

- 1. A water bottle or sippy cup with a lid. Please send something that your child is comfortable drinking out of. water bottles will be sent home daily.
- 2. **Diapers** we can store a large package and will let you know when your child runs out. Please label.
- 3. **Wipes** please provide one pack of wipes to start and we will let you know when your child runs out.
- 4. A **blanket or sleep sac** that will remain at the center. If your child uses a stuffie, soother, or comfort item for nap time please send this as well.
- 5. A **change of clothing** to remain in your child's cubby in a backpack or can be sent home if required on a daily basis.
- 6. For outside "weather appropriate" clothing needed mitts, tuque. We do go outside daily year-round.
- 7. **Sunscreen** during the summer months. Parents will apply in the morning and we will reapply if we go outside later in the day.
- 8. **Lunch:** Please send it prepared and we are happy to heat it up and serve. We are also happy to help the children eat if necessary, however with several children in our care we ask that you send some finger foods as well.
- 9. **Snack**: Please pack two healthy snacks for your child. refer to Canadian food guide. information also available in parent handbook.
- 10. Prepared bottles if applicable.
- 11. We recommend labelling as much as possible to limit personal items being lost or mixed up.
- 12. A **family photo**. These will be laminated and put out for the children's use. They are a way for your child to feel connected to you as they settle into a new environment.

^{*}Your child's file must be completed before they are left in our care.