

I would like to share some of what I experienced and witnessed during the Pandemic. I would like to be able to share much more, however, the terms of reference are very limited. I trust that what I share will be helpful in making meaningful change.

### Health Response

Every Australian should have the freedom and responsibility to determine their healthcare with their medical practitioner. Sadly, the sacred doctor-patient relationship and our fundamental freedoms were severely damaged over the course of the Pandemic. Our Constitutional rights were trampled on.

I was not given a meaningful treatment regime when I tested positive to the COVID-19 virus nor was anyone I know. I was told to isolate and if I deteriorated to go to hospital. I did not see our Federal Government provide COVID-19 treatment guides on their relevant websites. I believe this is a significant failure on the part of Governments and Health Professionals. I only ever heard one narrative and that was to ensure you are vaccinated, but vaccination is not a treatment. I had to do lots of personal research when I tested positive to the COVID-19 virus. Doctors should have been providing treatment regimens to those effected by the virus. There are effective ways of treating the COVID-19 virus as outlined by Dr Peter A McCullough, who is a respected cardiologist and epidemiologist and who has published many peer-reviewed papers on the subject. There are simple steps that can be followed that would minimise the effects, and if implemented at the start of the illness, could have prevented unnecessary deaths.

I live alone and found the lockdowns very difficult. The very long lockdowns were incredibly damaging to many Australians, particularly those living alone and in small dwellings. The Government could have saved a lot of money that was spent on mental health issues had they not had the extended lockdowns, which I believe were unwarranted. I could not travel more than 5km to visit family. No man is an island, we need each other. We are designed to be socially interacting with others.

One of my [REDACTED] suffered an adverse reaction after having his first injection. His GP told him he had Myocarditis and yet his GP said it was OK to have the second dose. He was given very little support while he was not able to work. This put him and his family under huge amounts of financial pressure.

### Discrimination

In my opinion there was government overreach within the small businesses sector. I witnessed discrimination against those who chose not to be vaccinated. I was out buying a coffee at a café in my local neighbourhood when I witnessed another customer being denied the right to sit in an outdoor café area because they chose not to be vaccinated. It was very discriminatory. The café owner was fearful of being closed down, so they were enforcing these discriminatory actions.

The unvaccinated could not visit the hairdresser, visit restaurants, attend Christmas parties, attend Church (which should have been seen as an essential service). This

should not be the case in any future pandemics. The Federal government did not introduce any anti-discrimination legislation.

I was personally not able to attend my father's funeral because of border lockdowns. This was very cruel. I believe exceptions could have been made.

These are a few of my experiences and that of others I know.