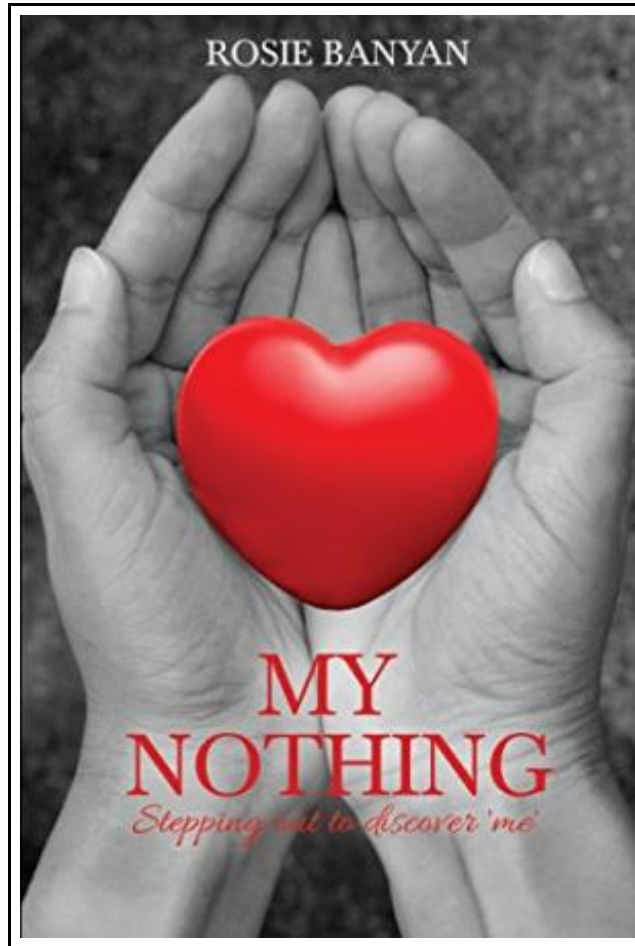


## My Nothing: Stepping Out to Discover Me



Filesize: 1.33 MB

### ***Reviews***

*This book is definitely not straightforward to get started on studying but extremely exciting to read. It is really simplistic but shocks in the 50 percent of the ebook. Once you begin to read the book, it is extremely difficult to leave it before concluding.*

***(Ally Reichel)***

## MY NOTHING: STEPPING OUT TO DISCOVER ME



Houstonia Pty Ltd, United States, 2014. Paperback. Book Condition: New. 234 x 156 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.In mid-September 2013 anyone looking at us would have seen a happy family. No one saw the silence. No one saw the pain or the surfacing of confusion felt when I was young. No one saw my husband, the one whom I had worked so hard to be complete for, sleeping on the other side of the bed, on the edge of our mattress each night. No one saw how his eyes had not met mine in months. I had been transported back to the fear, the confusion and grief that I lived so long ago. I felt trapped. I used to leave my body and escape the world when it was like this. After working so hard I finally reached my breaking point. I wanted to hide, I wanted to scream, I wanted out. So in answer to the question, What sort of person just drops everything and steps out of their life? I can tell you - a desperate one. One who needs to survive. The universe had chosen the destination. I was guided and I took notice. Leaving only a note for my husband and four children, I left Australia. I had to revisit my childhood horror of sexual abuse to finally forgive and release my past. I learn to trust unconditionally, let go of controlling everything in my life, being needed by everyone and the expectation of a desired outcome. I discovered that deep within me sat a silence. I discovered my NOTHING. About the Author: Born in the late 1960s, Rosie grew to learn how to mask dysfunction. Living mostly in her head, Rosie thrived in the academic world of finance...



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