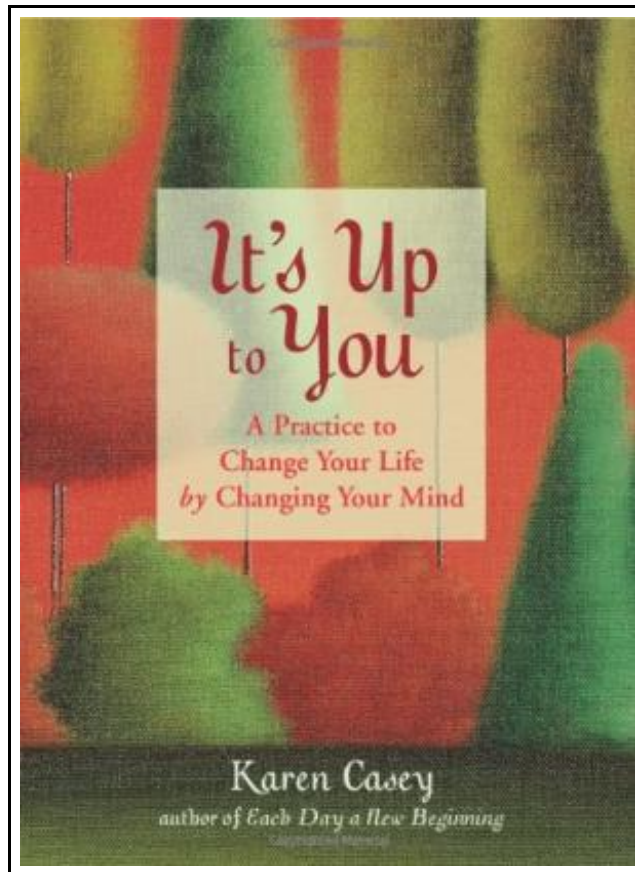


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## IT'S UP TO YOU: A PRACTICE TO CHANGE YOUR LIFE BY CHANGING YOUR MIND

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