## Internal Sound Making Manual

## **Tensory Tympani Bass**



- I. Open your mouth to yawn
- 2. Do not finish yawning, hold your mouth open for 3 seconds
- 3. Tuck your ears, keep your mouth open, try to push the air in your mouth to your ears
- 4. Feel the pressure for 2 seconds
- 5. Finish yawning
- 6. Get your tears on your finger if you had some
- 7. Offer someone to lick them, if not, lick vourself.









Repeat the process in case of failure