

You Need Help!: A Step-by-Step Plan to Convince a Loved One to Get Counseling

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"Dr. Komrad's book is an important, much-needed reference that offers the necessary guidance to ensure the proper treatment and diagnosis of a loved one."
Former Rep. Patrick J. Kennedy, author of the Mental Health Parity and Addiction Equity Act of 2008



**A Step-by-Step Plan to
Convince a Loved One to Get Counseling**
MARK S. KOMRAD, MD

Foreword by Rosalynn Carter, Former First Lady of the United States

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Book Review

Merely no words to explain. I really could comprehend everything out of this published e book. I found out this publication from my dad and i suggested this publication to learn.

(Prof. Margarita Ledner PhD)

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