URI	HTTP Method	Description	Request Object	Response Object
/users	GET	Gets all users	n/a	{  userId: integer  firstname: varchar(255)  lastname: varchar(255)  email: varchar(255)  username: varchar(255)  currentlocation:  varchar(255)  }
/users/:id	GET	Gets user by id		{   userId: integer   firstname: varchar(255)   lastname: varchar(255)   email: varchar(255)   username: varchar(255)   currentlocation:   varchar(255) }
/users	POST	Insert into the database		{  userId: integer  firstname: varchar(255)  lastname: varchar(255)  email: varchar(255)  username: varchar(255)  currentlocation:  varchar(255)  }

/users/:id	PUT	Updates user by id	{   userId: integer   firstname: varchar(255)   lastname: varchar(255)   email: varchar(255)   username: varchar(255)   currentlocation:   varchar(255)   }
/users/:id	DELETE	Delete the user by id	
/insights	GET	Gets all insights	{  userId: integer  title: varchar(255)  category: varchar(255)  description: varchar(255)  ratings: varchar(255) }
/insights/id	GET	Gets insight per id	{  userId: integer  title: varchar(255)  category: varchar(255)  description: varchar(255)  ratings: varchar(255) }
/insights	POST	Insert into the database	{  userId: integer  title: varchar(255)  category: varchar(255)  description: varchar(255)  ratings: varchar(255) }