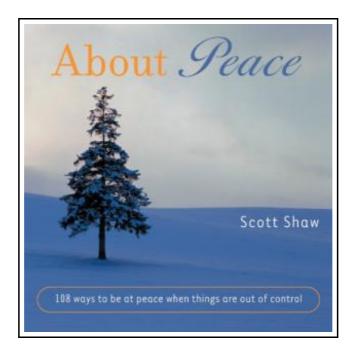
About Peace



Filesize: 1.42 MB

Reviews

Very good e-book and helpful one. It is among the most awesome publication we have read. Its been developed in an remarkably simple way in fact it is simply right after i finished reading this book through which basically transformed me, affect the way i really believe.

(Prof. Kacey O'Hara)

ABOUT PEACE



Red Wheel. Paperback. Book Condition: New. Paperback. 128 pages. Dimensions: 6.3in. x 5.8in. x 0.2in.These are Zen meditations for modern times -- cold comfort, maybe, for some of us who might want platitudes and the promise of peacefulness being handed to us on a silver platter. Because, as Shaw points out, conflict is a part of life. Zen Buddhism was even founded in conflict. No one can give anyone else peace. Peace comes to those who seek it -- in the moment and for the moment only. The pace of lives continues to accelerate, though, with more and more demands being placed on us by both others and ourselves. This collection, aimed at gaining inner peace, is wonderfully suited to the breakneck pace of our lives today. The future is too full of work, laundry, family, and other commitments -- not to mention the unknown. The past is gone. Theres no time like the present to make like the eye of the hurricane and choose to be at peace with ourselves. The 108 meditations in this book offer a very contemporary respite from internal and external conflict. Their number and their form, however, is steeped in tradition. One-hundred-and-eight is a sacred number in Buddhism, where there is also the tradition of meditating with malas -- strung beads, which come in multiples of nine -- 27, 56, or 108. Their form follows Buddhist tradition as well -- theyre modern koans, or riddles to ponder, and dharma stories. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



Read About Peace Online
Download PDF About Peace

See Also



Dont Line Their Pockets With Gold Line Your Own A Small How To Book on Living Large

Madelyn D R Books. Paperback. Book Condition: New. Paperback. 106 pages. Dimensions: 9.0in. x 6.0in. x 0.3in. This book is about my cousin, Billy a guy who taught me a lot over the years and who...

Read Document »



Too Old for Motor Racing: A Short Story in Case I Didnt Live Long Enough to Finish Writing a Longer One

Balboa Press. Paperback. Book Condition: New. Paperback. 106 pages. Dimensions: 9.0in. x 6.0in. x 0.3in.We all have dreams of what we want to do and who we want to become. Many of us eventually decide...

Read Document »



Summer Fit Preschool to Kindergarten Math, Reading, Writing, Language Arts Fitness, Nutrition and Values

Summer Fit Learning. Paperback. Book Condition: New. Paperback. 160 pages. Dimensions: 10.6in. x 8.3in. x 0.5in.Summer Fit Activity Books move summer learning beyond academics to also prepare children physically and socially for the grade ahead....

Read Document »



The Day I Forgot to Pray

Tate Publishing. Paperback. Book Condition: New. Paperback. 28 pages. Dimensions: 8.7in. x 5.8in. x 0.3in.Alexis is an ordinary five-year-old who likes to run and play in the sandbox. On her first day of Kindergarten, she...

Read Document »



DK Readers Animal Hospital Level 2 Beginning to Read Alone

DK CHILDREN. Paperback. Book Condition: New. Paperback. 32 pages. Dimensions: 8.9in. x 5.8in. x 0.1in.This Level 2 book is appropriate for children who are beginning to read alone. When Jack and Luke take an injured...

Read Document »