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Quick-fix Vegetarian

By Robin Robertson

Andrews McMeel Publishing. Paperback. Book Condition: new. BRAND NEW, Quick-fix Vegetarian, Robin Robertson, Featuring 150 delicious recipes, QUICK-FIX VEGETARIAN provides both novice and long-time cooks with practical and robust vegetarian dishes that can be prepared in less time than it takes to have a pizza delivered. Written by bestselling vegetarian chef Robin Robertson, QUICK-FIX VEGETARIAN is the answer for busy families who are looking for healthy food, fast. The UK market for vegetarian foods grossed over GBP670 million in 2006. Vegetarian expert Robin Robertson creates recipes such as Spinach and Sun-Dried Tomato Quesadillas, Chipotle-Kissed Black Bean Soup, Mediterranean Orzo Salad, Beat-the-Clock Lasagne, Five-Minute Slow-Cooker Chilli, and No-Bake Oatmeal Almond Cookies for this growing consumer base. In addition, QUICK-FIX VEGETARIAN shows how to use many of the new commercial vegetarian products and includes recipe variations and tips for speedy, stress-free entertaining without sacrificing flavour or mainstream appeal.



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