



## A Little Book of Alcohol: Activities to Explore Alcohol Issues with Young People

By Vanessa Rogers



Jessica Kingsley Publishers. Paperback. Book Condition: new. BRAND NEW, A Little Book of Alcohol: Activities to Explore Alcohol Issues with Young People, Vanessa Rogers, For young people, alcohol can be easy to access, but how do they know how much is safe to drink? What if they don't want to drink but all their friends do? Do they know what the effects of drinking alcohol are? This hands-on resource will help young people understand all the facts about alcohol, encourage them to think about and discuss the issues, and help them make positive choices. It is packed with engaging and imaginative activities that explore issues such as safe drinking, peer pressure, risks, the effects of alcohol, and alcohol and the media. Activities range from fun group games and challenging quizzes to role-plays and thought-provoking discussions, and are suitable for young people aged 13-19, in groups or one-on-one. This second edition is fully updated and contains many new activities. This resource will be invaluable for anyone working with young people, including teachers, youth workers, alcohol support workers, social workers, and youth offending teams.



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