



SEABORN

HDSC Winter: Capstone Project

**Using Diet Analysis to Predict and Prevent
Child Malnutrition**



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Using Diet Analysis to Predict and Prevent Child Malnutrition



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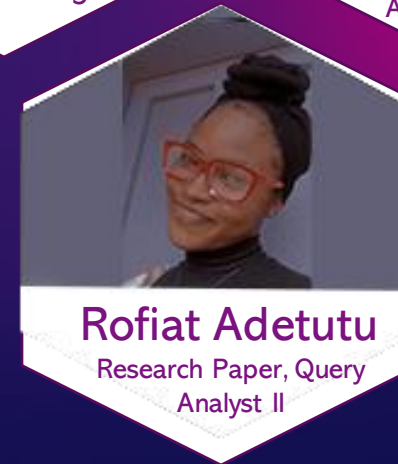
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AGENDA

- Our Team
- Agenda
- Introduction
- Problem Statement
- Existing solution
- Our Approach
- Dataset Description
- Models
- Summary & Recommendation

UNDERSTANDING CHILD MALNUTRITION

Using Diet Analysis to Predict and Prevent Child malnutrition



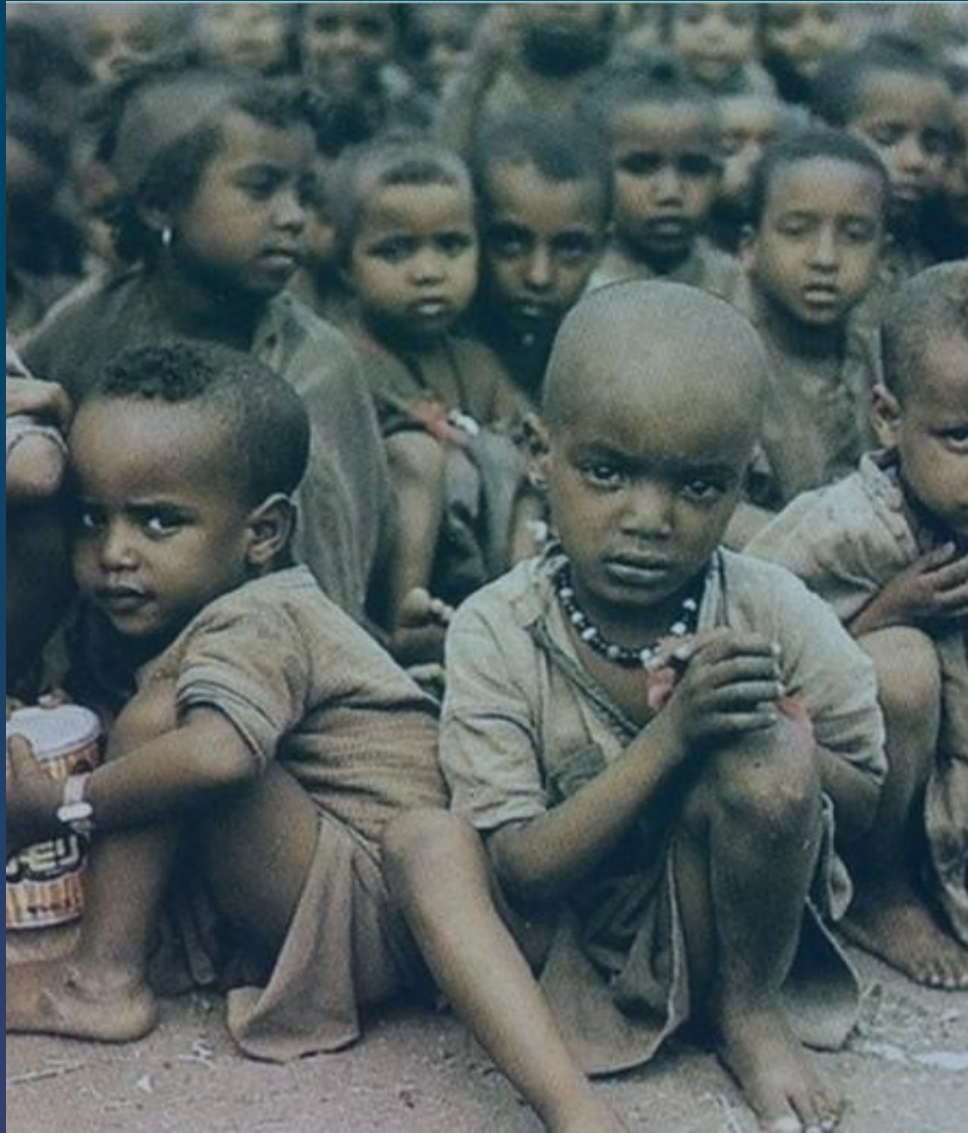
Child Malnutrition

- Child malnutrition refers to a condition where a child's body does not get adequate nutrients required for growth and development



Types

- Undernutrition
- Micronutrient deficiencies
- Micronutrient deficiencies



PROBLEM STATEMENT

USING DIET ANALYSIS TO PREDICT AND PREVENT CHILD MALNUTRITION

Diet analysis can be a valuable tool
in predicting and preventing child
malnutrition.

PREDICT

Assessing dietary intake and
Identifying nutritional gaps.

PREVENT

Discuss solution to mitigate the
problem using diet analysis.

EXISTING SOLUTION



MACHINE LEARNING MODEL

Existing products and solutions such as:

- WFTP's NutriGIS
- NutriPhone

OUR APPROACH



OPEN EXPLORATORY ANALYSIS

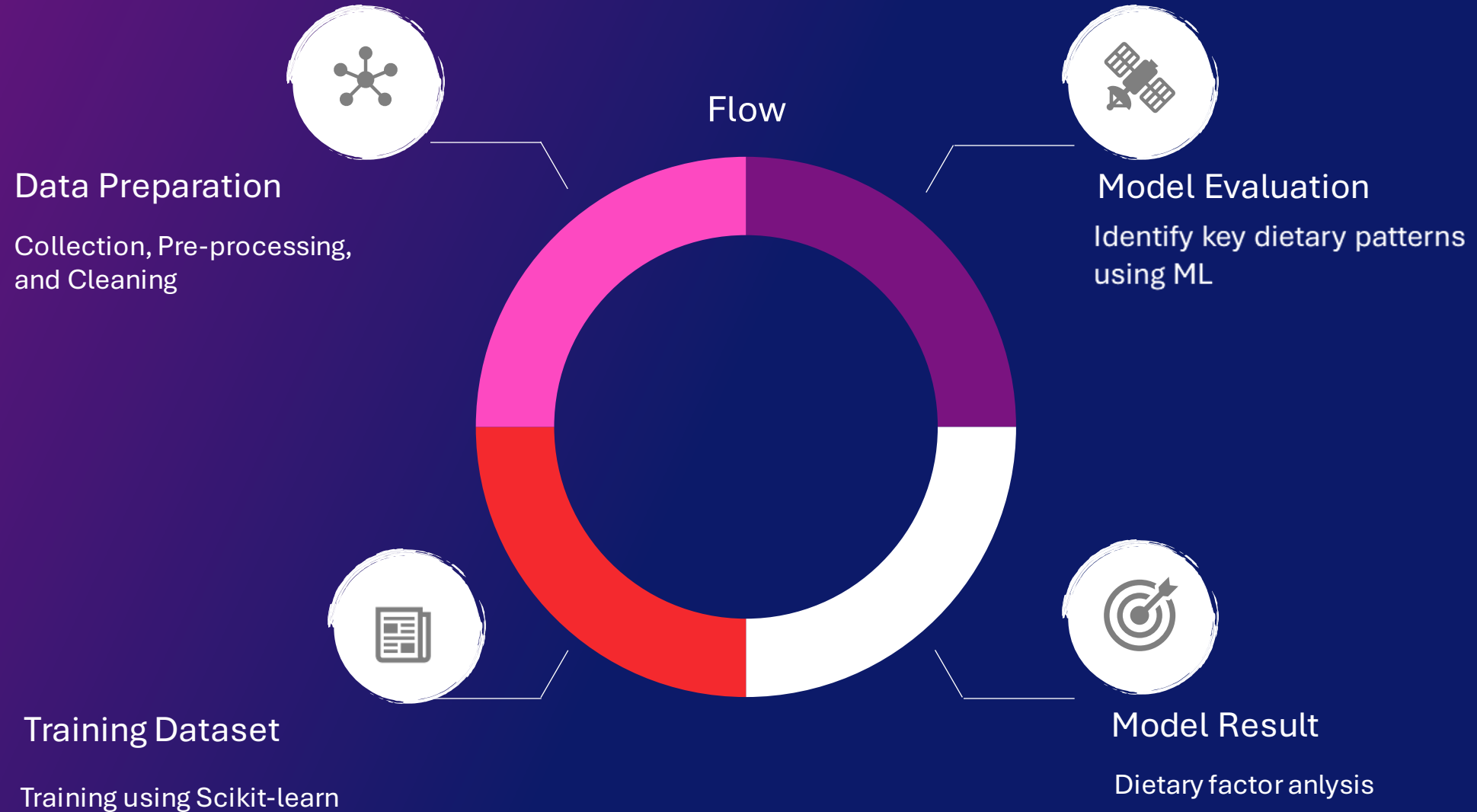
Examining the data without any preconceptions or assumptions, allowing for unexpected patterns and insights to emerge.



SPRINT APPROACH

Breaking down the analysis into smaller, more focused tasks that can be completed within a short period of time.

OUR APPROACH



DATASET DESCRIPTION



COUNTRY NUTRITION PROFILE

Contains datasets on:

- Information on adult
- Adolescent and child diet
- Burden of malnutrition
- Nutrition strategies and financing
- Social determinant of nutrition



UNDERSTANDING THE CONTEXT

KEY METRICS

Collection of data.

Preparation of dataset for the country_burden as X and Y feature.

Fill all null value with zeros(0).

df_country_diet.isnull()

	iso3	country	region	subregion	disaggregation	disagg.value	section	cont
0	False	False	False	False	False	False	False	False
1	False	False	False	False	False	False	False	False
2	False	False	False	False	False	False	False	False
3	False	False	False	False	False	False	False	False
4	False	False	False	False	False	False	False	False
...
3237	False	False	False	False	False	False	False	False
3238	False	False	False	False	False	False	False	False
3239	False	False	False	False	False	False	False	False
3240	False	False	False	False	False	False	False	False
3241	False	False	False	False	False	False	False	False

3242 rows × 132 columns

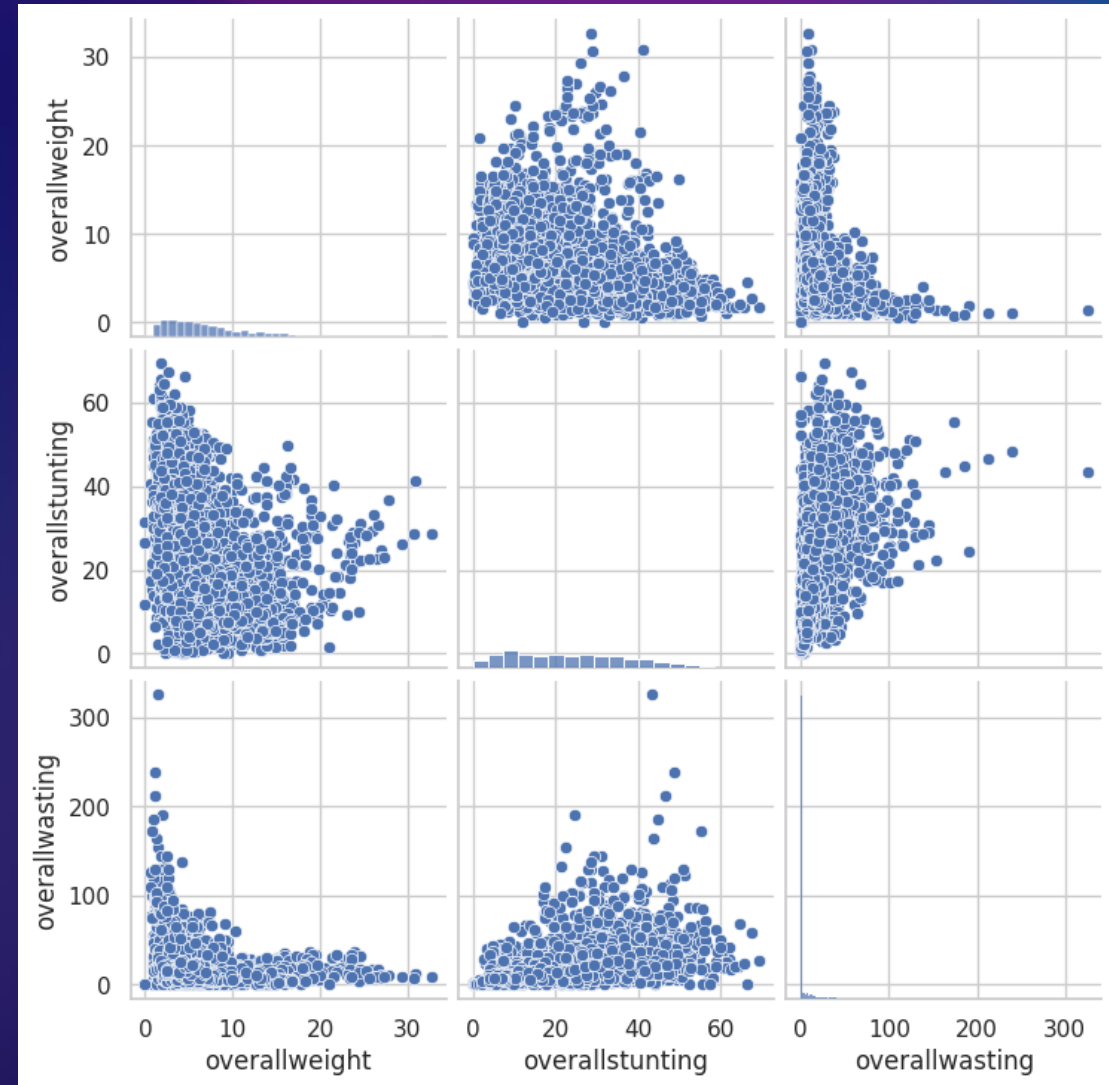
EXPLORATORY DATA ANALYSIS

KEY METRICS

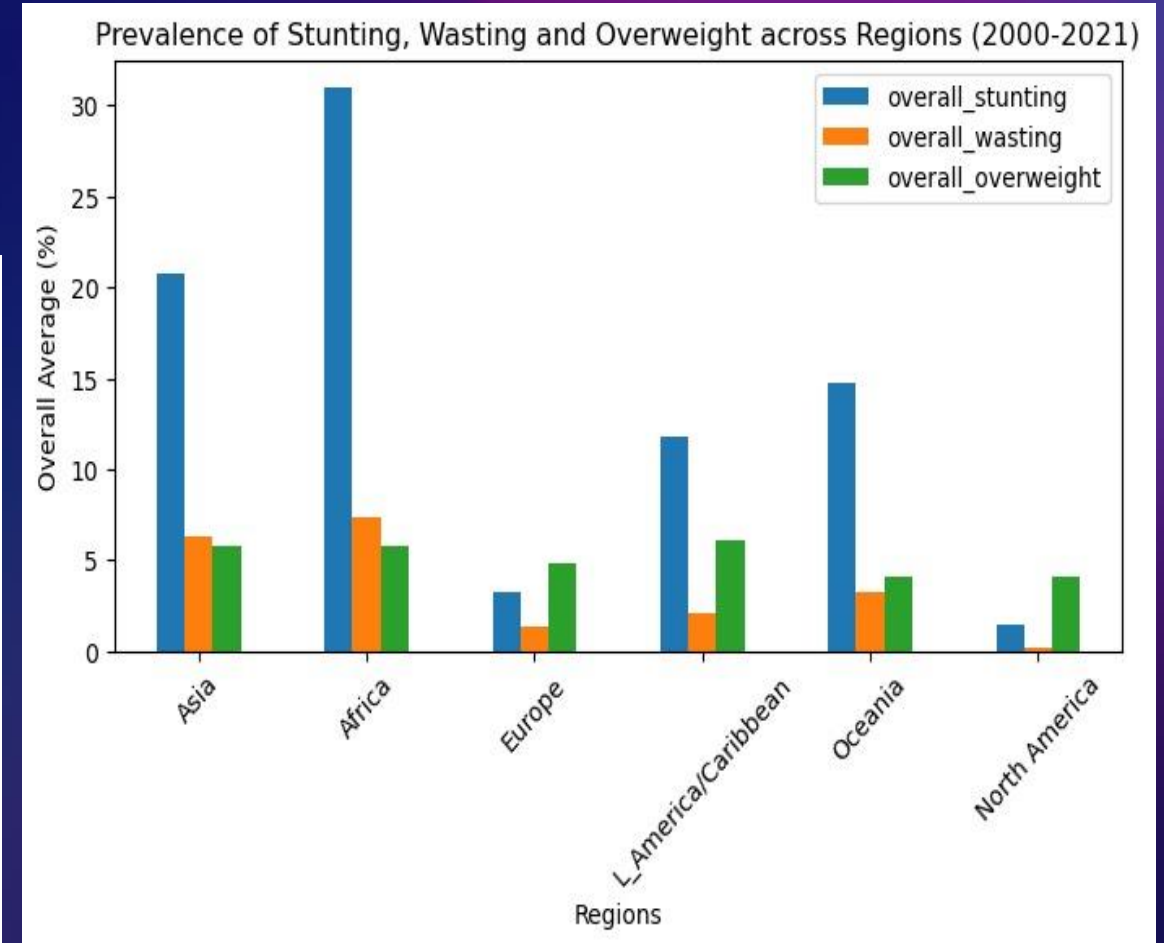
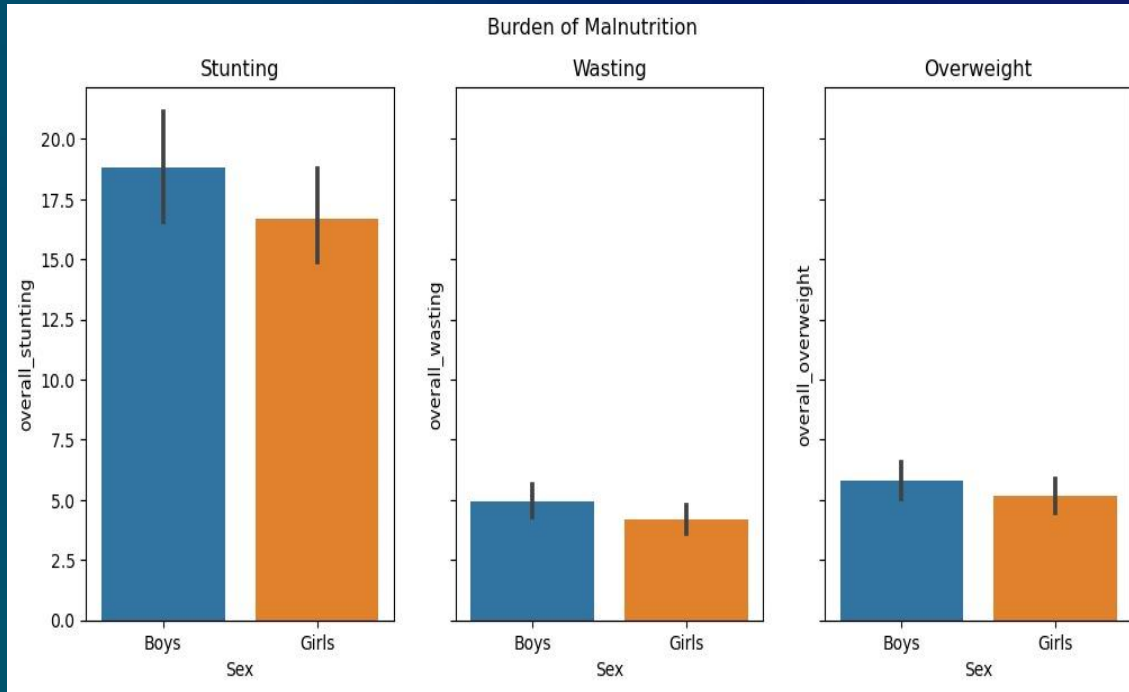
Combine overweight, wasting column into a single column

Encode process & dataset splitting.

Obtain result for country with overweight columns.

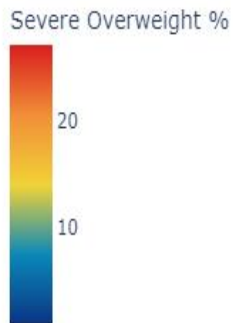
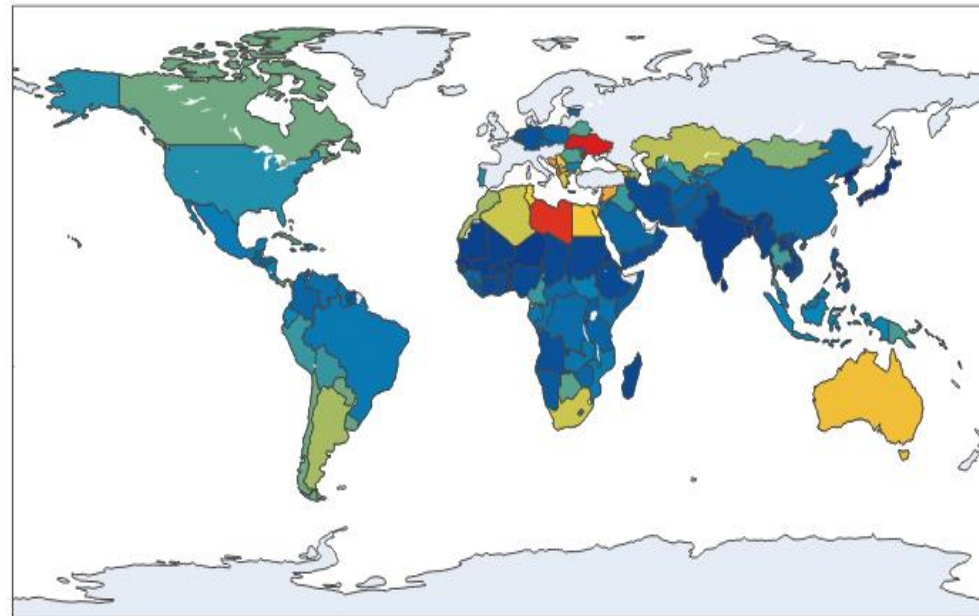


EXPLORATORY DATA ANALYSIS



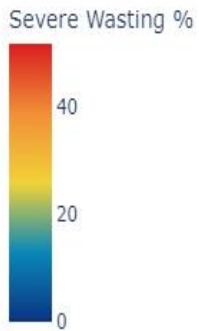
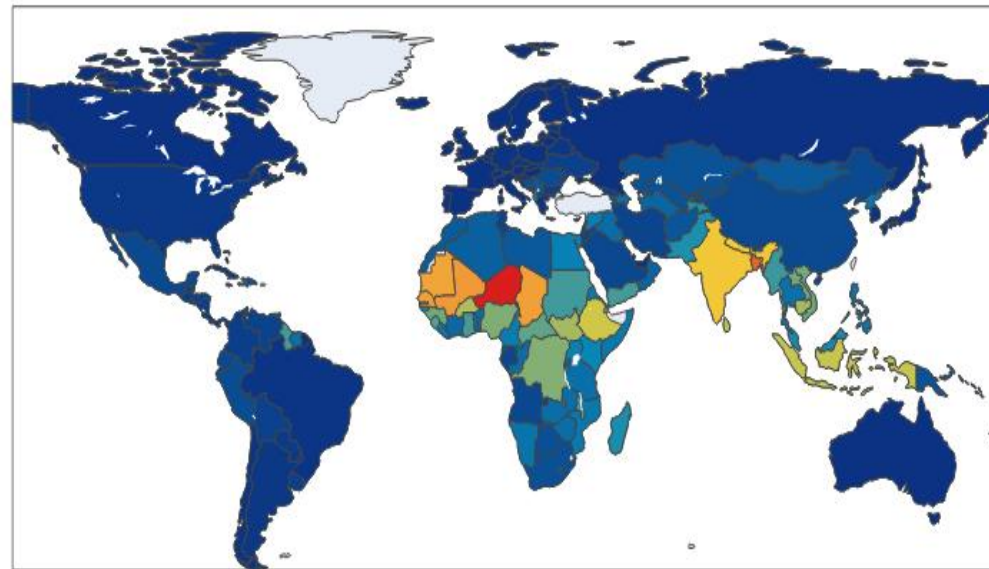
EXPLORATORY DATA ANALYSIS

Severe Overweight % around the world



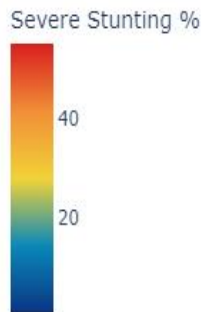
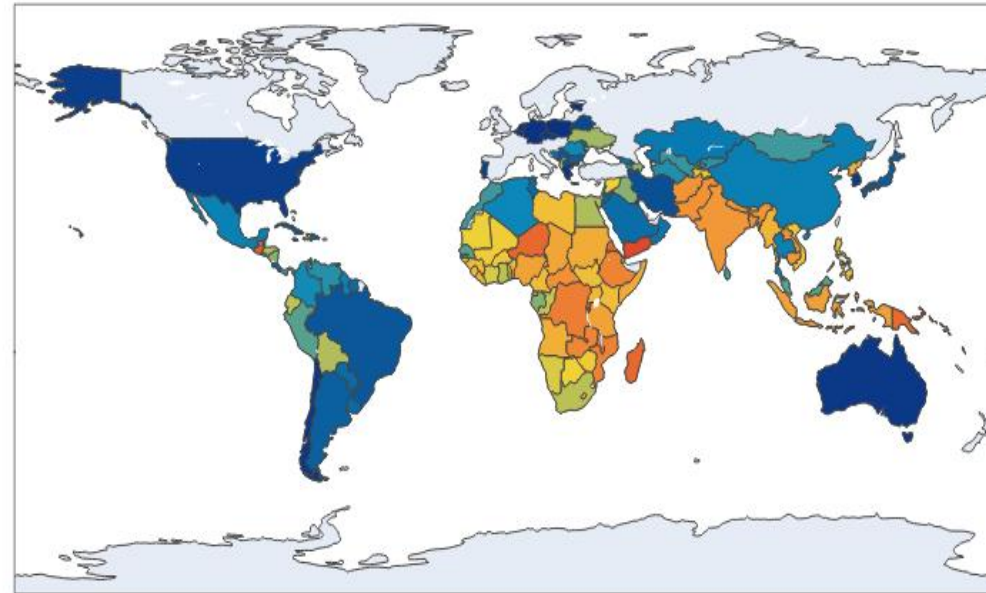
EXPLORATORY DATA ANALYSIS

Severe Wasting % around the world



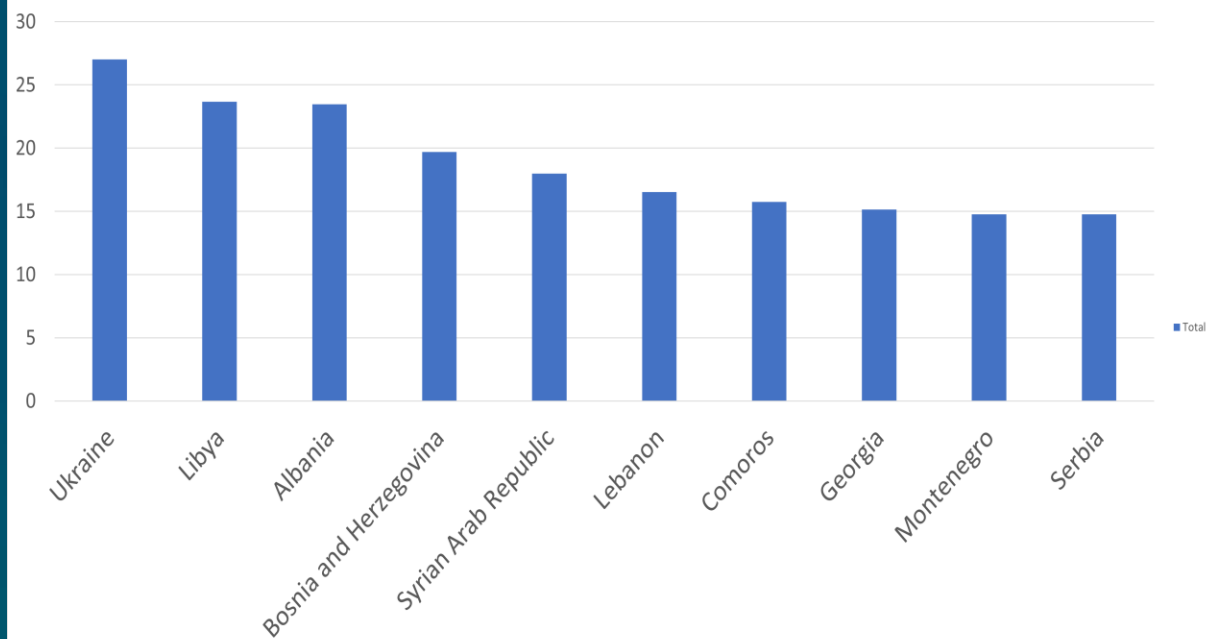
EXPLORATORY DATA ANALYSIS

Severe Stunting % around the world

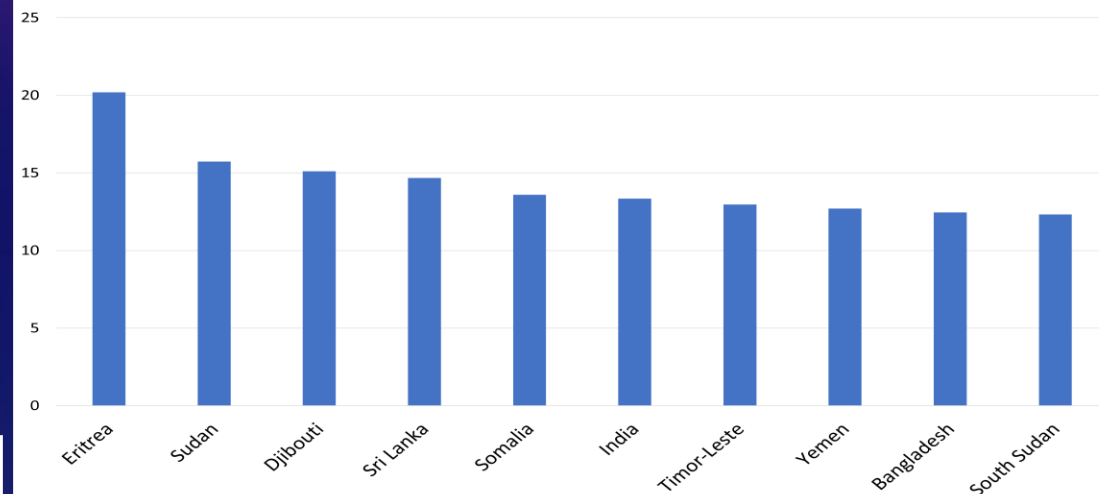


EXPLORATORY DATA ANALYSIS

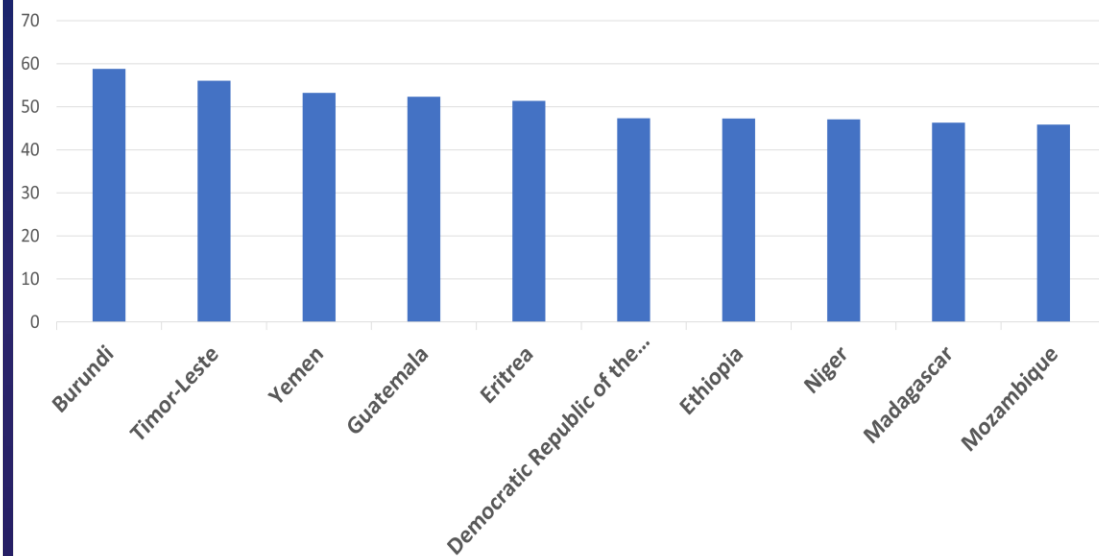
Top 10 Countries with the highest average percentage of Overweight children between 2000 and 2021



Top 10 Countries with the highest average percentage of Wasting in children between 2000 and 2021

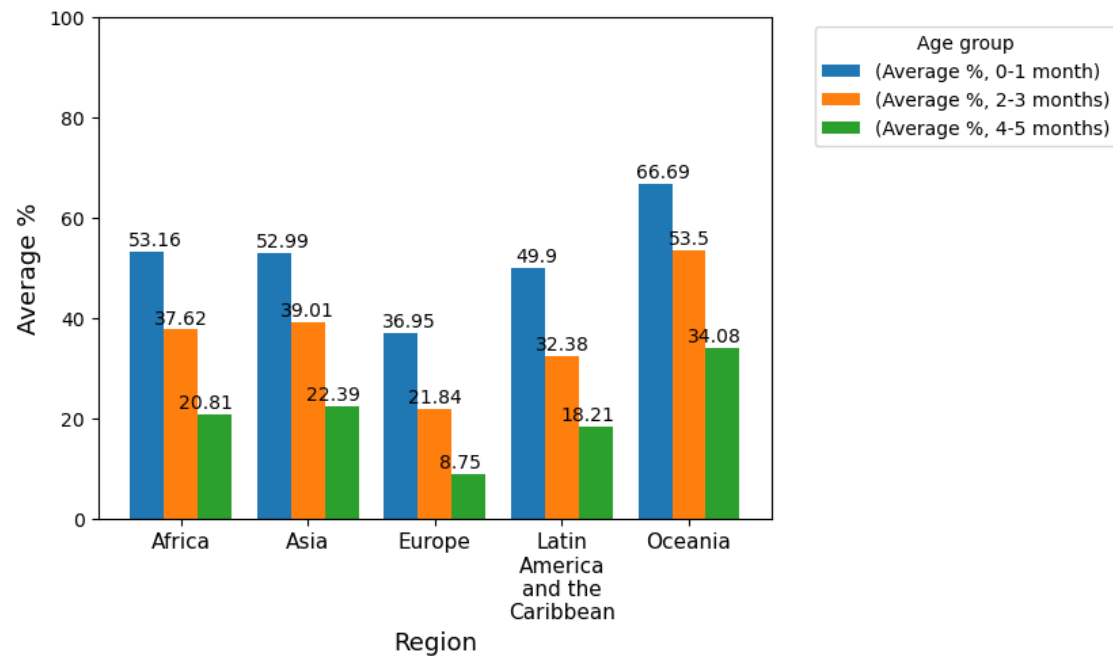


Top 10 Countries with the highest average percentage of Stunting in children between 2000 and 2021

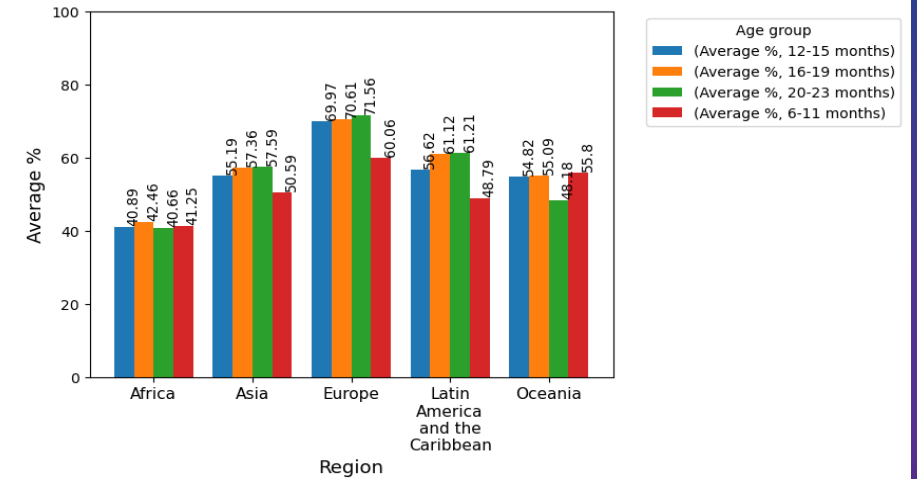


EXPLORATORY DATA ANALYSIS

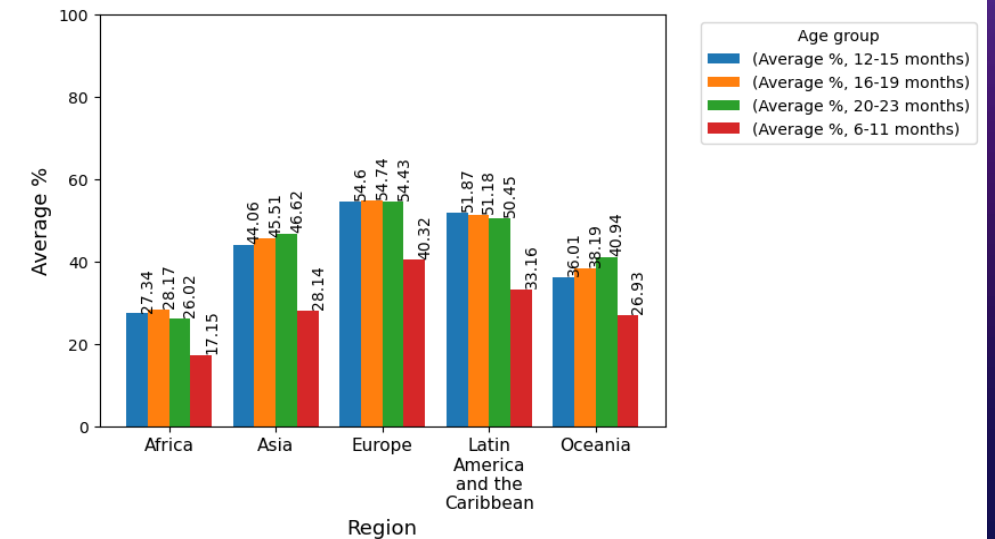
Average percentage of children that are Exclusively breast feed by age group and region



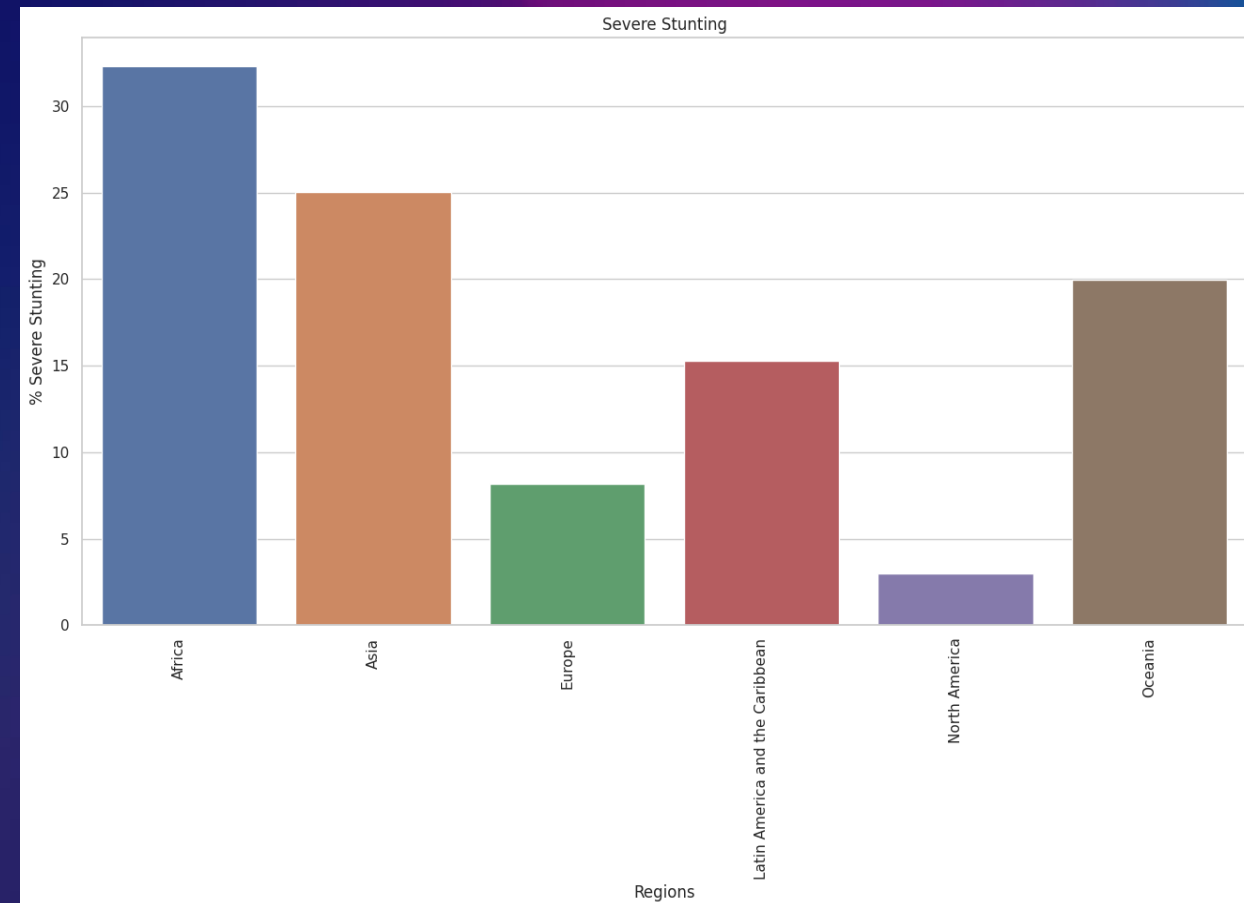
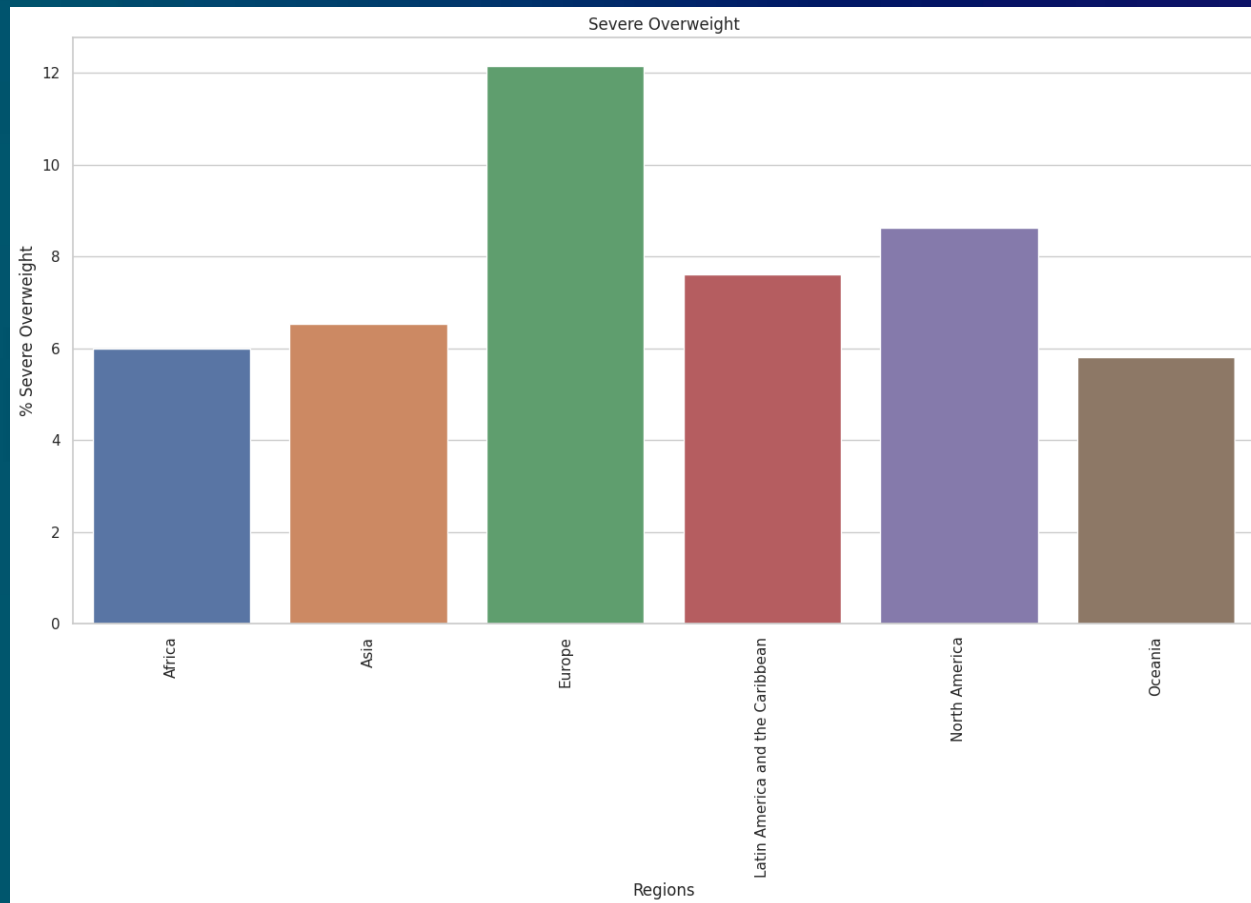
Average percentage of children 6-23 months that receive food for the minimum number of times by age group and region



Average percentage of children that receive food from 5 different food groups by age group and region



EXPLORATORY DATA ANALYSIS



DATASET TRAINING & MODELLING

KEY METRICS	MODEL RESULT		
Spilt data into testing and training set.	MODELS	R ² SCORE	MEAN SQUARE ERROR
Import and train the dataset, using Linear Regression, Decision Tree Regressor, Lasso, Ridge.	Linear Regression	0.005835207573170678	14.467726149476086
	Decision Tree Regressor	0.0025273591327529214	14.533422493511958
Make predictions on test data.	Lassos	0.00	14.47909136936741
	Ridge	0.01	14.46772604916935
	Polynomial features	- 1792690688056920916361216 .00	2.853136802364168e+25

DATASET TRAINING & MODELLING

```
[ ] import tensorflow as tf

# Set random seed
tf.random.set_seed(42)

# Add an extra layer and increase number of units
model_1 = tf.keras.Sequential([
    tf.keras.layers.Dense(100), # 100 units
    tf.keras.layers.Dense(10), # 10 units
    tf.keras.layers.Dense(1) # 1 unit (important for output layer)
])

# Compile the model
model_1.compile(loss=tf.keras.losses.mae,
                optimizer=tf.keras.optimizers.Adam(), # Adam works but SGD doesn't
                metrics=['mae'])

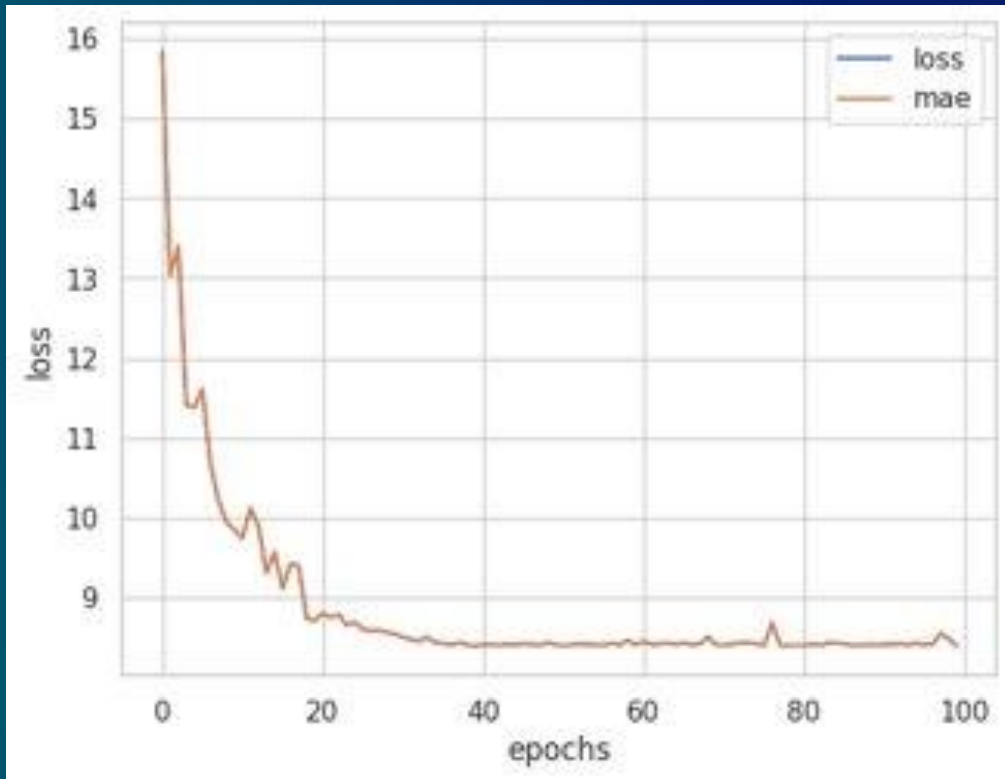
# Fit the model and save the history (we can plot this)
history_1= model_1.fit(X_train, y_train, epochs=100, verbose=0)
```


HYPER TUNING & EVALUATION

KEY METRICS

```
model_1.evaluate(X_test, y_test)
```

```
37/37 [=====] - 0s 2ms/step - loss: 7.9043 - mae: 7.9043  
[7.9043192863464355, 7.9043192863464355]
```

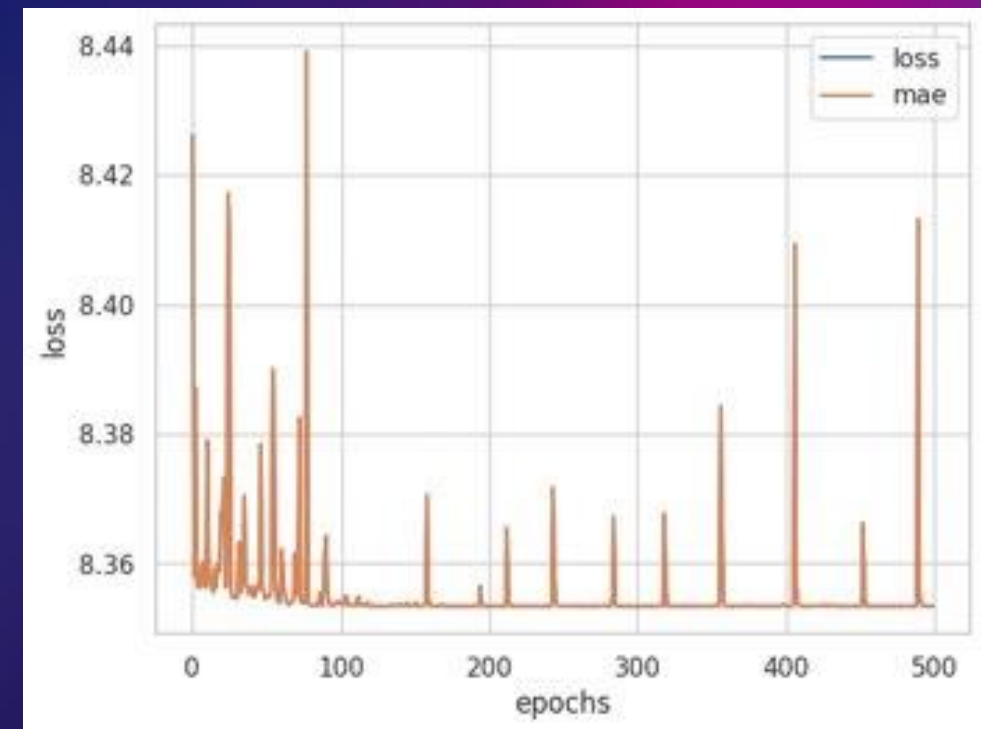


```
# Evaluate the model trained for 500 total epochs
```

```
model_2_loss, model_2_mae = model_1.evaluate(X_test, y_test)
```

```
model_2_loss, model_2_mae
```

```
37/37 [=====] - 0s 3ms/step - loss: 7.8388 - mae: 7.8388  
(7.838763236999512, 7.838763236999512)
```



DATASET TRAINING & MODELLING

```
[ ] import tensorflow as tf

# Assume X_train_padded has a shape of (num_samples, max_length)
# and y_train has a shape of (num_samples,)

# Reshape X_train_padded to add a third dimension
max_length = 100

# Define your model as usual
model = tf.keras.Sequential([
    tf.keras.layers.Conv1D(32, 5, activation='relu', input_shape=(124, 1)),
    tf.keras.layers.MaxPooling1D(3),
    tf.keras.layers.Conv1D(32, 5, activation='relu'),
    tf.keras.layers.MaxPooling1D(3),
    tf.keras.layers.Flatten(),
    tf.keras.layers.Dense(1, activation='sigmoid')
])

# Compile the model as usual
model.compile(optimizer='adam', loss='mean_absolute_error', metrics=['mae'])

# Fit the model with the reshaped input data
model.fit(X_train, y_train, epochs=100)
```

```
[ ] model.summary()
```

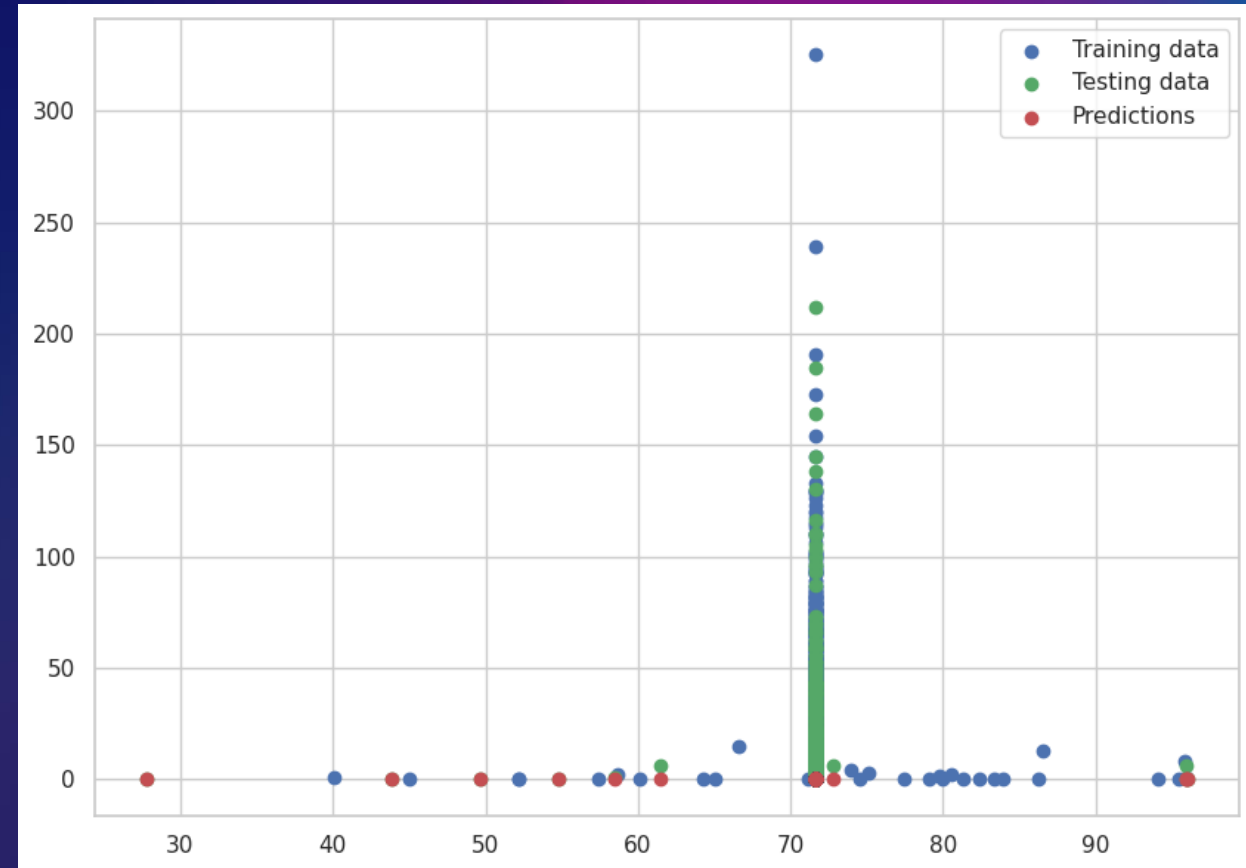
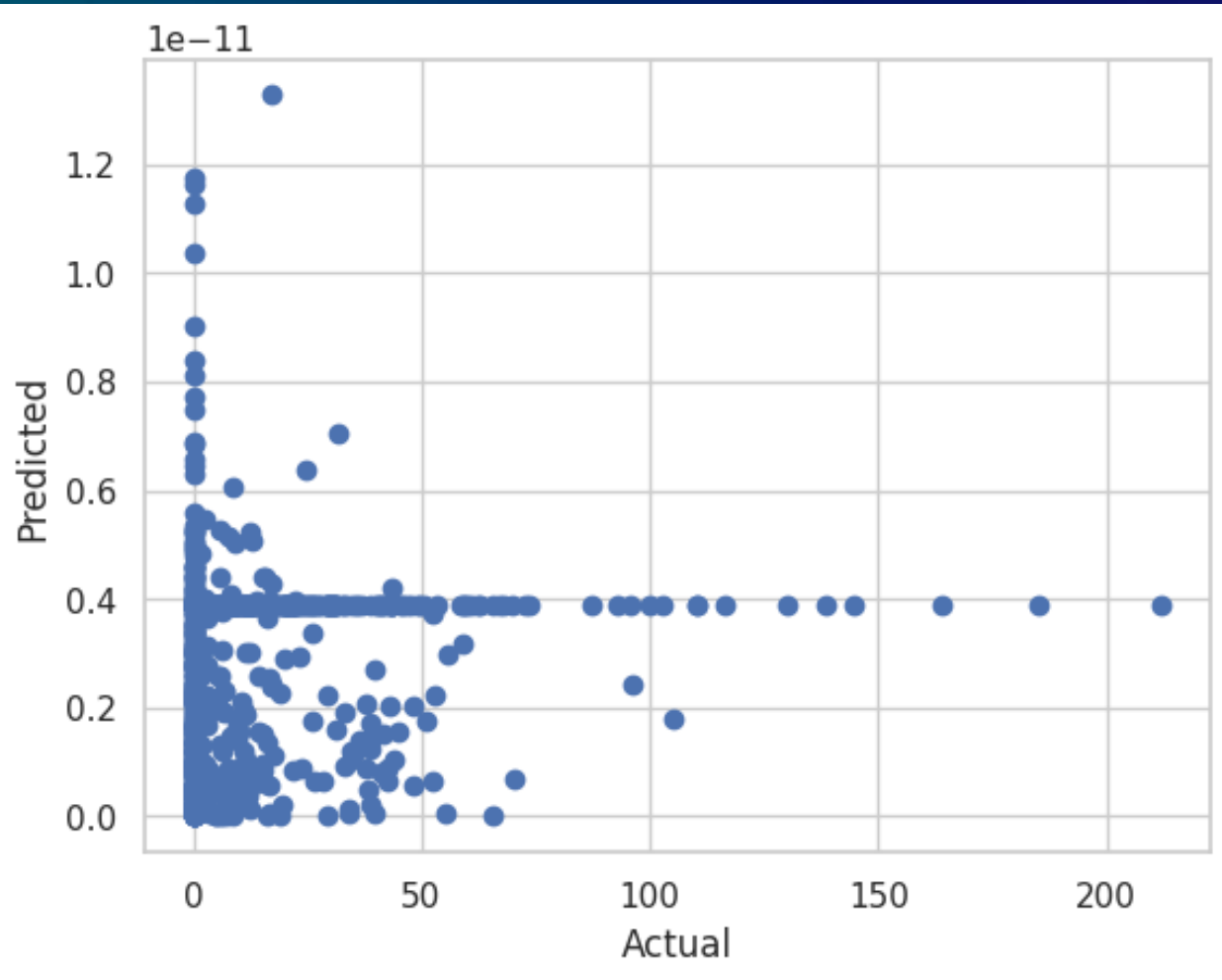
Model: "sequential_5"

Layer (type)	Output Shape	Param #
conv1d (Conv1D)	(None, 120, 32)	192
max_pooling1d (MaxPooling1D)	(None, 40, 32)	0
conv1d_1 (Conv1D)	(None, 36, 32)	5152
max_pooling1d_1 (MaxPooling1D)	(None, 12, 32)	0
flatten (Flatten)	(None, 384)	0
dense_15 (Dense)	(None, 1)	385

```
=====
Total params: 5,729
Trainable params: 5,729
Non-trainable params: 0
=====
```

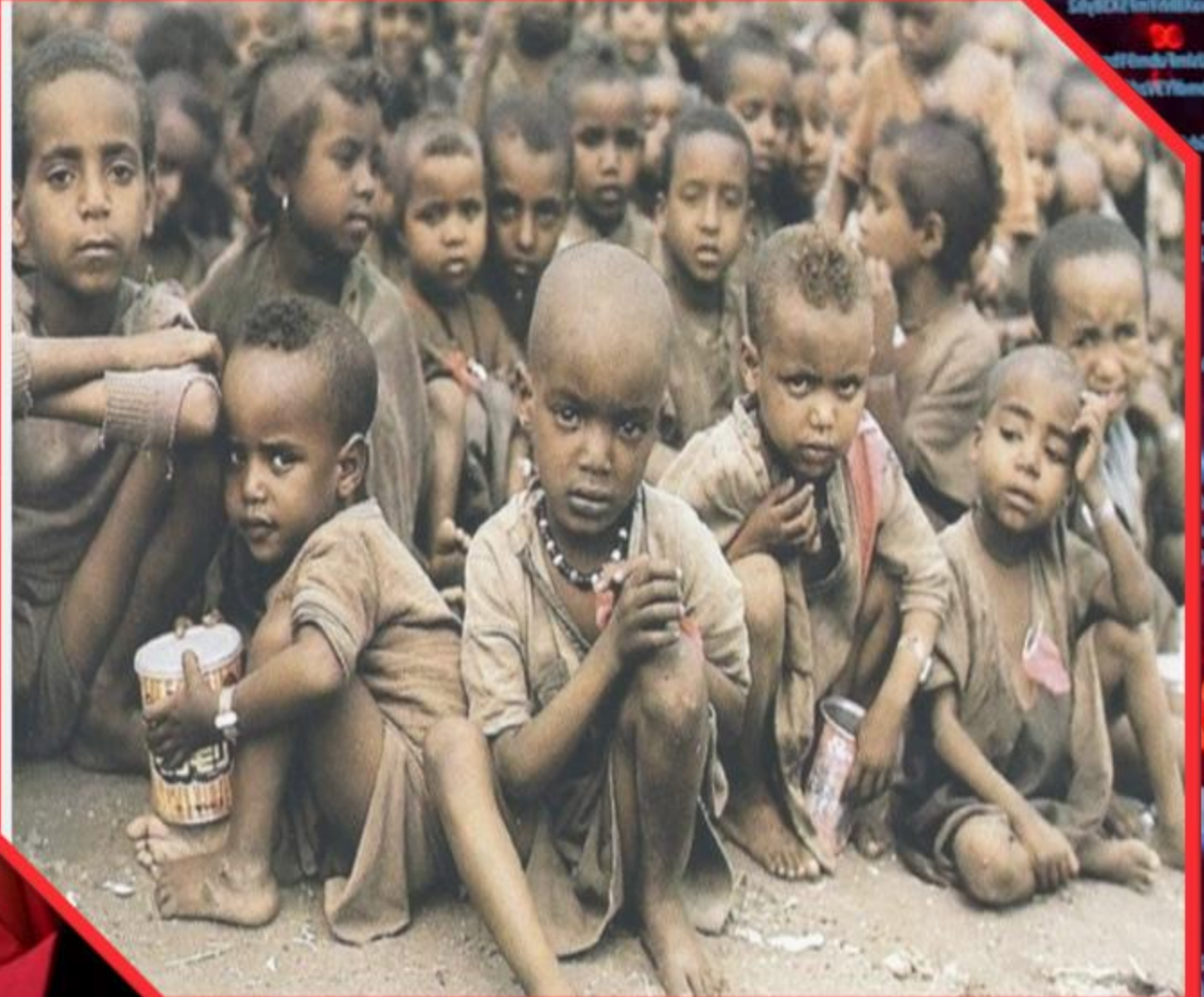
```
Epoch 93/100
148/148 [=====] - 2s 13ms/step - loss: 8.3533 - mae: 8.3533
Epoch 94/100
148/148 [=====] - 2s 13ms/step - loss: 8.3533 - mae: 8.3533
Epoch 95/100
148/148 [=====] - 2s 13ms/step - loss: 8.3533 - mae: 8.3533
Epoch 96/100
148/148 [=====] - 1s 8ms/step - loss: 8.3533 - mae: 8.3533
Epoch 97/100
148/148 [=====] - 1s 8ms/step - loss: 8.3533 - mae: 8.3533
Epoch 98/100
148/148 [=====] - 1s 8ms/step - loss: 8.3533 - mae: 8.3533
Epoch 99/100
148/148 [=====] - 1s 9ms/step - loss: 8.3533 - mae: 8.3533
Epoch 100/100
148/148 [=====] - 1s 8ms/step - loss: 8.3533 - mae: 8.3533
<keras.callbacks.History at 0x7f4e78355e10>
```

DATASET TRAINING & MODELLING



SUMMARY

Child malnutrition is a serious global health issue that requires innovative solutions. The results of this study demonstrate the potential of AI in analyzing dietary patterns to predict and prevent child malnutrition.



RECOMMENDATION

- Intervention to support exclusive breast feeding for atleast the first five months.
- Increased efforts be made to improve the dietary diversity in regions with lower percentages of children receiving food from multiple groups, particularly in younger age groups

