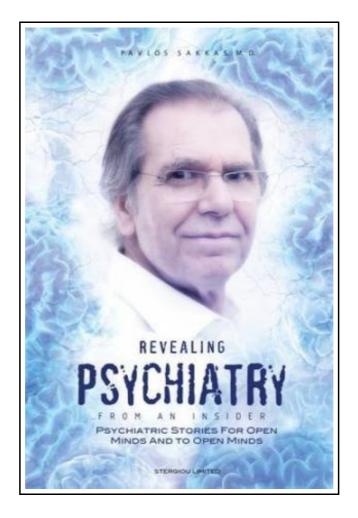
Revealing Psychiatry. from an Insider: Psychiatric Stories for Open Minds and to Open Minds



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Reviews

An exceptional publication as well as the font employed was exciting to see. it was actually writtern extremely flawlessly and helpful. Once you begin to read the book, it is extremely difficult to leave it before concluding.

(Dominic Collins)

REVEALING PSYCHIATRY. FROM AN INSIDER: PSYCHIATRIC STORIES FOR OPEN MINDS AND TO OPEN MINDS



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Stergiou Limited, United Kingdom, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English. Brand New Book ***** Print on Demand *****.THIS VOLUME contains the principal elements preoccupying modern Psychiatry. The author introduces the reader into all mental illnesses, on the one hand through real examples deriving from his rich clinical experience and on the other explaining in simple terms the fault that is the underlying cause. It is in essence an interesting investigation into the magical world of the human brain. Using easily comprehended language, the author provides convincing explanations for the diverse mental functions. The models he expounds on bring mental illness down to earth from the mists of Philosophy to the realities of Medicine. He compares schizophrenia to a minor short-circuit, and Anorexia Nervosa to the activation of a programme in reserve in the brain. He gives reasons for the necessity for sleep and dreams. Other than a doctor, however, Pavlos Sakkas is a person intensively querying social behaviour. His many years of practice of psychiatry and his experience of human pain give him the potential to be of assistance to those who arrive at crucial crossroads in their life. His charitable attitude and the unconventional viewpoints he develops provide interesting answers to the greatest existentialist questioning of human beings. He speaks of his own questioning and recounts what he answers when his patients ask him about the meaning of life. In this book the reader will be able to find useful directions to be guided in the great and thrilling journey of life: Guidelines for relations with parents, siblings, companions and one s children. The author has a way of transmitting such knowledge to his layman reader as would be envied by an experienced psychiatrist. But the book s best achievement is to bring...

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