



# INCENSE



## HOW TO USE:

Establish a prayer or good intent before lighting the incense.  
Light up the incense using a match or a candle. Hold the unlighted portion of the incense.  
Once ignited, blow out the flames, and it should produce a scented smell.  
Wave the incense.  
To secure, place it in the incense holder.



## WHEN TO USE:



To attract vital energy.



Dealing with bad luck and spirits.



You may light up the incense everyday.



When clearing negative energies and inviting positives in



## CARE TIPS AND GENERAL GUIDELINES:

- ✓ Avoid damaging the incense.
- ✓ Refrain from folding the stick as it will break and snap.
- ✓ Do not soak in water.
- ✓ Do not expose the stick to any concentrated liquids (for example, strong perfumes and acids).
- ✓ Only light the tip of the incense.
- ✓ If it is a scented incense, make sure you are not allergic to the scent.

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