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## Aroma Therapy

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By Sumeet Sharma

Sterling Publishers Pvt.Ltd. Paperback. Book Condition: new. BRAND NEW, Aroma Therapy, Sumeet Sharma, Aromatherapy is a method of treatment that involves using essential oils to promote physical and emotional well-being. It is an ancient discipline that has withstood the test of time. This book captures the essence of aroma therapy and explains how certain oils can be effectively used to treat physical ailments. Aroma therapy is a safe and natural method to restore the balance of the body and promote good health.



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