 1930	Christmas Domino Drive	HVH
25	Christmas Day	
26	Boxing Day	

There are many events that are occurring in our area every month but details, which are free to submit, do not appear in the Diary making it difficult for groups that do use the Diary to arrange a free date.

2019
JANUARY

FEBRUARY

13 1300	MC Closed for Training (55)	MC
	MARCH	

14 1300	MC Closed for Training (55)	MC
28 2000	Sing Joyfully (text August)	Casterton Church
30 1300	Spring Show	PH

JUNE

8 1930	Sing Joyfully (text August)	KL Church
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All entries in the Diary are free and helps other organisations to make their own plans for events. If you have it in your Diary, please put it in ours.

DIARY KEY

AS	= Art Society
BF	= Brigflatts
BVH	= Barbon Village Hall
CCCM	= Cornerstone Community Church, Main St
CCCN	= Cornerstone Community Church, New St
CM	= Coffee Morning
CTIS	= Churches Together in Sedbergh
CWT	= Cumbria Wildlife Trust
DCMH	= Dales Countryside Museum, Hawes
DCP	= Dent Car Park
DCS	= Dentdale Chapel Schoolroom
DHTF	= Dentdale, Head to Foot
DMH	= Dent Memorial Hall
DMC	= Dent Methodist Chapel
FCH	= Firbank Church Hall
FM	= Farfield Mill
GH	= Gladstone House
GVH	= Garsdale Village Hall
HS	= History Society
HVH	= Howgill Village Hall
JLCP	= Joss Lane Car Park
KPH	= Killington Parish Hall
L	= Library, Main Street
LHCP	= Loftus Hill Car Park
MC	= Medical Centre
MCD	= Meditation Centre, Dent
PH	= People's Hall
QG	= Queens Gardens
RR	= Rawthey Room, 72 Main Street
SASL	= Sight Advice South Lakeland
SCC	= Sedbergh Cricket Club
STAD/S	= St Andrew's Church, Dent/Sedbergh
StJCC	= St Johns Church, Cowgill
StMC	= St Mark's Church, Cautley
SIC	= Sedbergh Information Centre, 72 Main St
SPS	= Sedbergh Primary School
SS	= Sedbergh School
SSAT	= Settlebeck School Academy Trust
WID	= Women's Institute, Dentdale
WIHF	= Women's Institute, Howgill & Firbank
WIK	= Women's Institute, Killington
WIS	= Women's Institute, Sedbergh

PUBLIC INFORMATION

Sedbergh Medical Practice

01539 718191

When we are closed please ring
111 or 999 if appropriate

Option 1 - 24hr Prescription line

Surgery and Dispensary Opening Hours

**Monday – Friday 8am – 6.30pm
(Doors open at 8.15am)**

Doctors Clinics

Monday – Friday

Open Surgery – 8.30am – 10.00am
(No appointment necessary)

Late Morning – 10.30am – 12.30pm

(By appointment only)

Afternoon – 2.30pm – 6pm

(By appointment only)

Surgery by appointment only –

Early Morning Tuesday & Thursday
Late evening Monday & Tuesday

Dent Surgery

Monday by appointment only

Practice Nurses Clinics

Monday – Friday – 8.30am -6pm
(By appointment only)

Baby Immunisations/Travel Clinic – Wednesday
afternoons

(By appointment only)

Dressings Clinic – Friday afternoons

(By appointment only)

Blood clinic

Monday – Thursday – 8.20am – 12pm
(By appointment only)

**Please telephone the surgery to make
appointments for all the above clinics.**

See our website

www.sedberghmp.nhs.uk
for further details

Bridging the Gap

First Monday - 1400 - 1600

Mrs Colpus 01228 595937

Location of Public Defibrillators

72 Main Street
People's Hall, Howgill Lane
Fire Station, Long Lane

POLICE

101 or 999

Crimestoppers 0800 555 111

DENTAL SURGERY

Main Street 20626

Ben Houghton (principal), Ian Dawson,
Miss Katie McKay & Sarah Boom (Hygienist)

Monday to Friday 0900 - 1700

Saturday *

SEDBERGH LIBRARY Main Street 20186

Monday 1700 - 1900

Wednesday 1000 - 1230 1400 - 1700

Friday 1400 - 1700

Saturday 1000 - 1230

DENT LIBRARY Main Street 01539 713520

Tuesday 0900 - 1900

Saturday 0900 - 1400

SEDBERGH & DISTRICT INFORMATION CENTRE

for resident & visitor information

72 Main Street, Sedbergh

Open Monday to Saturday 1000 - 1600

Sunday 1200 to 1600

e-mail: tic@sedbergh.org.uk

Tel: 015396 20125/20504

www.sedbergh.org.uk

If you are an event organiser or accommodation provider and you would like a listing on the website, or if you are a local organisation and want the website to carry information about your activities, please email the Information and Book Centre on office@sedbergh.org.uk.

VETERINARY SURGERY

14 Long Lane

015396 20335 (including emergencies)

Mr N. Preston & Mr J. Bramley

Dispensary Monday to Friday 0900 - 1300
1400 - 1700

Consultations Monday to Friday 0900 - 1000 *
1400 - 1500 *

Other times by appointment only *

PUBLIC TOILETS

Main Street, Sedbergh

Main Street, Dent

MARKET DAY

WEDNESDAY

Last Page Update:

March 2018