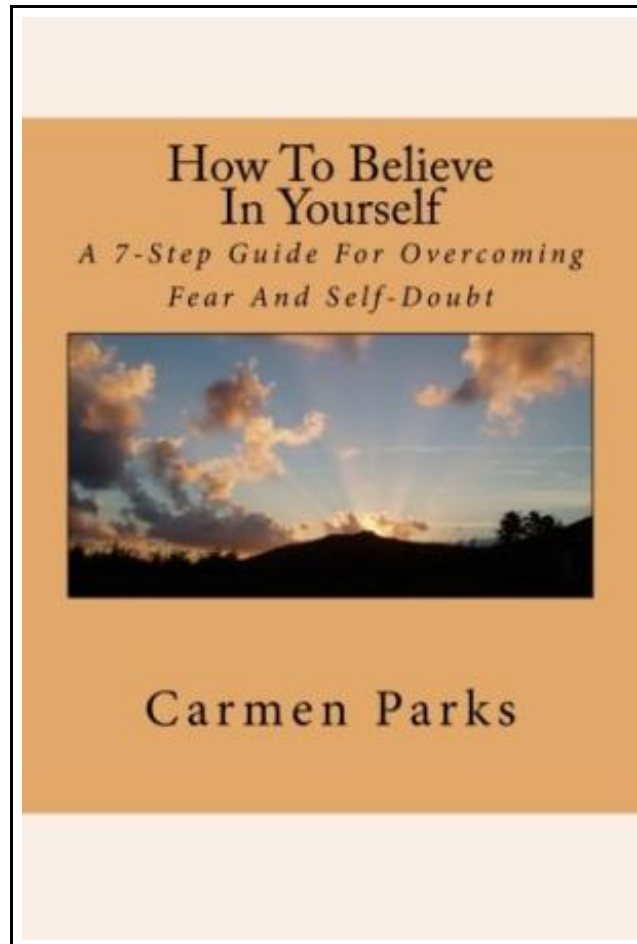


How to Believe in Yourself: A 7-Step Guide for Overcoming Fear and Self-Doubt



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