

Public transport routes to Capstan House, E14 2BH

2 minute walk from East
India DLR (Zone 2/3)

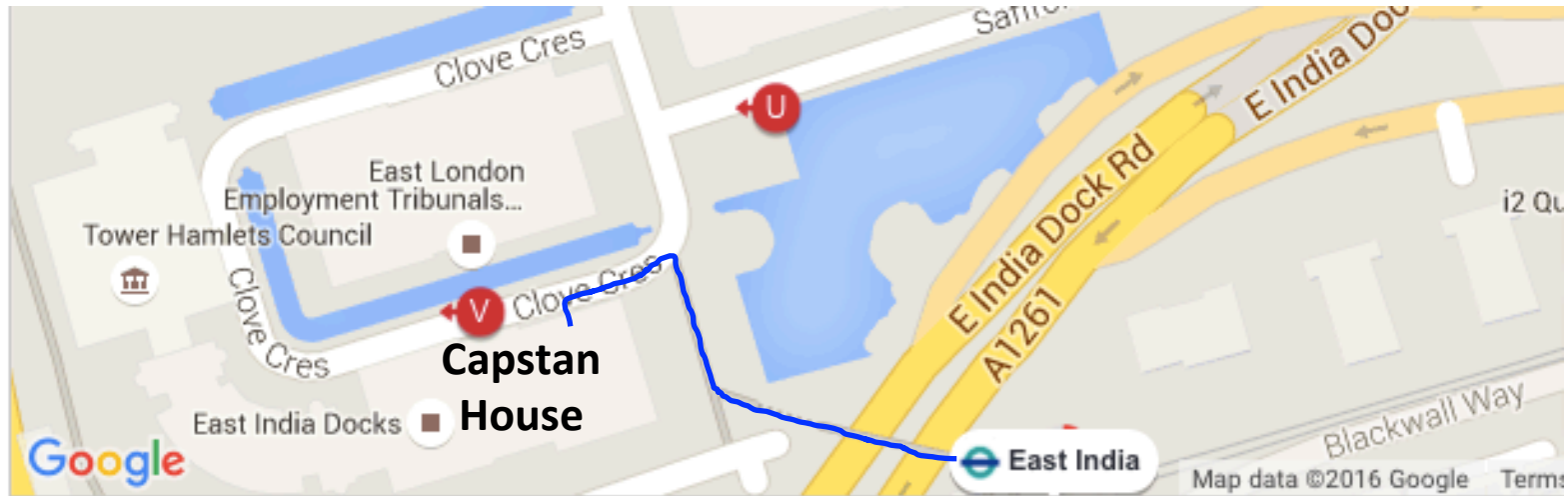


From (to East India)	Duration	Frequency
Bank	12 minutes	Every 10 minutes
Tower Gateway	11 minutes	
Canning Town (Jubilee Line)	2 minutes	
Canary Wharf (change at Westferry or Canning Town)	9 minutes	



From	Number	Frequency
Highbury & Islington	277	5-10 minutes
Aldgate East	115	4-12 minutes
Trafalgar Square (to Blackwall)	15	6-10 minutes

Public transport routes from Capstan House -DLR



East India DLR – 2 minute walk from Capstan House via the footbridge

Last trains:

To	Mon – Sat
Bank	00:25
Tower Gateway	00:39
Beckton	00:41
Woolwich Arsenal	00:45



Public transport routes from Capstan House – Bus routes (running hours)

Stop E: Westbound

115 to Aldgate East (05:44-01:12)

N15 to Charing Cross (01:20-05:59)

N550 to Trafalgar Square (01:20-06:07)

N551 to Trafalgar Square (00:47-06:09)

Stop V: Westbound

277 to Highbury & Islington (24h)

