



## The Regal Way to Realization (Yogadarsana)

By Patanjali

Aurea Vidya, United States, 2012. Paperback. Book Condition: New. 213 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.From ancient times the Rsis or great Sages, in composing their works, drew from a fount of Wisdom that embraces the knowledge of the spiritual and scientific laws that regulate the micro and macrocosm. After a profound research and consequent self-realization, the Rsis discovered that the first cause of human suffering rests on ignorance (avidya) of one's own real nature, which is Completeness, Synthesis and Unity. In this context takes its place the Yoga darsana, one of the six points of view of the Indian philosophy based on the Vedas, and codified by PATANJALI in his work which was given the name of Yogadarsana or Yogasutra. Faithful to traditional Knowledge, in his sutras, PATANJALI posits the problem of kaivalya, liberation from the becoming of prakrti (universal substance). Patanjali describes, we may say, in a scientific way, the means to realize a process of coordination, integration, mastery, transmutation and transcendence of our psychic and imprisoning energies so as to burn all the obstacles that hinder the state of kaivalya or isolated Unity. Thus this opus, which can...



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