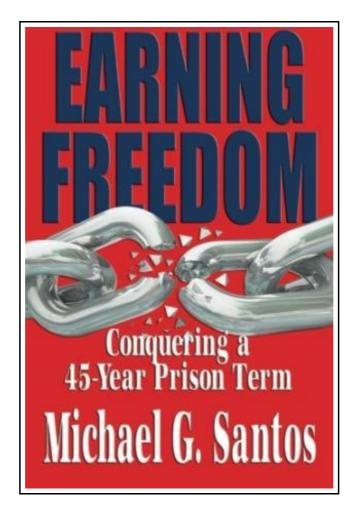
Earning Freedom: Conquering a 45 Year Prison Term



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(Zella Bradtke)

EARNING FREEDOM: CONQUERING A 45 YEAR PRISON TERM



APS Publishing, United States, 2013. Paperback. Book Condition: New. 224 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.On August 11, 1987, when I was 23 years old, DEA agents arrested me. I served the next 9,135 days in federal prisons of every security level. On August 13, 2012, authorities released me. EARNING FREEDOM shows readers how I began to transform my life from inside of a county jail. It shows the steps I took to develop values, skills, and resources that would empower me through a quarter century in confinement. My disciplined and deliberate adjustment began with a principled plan, a commitment to serve my sentence with dignity. I thought about law-abiding citizens and wondered what I could do to earn their forgiveness for the bad decisions I had made during a reckless transition between adolescence and adulthood. Those thoughts led to a three-part plan: I would work to educate myself, I would work to contribute to society, and I would work to build a support network that would have a vested interest in my success upon release. By embarking upon the first prong of the strategy and sticking with it, I earned a bachelor of arts degree from Mercer University and a master s degree from Hofstra University. For the second prong of the strategy, I wrote numerous books to help others understand prisons: the people they hold, how they work, and strategies for growing through confinement. With regard to the third prong, I worked every day to build a support network that would help me succeed upon release as a law-abiding, contributing citizen. To build my support network, I created a document that I called my portfolio. It was a binder that included copies of my degrees and letters of recommendation that...



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