



## Exercise and Stress Response The Role of Stress Proteins Exercise Physiology

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CRC Press. Hardcover. Book Condition: New. Hardcover. 240 pages. Dimensions: 9.7in. x 6.2in. x 0.8in. Over the past 10 years, researchers have been investigating the expression, regulation, and protective nature of stress proteins (SPs) during and following exercise. Since the expression of SPs have been shown to provide protection to cells and tissues, the importance of understanding their role during exercise cannot be understated. However the terminology, the myriad of stress proteins, and their complex regulation creates a confusing arena in which to enter. Exercise and Stress Response: The Role of Stress Proteins provides an up-to-date review on topics related to exercise and health, giving investigators the necessary background to pursue stress proteins. ABOUT THE EDITORS: Marius Locke, Ph. D. is an Assistant Professor in the Faculty of Physical Education and Health at the University of Toronto in Ontario, Canada. Dr. Locke received a B. A. with honors in Physical Education (1984), a B. Sc. in Biology (1987), and a Ph. D. in Kinesiology from the University of Western Ontario (1992), where he also played varsity football. Dr. Locke was awarded a Natural Science and Engineering Research Council of Canada Post Doctoral Fellowship and studied at the Deborah Research Institute in...



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