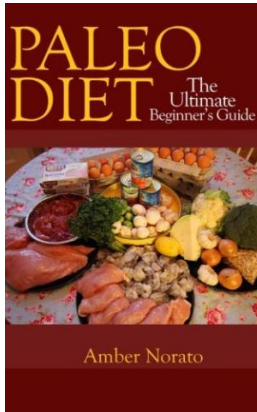


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## PALEO DIET: THE ULTIMATE BEGINNERS GUIDE



Createspace. Paperback. Book Condition: New. This item is printed on demand. Paperback. 50 pages. Dimensions: 8.0in. x 5.0in. x 0.1in. Paleo Diet: The Ultimate Beginners Guide, is a comprehensive, yet concise guide to starting a Paleo lifestyle. This book offers answers to the most commonly asked Paleo questions, and gives you tips to get started on the right foot! After all, although starting a new diet can be difficult, learning about one shouldn't be! Is the Paleo diet just another fad...

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