



The Vitamin Cure for Eye Disease: How to Prevent and Treat Eye Disease Using Nutrition and Vitamin Supplementation

By Robert G. , Ph. D. Smith

Basic Health Publications. Paperback. Book Condition: New. Paperback. 200 pages. Dimensions: 8.4in. x 5.2in. x 0.4in. Most people's diets are woefully inadequate for providing proper nutrition. Even good diets fail to deliver sufficient levels of nutrients. The Vitamin Cure book series highlights the safe and clinically effective use of vitamin supplements for a variety of illnesses. Research continues to prove the immense value of vitamins for maintaining health and fighting disease. The Vitamin Cure books, written by authors who are recognized experts in their field, deliver authoritative, up-to-date, and practical information on taking vitamins for particular health problems. Even though vision is one of our most-valued senses, we often take our eyesight for granted until problems begin to develop. Many serious eye-related illnesses, ranging from glaucoma to retinitis pigmentosa, are degenerative diseases that progress slowly throughout our lifetime and only reveal themselves later in life. These age-related eye diseases and many other eye conditions can be prevented or improved with proper nutrition and vitamin supplementation. Many of us exercise and try to eat well, and we may even take supplements and drugs to avoid illnesses such as heart disease, but are we doing what we can to keep our eyes healthy? Robert...



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Reviews

Absolutely essential read publication. it absolutely was written very completely and valuable. It is extremely difficult to leave it before concluding, once you begin to read the book.

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-- **Lindsey Larson**

Relevant Books



The Day I Forgot to Pray

Tate Publishing. Paperback. Book Condition: New. Paperback. 28 pages. Dimensions: 8.7in. x 5.8in. x 0.3in. Alexis is an ordinary five-year-old who likes to run and play in the sandbox. On her first day of Kindergarten, she makes her first school-aged friend, Elizabeth, and...



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DK CHILDREN. Paperback. Book Condition: New. Paperback. 32 pages. Dimensions: 8.9in. x 5.8in. x 0.1in. This Level 2 book is appropriate for children who are beginning to read alone. When Jack and Luke take an injured duck to the vet, it is just...



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Harts Desire Book 2.5 La Fleur de Love

Cajunflair Publishing. Paperback. Book Condition: New. Paperback. 112 pages. Dimensions: 8.0in. x 5.0in. x 0.3in. Its late 1974, and high school student, Melinda Dawson is in serious trouble. Within two hours of revealing her suspected pregnancy to her parents, she's whisked off against...



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DK CHILDREN. Paperback. Book Condition: New. Nick Harris (illustrator). Paperback. 48 pages. Dimensions: 8.4in. x 5.7in. x 0.2in. Discover the rollicking exploits of Robin and his merry men as they take from the rich and give to the poor. Join Robin Hood and...



DK Readers Invaders From Outer Space Level 3 Reading Alone

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