What You Get:

Feature	Before	After
Test commands	1 (test)	15+ (unit, integration, watch, etc.)
Code quality	Basic	Comprehensive (format, lint, type-check)
Workflows	Manual	Automated (check, pre-commit, pre-push)
Cleanup	Basic	Thorough (separate targets)
Help	Basic	Color-coded, organized
Aliases	None	Yes (t, tf, l, f, c)
CI support	No	Yes (ci, test-ci targets)