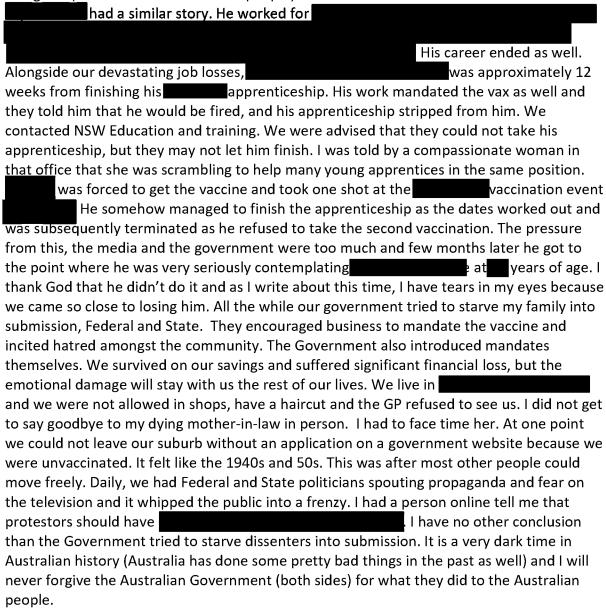
Rachel Byrne 15 December 2023

Submission -Covid 19 Response.

## Introduction:

My name is Rachel Byrne and during the first part of the pandemic I worked as a mental health support worker in the community. When vaccine mandates came into effect, I was terminated from my position on the 11<sup>th</sup> of November 2021 for refusal to take the vaccine. I had 7 years experience and am degree qualified. I was passionate about the people I worked alongside (Societies most vulnerable people).



Impact on the community

More broadly I worked for most of the pandemic as an essential worker.

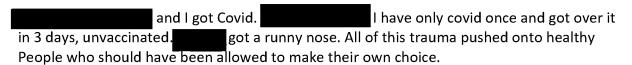
I worked for initially then I worked for as a mental health support worker.
I saw the shocking devastation on the community as I was able to drive around
saw business closed, business that had obviously gone bust and a totally deserted city.
The people who I worked with had
. Most of our
consumers lived alone and as most Services tried to limit face to face they became
increasingly isolated. Many services started to offer phone call only in place of physical
visits. Only doing face to face for specific and limited reasons. I always volunteered to go
and see people in person in the team meetings. To Make sure they were well, they were
keeping clean, they had food.

Some consumers with social anxiety and agoraphobia really became worse. These people regressed terribly during the lock down. Not having to face their fears or receive treatment, they retreated into their illness, staying at home and never seeing anyone for vast periods of time.

Some mentally ill people need to be seen to maintain their health and also for a visual check. It is very hard to note how a person is doing over the phone. You must see them.

I note that two people that I know in the community who had serious mental health and physical issues died during the lock downs. One in his 40s and a women in her 50s. Both of those people lived alone and I believe that their deaths were hastened by these lock downs. They were not being seen regularly, they had health problems and were probably not seeing their doctor. Who knows if they were eating properly, they certainly didn't get the healthcare they needed. The police found them in their homes. I am very angry at what the Government did. They killed people. We will never know how many died unnecessarily to suicide, untreated medical problems, neglect. It would be a staggering number.

I also note that everyday the NSW Government was reporting every so called covid death on the television. I remember Gladys and the Health Minister saying two people from Palliative care had died of covid UNVACCINATED. If that is not deceptive, I don't what is. They did not die from Covid, They were already dying. Why would they possibly get vaccinated if they were already in palliative care? It was incredible, incredible propaganda. This type of lying happened over and over.



I have not returned to my industry despite the shortages. I am traumatised and although I want to go back ,unbelievably some companies are still requiring vaccination (shots people had in 2021 that don't work and wear off). It doesn't really make sense; we are now in 2023. I am making this submission as I want future generations to know what Australian politicians, the media and bureaucrats did to Australian citizens.