

Disclaimer: For those unaware, [REDACTED] had a severe reaction to the covid vaccine which was mandated for her work as a teacher in Queensland. The following information is true as I know it to be and is my own personal reflections and does not represent anything beyond that.

Reflections from a partner of a vaccine injured person

It's been a journey through hell for [REDACTED] myself and the family over the last 15+ months. After her first job-mandated Covid-vaccination in December 2021, what began relatively innocuously with tingling feet progressed into a myriad of debilitating symptoms that included heart palpitations, itching, fatigue, nausea, headaches, insomnia and intense panic. By far the toughest times have been when she stated to me that she genuinely 'felt like she was dying' which 3 or 4 times led to her being taken off in an ambulance in front of [REDACTED]. It is hard not to believe she may die when looking at her, the weight she lost, her mindset at the time and also the lack of diagnosis and clarity about potential treatment. The symptoms themselves were like a lottery wheel- spinning the wheel each morning and finding out what we would be dealing with that day.

Over the period that this all occurred we had multiple trips to ER, and saw multiple well-meaning doctors and specialists including cardiologists and neurologists, several of whom dismissed [REDACTED] symptoms as not vaccine induced. The community which kept us sane at this dark time were two forums we found filled with people with not only similar symptoms, but similar progressions and timelines. Reading their horrific stories was traumatic but also gave us hope that a number of them were beginning to see symptoms dissipate to some level after a few months and that we were not alone. The other similarity with these fellow patients was the number of experts they had seen and the lack of clarity they were left with also.

We were fortunate that a couple of months into this saga we saw a fantastic functional doctor in [REDACTED]. She ran more comprehensive blood tests and put [REDACTED] on high doses of magnesium, Vitamin C, Vitamin D and many other supplements similar to how those with 'long Covid' are treated. Acupuncture and massage also appeared to help and these combined started her on the long road to what we hope is full recovery. 15 months in, the products that seem most beneficial to [REDACTED] are different classes of antihistamines and low-dose naltrexone (LDN). Regular fasting (16:8), eating a low-histamine diet, primarily plant-based has also helped. The recovery is anything but linear, but ultimately time and rest is proving to be the best healer at this point.

For myself personally I had to dig really deep. For the majority of 2022, I was juggling full-time work, parenting three children at home, doing the vast majority involved in the housework and caring for [REDACTED] (often with her waking in the night in a panic). This was nearly completely untenable at times. Finding even just 10 minutes to recharge myself was a challenge but necessary. I didn't gain much pleasure talking with others about it (with rare exception) as there was a lack of total understanding from people as they either didn't gain the gravity of what was occurring, couldn't do much to assist due to the complexity of the situation or believed that perhaps it was in [REDACTED] mind and that anxiety was the cause not a symptom.

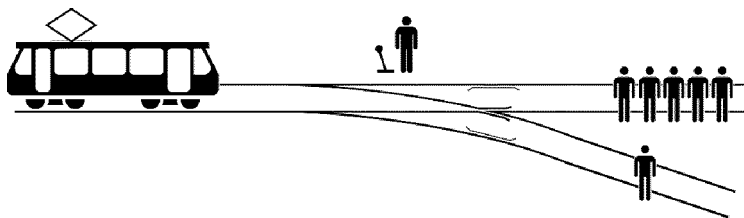
The challenge for myself and us, was not necessarily that [REDACTED] was unwell (millions of families experience this every day). The challenge was the lack of clarity from experts, the cost of some relationships and the financial cost (despite having private health, none of the costs which at this point total [REDACTED] + lost income) were covered.

We were extremely blessed to have good support from family and some close friends. These people know who they are and don't need to be named, but thank you.

[REDACTED] and as more research has come out (and cynically; I believe the 'climate' surrounding vaccine injuries has changed) this has been validated by a number of doctors and specialists. Here are some excerpts:

- From primary treating Dr ***: [REDACTED] These are real diagnoses, and they are linked to the vaccine through research. "Are real and result from a multi-system dysfunction following her Pfizer Covid vaccination."
- From cardiologist ***: "My impression on first meeting her is that she has symptoms which are very similar to many of the patients I am seeing with vaccine adverse events (and for that matter, long COVID) which broadly fall into a category of [REDACTED]"
- From treating Dr *** in a letter to our primary GP: "I would certainly agree with you that her presentation seems consistent with an immune mediated disorder triggered by the mRNA vaccine."
- From American GP specialists long covid clinic IncellDX which includes [REDACTED] blood test and document including the following quote: "According to [REDACTED] IncellKine report, she has [REDACTED]"

From someone who previously had no significant issues with her physical or mental health, [REDACTED] has been left physically and emotionally debilitated. The lack of diagnosis, clarity, recognition and prognosis has certainly harmed her recovery even further. In my opinion, the way that this situation occurred, via a mandate amplified it further. In the era of inclusion the irony of the situation was not lost on me- we speak of inclusion, and then when people have a different health/medical belief (*yes that is allowed- science is not always black/white; it certainly wasn't in [REDACTED] case*), suddenly they aren't included, they are segregated. If [REDACTED] had taken the vaccine voluntarily and not under coercion it would have made the whole situation somewhat more palatable. If she had chosen not to be vaccinated and then got extremely sick (or heaven forbid died) of Covid-19 at least it was her bed, and she had laid in it. Instead we were lying in a bed not entirely of our making, where knowledge of potential adverse side effects such as those she was suffering were not publicly available to us and for points of this journey we have felt like a 21st century version of the trolley problem (popularised by Thomson, J. 1976):



I implore those reading this to acknowledge that this vaccine wasn't 'safe and effective' for everyone. That despite this 'trolley' hitting us, we deserve acknowledgement, apology and financial/emotional support to recover to the best of our current situations allow. [REDACTED], myself and [REDACTED], the toll of this continues.

Mark Hansen 1st May 2023