

Academic Curriculum Vitae

Lucas Alexander Maunz, BSc. MSc.
Universitätsstraße 15, 6020 Innsbruck
Email: lucas.maunz@uibk.ac.at
Phone: +43(0)512 507-56072
Personal website: lucasmaunz.org

Education

- 10/2020-current: PhD student at the Department of Psychology, University of Innsbruck. Dissertation: *Self-Actualization at Work*. Supervised by Prof. Jürgen Glaser in Work and Organizational Psychology.
- 2016–2020: Master of Science, Psychology at the University of Innsbruck. Thesis: *Authenticity and self-actualization at work: Relations between work-related authenticity, learning requirements, work resources and self-actualization*. Supervised by Prof. Jürgen Glaser in Work and Organizational Psychology
- 2012–2016: Bachelor of Science, Psychology at the University of Innsbruck, Austria and University of Hagen, Germany. Thesis: *The effect of physical activity on students' academic stress*. Supervised by Dr. Willi Geser in Social Psychology

Academic Positions

- 10/2020-current: University Assistant at the Department of Psychology, University of Innsbruck. Research, teaching, and administration
- 2017–2019: Student Assistant at the Department of Psychology, University of Innsbruck supporting the lecture Introduction to Psychological Research Methods

Peer-Reviewed Journal Articles

Schoofs, L., Maunz, L. A., & Glaser, J. (accepted). Multi-level effects of authentic leadership on self-actualization at work: The mediating roles of authentic followership and basic psychological need fulfillment. Manuscript submitted for publication at *Current Psychology*. 4 2 3

Maunz, L. A., & Glaser, J. (2023). Does Being Authentic Promote Self-actualization at Work? Examining the Links Between Work-Related Resources, Authenticity at Work, and Occupational Self-actualization. *Journal of Business and Psychology*.
<https://doi.org/10.1007/s10869-022-09815-1> 4 2 3

Thal, S. B., Maunz, L. A., Quested, E., Bright, S. J., Myers, B., & Ntoumanis, N. (2023). Behavior change techniques in physical activity interventions for adults with substance use disorders: A systematic review. *Psychology of Addictive Behaviors*.
<https://doi.org/10.1037/adb0000842> 4 1 2 3

Manuscripts Under Review

Maunz, L. A., & Glaser, J. (1st revision). Longitudinal Dynamics of Psychological Need Satisfaction, Meaning in Work, and Burnout: A Study of Direct and Reciprocal Within-Person Effects. Manuscript submitted for publication at the *Journal of Vocational Behavior*. 4 3

Maunz, L. A., Thal, S., & Glaser, J. (Under review). Authentic leaders, energized employees? Indirect effects of authentic leadership on intrinsic motivation and exhaustion. Manuscript submitted for publication at *Applied Psychology: An International Review*. 4 1 2 3

Manuscripts in Preparation

Maunz, L. A., & Glaser, J. (in preparation). Self-actualization at work: A 50-year systematic review of concept definitions, measures, and quantitative findings. 1 2 3

Hilbert, M., Finke, M., Küpper, K., Binnewies, C., Berkemeyer, L., Maunz, L. A. (in preparation). Look How Beautiful! The Role of Natural Environments for Employees' Recovery and Affective Well-Being. 1 2 3

Maunz, L. A., Taris, T., & Glaser, J. (in preparation). You're Not Yourself When You Are Tired—or is it the Other Way Around? Dynamic Relations Between Authenticity at Work and Exhaustion. [1](#) [2](#) [3](#)

Conference Presentations

Maunz, L. A. & Glaser, J. (2023, September 12–15). *Ein systematisches Review der Konzeptdefinition und Metanalyse quantitativer Forschungsergebnisse* [Self-actualization: A systematic review and meta-analysis of work-related findings] [Oral presentation]. 21st European Work and Organizational Psychology (AOWI) Congress, Kassel, Germany.

Maunz, L. A. & Glaser, J. (2023, July 12–13). *Within-Person Dynamics of Psychological Need Satisfaction, Meaning in Work, and Burnout* [Oral presentation]. 16. DoktorandInnenworkshop der österreichischen Plattform für Arbeits-, Organisations- und Wirtschaftspsychologie, Salzburg, Österreich.

Maunz, L. A. & Glaser, J. (2023, May 24–27). Basic psychological needs, meaning in work and burnout: A three-wave study on their relationships and dynamics [Oral presentation]. In J. Hakanen (Chair), *Symposium on psychological need fulfillment, meaning in work, and burnout* [Symposium]. 21st European Work and Organizational Psychology (EAWOP) Congress, Katowice, Poland.

Maunz, L. A., Schoofs, L., Glaser, J. (2023, May 24–27). *Authentic leadership, authentic followership, need satisfaction, and self-actualization at work: A multi-level study* [Oral presentation]. 21st European Work and Organizational Psychology (EAWOP) Congress, Katowice, Poland.

Maunz, L. A. & Glaser, J. (2023, May 24–27). *Self-actualization: A systematic review and meta-analysis of work-related findings* [Poster presentation]. 21st European Work and Organizational Psychology (EAWOP) Congress, Katowice, Poland.

Maunz, L. A. & Glaser, J. (2022, September 4–7). *Der Einfluss von Arbeitsressourcen auf Authentizität und berufliche Selbstverwirklichung* [The influence of work resources on authenticity and professional self-actualization] [Oral presentation]. 14. Tagung der Österreichischen Gesellschaft für Psychologie, Klagenfurt, Österreich.

Maunz, L. A. & Glaser, J. (2022, July 11–13). *Rethinking self-actualization at work: Critical suggestions for a redefinition* [Poster presentation]. International Conference on

Critical and Radical Humanist Work and Organizational Psychology, Innsbruck, Österreich.

Maunz, L. A. & Glaser, J. (2022, June 09–10). *Selbstverwirklichung durch Arbeit? Ein systematisches Review mit Meta-Analyse über 50 Jahre Forschung* [Self-actualization through work? A 50-Year systematic review and meta-analysis] [Oral presentation]. 15. DoktorandInnenworkshop der österreichischen Plattform für Arbeits-, Organisations- und Wirtschaftspsychologie, Linz, Österreich.

Maunz, L. A. & Glaser, J. (2021, July 18–23). *Occupational self-actualization through authenticity* [Oral presentation]. 32nd International Congress of Psychology (ICP), Prag, Czech Republic.

Invited Presentations and Other Presentations

Maunz, L. A. & Thal, S. (2023, September 25). *Systematic Reviews and Meta-Analyses* [Workshop]. LVR-Klinikum Essen, Essen, Germany.

Maunz, L. A. (2023, April 18). *Longitudinal Dynamics of Psychological Need Satisfaction, Meaning in Work, and Burnout: A Study of Direct and Reciprocal Within-Person Effects* [Invited Presentation]. University of Münster Organizational Psychology Colloquium, Münster, Germany.

Maunz, L. A. (2023, March 14–21). *Gesunde Führung* [Healthy Leading] [Seminar Presentation]. Online Seminar Series, Helmholtz-Zentrum Dresden-Rossendorf e.V. (HZDR).

Maunz, L. A. (2023, January 24). *The impact of authentic leadership on self-actualization at work: A multi-study perspective* [Invited presentation]. L&M Research Seminar, Amsterdam, Netherlands. <https://abs.uva.nl/content/events/leadership--management/01-2023/lm-research-seminar-lucas-maunz-university-of-innsbruck.html>

Successful Grant Application and Prizes

*Tiroler Nachwuchsforscher*innenförderung 2023*, Land Tirol: 18.000,00 EUR

- Project: Self-Actualization at Work Scale (SAWS) Development and Validation
- PI: Lucas Maunz

Zielvereinbarungsprojekt Internationalisierung 2023, travel grant to promote international

cooperation and mobility, University of Innsbruck: 4.335,20 EUR

International Communication Travel Grant, Österreichische Forschungsgemeinschaft (ÖFG): 500 EUR

Jury Recognition Award for the Best Student Paper 2023 for the paper *Does Being Authentic Promote Self-actualization at Work? Examining the Links Between Work-Related Resources, Authenticity at Work, and Occupational Self-actualization*, University of Innsbruck: 500 EUR

EPoS Young Scholar Research Funding 2023, Economy, Politics & Society: 1.000 EUR

- Project: The Dynamic Relation Between Authenticity at Work and Exhaustion
- PI: Lucas Maunz

Early-Stage Funding 2022, University of Innsbruck: 4.518,00 EUR

- Project: Authentic Leadership, Follower' Motivation, Exhaustion, and Psychological Need Fulfillment: A Mixed-Methods Study
- PI: Lucas Maunz

Teaching Experience

Winter 2022: *Human-oriented work-, organizational-, and personnel-development* [seminar]

Summer 2022: *Variations of positive leadership and their impact* [seminar]

Summer 2021: *Variations of positive leadership and their impact* [seminar]

2018–2020: Self-employed tutoring in SPSS and R, method consulting

2017–2018: Elementary School Teacher at the Cole International School, Innsbruck in Information Technology

Research Interests and Areas of Expertise

- Occupational Well-being and Motivation
 - o Authenticity and Self-actualization at Work
- Organizational Research Methods
 - o Quantitative Research Methods (e.g., SEM, MLM, meta-analysis)
 - o Qualitative Research Methods (e.g., thematic analysis, content analysis)