



7 Steps to Emotional Intelligence

By Patrick E. Merlevede

Crown House Publishing, United Kingdom, 2001. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book. Goleman taught us the importance of Emotional Intelligence. Since the publication of his EQ exposition, a whole array of Emotional Intelligence books has appeared, with each title purporting to put those theories of EQ into practice. This book goes deeper. Revealing the structure beneath Emotional Intelligence, 7 Steps utilises its unique framework to combine EQ and Neuro Linguistic Programming (NLP) - the study of excellence that examines how behaviour is neurologically formulated. 7 Steps confidently integrates the insights of EQ and NLP to promote a greater understanding of how emotions work - and how they can be worked upon. This book is driven by one important message: don t just think about it, do it. A modelbased guide packed with powerful NLP exercises and selfassessment techniques, it allows you to generate your own trics, and to partake in an intensive EQ excellence course that utilises the self-programming practices of NLP. A thoroughly structured, functionally formatted guide to improving your EQ, 7 Steps serves as a textbook of EQ theory, a manual of NLP techniques, and a workbook that systematically...



Reviews

The publication is easy in read through safer to comprehend. It is actually loaded with wisdom and knowledge Its been printed in an extremely simple way and is particularly simply right after i finished reading through this pdf where actually modified me, affect the way i believe.

-- Ms. Clementina Cole V

This is the very best publication i have got read until now. It is definitely simplified but shocks within the fifty percent of the pdf. You may like how the article writer create this pdf.

-- Rosario Durgan

See Also



No Friends?: How to Make Friends Fast and Keep Them

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Do You Have NO Friends? Are you tired of not having any friend and being lonely all the time...



To Thine Own Self

Dog Ear Publishing, United States, 2011. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Carefree and self assured Carolyn loves her life. Her uncle runs the day-to-day details of her company leaving...



Learn em Good: Improve Your Child s Math Skills: Simple and Effective Ways to Become Your Child s Free Tutor Without Opening a Textbook

Createspace, United States, 2010. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. From a certified teacher and founder of an online tutoring website-a simple and effective guide for parents and students to...



How to Make a Free Website for Kids

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Table of Contents Preface Chapter # 1: Benefits of Having a Website Chapter # 2: Signing Up for a Website...



Patent Ease: How to Write You Own Patent Application

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English. Brand New Book ***** Print on Demand *****. Patent Ease! The new How to write your own Patent book for beginners! Because you are a beginner; not a...



Crochet: Learn How to Make Money with Crochet and Create 10 Most Popular Crochet Patterns for Sale: (Learn to Read Crochet Patterns, Charts, and Graphs, Beginner's Crochet Guide with Pictures)

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Getting Your FREE Bonus Download this book, read it to the end and see BONUS: Your FREE Gift chapter after...