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Naked and Marooned: One Man. One Island. One Epic Survival Story

By Ed Stafford

Ebury Publishing. Paperback. Book Condition: new. BRAND NEW, Naked and Marooned: One Man. One Island. One Epic Survival Story, Ed Stafford, 'I stood on the beach truly alone for the first time. I would not see another person for sixty days. I was on an uninhabited tropical island and I had nothing with me to help me survive. No food, no equipment, no knife and not even any clothes. All I had was my camera kit so that I could intimately record my self-inflicted sentence.' What if you were abandoned on a tropical island with no food or water, no basic equipment, not even a knife, and no clothes - could you survive? Extreme adventurer Ed Stafford isn't sure, but he's about to find out as he pushes himself to the limit in this gripping and inspirational test of human survival. For sixty days, with only his explorer's instinct and a video camera to record his experiences, Ed faces the ultimate feat of physical and mental endurance. He confronts blazing heat and brutal loneliness; eats snails to escape starvation and battles illness, dehydration and fatigue in what is his most dangerous, and at times life-threatening, challenge to date. This epic...



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