

Bleomycin-Induced Flagellate Erythema

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Flagellate erythema, a peculiar cutaneous adverse effect of bleomycin or its derivative peplomycin, occurs in 8-20% patients during systemic or local therapy (1). It characterised by a linear erythematous streak with hyperpigmentation (2, 3), and was first described by Moulin in 1970 (4). Herein, we present a typical case of flagellate erythema induced by Bleomycin.

A 32 year-old Taiwanese male with mixed germ cell tumour of the anterior mediastinum underwent combination chemotherapy with bleomycin, etoposide, cisplatin (BEP). Seven days after the first cycle of treatment, he developed intensely pruritic erythematous linear papules and plaques on his back and unchial area with a striking "whiplash-marks" configuration (Figure 1a, b) and post-inflammatory hyperpigmentation, typical of flagellate erythema. The eruptions finally faded only after omitting bleomycin, although topical and systemic corticosteroids were prescribed to begin with.

Bleomycin-induced toxicity predominately develops in the lungs and the skin where the bleomycin-inactivating enzyme, bleomycin hydrolase, is absent (5). The exact mechanism of flagellate erythema is currently unclear; however, microtrauma and hyperthermia have been mentioned (2). In addition to bleomycin, it has been reported but rarely associated with dermatomyositis, adult-onset Still's disease and the ingestion of uncooked or half-cooked shiitake mushrooms (4). The reaction is originally considered dose-dependent and usually occurs at total doses more than 200 U; however, it has also developed at small dosage as 14 U (2). The duration between administration and the onset of rash varies from 12 to 24 hrs to 6 months. Histology is non-specific but a deep perivascular lymphohesoinophilic infiltrate is noted, which is related to drug-induced pathology (3). The application of topical corticosteroids and oral antihistamine can relieve symptoms, and lesions usually subside 3-4 months later after the cessation of bleomycin, (5) which is necessary to prevent further relapse.



FIG. 1. a, b. Multiple pruritic erythematous linear papules and plaques with post-inflammatory hyperpigmentation on his back and unchial area, typical of flagellate erythema (a). A striking "whiplash-marks" configuration (b).

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