



# Inspired Studio Academy

BY ADRIAN MECHERES

STEP BY STEP  
- BOOK - BEGINNERS BARBER

INSPIRED-STUDIO- ACADEMY STANDS FOR  
HIGHQUALITY TRAINING STRUCTURED.  
WE BELIEVE THAT OUR HAIDRESSER AND BARBERING TECHNIQUES  
ITS COMBINITED TO CREATE HIGHER STANDARD EDUCATION.  
THIS BOOK PROVIDES KNOWLEDGE TO UNDERSTAND OUR SISTEM ISA  
TO CREATE VARIETY OF HAIRCUTS.  
USING OUR BOOK STEP BY STEP ,FUNDAMENTALS AND GUIDES EASY  
FOR LEARNING AND CREATE HAIRCUTS.

## PHILOSOPHY

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# CLIPPER GRADES



0



0.25



0.5



0.5 filler



0.75



1



1.5



1.5 filler



1.75



2



2.5



3



3.5



4



4.5



5



5.5

# ONE LENGTH HAIRCUTS



- First step: wet the hair very good .Section the hair with a comb from the top centre crown in the middle to down the neck, nape .To create clean section use the comb tip to make a clean section straight .Comb both side half each ,work clean .

## SECOND STEP



- Create the first cut section with the comb
- Move the head down little and use the tip of the comb to create a clean section from centre to mastoid bone.
- Use clips to hold the hair ,away from your section  
The photo down will show step 2,3 as you move up to the top .



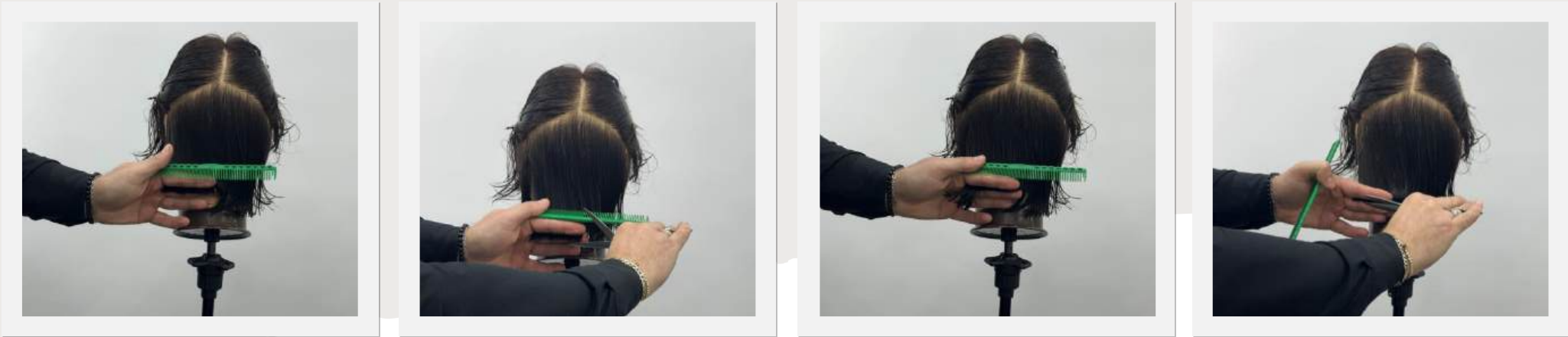
## STEP THREE



- Cut the guide(first cut)square straight
- Move the head little down to have a good position .Cut the first section ,which will be the guide to follow the remained hair to cut. When you comb the hair from roots to end, bring the fingers and comb down straight after cut .To create the square shape ,stand behind the client when you cut the back ,don't move your position around the head ,sit where you cut .Keep the hair close to the client body, do not redirect the hair ,this will create different unlevel line. Cut tension ,stronger between your fingers ,from fingertip to second knuckle, keep the finger straight all the time .



## STEP FOUR: CUT THE BACK



- This step we will cut square ,straight to the client body. This will take 3 to 4 section to work the occipital to the apex. When you pulling the hair down ,you will see your guide behind previous section .Cut inside along the guide. When you reached the apex top ,the back will be done .All the time check both sides are equally after you have cut the section .

## STEP FIVE

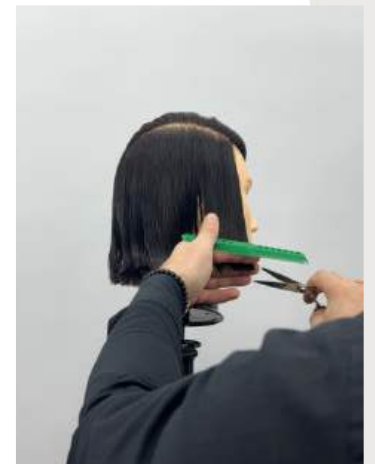
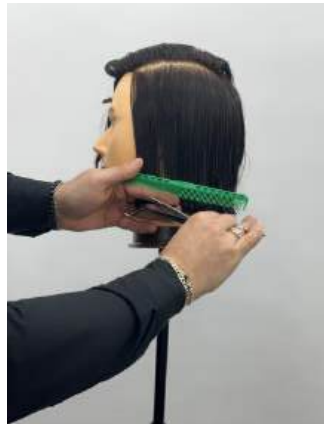


## STEP SIX



- Move to the sides
- Make sure the head is upright square, with the chin parallel to the floor.
- Both side will separate into 4 horizontal section ,from the base working up to the centre of the head.
- Sit on the side of the head ,good position .Begin at the bottom hairline and create clean section with the comb. Take a small hair from the back of the ear to use as guide and cut to the front .Pull the section down till you see the guide . Cut same as the back ,keep the line straight .Once you finish the cut ,put the next section down and you will see the guide behind from the one you cut .

- Cut the second side same
- Cut as the first side and repeat same steps and technique to complete the haircut .
- After finish check to make sure both side are the same even.





# THE SCISSOR CUT UNDERHAND



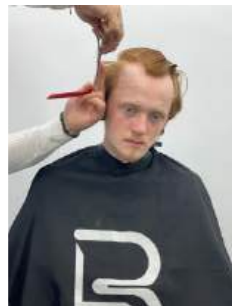
- Step 1 :Section the hair, top part from the sides.
- Make sure the hair its wet very good. Strating at the recession point .Comb the hair down the sides and the top over.



## STEP TWO : DO THE SIDES LAYERS



- Pick up the first section from the front ,hairline. Your knuckles need to be on the client head all the time, pulling the hair at 90 C angle. Tension the hair and cut along the fingers straight .The fingers should face the ceiling, and the scissor pointing down to the floor when cutting. Cut the layering and move to the back of the head.



## STEP THREE : TO THE BACK LAYERS



- Strating the back, section the back and cut. Work down from the crown to the back nape .Make sure when you cut to have a good position. And work around the back of the head ,make sure you have a good position and stand behind the section back straight when cutting .All the time pull the section straight do not redirect the section .When we move down to the occipital bone move client head 45C forward to have visibility to cut to nape .Use your previous cut as guide ,and cutting down .Do this technique around the back and other side the same .



#### STEP FOUR



- Cutting the profile line
- To create the profile line, stay behind the client ,use the comb tip .
- After move to the side of the head to cut from the apex to the front .Stand on the left side if you are right hander, if you left hander stand on the right side .Take the section with the comb and pull up .The profile line will be cutting square ,once the profile is done ,the half comb from the middle and swipe to the right side and start from the apex and cut follow your guide, stand behind the client while cutting

#### STEP FIVE



- Step five ,do the top square
- Follow the guide ,from the profile line ,cut the top square layers .Start from the back (apex),make clean section moving to the front ,same to the other side

## STEP SIX



- Connect the sides
- Longer hair will create excess to the back and sides .
- Use the technique overhand square 90C angle ,connecting with the sides and back. And the underhand techniques to connect .



## STEP SEVEN



- Point cut out lines with scissor
- For a natural look, classic luck use the scissor technique point cut ,around the outlines .
- Use the comb to push the hair forward to the face ,cut and keep the scissor blade flat.
- Make sure your scissor is safe to the client .
- When you do around the ear be careful and hold to prevent any risk.

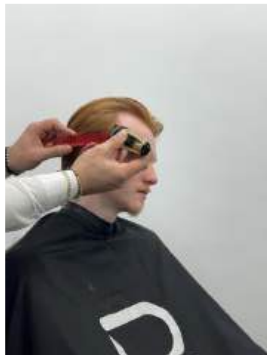


## STEP EIGHT

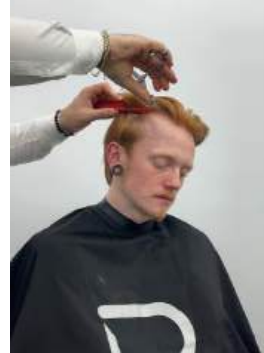


Use clipper over comb to clean the outlines

Use trimmer over comb front outlines, top of the ear and behind the ear at 45 C to create natural look.



## STEP 9 SCISSOR OVER COMB



- Start to do scissor over comb from the top and sides .Taper the out lines
- Work scissor over comb, move against the hair growth .With the comb slow and the scissor fast to create nice blend ,natural.
- Do this technique all around the head.

## STEP TEN TEXTURE AND STYLE

- You can't texture in the same place twice .Use section and move from the front to the back to Apex .
- Focused on removing the weight from the hair ,if its sort use the comb to prevent to cut yourself .Be safe .
- After you finish all the top to textured, clean the costumer and the neckline and apply some products the costumer required to style.





# NUMBER 1 FADE



## Step One : Grade 2

- In order to fade the sides and back ,its essential first to move the weight with the number 2 ,we will create the shape . With number 2 grade attached ,use slow movements going up to remove the weight .Work around the head in columns .At the beginning engage the teeth of the grade below the hairline. Rotate the angle to square as you work up each column. Around the sides ,glide square off the temporal bone to remove all the weight .Around the back come straight up square off the lambdoid bone. Use the comb to have control .



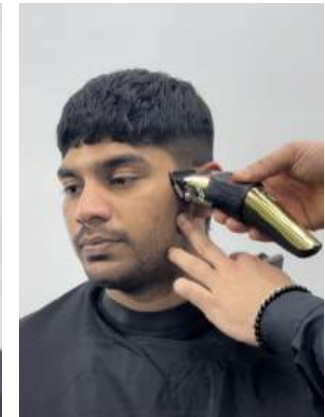
## STEP TWO

- Start Grade 1.75
- Attach the 1.5 filler grade ,adjusting the lever open to fully ,and use bellow number 2 .
- Go all over the sides and back ,engage the teeth of the grade beneath number 2 .Use a rubbing motion ,will help to cut al the hair ,rotate to angle square when go to the back 1.75 grade blends into 2 grade ,use 1.5 lever close full same as open beneath 1.75 .Work in columns around the head ,keep the clipper parallel



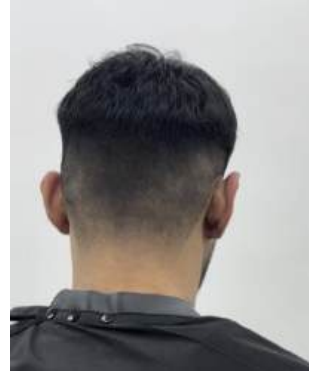
## STEP THREE

- Attach the grade 1 lever open fully .It is important to remember do not go over 1.5 because will create another line .Go low and blends into 1.75.
- Starting at the front hair line ,place the 1 open and continue to moving towards the back of the head .Use the corner of the clipper to blend different weight of hair.
- Then will start fade ,use 1 lever close fully same beneath 1 open and fade .





## STEP FOUR



- Tapering the Neck
- Fade the bottom hairline .Attached the number 0.5 filler lever fully open ,use mechanic movement below number 1.After work down until its blended (0.5 lever close ,0.5 clipper fully open ,o.3,0.0)



## STEP FIVE



- Outlines
- Use the detailers to shape the outlines with the corner of it .Start at the front hairline and then work around the ear and behind the ear and then into hairline at the back of the head to create your neck shape sharp.



## STEP SIX



- We wet the top of the hair with water and comb through into natural position .
- After we create the profile line ,we cut it ,comb the hair to the right side and cut from the apex to the front ,square shape .To find your guide for the other side ,take half from the profile line and comb to the left side and start from the back and you will see the guide and start cut move to the front . After its done use thin scissor to remove the weight if necessary .

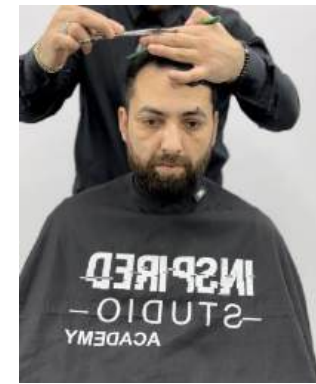


## STEP SEVEN

- Style the hair with the requested products by costumer and show the back with the mirror .Clen the neckline ,use the hairdryer to clean the costumer and thanks him .



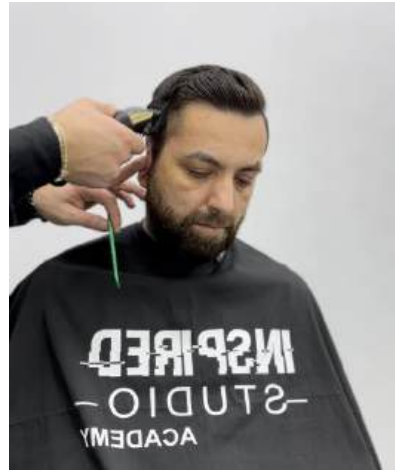
# SKIN FADE-FOILS



- Step 1
- First wet the top of the hair very good, use a comb and go through the hair, in the natural position.
- Create the profile line, middle off the head wider top of the nouse.Cut from the back and move forward to the front, place the line to the right side and cut from the back to the front, to find the profile line for the other side, take half from it and swipe to the left side and continue the same steps. Dry the hair with a round brush and hairdryer (heat one 1 , speed on 2).

# GRADE 2 - 1.5

- Step 2 The Sides
- Use number 2 canvas to remove the weight from the sides, go straight up use the comb to help you ,start from the hairline and move to the back, same other side. When we remove the weight from the sides and back create a round shape beneath occipital bone.



## Step 3

1.5 levers fully open (1.75) same movements around the head beneath number 2 , fully closed same movements, make sure you clean properly and move to different directions, to take all the hair.



# GRADE 0 GAP-PLACE THE LINE

- Step 4 The Guide for the sides
  - Starts with the clipper 0 gap from the hairline and moves to the sides and back like a U shape over parietal bone down to the back
- Step 5 The base
  - Start with a trimmer and clean the base properly make sure you clean all the hair left beneath 0 gap all over the head





## STEP 6 FOIL SHAVER

- 
- Start with a foil shaver from the hairline outline, below the trimmer and use round movements to clean the hair to skin, when you going up to 0 trimmer use the shaver 45\* and flicker out to fade in and not create another line .
- Step 7 Create another guide to Fade
- Start with the clippers 0 open(0.5) fully and create another line above 0 about half centimetre go all over the head same shape .



## STEP 8 - GRADE 1

- Fade 0 clippers to 1.5
- Attach 1 into the clippers lever fully open and from the hair line above 0.5 stars mechanical movement and don't go over 1.5 will create different lines. Then 1 fully closed same movements
- Attack 0.5 filler fully open 0.75 go below 1 and it will start to fade same movements all over the head .Fully closed same continue.
- Step 9 Blending last line
- Start with the clippers 0.3 lever and with the corner off the clippers focus on the line slow movements and then go down to 0.2,0.0 on the line till its fading out



# HAIRLINE-SHAPE

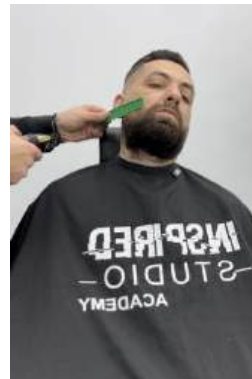
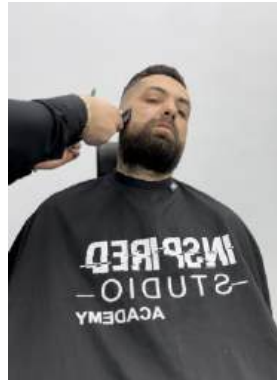
- Step 10 Frontal Contour
- Start with the trimmer, turn opposite and make the line straight after clean it .
- Step 11 Style the hair
- Start with any products Costumers require and use you had or any comb for styling ,make sure the Costumer its happy. After this show the Costumer the back with a mirror to check if all are good.





# BEARD TRIMM

- STEP 1
- Started with a comb or brush to brush the beard and see the right length
- After attaching number 3 on the clipper ,turn the clipper upside down and comb the beard and use the clipper same time down to the mandible ,same number 2 don't press too much pressure we only trimmed, we create shape
- STEP 2
- Start and attach number 1.5 on clipper and clean from angles of jaw up to the ear ,after attaching 1 same , after attaching 0.75 open and closed, clean properly, brush all the time to be clean.



# BLANDE TO 0.0

- STEP 3
  - Starts with 0.3,01, -0.0 with the corners of the clipper till it's faded
- 
- STEP 4
  - Trimming the moustache with the number customer required and shaped with the trimmer inside and over .



# SHAPE THE BEARD

- STEP 5
- Start with the trimmer and shape the beard on the sides and under the chin square shape or round as customer requested
- Shape on the cheek round or straight as customer requested.



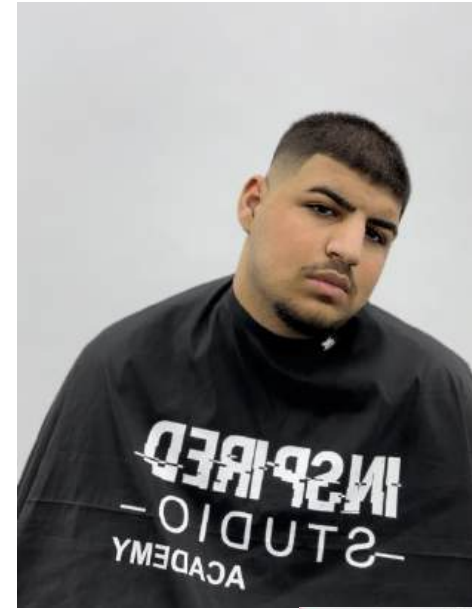
# STYLE THE BEARD

- STEP 7  
Apply product to style it
- Whase it ,apply Beard oil, beard wax  
.Use your both heads to go through the beard and give nice style.



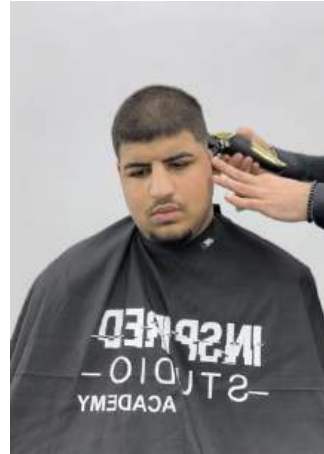
# BUZZ CUT-SKINFADE

- Step1
- Started with number 4 ,lever closed as Customer requested. Started from the Apex and move to the back down to the crown, Strat for the middle and move to the left and right clean properly. After do horizontally cuts from the front to the back and reverse, till the top its same length and no hair stick out .



# GRADE 3 & 2

- STEP 2
- Start from the sides with number 3 down to number 2 ,we have to blended in shorter to give a shape.
- Step3
- Starts with the sides attached on the clipper number 2 fully lever open, start from front hair line and move to the back to the occipital bone same the other side, close the lever.



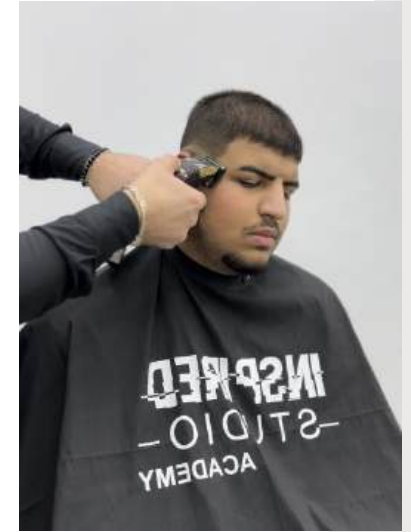
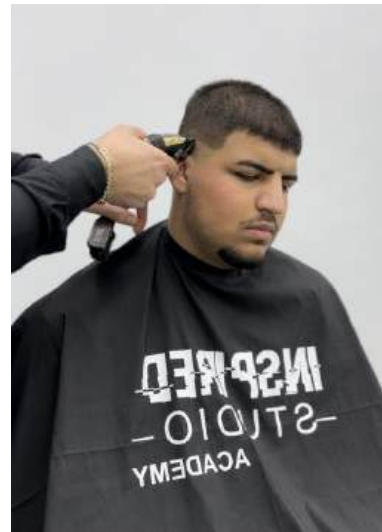


# START WITH GRADE 1.5

- Step 4
- Attached number 1.5 on the clipper lever open (1.75) and clean beneath number 2 ,mechanical movements, close to fully same movements all around the head.

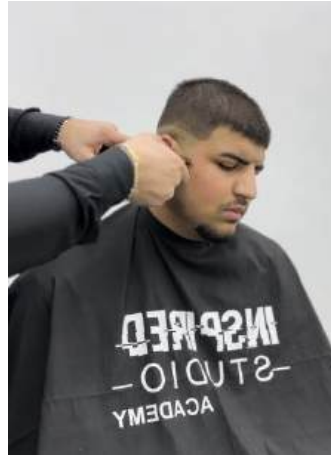


- Step 5
- On this step we will start with the clipper 0
- gap closed. Start from the front hair line and move to the back ,we will create round shape below occipital bone



# USE THE TRIMMER & SHAVER

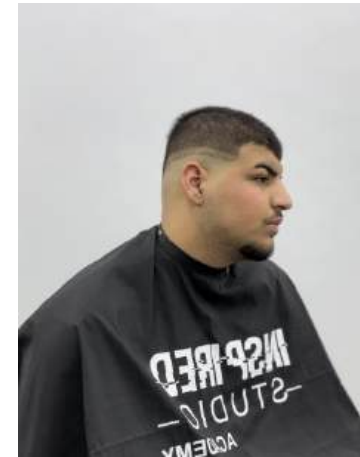
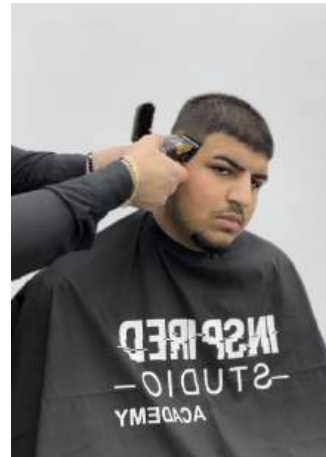
- Step 6
- Start with the trimmer and clean the base hair below 0 clipper. Make sure you clean properly the sides and the back. When we come out with the trimmer, we will come out with the trimmer 45C to blend in, and not create another line.
- Step 7
- We will start with the Shaver (Foil Shaver) to make the sides skin. Use the shaver only on the base beneath the trimmer. Working on round movements and when we go up, flipping out to blending in.



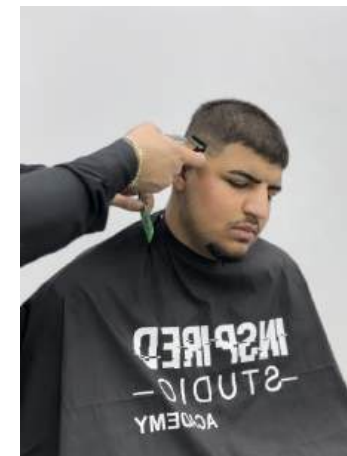


# GRADE 0.5 CLIPPER & NR 1

- Step 8
- Start with the clippers fully open 0.5 and make one guide thick as a little finger, start from the hairline and move to the back below occipital bone, same the other side .

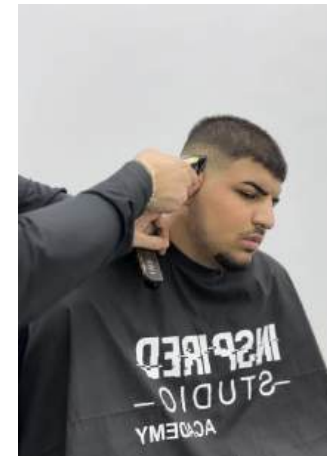
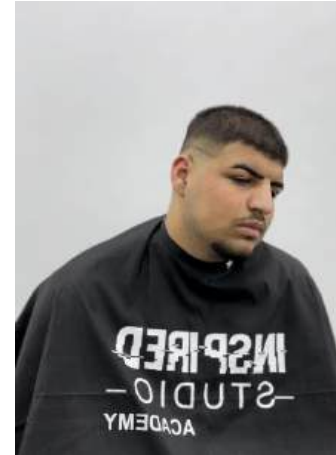
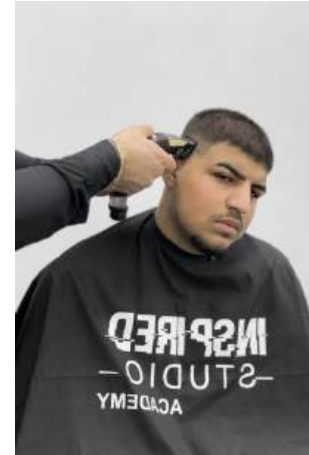
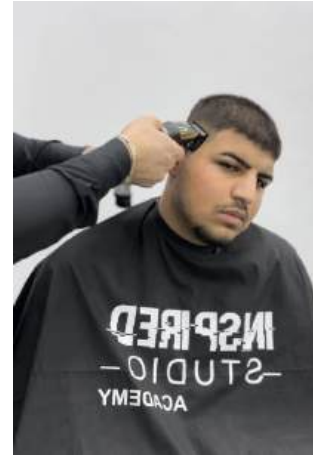


- Step 9
- Starts and attached number 1 one the clippers filler and fully open. Working from hairline and move to the back and other sides, same the other side. Working on the top 0.5 and beneath 1.5 mechanical movement, square shape.



# GRADE 0.5 FILLER&0.3-0.0

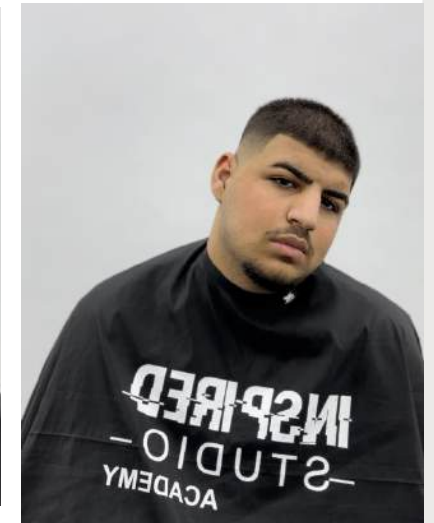
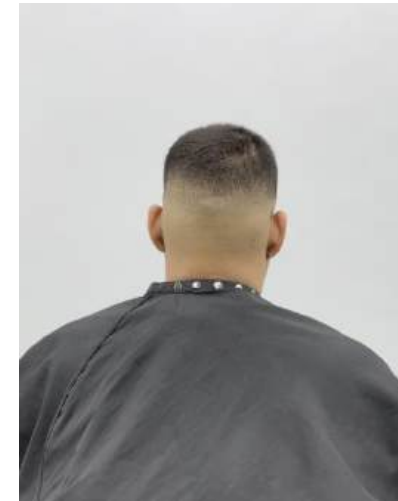
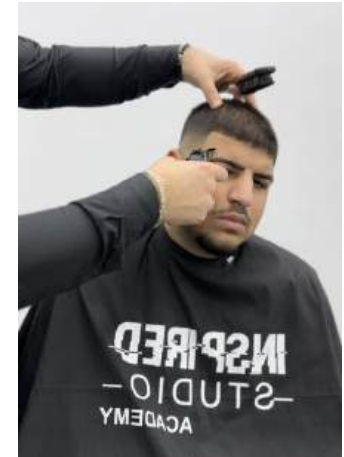
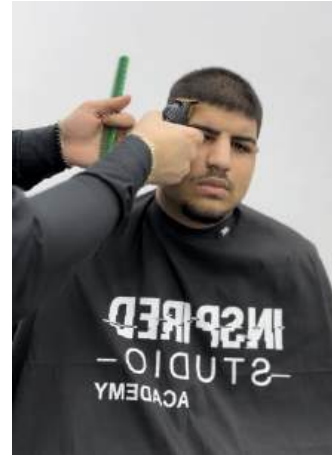
- Step10
- Attached 0.5 filler on the clipper fully open 0.75 and working beneath 1 and on the top of 0.5 clipper, moving to the back and another side, different angles, square shape. Closed to the fully and same movement working in canvas, slow movement focusing on the line to blend out.
- Step11
- Started with 0.3 with the clipper and working on the last line to blend in and will start fade
- Change the lever to 0.2 ,then 0.1 and 0 with the corner working on the line until it's faded the line .
- All the times open and close the liver when you see more weight and with the corner focus on till is more faded.



# FRONTAL SHAPE UP

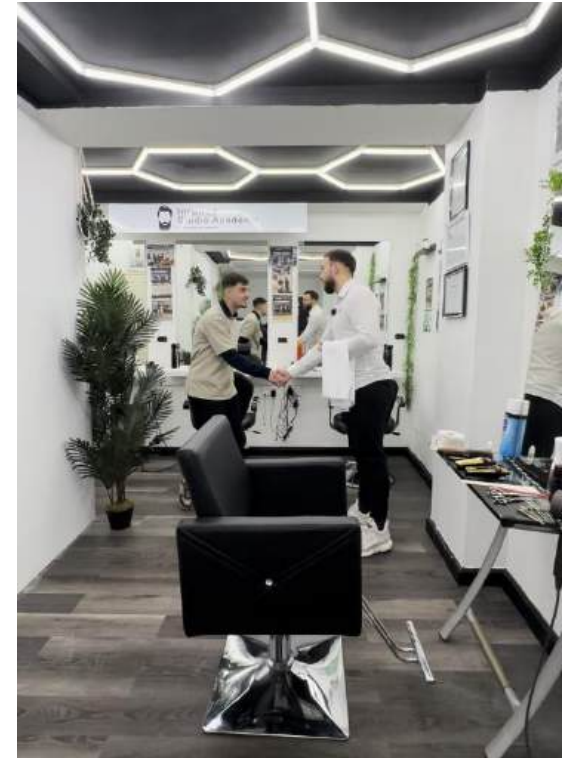
- Step12
- Four head shape up
- Start with the trimmer and make the shape square or round who client it's required. Don't go too deep, make it look natural and clean and move to the sides shape same .Use the shaver to make it look more ,sharp.

- Step13
- Styles the client, hair as required
- Show the back with the mirror.
- Clean it properly.



# CONSULTATION WITH THE CLIENT

- Step1
- One thing very important to have a good attitude and positive vibe, smile, say please and thank you “key words “
- Step2
- When the Customer came in the Salon stand up put the cape on your left-hand side over your wrist.
- Say hello, how are you, shaking the heads, ask him to sit on the chair, turn the chair on his way.



# CONSULTATION

- Step3
- After the Customer stands in the chair turn the chair face to face and have the Consultation it is very important to do this, is more professional and comfortable and more trusted. Not through the mirror.
- Step4
- Ask Questions?
- Are you happy with previous hair cut?
- Are you happy with the hairstyle? Hair length?
- Ask permission to touch the hair?
- What would you prefer? You prefer skin fade or classic cut? Who were you styling your hair?





# GET THE RIGHT CONSULTATION

- Step5
- After the Consultation it's over and you understand what customers want and what you can change then turn the chair to the mirror put the cape on and start the hair .
- Job Done
- Good Consultation results Good Haircut
- Happy Customer .





WE HAVE THE RIGHT PRODUCTS FOR YOUR HAIR

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# Inspired Studio Academy

BY ADRIAN MECHERES

17 GOLD STREET NORTHAMPTON NN1 1RA    CONTACT:07448452820    EMAIL:INSPIREDSTUDIOACADEMY@YAHOO.COM