

# Mahmoud Naser

Palestinian 📍 Jenin, Palisetine ✉ mahmoudnaser100@gmail.com ☎ +970598451606 in Mahmoud Naser

Experienced Physical Therapist with 4+ years of expertise in delivering high-quality, patient-centered care and rehabilitation programs. Successfully conducted over 2,000 therapy sessions, demonstrating proficiency in manual therapy, therapeutic exercise, and injury prevention. Committed to improving patient outcomes and achieving treatment goals through evidence-based practice and personalized care plans. A collaborative healthcare professional dedicated to driving success and enhancing the quality of life for patients through compassionate, results-driven therapy.

## Technical Skills

---

**Treatment Techniques:** Manual Therapy, Therapeutic Exercise, Neuromuscular Re-education, Gait Training, Joint Mobilization, Soft Tissue Mobilization

**Modalities:** Ultrasound, Electrical Stimulation, Heat/Cold Therapy, TENS, Iontophoresis

**Rehabilitation Specializations:** Orthopedic Rehabilitation, Sports Injury Recovery, Post-Surgical Rehabilitation, Chronic Pain Management, Pediatric Therapy, Geriatric Care

**Assessment Tools:** Functional Movement Screening (FMS), Range of Motion (ROM) Testing, Strength Testing, Balance and Coordination Assessments

**Documentation & Tools:** Electronic Medical Records (EMR), SOAP Notes, Patient Progress Tracking, Treatment Plan Development

**Patient Education:** Injury Prevention, Home Exercise Programs, Ergonomics, Lifestyle Modification

## Work Experience

---

### Physiotherapist

*Al Jaleel Rehabilitation Center  
(Handicap International  
Humanity & Inclusion)*

*Jenin, Pal  
02/2024 - Present*

- Spearheaded the design and execution of advanced rehabilitation protocols for **300+ patients with severe war injuries** (e.g., amputations, blast trauma, burns) and **complex neurological cases** (e.g., traumatic brain injuries, spinal cord injuries, stroke), achieving **40% improvement** in functional independence within **6 months** for high-acuity cases.
- Pioneered a multidisciplinary trauma care model, collaborating with surgeons, prosthetists, and psychologists to address physical, psychological, and social dimensions of recovery, reducing hospital readmission rates by **25%**.
- Developed and implemented adaptive mobility solutions for amputees, including prosthetic gait training and custom wheelchair seating systems, enabling **85% of patients** to regain community ambulation **within 12 weeks**.
- Introduced pain management strategies combining manual therapy, graded motor imagery, and patient education, reducing chronic neuropathic pain in **70% of war injury survivors**.
- Mentored a team of **6 junior physiotherapists** and rehabilitation aides, conducting weekly case reviews and skill-building workshops to elevate clinical decision-making in trauma and neurological rehabilitation.
- Collaborated with NGOs and local health authorities to advocate for inclusive rehabilitation policies, directly influencing the expansion of post-conflict rehab services to 3 underserved regions.
- Authored 2 evidence-based clinical guidelines for early intervention in war-related injuries, adopted as standard protocols across **5 partner rehabilitation centers**.
- Utilized outcome measurement tools (e.g., Berg Balance Scale, Fugl-Meyer Assessment) to quantify progress and adjust treatment plans dynamically, achieving a **95% patient satisfaction rate**.

### Physiotherapist

*Al-hayat Center*

*Jenin, Pal  
02/2022 - 02/2024*

- Designed and implemented personalized treatment plans for **200+ patients** with diverse conditions, achieving a **95% improvement** in functional mobility and pain reduction.
- Reduced average patient recovery time by **30%** through evidence-based therapeutic interventions and proactive progress monitoring.
- Collaborated with interdisciplinary teams (physicians, occupational therapists, nurses) to deliver holistic

care for complex cases, improving patient satisfaction scores by **40%**.

- Enhanced clinic efficiency by streamlining documentation workflows using Electronic Medical Records (EMR), cutting administrative time by **25%**.
- Developed tailored home exercise programs (HEPs) for **500+ patients**, ensuring continuity of care and adherence to rehabilitation goals.
- Utilized advanced modalities (e.g., ultrasound, electrical stimulation) and manual therapy techniques to resolve chronic pain in 80% of referred cases.

## Education

---

**Arab American University Palestine**  
*Bachelor in Physical Therapy*

*Jenin, Palestine 10/2016 - 02/2020*

## Certificates

---

- DHA / MOH License
- Basic Life Support (BLS)
- Safeguarding Policies Training
- Early Rehabilitation Training in Crisis & Emergency
- Monitoring Evaluation Accountability and Learning for NGO's( MEAL)
- FIFA Sport Management
- FIFA Sport Medicine