

Phishing Awareness Training

Protect Yourself from Cyber Threats



What is Phishing?

Definition: Phishing is a cybercrime where attackers impersonate legitimate organizations to steal sensitive information such as passwords, credit card numbers, and personal data.

Key Statistics:

90% of data breaches start with phishing

1 in 4,200 emails is a phishing attempt

Average cost: \$14.8 million per incident

Types of Phishing Attacks



1. Email Phishing

Fraudulent emails appearing to come from trusted sources

2. Spear Phishing

Targeted attacks aimed at specific individuals or organizations

3. Whaling

Attacks targeting high-profile executives (CEOs, CFOs)

Types of Phishing Attacks



4. Smishing (SMS Phishing)

Phishing via text messages

5. Vishing (Voice Phishing)

Phishing through phone calls





Red Flags in Phishing Emails

Warning Signs to Watch For:

X Suspicious Sender Address

- Look beyond the display name
- Check for misspellings:
paypa1.com vs paypal.com

X Urgent or Threatening Language

- "Act now or lose your account!"
- "Immediate action required!"



Red Flags in Phishing Emails

X **Generic Greetings**

- "Dear Customer" instead of your name

X **Suspicious Links & Attachments**

- Hover to reveal the real URL

X **Poor Grammar & Spelling**

- Professional companies proofread

Real-World Phishing Example

From: security-alert@bankofamerica-verify.com

Subject: URGENT: Suspicious Activity Detected

Dear Valued Customer,

We have detected unusual activity on your account.
For your security, we have temporarily suspended
your online banking access.

To restore your account immediately, click below:
[Verify My Account Now]

You must complete this within 24 hours or your
account will be permanently closed.

Bank of America Security Team

Red Flags Identified:

- 🚨 Fake domain: "bankofamerica-verify.com"
- 🚨 Generic greeting
- 🚨 Creates urgency and fear
- 🚨 Suspicious link
- 🚨 Threatens account closure



Spotting Fake Websites



Legitimate vs. Phishing URLs

- ✓ Legitimate: <https://www.paypal.com>
- ✗ Phishing: <http://paypal-security.com>
- ✗ Phishing: <https://paypal.verify-account.net>

- *Visual Clues:*

Missing HTTPS padlock

Misspelled domain names

Extra words or hyphens

Unusual top-level domains (.xyz, .tk)

Social Engineering Tactics



Attackers manipulate human psychology to bypass security



Common Tactics:




Pretexting - Creating fabricated scenarios *Example:* "Hi, this is IT. We need need your password to fix a server issue."




Urgency - Creating time pressure *Example:* "Act in 1 hour or lose your account!"

Social Engineering Tactics




 **Authority** - Impersonating someone in power *Example:* "This is the CEO, process this wire transfer now."




 **Baiting** - Offering enticing rewards *Example:* "You've won a free iPhone!"



 **Trust** - Exploiting relationships *Example:* "Hey, it's your colleague from HR..."



 **Fear** - Threatening consequences *Example:* "IRS will file charges unless you pay immediately."

How Phishing Works

1. **Reconnaissance** → Attacker gathers information
2. **Email Creation** → Crafts convincing fake message
3. **Delivery** → Sends to target victims
4. **Victim Action** → Clicks link or opens attachment
5. **Data Theft** → Credentials stolen or malware installed
6. **Exploitation** → Attacker uses stolen information



Best Practices Verify Before You Trust

✓ DO:

- Hover over links to check the real URL
- Contact companies directly using official channels
- Type URLs directly into your browser
- Verify requests through separate communication
- Check sender email addresses carefully



Best Practices Verify Before You Trust

✗ DON'T:



- Click links in unexpected emails
- Call phone numbers from suspicious emails
- Download attachments from unknown sources
- Share sensitive info via email
- Rush to respond to urgent requests





Security Measures

Protect Yourself:


-  **Multi-Factor Authentication (MFA)** Add an extra layer of security to your accounts
-  **Strong, Unique Passwords** Use a password manager for complex passwords
-  **Regular Updates** Keep software and systems up to date
-  **Antivirus Software** Install and maintain security software
-  **Security Training** Stay informed about latest threats

What to Do if You're Targeted

Immediate Actions:

- **DON'T PANIC** - Stay calm and assess
- **DON'T CLICK** - Avoid clicking any links
- **VERIFY** - Contact the company directly
- **REPORT** - Alert your IT/security team
- **DELETE** - Remove the suspicious email
- **CHANGE PASSWORDS** - If you clicked, change credentials
- **MONITOR** - Watch for suspicious account activity





QUIZ TIME

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