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Eating from One Pot: The Dynamics of Survival in Poor South African Households

By Sarah Mosoetsa

Wits University Press, South Africa, 2011. Paperback. Book Condition: New. 221 x 150 mm. Language: English . Brand New Book. As poverty and unemployment deepen in contemporary South Africa, the burning question becomes, how do the poor survive? This title provides a compelling answer. Based on intensive fieldwork, it shows how many African households are on the brink of collapse. That they keep going at all can largely be attributed to the struggles of older women against poverty. They are the fulcrum on which household survival turns. The title describes how households in two different areas in KwaZulu-Natal are sites of both stability and conflict. As one of the interviewees put it: We eat from one pot and should always help each other. Yet the stability of family networks is becoming fragile because of the enormous burden placed on them by unemployment and unequal power relations. Many of the households are extremely poor, relying on a total monthly income of less than R800. People live on little more than maize meal, tea and sugar. However, the title also demonstrates that they are not passive victims of poverty. Women, in particular, show impressive qualities of energy and resourcefulness. They engage in...



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Reviews

Extensive guide! Its such a excellent read. This can be for anyone who statte that there was not a worth looking at. I am just effortlessly will get a satisfaction of looking at a written publication.

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This book will not be effortless to start on reading through but very exciting to learn. It is amongst the most remarkable book i have got go through. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- **Dr. Easton Collier DVM**