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There Is a Way: A Book Which Shares Much More Than a Life Story

By Sharon Bull

Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 216 x 140 mm.

Language: English . Brand New Book ***** Print on Demand

*****. "In 2010 I woke up!" It was an extremely difficult time for me because I lost almost everything, including my life. But its in adverse times we grow and learn, even though we dont see it at the time. I lost my job as a top sales executive with a British brand leader, my company car, wardrobe of designer clothes and shoes, credit cards, my home and consequently my self-respect, because I placed all this material stuff above everything else. How I thought I needed to look and how I thought I needed to be in society had somehow become the focus of my life. Sadly, this self-centred approach of my this, my that, my body, my car and my promotion affects so many of us, galvanised by years of cleverly constructed marketing, engineered by banks and large corporate businesses to make huge profits. What baffles me the most about this time, is how I couldnt see that my constant bouts of severe depression, anxiety, stress, low self-esteem and debt - a consequence of my...



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Reviews

This book will never be straightforward to start on reading through but quite enjoyable to learn. Better then never, though i am quite late in start reading this one. Your lifestyle span will probably be convert once you complete reading this publication.

-- **Dr. Kadin Hane DVM**

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