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## Being You, Authentically, Living It! Loving You!: A Companion Book to Being You, Authentically, Living It, Loving You Spirit Deck

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By Lori-Lynn Koke

Createspace, United States, 2013. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.A Boot Camp for My Soul! This story is my Journey back to me, my Authenticity. It has been a very personal journey, as one might expect and is a reflection of who I am and my message; that love is the single most important experience in life. I refer to it as the Boot Camp for my Soul! Each and every one of us not only deserves to discover and live their truth, it is within each and every one of us to define what that truth and happiness is to us, individually. We all have a spark or a passion to follow and this is what led me to create my Spirit Deck and write this book. So, I had exhaustively arrived at the place that sent me on a detour to re-discover who I was at the core of my being. I felt that it was time; that I needed to discover and learn the hows, to find the tools and follow my heart. I needed to do what my heart and spirit desired. Through...



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