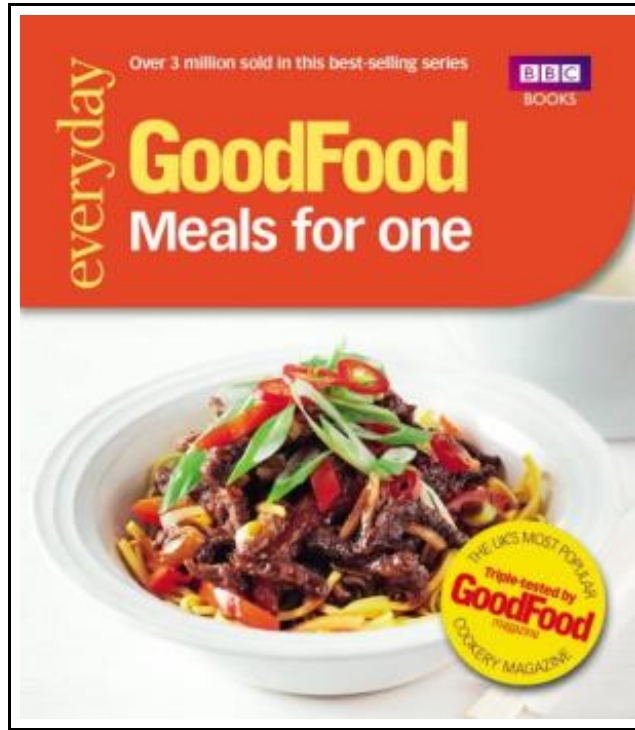


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GOOD FOOD: MEALS FOR ONE: TRIPLE-TESTED RECIPES



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