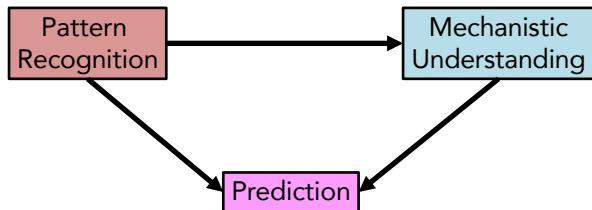


- ### Overview
1. What is Causality?
  2. Thinking about causal model structure to build valid inference
  3. Causal Identification
  4. Choosing how to design a model
  5. Starting with Meta-Models
  6. Realizing Your Model

## Goals of Science



All are valid and useful in particular contexts – What are **YOU** seeking to do?

## Pearl's Ladder of Causality



**3. Counterfactual** – Can imagine what would happen under unobserved conditions

- Prediction**
- Requires model of a system
- Requires identification of causality

**2. Intervention** – Understand what happens you do something

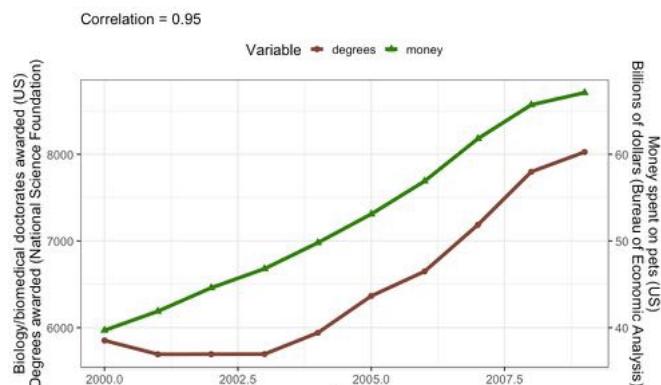
- Mechanistic Understanding**
- Experiments
- Provides evidence of causal link

**1. Observation** – Cause is associated with effect

- Pattern Recognition**
- Correlation
- Can only predict within the range of data

Pearl and Mackenzie 2018

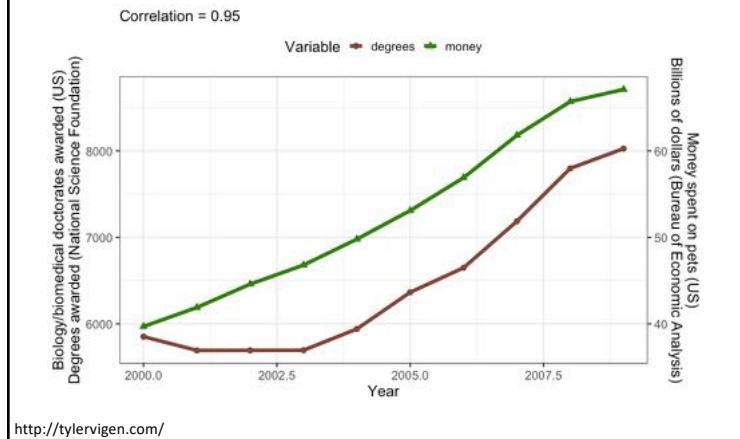
## Observation: Can We Learn Anything?



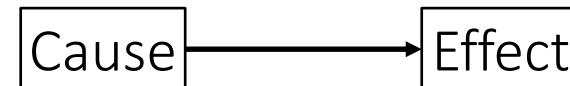
Correlation does not equal causation... but where there's smoke, there's fire.

-Jim Grace

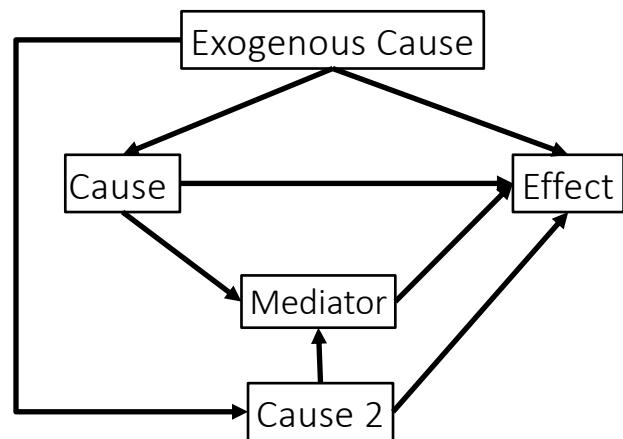
## Where's the Fire?



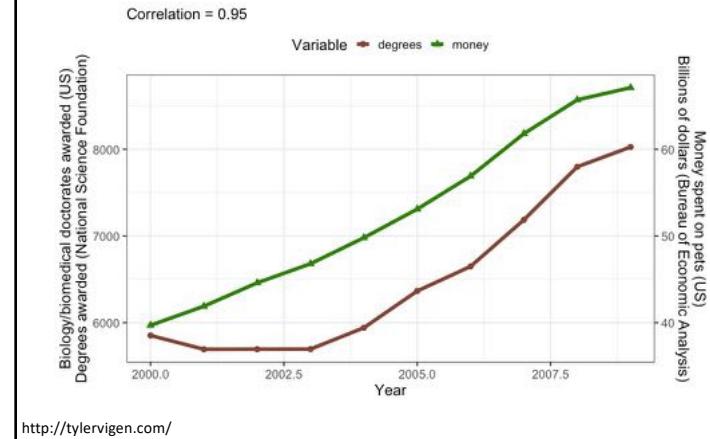
## What We Want to Evaluate



## But This is the World



## What Is The World Behind This Association?

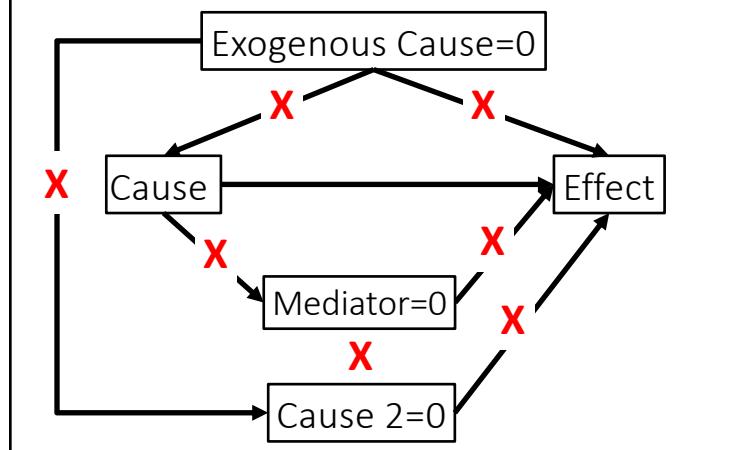


## Do You Need to be Doing Causal Inference?

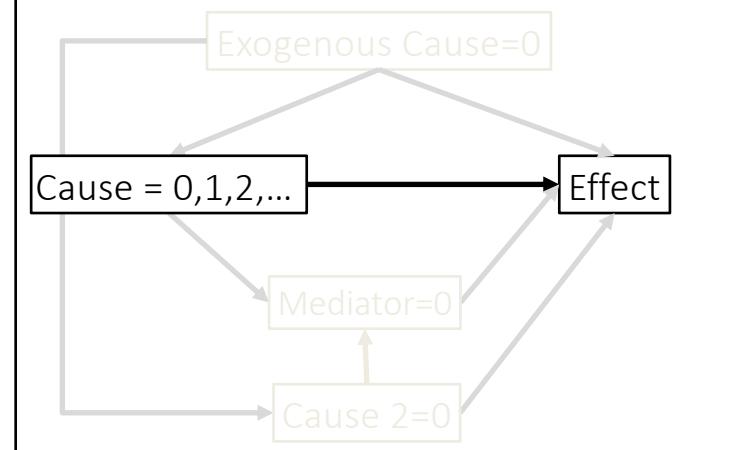
- No!
  - Not all studies will provide causal links between different variables of interest
  - If the study goal is predictive or descriptive rather than causal, this might not be needed
- But...
  - We cannot hope to understand the world without developing an understanding of causal associations
- Indeed
  - Understanding the clockwork machinery of the universe is an end goal of science – one which we can never achieve, but strive for!

**WHAT IS YOUR QUESTION?  
IS IT FUNDAMENTALLY  
CAUSAL? OR NOT?**

## Intervention: Experiments! What can we learn?



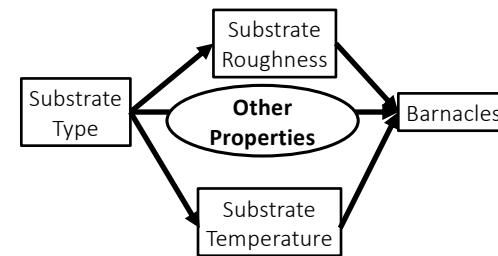
## Experiments: Manipulate Cause of Interest



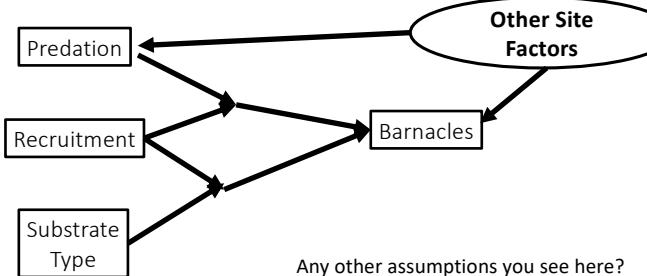
## Experiments and Causal Diagrams: Substrate and Barnacles



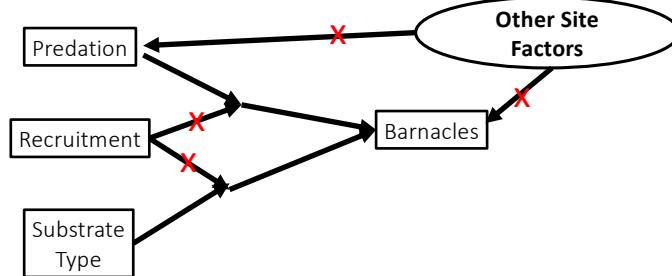
## Experiments and Causal Diagrams: Substrate and Barnacles – Mediators Creep in!



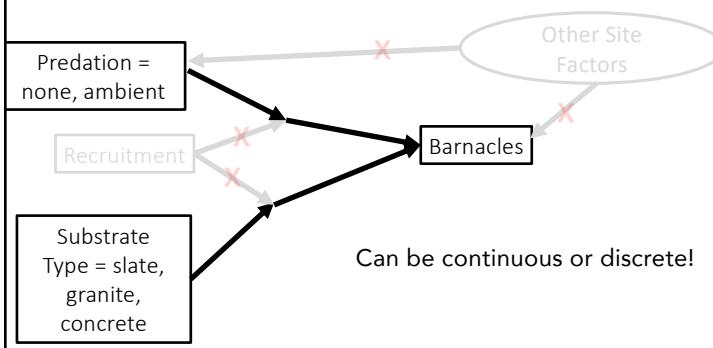
## Experiments and Causal Diagrams: Flesh Out the System



## Collapsing the Diagram for an Experiment: Use Just One Site



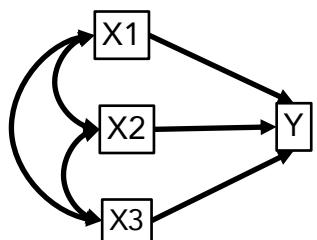
## Experiments and Causal Diagrams: Setting Treatment Levels?



### Overview

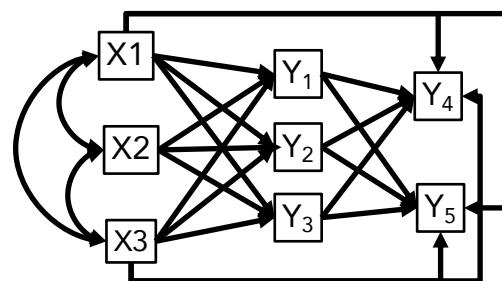
1. What is Causality?
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## Can We Think of Multiple Regression from a Causal Standpoint?



- We estimate the effect of exogenous variables **controlling** for all others
- Covariances implied
- Not controlling for the right variables = bad inference
- Controlling for the wrong variables = bad inference

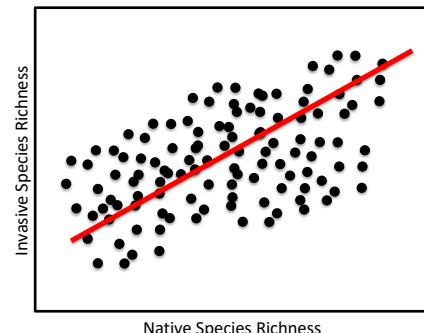
## But....We Want to Avoid This



1. What can you actually learn from this?
2. No, everything is not connected to everything

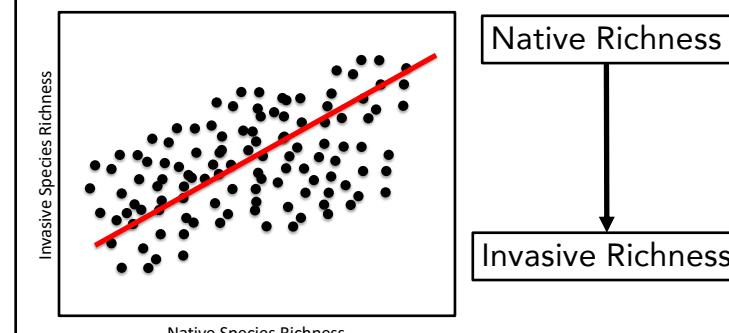
## Why Use Multiple Predictors: Simpson's Paradox

- Classic Problem: Does having more native species hinder invasive species success?



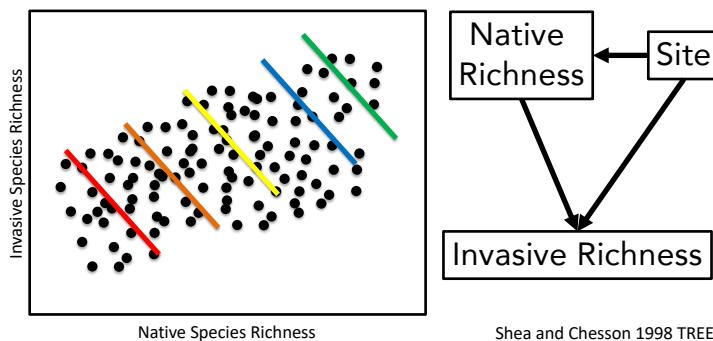
## Why Use Multiple Predictors: Simpson's Paradox

- Classic Problem: Does having more native species hinder invasive species success?

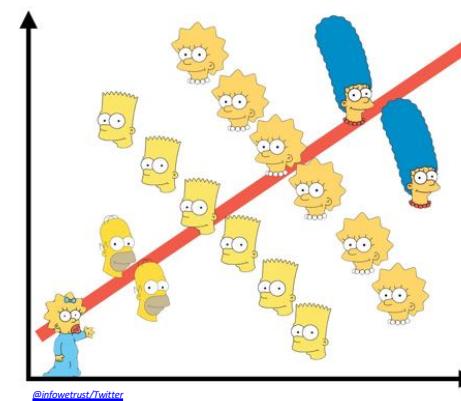


## Why Use Multiple Predictors: Simpson's Paradox

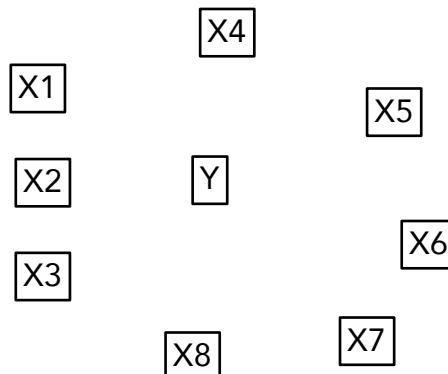
- Simpson's Paradox addresses the influence of **confounders** causing flips in signs of relationships



## Simpson's Paradox is Everywhere



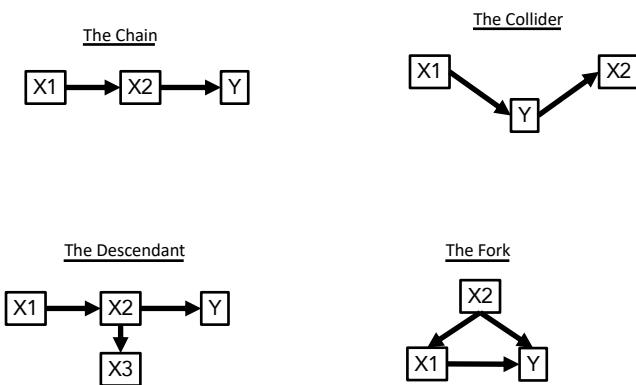
## But Which Predictors? All? Some? Which?!?!?!



## Why Not to Use All Predictors

1. Increased SE on all coefficients
2. Spurious correlations might give false signals
3. Including variables that can obfuscate the signal of causation due to causal graph structure!

## Features of Causal Graphs to Watch Out For and Why to use SEM



## Chain of Foolish Inference

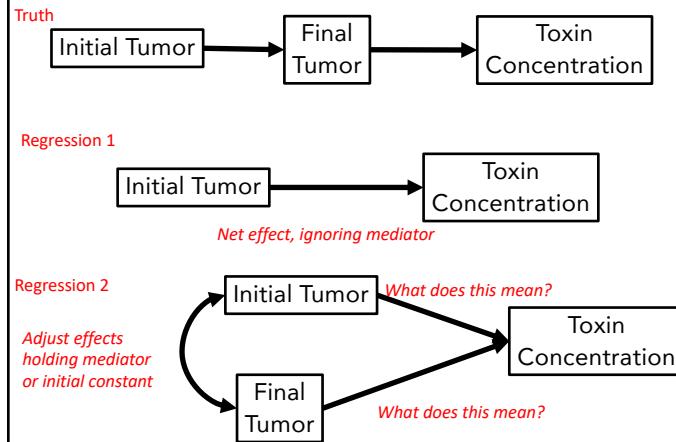
*Consider the following:*

You are following a cohort of patients with tumors to see if tumor size influences buildup of blood toxins. You measure differences in tumor sizes at t0, and then again at t1, when you take blood samples

Which tumor size(s) do you use as predictors of blood toxin concentrations? Initial, final, or both?



## Consider the Consequences



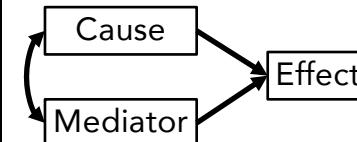
## The Chain

Causal Model

*In experiments, this is controlling for post-treatment effects*



What it can do to Multiple Regression

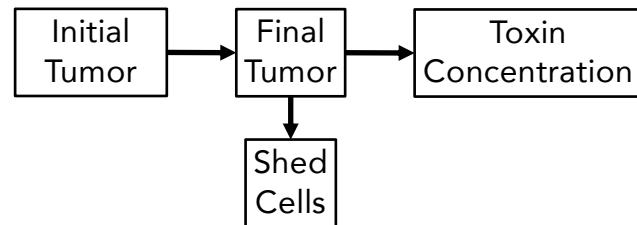


- Mediator blocks cause
- Looks like no or opposite link between cause and effect
- Can be OK if you are also analyzing the cause -> mediator relationship

## Will a Child Set us Free?

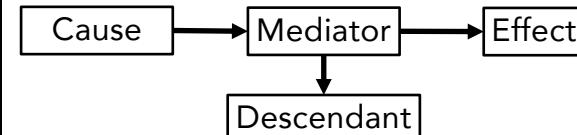
**Consider the following:**

What if we knew the final tumor was shedding cells, and we had their concentration. Should we control for that?

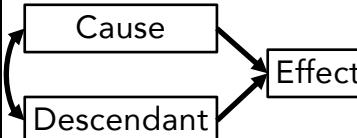


## The Descendant Problem

Causal Model



What it would do to Multiple Regression

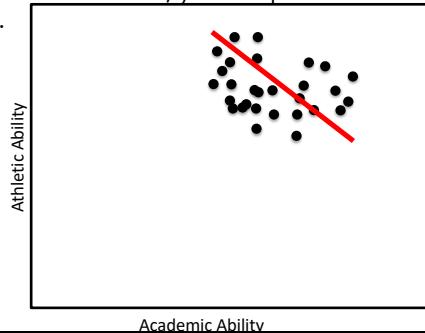


- Descendant still partially blocks cause
- Masks effect of cause – many possibilities

## A Collision of Sampling and Regression

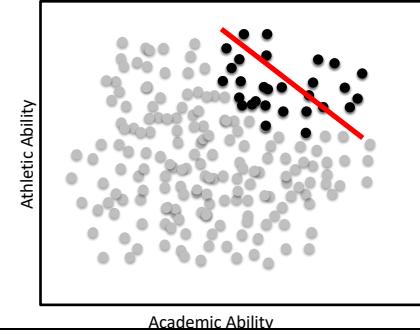
*Consider the following:*

You are interested to see if academic ability and athletic ability are correlated. So, you sample students at your university.



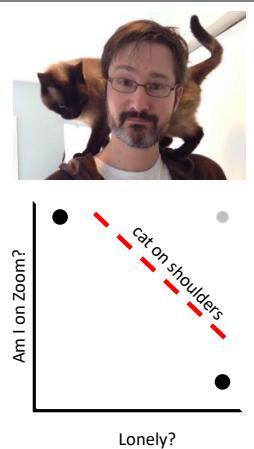
## A Collision of Sampling and Regression

*But how do you get into college?*



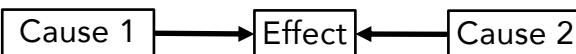
## Example of Collider Bias

- My cat jumps on my shoulders when she is lonely, I am on Zoom, or both.
- It's more likely she is satisfying one of those conditions at any one time, rather than both
- Thus, if I am on zoom, I know she is likely not lonely
- I'd falsely conclude there's a relationship between my being on zoom and if she is lonely

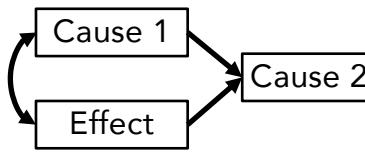


## The Collider

*Causal Model*



*What it would do to Multiple Regression*



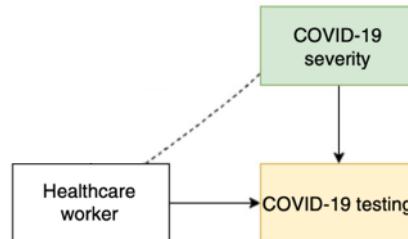
- Conditions on effect, opening path between causes
- Creates spurious correlations

## Surely We Wouldn't Fall Prey To Collider Bias...

Preliminary studies suggested that

- a) Healthcare workers were likely to get less severe Covid infections
- b) Covid infection was lower among smokers

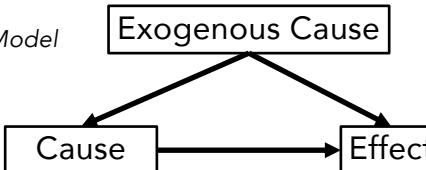
WHY?



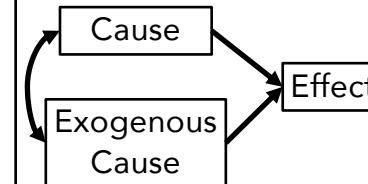
Griffith et al. 2020 Nat. Com.

## The Fork

Causal Model



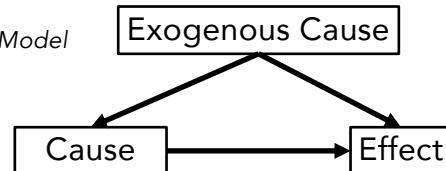
What it would do to Multiple Regression



- Nothing – this is great!
- The core of piecewiseSEM!

## The Bigger Problem...

Causal Model



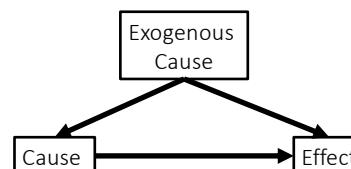
Univariate Regression



- The relationship is contaminated – results unreliable!

## The Omitted Variable Bias Problem

- We assume that sampling means that omitted variables average to 0
  - Omission produces downward bias in SE of coefficients



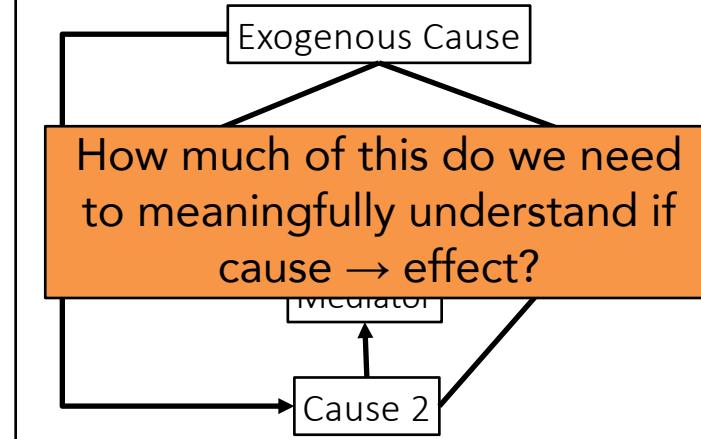
- But, if omitted variables are correlated causally with a predictor, they likely are not averaged out

- This will bias your estimates
  - You will not know in what direction

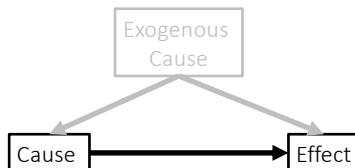
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## Build The World to Make Counterfactual Predictions

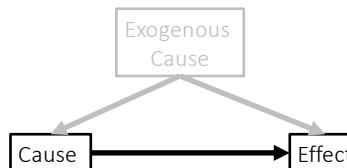


## OVB and Causal Identification



*This path is not causally identified*

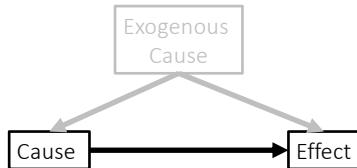
## Causal Identification



Your model *need not be causally identified* – but be specific that you are only talking about associations

You can only make counterfactual statements if you are confident in causal identification

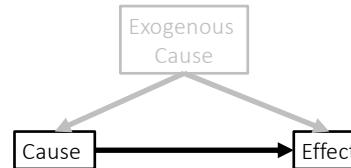
## Causal Identification



Causal identification does not require knowing ULTIMATE cause

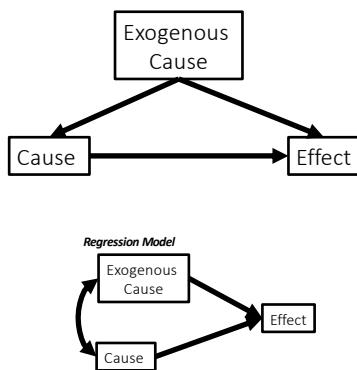
Nor does it require knowing exact mechanisms within a causal pathway

## How do we solve this problem?



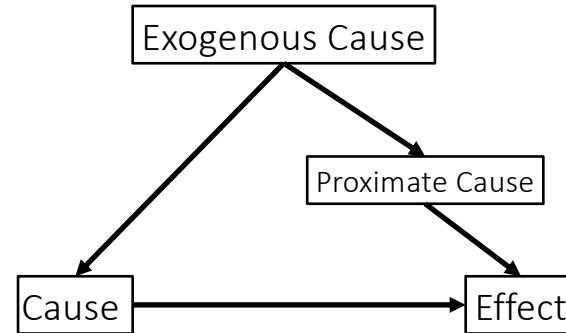
*This relationship is not causally identified*

## Solution 1: The Backdoor Criteria



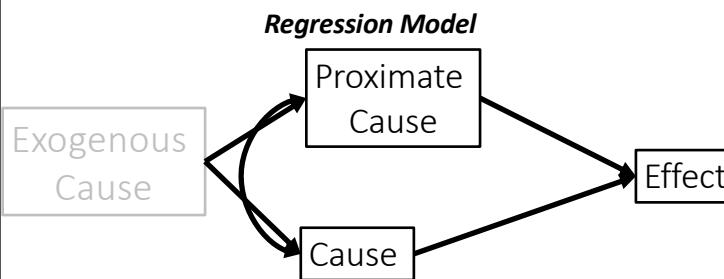
- If we want to know the link between cause and effect given variables that affect both, we must include all variables with a path **into** the cause
- So, variables must block all backdoor paths from treatment to outcome
- AND variables must not be descendants of the cause (i.e., no mediators – see the pipe!)

## Proximate Backdoors

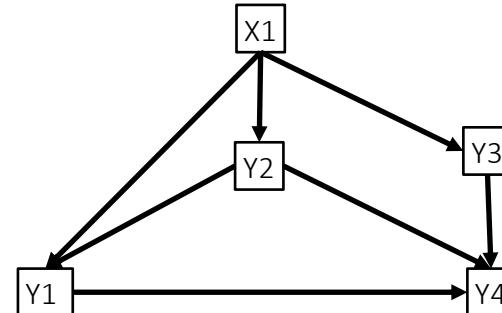


Often we only have proximate variables in a backdoor path. Controlling for just them is sufficient.

## Proximate Backdoors and Regression

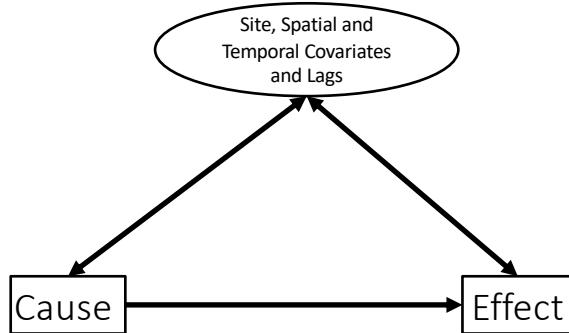


## What Variables Block the Back Door?



There are two ways to build a multiple regression with closed back doors to determine if  $Y_1 \rightarrow Y_4$ . What are they?

## Space and Time Live in the Backdoor



## Finding Backdoors with dagitty

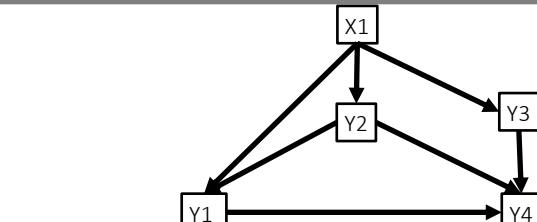
- Great package for graph prototyping
- Many ways to analyze graphs as well!

To build a DAG

```

g <- dagitty("dag{
  ...
}")
  
```

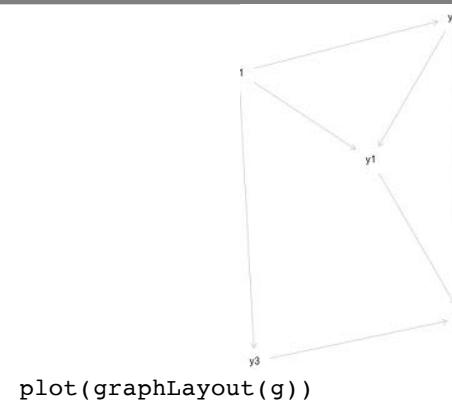
## Building a DAG with dagitty



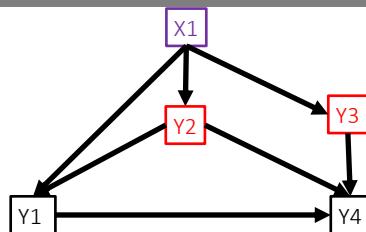
```

g <- dagitty("dag{
  x1 -> y1
  y2 -> y1
  x1 -> y2
  x1 -> y3
  y3 -> y4
  y2 -> y4
  y1 -> y4
}")
  
```

## Plot your DAG!



## How to Shut the Back Door



```

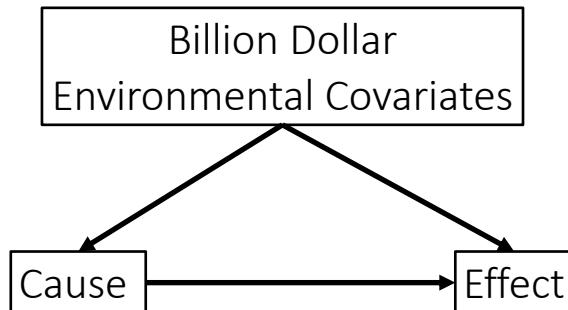
> adjustmentSets(g, exposure = "y1",
                  outcome = "y4")
                  { y2, y3 }
                  { x1, y2 }
  
```

## Exercise: daggity

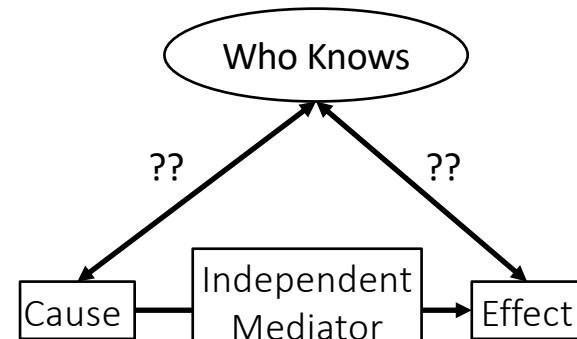
- Sketch a model of 4-5 variables in your system
  - Don't think too hard (that's for later!)
- See if you can figure out how to close any backdoors
- Use **daggity** to find the back doors between a chosen pair

n.b. can represent chains as: a → b → c → d  
or colliders as: a → b ← c

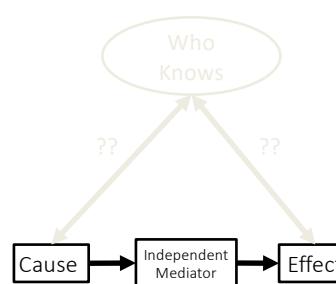
## Sometimes We Cannot Shut the Backdoor



Or, we suspect, but don't know, of backdoors

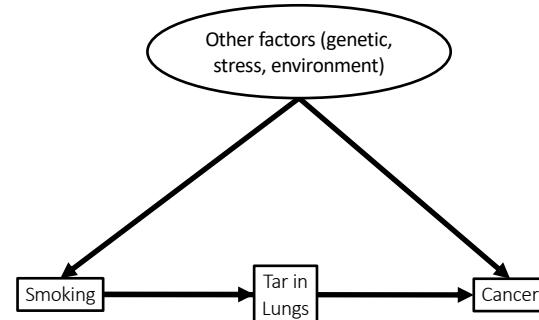


## Solution 2: The Front-Door Criterion



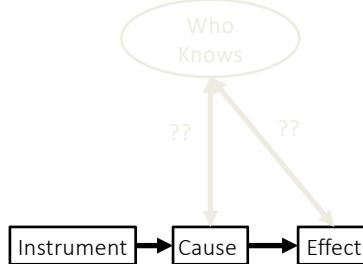
- A variable satisfies the front-door criteria when it blocks all paths from X to Y.
- In practice, you need a causally identified mediating variable unaffected by anything else.
- Thus, the influence of the cause is felt by the effect solely through its mediator.

## Example: Smoking and Cancer



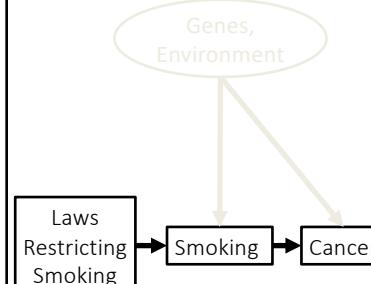
See Pearl's books and papers for the do calculus of this

## Front Doors and Instruments



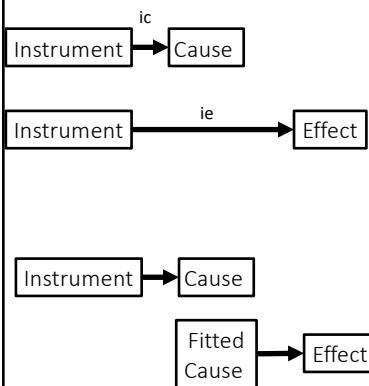
- Instrumental variables are those that **\*\*only\*\*** affect the cause, and have no relation to anything else
- By examining their relationship to both the cause and effect, we can derive an estimate of the causal effect
- Also useful when cause and effect involved in a feedback

## Smoking and Cancer as Classic Example



- BUT – are laws a TRUE exogenous variable
- If laws are in response to cancer rates, they might not be
- Unless *a priori* cancer is the same everywhere
- Multiple methods to test validity of instrument

## Two Approaches in Instruments



1. Fit two models, leveraging the fact that

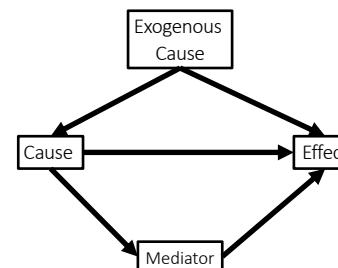
$$IE = IC * CE$$

so,  $CE = IE/IC$

2. Fit two models, but only use fitted values of the cause for the second

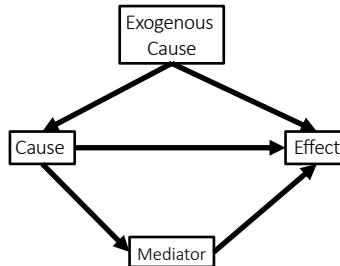
See ivreg

## Path Represent Causal Relationships – but how solid is our inference?



- We state that a direct link between two variables implies a causal link via a dependence relationship
- We estimate the strength of that relationship
- This is a **soft** causal claim

## Conditional Independence and Hard Causal Claims



- We assume that two variables not connected are independent, conditioned on their parent influences
- Mediator  $\perp\!\!\!\perp$  Exogenous Cause | Cause
- This is a HARD causal claim, setting a path to 0
  - Testable

## Making Sure Pieces of your Model are Causal

- Are there omitted variables?
- If so, are they collinear with included variables?
- Can you shut the back door?
- Can you shut the front door?
- Can I support all causal independence statements?
- Be bold yet honest about causal interpretations!
  - Science advances by others noticing what you left out

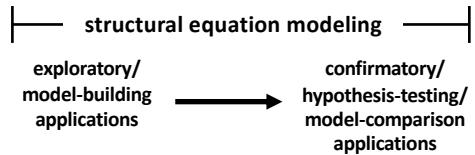
## Causal Diagrams and Modeling Observational Data

- Yes you can!
- Causal diagrams guide you to the appropriate set of predictors – and fend off testy reviewers
- Sometimes, your model is non-causal, and that's OK!
- If you begin by thinking in terms of a causal system, you will produce more robust meaningful inference

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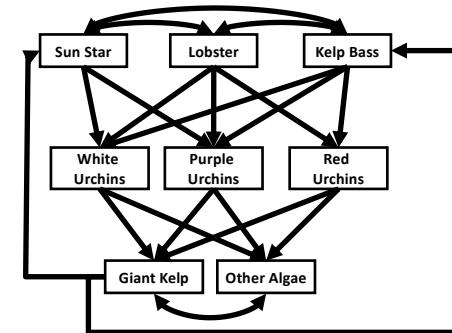
## The Continuum of SEM



***Your goals will inform how you build your model***

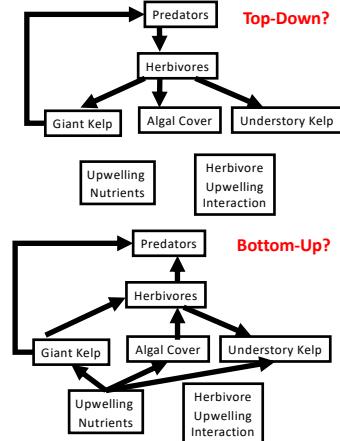
## What are the purpose of your modeling?

- Discovery?
- Hypothesis testing?
- Making predictions?



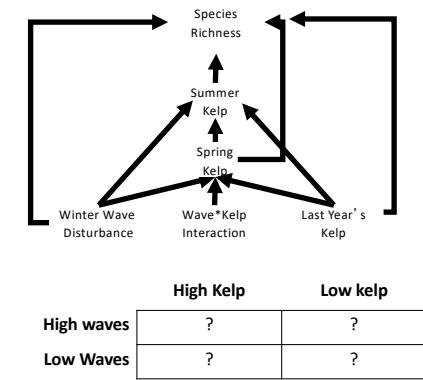
## What are the purpose of your modeling?

- Discovery?
- Hypothesis testing?
- Making predictions?



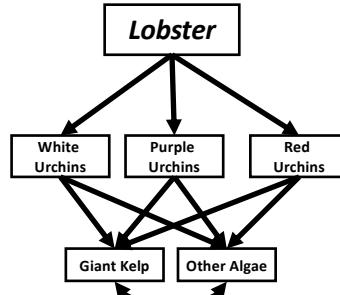
## What are the purpose of your modeling?

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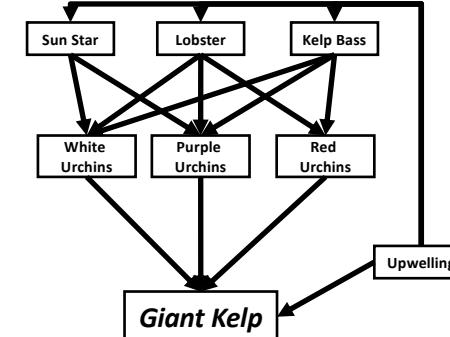
What is the focus of your modeling?

- Driver
- Response
- Mediation
- Theory Testing



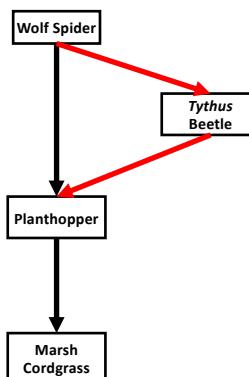
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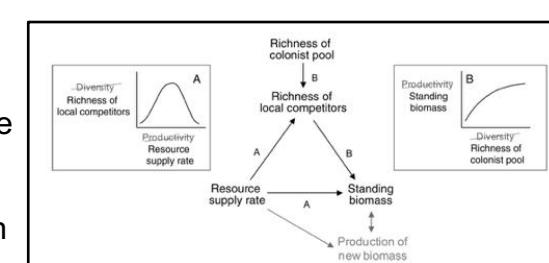
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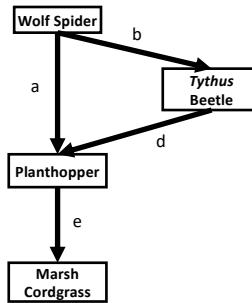
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## What is the span of your inference?

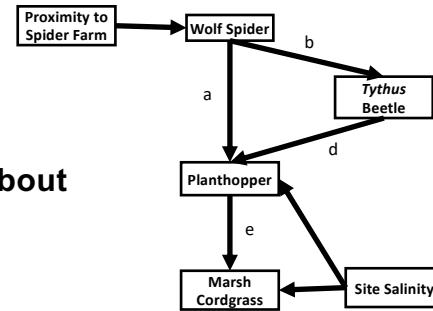
- Local estimation
- Learning about processes



What are a,b,c,d, and e in \*THIS\* marsh?  
(e.g., for biocontrol)

## What is the span of your inference?

- Local estimation
- Learning about processes



Across marshes, what is the relative importance  
of a versus b\*d versus site-influences?

## What are you doing this week?

Purpose of modeling effort:

- discovery?
- testing hypotheses?
- making predictions?

Focus of modeling effort:

- driver focused?
- response focused?
- mediation focused?
- theory testing focused?

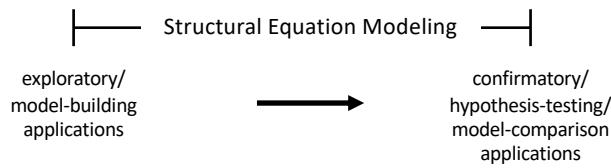
Span of inference:

- doing inferential estimation?
- learning about processes?

## Overview

1. What is Causality?
2. Thinking about causal model structure to build valid inference
3. Causal Identification
4. Choosing how to design a model
5. Starting with Meta-Models
6. Realizing Your Model

## The continuum of SEM



*It all starts with an underlying model!*

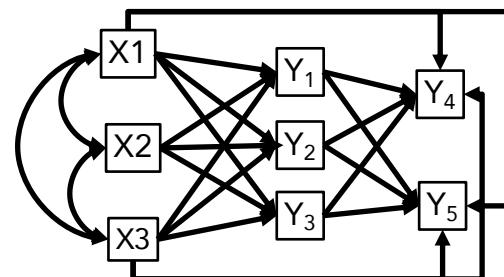
## Exploratory SEM

- Evaluate *multiple models*, tweaking along the way
- Suspected causal relationships, testing strength of paths and if they are effectively zero or not
- Results should be proposed as *preliminary* until further confirmatory testing can be conducted

## Confirmatory SEM

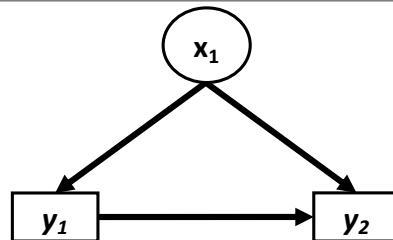
- Evaluate *a priori* models and attempt to falsify
- Interested in *strength* of relationships
- If model fails, can go to *Exploratory* – or, falsification is good in and of itself
- *Nested comparisons* can test multiple hypotheses about how systems work
- *Model comparison, Cross-Validation, etc.* also possible

## The First Elephant in the Room: The Kitchen Sink Model



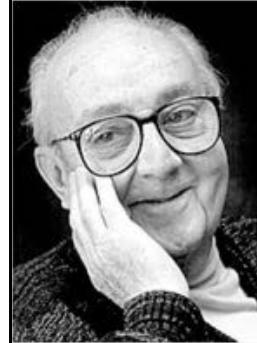
1. What can you actually learn from this?
2. No, everything is not connected to everything

## The Second Elephant in the Room: You Will Not Measure Everything



- You will not be able to measure everything
- But, build an initial model that shows you what you HAVE to measure to achieve causal validity
- See also coping with **Omitted Variable Bias**

## The Final Elephant in the Room

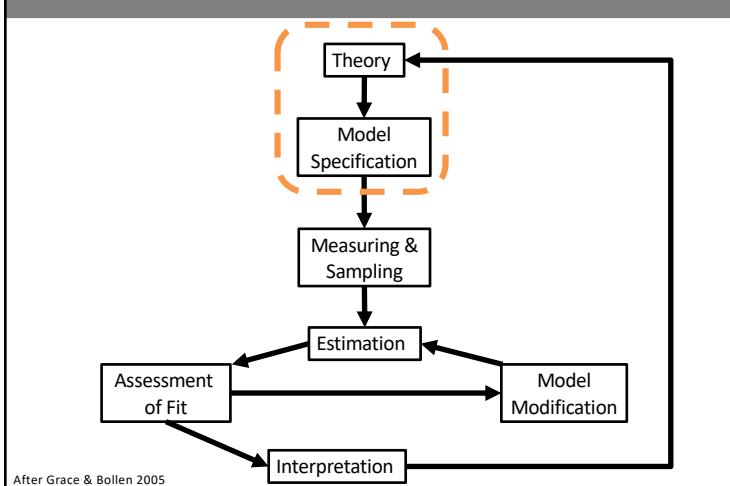


All models are wrong, but some are useful.

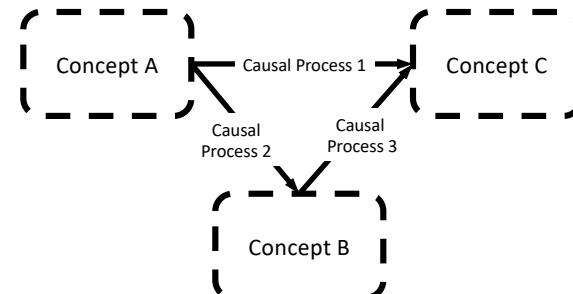
— George E. P. Box —

AZ QUOTES

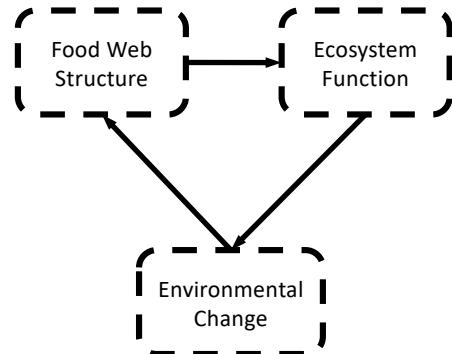
## SEM as a Unifying Process



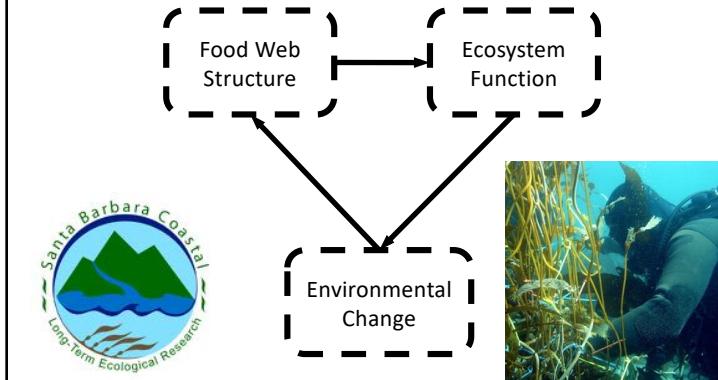
## The Structural Equation Meta-Model (SEMM)



## My Research Program as a Meta-Model

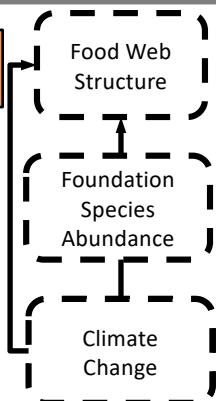


## Targeting Your Question

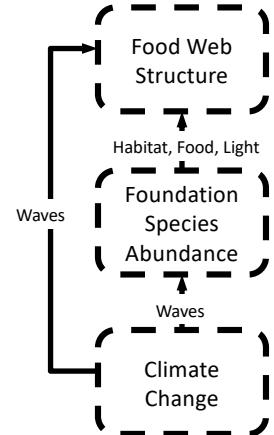


## Targeting Your Question

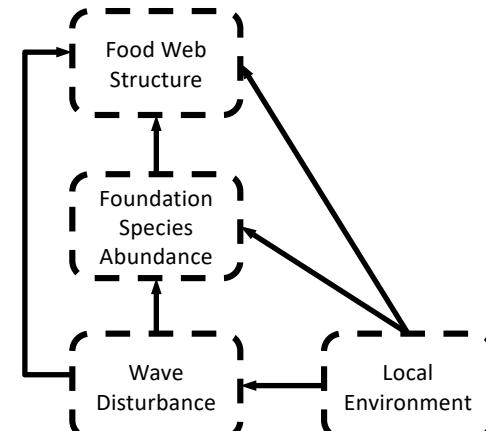
Focused on driver & Mediator



## Identify Relevant Processes



## Do you need to shut a conceptual backdoor?



## What did I want to do?

Purpose of modeling effort:

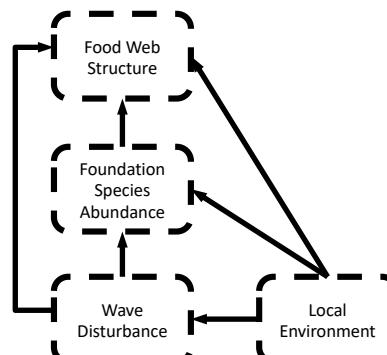
- testing hypotheses
- making predictions

Focus of modeling effort:

- driver focused
- mediation focused

Span of inference:

- learning about processes



## Meta-Model Your Research

<http://bit.ly/sem-eeb-models-2021>

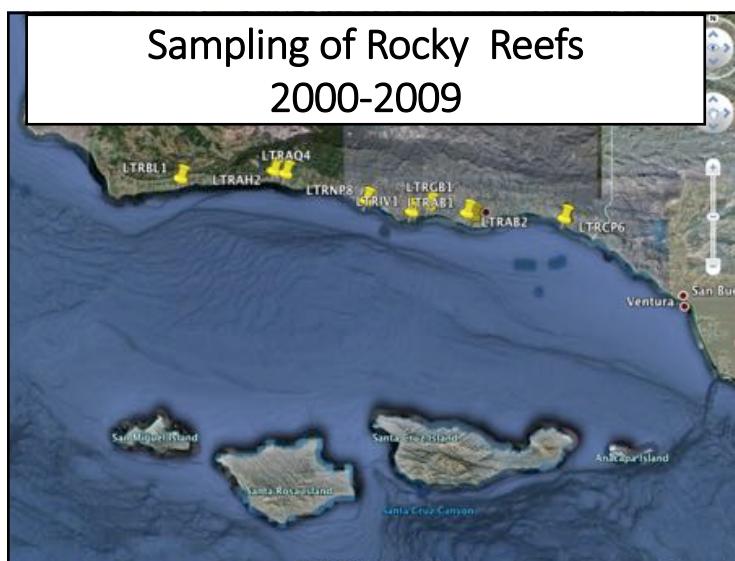
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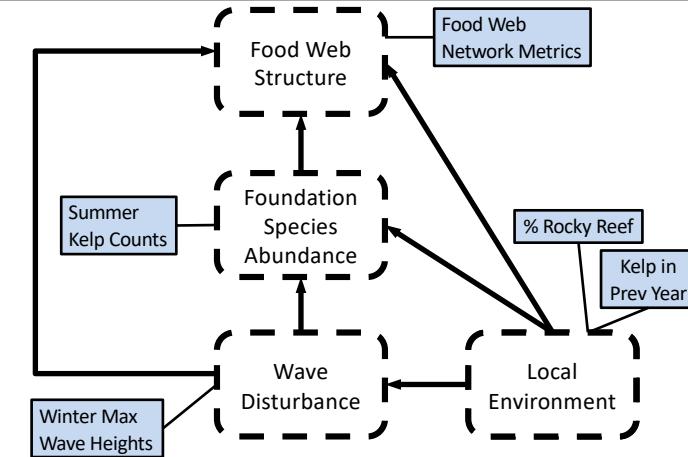
## Complex Systems are Complex



## Sampling of Rocky Reefs 2000-2009



## Matching Data to Concepts

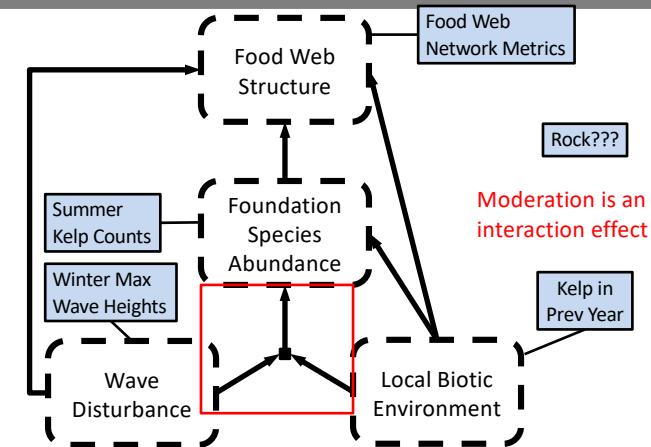


## Adding Biological Realism

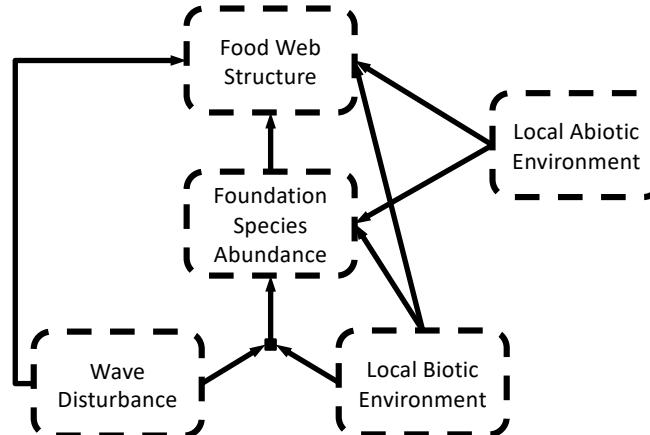
Problem 1: Kelp moderates disturbance

- More Kelp = Smaller Disturbance?
- BUT no effect on kelp that isn't present...

## Solution 1: Moderation



## But: Maintain Backdoor Blockage!

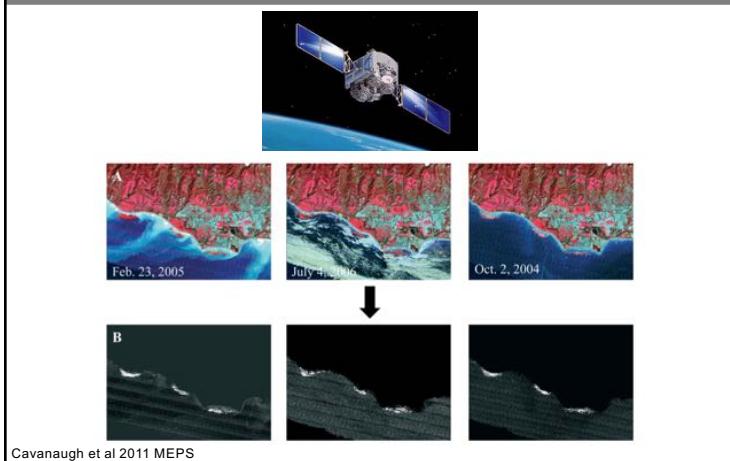


## Natural History Creates Problem

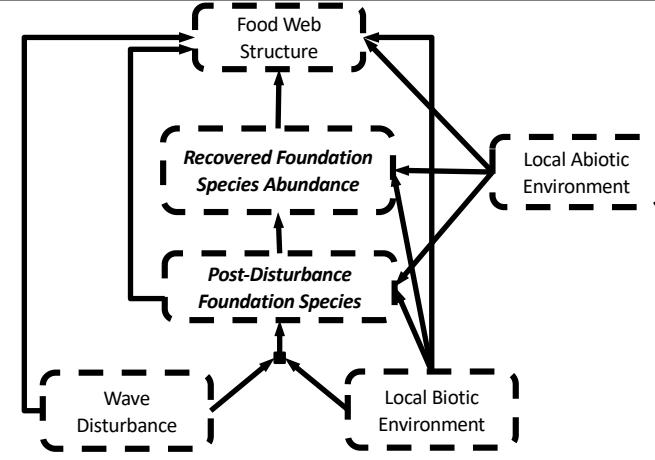
Problem 2: Kelp regrows quickly

- It's a jungle by summer if nutrients are present
- Need to see if kelp was actually removed in winter!

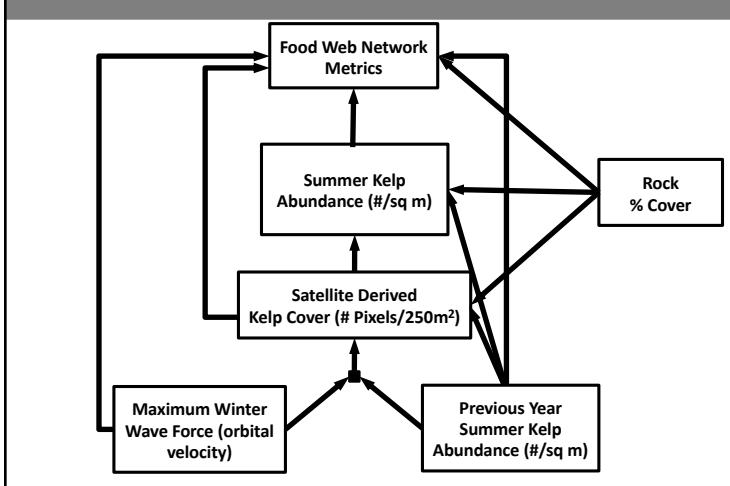
## Measuring Realized Disturbance via Satellite Measurements



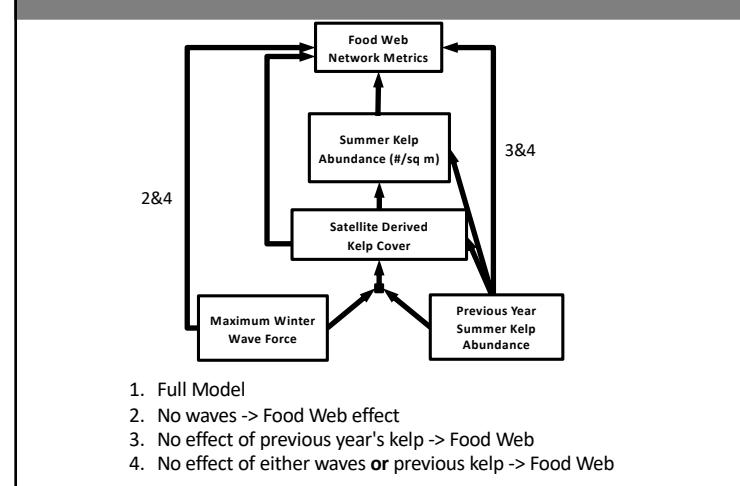
## Incorporate Natural History of Disturbance



## Model with Observed Variables

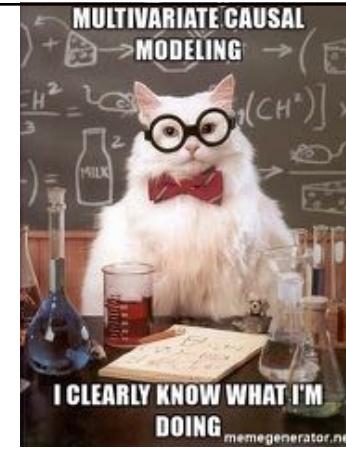


## Goal: Hypothesis Evaluation



## The Process of Model Building

1. Make a conceptual meta-model
2. Ensure meta-model's causal structure meets your research goals
3. Reify your model based on system natural history (a bigger model!) and available data
4. Ensure causal structure is still intact



Make your model based on data!  
<http://bit.ly/sem-eeb-models-2021>