



Hey Kids! What s Cooking? Snackages!

By Mike J Preble

Createspace, United States, 2015. Paperback. Book Condition: New. 235 x 190 mm. Language: English . Brand New Book ***** Print on Demand *****.Dedicated to parents who are sometimes at a loss as to what and how to feed their growing child(ren), in particular when it comes to responsibilities and involvement in the food preparation process. These recipes offer ideas for creative approaches to proper nutrition and healthy, active participation. Safety, especially in the kitchen, is of utmost importance. Clean hands and clean utensils. Butter knife and spoon. Hand-operated egg beater. No frying in hot oil, no baking in a hot oven, no toaster and no electric mixer or blender. That leaves a fairly limited amount of tools. These recipes are geared for small hands that are just learning how to do simple things like spread butter or jelly, easy cutting (bread crusts, cheese slices, etc.) and assembling pieces into a final meal.



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