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Follow Your Bliss Coloring Book

By Thaneeya McArdle

Fox Chapel Publishing. Paperback. Book Condition: new. BRAND NEW, Follow Your Bliss Coloring Book, Thaneeya McArdle, Blissful Spirit is a colouring book for adults that contains 30 amazing art activities involving patterning, shading and colouring. Each vibrantly detailed illustration offers an easy way to de-stress, while allowing you to unleash the artist within. Thaneeya McArdle's transcendental art explores a visual language of shape, form, line and colour, and can be easily personalised with felt-tips, coloured pencils, crayons, gel pens or watercolours. Beautifully coloured finished examples are provided, along with a handy guide to basic art techniques, from patterning and combinations to shading and colour theory. This therapeutic colouring book is printed on high-quality, extra-thick paper that won't bleed through, and all of the pages are perforated for easy removal and display.



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Reviews

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It is easy in study safer to comprehend. It can be writter in basic phrases and never confusing. It is extremely difficult to leave it before concluding, once you begin to read the book.

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