

Sedbergh & District **LOOKAROUND**

June 2018

Issue 366

Donation £1

The summer months are well under way in this merry month of June,

As usual, there are many events in and around the area for you to attend and support.

A continued thank you to all

contributors, in whichever capacity you support Lookaround.

The new 'Team' is gathering momentum and is well on track for taking over.

Dennis & Jacky Whicker

Sedbergh Music Festival

3 - 17 June 2018

St Andrew's Parish Church

CLOSING DATE: 15th of every month for everything

S & D Lookaround 72 Main Street, Sedbergh LA10 5AD Telephone 015396 - 21960
e-mail: editor@sedberghlookaround.org.uk ~ Web Site: <http://www.sedberghlookaround.org.uk>

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Events & Miscellaneous			June Birthdays		
			Day	Name	Age
Black Bull Vacancies	7		5	Tate GORNALL	5
British Legion	62		7	Ollie GARDNER #	1
Coffee Mornings	4		7	Rowan ASHWORTH	8
Cup Cake Day	14		9	Jack McDOWALL	11
Family Villa to Rent	20		22	Sophie-Mae BRATHWAITE	4
Farfield Mill	5		23	Archie MILBURN #	3
Festival Concert	15		23	George LABATTE	4
History Society	13		27	Eva LABATTE	2
Medical Centre	4				
Meditation Centre Events	8				
Messy Church	17				
Music Festival	1				
Nana Strawberry Stories	6				
PH Dance	23				
Pop Up Café	23		6th	Garsdale Church	
SS Concerts	11		13th	Howgill & Firbank WI	
Swifts Celebration	19		20th	Allotments	
Swimming Club Vacancy	16		27th	Killington WI	
Wind in the Willows	21				
Yoga	71				
July Gala Evening	43				
July Sports Evening	53				
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Weekly Coffee Morning
 Cornerstone Community Church
 Main Street, Sedbergh
 10 am to 12 noon
 June
 6th Garsdale Church
 13th Howgill & Firbank WI
 20th Allotments
 27th Killington WI

USEFUL TELEPHONE NUMBERS		
Age UK South Lakeland	01539 728180	
Electricity in any area	105	
Medical in any area	111	
Pension Service Surgery	Stricklandgate House every Tuesday 1400 - 1600 01539 795000 or 0845 6060265	
Police in any area	101	
Sight Advice South Lakes	01539 769055	
South Lakes Citizens Advice Bureau	03444 111 444	
South Lakeland District Council	01539 733 333	
Yorkshire Dale National Park	0300 456 0030	
If you would like to see any numbers listed here, please let us know.		



DOORSTEP CALLERS

Margaret Hodgson

Cumbria Trading Standards are warning residents across the County about doorstep callers offering to carry out home improvements, including roofing and guttering, following an increase in complaints.

Residents should be extremely cautious when approached by any doorstep callers offering to sell goods or conduct work on their property. These types of callers often use persuasive or aggressive tactics to get people to agree to have work carried out and then charge far more than was quoted for poor quality work or goods.

They also often fail to provide a legally required cancellation notice which enables the householder to

cancel the work in certain circumstances.

Trading Standards advice is to always say 'NO' to any cold callers and we ask that you please look out for elderly or vulnerable family, friends and neighbours.

If you require advice, have been cold called or wish to report an incident please contact us via the Citizens Advice Consumer Helpline on 03454 04 05 06 or visit www.adviceguide.org.uk or alternatively contact Cumbria Police on 101.

Follow us on Twitter at www.twitter.com/cumbriats and find us on Facebook for up to date information on reports such as these and all the latest scams at www.facebook.com/cumbriats



Exhibitions

Betty Brown -
The Shape of Colour
9 May - 26 June



Nostalgia - Decorum
23 May - 30 June



Upcycled Handsewn Patchwork Bag workshop- Betty Brown - Sunday 10 June
Coastal scene - acrylic painting workshop - Stuart Gray Thursday 14 June
Spinning for beginners workshop - Richard Moriarty - Saturday 30 June

Adults: £4.05, Children & Students: FREE Open 10.30 – 5pm
FREE ENTRY for LA10 residents on Sundays
www.farfieldmill.org 01539621159

PETER YORKE

*Sally, Susannah & Jessica Yorke,
with contributions from
numerous friends.*

Peter was well known throughout the Lune Valley and beyond; easily recognisable in his quintessential tweed breeches, tattersall check shirt and cravat or, more often than not, to be found scaling the fells in a tatty rugby shirt, shorts and knee-length socks, with a border collie in tow.

Born in Eccles, Manchester on 12 September 1938, Peter came to the Lune Valley when his parents bought Casterton Grange in 1940. He spent the majority of his life in his beloved Westmorland, with the exception of his time studying history at Hertford College, Oxford University and

several years teaching at Ardvreck School in Perthshire. Having been a pupil at Cressbrook School in Kirkby Lonsdale, he returned as a teacher in 1963 and later became Deputy Headmaster. After its closure in 1976 a small group of Cressbrook boys relocated to Sedbergh School, where Peter, an Old Sedberghian himself (Powell House, 1952-57), established Cressbrook House, and remained as Housemaster for seven years and a teacher for another eleven years after that. Combining his love of the outdoors and his passion for teaching, he influenced and shaped the lives of countless young people.

He loved the fells in and around Sedbergh. He would always, on the first day of the school year, take the



Introducing Nanna Strawberry Stories

The name 'Nanna Strawberry' was bestowed on author Audrey Wilson by her great-granddaughter, Sophie, who could not say her name Audrey. This inspired Audrey to write a series of stories for children in well illustrated individual books with 32 pages, unique logo and themes. The author offers free talks and book readings to schools and groups and the opportunity to purchase one or more personally signed books.



£3.99 each or 3 for £10.00, plus postage if applicable.
Available at

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Amazon children's books £3.99 + postage
or

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Email nannastrawberrystories@gmail.com

Blog <http://nannastrawberrystories.blogspot.com.uk>



BLACK BULL

Main Street, Sedbergh



We are taking bookings from late July for rooms and restaurant.
For all enquiries, e-mail bookings@theblackbullsedbergh.co.uk
or pop in to see Laura or Cristian in the Three Hares.



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Housekeeping ~ Bar Staff ~ Waiting Staff
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Applications can be dropped in at the Three Hares or
e-mailed to jobs@theblackbullsedbergh.co.uk

boys of Cressbrook House to the top of his beloved Winder. Later, when living at its foot, he climbed the hill every day making many hundred ascents. He regularly organised school camping trips in the local area and further afield to Loch Earn in the Scottish highlands and the island of Rùm, off the west coast of Scotland. He would even take boys ice-skating on the local tarns, occasionally in the dark illuminating the scene with his car headlights and providing flasks of warming hot chocolate. On all of these expeditions Peter seemed to know the land-owners and the local people, even on Rùm he was on first name terms with many of the inhabitants.

It is testament to Peter's loyalty to Sedbergh School that on retiring from teaching in 1994, he spent the next twelve years working tirelessly on fundraising for the school and was instrumental in establishing the Foundation, the Friends of Sedbergh School and the 1525 Society. He then put his acquired knowledge and expertise to further good use as an advisor to the Friends of Cumbria's Museum of Military Life, for whom he

was also treasurer since its inception in 2002.

In 1983, aged 45 and an apparently confirmed bachelor, Peter married Pat which resulted in his three beloved daughters; Sally, Susannah and Jessica. Having been a father figure to so many young Cressbrook boys for more than 20 years he probably wasn't entirely prepared for three daughters to come along! But we couldn't have asked for a better father or role model to look up to; to learn from, and to aspire to be like. His selfless encouragement and



support was endless, his only wish was for us to be happy and true to ourselves.

Peter upheld a great number of friendships; captivating everyone he met and transforming acquaintances into lifelong friends. His ability to care and to cherish relationships was enormous. He was an exceptionally loyal person; that loyalty borne out of his staunch principles of fairness and out of his interest in, and thoughtfulness about, others. He seemed to know just about everybody and how they were all connected. Certainly his knowledge of Sedbergh and Sedberghians was encyclopaedic.

A highly respected member of the local neighbourhood and

longstanding church warden at the Church of the Holy Ghost in Middleton, Peter was always keen to maintain a sense of community. His involvement with the church finances, the coffee mornings and exhibitions all helped to bring the people of Middleton together. He invested a lot of time organising the recent relocation of the Roman Milestone to the churchyard, including overseeing the move in the pouring rain. He was extremely honoured to be made president of the Barbon and District



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Sunday 10th 11.00 am-1.00 pm
RAINBOW CHAKRA GONG BATH

Sunday 24th 11.00 am-1.00 pm
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Agricultural Society in 2017 and, as he said in his speech at the Barbon Sheep Dog Trials in August last year, he believed that the strength of the local community lies in the farming traditions which over very many years have influenced the way of life here.

Peter died aged 79 on 12 April 2018 and his life was celebrated on 27 April by a packed congregation in St Mary's, Kirkby Lonsdale, after which he was laid to rest at Middleton.

Peter will be remembered for being a kind, modest and gentle man who cared for others and who made an indelible impression on those he met along the way. We shall not see his like again. ☺

neighbourhoodalert

TV Providers Discount Fraud

The National Fraud Intelligence Bureau (NFIB) have noticed an increase in Action Fraud reports where fraudsters are offering a discount on Television service provider subscriptions. Fraudsters are cold-calling victims, purporting to be from a Television (TV) provider offering a discount on their monthly subscription. Victims have been told the following: their subscription needs to be renewed; that part or all, of the TV equipment has expired and they are due an upgrade on the equipment/subscription. In order to falsely process the discount, the fraudster asks victims to confirm or provide their bank account details. The scammers may also request the victim's identification documents, such as scanned copies of passports.

The fraudsters are using the following telephone numbers: "08447111444", "02035190197" and "08001514141". The fraudster's voices are reported to sound feminine and have an Asian accent.

Later victims make enquiries and then discover that their TV service provider did not call them and that the fraudster has made transactions using the victim's bank account details.

This type of fraud is nationwide. Since the beginning of this year (2018), there have been 300 Action Fraud Reports relating to this fraud. From the reports received, victims aged over 66 seem to be the most targeted.

What you need to do

- Don't assume a phone call or

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email is authentic: Just because someone knows your basic details (such as your name and address or even your mother's maiden name), it doesn't mean they are genuine. Criminals can exploit the names of well-known companies in order to make their scams appear genuine.

- Don't be rushed or pressured into making a decision: a genuine company won't force you to make a financial decisions on the spot. Always be wary if you're pressured to purchase a product or service quickly, and don't hesitate to question uninvited approaches in case it's a scam.
- Stay in control: Have the confidence to refuse unusual requests for personal or financial information. Always contact the company yourself using a known email or phone number, such as the one written on a bank statement or bill.

Visit Take Five (takefive-stopfraud.org.uk/advice/) and Cyber Aware (cyberaware.gov.uk) for more information about how to protect yourself online.



SEDBERGH PARISH COUNCIL

Janey Hassam

Clerk to the Council

This report covers items from the Parish Council meetings on the 12th April and 10th May 2018. The next meeting is on Thursday 14th June 2018 at 7.30pm in the Committee Room, The People's Hall, Howgill Lane, Sedbergh.

Cllr Kevin Lancaster was elected as Chair at the Annual Parish Council Meeting on 10th May 2018, with Cllr Roger Sedgwick elected as Vice Chair.

Uncontested Election – Sedbergh Parish Council

Following the Uncontested Election Result published by SLDC for 2018, Cllrs Atkins, Allan and Dawson had all

stood down as Members. Thanks, had been given to all three Councillors, in particular to Cllr Jim Atkins, after ten years as Parish Council Member, latterly as Chairman and to Cllr Ann Allan – after 28 years as a Member. It leaves Sedbergh Parish Council with three vacancies and, therefore, Members invite those interested in being Co-Opted to put their names forward prior to **8th June 2018**. Anyone wishing to be considered, will require an existing Member of Sedbergh Parish Council to Nominate them at the meeting on the 14th June 2018. Should there be more than three names put forward, Members will vote until only three names remain for Co-Option to Sedbergh Parish Council.

J. N. & E.

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SEDBERGH SCHOOL



Musicians Recital

St Andrew's Church, Sedbergh
1pm Monday 4th June
Pre-Booked Lunch at 12 noon



Organ Recital

By Peter Nokes
School Chapel, Loftus Hill
1pm Monday 11th June

Tea Time Concert

Thornley Studio, Station Road
6pm Thursday 14th June
Free Entry followed by an excellent Tea



Projects

Members were updated on current and proposed projects, including the planned improvement works at Maryfell play park, Sedbergh Tennis Courts resurfacing and replacement perimeter fencing works at Guldrey in partnership with Sedbergh Tennis Club and future plans to enhance and resurface Joss Lane car park.

Other matters

Various other matters were discussed, including: Planning Applications, the completion of the catch pit/inspection chamber at Guldrey; the recent District Elections and the nominations to committees and outside bodies as per annual meeting requirements.

Please note that members of the public are invited to our monthly Meetings where, as always, they are able to comment or ask questions.

Public Participation is at the beginning of the Agenda and should anyone wish to speak, they would be welcome to attend from 7.30pm.

If you have any thoughts/views on any of the above, or wish to contact Sedbergh Parish Council, please email me at

clerk@sedberghparishcouncil.org.uk

Please also note that a full reference copy of all documents relating to meetings is held at 72 Main Street in the Parish Council Office and online at www.sedbergh.org.uk



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COUNCILLORS CORNER

*District Councillor Kevin J. Lancaster,
Fellgate, Dowbiggin, SEDBERGH,
Cumbria. LA10 5LS*

Telephone 07 980 844 695;

email Kevin@Sarthwaite.com

*District Councillor Sheila Capstick,
12, Maryfell, SEDBERGH, Cumbria*

Telephone 07 818 221 999

email sheilacapstick@hotmail.co.uk

Thank you to everyone who voted for Sheila Capstick, Sheena Pring and myself in the all out elections for South Lakeland on May 3. As you will know I was duly elected for four years and Sheila for one year.

Commiserations to Sheena who didn't quite make it this year but no doubt will in a couple of years' time.

For those of us who really care about our area elections are always a daunting prospect. Thank you to everyone who delivered leaflets, helped us put up signs, ferried us around, rescued us when the clutch went on my car and generally made our lives worth living. But most of all thank you for taking the trouble to come out and vote for us.

No doubt because there were three candidates each for the three main

parties our votes were up somewhat on last years' county elections, reflecting the trend throughout South Lakeland. Thank you so much to Mel (and May) Mackie for his (their) tireless support over the last three years as my district council colleague, you have been a real advocate for our community, especially on economic development matters. The seat which you won with three votes is now safely held by Sheila by four votes !

As well as holding the two Sedbergh and Kirkby Lonsdale seats, we made gains in both of the neighbouring wards. We now hold all three seats in the new Burton and Crooklands ward and Pat Bell topped the poll for us in the Kendal Rural ward which includes Killington and Firbank. The new council has 29 Lib Dems, 19 Conservatives and 3 Labour. Sadly, we are still in opposition but we are in the ascendant and from our point of view this is the best result in fourteen

Keith Moorby MAAT

Accountant and Tax Adviser

- self assessment tax returns
- book-keeping
- VAT returns
- annual accounts
- company accounts

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years.

You will know me, Kevin Lancaster as I have been your district councillor for all but two years since 1997. I am a farmer and local historian and my family has lived at Fellgate in Dowbiggin since 1898. Sheila

Capstick is now retired and has lived on Maryfell since she married John. She was born on a farm in Whinfell, so like me, truly she is a local lass. She has worked with Mel and myself for many years and John has been a parish councillor for eight years.

We are hoping that I will continue to represent the area outside the National Park on the Planning Committee and that Sheila will take over from Mel on the Licensing Committee. We will try to attend as many parish and town council meetings as we can but there will always be clashes. I think Mel and I have had a pretty good track record in this. We try to avoid gimmicks and stunts and our first priority is to be there where the decisions are being taken not standing on the kerbside waving placards like spoilt toddlers who can't get our own way.

If you have any problems please contact either me or Sheila.



SEDBERGH & DISTRICT **HISTORY SOCIETY**

**Wednesday 13th June
BARBON**

Mike Kingsbury will introduce us to the history, development and architecture of this picturesque village. Then we will adjourn to the Churchmouse Cheese Shop for refreshments

1.15pm in Loftus Hill Car Park.
2pm at Barbon Parish Church
Charge: £1 to Society funds.
Non-Members Welcome

www.sedberghhistory.org

Chairman: Graham Dalton 25436
Secretary: Karen Bruce-Lockhart 015396 34603
Treasurer: Adrian Braddon 21025
Membership Secretary: Adrian Braddon 21025

TIM FARRON MP

Thanks everyone who turned out to vote in the District Council election last month.

Congratulations to all the successful

CALLING ALL BAKERS & TAKERS



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Come along and join our
Cupcake Day
and remember to
bring your appetite!

Together we'll eat lots of cakes, have lots of fun and raise pots of money for Alzheimer's Society.

When? **Thursday 14th June**

10 am to 3 pm

Where? **Cross Keys Hotel**

Cautley LA10 5NE

Can't join us?

You can still join the rise against dementia by making a donation to Alzheimer's Society at

cupcakeday.org.uk



candidates, whichever party they are from. And commiserations to all those candidates who worked really hard to get elected but sadly failed to get the votes needed. As I am sure many of you are aware the result was incredibly close this year (there were only 4 votes in it for the third councillor) which is of course very disappointing for some and a bit worrying for others. It will be interesting to see what happens in Sedbergh at next year's election.

On a personal note I was very pleased that across the district the Liberal Democrats remained in control of the council. It makes my job so much easier having a district council to work with who broadly

share my point of view on things. Several of my colleagues in Parliament have told me how hard it can be to make things happen when the councils they work with have a different view of the world.

Outside elections I really enjoyed getting a chance to drive the Western Dales Community Bus from Joss Lane Car Park in Sedbergh all the way to Morrisons in Kendal and back the other day. For those who don't know, that is the S1 route that the bus follows on a Saturday. For reasons partly to do with insurance but also partly to do with fear, I had no passengers. That said by the time I got back to Sedbergh I was driving fairly confidently. I was doing this as

they are short of volunteers to drive the buses around Kirkby Stephen, Dent and Sedbergh and the team wanted to show me how easy it is.

I'm afraid that my schedule, what with all the travel down to London, does not allow me time to volunteer to drive the buses regularly but if you are at all interested I can promise that it is pretty easy, the buses aren't that big, and really enjoyable when you get the hang of it. If you are at all interested just Google "Western Dales Community Bus" and look for the volunteering tab. It is a brilliant service and deserves all of our support.

Away from the fun of driving up and down the A684, in Parliament I have been asking a lot of questions of

Government ministers. I was lucky enough to be called at Prime Minister's Questions and took the opportunity to push her to do something about the shambles that is the train service provided by Northern on the Lakes Line. More directly relevant to the readers of Lookaround I got the chance to ask a minister in the Department of Housing, Communities and Local Government if the Government would do anything to allow local councils in areas with high levels of second home ownership to use council tax to do something about this. Sadly he seemed to feel that the Government was doing quite enough in this area and was not at all interested in allowing local councils to have any

SEDBERGH ORCHESTRA

Conductor Peter Crompton Leader Val Snelling

A CLASSICAL MISCELLANY

St Andrew's Church, Sedbergh

Thursday 14th June 2018

8.00pm (doors open 7.45pm)

Rossini - Overture 'Tancredi'
Mozart - Oboe Concerto in C K314
soloist Philip Cull

* * * Interval * * *

Light refreshments will be available



Schubert - Symphony no.6
Elgar - Mrs Winslow's soothing Syrup
Madame TAUsaud's



Tickets from Sedbergh Information Centre
72 Main Street Sedbergh
or on line www.sedbergh.org.uk/musicfestival
£8.00 18 & under Free

Sedbergh Pepperpot Club supports the orchestra and young musicians locally

WANTED!



Swimming teacher or enthusiastic person willing to join our team.

If you are interested but not qualified we will initially provide lesson plans and "on the job" training followed by official STA (Swimming Teachers Assoc) training.

Our children range from 4 to 16 years of age and are generally grouped by ability.

Swimming teaching is hugely rewarding and fun.

We run classes Tuesday and Thursday evenings usually for an hour but would not expect you to cover both nights.

This is a paid position.

If you are interested please contact

Lynn May Secretary by email:

Lynnmay999@btinternet.com

control over the issue in their own area. You can be sure that I will return to this.

As ever if I can help you with these or any problems give us a call on 01539 723 403 or email tim@timfarron.co.uk.

Thanks for your support. ☺

WESTERN DALES BUS

Summer Timetables

Jock Cairns

Chair, Western Dales Bus

Western Dales Bus summer timetables will come into effect from June 18th, and there are a number of changes from the present ones.

The S4 Thursday service to Kirkby Stephen will now also go on to

Brough, but unfortunately the S3 Tuesday service to Hawes will not be running after June 12th. Over the last few years, we have tried various routes and timetables, but passenger numbers have remained very low in spite of this and so we have reluctantly concluded that we can no longer run it.

Other changes are as follows:

- 1) S1 Saturday service to Kendal:
 - Timings will change to maintain connections with the new train timetable.
 - The number of return journeys between Sedbergh and Kendal will increase from four to five
 - Some journeys will take a shorter route into or out of Kendal.
 - 2) S4 Friday service between Sedbergh and Kirkby Stephen:
 - Timings will also change to maintain connections with the new train timetable
 - Three return journeys will be maintained
 - Owing to a lack of demand, the service will no longer go via Ravenstonedale, but instead will go on to Brough.
 - 3) S5 Thursday service to Kirkby Stephen and Kendal:
 - This will continue with a few minor amendments to timings
- The new timetables can be found from **pages 84** and at www.westerndalesbus.co.uk. Printed copies will be available from mid-June in the Sedbergh Information Centre and on the buses. ☺

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QUEENS GARDENS

Ann Parratt

What a wonderfully successful afternoon we had with the Tea and Music in Queens Gardens on Saturday 12th May

The sun shone, the Town Band played, tea was drunk and cakes eaten - a quintessentially English scene.

It was wonderful that we had so many visages, lots of children, families, walkers, locals and visitors, we think at least 150 judging by the washing up! With generous donations given which is a real help for the Gardens.

Our sincere thanks must go to The Town Band who, as always

performed wonderfully well.

And a massive thank you to all those people who worked so hard putting



everything in place from electricity supply to seating, serving tea, baking and generally being incredibly helpful.

Finally, a huge thank you to the Bowling Green Club, who made the whole event much easier to run, they were so accommodating and helpful.

In addition to all this activity, there was an information board showing plans of the Gardens as well as a short history and plans for the future. Four people signed up to become 'Friends', so a big welcome to them.

If you would like to become involved with the Gardens by becoming a 'Friend' please give us a call on 20964, we'll be happy to answer any questions you may have. Or email dmparratt@gmail.com or robinarcher@hotmail.com

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DENTDALE RUN 2018

Scott Thornley

Chair, Dentdale Run Committee

Way back in March around 540 runners set off from Dent village for the 34th Annual Dentdale Run. As in 2017 there were two different distances, the traditional 14.2 mile course and the shorter 7.9 mile.

The committee had been a little nervous in the week before the run as you may remember there had been a lot of snow around.

As always the run was staged to raise much needed funds for Dent CE Primary School and with the race selling out a week in advance we were expecting a good day.

Entries were once again managed by RaceBest who also provided Chip

Timing again following the success of the past two years.

At 1pm the countdown and siren from the loudhailer signalled the start.

We were extremely lucky with the weather, with much of the race remaining dry, only the last of the runners and many marshals and other volunteers getting wet!

There was only a 45 minute wait for the first runners to appear up the lane around the village green with the fastest of the 7.9 mile runners coming home first. First male in the 7.9 mile race was Steven Jackson of Elvet Striders in a time of 43:48, followed a short time later by Jack Laffey of Stadium Runners (49:08) and Martin Oldfield of Darwin Dashers (50:33).

The ladies race was won by Jayne

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Perry of Lancaster and Morecambe AC in 57:30, followed by Imogen Storey of Evenwood Road Runners (59:20) and Beth Cummins, also of Evenwood (1:01:56).

Shortly after it was the turn of the 14.2 milers to come home. This years race was won by five times previous winner Steve Littler in 1:22:28 and he was very closely followed by Sam Fisher of Howgill Harriers in 1:22:56. These two had been very close all the way round the course with Sam leading at times and it was great to see a real sprint for the line between the pair. Third was taken by Simon Courtney of Stadium Runners in 1:25:09.

The ladies race was won by Lisa Finlay of Dumfries Running Club in 1:34:45, with Kate Archer of Ilkley

Harriers in second (1:39:08) and Katherine Hackett of Quakers Running Club third (1:41:42).

Post race everyone gathered in the memorial hall for sandwiches and cakes which were as always prepared that morning by a 30 strong team from the WI and local community.

The committee would like to express its thanks to everyone who helped, supported, donated, sponsored, organised, ran and generally made this year a great day. The list is far too long to print but you all know who you are and we appreciate everything you do for the race.

All in all it was a fantastic day and we have been able to donate £6000 to the school which is a fantastic achievement.



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16th - 23rd June**



Sedbergh Community Swifts **Swift Celebration Evening!**

**St Andrew's Church, Sedbergh
Tuesday 19th June
7pm**



**A talk, displays, refreshments
Swift watching afterwards**

Everyone welcome!



CHURCHES TOGETHER

Rebellion & Reconciliation

David Hendrickse

When King David's son, Absalom, rebelled against his father & sought to establish himself as King over Israel there was a battle. Absalom was killed in that battle & when the news of his death was delivered to his father, King David then laments, "O my son Absalom, my son, my son Absalom! Would I had died instead of you, O Absalom, my son, my son!"

Christians believe that King David's lament is also the lament that God our Father feels towards humanity. You see similar expressions of love in the Bible:

Zephaniah 3:17 The Lord your God is in your midst, a mighty one who will save; he will rejoice over you with gladness; he will quiet you by his love; he will exult over you with loud singing.

John 3:16 For God so loved the world, that he gave his only Son, that



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whoever believes in him should not perish but have eternal life. 17 For God did not send his Son into the world to condemn the world, but in order that the world might be saved through him.

Christians believe that, just like Absalom, all of humanity is living in rebellion against God the Father. But that, unlike Absalom who never was reconciled to his father, we have the opportunity to be reconciled to God the Father because the penalty for our rebellion has been served by the death of His Son, Jesus Christ.

The Church now has that message of reconciliation & offers this hope & warning: John 3:8 "Whoever believes in him is not condemned, but

whoever does not believe is condemned already, because he has not believed in the name of the only Son of God."

I believe in the name of the Son of God, Jesus Christ. I believe that he has paid the ultimate price for my sin & rebellion by dying on the cross instead of me, & I know that I have been reconciled to God the Father because of His great love towards me.

News from the Pews - Sedbergh



Your Parish Church

**Susan Sharrocks
Tony Reed Screen
Churchwardens**

The sun played hide and seek, the wind blew a little but thankfully the rain kept well away for the first Artisan Market of the year in April.

The organizers arranged for children's activities to be held in church grounds. With pavement art, glitter tattoos, a bouncy castle and other games on offer the children had a safe environment to be entertained and the parents/grandparents a convenient place to sit and watch or wait. A great idea all round, as the small charge made for the "bouncers" on the castle plus a kind donation from the organizers for using the grounds will help towards the upkeep



Invites you to.....

An exciting casting meeting for their forthcoming December 2018 production of

Wind in the Willows

ALL WELCOME

Thursday 14th June at 7:30pm

Methodist Hall (CCCN)

We are also looking for people who are full of ideas and creativity. We would like you to come along to share these and any inspirations you can offer for the production on

Thursday 21st June at 7:30pm

TIC upstairs Meeting Room

We look forward to seeing you or call Heather on Sed 21279



of our Grade 1 listed building.

It is encouraging and very satisfying to see our outside space being used and we look forward to hosting more entertainment during the rest of the Artisan Market season.

We anticipate our inside space will also be well used as we play host to the bi-annual Sedbergh Music Festival fortnight beginning Sunday 3rd June when our own Musical Director, Mary Hamilton will be conducting The Festival Choir. Especially formed for the occasion the choir will perform Benjamin Britten's jolly composition of Psalm 150 and Vivaldi's "Gloria". They sounded really good through the church doors when they were inside practising and I was outside!

If you come into the grounds to sit and while away some time whilst you eat an ice cream or take a break from shopping, you will be sure to appreciate the view of the fells and the lovely flower borders around the church. Should you come inside to be part of a service or to enjoy the musical performances during the Music Festival we hope your time in these surroundings will be the makings of happy memories. ☺

News from the Pews of Dentdale Churches.

Revd. Christine Brown.

Since we said goodbye to our dear Vicar Revd. Peter Boyles we have been served well by Revd. Andrew McMullon, Revd. Garry Wemyes and Revd. Christine Brown. Our Church

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Saturday 23rd June

10:00 - 16:00

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Community Church

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Sedbergh Scouts and
Kirkby Stephen Scouts

Wardens Susan Johnson, Phyllis Woof, Rita Corpe and Janice Moorby have taken on extra duties showing their many talents and great abilities. Church attendances remain slightly better, funerals, baptisms and weddings along with seasonal services have filled our Churches with worship, prayers, thanksgiving and praise.

We appear to have many visitors to St. Andrew's Church, Dent, and St. John's Church in Cowgill all leaving delightful comments in our visitors books, with appreciation of the churches being open and giving them a quiet place for contemplation and prayer. Visitors come from all over the world.

The Experience Easter Project brought many to interact with the stages leading up to Easter – we know this by the number of prayers left on the little stones which piled up under the cross, all with messages on them. Dent Primary School also gained knowledge and a reinforcement of the Easter Story from their visits.

Coffee Mornings and the Easter Sale all continue to raise needed funds to help to keep our churches going and standing for generations to come. There was an Open Garden weekend in Gate Manor, 26th - 27th May; in the past this has proved to be well worth visiting with tea and scones, coffee and cake served in the beautiful garden, or if wet in the lovely Manor House. We also look forward to Broadfield Garden, Broadfield in Cowgill will be open on June 16th - 17th, again with refreshment teas and the sale of plants both sales for Church Funds.

People's Hall

Old Time Sequence Dance with Denis Westmorland



Saturday 23rd June

Doors open at 7.30 pm

Dancing to 11.30 pm

Bar facilities and Jacobs Join

Tickets on the door

Monies are also being raised to alter the South Isle in Dent to make it into a place where small groups can meet for prayer, services and meetings. Cowgill continue to raise funds for their church organ which has been out of use for some time now.

The Methodist Chapel waits to have their work completed to make it beautiful and ready for worship; at the moment they meet in the School Room which is joined to the Chapel, for many years now we have held services, Methodists and C of E together, these have continued in Dent Church or in Cowgill and have been happy occasions. Although we may worship in different ways it is always much better when we join together and grow each other's congregations. We support each other's Coffee Mornings, Sales of Work, Lent and other Group Meetings.

Dent Choir gave a spring Concert in St. Andrew's, Dent on 29th April which

packed the church. Solo performances and small group singing, along with the whole choir showed their great talents and versatility. Wine and nibbles all added to the enjoyment of the evening.

As I write, the little lambs and their mothers are in the fields, reminding me of The Good Shepherd who calls us each by name. In Dentdale folk have come forward to offer their talents – and in the dale we have very many – to be used to the benefit of all the local community. In every organisation in the dale there is at least one representative from the Church communities.

The 1st Responders held a barbecue on the playing field on Bank Holiday Saturday 5.5.18 which was more successful than ever. This group of volunteers are so important to our isolated dale. Thanks go to all involved, especially Peter Knapton who leads the group.

◎



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A683 ROAD CLOSURE

Dennis J Whicker

Will everyone note that Middleton Bridge on the A683 from Four Lane Ends to Middleton will be Closed on Monday 11th June and Tuesday 12th June between 0800 and 1600 on both days.

Extra journey time will be required and I would hazard that the Diversion Route will be via the M6 junctions 36 & 37.

RURAL TRANSPORT

Audrey Wilson

Nanna Strawberry would love to see regular horse drawn transport between Sedbergh town and Farfield Mill to reconnect them. A shared additional attraction for book town and mill ...

This comes to mind every time I hear the gypsies travelling through. I love the sound and smell of the horses passing by, and well managed

local horse drawn transport would sustain this throughout the summer. We all loved it when the Dalesman booked the annual brewery dray to provide treats by short journeys in the town. There is scope for something more manageable.



WALKING & CYCLING GROUP

Robert Powell for the Walking and Cycling Group

A Walk around Dowbiggin

On Saturday, 30th June, Dick French will lead a half-day walk around the Dowbiggin area. Dick has lived in the hamlet for forty years and, having seen a lot of changes, can relate these to some of its history and current and past inhabitants. He stresses that 'it will not be a specialist



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walk (i.e. history/geology etc.)' but rather a general walking tour.

The walk will start and finish at Straight Bridge on the A683 Kirkby Stephen road (two miles east of Sedbergh). Three to four hours easy walk through the hamlet starting at 10am. Please note, due to the rather informal nature of this event, participants will be entirely responsible for their own safety. ☺

SEDBERGH CRICKET CLUB

Julian Cann,

Sedbergh CC chairman

Sedbergh Cricket Club has begun to revive itself, and we all hope for a good continuation over the course of the summer.

Following a successful Friday

evening game at Settlebeck of 15 overs aside between club members, we ventured eastwards on Sunday May 13th for a friendly against Hawes CC. The setting was exceptionally picturesque and the weather perfect. Under the youthful but assured leadership of Ben Ferguson, Sedbergh posted a good score of 147, featuring a rapid 43 not out from Ben at number 11, 15 from Sam Gorst, and a few from a certain geriatric chairman. Sedbergh then bowled Hawes out for 39. Good bowling came from Ciaran Tuohy, Luke Troughton, both Fergusons and Aaron Troughton, who took 2 for 1. The highlight of the match was a brilliant run out by Ryan Capstick with a direct hit. We look forward to a



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return fixture at Settlebeck on Sunday June 3rd.

On Thursday May 31st Sedbergh will have played away at Sedgwick in the Westmorland League 20 20 Cup. This is a very important stage in the club's regeneration and puts us back on the Westmorland League map. We hope to rejoin for league cricket in due course.

On Sunday June 24th we have a game against the touring Wolvercote CC at Sedbergh School, a fantastic opportunity for us to play on one of the best grounds in the north of England.

Nets are at Sedbergh School on Tuesdays at 6pm.

Sedbergh CC is of course always keen to recruit new members! Do get

in touch on the Facebook page or phone me on 07981 978936.

Good luck to everyone for the rest of the season. ☺

TENNIS CLUB

Martin Lewes

The Sedbergh tennis courts in Guldrey Lane should be getting a really big facelift this year.

Sedbergh Parish Council and Sedbergh Tennis Club, which looks after the courts on the council's behalf, have put together a project to resurface the courts with modern porous bitumen, and replace the fencing.

Thanks to extremely generous support from Sport England, the parish council, the Hadfield Trust and

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the Sedbergh Community Fund, and the foresight of previous parish councillors and tennis club members in saving up a sinking fund over the years, the money is in place and contractors should be chosen soon.

All being well, the work will go ahead, probably in the early autumn, and by the start of next season at the latest we will have modern, coloured courts, looking far better than the present shabby bitumen, and playing much better as well.

The courts are not locked, and they are open to anyone one who wants a game.

Club members have priority on Sunday afternoons and Thursday evenings, and we hope to have some

coaching sessions for youngsters and maybe adults at some point during the summer.

While you don't have to be a member to enjoy a game, if you do join the club we can offer a wider range of people to play with, plus the chance to play in the team or – if enough people get involved, teams – we put into the local league.

And we have been known to light up a barbecue on a sunny afternoon...

The subscriptions are among the lowest around: £10 for a student, £25 for an individual, and £40 for a family. If you are at the courts and the pavilion is open, there should be a club member around and there will be a supply of subscription forms inside.

And once the work is done, there will be even more reason to dig the tennis racket out of the cupboard, find some balls, and pop down to Guldrey for a game, or even a set and match. ☺

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DENTDALE, HEAD TO FOOT

Mike Steele

Our meeting on May 4th, was an "At Home" to review the year to date and to start to lay plans for 2019 and possibly for 2020.

A very good turn up gave us plenty ideas to convert into future talks and it should keep the Events Secretary busy for the foreseeable future!

It was suggested that we should promote our programme in six monthly slots, so here is the rest of

the year:

June 1st:

Annual outing to Barnard Castle

July 6th:

Prosecco, Chocolate and Exotic Fruits

August:

No Meeting.

September 7th:

Icons, Techniques and Meanings,
David Wright

October 5th:

T.B.A. (Alpaca Farming?)

November 2nd:

T.B.A. (Jenny Robinson, Plastic Wastes?)

December 7th:

Christmas Jacobs Join

As you can see our next meeting is the outing to Barnard Castle, so if you would like to go please contact me to book your place on the Western Dales Bus and we will deal with any overrun in our usual manner. The bus will leave Dent Car Park at 10:00 and return from "Barney" at 15:30. The cost of the bus is £10 per person. We have not booked a meal on the return journey this year, so please take advantage of the many excellent eateries whilst you are there.

Our July meeting is the "Prosecco, Exotic Fruits and Chocolate" afternoon, which has been successfully run now for the past three years, so do make a note in your diary for an afternoon of tasting and fun.

For further information please contact Mike Steele on 015396-25054, 07813-806209 or mds@pesdent.co.uk.

☺

KILLINGTON WI

Sarah E Woof.

This month there was a temporary "changing of the guard" at KWI, very appropriate as we awaited the splendour of a royal wedding. Member Sarah Woof stood in for the Secretary and the L'round contributor and also won the competition which was for a photo of "the view from my window".

We also topsy-turveyed our meeting and after singing our lovely friendship song and a welcome from Madam President, Susan Sharrocks our speakers for the afternoon set to work to explain about Dignity in Dementia.

Diane and Lesley set up their organisation over 4 yrs ago and have

various groups running in the County ie a dancing group for all ages at Milnthorpe, a singing group in Sedbergh (and we watched a short film of the said group and recognised familiar faces), training for staff in Care homes and support for those with dementia and their carers.

They invited us to remember exactly what we had done at 7.30pm the eve before and some of us couldn't! Then they asked how it had made us feel and explained that a person who cannot remember what they did "before" could remember how they had felt. We were encouraged to be aware of our body language and tone of voice when with someone who has dementia. Good advice for supporting people with other health issues too.

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After the usual tea and home made cakes we resumed the meeting with Marion Wood reminding us of the WI Resolution re Mental Health, that it matters.

Other business included the ordering of WI diaries, the possibility of Croquet evenings and our outing.

The Raffle was won by 2 people but I can only remember Lorraine Millington was 1 so my apologies to the other lady, it wasn't me!

Looking for friendship and fun...come along and join us..our next meeting is in July when we are "Bottoms Up ..British from the Bottom up"..I told you we have fun! ☺

SEDBERGH WI

Moira Folks

It's been a busy month for Sedbergh WI! In order to celebrate the Centenary of Women's Suffrage, eleven of us visited the "HERstory" exhibition at Keswick Museum on April 18th. Alongside a timeline showing significant dates nationally in the development of rights for women, the story of local suffragettes and suffragists from the Keswick area was told. We learnt that the suffragists

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were women who strove to achieve voting rights through peaceful means and therefore had more support from men than did the better-known suffragettes whose violent protests caused outrage in some quarters but also led to better publicising of their cause. What a lot we all owe to those women! The exhibition was well set out illustrating the different styles of living experienced by women of all classes in the late 19th century. Our guide was particularly informative about a painting on show in the exhibition of a 19th century scene of a crowded Keswick marketplace for which the painter had provided a key to the faces; our guide had studied it in detail and followed up their story

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through the censuses, producing a book which was now on sale. Following this educational experience, we drove on to Portinscale where we had tea and cake at the Lingholm Kitchen and Walled Garden Café: a very pleasant indoor café with a huge open-air patio area. Many thanks go to Ellen for organising a very enjoyable afternoon.

The next day some of the same ladies went off to the Grand Hotel at Grange-over-Sands for our local federation's evening of "Flowers, Music and Poetry" based on the theme of "Inspiring Women", part of the WI's logo. The presentation was woven around the characters of Gertrude Jekyll, Emmeline Pankhurst,

Florence Nightingale, Ellen McArthur, Amy Johnson and Queen Elizabeth II; the flower arrangements were very impressive.

Ellen's organising skills were again in evidence for the walking group's annual holiday. They spent 4 days from April 30th self-catering in a large holiday home at Pickering, overlooking the track of the North Yorkshire Moors Railway and its steam trains puffing by, which always caused great excitement! A trip on a steam train proved irresistible and they succumbed on their last day but included a walk too. Part of the joy of these holidays is meeting old friends again: Christine, Linda, Denise and Pat were there again to join in the fun, the walks and the trips out (which

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included Nunnington Hall). We were all glad to have news of them at our May meeting, when we also heard from Chris Williams, recently returned from visiting her family in Australia, about the 5 busy days she had spent with Gaynor Bowman in Brisbane where she is now happily settled.

On May 9th we welcomed Dr Myles Ripley from the Sedbergh First Responders to tell us about their much-appreciated voluntary work in our area. He demonstrated chest compressions and mouth-to-mouth resuscitation on the Resusci-Annie doll and told us how the defibrillator worked so if we should find ourselves near one of the machines (situated at the Information Centre, the People's Hall and the Fire Station in Sedbergh)

when someone needed help we would know what to do: the first thing is always to call 999 to get instructions for opening the defibrillator box!!! Thank you, Myles, for enlightening us! (Thanks also to Sandra GW and Ellen for providing delicious cakes to sustain us through the rest of the meeting.)

Medical matters dominated the first part of our business meeting when we had to vote on the national WI Resolution for the year. There was unanimous support for the proposal to lobby government for better support for mental illness; also for the WI nationally to work to reduce the stigma around mental health by learning about the issue and discussing it openly in local

The advertisement features a background photograph of a street scene with buildings and trees. Overlaid text includes "No 6 FINKLE ST." in large letters, "MAD HATTERS TEA ROOM" below it, and "Lifestyle store offering lots of interior decor, jewellery, clothes and much more...." A phone number "015396 20298" and website "WWW.NO6FINKLESTREET.CO.UK" are also present. To the right, there is a circular logo for "Afternoon Tea" with "Now offering soup, sandwich's & more" and "scrummy". Below this is a smaller logo for "Mad Hatters CAKES". Above the main text, there is a small illustration of a person wearing a large hat and holding a bag labeled "No 6".

communities.

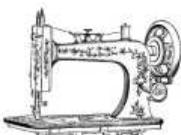
Bill Bryson's "At Home" was the book for discussion at Ellen's home the next day. The secondary title, "A short history of private life", gives the clue that this is not a fictional work. However, the old adage that "Truth is stranger than fiction" is well borne out by this book. Rambling through the different rooms of his former Victorian rectory home in Norfolk, built in 1851 by the Reverend Thomas Marsham, Bryson's eye alights on features which put him in mind of extraordinary characters, events and inventions that have changed our lives for ever. He does this in a way which often makes us chuckle or at least smile, taking us on to the next anecdote. An average mark of 7.5 perhaps reflects the fact that this is a book to dip into unlike a good novel which we would find hard to put down. Despite that, two in the book group who hadn't had time to finish the book are determined to search

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the charity shops for a copy to live permanently on their bookshelves: that says a lot about it!

There will be no meeting in the People's Hall in June because we have our summer outing on June 13 when we're looking forward to a visit behind the scenes at the Grand Theatre, Lancaster.

DENTDALE WI

Pat Allen

What a difference a month makes as I drove into Dent for the May WI meeting. Daffodils on the roadside have given way to the Wild Garlic and Bluebells! Summer, they say, is just around the corner!

With a welcome by Sue our president and the singing of Jerusalem, we started the Resolutions Meeting. Kate Cairns gave a very clear resume and background of the issues involved for the resolution 'Mental Health matters as much as physical health' and the membership decided by a unanimous vote to be in favour. This decision will be passed to our delegate at the upcoming National Conference.

For so long the Group Meeting to be

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DO, MsC (Ost)
Registered Osteopath

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held on 21st May has been in the future but with just a week to go as I write, it was time at the meeting to look at the finer details especially the competition entry. It is to be a rewording of the song 'Side by Side' reflecting WI activities. Marion, Sue and Thelma, had written words and sang them to us. We decided on the first verse from one, and the second verse from another. We hope we have picked the winning entry!

Anyway, by the time you read this article, the Ukulele Band will have entertained us at the Group Meeting and WI members will have enjoyed the evening together.

Details of the Dentdale outing on Friday 15th June have been finalised. It promises to be an interesting day out with a coach trip to Saltaire, a guided walk, and with ample time for lunch and a look around the exhibitions and the David Hockney gallery housed in Salts Mill.

Pennies for friendship which are collected at each meeting, are soon to be sent off for ACWW (Associated Country Women of the World). Members were asked to agree that some of the money from the sale of

Dentdale Guides should be put towards our contribution. Since 1977 over £2.2 million has been given in grants to some of the poorest communities on earth.

Looking further ahead but a date for the diary, is the Mini Market on 27th July when hopefully we will have a well stocked table of baking, preserves plants and craft items for our annual fund raiser.

The Resolutions and Business meeting took up a fair amount of the evening. This was followed by a light hearted games session with tea and biscuits brought to the tables by the hostesses for the evening.

The competition for a handmade craft item was won by Jean Haygarth who had put in a beautiful summer dress which really took the eye. Second was Marion Feltham's patchwork quilt.

Sheila and Alice were the two lucky raffle prize winners.

Next month's meeting is of course the outing so the next time we are in the hall is on 11th July when new members and visitors will be very welcome to join us. ◎

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SEDBERGH PRIMARY SCHOOL



Matthew Towe

This term, five pupils from Sedbergh Primary School qualified to compete for Cumbria in the school's National Cross Country Championships that took place on Saturday 24th March in Leicestershire. This was an amazing

achievement.

The conditions during the qualifying event at Sedbergh Preparatory School were intolerable, the children did incredibly well to drag themselves through the mud showing true grit. It was fantastic that so many children from our school made it through to the finals representing their county.

A huge well done goes to Grace Wells, Stanley Allan, Jody Middleton, Vicky Woof and Andrew Mitchell who represented the school (and the county) with great determination. They did us proud. ☺

SEDBERGH SCHOOL NEWS

Karen BL

Events

A major change is happening in the



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management of the School, due mainly to the growth and success of the School both academically and otherwise. In September Sedbergh School will have 550 pupils (up from 410 in 2010), the Prep School 190 (83) and 1000 children attend the holiday courses. In addition the school in China is set to open in September.

As a result, the Governors have decided to appoint the present Headmaster, Andrew Fleck, to a new post of Principal with overall responsibility for all the schools, marketing and strategic development. Dan Harrison, who has been Deputy Head (Academic) since 2012 will become Headmaster of the Upper

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School backed by the Management Team.

Peter Marshall, the present Bursar, will become the Chief Operating Officer and Bursar, responsible for developing the commercial operations of the School and Finance. Toby Lehmann will be Deputy Bursar responsible for catering, cleaning estate maintenance and IT systems

During the Easter holidays there were three residential courses and two daily ones in cricket, riding & trekking, rugby sevens, a prep sport programme and a pony camp.

On Friday 20th April the School hosted a Careers and Higher Education Fair for years 11 and 12



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which had about 20 stalls from universities, employers and gap year companies. Over 200 pupils attended the various events. A successful Open Day was held on Saturday 21st April which was an ordinary working day so that the visitors could really see the School at work

The School archive contains a 115 year old Casterton School magazine.

By the time this Lookaround is published the Classicists will have given three performances of Agave from Euripides the Bachae by Naomi Lidiard.

On 12th May the second of three 1525 Society dinners (the two other were in London and Scotland) took place in Queen's Hall. The lunch was addressed by an impressive fourth

form Lupton Scholar who had first made his mark by ringing up the Bursar himself to ask to be considered! He seems to have made a very good impression since coming with both staff and boys.

The lunch included an inspection – hard hats and high visibility vests – of the Hirst Centre. The special floor in the enormous Sports Hall is being laid and the walls plastered. The outfitting should have started by mid June. It has to be ready to take 900 pupils, staff and parents for Speech Day on 7th July! The floor will be marked out for tennis (two courts), badminton, netball and cricket. The view from the Hospitality Suite through the large plate glass windows over the rugby field is spectacular.



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The only sad thing is that the inviting looking flat roof at the southwest corner cannot be used as a terrace for planning and health and safety reasons – but it is unlikely there will be many days when rugby watchers would not prefer to be safely behind the plate glass if not by the touchline!

On the weekend of 18/19th May the School took part in an Amnesty International weekend, including lecturers from outside

Academic

A great deal of the term is being taken up by GCSEs and A levels, and work for these has to be squeezed in amongst all the other activities.

Music

The Prep School Senior Chamber

Choir started the term with a trip to Oxford, singing in Blenheim Palace chapel and Merton College chapel – also seeing where the Harry Potter and Alice in Wonderland films were made, as well as historic and famous sites.

A teatime concert took place on 3rd May but with little forward advertisement was not well attended, which was disappointing for the performers. Another will have taken place by the time this is published on 17th May – and there is one in June (see below)

Sport

The two pre-term cricket matches had to be cancelled due to weather. The 1st XI had close matches against

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St Peter's York (won by 12 runs) and RGS Newcastle (won by 26 runs). They won by 6 wickets against Kendal Cricket Club. Against the Old Sedberghians they won by 25 runs. But they lost against the MCC, against Manchester Grammar they lost by 7 wickets and against Shrewsbury by 29 runs. Meanwhile the Prep School are unbeaten.

The Athletes swept the board at Gateshead against 17 other schools, winning the Intermediate Girls, Intermediate Boys, and both the Senior Girls and Boys with "a host of gold medallists". Ava Taperell (14) broke the competition record at 800 metres, and is ranked as the UK's No 1 U15 at 800 metres. Fraser Sproull "leading from start to finish"

dominated the junior boys' 3000 metres. Fifty one athletes took part from the School. Nine athletes have earned selection for Cumbria. Two girls from the athlete teams are raising money to go out to Sri Lanka in the summer to pass on their training, and gave concert in Queens Hall on Sunday 6th May towards this. A second place was achieved in the Montana half marathon which took place on the Howgills in mid-May.

The shooters went to training camp during the Easter holidays and four shooters from the Prep School joined them. One of the four, Keira, was chosen to shoot for the Sedbergh VIII against the Royal Air Force and achieved the team's highest score at the long ranges of 900 and 1,000

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yards

In the year 2017-18 twenty one Sedberghians represented their countries (England, Ireland, Scotland, Wales and Kenya) at rugby U20, U18 and U17. Cameron Redpath, who captained the School side this year, has been named for the full England squad touring South Africa for three tests in June and will have to sit three of his A levels while on tour. An outstanding choice while still at school.

Fraser Sproul presented his England vest to the Headmaster at the annual Runners' dinner. OS Harry Brook gained his first 100 in a first class match , Yorkshire against Essex.

The School also has Taekwondo champions – they won four Gold Medals at the British Taekwondo Championships.

Archie Davies won North Wales Boys' National Golf Championship.

Future events

Half term ends at 19.00 on Sunday 3rd June.

The official opening of the Hirst Centre will be on Speech Day on 7th July and the main hall will seat 900 people – with extra seating which will let down from a wall. A separate event is being planned in the autumn as thanks to the donors who made the project possible. The appeal for the outfitting of the gym equipment is now only about £17,000 short of its target.

In the summer holidays there will be residential courses for 10-15 year olds in Rugby, Hockey, Athletics, Netball, Riding & Trekking, and Cricket, and daily for 6-11 year olds in Riding & Trekking and a STEAM

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course (Science, Technology, Engineering, Arts & Mathematics). Both the latter will be at the Prep School in Casterton.

The School will take part in the Sedbergh Music Festival. There will be a Musicians' Recital in St Andrew's Church at 1pm on Monday 4th June (with lunch available at 12 noon – if booked). An organ recital will be given by Peter Nokes in the School chapel at 1 pm on Monday 11th June. The School choir will sing Choral Matins in St Andrew's at 10.30 am on Sunday 17th June.

There will be another Teatime concert in the Thornely Studio on Thursday 14th June at 6 pm. (The tea is always good)

The Year 10 Battlefields trip will take

place between 29th June and 2nd July.

June will be a very busy month for the cricketers with almost back to back home matches. The home 1st XI matches in June are against Lancaster RGS on Saturday 9th June (11.30 start), against Durham on Saturday 16th June (11.30), Lancashire Academy CCC on Wednesday 21st June (11.30), against Durham Academy CCC on Thursday 21st June (11.30), against Shrewsbury on Saturday 23rd June (11.00), against Xavier College Australia on Wednesday 27th June (13.30), against Brighton Grammar School Australia on Thursday 28th June (11.30), and against Cheadle Hulme on Saturday 30th June (10.30).

The Leavers' Ball will be on



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Saturday 7th July and there will be fireworks between 10.30 and 11 pm. The School apologises for any inconveniences this may cause for residents and visitors. ◎

APRIL WEATHER

It certainly lived up to its reputation as a showery month. Although the total rainfall was only 2.57 inches (65.4mm) there were only 8 days on which it did not rain. The longest dry spell was 5 days. Temperatures were variable with a low of 26.6F (-3C) to a high of 75.9F (24.4C). The wind chill took most nights below freezing with only 7 nights staying above zero. It was quite a breezy month with only 3 days when the maximum gust was in single figures. A maximum gust of 24.2mph (38.95kph) was recorded.

Lambing duly started and finished within the month, though a little assistance was brought about by pulling the tups out early. Too soon, as it turned out, as although marked 3 ended up being geld! Interestingly all my coloured ewes only produced singles. There were twins in the whites. I wonder if it's down to the new coloured tup or perhaps the ewes were not in tip top condition at tupping. I understand there were a lot of geld ewes this year.? The bonus was the best ever ration of tups to gimmers, 3 to 8 in the coloureds and 1 to 5 in the whites!! Being so many singles had a down side in that 4 were mal-presented and took some getting. One in particular had me struggling until 2 am! I thought I was not going to be physically strong enough to get it out. The biggest surprise was it was still alive. This

was 5 days after I thought I had finished. The birds have started nesting. Apart from the noisy rooks collecting sticks blackbirds, robins and sparrows are visiting the shippon and blue tits have started to use at least one nest box. The corn has not been going down quite as quick as usual as though some sparrows have gone elsewhere to nest. A cock song thrush has taken up the top of a Christmas tree as his song post and starts at first light and goes on for hours. He is back there again at dusk. The first swallow was seen on the 16th, a week later than usual. There are no signs of activity in the kennels yet. The odd peacock was seen on a decent day. Has anyone heard a cuckoo this year yet? ◎

PEOPLE'S HALL GALA EVENING Friday 13th July

NOMINATION FORM

I would like to Nominate the following persons for a *People's Hall Community Award*

1st _____

2nd _____

3rd _____

Nominator

Post Code

Please only complete one form per nominator

PEOPLE'S HALL GALA EVENING

Sandra Gold-Wood
on behalf of the People's Hall.

Looking ahead to July. '**A Gala Evening**' with Buffet 6.30pm; Auction 7.30pm with Community Awards all topped off with a bit of Rock and Roll from 9pm. The event is planned for Friday July 13th as a thank you to all the supporters of the People's Hall. Invitations are being sent out but it is difficult to remember everyone so if you have not received yours and you would like to come along then please do register your interest by calling 015396 21808 or Emailing sangold.kwood@virgin.net



If you haven't nominated someone for a Community Award yet, forms can be found in the Lookaround and also in the Information Centre. Many people will qualify for an award as it is hard to find someone who doesn't

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contribute to the community in some way or other. However, there are people who go about quietly supporting their community and perhaps are not noticed so much. It is these people the PH committee would like you to think about nominating. Just pop your nominations (Form on Page 43) in an envelope and drop it in the Lookaround box in the Information Centre.

Thank you.

○

SCOTTISH DANCING

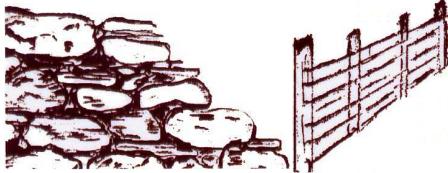
Dr Gina Barney

You may remember that last May the Town was invaded by men in kilts. They were attending a residential Scottish dance week in Sedbergh, which I had organised. (See July 2017 LAR, P16) As part of the week they visited all around.

This year they went to Scarborough. Much to my surprise and delight a member of the group had celebrated their visit to Sedbergh in a specially

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written Scottish dance called "A circuit of Sedbergh", with the description.

A medley of 64 bars Strathspey and 64 bars reel for four couples in a square set.

Sedbergh is a little town on the western edge of the Yorkshire Dales with a big school and lots of second hand bookshops. Thanks to local resident Gina Barney (among others) it was the venue for the 2017 Gay

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Gordons dance week. The dance actually has several different circuits of the town, admiring its history, architecture and the surrounding hills, ending back home (with a good book) after 64 bars of Strathspey, ready to repeat in reel time.

The dance represents, first, in Strathspey time, an elegant and relaxed circuit of the Town. This is followed secondly by a reel, which is much faster and could represent the dash to do everything in the week.

The dance may be accepted by the RSCDS – who knows. A full version for connoisseurs can be found at:
<https://my.strathspey.org/u/murrough/CircuitOfSedbergh.pdf>

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CUMBRIA WILDLIFE TRUST

Susan Garnett

This June, Cumbria Wildlife Trust challenges you to go wild!

The local wildlife charity is challenging you to take a moment every day this June to notice wildlife and wild places near you, whether it's on your lunch break, whilst walking to school or in your own garden. By taking part in **30 Days Wild**, you'll be joining hundreds of thousands of people all over the UK who have also

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pledged to go wild with The Wildlife Trusts' annual nature challenge.

Peter Bullard, Director of Cumbria Wildlife Trust says why it's a good idea to take part: "**30 Days Wild** is a wonderful way to get closer to nature and marvel at the wildlife that lives all around you. Whether you take a moment to sow a window-box of wildflowers to help bees or get together with your neighbours to create hedgehog highway, it all

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counts! Also, research by the University of Derby shows us that connecting with nature in this way makes us feel really good, bringing huge benefits to our wellbeing and happiness."

Sign-up to **30 Days Wild** and you'll get a free pack with a booklet of inspirational ideas for Random Acts of Wildness, a recipe for wild strawberry and thyme ice cream, wildflower seeded paper to sow, a wall chart to record your activities and wild stickers. There are special packs for schools with outdoor lesson plans



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and giant Random Acts of Wildness cards. Business can join in too, with tailored download packs to bring the 'wild' to work.

Sign up for **30 Days Wild** today at www.wildlifetrusts.org/30DaysWild and join the online conversation at #30DaysWild.

JOURNEY TO ZERO WASTE SEDBERGH

Suzie Pye

In an age where our television schedules are saturated with entertainment and information based programmes all vying for our attention, it's not often something has the power to affect real change in public behaviour. But Blue Planet did exactly that recently, when David

Attenborough demonstrated so powerfully how our overuse of single use plastics is having a tragic effect on our oceans and marine life.

But if we are honest with ourselves, wasn't he simply highlighting what we already knew? There's nothing like a national treasure saying it out loud though, to make you sit up and take notice.

Zero Waste Sedbergh has been set up to act as a support and information network. It will be a place where people can ask and answer questions, encourage each other, and exchange ideas on the theme of reducing waste, whether as a consumer or as a business.

The title of the group is, admittedly, a tad overwhelming: Sedbergh will

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almost certainly never achieve Zero Waste. But wouldn't it be great to be the town to try?

So here is the challenge: in the month of June, make one or two small changes. It could be as simple as remembering to put your reusable bags in the car before the big shop. It might be choosing to buy your fruit and veg from the Wednesday market, plastic free. Or maybe you will ditch plastic sandwich bags for reusable boxes in the kids packed lunches... Our journey has to start somewhere, and as the saying goes: little by little, a little becomes a lot.

You can connect and contribute in the following ways:
Facebook: Zero Waste Sedbergh
Blog:

zerowastesedbergh.wordpress.com

Email:

zerowastesedbergh@gmail.com



JUNE GARDENING

Elaine Horn

Last month I enjoyed a trip to Bodnant garden, a National Trust property in North Wales, in the Conwy Valley. The garden was full of bright colour from the hundreds of Japanese Azaleas in the Dell and the rockery and woodland gardens, but the area most photographed at this time of year is the wonderful Laburnum Arch. This feature receives fifteen to twenty thousand visitors each week, for the three weeks in which it is in flower. The long, arching tunnel framework supports trained

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Laburnum trees which dangle their flowers to create a golden, fragrant ceiling of blooms.

I planted a small tree of *Laburnum 'Vossii'* in my garden 4 years ago. So far, due to adverse weather, mine has not flowered. Timely frosts have turned the emerging flower buds to something resembling boiled lettuce, but this year I have high hopes of a good display. I shall have to stand underneath and gaze up and imagine that it goes on and on, for a hundred yards or so, and I shall have my own Bodnant!

Laburnum is probably the most commonly grown tree in the Pea family, but there are others which are very attractive and worth including if you have the space.

There are several species and cultivars of *Robinia* (False Acacia). *Robinia pseudoacacia 'Frisia'* has leaves which are bright yellow from spring to autumn and *R.*

'Decaisneana' has mid green leaves and long racemes of pink flowers. Similar in growth and habit are the "Honey Locusts" – cultivars of *Gleditsia triacanthos*. They are grown for their fern like foliage. *G. triacanthos 'Sunburst'* is a beautiful yellow leaved cultivar and 'Ruby Lace' has ruby red new foliage, which darkens to bronze green in summer. Perhaps the strangest small tree in this family is a graft hybrid (chimera) of *Laburnum* and *Cytisus* (Broom). *Laburnocytisus adamii* stems have a core of *Laburnum* wood and an outer layer of *Cytisus* wood. Some branches produce yellow flowers, some pink broom flowers and, where the plant's stems are really muddled, they produce hybrid flowers which are

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coppery pink. The mixing of the two types of plant makes for a tree of rather scruffy nature – but it does make an excellent talking point.

SEDBERGH COMMUNITY SWIFTS

Tanya & Edmund Hoare

We saw our first swifts in Sedbergh this year on May 4th, in Main St and Back lane, a beautiful warm day after a period of very cold weather, and shoppers at the Sedbergh market on Wed 9th would have seen them circling overhead. But on the whole it has been a very slow start to the ‘swift season’, with far fewer swifts than usual seen flying around, and it is a situation mirrored throughout the country.

However, we were astonished to



find that two of the swifts in the Settlebeck webcam boxes arrived back exceptionally early, one in each box on 28 & 30 April. This is the earliest record we have ever had of swifts returning here. One had to wait until 10th May for its mate to arrive and at the time of writing (15th May)

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e-mail: gardnermackenzieltd@gmail.com

the other was still alone. Details again for accessing the webcams: www.settlebeckschool.org, click on the swift tab for instructions. We recommend scrolling down for instructions on downloading a free app to use with a phone or tablet.

What sets swifts apart is that we never see swifts still. We only ever see them in flight, and never perched or on the nest like other birds. What is so enjoyable on a warm summer's evening in June and July is watching them swooping and swirling, eventually spiralling higher and higher until they are out of sight, screaming as they go. They spend the night at over 1,000m high, descending again at dawn.

June and July are peak time for

enjoying watching our swifts. From mid-June onwards, when the eggs hatch, swifts will more active in feeding the chicks. The breeding adults always come into the nest at night, so just before it gets dark is a good time to spot nest sites. Swifts flying high on the sky are busy feeding and at this time of year will be a mixture of breeders and those that are not yet old enough, the non-breeders.



UK Swift Awareness Week

The UK Swift Awareness Week is 16th – 23rd June, with groups all over

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the country putting on events. Sedbergh Community Swifts warmly invite you to a **Swift Celebration Evening on Tuesday**

June 19th in St Andrew's church at 7pm. This is a free event and everyone is very welcome. There will be a talk with lots of video clips of swift activity, followed by refreshments, and there will be displays in the church all week – including some made by the children of Sedbergh Primary School.

Afterwards you may like to join in with watching swifts nearby, and maybe even a '*swift half*' later! During the week some shops will have displays and the craft workshop will have a swift window with examples of their skilful work.

We also invite you to a swift watching evening at Lowgill on Saturday June 23rd at 8.30pm, where we have cameras in the nest sites.

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And do please let us know about any swift sightings such as screaming parties and nest sites – we would really like to hear from you!

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Dr Myles Ripley

"Below the 40th latitude there is no law; below the 50th no god; below the 60th no common sense and below the 70th no intelligence whatsoever."

- Kim Stanley Robinson 1999

"Great God ! this is an awful place." - Scott (1868—1912)

In 1820 – 1821 records show that 320,000 fur seals were killed for the fur trade in the South Shetlands, and it is estimated that a possible 100,000 further deaths resulted from pups left behind when their mothers were killed. By 1830 there was no significant fur seal population left to hunt. In the period 1929 – 1930 the Antarctic Whaling records show over

40,000 whales taken with the majority being Blue Whales. This carnage is over, partly due to there being no commercial sized population surviving and partly because the key product from these whales was the oil that was so vital for lubricants, fuel and other bye products replaced by the rise of petrochemical industry has at least the above as a justification.

Interesting both the fur seals and whales relied on the Krill as a main foodstock but the population of Krill didn't seem to mushroom as a result as other predators took over. One worry about climate change is that Salps (a planktonic tunicate) which also feed on plankton are favoured by increasing temperature and may outcompete the other species feeding on the plankton and this may reduce the numbers of whales and seals in the Antarctic.

Why might a wildlife enthusiast visit the Antarctic – after all there is the unpleasant voyage across the Drake Passage which is one of the stormiest seas in the world - and the temperature must be really cold surely? But those who put up with those conditions are rewarded with a fantastic set of animals who are

Sedbergh Sports Evening Fell Races and Fun Events

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largely unafraid of humans and therefore easy to approach. Of course all these animals are in an environment that is breathtakingly beautiful. Your guides will tell you not to get within 5 m of penguins, but nobody tells the penguins about that rule and they approach you on their travels ! Since most visitors arrive in the penguin breeding season there are chicks to see and the parents are busy travelling to and fro to bring food to keep the chicks growing. Likewise if you visit a bit earlier then lactating seals need plenty of food to supply the 50% fat content of their milk (human milk is about 4%) which in turn allows a growth rate of 2kg a day!

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10 until 4pm

Further details next month

Beaches covered with Penguins and seals; seas with plentiful whales, penguins and seals and if you are lucky sightings of killer whales. Various birds such as Antarctic Skuas, Yellow Sheathbills and Kelp Gulls are opportunist species that feed variously on carrion, guano, eggs and chicks. Vividly blue eyed Antarctic Shags will be nesting as well. Antarctic terns, confusingly similar to Arctic Terns (who will have migrated to the Antarctic for another summer harvest) will be busy fishing along the shores and defending their nests vigorous by dive bombing you with their lethal beaks. If you dragged yourself on deck in the Drake Passage, coping with seasickness, you will have been rewarded with views of some of the greatest flying seabirds in the world – The Albatrosses who remain aloft for years at a time using the air currents off the ocean swells to provide lift. The antics of the Cape and Storm petrels swooping across the ship will have set your camera shutters off.

What makes this apparently inhospitable environment so rich? The interaction of the cold waters

travelling north from the Antarctic and the warmer waters travelling south causes an upwelling of nutrients from the ocean floor along the circumference of the Antarctic at about 60 degrees North – it's called the Antarctic Convergence. As you travel South the sea temperature suddenly drops about 3 degrees but the productivity of the sea increases massively akin to plant growth after fertiliser is administered. This 60 degrees circle is where the Antarctic Treaty rules come into force. This treaty, signed originally by 12 nations and now 53, governs the continent and puts into abeyance any national claims to territory left over from Empire building days in earlier centuries. In effect it has established Antarctica as a scientific preserve, establishes freedom of scientific investigation and bans military activity on the continent.

What will become of the continent in future years as climate change and increasingly nationalistic nations home in on potential resources on and around the continent is anybody's guess. My recommendation is to go and visit soon – you won't be disappointed. ☺



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FAMILY MUSINGS

Sarah

A photo popped up on Facebook recently of a girl I was at boarding school with showing her wedding day, 40 yrs ago. Hubby in uniform and Jill in white smiling up at him. We met up at the Lowther Show a few years ago, first time since I left school, and yes we did talk a lot! Then we met at the school reunion last May where we also chatted to other friends from those days, including the lovely lady who was our deputy Head teacher, Joan Gunning.

This had extra poignancy as she died recently and a number of her "girls" attended her funeral at St Mary's church, Windermere. It is interesting that we still refer to each other as "girls"!..

Our little granddaughter has brought the delightful Pebble Art to Dentdale. Children paint stones and hide them so other people find them and re hide. One is outside my door, another

was besides the Fountain and another near the play area. Look out folks can you find any?

Another female who has featured in this column over the years is "auntie" M, or " auntie Moles " as we called her when we were very young. She has had a hard time of it over the years and has out lived her sibling, her hubby and their sons. Yet with our help still lives in her own home albeit with carers x4 daily and all night and other help. The icing on the cake is that in May she celebrated her 100th birthday!

Due to numerous trips to see M I have built up a precious circle of friends over in Hull and it was fab to have a special tea with them at our favourite cafe, Ignition. This is run by and to support Anlaby Meth ch and is a proper coffee shop not just a kettle and a mug!

Gardening is something I very much enjoy and now with more time to do it, and also help in it, it is looking much better. The dormant Grape is at long last bursting into greenery so hopefully there will be local grown grapes for Harvest Festival.

Keep gathering in folks, both experiences and friends.



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YORKSHIRE DALES NATIONAL PARK

Andrew Fagg

*Our response to farming consultation:
"Yes, but..."*

The government's "direction of travel" for food, farming and the environment post-Brexit is spot on, but the plans have serious "shortcomings", National Parks England (NPE) has said.

Acting on behalf of the Yorkshire Dales National Park Authority (YDNPA) and England's other National Parks, NPE has submitted a 28-page response to Defra's major "Health and Harmony" command paper consultation.

NPE says there are omissions in the

list of public goods that should attract payments in a new system of farm support, and describes the plans for rural development as "too weak". The response also makes clear that farmers' livelihoods – particularly in the uplands – are at stake, along with recent environmental gains.

The YDNPA has formally identified post-Brexit farming policy as being of "critical" importance.

YDNPA Chairman Carl Lis said: "It is hard to overstate the size of the opportunity at hand. Here is a chance to make upland farming pay again, while dramatically improving the state of the environment. Yet if we get the transition to a new system of farm support wrong, rural poverty could



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increase and communities could be lost, as could environmental gains achieved over many years.

"Perhaps the most important point we have made is that the proposed new Environmental Land Management scheme (ELMs) must avoid a system of national prescription that prevents local flexibility. Broad parameters could be set nationally – and we are delighted with direction of travel towards an outcome-based scheme that makes 'public payments for public goods'. But it is absolutely vital that large amounts of discretion are granted to those who will implement the scheme with farmers and landowners at a local level. All the experience and the

knowledge of the land that farmers have must be utilised.

"As the paper says, we believe an outcome-based approach should be a fundamental underlying principle for the new ELMs. This means changing to a culture of positive reward for delivering environmental outcomes rather than compensation for loss of production."

The NPE response made several constructive criticisms of the command paper, including that:

- Proposals to preserve rural resilience and traditional farming and landscapes were "too weak and underdeveloped". The response says that the ELMs should not be "divorced" from



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- rural development. "Supporting the continuity of active farming families and communities is critical to maintaining and delivering the full range of public goods and benefits outlined in the command paper," it argues.
- Paying only for environmental "enhancements" could unwittingly penalise farmers who have been good custodians of the land. The solution would be to create payments for environmental conservation as well as enhancement.
 - Public access needed greater emphasis. The NPE response says farmers and landowners should be paid for providing a joined up and integrated access network including to areas of open access.
- Water management was omitted from the list of public benefits that might be delivered through the new ELMs. Water management payments would reward farmers for reducing flood and drought risk and increasing resilience to both.
 - Too little recognition was given to the role the ELMs could play in the protection of the historic environment.
 - Urgent action should be taken to extend existing Higher Level Stewardship schemes that are due to expire in order to protect

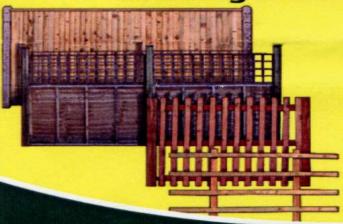
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past investment in public goods. The full link to the NPE response is:
http://www.nationalparksengland.org.uk/_data/assets/pdf_file/0016/1211704/National-Parks-England-response-to-Health-and-Harmony-Command-Paper-May-2018-.pdf



YORKSHIRE DALES NATIONAL PARK

Andrew Fagg

SDF: supporting good works around the Park

A total of 36 projects – benefitting local communities, business and wildlife – received a total of £175,000 from the Yorkshire Dales National Park Authority's Sustainable Development Fund (SDF) in the past

financial year, an annual summary has shown.

The SDF is available again this year, with the same budget, and applications are being invited now. The largest recipient of funds in 2017/18 was Broadband for the Rural North, a Community Benefit Society that works with local communities to bring hyperfast broadband to remote places. It received £30,000 from the SDF to help pay for the connection cabinets needed to bring broadband to residents and businesses in Howgill, Firbank, Sedbergh and Cautley.

Projects do not have to be state-of-the-art to win funding: two of the more recent awards have been for car parking. In Thornton Rust in

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Wensleydale, the car park in the Outgang was upgraded with the help of a SDF grant of £3,740. In Sedbergh, the parking area to the north of St Andrew's Church was enhanced with the help of £2,500 from the SDF.

Grants typically were in the thousands of pounds, but several smaller requests were met, including £466 for the restoration of a historic cobbled road ford near Horton-in-Ribblesdale.

The Park Authority's SDF officer, Andrea Burden, said: "Uplifting stories lie behind each of the grants. Many of the applicants are working for the good of their community – and it has been rewarding to see how a

bit of help from the SDF can go a long way. I'd like to thank all the 2017/18 applicants and urge anyone with a new project idea to get in touch; the SDF might be able to assist getting the project off the ground."

Several applications for the 2018/19 funding pot have already been received, but more would be welcome. Enquirers can get in touch by phone - 01969 652337 or by using the SDF email address –

SDF@yorkshiredales.org.uk.

An application form and a set of guidance notes can also be downloaded online: <http://www.yorkshiredales.org.uk/living-and-working/sdf>



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Your local Sedbergh Branch meets on the second Thursday of every month in the White Hart Club at 7:15pm and needs new members in order to keep up its good work. You do not need to have served in the Armed Forces to be a member. Membership costs £17.00 - call 20536 or 20964 or email: jd@jdifa.co.uk or dmpparratt@gmail.com for a form. For more information, visit our website: <http://branches.britishlegion.org.uk/branches/sedbergh>

NORTH WEST CANCER RESEARCH

Hazel Jackson

On Wednesday April 25 2018 The Sedbergh Support group of North West Cancer Research held a Coffee Morning in Cornerstone Community Church Hall Joss Lane, when £ 328.36p was raised. We would like to thank all who supported us, by giving or bringing or buying, or by just being there & enjoying a coffee.

North West Cancer Research is a Charity working in the North West; with the Universities of Lancaster, Liverpool & Bangor. (not to be confused with Cancer UK)
All money raised is used in The

North West. Every little helps. £2 will buy 400 liquid handlers for preparing our samples, £100 will keep our cell lines alive for a year. Cell lines are used to identify new therapeutic targets & understand resistance to current treatments.

If anyone feels they would like to join our small support group please have a word with any one of us, or ring 015396 20530.

○

HOLIDAY CLUB

Holiday club team

Please make a note in your diary, regarding our Holiday club July 23rd-27th 2018.

Plans are underway for an exciting time. There will be crafts games

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songs and stories all with a Christian theme. We look forward to seeing as many children as possible. Please support us if you can. Other details will be published later.

○

DENTDALE MEMORIAL HALL

Sarah Woof

At the April DMH meeting members were concerned about all the work that a show, however simple, would cause and did not feel able to support the idea.

However, they think a craft day for children would be a great idea ie in Oct Half Term.

One or two people outside of the committee are interested in the idea so watch this space!

To remind you; idea was a "home made" class for children (with a craft session one half day leading up to the show for things to be made or other activities to do, for accompanied children) and a similar class for adults which could include ie a home made sewing project or home baking.

Obviously we would need judges and stewards. Any local (Dent) organisation could sell drinks and refreshments and keep the proceeds.

If you have an opinion on the idea then do please let me know ASAP and certainly by end of June. Would you enter? Could you help? Are you a gifted "craft" person willing to help at the craft session? Sarah. 015396 25212

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PEOPLE'S HALL NEWS

Dr Gina Barney, Hon Secretary

People's Hall dance

The next dance at the People's Hall will be on Saturday 23 June 2018 commencing at 8pm until 11.30pm (doors open 7.30pm). Dancing to Denis Westmorland. There will be a Jacob's Join.

Health and Safety

The refurbished "kissing" gate has been fitted as a safety gate to the Hall's bin area at the front of the Hall. The safety posts ordered with it were overlooked and were not made at the same time. They are expected soon.

Hirers are asked to check that their activities in the Hall are safe. For example, all electrical equipment

should have a portable appliance test (PAT) label. We are still endeavouring to assist one hirer in safe operations.

Accessible parking

The Hall has always had a policy to assist users with mobility problems by offering to reserve spaces in the car park. As part of our improvements we are marking out an area outside the bar door as an accessible parking/drop off point. The space we have allocated still allows parking by and access into the side entrance for food and equipment. Watch that space!

New stage and main hall curtains

By the time you read this these should have arrived and been fitted. Thanks to the Rose Theatre Group



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and other donors for finding the money for these.

◎

SEDBERGH BOOK TOWN FESTIVAL

Heather Thomas

For more than fifteen years Sedbergh has been the official book town for England. The initiative which was originally introduced after the terrible events of the foot & mouth outbreak, has been a wonderful addition to draw in tourists and locals alike to the town. There have been some fantastic events run in connection with the Book Town in the past, book festivals, ideas festivals and other ventures but sadly, the momentum has slowed in recent years. So it is with huge excitement

that I would like to announce that plans are afoot to restart a Sedbergh Book Town Festival this coming October.

Currently, a small group are working to organise a whole weekend of events from Friday 5th October. These will include guest author events, family book sessions, community collaborative writing, dinner and entertainment, craft sessions and more.

Our Book Town status, and in particular our second hand bookshops are still a huge attraction for bibliophiles across the country but I'm sure that everyone would agree, that a new festival would be a great way to continue and build on that enthusiasm. As I'm sure you are

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aware, these things take a lot of time, effort and money to organise so it would be remiss of me not to mention that there is of course plenty of room for more volunteers to help if anyone is interested. We are also open to discussions with regards to corporate sponsorship if there are any local businesses who would like to get involved. Please contact

project.manager@sedbergh.org.uk

To keep up to date with announcements about the festival please keep an eye out for future Lookaround articles as well as watching the new Facebook page @SedberghBookTownFestival and the @VisitSedbergh page. ☺

B4RN

*Progress in Cautley and Dowbiggin
Dr Gina Barney, Area Lead*

Our network has got bigger as we have extended the Dowbiggin spur down to Garsdale Foot to pick up Low

and High Fawes on the way. These properties should have been on the Garsdale core route, except one landowner would not let them through.

Although the distance from the south end at Hallbank to Cross Keys at the north end is just over three miles, there is about seven miles of digging to do with all the wriggles the route has to take.

The only bit of the core route we have in at the moment is a road crossing into Metcalfe Brothers, halfway up the Rawthey valley. We managed to drop a B4RN duct in when Metcalfe's had mains electricity put across the A683. That has saved a few pounds! There are still a few way leaves to come in and when they do digging

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will commence.

◎

LADIES NFU

Caroline Sandys-Clarke

MARCH MEETING

For our March meeting we were thoroughly entertained by Dennis Whicker. Born in London, Dennis was first a train driver before training to become a policeman. In 1978 he moved, with his family, north to Penrith and from there to Sedbergh. Dennis was relocated to Workington and on to Kendal before returning to Sedbergh. He retired from the police force 11 years ago.

Always keen on community work, Dennis organised and took part in a Beer Barrel Roll from Penrith to Sedbergh in the early 1980's . Taking

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11 hours it raised £4250 for the People's Hall Roof. A really amazing total.

He was also interested in the idea of a community news letter and from this idea the Lookaround was born. Initially 1 side of an A4 sheet it has grown to be the brilliant and informative local information booklet that it now is. Its success is entirely due to the hard work and dedication of Dennis and Jacky.

He and Jacky are looking to retire from the editing at the end of the year and are now working on getting a team together to take it over.

Dennis was warmly thanked for a very amusing and entertaining talk by our President, Barbara Escolme

APRIL MEETING

For our April meeting we had Helen, a training officer with 9 years experience, to tell us about the work of BAY SEARCH AND RESCUE, a much wider reaching organisation

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than its name would suggest. Covering not only Morecambe Bay, an area the size of Greater Manchester with its tides, gullies and quicksands, but also covering the whole of Cumbria and North Lancashire should the need arise.

All the 22 volunteer members of the team have day jobs and on the whole, understanding employers! Bay Search and Rescue is a charity totally relying on grants and donations to fund its £66,000 a year running costs. Two fairly recently opened charity shops also help enormously with the fund raising. The whole concept started in 1996 when a walker was caught in quicksands 4 miles out in the bay. Luckily his cries for help were heard by a dog walker and he was safely rescued but it took 32 people and 8 hours to get him out.

In 1999 a specialist team was formed with a hovercraft, bought with

a donation and things have gone from strength to strength from there.

The team now use ex-army tracked vehicles along with Landrovers and other 4wd vehicles. The Haaglands are personnel carriers, capable of carrying 18 people or more and can travel over quicksands, deep snow and through floods..

The team have been involved in many rescues in and around Morecambe Bay but also the floods in Cockermouth, Carlisle and as a result of Storm Desmond. More recently they were helping the snowbound drivers and communities around Millom and Nenthead.

Volunteers undergo rigorous, regular training and many are trauma specialists, providing cover and

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support for the Fire and Ambulance Services.

Recently added to their equipment is an airboat driven by a propeller above the water so this can go through very shallow water full of debris where a conventional boat or inflatable could not go.

Helen was thanked for her most informative talk by our President Barbara Escolme.

Our Coffee Morning in May was to raise funds for this very worthwhile cause.



SEDBERGH ORCHESTRA

Shirley Smith

Sedbergh Festival will soon be here with its tempting variety of performances. Sedbergh Orchestra



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will be playing as usual at 8.00pm in St Andrew's Church, on Thursday June 14th. After our foray into Russian and Armenian music, we shall be returning to the European scene and classical times. We are looking forward to welcoming our soloist, Philip Cull, who comes from the north east. He will join us to play Mozart's oboe concerto in C, K314. As I write, he has been over to rehearse with us once and what a treat that was! He makes a wonderful sound and he negotiates the virtuosic sections with ultimate agility and sensitivity. His performance is not to be missed!

Before the concerto, you will hear Rossini's exhilarating overture to Tancredi, complete with the long crescendos which are Rossini's hallmark. To follow, after the interval when refreshments will be available, comes Schubert's 6th Symphony, typically full of good tunes - and then, quirkily, to round things off, music from a later era, chosen to amuse in rehearsals the wind players not involved in the concerto, rather than giving them the opportunity to twiddle their thumbs. They have been



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enjoying, as we shall too, Elgar's enigmatic 'Mrs Winslow's' Soothing Syrup' and 'Madame Taussauds' – notice the spelling - two of Elgar's 'Promenades' which he wrote for the group of relations and friends he met with to play chamber music.

Do come and enjoy the concert with us on the day. Bob Wells' well-researched notes will be found in the programme. Tickets priced at £8.00, 18 and under come free, can be obtained from the Tourist Information Centre in Sedbergh.



QUEEN'S SCOUTS

Rachel and Emma Hopkins

On Sunday the 22nd of April, 2018, my sister Emma and I, Rachel Hopkins, had the honour of attending

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Windsor Castle for the St George's Day Parade of Queen Scouts. We had been presented with our Queen's Scout Awards (the top award in Scouting) by the local Cumbrian Head of Scouting last year. This year's day of celebration and achievement included a review by Princess Beatrice and Chief Scout Bear Grylls, and a service in St. George's Chapel. The day was



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unforgettable, and truly a highlight of my Scouting experience.

Emma and I would like to take this opportunity to thank all the people who helped us complete this Scouting achievement. Scouts is a voluntary organisation and so we owe a great deal to those who devoted and invested so much time in us. Most specifically, we would like to thank Bill Mawdsley and Annette Colton for continually supporting us both.

However, we also owe thanks to all leaders and volunteers who have helped at Scout sessions, activities and camps, as well as the many individuals and organisations who have generously donated money towards our Scouting experience, such as their contributions towards

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our Jamborees.

Standing on the quadrangle inside Windsor Castle, and looking out across the hundreds of Scouts and proud parents, it hit us both how important Scouting is as a national and international community. Scouts brings so many like-minded people together, all it requires is a desire for exploration. Emma and I were both lucky enough to be selected to represent Cumbria at two different World Scout Jamborees, with Emma attending Sweden in 2011, and myself attending Japan in 2015. The camps were vital in helping us achieve the award, but they also benefited each of us personally. I had the opportunity to be an assistant patrol leader to Botswanan Scout Melinah, and even through a language and cultural barrier, we formed a friendship that will last a lifetime. Scouting allows you to make connections and friendships all over



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the world.

The day of celebration was an opportunity for Scouts from across the United Kingdom to reflect on their individual Scouting experiences and appreciate the personal impact the movement has had on each of our lives. We chatted with our Chief Scout, Bear Grylls, and he wanted us to remember how important we each were as individual members of a world-renowned programme and how important it is to keep striving and exploring the world. So we wanted to take the opportunity to give thanks to the scouting movement and the people behind the scenes for giving us both such experiences and adventures that will continue to inspire us through our lifetime. Many thanks. ☺

SIGHT ADVICE SOUTH LAKES

Sue Harper

Fifteen of us met at the People's Hall once again on 15th May and after tea and biscuits as usual, we welcomed Keith Wood who gave us a most entertaining talk based on his time in the Police Service. Keith tried various jobs before deciding on a career with the police in 1972.



Nowadays, it seems a degree is needed to enter the police but in those days, paper qualifications were deemed less important than practical abilities. Having sat entrance exams for various forces he finally succeeded in joining Cumbria police. His first posting was in Kendal.

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He experienced several challenging situations, including policing during the drama of the miners strike in 1984 and also being stung on the ear by a bee whilst riding a police motorcycle! A varied career indeed!

Keith also discussed how much policing and attitudes have changed since the 70s and 80s. Female police officers were rather looked down upon by their male colleagues and rarely went out into the community. Their role was very restricted. Casual racism and homophobia were also rife in police and the community at large. Fortunately, attitudes have changed for the better over the years.

We thank Keith for his excellent talk and then discussed the menus for our

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meal at the Fat Lamb on the 19th June. Our next regular meeting will be on Tuesday 18th September when Dr Myles Ripley has kindly agreed to talk to us. We are fortunate to have a "double bill" to look forward to as Dr Ripley will talk about Alzheimer's and also a Voyage to Antarctica. ☺

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PETER YORKE

The family of Peter Yorke would like to thank everyone for their kindness, support and guidance. The cards and messages and in particular the many stories and memories shared have meant such a lot to us. An additional thank you to everyone who has donated to the Middleton Church Community Project. Donations can be made via DCC Secretary: Anne Dehany, Smailthorn, Middleton, LA6 2LY (please make cheques payable to Middleton DCC).

=====

BRIAN FINCH

This is a belated but heartfelt thanks to all the individuals, shops, churches, Medical Centre, Brian Goad and more. So much support you gave to Brian and I since 9th December 2016 - practical, spiritual and emotional. Sedbergh is a wonderful community, so glad we came to live here. Thank you. Valerie.

=====

TOM SCARR

Happy 70th Birthday Tom on 8th June. With love from Eileen.

=====

TOM SCARR

Happy Birthday Dad - Grumps. 70 years young. Love from Jason and Chi, Will, Sam and Eli and Dave, Jackie and Taylor.

=====

EDITORS COMMENTS

APOLOGIES

Last month, I printed a 'Letter to the Editor' without including the name of the author. At the time, I had hoped that it would have helped resolve a

situation but I fear that it had actually made it worse for a time, so I apologise to all those that it affected and hope that now we can move forward and enjoy and appreciate this great community that we have.

With that, I will maintain the policy that I set many years ago that ALL contributions will have a name appended to it which I am sure the new Team will expect, support and continue.

This month, I know that I have made errors so apologies in advance.

GDPR

I have looked at the new Legislation for GDPR and the only Data stored with Lookaround are details of Advertisers that have communicated with Lookaround. This information will never be shared with any other Third Party.

FUTURE OF LOOKAROUND

Progress is still being made with people coming forward to assist with the new Team. The more help given, the easier it would be and the less time an individual needs to spend each month.

The December issue will be my last compilation and the new Team will commence from February 2019 so watch this space for future updates and details.

I am not taking any Advertising after December. New Contracts will be made from February 2019 with the new Group.

NEW ADVERTISERS

Yet another three new Advertisers this month with Eddie Lord and his plumbing business, Backyard Blooms with flowers and a Holiday Villa in Majorca . Please mention Lookaround if you make any

enquiries with them.

LOOKAROUND INFORMATION

The Sedbergh & District Lookaround is edited, published & distributed monthly by Dennis & Jacky Whicker & is printed by Stramongate Press. The content of The Lookaround does not reflect the views of the Editors.

Whilst every effort is made to ensure that information is correct, the Editors cannot accept any responsibility for any inconvenience caused through errors or omissions. If there is an error with your article or advert, it is your turn this month in amongst hundreds of entries each month.

Current Copies are available from Sedbergh Information Centre, Sedbergh Mini Market, Post Office, Spar, Dent Stores & Barbon & by Post (please enquire). *Back Copies* are available to read at the History Society Archive at 72 Main Street.

All items for Lookaround must be sent to 72 Main Street, Sedbergh or deposited in the Lookaround Post Box there or sent to
editor@sedberghlookaround.org.uk

ARTICLES

All articles and reports are inserted for free and photographs are included pending on space. Could text be submitted either typed out our written in BLOCK CAPITALS as sometimes, it can be difficult to established what is written.

ADVERTISING

For the benefit of advertisers, the following information will assist you.

If you wish to place an Advert in Lookaround, please include the correct money or cheque with the details & place it in the Post Box. A receipt will be issued & left in the Lookaround Tray in the Office for

collection or include a SAE.

Our distribution area is the LA10 Postal District which is Sedbergh & the surrounding villages, but it is sent all round the country & the world.

We are published on the 1st of every month (except January).

February to November is printed black ink on white. The December/January issue is in full colour. All copies have a full colour cover to indicate a new issue & photographs are requested from our readers who will be credited.

We do not have whole page adverts but will allow two half page adverts opposite each other.

The Front Page is given priority to Event Adverts relevant for the appropriate month.

You can supply the information & we can create an advert for you. You can supply an example in hard copy & we will reproduce it (please mention if a particular Font is required). You can supply an original using Microsoft Publisher, a Word, a jpg (preferred) or as a PDF (*although the quality is reduced when importing it.*)

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The closing date for everything is 15th of every month.

Advertising rates have been updated: December 1991, December 1995, March 1997 & August 1999
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PERSONAL MESSAGES

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Please submit legible writing as many mistakes have been made in the past due to not being able to read the text properly.

GROUPS AND ORGANISATIONS

Any organisation that charges an admission, sells items or requires a donation from the public for anything at their event & wishes to include details in *The Lookaround*, are requested to place an Advert with us. This can be supported by text which cannot all be included in the advert. Any report *after* the Event is free. The request for payment for an Advert is to assist with financing *The Lookaround* which has a large printing expense every month. We feel that the Advertising Rates are very reasonable (for the last 18 years). All Adverts for Events automatically have the details entered into the Diary Page at the rear of *The Lookaround*. If organisations do not wish to Advertise with us, details of the Event will still appear on the Diary Page, but no text will be inserted.

BUSINESSES

Adverts for the Rent or Sale of property are not Personals & can only be included as a boxed Advert.

If you are a new advertiser in *Lookaround* & you order 3 or more adverts, you will receive one free advert & can also include some text explaining who you are, what you are, where you are, etc (which can not all go into an advert) up to about 550 words for free.

If you have more than 3 months of advertising, we will automatically send a renewal reminder should you

wish to continue. If you order 10 months, we give you one free (making one whole year).

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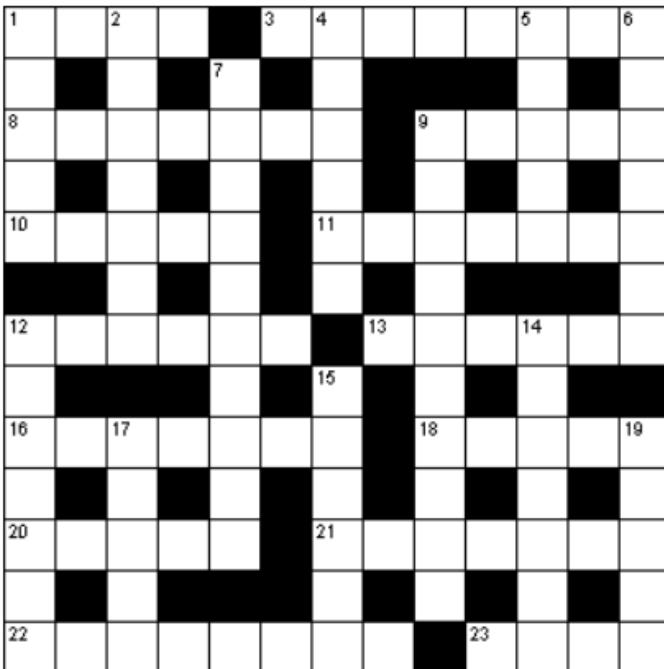
Every month, a randomly selected child will receive a £10 Gift Voucher to be used in Sedbergh or Dent from *Lookaround* who will receive it by post. For this reason, we require the postal address of each child. If we have no address, they are unable to receive it.

If anyone or any business would like to Sponsor the Birthday Voucher, please contact us. Full credit will be given.

COVER PICTURES

If you have any suitable pictures to go onto the Cover of *Lookaround*, please send a High Quality copy with the location and your name and you will be credited. Please remember that the picture will be split into two by the Spine so try and get a picture of two halves.

Dennis J Whicker

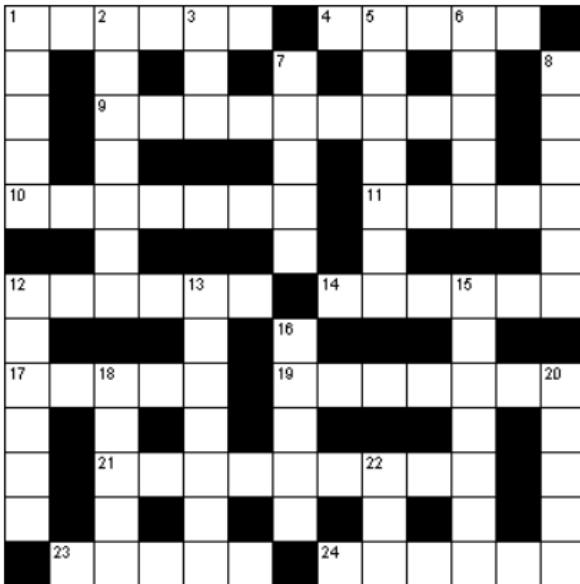


Across

1. Gusto (4)
3. Brings to an address (8)
8. Feast (7)
9. Tag (5)
10. Performer (5)
11. Trade barrier (7)
12. Voice box (6)
13. Large numbers of people (6)
16. Closest (7)
18. One of the senses (5)
20. Cajoled (5)
21. Before (7)
22. Fragile (8)
23. Unsightly (4)

Down

1. Striped equine (5)
2. US legislator (7)
4. One or the other (6)
5. Hot remnants of a fire (5)
6. Bars (7)
7. Secured by written agreement (10)
9. Research workplace (10)
12. Lackadaisical (7)
14. Hoping for (7)
15. Certify (6)
17. Spiritual being (5)
19. Ahead of time (5)



Across

1. Bank employee, who can say (6)
4. Balance found in muesli bran (5)
9. Crumbling old places fell down (9)
10. Not as old as that confused Reno guy (7)
11. Plenty of land in tarmac resort (5)
12. Opposed to poetry (6)
14. Purloins duck between beginning and end of shifts (6)
17. Last letter in some game (5)
19. Tolerates some token duress (7)
21. Alter code when moved (9)
23. One of the Earps, sounds interrogative at first (5)
24. Shuffle a paper then come into view (6)

Down

1. Sum up tall youth, essentially (5)
2. Let cure become a lesson (7)
3. Find a fish in a wee lake (3)
5. Begins tantrum in a moment (7)
6. Palindrome instrument (5)
7. Found in large scale drama crowd (5)
8. Hesitates to use spa turbulence (6)
12. Committee on a ship (6)
13. Evidence of injury, allow for redness (7)
15. Shorten a river crossing (7)
16. Serenity, sounds like part of something greater (5)
18. Nobleman with ponytail is before his time (5)
20. Grasp earnest weapon, essentially (5)
22. High point found in octopus (3)



BED & BREAKFAST

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Ms D Wood	Daleslea, Station Road, Sedbergh LA10 5DL (2014/06) 1D(ES); 2D/F(ES); TV; CH; P; NS; VB; CW	21789
Mrs Lappin	The Malabar, Garths, Marthwaite, Sedbergh LA10 5ED (2017/05) 4D (ES); 2T (ES); TV; CH; L; P; NP; DR; VB; CW; TL	20200
Mrs S Gold-Wood	Number Ten Main Street, Sedbergh LA10 5BN (2013/02) 1D (ES); IT/F(ES); TV; NS; CH; P; CB; VB; DFB; Free Wi-Fi e-mail: sangold.kwood@virgin.net	21808
Mrs G Baines	Howgill View, 11 Bainbridge Road, Sedbergh LA10 5AU (2017/09) 2D; CH; L; NS; NP; VB; CW; DFB; Free WiFi e-mail:- gill.durie@hotmail.com	21510

CAMPING, CARAVANNING & SELF-CATERING

Borrett Barn Flat, Marthwaite, Sedbergh (2018/04)	21175
Sleeps 4 people; D; T; CH; L; P; NS	
Sycamore Cottage, Lunds, Sedbergh LA10 5PX (2013/09)	01969 667356
Sleeps 2; D; CH; TVL; P; NS; DW	
Mrs Whitfield Old Station Cottage. Station Road, Sedbergh LA10 5HP (2016/12)	20799
Sleeps 1-4; 2D (King); CH; TVL; P; NS; DR; WiFi; Bike Storage www.oldstationcottage.co.uk	
Mrs A Bramall Summerhill, 7 Highfield Road, Sedbergh LA10 5DH (2013/11)	20360
Sleeps Catering Sleeps 6-8	
Borrett Barn Caravan, Marthwaite, Sedbergh (2018/04)	21175
Sleeps 4 people; D; T; CH; L; P; NS	

KEY

F = Family Rm; D = Double Rm; S = Single Rm; T = Twin Rm; ES = En Suite; PB = Private Bathroom
 CH = Central Heating; L = Lounge; TV = TV in all Rooms; TVL = TV Lounge; P = Parking; DA = Disabled Access;
 NS(B) = No Smoking (Bedrooms); NP(*) = No Pets (* by arrangement); DW = Dogs Welcome
 DR = Drying Room; Di = Dinners; VB = Vegetarian Breakfast; CB = Celiac Breakfast; EM = Evening Meal
 CW = Children Welcome; TL = Table Licence; DFB = Dairy Free Breakfast

Regular Events/Meetings			
1000	Every Sunday	Free Entry to Locals	FM
1600	3rd Sunday	Messy Church	CCCN
1000	Every Monday	Wild Goose Qigong	CCCC
1030	Every Monday	Sedbergh Songsters	GH
1730	Every Monday #	Brownies	CCCC
1400	1st Monday	Bridging the Gap	MC
1930	1st Monday	Dent Parish Council	DMH
1930	1st Monday	People's Hall	PH
1900	3rd Monday	Chamber of Trade	PH
1430	Last Monday	Tea & Company	CCCN
0930	Every Tuesday	Drop-in & Relax	MCD
1300	Every Tuesday	Howgill Toddlers	HVH
1830	Every Tuesday	Cub Scouts	SHQ
1830	Every Tuesday	Swimming Club	SS
1930	Every Tuesday	Bridge Club	WHC
1400	2nd Tuesday	Killington WI	PH
1400	3rd Tuesday	Sight Advice Sth Lakes	PH
1930	3rd Tuesday	Ladies NFU	PH
0830	Every Wednesday	Sedbergh Market	JLCP
1000	Every Wednesday	Coffee Morning	CCCC
1000	Every Wednesday	Yoga for All	HVH
1145	Every Wednesday	Age UK Swimming	SS Baths
1315	Every Wednesday	Art Society	PH
1730	Every Wednesday	Sedbergh Juniors	PH
1730	Every Wednesday #	Beaver Scouts	SHQ
1900	Every Wednesday	Sedbergh Town Band	SSBR
1930	Every Wednesday	Sedbergh Seniors	PH
1930	1st & 3rd Wednesday	History Society (Winter)	SSAT
1915	2nd Wednesday	Dentdale WI	DMH
1930	2nd Wednesday	Sedbergh WI	PH
1830	Every Thursday	Swimming Club	SS
1800	Every Wednesday	Yoga for All	SPS
1400	1st & 3rd Thursday	Child Health/Baby Club	PH
1430	Every 2 weeks	Cameo Club	CCCN
1430	1st Thursday	Afternoon Cream Tea	Duo
1930	1st Thursday	Howgill WI	FCH
1200	2nd Thursday	Age UK Lunch Club	Dalesman
1915	2nd Thursday	Royal British Legion	WHC
1930	2nd Thursday	Sed. Parish Council	PH
1100	Every Friday	Mindfulness Course	MCD
1700	Every Friday #	Barrel of Fun	StAS
1800	Every Friday	Cub Scouts	SHQ
1930	Every Friday	Scouts & Explorers	SHQ
1330	1st Friday	Dentdale Club	DMH
1000	Every Saturday	Swimming Club	SS

= School Term Time Only
See Group Page for contact details & Diary Page for Keys

PLACES OF INTEREST TO VISIT IN THE AREA

Bowling Green, Queens Gardens
Bruce Loch Nature Area, Busk Lane
Cautley Spout, A683 towards Kirkby Stephen
Community Office, 72 Main Street
Cornerstone Community Church, Main Street
Cornerstone Community Church, New Street
Cumbria Wildlife Trust, Community Office
Dent Heritage Centre, Laning, Dent *
Farfield Mill, A684 Garsdale Road * <i>Free to LA10 Residents on Sundays</i>
Friends Quaker Meeting House, Brigflatts
George Fox's Quaker Pulpit, Firbank
Golf Club, Catholes, Sedbergh *
Information Centre, 72 Main Street
History Society, Community Office
Holme Working Farm, Middleton *
Holy Trinity Church, Howgill
Jubilee Wood Nature Area, Castlehaw Lane
Langstone Fell, A684 Garsdale Foot
Motte & Bailey Castle, Castlehaw Lane
Pepperpot Folly, Busk Lane
Picnic Site, Ghyllas, Cautley Road
Picnic Site, Settlebeck New Bridge
Play Ground, Dent Village
Play Ground, People's Hall
Play Ground, Maryfell
Queen's Gardens, Station Road
St. Andrew's Church, Dent
St. Andrew's Church, Main Street, Sedbergh
St. Gregory's Church, Vale of Lune
St. John's Church, Cowgill
St. John's Church, Firbank
St. John's Church, Garsdale
St. Mark's Church, Cautley
Sedbergh Embroidery, StAS
Tennis Courts, Guldrey Lane
Winder Fell, above Sedbergh

* = Entry Fee Applicable

Organisation	Updated	Contact	Tel:	015396
Age UK South Lakeland	09/16	Helpline	01539	728180
Aglow International	04/15	Mrs Armitstead	015242	71062
Allotments Association - Dent	02/14	Mrs Owen	Dent:	25505
Allotments Association - Sedbergh	02/09	Mr Atkins	Sed:	20031
Angling Association	01/09	Mr Wright	Dent:	25533
Art Society - Sedbergh	09/14	Mr Morrison	Sed:	20209
Badminton - Sedbergh	10/08	Mr Wheatley	07816	437500
Beekeepers Association	04/15	Mrs Pauley	015242	51549
Bell Ringers (StAS)	02/14	Mrs Sharrocks	Sed:	20754
Book Group	01/09	Mrs Dodds	Sed:	20308
Bowling Club - Sedbergh	09/14	Mrs Killops	Sed:	20279
Bridge Club	01/09	Mr Estensen	Sed:	21060
Bridging the Gap	05/14	Mr Richardson	01772	561323
British Legion	12/15	Mr Parratt	Sed:	20964
Canoe Club - Sedbergh	01/09	Mr Hinson	Sed:	20118
Caving Club - Kendal	01/09	Mr Teal	Sed:	20721
Chamber of Trade	12/12	Mrs Sayner	Sed:	20935
Chameleons Drama Club	01/09	Mrs Bush	Sed:	20058
Christian Aid	11/17	Mrs Thompson	Sed:	22023
Citizens Advice Bureau	12/16	Kendal	03444	111444
Community Orchard Group	06/16	Mrs Parratt	Sed:	20964
Community Swifts (Sedbergh)	03/16	Mrs Hoare	01539	824043
Conservative Association - Sedbergh	01/09	Mr Beck	Sed:	20336
Cornerstone Community Church Rooms	01/09	Mrs Haworth	Sed:	20428
Cricket Club - Sedbergh	02/15	Mr Hoggarth	01539	583793
Cumbria Wildlife Trust	01/09	Mrs Garnett	Sed:	21138
Dementia Friendly Community	06/16	Dr Ripley mylesripley52@gmail.com		
Dentdale Choir	04/17	Mr Feltham	Dent:	25689
Dentdale Head to Foot	04/17	Mr Steele	Dent:	25054
Dent Meditation Centre	09/14	Mrs Brooke	07582	017396
Dent Memorial Hall	01/09	Mrs McClurg	Dent	25446
Dentdale Players	01/09	Mr Duxbury	Dent	25535
Dog Training - Sedbergh	01/09	Mrs Robertshaw	Sed:	20316
Farfield Mill Arts & Heritage Centre	12/10	Ms Last	Sed:	21958
Firbank Church Hall	09/11	Mr Woof	Sed:	21343
First Responders - Dent	01/09	Mrs Pilgrim	Dent:	25589
First Responders - Sedbergh	02/15	Mr Cobb	Sed:	22541
Football Club - Dent	01/09	Mrs Mitchell	Dent:	25432
Football Club Junior - Sedbergh	11/17	Mr Todd	07979	569428
Football Club Senior - Sedbergh	07/14	Mr Parkin	Sed:	20585
Gala Group - Sedbergh	06/13	Mr Kernahan	Sed:	20733
Garsdale Village Hall	11/16	Mrs Labbate	Sed:	22114
Golf Club	12/08	Mr Gardner	Sed:	21551
Good Companions - Dent	04/16	Mrs Woof	Dent:	25212
Help Tibet Northern Branch	01/09	Mrs Howarth	Sed:	20090
History Society	01/09	Mr Cann	Sed:	20771
Howgill's Harmony	01/09	Mr Burbidge	Sed:	21166
Howgill Harriers	03/17	Mrs Houghton admin@howgillharriers.co.uk		
Howgill Toddlers	01/09	Mrs Alderson	Sed:	22050
Howgill Village Hall	01/09	Mrs Stainton	Sed:	20665
Kent Lune Trefoil Guild	12/13	Mrs Gilfellon	01524	781907
Killington Parish Hall	08/13	Mr Mather	015242	76333
Killington Sailing Association	12/08	Dr Ripley mylesripley52@gmail.com		
Labour Supporters Group *	12/17	Mr Cross	Sed:	22566

Ladies National Farmers Union	12/11	Mrs Sandys-Clarke	Sed:	21246	
Liberal Democrats	12/08	Mrs Minnitt	015242	72520	
Little People	12/14	Mrs Suttle	07810	833478	
Lunch Club	03/18	Mrs I'Anson	Sed:	21757	
Messy Church	09/14	Mrs Raw	Sed:	20542	
Methodist Church Hall	04/14	Mr Allen	Sed:	20194	
Orchestra (Sedbergh)	11/11	Mrs Smith	Sed:	21196	
Parent Support Group	01/09	Mrs Goad	Sed:	20402	
Parish Council - Dent	04/17	Mr Thornley	Dent:	25185	
Parish Council - Garsdale	12/14	Mr Johns	Sed:	22170	
Parish Council - Sedbergh	08/16	Mrs Hassam	07966	134554	
People's Hall	08/15	Sleepy Elephant	Sed:	21770	
Pepperpot Club - Sedbergh	01/09	Mrs Smith	Sed	21196	
Pistol and Rifle Club	01/09	Mr Middlemiss	Sed:	20662	
Playground - Sedbergh	04/14	Mrs Hassam	Sed:	20125	
Playgroup - Sedbergh	09/14	Mrs Kitchen	Sed:	20826	
Playing Field - Sedbergh	10/09	Mr Longlands	Sed:	20885	
Pulse Gym	03/10	Mrs Gold-Wood	Sed:	21808	
Red Squirrel Group - Sedbergh	04/17	Mr Hopps	07870	785322	
Residents Association - Sedbergh	01/09	Mrs Capstick	Sed:	20816	
Rose Community Theatre	08/15	Mrs Gold-Wood	Sed:	21808	
Schools	Dent Primary	03/13	School	Dent:	25259
	Dent Primary - Friends of	03/13	School	Dent:	25259
	Sedbergh Primary	01/09	School	Sed:	20510
	Settlebeck	01/09	School	Sed:	20383
	Settlebeck PTFA	04/15	Mr Hartley	Dent:	25317
	Sedbergh School	01/09	School	Sed:	20303
Scouts - Beavers	11/15	Mr Mawdsley	Sed:	20723	
Scouts - Cubs	11/15	Mr Mawdsley	Sed:	20723	
Scouts	01/09	Mr Mawdsley	Sed:	20723	
Scouts - Explorers	11/15	Mrs Colton	07789	906421	
Sight Advice South Lakeland	04/15	Miss Harper	Sed:	20613	
Sing Joyfully! (Casterton)	09/16	Mrs Micklithwaite	07952	601568	
South Lakeland Carers Association	01/09	Mrs Woof	Dent:	25212	
Spellbound Theatre	11/17	Miss Pakeman	Sed:	21279	
Squash Club	10/15	Mr Bannister	Sed:	21664	
Swimming Club	03/16	Mrs Thexton	kate574@btinternet.com		
Tennis Club	01/09	Mr Robinson	Sed:	21014	
Town Band	01/09	Mrs Waters	Sed:	20457	
Town Twinning Group	09/14	Mrs Garnett	Sed:	21138	
White Hart Sports and Social Club	01/09	The Committee	Sed:	20773	
Voluntary Car Scheme	06/15	Mr Dodgson	Sed:	20869	
Walking & Cycling Group	08/14	Miss Nelson	Sed:	21770	
Westmorland Gazette Correspondent	01/09	Mrs Gold-Wood	Sed:	21808	
Women's Institute - Dentdale	06/14	Mrs Belfield	Dent:	25775	
Women's Institute - Howgill	04/13	Mrs Hoggarth	01539	824663	
Women's Institute - Killington	01/09	Mrs Sharrocks	Sed:	20754	
Women's Institute - Sedbergh	12/13	Mrs Kernahan	Sed:	20733	
Yoga	11/16	Mrs Hennedy	Sed:	20899	
Young Cumbria	01/09	Mrs Hartley	01524	781177	
Young Farmers Club	11/15	Miss Thompson	07590	115844	
Young Kidz	01/09	Mrs Baines	Sed:	21287	

* = Latest Amendments

If there are any Groups missing and/or contact details are incorrect, please let us know.

BUS SERVICES

Sedbergh to Blackhall Rd, Kendal via Oxenholme					Blackhall Rd, Kendal to Sedbergh via Oxenholme				
Depart	Arrive				Depart	Arrive			
0754 (C, L)	0838	M - F	502	SCC	1030	1056 (L)	M - F	564	W
0940 (L)	1010	M - F	564	W	1300	1330 (L)	Wed	564A	W
1015 (L)	1045	Wed	564A	W	1330	1356 (L)	M - F	564	W
1240 (L)	1310	M - F	564	W	1705 (C)	1745 (L)	M - F	502	SCC
Sedbergh to Kirkby Stephen					Kirkby Stephen to Sedbergh				
1749 (L) (C)	1819	M - F	502	SCC	0728 (C)	0754 (L)	M - F	502	SCC
Sedbergh to Kirkby Lonsdale					Kirkby Lonsdale to Sedbergh				
0945 (L)	1018	Thu	567A	W	1215	1248 (L)	Thu	567A	W
Sedbergh to Dent					Dent to Sedbergh				
1330 (L)	1345	Wed	564A	W	1000	1015 (L)	Wed	564A	W
Last Update: May 2018									

L = Library

SCC = Stagecoach

C = College Days Only

W = Woof's of Sedbergh

*Whilst every effort has been made to ensure that the times shown are up to date,
they can change at short notice.*

For Comprehensive up-to-date information ring Traveline 0871 200 22 33 (Open : 7am - 8pm Daily)

Western Dales Bus S1 Kendal Shuttle Saturdays from 23rd June 2018 ufn				PLEASE SEE MAY TIMETABLE FOR 2nd, 9th & 16th June				
Kendal Morrisons		11.18	12.38	14.38				
Kendal Blackhall Road Bus Stn G	08.35	11.23	12.43	14.43	16.18			
Kendal K Village	..	11.28	16.25			
Oxenholme Station	..	11.33	16.30			
Killington M6 Bridge	08.50	11.43	12.58	14.58	16.40			
Sedbergh Dalesman	09.00	11.53	13.08	15.08	16.50	18.19		
Sedbergh Maryfell	..	11.55	13.10	15.10	16.52	18.21		
Dent Village	09.15		13.25		17.07	18.36	18.46R	
Dent Station	09.30				17.22		19.01R	
<i>Dent Station</i>								
<i>Train from Leeds</i>		09.15				18.15	19.42	
<i>Train from Carlisle</i>		09.06				17.34	19.38	
Dent Station		09.35				17.37	19.01R	
Dent Village		09.50		13.28		17.52	19.16R	
Sedbergh Maryfell	08.00	10.05	11.58	13.53	15.45	18.07	19.31R	
Sedbergh Library	08.02	10.07	12.00	13.55	15.47	18.09	19.33R	
Killington M6 Bridge	08.12	10.17	12.10	14.05	15.57			
Oxenholme Station	08.22	10.27	..	14.15	..			
Kendal K Village	08.27	10.32	..	14.20	..			
Kendal Blackhall Road Bus Stn	08.33	10.38	12.25	14.26	16.12			
Kendal Morrisons		10.43	12.30	14.31				
<i>R= calls on request only The 0935 from Dent Station will wait up to 10min beyond the scheduled departure for a late running train from Leeds.</i>								

BUS SERVICES

Western Dales Bus S3 Hawes Hopper Tuesdays only from 2nd May 2017 R = Request only			THIS SERVICE WILL CEASE ON 12th JUNE		
Dent	-	09:30	-	13:40	15:40 R
Spar	-	09:44	11:20	13:54	15:54 R
Library	-	09:45	11:21	13:55	15:55 R
Maryfell	-	09:47	11:23	13:57	15:57 R
Farfield Mill (entrance)	-	09:49	11:25	13:59	-
Garsdale Street	-	09:58	11:34	14:08	-
Garsdale Station Arrive	-	10:04	11:40	14:14	-
Garsdale Station Depart	-	10:06	11:42	14:16	-
Moorcock Inn	-	10:08	11:44	14:18	-
Hawes Creamery	-	10:19	11:55	14:29	-
Hawes Market Place	-	10:21	11:57	14:31	-
Hawes Dales Centre	-	10:23	11:59	14:33	-
<i>Garsdale Station</i>					
<i>Train to Carlisle</i>			10:21	12:17	14:20
<i>Train to Leeds</i>			10:02	13:02	15:13
Hawes Dales Centre		10:35	12:33	14:43	-
Hawes Market Place		10:40	12:35	14:45	-
Hawes Creamery		10:42	12:37	14:47	-
Moorcock Inn		10:53	12:48	14:58	-
Garsdale Station Arrive		10:55	12:50	15:00	-
Garsdale Station Depart		10:57	12:52	15:02	-
Garsdale Street		11:03	12:58	15:08	-
Farfield Mill (entrance)		11:12	13:07	15:17	-
Maryfell		11:14	13:09	15:19	-
Library	09:10	11:16	13:11	15:21	-
Opposite Morphet's Garage	09:11	11:17	13:12	15:22	-
Dent	09:25		13:26	15:36 R	-

* R = At 1522 at Sedbergh Spar the bus continues to Dent village only on request to the driver.

* Connection to Hawes from 1021 train provided by Little White Bus (tel 01969 667400).

* The bus can be boarded or alighted at any place it is safe to stop. Please give a clear indication to the driver.



BUS SERVICES

Western Dales Bus S4 Kirkby Stephen Connect from Thursday 21st June 2018 ufn R = Request only		SEE MAY TIMETABLE FOR 1st, 8th & 15th June				
	Thurs	Fri	Fri	Fri	Fri	
Dent			10.25		14.25	
Sedbergh, Spar			10.39	12.44	14.39	
Sedbergh, Dalesman	09.00		10.40	12.45	14.40	
Sedbergh, Maryfell	09.02		10.41	12.46	14.41	
Cautley, Cross Keys	09.10		10.48	12.53	14.48	
Fat Lamb	09.18		10.54	12.59	14.54	
Kirkby Stephen Station arr	09.24		11.01	13.06	15.01	
<i>Trains from Leeds to Carlisle</i>			11.06	12.35	15.01	
<i>Trains from Carlisle to Leeds</i>			11.46	-	15.46	
Kirkby Stephen Station dep	09.24		11.07	13.08	15.03	
Kirkby Stephen Town	09.29		11.12	13.13	15.08	
Kirkby Stephen Co-op	09.30		11.13	13.14	15.09	
Brough, Clock			11.21	13.22	15.17	
		Fri	Fri	Fri	Fri	Thurs
Brough, Clock			11.26	13.27	15.21	
Kirkby Stephen Co-op			11.34	13.35	15.30	16.35
Kirkby Stephen Town			11.35	13.36	15.33	16.36
Kirkby Stephen Station arr			11.40	13.41	15.38	16.41
<i>Trains from Leeds to Carlisle</i>			-	-	-	
<i>Trains from Carlisle to Leeds</i>			11.46	-	15.46	
Kirkby Stephen Station dep			11.47	13.43	15.48	16.41
Fat Lamb			11.54	13.50	15.55	16.48
Cautley, Cross Keys			12.00	13.56	16.01	16.55
Sedbergh, Maryfell			12.07	14.03	16.08	17.03
Sedbergh, Library		10.05	12.08	14.04	16.09	17.05
Sedbergh, opp. Morphets		10.06	12.09	14.05	16.10	
Dent		10.20	-	14.19	-	

Thurs = Thursday only

Fri = Friday Only



BUS SERVICES

S4/S5 Sedbergh – Kirkby Stephen – Ravenstonedale - Kendal via M6 Killington and Castle Green
Thursday Only commencing Thursday 21st June 2018 until further notice

Dalesman	09.00		
Sedbergh, Maryfell	09.02		
Cautley, Cross Keys	09.10		
Fat Lamb	09.18		
Kirkby Stephen Station entrance	09.24		
Kirkby Stephen Market Place	09.29		
Kirkby Stephen Co-op arr	09.30		
Kirkby Stephen Co-op dep	09.35	11.45	14.35
Kirkby Stephen, Market St	09.36	11.46	14.36
Kirkby Stephen Station entrance	09.41	11.51	14.41
<i>Trains from Leeds to Carlisle</i>	<i>09.34</i>	<i>11.06</i>	<i>15.01</i>
<i>Trains from Carlisle to Leeds</i>	<i>09.20</i>	<i>11.46</i>	<i>14.55</i>
Ravenstonedale, Kings Head	09.47	11.57	14.47
Newbiggin on Lune	09.50	12.00	14.50
Tebay roundabout	09.58	12.08	14.58
Killington M6 bridge	10.08	12.18	15.08
Kendal, Castle Green	10.17	12.27	15.17
Kendal, Blackhall Road	10.22	12.32	15.22
Kendal, Morrisons	10.27	12.37	15.27
Kendal, Morrisons	10.38	13.28	15.38
Kendal, Blackhall Road	10.45	13.35	15.45
Kendal, Castle Green	10.50	13.40	15.50
Killington, M6 bridge	10.59	13.49	15.59
Tebay roundabout	11.09	13.59	16.09
Newbiggin on Lune	11.17	14.07	16.17
Ravenstonedale, Kings Head	11.20	14.10	16.20
Kirkby Stephen Station entrance	11.27	14.17	16.27
<i>Trains from Leeds to Carlisle</i>	<i>11.06</i>	<i>15.01</i>	<i>17.03</i>
<i>Trains from Carlisle to Leeds</i>	<i>11.46</i>	<i>14.55</i>	<i>15.46</i>
Kirkby Stephen, Market Place	11.33	14.23	16.33
Kirkby Stephen Co-op arr			16.34
Kirkby Stephen Co-op dep			16.35
Kirkby Stephen Market St			16.36
Kirkby Stephen Station entrance			16.41
Fat Lamb			16.48
Cautley, Cross Keys			16.55
Sedbergh, Maryfell			17.03
Sedbergh, Library			17.05

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Combined plans for Western Dales Mission Community - June 2018

	Time	6 th	13 th	20 th	27 th	
St. Andrew's, Sedbergh LA10 5BZ	8am	Andy McMullon HC-BCP	Andy McMullon HC-BCP	Andy McMullon HC-BCP	Gary Wemyss HC-BCP	
St. Andrew's, Sedbergh LA10 5BZ	10.30am	Andy McMullon HC Ecu	Christine Brown HC	Andy McMullon HC	Judith Bush FS	
Cornerstone Community Church, Sedbergh LA10 5AF	10.30am	United Service with St. Andrew's or People's Hall	David Crouchley	William Allen 4pm- Messy Church	Chris Fawcett	
People's Hall Sedbergh LA10 5DQ	10.30am	David Crouchley				
St. Mark's, Cautley LA10 5LZ		2.30pm Andy McMullon HC	9.30am Judith Bush MP-NC		2.30pm Judith Bush Prayer & Meditation	
Cautley Methodist Chapel LA10 5LY	11am	Own Arrangement	Chris Fawcett	Philip Nolan	Special James Law	
St. John's, Garsdale LA10	10am	Gary Wemyss HC	At Low Smithy United Service	At Garsdale Street United Service	Church Warden SW	
Garsdale Low Smithy Methodist Chapel LA10 5PF	2pm	At St. John's United Service	United Service Philip Nolan	At Garsdale Street United Service	Brian Park	
Garsdale Street Methodist Chapel LA10	6.30pm	At St. John's United Service	At Garsdale Low Smithy United Service	2.00pm & 6.30pm United Service Camp Meeting Liz Whitfield	Pam Dent	
All Saints, Killington LA6 2HA	2pm	At Sedbergh	At Firbank	Gary Wemyss HC	At Howgill	
Holy Trinity Howgill LA10 5JD	2pm	At Sedbergh	At Firbank	At Killington	Gary Wemyss HC	
St. John's Firbank LA10 SEF	2pm	At Sedbergh	Andy McMullon HC	At Killington	At Howgill	
St. Andrew's, Dent LA10 5QL	10.30am	Christine Brown HC & Baptism	Andy McMullon HC	Christine Brown HC	Vernon Ross HC	
St. John's, Cowgill LA10 5RJ		9.00am Christine Brown HC	At Dent	2.30pm Church Warden EP	At Dent	
Dentdale Methodist Chapel LA10 5QJ	6.30pm	Pam Dent	Own Arrangement	Gordon Middleton	Susan Raw	
Dent Foot Methodist Chapel LA10	2pm	June Allen	David Crouchley HC	Own Arrangement	William Allen	
	Wednesday	6th	13th	20th	27th	
St. Andrew's, Sedbergh LA10 5BZ	11.15am	Andy McMullon HC-BCP	Andy McMullon HC-BCP	Mark l'Anson HC-BCP	Mark l'Anson HC-BCP	
HC- Holy Communion (HCx- Extended Communion) SW- Service of the Word FS- Family Service HS- Healing service				Ecu- Ecumenical CM- Choral Matins (BCP) MP-NC- Morning Prayer- Northumbrian EP- Evening Prayer		

Religious Services in Sedbergh

CHURCH OF ENGLAND

St. Andrew's Parish Church
Sunday 08.00, 10.30 & 18.30
Wednesday 11.15

Rev. A. McMullan Tel: 20018

Church Wardens:

Tony Reed Screen 21081
& Susan Sharrocks 20754

www.sedbergh.org.uk/churches/anglican

ROMAN CATHOLIC

St. Andrew's Parish Church
Sunday 12.00
Holy Days 19.30

Rev. Dr. Peter Campbell Tel: 20918

CORNERSTONE COMMUNITY CHURCH

New Street/Main Street
Sunday 10.30

Rev. David Crouchley Tel: 20329

SOCIETY OF FRIENDS

QUAKERS
Brigflatts
Sunday 10.30

Tess & Philip Satchell Tel: 20005

DENTDALE

CHRISTIAN FELLOWSHIP
Rhumes, Dent LA10 5QJ
Every 4th Sunday 1900
Sarah Woof Tel: 25212

*Enquiries for the following services,
please ring the relevant telephone number*

CHURCH OF ENGLAND

Cautley & Garsdale

Rev. Andy McMullan Tel: 20018

Church Wardens:

Cautley: Judith Bush 20058
& Maureen Hinch 20843

Garsdale: Rosemary Lord 20993
& Bill Mawdsley 20723

Firbank: Colin Wilson 20952
& Jean Dixon 20435

Hoggill: Helen Hoggarth 20805
& Pauline Marshall 21651

Killington: Jennifer Thornely 20444
& John Mather 015242 76333

Dent & Cowgill

Rev. Andy McMullan Tel: 20018

Rev. Christine Brown Tel: 25226

METHODIST CHURCH

Dent; Dent Foot;
Cautley; Fell End;

Garsdale Street; Garsdale Low Smithy;
Hawes Junction & Frostrow

Rev. David Crouchley Tel: 20329

SEDBERGH CHRISTIAN CENTRE

5.30 pm People's Hall every Sunday
Tel: 28151

www.sedberghchristiancentre.co.uk

worship@peopleshall

10:30 am 1st Sunday each month
Beth & Sandy Roy Tel: 20785

UNITARIAN & FREE CHRISTIAN CHAPEL

Market Place, Kendal
Sunday 11.00

Amanda Reynolds Tel: 07545 375721

Lookaround Advertising Rates

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Double Column 5.2" x 2"	= £15.00
Double Column 5.2" x 3"	= £20.00
Double Column 5.2" x 4"	= £25.00
B & B and Camp-sites	= £2.00
Personal & Small Ads	= £1.00
Postal per month to Britain	= £2.50
Postal per month Overseas	= £6.00

All information to
72 Main Street, Sedbergh LA10 5AD
Closing Date 15th of every month.
*Can all adverts please be
accompanied with the correct money
at the time of submission.*

*Last Advert Update August 1999
Last Donation Update December 2009
Last Postal Update September 2016*

DIARY OF EVENTS

Dates are held up to 13th March 2019.

Dates in **BOLD** are start & finish events.

Numbers in Brackets indicate Advert/Article on a Page.
Month in Bracket relates to issue that details last appeared.

JUNE

1	1030	Betty Brown Exhibition (5)	FM
1	1030	Nostalgia - Decorum Exhibition (5)	FM
1	1030	Life & Tradition in the Dales	DCMH
1		DHTF Barnard Castle (29)	DMH
2	1000	StAD Coffee Morning	New Street
2	1400	Red Squirrel Party (March)	Crooklands
2	1000	Country Fest	Crooklands
3	1000	Country Fest	
3		Sedbergh Music Festival (1)	StAS
3	1300	SCC v Hawes CC (26)	SSAT
3	1930	MF 'Gloria' (1)	STAS
4	1300	MF SS Young Musicians (1, 11)	STAS
4	1930	MF Kentdale Wind Quintet (1)	STAS
5	1300	MF Julian Cann & David Battersby (1)	STAS
6	1000	Weekly CM - Garsdale Church (4)	CCCM
6	1930	MF Castalia String Quartet (1)	STAS
7	1300	MF C Steele & P Noke (1)	STAS
7	1930	WIH&F - Aunt Edna's Hats	FCH
7	2000	MF T Little & M Roscoe (1)	STAS
7		Appleby Fair Begins	Appleby
8	1300	MF Joe Davies (1)	STAS
8	2000	MF Fistful of Spookies (1)	STAS
8	1000	Mindfulness & Meditation (8)	MCD
9	1000	FLOW with Tony Bennett (8)	7
9	1100	MF Pepperpot Coffee Morning (1)	2230
9	1930	MF Levens Choir (1)	SS
10	1030	Patchwork Bag Workshop (5)	10
10	1100	Rainbow Chakra Gong Bath (8)	1400
10		Appleby Fair Ends	Appleby
11	1300	Organ Recital (1, 11)	SS
11	2000	MF Sterling Trio (1)	STAS
12	1300	MF A Wightman & I Bearley (1)	STAS
12	1930	MF Sedbergh Town Band (1)	1700
12	TBA	WIK - Outing	1830
13	1000	Weekly CM - H&FWI (4)	1400
13	1300	MF Reflections in Poetry (1)	1000
13	1315	HS Barbon (4)	1000
13	1500	Pepperpot Tea Concert	1000
13	2000	MF Cornucopia (1)	1000
13		WID - Summer Outing	1000
13		WIS - Summer Outing	1000
14	1000	Cupcake Day (14)	Cross Keys
14	1030	Acrylic Painting Workshop (5)	FM
14	1200	Lunch Club Age UK	Dalesman
14	1300	MF Chetham's Hosp Young Musicians (1)	StAS
14	1300	MC Closed for Training (4)	MC
14	1800	Tea Time Concert (11)	SS
14	1915	Royal British Legion (62)	WHC
14	1930	Wind in the Willows (14)	CCCN
14	2000	MF Sedbergh Orchestra (1, 15 & 69)	StAS
15	1300	MF Harp Recital (1)	StAS
15	1930	MF Jamie Smith's MABON Wales (1)	StAS
16	1930	MF Sarah Beth Briggs Piano (1)	StAS
17	1030	MF SS Chapel Choir (1)	StAS
17		Sedbergh Music Festival Ends (1)	StAS
17	1600	Messy Church (17)	PH

19	1200	SASL - Summer Lunch/Outing	TBA
19	1930	Ladies NFU - Summer Outing	TBA
19	1900	Swift Celebration Evening (19 & 50)	STAS
19	1900	Allotments AGM	PH
20	1000	Weekly CM - Allotments (4)	CCCM
21	1200	HS Browsholme Hall & Gardens (4)	LHCP
21	1930	Wind in the Willows (21)	TIC
23	0930	Artisan Market	Sedbergh
23	1000	Coffee, Cakes & Crafts (ad)	CCCM
23		Painting Day (61)	CCCN
23	1930	Olde Time Dance (ph)	PH
23	1000	CM - Dentdale Chapel	DCS
24	1100	Drop In Meditation (8)	MCD
24	14	Aft SCC v Sedbergh School XI (26)	SS
27	1000	Weekly CM - Killington WI (4)	CCCM
26	1030	Betty Brown Exhibition Ends (5)	FM
30	1000	Dowbiggin Walk (25)	Straight Bridge
30	1030	Nostalgia - Decorum Exhibition Ends (5)	FM
30	1030	Spinning for Beginners (5)	FM
			JULY
		1 1030 Life & Tradition in the Dales	DCMH
		3 1030 Life & Tradition in the Dales Ends	DCMH
		4 1000 Weekly CM - Dementia Group (4)	CCCM
		4 Town Band AGM	
		5 1930 WIH&F - Members Evening	HVH
		6 1000 HS Heron Corn Mill (4)	LHCP
		6 DHTF Prosecco, Chocolate etc. (29)	
		7 1000 StAD Coffee Morning	DMH
		7 Summer Fayre	GVH
		7 2230 SS Fireworks (36)	SS
		10 1400 WIK - British from the bottom up	PH
		11 1000 Weekly CM - Royal British Legion (4)	CCCM
		11 1300 MC Closed for Training (4)	MC
		11 1915 WID - Weather & Climate	DMH
		11 1930 WIS - 30 Years Behind the Mike	PH
		12 1200 Lunch Club Age UK	Red Lion
		12 1915 Royal British Legion (62)	WHC
		13 1700 Sedbergh Sports Evening (53)	Buckbank Farm
		13 1830 PH Gala Evening (44 & 45)	PH
		14 1000 Summer Fair (54)	STAS
		18 1000 Weekly CM - Middleton Church (4)	CCCM
		21 1000 CM - Dentdale Chapel	DCS
		23 Holiday Club Starts (62)	PH
		25 1000 Weekly CM - Sedbergh WI (4)	CCCM
		27 Holiday Club Ends (62)	PH
		28 0930 Artisan Market	Sedbergh
			AUGUST
		1 1000 Weekly CM - Allotment (4)	CCCM
		2 1930 WIH&F - YDNP Ranger Paul Wilkinson	FCH
		4 1000 StAD Coffee Morning	DMH
		8 1000 Weekly CM - North West Cancer (4)	CCCM
		8 1915 WID - Blood Bikes	DMH
		8 1930 WIS - Games Night & Photo Share	PH
		9 1200 Lunch Club Age UK	Red Lion
		14 1400 WIK - Khiraule Education in Nepal	PH
		15 1000 Weekly CM - Garsdale Churches (4)	CCCM
		18 1000 CM - Dentdale Chapel	DCS
		22 1000 Weekly CM - Beekeepers (4)	CCCM
		24 Communication & Connection (8)	MCD
		25 0930 Artisan Market	Sedbergh
		25 1400 Afternoon Tea	GVH
		27 August Bank Holiday	

COVER PHOTO
Ingmire Gardens
David Lord

SEPTEMBER		
27 1200 Dent Gala	Dent	
29 1000 Weekly CM - St Andrew's Mission (4)	CCCM	
		OCTOBER
1 1000 StAD Coffee Morning	DMH	
1 1930 Flicks in the Fells (TBA)	PH	
5 1000 Weekly CM - Garsdale Church (4)	CCCM	
6 1930 WIH&F - The Smokery Haverigg HM Prison	HVH	
7 DHTF Icons, Techniques etc (29)		
8 1000 FLOW with Tony Bennett (8)	MCD	
11 1400 WIK - Why Not Alpacas?	PH	
12 1000 Weekly CM - Talking Lookaround (4)	CCCM	
12 1300 MC Closed for Training (4)	MC	
12 1915 WID - Open Meeting	DMH	
12 1930 WIS - A Little Bit of Art	PH	
13 Westmorland County Show	Crooklands	
13 1200 Lunch Club Age UK	Red Lion	
15 0930 Artisan Market	Sedbergh	
18 1400 SASL - TBA	PH	
18 1930 Ladies NFU - Fell Pony Society	PH	
19 1000 Weekly CM - St John's Hospice (4)	CCCM	
26 1000 Weekly CM - First Responders (4)	CCCM	
		NOVEMBER
3 1000 Weekly CM - Firbank Church (4)	CCCM	
4 1930 WIH&F - AGM & Advisor	FCH	
5 Sedbergh Booktown Festival	Sedbergh	
5 DHTF Alpac Farming (29)		
6 1000 StAD Coffee Morning	DMH	
6 1930 Flicks in the Fells (TBA)	PH	
6 Sedbergh Booktown Festival	Sedbergh	
7 Sedbergh Booktown Festival		
9 1400 WIK - Life of a Reservist RAF Padre	PH	
10 1000 Weekly CM - Christian Aid (4)	CCCM	
10 1300 MC Closed for Training (4)	MC	
10 1915 WID - Julehygge (correctly spelt)	DMH	
10 1930 WIS - Uplifting Stories	PH	
11 1200 Lunch Club Age UK	Red Lion	
11 1915 Royal British Legion (62)	WHC	
12 Release, Rebalance & Renew (8)	MCD	
13 1930 Olde Time Dance (ph)	PH	
16 1400 SASL - TBA	PH	
16 1930 Ladies NFU - Volunteering in Zambia	PH	
17 1000 Weekly CM - Middleton Church (4)	CCCM	
22 1930 Beetle Drive	GVH	
24 1000 Weekly CM - Garsdale/Cautley Ch's (4)	CCCM	
27 1000 Apple Day	PH	
28 Clocks Fall Back		
31 Halloween		
31 1000 Weekly CM - Bowling Club (4)	CCCM	
		NOVEMBER
1 1930 WIH&F - Morecambe Bay Safari	HVH	
2 1930 Autumn Domino Drive	HVH	
2 DHTF Plastic Wastes (29)		
3 1000 StAD Coffee Morning	DMH	
3 1900 Bonfire & Fireworks Night	GVH	
3 1930 Flicks in the Fells (TBA)	PH	
7 1000 Weekly CM - Royal British Legion (62)(4)	CCCM	
8 1200 Lunch Club Age UK	Red Lion	
8 1915 Royal British Legion (62)	WHC	

DIARY KEY		
AS	= Art Society	
BF	= Brigflatts	
BVH	= Barbon Village Hall	
CCCM	= Cornerstone Community Church, Main St	
CCCN	= Cornerstone Community Church, New St	
CM	= Coffee Morning	
CTiS	= Churches Together in Sedbergh	
CWT	= Cumbria Wildlife Trust	
DCMH	= Dales Countryside Museum, Hawes	
DCP	= Dent Car Park	
DCS	= Dentdale Chapel Schoolroom	
DHTF	= Dentdale, Head to Foot	
DMH	= Dent Memorial Hall	
DMC	= Dent Methodist Chapel	
FCH	= Firbank Church Hall	
FM	= Farfield Mill	
GH	= Gladstone House	
GVH	= Garsdale Village Hall	
HS	= History Society	
HVH	= Howgill Village Hall	
JLCP	= Joss Lane Car Park	
KPH	= Killington Parish Hall	
L	= Library, Main Street	
LHCP	= Loftus Hill Car Park	
MC	= Medical Centre	
MCD	= Meditation Centre, Dent	
PH	= People's Hall	
QG	= Queens Gardens	
RR	= Rawthey Room, 72 Main Street	
SASL	= Sight Advice South Lakeland	
SCC	= Sedbergh Cricket Club	
STAD/S	= St Andrew's Church, Dent/Sedbergh	
StJCC	= St Johns Church, Cowgill	
StMC	= St Mark's Church, Cautley	
SIC	= Sedbergh Information Centre, 72 Main St	
SPS	= Sedbergh Primary School	
SS	= Sedbergh School	
SSAT	= Settlebeck School Academy Trust	
WID	= Women's Institute, Dentdale	
WIHF	= Women's Institute, Howgill & Firbank	
WIK	= Women's Institute, Killington	
WIS	= Women's Institute, Sedbergh	
11	Remembrance Day	
11	Remembrance Day Concert	CCCM
14 1000	Weekly CM - LNFU (4)	CCCM
14 1300	MC Closed for Training (4)	MC
14 1915	WID - AGM	DMH
14 1930	WIS - AGM & Jacobs Join	PH
19 1930	Domino Drive	GVH
20 1400	SASL - Christmas Lunch	TBA
DMH	20 1930 Ladies NFU - Weaving with local wool	PH
GVH	21 1000 Weekly CM - TBA (4)	CCCM
PH	24 1100 Christmas Fair	StAS
28 1000	Weekly CM - Town Band (4)	CCCM
30	St Andrew's Day	
WHC	Folk Carols Festival Starts	Dent

PUBLIC INFORMATION

Sedbergh Medical Practice

01539 718191

When we are closed please ring
111 or 999 if appropriate

Option 1 - 24hr Prescription line

Surgery and Dispensary Opening Hours

Monday – Friday 8am – 6.30pm
(Doors open at 8.15am)

Doctors Clinics

Monday – Friday

Open Surgery – 8.30am – 10.00am

(No appointment necessary)

Late Morning – 10.30am -12.30pm

(By appointment only)

Afternoon – 2.30pm – 6pm

(By appointment only)

Surgery by appointment only –

Early Morning Tuesday & Thursday

Late evening Monday & Tuesday

Dent Surgery

Monday by appointment only

Practice Nurses Clinics

Monday – Friday – 8.30am -6pm

(By appointment only)

Baby Immunisations/Travel Clinic – Wednesday afternoons

(By appointment only)

Dressings Clinic – Friday afternoons

(By appointment only)

Blood clinic

Monday – Thursday – 8.20am – 12pm

(By appointment only)

Please telephone the surgery to make appointments for all the above clinics.

See our website

www.sedberghmhp.nhs.uk

for further details

Bridging the Gap

First Monday - 1400 - 1600

Mrs Colpus 01228 595937

Location of Public Defibrillators

72 Main Street

People's Hall, Howgill Lane

Fire Station, Long Lane

POLICE

101 or 999

Crimestoppers 0800 555 111

DENTAL SURGERY

Main Street 20626

Ben Houghton (principal), Ian Dawson,
Miss Katie McKay & Sarah Boom (Hygienist)

Monday to Friday 0900 - 1700

Saturday *

SEDBERGH LIBRARY Main Street 20186

Monday 1700 - 1900

Wednesday 1000 - 1230 1400 - 1700

Friday 1400 - 1700

Saturday 1000 - 1230

DENT LIBRARY Main Street 01539 713520

Tuesday 0900 - 1900

Saturday 0900 - 1400

SEDBERGH & DISTRICT INFORMATION CENTRE

for resident & visitor information

72 Main Street, Sedbergh

Open Monday to Saturday 1000 - 1600

Sunday 1200 to 1600

e-mail: tic@sedbergh.org.uk

Tel: 015396 20125/20504

www.sedbergh.org.uk

If you are an event organiser or accommodation provider and you would like a listing on the website, or if you are a local organisation and want the website to carry information about your activities, please email the Information and Book Centre on office@sedbergh.org.uk.

VETERINARY SURGERY

14 Long Lane

015396 20335 (including emergencies)

Mr N. Preston & Mr J. Bramley

Dispensary Monday to Friday 0900 - 1300

1400 - 1700

Consultations Monday to Friday 0900 - 1000 *

1400 - 1500 *

Other times by appointment only *

PUBLIC TOILETS

Main Street, Sedbergh

Main Street, Dent

MARKET DAY

WEDNESDAY

Last Page Update:

March 2018