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## The Chakras and Esoteric Healing

By F. Lansdowne

Motilal Banarsidass Publishers Pvt. Ltd., New Delhi, India, 1998. Hard Cover. Book Condition: New. Dust Jacket Condition: New. First Edition. Many healers today are working with the chakras-subtle force centers that vitalize and control the physical body. This excellent sourcebook examines the relationships between the chakras, states of consciousness, and the following types of esoteric healing: Pranic healing, which can stimulate the vitality within the patient's physical body; Telepathic healing, which can effect the patient's mental attitudes and subconscious mind; and Radiatory healing, which can calm the patient's emotions, awaken compassion, strengthen the mind, and bring the individual into alignment. The author also discusses meditation, self-hypnosis and its dangers, spiritual development, psychic opening, telepathy, and provides instructions not only on how to use the chakras, but admonitions against their abuse. Printed Pages: 160.



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