



Healing During Loss: The Rainbows of Memories Method

By Barbara L Warren

Createspace, United States, 2012. Paperback. Book Condition: New. 203 x 135 mm. Language: English . Brand New Book ***** Print on Demand *****.Loss hurts. But you are not alone. Barbara L. Warren designed The Rainbows of Memories Method after the death of her husband Bill. Healing During Loss: The Rainbows of Memories Method features real stories of loss, of hope, and of healing. Healing Helpers, peace providers, journal how-to s and color visualizations offer guidance. You ll even discover your own personal rainbow roadmap. Expanding Your Resources includes getting started, natural disasters, health and illness, bereavement, wars and beyond, and future plans. A Discussion Guide for Reading Groups explores journaling, memories, inspiration, and other topics. Thanatologist Art Nanna, Ph.D., in the introduction, calls Healing During Loss: The Rainbows of Memories Method a sound, practical approach to dealing with grief and loss. This book can also be a powerful source of personal growth.



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