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What Would I Believe If I Didn't Believe Anything?: A Handbook for Spiritual Orphans (Hardback)

By Kent Ira Groff

John Wiley Sons Inc, United States, 2004. Hardback. Book Condition: New. 218 x 145 mm. Language: English . Brand New Book. What Would I Believe if I Didn't Believe Anything? is a guidebook for spiritual orphans that shows how they can doubt their way home by embracing their doubts and asking the hard questions as a meaningful path toward genuine faith. The author helps readers value their own questions and learn to talk about spiritual matters in fresh, non-religious language. Rather than handing down doctrines from above, Groff invites readers to look at life from below, exploring experiences of daily living. He helps the reader to find the grace in the grit of everyday life, seeking analogies of faith in film and literature, psychology and science, poetry and arts, music and sports. Drawing primarily from the well of his Christian experience, Groff also incorporates insights from the world's primal myths and major religions. Fifty reflection exercises make it ideal for group use with journeyers of varied backgrounds for campuses, prisons, communal residences, religious communities and work places.



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