

**Full name of patient:** Mrs Aisha Al Muhairi

**Patient ID:** 219874512

**Age of patient:** 63 years old

**Gender:** Female

**Address:** Abu Dhabi, UAE

**Patient's clinical history:**

Mrs Aisha Al Muhairi was accompanied by her daughter, Ms Fatima Al Muhairi, for the examination. Mrs Aisha is a 63-year-old widow, retired schoolteacher, currently residing with her daughter in Abu Dhabi.

Mrs Aisha has been diagnosed with **Diabetes Mellitus** since 2005. She has also suffered from **Hypertension** for the past 10 years. Her condition has been relatively stable with ongoing medication. However, she was recently admitted to Crescent Hospital on 10 March 2023 due to a spike in blood glucose levels and signs of early nephropathy.

Upon discharge, she was advised to follow up with the endocrinology and nephrology departments for continuous monitoring and dietary adjustments.

**Diagnosis / Medical condition:**

1. Diabetes Mellitus
2. Hypertension

**Treatment result:**

Mrs Aisha was alert and cooperative during the examination. Her mood was stable, and she demonstrated good awareness of her condition and treatment plan. She was oriented to time, place, and person, and was able to recall important dates and events clearly. No signs of cognitive impairment were observed.