

To Whom it may Concern,

I am writing in response to the COVID-19 response enquiry. I would personally like to express the effect the response has had on Broader health and social supports, Governance, including roles and responsibilities, Key health response measures and Mechanisms to better target future responses to the needs of a particular population.

Broader health and social supports.

The response to COVID-19 via mandatory vaccination was detrimental to me. I was denied the opportunity to continue to work in chosen profession due to mandating of an untested vaccine. This has had an enormous impact on my mental health and wellbeing. I went from being in a stable career that I had worked incredibly hard to achieve. Which enabled me to help my daughter with her children, who were very vulnerable at the time and needed my financial and emotional assistance. To being in a position that I had little time, energy or money to continue my support. When my daughter needed me to provide meals, nappies, Panadol or formula for the children I had always been able to help. I was no longer able to provide assistance as my career was destroyed. This was through no fault of my own. I felt discriminated against for choosing to make decision that was right for my body. I feel that there should have been more support for people who chose not to vaccinate. We should not have been discriminated against. The broader communities health was not at risk by my choice not to take an untested, experimental vaccine into my body. There should have been more focus on supporting choice, instead of supporting coercion.

Governance, including roles and responsibilities

The only person that has a right to govern my body is me. The inquiry needs to highlight that my body is mine alone no government should have the right to tell me what I must put in it to be allowed to continue my meaningful contribution to society. The governments role had far too deeply reaching power and not enough care for individual needs of bodily autonomy. This led to ostracization and associated mental health issues. This was a direct result of governing bodies not supporting my right to bodily autonomy. I was coerced by my boss to try and take the vaccine and this eroded my bodily autonomy. I was asked into the bosses office and advised that she personally would make sure that nothing bad happened to me if I took the vaccine. I was backed into a corner and had to defend my choices to someone who had no right to ask about my medical choices.

Key health response measures

The implementation of health response measures needs to be investigated by the enquiry. The response measures were unsuccessful as they never 'flattened the curve' or fulfilled any of the predictions of success. Their basis was unfounded. The implementation of these response measures caused my vulnerable grandchildren to have limited access to my support, as when I was dismissed from my position of employment and was locked down my grandchildren suffered. They visited me twice a week as their home life was full of neglect from their mother who was suffering her own

[REDACTED] The support that I was no longer able to give them has caused me great distress. Not only was I locked down away from them, I was also in a less financially stable position to assist them with food and formula. My grandchildren weren't the only people who I was locked away from. I went to the gym on a weekly basis. It has helped me through some fairly difficult situations. My gym was closed, my touch footy competition was stopped, my ability to work out and stay social was denied. The gym and touch footy which provided me social connection, emotional regulation, improved my mental capacity and physical health. Research shows that team sport and physical activity promote wellbeing. I was very angry. I spent days unable to function. I missed my grandchildren and I missed staying active. I started drinking more and spent hours crying in frustration.