

The greatest skill of survival in lifes ups/downs , hurdles / obstacles is having the ability to have adaptability. We will always have a chance at survival and success if we're able to recognize change is needed. when we lose our compassion and empathy , when we stop seeing PEOPLE and only see the problem we can't advance. Our world is sick (Covid-19 ) right now our community's are at odds we're losing our human nature our mental and physical health is under attack , when will we be able to focused on what matters the most "ALL OF US" !!!