# Stat 201: Statistics I Chapter 1



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# Chapter 1 Introduction to Statistics

# Section 1.1 Statistical and Critical Thinking

## What is statistics?

"Statistics is the language of science."

Statistics is also the language of...

- Politics (both campaigns and public policy)
- Economics
- Business
- Psychology and social sciences
- . . .

## What is statisites?

Statistics is the science of using data to learn about the world.

**Data** are collections of observations, such as measurements, biographical information or survey responses.

Statistics is involved in...

- Designing studies and experiments
- Collecting data
- Producing informative summaries of data
- Analyzing data
- Interpreting results (answering questions)

# **Populations and samples**

A **population** is any group that we are interested in knowing something about.

A **census** is when data is collected from *every* member of a population.

A **sample** is a subset of a population used to represent the whole population.

# **Population and sample examples**

Population	Sample
The entire population of the United States	Respondents to an internet survey
Males over 40 who have high blood pressure	High blood pressure patients in a clinical trial
Students enrolled at Metro State in 2017	You (the students in this class)
Statistics classes in Minnesota	The summer semester statistics classes at Metro State

# Statistical thinking

#### **Prepare**

- 1 Context
- 2 Source of the data
- 3 Sampling method

#### **Analyze**

- 1 Graph the data
- 2 Explore the data
- 3 Apply statistical method

#### Conclude

1 Significance

## **Prepare: Context**

- What do the data mean?
- What is the goal of the study?
- Can the data answer the question of interest?

### **Example**

Suppose a group of researchers wants to study the association between intelligence and grades. So, they collect the GPAs of a random sample of students and measure their skull circumference. . .

#### Note

This is not a completely made up example. Phrenology was the study of skull sizes and shapes, and was used as recently as the early 20th century to "prove" that non-white races were inferior and to diagnose mental illness.

## Prepare: Source of the data

• Are the data from a source with a special interest so that there is pressure to obtain results that are favorable to the source?

#### **Example**

According to an article in the NY Daily News from June, 2014, titled, "Strip down: Sleeping naked is good for your relationship, survey says" (link)...

From a survey of 1000 British couples, "57% of those who reported sleeping in the buff said they felt happy, compared with 48% of pajama wearers and 43% of nightie wearers."

• The survey was conducted by Cotton USA.

# **Prepare: Sampling method**

• Were the data collected in a way that is biased?

A **voluntary response sample** (or **self-selected sample**) is one in which the respondents themselves decide whether to be included.

- Call-in polls to radio or tv stations. . .
- Online surveys. . .
- Trending on twitter...

## **Analyze**

- 1 Graph the data
- 2 Explore the data
  - Are there any outliers?
  - What important statistics summarize the data?
  - How are the data distributed?
  - Are there missing data?
- 3 Apply statistical method

Most of the course concerns the analyze step.

# **Conclude: Significance**

- Do the results have statistical significance?
  - Statistical significance is a measure of how unlikely observed results are given certain assumptions.
  - Statistical significance is determined by many factors, including study design.
- Do the results have practical significance?
  - Do the results matter?

#### Example

A clinical trial shows a new drug lowers systolic blood pressure by an average of 3 mmHg. Results might be statistically significant, but are probably not practically significant.

## Potential pitfalls: Misleading conclusions

Mistaking an association or relationship between two variables or factors for one factor causing the other.

#### !!!

Correlation does not imply causation.

#### Example

Recall the sleeping naked study.

Though the article made the claim that sleeping naked **caused** happier relationships, the study merely pointed to an association.

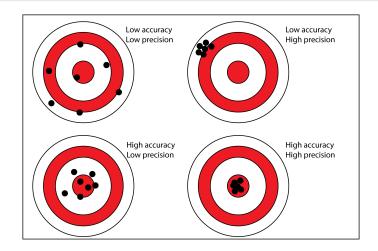
There are many other possible explanations for that association. This study alone does not provide evidence for which explanation is "true".

# Other potential pitfalls

- Reported results are data provided by the subjects of a study, rather than measured directly.
- **Sample size** is important. Be wary of results drawn from very small samples.
- Loaded questions are those designed to elicit a particular response or to influence the subject.
  - Also known as: push polls
- The **order of questions** can influence responses.
- Missing data can introduce bias if there are characteristics shared by subjects who have missing data or those who do not.

## Potential pitfalls: Precise numbers

Precision is not the same thing as accuracy.



## Potential pitfalls: Percentages

Sometimes percentages are used in confusing ways. Remember, 100% of a thing is all of it. Percentages above 100, or phrases like "a reduction of 100%", do not always have clear meanings.

# Percentages: Review

- A percentage is number describing a proportion as an amount out of 100 (per cent).
- We can also describe a proportion as a fraction of 1.

$$\frac{50}{100} = \frac{1}{2} \quad \Rightarrow \quad 50\% = .50$$

- ullet 100% represents a whole, just as for proportions 1 represents a whole.
- It often doesn't make sense to talk about percentages greater than 100%.

# **Percentages: Calculations**

To convert from percentage to proportion, divide by 100:

$$56\% \Rightarrow \frac{56}{100} = 0.56$$

To convert from proportion to percentage, multiply by 100:

$$\frac{5}{8} = 0.625 \quad \Rightarrow \quad 0.625 \times 100 = 62.5\%$$

To find the quantity a percentage represents:

13% of 264 
$$\Rightarrow \frac{13}{100} \times 264 = 34.32$$

To find the percentage a quantity represents:

135 out of 475 
$$\Rightarrow \frac{135}{475} \times 100 = 28.42...\%$$

# Section 1.2 Types of Data

## Parameters and statistics

A parameter is a value describing an aspect of a population.

A statistic is a value describing an aspect of a sample.

- The average height of adult men in the U.S. is 72 inches: Parameter
- The average height of 30 randomly selected male Metro State students is 68.5 inches: **Statistic**

## Types of data

**Quantitative** data are numbers representing amounts, sizes, time or other measurements.

Also known as: Numeric

### **Example**

Class size, height, age, systolic blood pressure, temperature

Categorical data are values representing groups or categories.

• Also known as: qualitative, attribute

#### **Example**

Gender, state of residence, football player's numbers, pain scale

# Types of data: Quantitative

**Discrete** data have a finite, or countably infinite, number of possible values. There are gaps in the possible values.

#### **Example**

Class size: can't have a class size of 22.5

**Continuous** data have an infinite number of possible values. There are no gaps in possible values.

#### **Example**

Height: a height of 70.2641... inches is possible (not necessarily useful, but possible)

## Levels of measurement

- Nominal
- Ordinal
- Interval
- Ratio

## Levels of measurement: Nominal

The **nominal** level of measurement is categorical data that are names or labels for groups or categories. There is no reasonable order or ranking to the categories.

#### **Example**

- Gender: male or female
- State of residence: Minnesota, Wisconsin, etc.

#### Hint

The root word nom means "name".

## Levels of measurement: Ordinal

The **ordinal** level of measure is categorical data that are naturally ordered or ranked.

- Pain scale: No pain < Moderate pain < Heavy pain
- Grades: A > B > C > D > F

## Levels of measurement: Interval

The **interval** level of measurement is quantitative data where the difference between values has meaning but where there is no natural "zero".

- Temperature: The difference between 101°F and 98.6°F is meaningful, but 0°F does not mean no temperature.
- Year: 2017 is four years after 2013, but year 0 does not mean no years.

## Levels of measurement: Ratio

The **ratio** level of measurement is quantitative data where the difference between values and relative sizes of values have meaning. There is a natural "zero".

- Age: Someone who is 40 years old is *twice* as old as someone who is 20 years old. Zero does mean no age.
- Height: A tree that is 10 feet tall is one third as tall as a tree that is 30 feet tall. Zero does mean no height.

# Section 1.3 Collecting Sample Data

# **Samples**

- Recall, when we want to know something about a population and we can't collect data from the entire population, we can collect data from a subset, or a sample, of the population instead.
- We can then use statistics to learn something about the whole population.
- Therefore, how we pick our sample is very important in how valid the interpretation of our results are.

## **Example**

 Suppose an organization is interesting in the taco consumption by Metro State students. It would be difficult, if not impossible, to ask every student about their taco eating habits. A sample is needed.

# Types of samples: Random sample

A **random sample** is a sample selected such that every individual member of a population has an equal chance of being included.

A **simple random sample** is a sample selected such that every possible sample of a specific size has an equal chance of being selected.

• These are the "best" kind of samples for producing valid, unbiased results, but they are not always easy to get.

#### **Example**

• Given an alphabetical list of students, use a random number generator to select a sample.

# Types of samples: Systematic sampling

**Systematic sampling** is a method where every kth member of a population is selected.

 These samples are ofter easier to produce, but can lead to biased samples.

#### **Example**

• Given an alphabetical list of students, select every fifth student until you have a sample of the desired size.

# Types of samples: Convenience sampling

**Convenience sampling** is a method of choosing members of a population that are nearby or easy to access.

 The easiest of all methods, but by far the lowest quality data for producing results.

- Wander the halls before class, asking students who happen to walk by.
- Put a poll on the Metro State website.

# Types of samples: Stratified sampling

**Stratified sampling** is a method where the population is divided into groups and samples are selected from each group.

 Useful when you want to ensure that a factor of interest has enough representation, but it is not a random sample as we have defined it.

#### **Example**

• If we have particular interest in the taco consuming difference between graduate students and undergrads, select a sample from each group.

# Types of samples: Cluster sampling

**Cluster sampling** is a method where the population is divided into sections or clusters. Then, a number of clusters are randomly selected and all members of the clusters are included in the sample.

 More convenient than some methods, but better randomization the pure convenience sampling.

#### **Example**

Choose 5 random classes, and survey all the students in those classes.

# Types of samples: Multistage sampling

**Multistage sampling** is a when a combination of methods are used to produce a sample.

#### Example

• Choose random classes by cluster sampling, and then take a simple random sample of students from each chosen class.

## Types of studies

In an **observational study** data is collected from a sample without trying to modify behavior or results.

In an **experiment** a change (treatment) is made to some or all of sample and then data is collected in order to detect changes.

# Types of observational studies

A **cross-sectional** study measures and collects data from one point in time (the present).

A **retrospective** study collects data from the past, whether from recollections or by examining records.

Also know as: case-control

A **prospective** study follows subjects into the future to measure and collect data.

• Also know as: longitudinal study, cohort study

# **Experiment design: Replication**

**Replication** is the repetition of the experiment on more than one individual or in more than one study.

- Experimental studies should have adequate sample sizes to ensure that observed effects are "true" effects and not due to individual characteristics or chance.
- Experimental studies should be, but rarely are, repeated by different researchers to verify results.

# **Experimental design: Blinding**

**Blinding** is the process of hiding which treatment or lack of treatment a subject is receiving from one or more groups of study participants. This is done in order to reduce bias in the results.

- A **single blinded** study is one where the subjects don't know what treatments they are receiving.
- A **double blinded** study is one where both the subjects and the researchers administrating treatment and gathering results don't know which treatment the subjects are receiving.

The **placebo effect** is a phenomenon where people who believe they are being treated demonstrate improvement.

## **Experimental design: Randomization**

**Randomization** is the process selecting samples and assigning treatment groups randomly. This is done to ensure that samples are representative os populations and that characteristics are evenly distributed among treatment groups.

**Confounding variables** (or just confounders) are unmeasured and possible unknown factors that affect the experimental outcome.