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| Frameworks & proGramming Languages Used  * C# * JavaScript/ES6 * HTML5 * CSS * SQL * .NET * Entity Framework * Microsoft SQL Server * Git/GitHub * Mongo DB * Express * Node.js * React * Blazor WASM * Semantic UI * Material UI * Azure * Netlify  Contact Websites I’ve created/deployed:   * [**https://www.sejose.tech/**](https://www.sejose.tech/)   + Best viewed on desktop * [**https://fervent-darwin-5bcd5e.netlify.app/**](https://fervent-darwin-5bcd5e.netlify.app/) * [**https://thebugtrack.azurewebsites.net**](https://thebugtrack.azurewebsites.net) * [**https://www.linkedin.com/in/sean-joseph-41ab49114/**](https://www.linkedin.com/in/sean-joseph-41ab49114/) * [**https://github.com/sejogit28**](https://github.com/sejogit28)   PHONE:  609-578-8577(Mobile)  Current Address:  202 4th Street, Des Moines Iowa, 50309  Email:  [Sejogoo@gmail.com](mailto:Sejogoo@gmail.com) |  | WORK EXPERIENCEFull Stack(React | .Net | MERN (MongoDb, Express, React, Node Stack) DeveloperDes Moines, IowaSeptember 2020 - Present Created three primary projects including:   1. March 10, 2021 – May 23, 2021:  * An Expense Tracker built using Blazor Web Assembly, .NET 5 Web API, Entity Framework(code-first) and Microsoft SQL Server and deployed with Azure. * Implements authentication/authorization using Identity and a clean architecture approach. * This project was made as a way for couples and groups of friends to track their income monthly. It uses principles from “The Science of Great UI” to improve user experience and intuitiveness.  1. January 23, 2021 – March 2, 2021:  * A blog built with the MERN(MongoDB, Express, React and Node) Stack(also utilizes Semantic UI). * Implements authentication and authorization(google OAuth), a real-time, nested comment system, picture upload, pagination, and search bar functionality. * This application was built as a way for a content creator to connect with their audience. The nested/real time comment system allows for fast feedback between author and reader upon posting of a new article. Google OAuth can allow for an easier sign in process that makes following the creator from the creator’s social media pages easier.  1. November 10, 2020 – November 24, 2020:  * A bug tracker built using .NET 5(Model-View-Controller). * Implements a roles system, security using Identity, Entity Framework(code-first), and picture upload. Deployed with Azure. * Was built for organizations to have the ability to track bugs/issues when working on projects. Has multi-tiered roles system that separates concerns for different team members.   Currently building:   * A fitness web application using React, .NET 5 web API, Entity Framework(code first) and Microsoft SQL Server. * This application will allow different fitness professionals to create and prescribe exercise programs in a more efficient and effective way, work with other coaches and save workouts and programs for later use. |

#### Engineered Per4mance, Strength and Conditioning Coach

#### Des Moines, Iowa

December 2020 – Present

* Efficiently communicated with and taught athletes ranging from ages 8-17.
* Trusted to take over programming and planning for several Engineered Per4mance projects in less than one month of employment
* Continued to develop efficient communication skills based in neuroscience.

#### St. Francis Brooklyn, Strength and Conditioning Coach

#### Brooklyn, NY

March 2020 – September 2020

* Moderated sports nutrition talks over zoom to efficiently convey information to student athletes
* Primary sports nutrition contact for teams including collaborating with coaches on recovery nutrition for pre/post game meals, techniques to maintain a healthy immune system and rehydration protocols for practices and games.

#### Long Island University ~Brooklyn Campus, Strength and Conditioning Coach

#### Brooklyn, NY

August 2016 – September 2020

* Promoted from volunteer assistant to head of department(full time, salaried employee)
* Responsible for communicating with 16 different head coaches to ensure different requirements were being met based off individual team needs
* Effectively communicated with groups of anywhere from five to thirty athletes at one time and tailored communication to individual athletes level of understanding
* Directed budgeting and equipment acquisition for department

## EDUCATION

#### Long Island University(Brooklyn Campus)

* Bachelors, Sports Science
  + May 2014
  + GPA: 3.6
* Masters, Exercise Science
  + May 2016
  + GPA: 3.9