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Spiritual Search Step by Step

By Ramesh S. Balsekar

Zen Publications, Mumbai, 2004. Soft cover. Book Condition: New. 16 cms. 38pp. It is everyone's experience that the basis of daily living is facing life from moment to moment, necessarily accepting whatever the moment brings-sometimes pain, sometimes pleasure. The interconnected opposites of pain and pleasure, along with the opposites of every conceivable kind, beginning with male and female, form the very basis of life and living; and, therefore, it is impossible to separate one from the other. What the human being wants is one and not the other-pleasure and not the pain. And this pursuit of one as against the other is the main cause of why religion flourishes, various god-men flourish, promising the impossible and leading to frustration.



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