

HERE FOR YOU

SUPPORT FOR PEOPLE
LIVING WITH DEMENTIA
AND THEIR FAMILIES



OPTIONS FOR EVERYONE

Access resources and support by telephone, on the web, or in your community

Receive individualized information to meet your unique needs

No problem or question is too big or too small,
we are here for it all!

Support is available in over 200 languages from experts in the field of dementia

ALZHEIMER'S  ASSOCIATION®

Massachusetts/New Hampshire Chapter

24/7 Helpline 800.272.3900
alz.org/MANH

PEOPLE LIVING WITH DEMENTIA AND THEIR FAMILIES CAN TAKE ADVANTAGE OF **SUPPORT SERVICES OFFERED AT **NO CHARGE****

24/7 HELPLINE

Specialists and master's-level clinicians offer confidential support and expert information to people living with Alzheimer's or other dementias, as well as their caregivers, families and the public. Help is available from our bilingual staff or translation service, which accommodates over 200 languages. Call day or night for immediate advice and support.

LOCAL CARE CONSULTATION

Schedule a meeting by telephone or video conference, or in our office with a local Care Consultant to gain a better understanding of dementia, identify available resources, and develop personalized strategies for making decisions, navigating challenges and planning for the future.

SUPPORT GROUPS

Meet virtually or in-person with others for supportive, meaningful discussion led by a trained facilitator. Groups are available for caregivers or for people living with early memory loss.

PROGRAMS FOR PEOPLE WITH EARLY MEMORY LOSS

Stay connected with Alz Meet Ups. Social engagement offers a fun and comfortable way to connect with others to enjoy group discussions, experiences of art, music, culture, and more. Support groups and education program options are also available to those impacted by mild memory loss. Virtual options available.

EDUCATION PROGRAMS

Be prepared to understand and meet the challenges related to Alzheimer's or other dementia. Programs on a variety of topics are provided in the community, by live webinar and in a pre-recorded format to watch at your convenience.



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