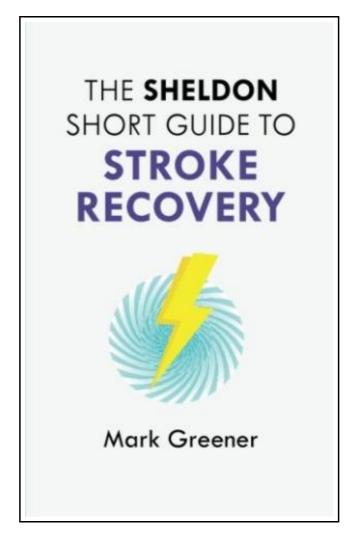
## The Sheldon Short Giude to Stroke Recovery



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### Reviews

Thorough information! Its such a good study. Sure, it is perform, still an amazing and interesting literature. Once you begin to read the book, it is extremely difficult to leave it before concluding. (Evie Emmerich)

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SPCK Publishing, United Kingdom, 2016. Paperback. Book Condition: New. 179 x 111 mm. Language: English. Brand New Book. Grasp the essentials of stroke recovery with this short, easy to read guide. Stroke can devastate mental and physical wellbeing, but, lifestyle changes, combined with medication, can reduce your risk of further stroke by 80 per cent. This short, easy to read guide advises on preventing stroke, making the most of medical treatment and living a full life after a stroke. Topics include: \* why and how a stroke may happen \* key warning symptoms \* risk factors \* diagnosis and treatment \* rehabilitation \* advice for carers.

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