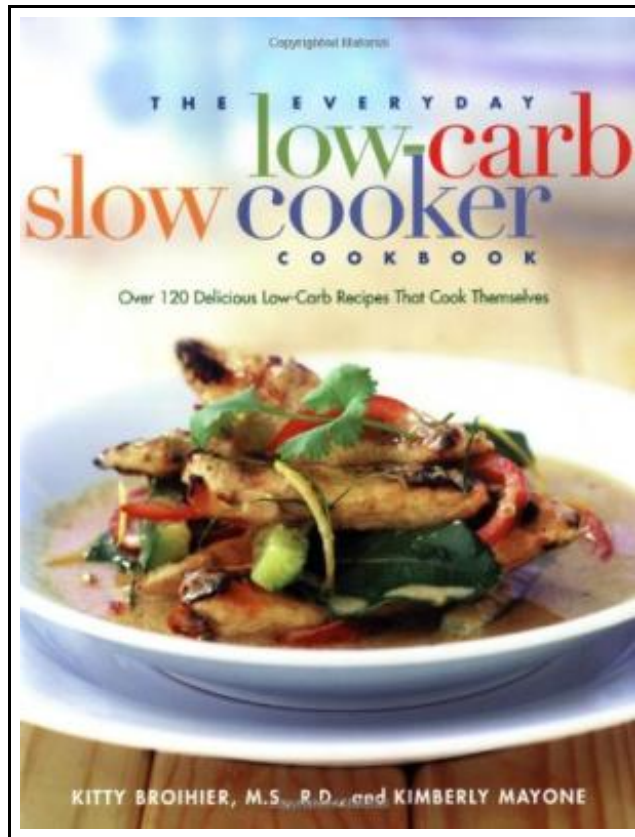


The Everyday Low Carb Slow Cooker Cookbook: Over 120 Delicious Low-Carb Recipes That Cook Themselves



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Reviews

This book is great. I have go through and so i am confident that i will going to read through once again again in the future. I am just easily can get a satisfaction of looking at a written book.
(Miss Vernie Schimmel)

THE EVERYDAY LOW CARB SLOW COOKER COOKBOOK: OVER 120 DELICIOUS LOW-CARB RECIPES THAT COOK THEMSELVES



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Marlowe & Co. Paperback. Book Condition: new. BRAND NEW, The Everyday Low Carb Slow Cooker Cookbook: Over 120 Delicious Low-Carb Recipes That Cook Themselves, Kitty Broihier, Kimberly Mayone, We all love to eat good food, but no one seems to have the time to cook it anymore. The resurrection of the slow cooker has changed all that, giving busy food lovers a simple way to prepare delicious meals with very little effort or attention. Now, in The Everyday Low Carb Slow Cooker Cookbook, nutritionist and food consultant Kitty Broihier and recipe developer and creative chef Kimberly Mayone offer low carbers a chance to jump on the slow cooker bandwagon with over 120 delectable low carb recipes designed especially for slow cooking. They cover everything from breakfast foods, snacks, and chilis to soups, entrees, and desserts, and even include potluck favorites, easy-prep entrees requiring five ingredients or less, and ethnic cuisine. Complete with information on the convenience and health benefits of using the slow cooker, how to convert favorite low carb recipes for slow cooking, low carb "go-with" recipes that round out slow cooked meals, and tips and serving suggestions featured throughout, The Everyday Low Carb Slow Cooker Cookbook is sure to become a staple in every low carb cook's kitchen.



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