

Full name of patient: Mrs Huda Al Shamsi

Patient ID: 223458976

Age of patient: 71 years old

Gender: Female

Address: Fujairah, UAE

Patient's clinical history:

Mrs Huda was brought in by her nephew, Mr Khalid Al Shamsi. She is a 71-year-old retired tailor, widowed, and lives in Fujairah with her extended family.

Mrs Huda has a long history of **Arthritis**, specifically osteoarthritis, diagnosed in her late 50s. She also has a secondary diagnosis of **Obesity**, which has exacerbated her joint pain. She was last admitted to Noor Specialist Hospital in November 2023 for severe joint inflammation and mobility issues.

Diagnosis / Medical condition:

1. Osteoarthritis
2. Obesity

Treatment result:

Mrs Huda required assistance walking and used a walker. She was alert and responsive, oriented to time and place, and expressed concern about her declining mobility. She was advised to undergo physiotherapy and consider a weight management plan tailored to her condition.