

Introduction to R for Quantitative Social Science Research

SOC 300: Social Research Methods

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Preface

Welcome to this introductory R tutorial for SOC 300!

Here you will find all the step-by-step instructions for completing our initial foray into R for quantitative analysis of social science data. We will begin by establishing some common ground in basic R operations and functionality. After we lay this foundation, we will progress through various data processing tasks—from importing and cleaning public data to visualizing and analyzing these data for consumption by interested stakeholders.

You will receive an R script file with the commands detailed here, so that you can easily run and manipulate them on your own device, but you will always be able to refer to this mini-textbook in the event that you would like to see everything in one place and refer to some more detailed documentation on various R operations.

1 Background

Before we start exploring some of R's basic functionality, I'm going to set the stage a little on what R and R studio are, why we are using these tools in particular, and what we will need to know before we dig in.

1.1 What is R?

At it's core, R is a programming language. There's a lot to say about this from a computer science perspective, but, for our purposes, you can just think of R as a language with a very particular structure that's designed to tell our computers what to do.

There are all sorts of different programming languages out there, and they all offer certain benefits or cater to particular computing needs. Unlike some general purpose languages like C, C++, or Python, R is relatively specialized, and this is part of what makes it so useful for us. R is designed with statistical computing as a primary motivator, and now—roughly 30 years into its tenure—stands as one of the most widely adopted resources for statistical data science in the social sciences and beyond.

Though there can be a bit of a learning curve when getting used to R, we will focus on exactly the things that we need and build ourselves up slowly. Once you get used to it, R will allow you to perform incredibly complex statistical procedures with relative ease, and it can even help us with other related tasks like visualizing and presenting our analyses.

1.2 What is R Studio?

We are going to pair R with the software R Studio, which is what's known as an Integrated Development Environment (IDE). Programming languages can be leveraged in a number of different ways. You could run R commands entirely from a Windows command line or Mac terminal. But that would probably not be very ideal for us—not to mention sort of ethereal and frustrating for those of without any programming experience. IDEs provide user-friendly interfaces for working with programming languages, so that we can easily manage our code, quickly generate and view the output of our analyses, and generally keep track of what we are doing with R. There are lots of other IDEs out there, but R Studio is an ideal balance of ease and power, so it will serve as our IDE of choice.

The best way to think about R Studio's relationship to R is by framing it as an analogy with a desktop computer. R Studio is to R as a monitor is to a computer. R is the thing that's doing all the heavy lifting computationally, and R Studio is the thing that allows us to view and interact with R in a way that's simple and straightforward.

1.3 Why R?

Ultimately, R is just one of several different options we could have gone with for a course like this. STATA, SPSS, Python, and even MS Excel are used with regularity for quantitative analysis in academia and industry. However, R has a few advantages that make it well-suited for us.

While software like Excel, SPSS, and STATA arguably have more accessible, user-friendly interfaces, the upper limit of their capabilities is far lower than R. On the other end of the spectrum, Python is a little overkill for our purposes. While it has some excellent resources for data science, it's also used for a wider variety of programming tasks related to web- and software development. I once heard a computational sociologist joke that using Python for something that can be done in R is like using a nuke when all you need is a hammer. While R is not quite as expansive as Python, it's specialization in statistical computing provides a helpful balance for us when it comes to our goals for the course.

Another big perk of R is that it is completely free. This is true for Python as well, but SPSS, STATA, and Excel all require the purchase of a license, and some of them can get very pricey. You have access to all of these programs as an NC State student, but you will be able to use R regardless of whether you are on an NC State computer or even enrolled in the university at all. Relatedly, R is completely open-source—you can view it's source code, and even modify it for your own purposes. This makes R incredibly customizable, and this open-source culture has brought about a dedicated community of researchers and data scientists who regularly contribute new functional add-ons to R.

Lastly, R is quite marketable as a technical skill. Especially for those who want to go on to do research of any kind, experience with R will likely be seen as a plus. I've been on the lookout for various research, teaching, and industry jobs as I get ready to enter the job market, and I see calls for R as a required or preferred skill all the time.

In sum, R provides us with the ideal balance of computing power and feasibility while helping keep our pockets full and giving us some skills that translate well beyond the course.

1.4 Acquiring R and R Studio

All of the CHASS computers (and likely most NC State computers) come with R and R Studio, so you do not need to download them, but you may find it convenient to work on R

assignments using your own personal device, so I've provided some instructions below.

Note that you will want to install R first,

1.4.1 Downloading R

You can download R from the [Comprehensive R Archive Network \(CRAN\)](#).

When you click that link, you will arrive at CRAN's homepage. Navigate to the sidebar on the left, find 'Download' near the top, and then click 'CRAN'. This will take you to the 'mirrors' page. Mirrors are just different host locations for downloading the R installation files. This allows you to maximize download speed by choosing a nearby server, so scroll down to 'USA' and choose one of those (I usually opt for the Durham, NC mirror).

Unless you are very experienced with computers, you should download one of the options listed as 'pre-compiled binary distributions'. These will typically be the first options listed. Don't even worry about what that means if you're not familiar. Just choose the one that reflects your operating system (there are options for Windows, Mac, and Linux) That should download an R installer, and you can follow the directions to complete a default installation.

1.4.2 Downloading R Studio

R Studio is a little more straightforward to download. Just [navigate to its homepage](#), scroll down a little, and you will find a big button that says 'Download R Studio for [your operating system]'. Go ahead and run the installer with the default settings.

Part I

Day 1: Getting Started

2 R Fundamentals

In this first section, we are going to start from the ground up and start to familiarize ourselves with the way R works and what it expects from us. We will begin with the most basic building blocks of R data and work our way up to the data frame—the object that will be most relevant for us. While you won’t generally need to build data frames from scratch within R for your own research, it’s a good way to familiarize yourself with the structure of data in R. While we will start here with a rather simple data frame, all the principles you learn here will scale up as we start to work with much larger and more complex data frames.

Note

I’m writing this mini-book in a language called [Quarto](#), which allows us to carry out a bunch of neat formatting tasks with little effort. One of the big perks is that Quarto can read and process R code, so I will show you all my R code here, and you will be able to directly view the output. If you want to follow along with your own script on your personal device, you should copy and paste the commands from this document and run them locally.

2.1 Basic Operations

First, we will start by exploring some of the basic characteristics of R.

R can be used as a simple calculator and will process both numbers and conventional mathematical operator symbols. You can run the commands below by placing your cursor at the beginning or end of the line in your script file and pressing CTRL+Enter (Windows) or Command+Return (Mac)

```
5+2
```

```
[1] 7
```

You should see the result displayed in the console below.

2.2 Storing Objects

R is especially helpful for allowing us to create and store objects that we can call and manipulate later. We can create names for these objects and then use R's 'assignment operator,' the `<-` symbol, to assign a value to our specified object name. Here, we'll assign the previous calculation to an object that we are calling `our_object`.

If you run this command on your own device, you should see `our_object` populate in the upper-right Environment window. This is where you can find all of the objects that you create in your R session. We can run the object itself, as well as combine it with other operations

```
our_object <- 5+2
```

There are some more baroque ways around this, but it's best to operate under the impression that object names cannot include spaces (or start with numbers). This kind of thing is common in some programming languages, so there are a couple stylistic conventions to address this. I tend to use what's called 'snake case,' which involves replacing spaces with underscores. There's also 'camel case,' where each word has the first letter capitalized, e.g. `MyVariableName`. I would settle on one that you like and be consistent with it.

```
our_object
```

```
[1] 7
```

```
our_object + 3
```

```
[1] 10
```

```
our_object * 100
```

```
[1] 700
```

2.3 A Note on Functions

R is also useful for its implementation of functions, which you can think of in the sense you likely learned in your math classes. Functions are defined procedures that take some input value, transform that value according to the procedure, and then output a new value.

R comes with a great deal of already defined functions, and we can use these to perform all sorts of helpful operations. You can call a function by indicating its common name and

then placing its required inputs between parentheses, e.g. `function_name(input)`. Note that function inputs are also often referred to as ‘arguments’. We’ll get a lot of mileage out of functions, and part of the initial learning curve of R will be related to getting used to the range of available functions and the syntax you must follow to call them.

Now, let’s take a step back and think about some of our basic building blocks in R.

2.4 Vectors and R Data Types

You can think of vectors as ordered sets of values. We can use the `c()` function (short for ‘combine’) to create a vector made up of the values we provide. Let’s make a few different vectors—each one will have 5 separate items in it, and we separate those items with commas. Note that when we want R to process something as text (and not a named object, number, or function), we put it in quotation marks.

```
num_vec <- c(1.2, 3.4, 5.6, 7.1, 2.8)

character_vec <- c("east", "west", "south", "south", "north")

logical_vec <- c(TRUE, FALSE, TRUE, FALSE, FALSE)
```

Let’s talk a bit about what we have here. Each of these vectors represents a **data type** in R, or, in other words, one of the basic ways in which R stores data. There are some more data types out there, but these are the most most relevant for us.

- **Numeric Data:** As the name suggests, this is the typical fashion in which numbers are stored in R. Numeric data encompasses both *continuous* values and *discrete* values. These are essentially numbers that can have decimal places vs. integers (whole numbers).
- **Character Data:** Character here refers to the idea of character strings. This is typically how R stores text data—as distinct strings of text. Note that, while numbers are typically processed as numeric by R, numbers can also become character data if you place them between quotation marks.
- **Logical Data:** In R syntax, upper-case ‘true’ and ‘false’ have fixed values and, when used without quotes, will refer to these pre-defined logical values. We probably won’t use this data type much for analyses, but we will run into them in other places. They can be useful for sorting and searching through subsets of data, and we will also use logical values to turn certain procedures on or off in some functions.

Many R functions will respond differently to different data types, so it’s important to keep these in mind when you need to troubleshoot errors.

Take the `mean()` function, for example. As the name implies, this function will return the arithmetic mean of a numeric vector. Let's give it the one we just made above:

```
mean(num_vec)
```

```
[1] 4.02
```

Note

```
(1.2+3.4+5.6+7.1+2.8)/5
```

```
[1] 4.02
```

Observe that `mean()` gives the same response as if we had manually calculated it. Functions can make our lives a lot easier with larger amounts of data, but always make sure you're familiar with what's going on under the hood of any given function.

But, what happens when we run the following command?

```
mean(character_vec)
```

```
Warning in mean.default(character_vec): argument is not numeric or logical:  
returning NA
```

```
[1] NA
```

It doesn't make any sense to take the mean of the cardinal directions, so it will throw a warning message. We need a variable that can be represented numerically. As we'll see, it's a good habit to make sure you know the data type of your variables before you begin your analysis.

Now that we've talked about some of these basic building blocks for data, let's talk about putting them together.

2.5 Data Frames

For the most part, we will be working with data frames. These are collections of data organized in rows and columns. In data science, it's generally preferable for data to take a particular shape wherein each row indicates a single observation, and each column represents a unique variable. This is called the 'tidy' data format.

2.5.1 Building a Data Frame

Let's use the vectors we created above to mock up a little data frame. We will imagine some variables that those vectors could represent. But first, let's make a couple more vectors.

Let's add a vector of participant IDs associated with imaginary people in our mock data set. In accordance with tidy data, each of our rows will then represent a unique person. The column vectors will represent the variables that we are measuring for each person. Lastly, the individual cells will represent the specific values measured for each variable.

For reasons that will become clear in the next section, we are also going to add one more character vector.

```
p_id_vec<-c("p1", "p2", "p3", "p4", "p5")  
ordinal_vec<-c("small", "medium", "medium", "large", "medium")
```

Now, let's use a function to create a data frame and store it in a new object.

We can use `data.frame()` for this. `data.frame()` expects that we will give it some vectors, which it will then organize into columns. We could just give it the vectors, and it would take the vector names as column names, e.g.:

```
our_df <- data.frame(p_id_vec, num_vec, character_vec, ordinal_vec, logical_vec)
```

Or we could specify new variable names and use the `=` sign to associate them with the vector. We will go with this latter strategy because our current vector names do not translate well to variable names.

We'll imagine building a small data frame of dog owners and rename our vectors accordingly.

```
our_df<-data.frame(  
  p_id = p_id_vec,  
  dog_size = ordinal_vec,  
  side_of_town = character_vec,  
  food_per_day = num_vec,  
  has_a_labrador = logical_vec  
)
```

Tip

As a slight tangent, note that we can use line breaks to our advantage with longer strings of code. The above command is identical to the one below, but some find the line-break

strategy more intuitively readable. It's most important that your code works, so you don't have to organize it like that, but know that's an option

```
our_df <- data.frame(p_id = p_id_vec, dog_size = ordinal_vec, side_of_town = character_vec,
```

Now our vectors make up meaningful variables in our mock data frame.

- `p_id` = An ID for each participant in our survey of dog owners
- `dog_size` = Owner's ranking of their dog's size
- `side_of_town` = Which part of town the owners reside
- `food_per_day` = The amount of food each owner feeds their dog daily (in ounces)
- `has_a_labrador` = true/false indicator for whether the owner has a lab or not

2.5.2 Examining our Data Frame

Take a look at our new data frame by clicking on the object in our Environment window at the upper right, or by running the command `View(our_df)`.

Once we have created a data frame, we can refer to individual variable vectors with the `$` operator in R

```
our_df$food_per_day
```

```
[1] 1.2 3.4 5.6 7.1 2.8
```

```
mean(our_df$food_per_day)
```

```
[1] 4.02
```

We can look at some basic characteristics of our variables with the `summary()` function. Note that it will return different information depending on the data type of the variable

```
summary(our_df)
```

p_id	dog_size	side_of_town	food_per_day
Length:5	Length:5	Length:5	Min. :1.20
Class :character	Class :character	Class :character	1st Qu.:2.80
Mode :character	Mode :character	Mode :character	Median :3.40
			Mean :4.02

```
3rd Qu.:5.60
Max.    :7.10
```

```
has_a_labrador
Mode :logical
FALSE:3
TRUE :2
```

Let's think about these for a second.

The summary of `has_a_labrador` makes sense. It's recognized as a logical vector and tells us the number of TRUEs and FALSEs

`food_per_day` works as well. We're dealing with a continuous variable that allows for decimal places, so it makes sense to take the mean and look at the range and distribution.

But how about `side_of_town`? What that summary tells us is that this variable is a character type (or class). 'Length' refers to the size of the vector. So, a vector containing 5 items would be a vector of length 5. But does it make sense for us to treat the `side_of_town` variable as 5 totally separate strings of characters?

```
summary(our_df$side_of_town)
```

```
Length      Class      Mode
5 character character
```

Not quite. When we have two entries of "south", for example, we want those responses to be grouped together and not treated as unique entries.

```
our_df$side_of_town
```

```
[1] "east"  "west"  "south" "south" "north"
```

For this, we will want another key R data type.

2.6 Factors

2.6.1 Unordered Factors

Factors are often the best way to treat categorical variables (nominal or ordinal) in R. Factors are a certain kind of vector that can only contain a number of pre-defined values. Each of these pre-defined values is considered a ‘level’ of the factor. So, we want `side_of_town` to be a factor variable with 4 levels: east, west, south, and north.

We can turn this variable into a factor with R’s `as.factor()` function.

```
our_df$side_of_town <- as.factor(our_df$side_of_town)
```

Check the `summary()` output again and notice how the output is reported now. Instead of simply listing that the vector contained 5 character strings, we can now see the different levels and the number of people who belong to each side of town.

```
summary(our_df)
```

p_id	dog_size	side_of_town	food_per_day
Length:5	Length:5	east :1	Min. :1.20
Class :character	Class :character	north:1	1st Qu.:2.80
Mode :character	Mode :character	south:2	Median :3.40
		west :1	Mean :4.02
			3rd Qu.:5.60
			Max. :7.10
has_a_labrador			
Mode :logical			
FALSE:3			
TRUE :2			

2.6.2 Ordered Factors

Now, let’s think about `dog_size`. This should clearly be a factor variable as well. But, unlike `food_per_day`, the levels of this variable have an apparent order, from small to large.

The `factor()` function allows us to turn a vector into a factor, as well as manually specify the levels. Additionally, we can activate a process in the function letting it know that we want the order to matter.


```
our_df$dog_size <- factor(
  our_df$dog_size,
  levels=c("small", "medium", "large"),
  ordered = TRUE
)
```

Take a look back at the summary. Now, instead of 5 separate character strings, we can see the breakdown of how many people have a dog of a certain size.

```
summary(our_df)
```

p_id	dog_size	side_of_town	food_per_day	has_a_labrador
Length:5	small :1	east :1	Min. :1.20	Mode :logical
Class :character	medium:3	north:1	1st Qu.:2.80	FALSE:3
Mode :character	large :1	south:2	Median :3.40	TRUE :2
		west :1	Mean :4.02	
			3rd Qu.:5.60	
			Max. :7.10	

Note that the `str()` command is also useful for quickly gleaning the various data types of variable columns within a data frame. It will show us our variable names, the data types, and then a preview of the first several values in each variable column.

We can also verify that `dog_size` has been successfully re-coded as an ordered factor.

```
str(our_df)
```

```
'data.frame': 5 obs. of 5 variables:
 $ p_id      : chr  "p1" "p2" "p3" "p4" ...
 $ dog_size  : Ord.factor w/ 3 levels "small"<"medium"<...: 1 2 2 3 2
 $ side_of_town : Factor w/ 4 levels "east","north",...: 1 4 3 3 2
 $ food_per_day : num  1.2 3.4 5.6 7.1 2.8
 $ has_a_labrador: logi  TRUE FALSE TRUE FALSE FALSE
```

There are cases where you will want to convert a column like `p_id` to a factor variable as well, but often we just need a variable like `p_id` to serve as a searchable index for individual observations, so we can leave it be for now.

This is all part of the process of data cleaning, where we make sure our data is structured in a fashion that's amenable to analysis. This re-coding of variables is an essential component, and we'll see plenty more tasks in this vein when we work with GSS data later on.

As we close this section, here is a figure to help you internalize the hierarchy of variable types based on the levels of measurement. The bottom level of the hierarchy (in green) reflects the R data type that is best aligned with a particular measurement level. Also recall that numeric data can either be interval or ratio, though we will generally treat these similarly.

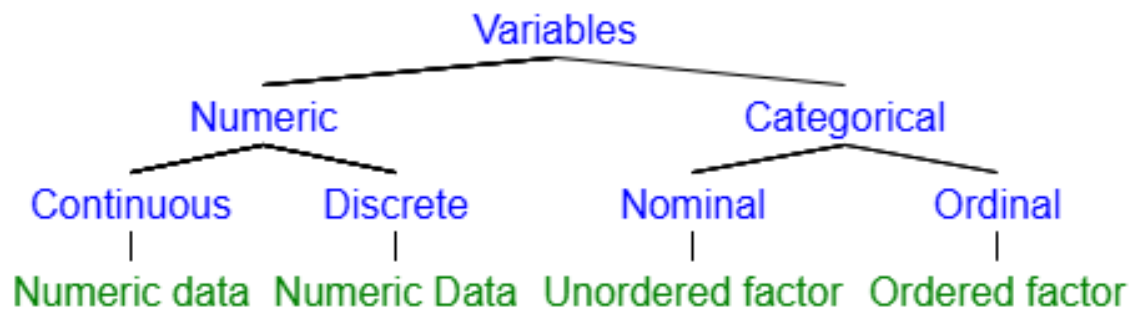


Figure 2.1: A hierarchy of variables and their corresponding R data types

For our last bit, let's learn a little about working with functions that don't come included in base R.

3 Packages and the Tidyverse

R's open-source culture has encouraged a rich ecosystem of custom functions designed by scientists and researchers in the R userbase. These come in the form of 'packages', which are suites of several related functions. For example, there are packages for conducting statistical tests, producing data visualizations, generating publication-ready tables, and all manner of other tasks.

3.1 Loading Packages

Let's try this out with one of the better known R packages—'tidyverse'. This is actually a collection of several packages with a variety of interrelated functions for 'tidying', visualizing, and analyzing data. We will focus on what we need from 'tidyverse', but, if you're curious, you can read more here: <https://www.tidyverse.org/>

If you're on a lab computer, this package may already be installed. Let's check by running the following command:

```
library(tidyverse)
```

```
-- Attaching core tidyverse packages ----- tidyverse 2.0.0 --
v dplyr      1.1.4      v readr      2.1.5
v forcats    1.0.0      v stringr    1.5.2
v ggplot2    4.0.0      v tibble     3.3.0
v lubridate  1.9.4      v tidyr      1.3.1
v purrr      1.1.0
-- Conflicts ----- tidyverse_conflicts() --
x dplyr::filter() masks stats::filter()
x dplyr::lag()     masks stats::lag()
i Use the conflicted package (<http://conflicted.r-lib.org/>) to force all conflicts to become
```

If you receive an error when you run this, you likely do not have the package installed on your system. This is also probably the case if you are on your personal device and only recently acquired R.

If you got an error, run the following command:

```
install.packages("tidyverse")
```

With a few exceptions, you will always install new packages in this fashion: `install.packages("package_name")`

After it's done installing, go back and run the `library(tidyverse)` command again. Note that you always need to do this for an added package. Whether you've had it for a while or just installed it, you need to load any outside package into your current session by placing its name in the `library()` function.

```
library(tidyverse)
```

3.2 Bringing in our Data

Let's try bringing in a data frame to play with a few tidyverse functions. We'll use the `load()` function to bring in a subset of the General Social Survey, which contains a few variables from the 2022 survey wave. Run the following command and select the file "our_gss.rda"

```
load(file.choose())
```

The `file.choose()` function will open up a file-explorer window that allows you to manually select an R data file to load in. We'll talk about some other ways to import data files using R syntax next time.

Go ahead and take a look at the data frame. Each GSS survey wave has about 600-700 variables in total, so I've plucked several and done a little pre-processing to get us a subset to work with. All the variables here have pretty straightforward names, but I'll note that `realrinc` is a clear outlier there. This is short for 'Real respondent's income' and reflects the respondent's income reported in exact dollar amounts. I'll put a summary here so you can take a look if you're not following along with your own script.

```
summary(our_gss)
```

year		id		age		race		sex	
Min.	:2022	Min.	: 1.0	Min.	:18.00	black:	565	female:	1897
1st Qu.	:2022	1st Qu.	: 886.8	1st Qu.	:34.00	other:	412	male	:1627
Median	:2022	Median	:1772.5	Median	:48.00	white:	2514	NA's	: 20
Mean	:2022	Mean	:1772.5	Mean	:49.18	NA's	: 53		
3rd Qu.	:2022	3rd Qu.	:2658.2	3rd Qu.	:64.00				
Max.	:2022	Max.	:3545.0	Max.	:89.00				

		NA's	:208
realrinc		educ	
Min.	: 204.5	12th grade	:909
1st Qu.:	8691.2	4 years of college:	697
Median	: 18405.0	2 years of college:	506
Mean	: 27835.3	1 year of college	:268
3rd Qu.:	33742.5	6 years of college:	210
Max.	:141848.3	(Other)	:934
NA's	:1554	NA's	: 20
		partyid	
		independent (neither, no response):	835
		strong democrat	:595
		not very strong democrat	:451
		strong republican	:431
		independent, close to democrat	:400
		(Other)	:797
		NA's	: 35

3.3 Data Wrangling with Tidyverse

Let's use this subset to explore some tidyverse functionality. One of the packages included in the tidyverse is `dplyr`, which includes several functions for efficiently manipulating data frames in preparation for analyses. We will encounter a number of these throughout our time with R, but I want to briefly introduce a few key `dplyr` functions and operations that we will dig into more next time.

3.3.1 `select()`

It happens quite often that we have a data frame containing far more variables than we need for a given analysis. The `select()` function allows us to quickly subset data frames according to the variable columns we specify.

This function takes a data frame as its first input, and all following inputs are the variable columns that you want to keep

```
sex_inc <- select(our_gss, id, sex, realrinc)
```

You should now have an object that contains all 3,544 observations, but includes only the 3 columns that we specified with `select()`.

```
summary(sex_inc)
```

	id	sex		realrinc
Min.	: 1.0	female:1897	Min.	: 204.5
1st Qu.:	886.8	male :1627	1st Qu.:	8691.2
Median :	1772.5	NA's : 20	Median :	18405.0
Mean :	1772.5		Mean :	27835.3
3rd Qu.:	2658.2		3rd Qu.:	33742.5
Max.	:3545.0		Max.	:141848.3
			NA's	:1554

3.3.2 filter()

`filter()` functions similarly except that, instead of sub-setting by specific variables, it allows you to subset by specific values. So, let's take the `sex_inc` object we just created above. We now have this subset of three variables—`id`, `sex`, and `income`—but let's imagine we want to answer a question that's specific to women.

In order to do that, we need to *filter* the data to include only observations where the value of the variable `sex` is 'female'.

```
fem_inc <- filter(sex_inc, sex=="female")
```

Note that the `fem_inc` object still has 3 variables, but there are now roughly half the observations, suggesting that we have successfully filtered out the male observations.

```
summary(fem_inc)
```

	id	sex		realrinc
Min.	: 1	female:1897	Min.	: 204.5
1st Qu.:	879	male : 0	1st Qu.:	7668.8
Median :	1783		Median :	15337.5
Mean :	1772		Mean :	22702.1
3rd Qu.:	2664		3rd Qu.:	27607.5
Max.	:3544		Max.	:141848.3
			NA's	:883

3.3.3 summarize()

As the name suggests, `summarize()` allows us to quickly summarize information across variables. It will give us a new data frame that reflects the summaries that we ask for, which can be very useful for quickly generating descriptive statistics. We will use this to get the mean income value for our data frame.

```
mean_inc <- summarize(our_gss, "mean_inc"=mean(realrinc, na.rm=TRUE))
```

Note

You probably noticed the `na.rm = TRUE` input that I supplied for the above function. This is short for ‘remove NAs’, which we need to do when a variable has any NA values. If we don’t, R will screw up, because it does not know to disregard NA values when calculating a column mean unless we tell it to.

This gives us a new data frame that we called `mean_inc`. It should have 1 row and 1 column, and it just gives us the average income of a person in our GSS subset—about \$28,000/year.

```
mean_inc
```

```
  mean_inc  
1 27835.33
```

Now, this is not really all that impressive when we are asking for a broad summary like this. In fact, if all we wanted was to see the average income, we could get that more easily, e.g.

```
mean(our_gss$realrinc, na.rm = TRUE)
```

```
[1] 27835.33
```

The true power of `summarize()` comes from chaining it together with other tidyverse functions. However, in order to do that, we will need to learn about one more new R operation. I’ll show you that in a moment, but let’s take a look at one more helpful tidyverse function.

3.3.4 group_by()

Often when we're using a function like `summarize()`, we want to get summaries for all kinds of different subgroups within our data set. For example, we may want the mean for each value of `sex` or `partyid`, rather than for all people in the data frame. We can do this with `group_by`.

This function may seem a little unusual when used in isolation, because it does not seem to do much on the surface.

```
our_gss <- group_by(our_gss, partyid)
```

When you run that function, you will not generate any new objects, and you will not notice anything different about the data frame.

What it does is overlay a grouping structure on the data frame, which will in turn affect how other tidyverse functions operate.

Compare the output of `summarize()` run on this grouped version of our data frame with the use of `summarize()` above.

```
mean_inc <- summarize(  
  our_gss,  
  "mean_inc" = mean(realrinc, na.rm = TRUE)  
)
```

```
mean_inc
```

```
# A tibble: 9 x 2  
  partyid          mean_inc  
  <fct>          <dbl>  
1 independent (neither, no response) 21570.  
2 independent, close to democrat    27916.  
3 independent, close to republican  26825.  
4 not very strong democrat          31743.  
5 not very strong republican        29101.  
6 other party                       23891.  
7 strong democrat                   30677.  
8 strong republican                 32376.  
9 <NA>                             16922.
```

We ran the same `summarize()` command as before, but now it reflects the grouping structure that we imposed.

3.4 The Pipe

This one might be a little unintuitive, so don't worry if it doesn't immediately click. We will continue to get plenty of practice with it over the next couple of sessions.

The pipe operator looks like this: `|>`. What it does is take whatever is to the left of the symbol and 'pipe' it into the function on the right-hand side. That probably sounds a little strange, so let's see some examples.

We'll refer back to our `summarize()` command from above.

```
mean_inc <- summarize(our_gss, "mean_inc"=mean(realrinc, na.rm=TRUE))
```

This is equivalent to...

```
mean_inc <- our_gss |>
  summarize("mean_age" = mean(realrinc, na.rm=TRUE))
```

Notice that, in the first command, the first input that we give `summarize()` is the data frame that we want it to work with.

In the command featuring the pipe operator, we supply the data frame and then pipe it into `summarize()`. The real magic comes from chaining multiple pipes together. This will likely take a little practice to get used to, but it can become a very powerful tool in our R arsenal.

3.4.1 Putting It All Together

Let's illustrate with an example. I'll let you know what I want to do in plain English, and then I will execute that desire with multiple piped commands.

Ultimately, I want to see the mean income, but I want to see the mean broken down by **sex** and **partyid**.

So, I want to take a **selection** of variables from `our_gss`. I want these variables to be **grouped by sex** and **partyid**. Finally, I want to see a **summary** of the mean according to this variable grouping.

```
sexfpol_means <- our_gss |>
  select(id, sex, realrinc, partyid) |>
  group_by(sex, partyid) |>
  summarize("mean_inc" = mean(realrinc, na.rm=TRUE)) |>
  drop_na(sex, partyid)
```

``summarise()`` has grouped output by 'sex'. You can override using the ``.groups`` argument.

i Note

We can use `drop_na()` to do as the function's name suggests. When we learned about `group_by()` above, you may have noticed that a mean was reported for an NA category within the `partyid` variable. Any time you notice this and want your summaries to exclude these NA categories, just include that variable as an input to `drop_na()`.

`sexpol_means`

```
# A tibble: 16 x 3
# Groups:   sex [2]
   sex    partyid          mean_inc
  <fct> <fct>          <dbl>
1 female independent (neither, no response) 17923.
2 female independent, close to democrat    19961.
3 female independent, close to republican   20095.
4 female not very strong democrat          24300.
5 female not very strong republican        22448.
6 female other party                      26595.
7 female strong democrat                   30111.
8 female strong republican                 21584.
9 male   independent (neither, no response) 25474.
10 male  independent, close to democrat      36947.
11 male  independent, close to republican    31393.
12 male  not very strong democrat           41233.
13 male  not very strong republican         34544.
14 male  other party                       22450.
15 male  strong democrat                    31600.
16 male  strong republican                   40210.
```

So, using `dplyr`, we can quickly subset and manipulate data frames in just a few lines of relatively straightforward code. Here we have all the means for each value of `sex` and `partyid`, which would have been a tedious task had we calculated them all manually.

We will see plenty more on the tidyverse, so don't fret if you don't feel completely confident with these yet. It takes practice getting used to R's peculiarities. We will keep building with these in the next unit and hopefully accumulate some muscle memory.

Part II

Day 2: Survey Data and Univariate Analysis

4 Recoding Variables

Today's venture concerns univariate analysis, i.e. the quantitative description of a single variable. Before we do that, however, we need to familiarize ourselves with some data-cleaning procedures.

4.1 Background

Recoding a variable involves manipulating the underlying structure of our variable such that we can use it for analysis. We did a little recoding during the last unit when we converted character vectors into factor variables. This allowed us to align R data types with the appropriate level of measurement.

There are also occasions when we need a variable to be translated from one level of measurement to another. For example, we may want to convert a ratio variable for “number of years of education” into an ordinal variable reflecting categories like “less than high school”, “high school diploma”, “Associates degree”, and so on.

We may also want to collapse the categories of ordinal variables for some analyses. Consider a variable with a Likert-scale agreement rating, where you responses like “strongly agree,” “moderately agree,” “slightly agree,” and so forth. You may decide to collapse these categories into categories of “Agree” and “Disagree”.

We will get some practice doing this sort of thing, which is an essential component of responsible analysis. Additionally, our next unit on bivariate analysis will require us to work with categorical variables in particular, so we need to be capable of converting any numeric variables.

4.2 Converting Numeric to Categorical

We will start by recoding `age`—a ratio variable—into an ordinal variable reflecting age groupings. The same strategies we use here will work for any numeric variable.

4.2.1 Setting up our workspace

As usual, let's make sure we load in `tidyverse` along with our GSS data.

```
library(tidyverse)
load("our_gss.rda")
```

Let's double check the structure of our data frame.

```
str(our_gss)
```

```
'data.frame':  3544 obs. of  8 variables:
 $ year      : int  2022 2022 2022 2022 2022 2022 2022 2022 2022 2022 2022 ...
 $ id        : int   1  2  3  4  5  6  7  8  9 10 ...
 $ age       : int   72 80 57 23 62 27 20 47 31 72 ...
 $ race      : Factor w/ 3 levels "black","other",...: 3 3 3 3 3 3 2 3 3 NA ...
 $ sex       : Factor w/ 2 levels "female","male": 1 2 1 1 2 2 1 2 1 1 ...
 $ realrinc  : num  40900 NA 18405 2250 NA ...
 $ educ      : Factor w/ 21 levels "1 year of college",...: 10 14 4 10 6 4 4 10 4 4 ...
 $ partyid   : Factor w/ 8 levels "independent (neither, no response)",...: 7 1 5 7 1 4 2 7 2 7
```

Note

You might notice the 'int' category, which is short for 'integer'. This is a subtype of numeric data in R. Variables that are exclusively whole numbers are often recorded in this way, but we can work with them in R just like we can other sorts of numbers

4.2.2 The 'age' variable

We can take a look at all the values of age (along with the # of respondents in each age category) using the `count()` function.

```
count(our_gss, age)
```

However, I'm not going to display those results here, as it will be a particularly long table of values (with 70+ different ages). It's fine to run it—it won't crash R or anything—but it will clutter up this page. Let's take this as a good opportunity to take advantage of the fact that we are using one of the better funded and well-organized surveys in all of social sciences. As such, there's extensive documentation about all of the variables measured for the GSS.

Go ahead and take a look at the age variable via the [GSS Data Explorer](#), which allows us to search for unique variables and view their response values, the specific question(s) that was asked on the survey, and several other variable characteristics.

The responses range from 18 - 89 (in addition to a few categories for non-response). However, note that there's something unique about value 89. It's not just 89 years of age, but 89 & older. This isn't a real issue for our purposes, but take this as encouragement to interface with the codebook of any publicly available data you use. There's some imprecision at the upper end of this variable, and that might not be obvious without referencing the codebook.

For the purposes of this exercise, let's go ahead and turn age into a simple categorical variable with 3 levels—older, middle age, and younger. I'm going to choose the range somewhat arbitrarily for now. We can use univariate analysis to inform our decision about how to break up a numeric variable, so we will revisit this idea again later on.

- **Younger** = 18 - 35
- **Middle Age** = 36 - 49
- **Older** = 50 and up

At the end of the day, what we need to do is 1.) create a new variable column 2.) populate that column with ordinal labels that correspond with each respondent's numeric age interval.

4.2.3 New columns with `mutate()`

First, let's consider the `mutate()` function. This function takes a data frame and appends a new variable column. This new variable is the result of some calculation applied to an existing variable column.

Let's look at an application of `mutate()` to get a feel for it. Now, this wouldn't be the best idea for a couple reasons, but, as an illustration, let's say we wanted to convert our yearly income values to an hourly wage (assuming 40 hrs/week).

`mutate()` takes a data frame as its input, and then we provide the name of our new variable column(s) along with the calculation for this new variable. Below, I use `mutate()` to create a new column called `hr_wage`. Then, I tell R that the `hr_wage` variable should be calculated by taking each person's income value and dividing that by 52 weeks in a year, and then 40 hours in a week.

```
# Without the pipe operator
our_gss <- mutate(
  our_gss,
  hr_wage = (realrinc/52)/40
)
```

```
# With the pipe operator
our_gss <- our_gss |>
  mutate(
    hr_wage = (realrinc/52)/40
  )
```

Take a look at your new data frame object. I'll show a summary here to verify that we got our new column.

```
summary(our_gss)
```

year	id	age	race	sex
Min. :2022	Min. : 1.0	Min. :18.00	black: 565	female:1897
1st Qu.:2022	1st Qu.: 886.8	1st Qu.:34.00	other: 412	male :1627
Median :2022	Median :1772.5	Median :48.00	white:2514	NA's : 20
Mean :2022	Mean :1772.5	Mean :49.18	NA's : 53	
3rd Qu.:2022	3rd Qu.:2658.2	3rd Qu.:64.00		
Max. :2022	Max. :3545.0	Max. :89.00		
		NA's :208		
realrinc	educ			
Min. : 204.5	12th grade :909			
1st Qu.: 8691.2	4 years of college:697			
Median : 18405.0	2 years of college:506			
Mean : 27835.3	1 year of college :268			
3rd Qu.: 33742.5	6 years of college:210			
Max. :141848.3	(Other) :934			
NA's :1554	NA's : 20			
	partyid	hr_wage		
independent (neither, no response):835	Min. : 0.09832			
strong democrat :595	1st Qu.: 4.17849			
not very strong democrat :451	Median : 8.84856			
strong republican :431	Mean :13.38237			
independent, close to democrat :400	3rd Qu.:16.22236			
(Other) :797	Max. :68.19631			
NA's : 35	NA's :1554			

So, we can use `mutate()` to add a new column that contains our recoded variable. We just need a way to specify a calculation that takes into account the specific intervals we want for our ordinal labels. For this, we need one more function.

4.2.4 Custom intervals with `cut()`

We can use the `cut()` function to specify the intervals we want for our age groupings, and then we will combine it with `mutate()` to generate our recoded age variable. Specifically, `cut()` takes our intervals and turns each of them into a level in a new factor variable.

But first, I want to give a little context on interval notation in mathematics. It will help us all be a little more precise when we talk about ranges, and it will also help us understand an input we need to provide for `cut()`.

4.2.4.1 An aside on intervals

In mathematic terms, an interval is the set of all numbers in between two specified end points. In formal notation, these are indicated with the two endpoints placed in square brackets, e.g $[1,5]$ as the interval of 1 through 5.

There are some technical terms to describe whether or not we want to include the endpoints when we are talking about a particular interval.

- **Closed interval:** This is when both end points are included in the interval. Closedness is indicated with square brackets, so, the closed interval of 1 through 5 would be written just like I have above— $[1,5]$. This indicates any number ‘x’ where $1 \leq x \leq 5$
- **Open interval:** This is when neither endpoint is included in the interval. In interval notation, openness is indicated with parentheses rather than square brackets, so the open interval of 1 through 5 would be written as $(1,5)$. This interval would indicate any number ‘x’ where $1 < x < 5$
- **Left-open interval:** This is when the left-hand endpoint is not included, but the right-hand endpoint is. This would be written as $(1,5]$ in interval notation, and that interval would indicate any number ‘x’ where $1 < x \leq 5$
- **Right-open interval:** When the right-hand endpoint isn’t included but the left endpoint is, you have a right-open interval. This would be written as $[1,5)$ in interval notation and would indicate any number ‘x’ where $1 \leq x < 5$.

We will be working with the right-open interval format, and we can specify that in `cut()`.

Now, let’s return to our task at hand.

4.2.4.2 Inputs for `cut()`

We'll go ahead and work with `cut` directly in `mutate()`, as its going to be the calculation that we are providing for the new column we generate with `mutate()`.

As a reminder, here are the intervals we need:

- **Younger** = 18 - 35
- **Middle Age** = 36 - 49
- **Older** = 50 and up

The following code may look a little chaotic at first glance, but it's really the same sort of thing that we did with `mutate()` above. It's just that `cut()` is a little bit more involved of a calculation than the simple division we did in our example.

Just like above, we are applying `mutate()` to `our_gss`, and we are giving the name of our new variable column (`age_ord`, in this case) as the first input. Then, for the calculation, we give the `cut()` function and the arguments it needs.

`cut()` and its inputs

- The variable for which we want to specify intervals (`age`)
- **breaks**: This is where we indicate the intervals. The first number we give is the low end of our lowest age group (18). The second number is the low end of our middle age group (36). The third number, as you probably guessed, is the low end of our highest age group. The last value should reflect our upper limit. In this case, I use the value `Inf`, which is short for 'infinity'. This essentially tells R that the last category can include any values higher than the previous number we entered.
- **include.lowest**: Putting `TRUE` here tells R that, in each interval, we want the lowest value to be included. If we don't do this, then our 'younger' age grouping would be 19 - 35 rather than 18 - 35. In other words, setting this to `TRUE` indicates a left-closed interval, and `FALSE` indicates a left-open interval.
- **right**: This is the input for specifying whether we want this to be a right-closed interval, and it takes a logical value (`TRUE` or `FALSE`). We want a right-open interval, so we will set this to `FALSE`.
- **labels**: R will actually default to formal interval notation for the names of each level of our new factor variable, so it would be `[18,36)`, `[36,50)`, `[50, Inf)`. However, we can provide a character vector to specify custom labels for these new factor levels. In the event that you have an ordinal variable, make sure that you always specify these labels in ascending order. In this case, that would be `Younger < Middle Age < Older`.

- **ordered_result**: This takes a logical value and, as the name suggests, indicates whether we want the factor to be ordered or not. In our case, there is a clear progression in terms of age, so we need to set this to `TRUE`.

```
our_gss <- our_gss |>
mutate(
  age_ord = cut(
    age,
    breaks = c(18, 36, 51, Inf),
    include.lowest = TRUE,
    right = FALSE,
    labels = c("Younger", "Middle Age", "Older"),
    ordered_result = TRUE
  )
)
```

Go ahead and take a look at `our_gss`, and our new column should bring us to 10 variables instead of 9. I'll use the `str()` function here so we can confirm that our factor was ordered and added to the data frame.

```
str(our_gss)
```

```
'data.frame':  3544 obs. of  10 variables:
 $ year      : int   2022 2022 2022 2022 2022 2022 2022 2022 2022 2022 ...
 $ id        : int    1  2  3  4  5  6  7  8  9 10 ...
 $ age       : int   72 80 57 23 62 27 20 47 31 72 ...
 $ race      : Factor w/ 3 levels "black","other",...: 3 3 3 3 3 3 2 3 3 NA ...
 $ sex       : Factor w/ 2 levels "female","male": 1 2 1 1 2 2 1 2 1 1 ...
 $ realrinc  : num   40900 NA 18405 2250 NA ...
 $ educ      : Factor w/ 21 levels "1 year of college",...: 10 14 4 10 6 4 4 10 4 4 ...
 $ partyid   : Factor w/ 8 levels "independent (neither, no response)",...: 7 1 5 7 1 4 2 7 2 7
 $ hr_wage   : num   19.66 NA  8.85 1.08 NA ...
 $ age_ord   : Ord.factor w/ 3 levels "Younger"<"Middle Age"<...: 3 3 3 1 3 1 1 2 1 3 ...
```

4.3 Restructuring Categorical Variables

Now, let's go ahead and tackle the other recoding situation I mentioned up at the top—collapsing the levels of categorical variables. We'll work with `partyid` here, but the logic of this process will apply to any categorical variable.

4.3.1 Collapsing categories

I encourage you to take a look at `partyid` in [the GSS Data Explorer](#), like we did for ‘age’.

Because `partyid` is a categorical variable, it has far fewer unique values than a ratio variable like `age`, so we can go ahead and take a look at all of its levels with the `count()` function.

Note

Observe that `count(our_gss, partyid)` basically provides the same information as `summary(our_gss$partyid)` when the variable is a factor. The only real difference is that `count()` organizes the info into a tidy data frame. In other words, you can use either function to take a look at factor variable like this.

```
count(our_gss, partyid)
```

	partyid	n
1	independent (neither, no response)	835
2	independent, close to democrat	400
3	independent, close to republican	330
4	not very strong democrat	451
5	not very strong republican	361
6	other party	106
7	strong democrat	595
8	strong republican	431
9	<NA>	35

Let’s go ahead and collapse these into categories of “Democrat”, “Independent”, “Other Party”, and “Republican”. We’ll use `mutate()` to make a new variable column called `partyid_recoded`. For the calculation of our new variable, we can use the `fct_collapse()` function. This function allows us to first give the name of a new factor level, and then we can give a character vector of the names of levels that want to be collapses into a single category.

So, to collapse our 3 Democrat levels into a single factor level, we would give the following input for `fct_collapse()`:

```
"Democrat" = c("strong democrat", "not very strong democrat")
```

And then repeat for each new factor level.

```
our_gss <- our_gss |>
  mutate(
    partyid_recoded=fct_collapse(partyid,
      "Democrat" = c("strong democrat", "not very strong democrat"),
      "Republican" = c("strong republican", "not very strong republican"),
      "Independent" = c("independent, close to democrat", "independent (neither, no response)", "independent (strongly neither)"),
      "Other Party" = c("other party")
    ))
```

Now, let's take a look at our new variable.

```
count(our_gss, partyid_recoded)
```

	partyid_recoded	n
1	Independent	1565
2	Democrat	1046
3	Republican	792
4	Other Party	106
5	<NA>	35

4.3.2 Excluding levels

You may also want to work with an existing categorical variable, but only focus on certain values. In this case, we can create a recoded variable and simply code the levels we are uninterested in as NA.

We can use the `fct_recode()` function for this. For the first input, we will give it the factor-variable column that we want to recode. Then, we will let it know that we want to set the levels of “Other Party” and “Independent” to NULL. This will convert them to NAs and allow us to easily exclude them from our analyses. We will use `fct_recode()` within `mutate()` so we can create another recoded version of `partyid_recoded`. We'll call this one `dem_rep` to distinguish it from the original `partyid` and our first recoded version.

```
our_gss <- our_gss |>
  mutate(dem_rep = fct_recode(
    partyid_recoded,
    NULL="Other Party",
    NULL="Independent"))
```

Let's check to see that it worked.

```
count(our_gss, dem_rep)
```

```
      dem_rep      n  
1  Democrat 1046  
2 Republican  792  
3      <NA> 1706
```

Now that we have gotten all this pre-processing stuff out of the way, let's go ahead and dig into some univariate analysis.

Part III

Day 3: Bivariate Analysis with the GSS

Part IV

Day 4: Multivariable Analysis and Elaboration

Part V

Day 5: Tidying our Visualizations with ggplot

Introduction

Up to this point, we have worked with pretty simple visualizations, just so we can quickly glean important information about our statistical models without spending too much time focusing on the aesthetics of the visuals.

In this lab, we will learn a bit more about R's graphical capability—especially through tidyverse's `ggplot`—which provides us with incredible customizability. We will learn how to fine-tune some of the visuals we have already worked with, and we will preview some other common visual styles that can manage with `ggplot`.

Visualization and Analytical Thinking

Before we start working with some of these new visual tools, I want to take an opportunity to stress the importance of visualization more generally. It's easy to see the process of presenting visuals as something somewhat superficial, but visualization can be critical for defining the kind of questions we can ask about our data.

For now, I'm going to obscure the code I'm using for this document. We will learn more about the kind of commands I used to generate the following figures, but I don't want anyone to get bogged down initially. I'll use these visuals to help impart an important lesson about data visualization's in the research process.

Thirteen Data Sets

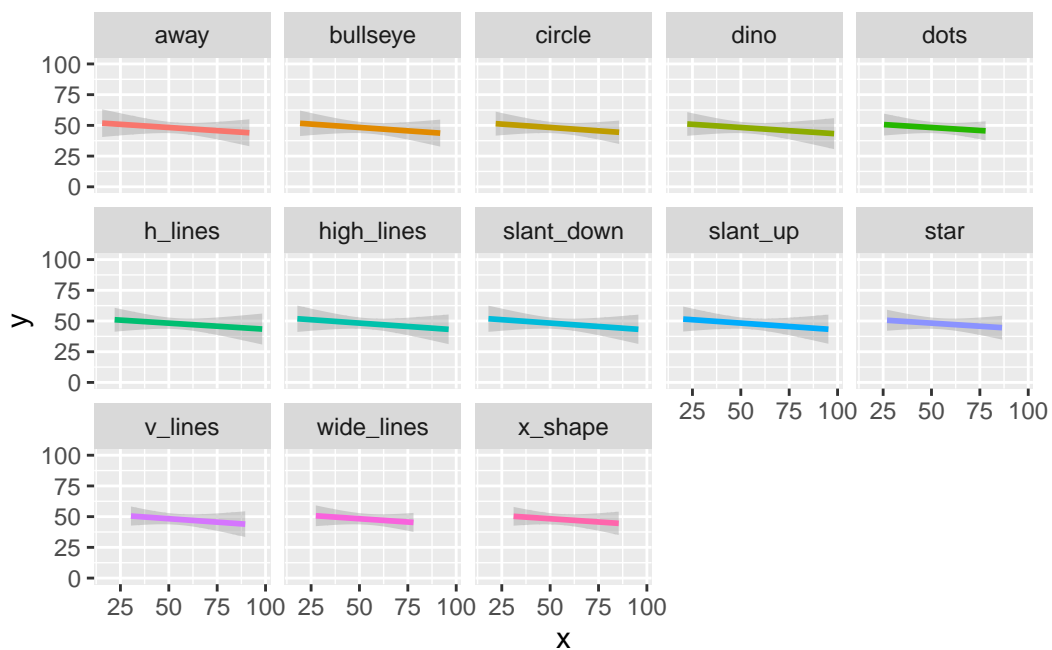
Let's take a look at a collection of thirteen different data sets. Each data set has 142 observations with 2 columns, labeled `x` & `y`.

I'll use some tidyverse commands to get some summary statistics for each of the data sets, including the mean of both variables and their standard deviations. Let's see what seems to distinguish some of these data sets from one another.

```
# A tibble: 13 x 4
  mean_x mean_y std_x std_y
  <dbl> <dbl> <dbl> <dbl>
```

1	54.3	47.8	16.8	26.9
2	54.3	47.8	16.8	26.9
3	54.3	47.8	16.8	26.9
4	54.3	47.8	16.8	26.9
5	54.3	47.8	16.8	26.9
6	54.3	47.8	16.8	26.9
7	54.3	47.8	16.8	26.9
8	54.3	47.8	16.8	26.9
9	54.3	47.8	16.8	26.9
10	54.3	47.8	16.8	26.9
11	54.3	47.8	16.8	26.9
12	54.3	47.8	16.8	26.9
13	54.3	47.8	16.8	26.9

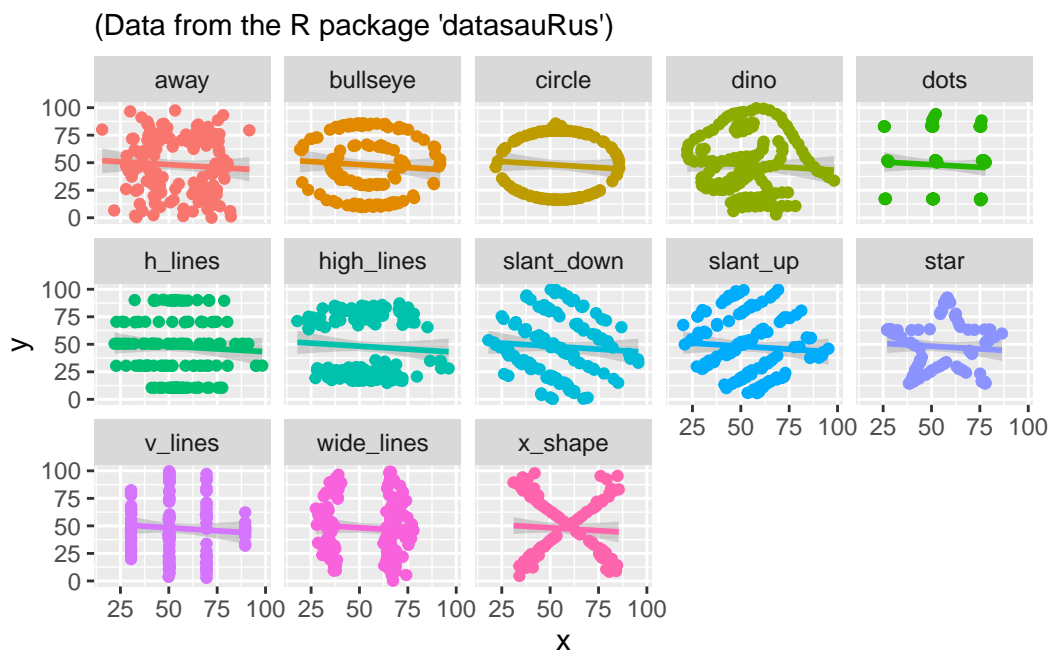
Well, there's not much we can say here. All the summary statistics are identical. Why don't we try modeling a linear relationship between the x and y variables. Maybe looking at the correlations will tell us something. I'll display the linear regression lines for each data set below.



Okay. This is not revealing much either. All the lines seem to have the same slope, which shows a (slight) negative relationship where y decreases as x increases. The correlations aren't revealing any notable distinctions.

But wait. One thing we can see here is that, while the correlations appear to be about the same, there are some differences in the ranges of values. Note that the regression lines don't extend across the same range of x-axis values in each data set. Maybe there is something here after all.

Let's just go ahead and plot the actual data over our regression lines.



Now there's some distinction!

This is a tongue in cheek data set known as the '[datasaurus dozen](#)'. It's often used in intro statistical classes to help illustrate the importance of visualization. It's inspired by another conceptually similar data set known as '[Anscombe's quartet](#)' which likewise stresses the role of plotting data in producing well informed analyses.

In Sum

So, take this as a showcase of the importance of visualizing your data. This isn't to discount summary statistics and other numeric description of data—those are still invaluable for us.

Rather, cases like Datasaurus or Anscombe's quartet highlight the necessity of understanding the shape of your data. This will determine the kind of questions you can ask with the data, as well as the kind of statistical tools you need to describe it.

For example, in the case we just examined, those x and y variables do not have any kind of clear linear relationship. In that case, tools like regression that assume linearity are not appropriate. Any relationship between the variables could only be explored through other statistical means.

So, making our figures and tables look aesthetically pleasing is indeed valuable in its own right, but don't underestimate the utility of good visualization for the analytic process itself.