



Hippocrates Shadow

By David H. Newman M. D.

Scribner Book Company. Paperback. Book Condition: New. Paperback. 272 pages. Dimensions: 8.3in. x 5.4in. x 0.6in. A clear-sighted, heartfelt, and humane story of the needless tests and treatments that cripple healthcare. . . . as a guide to good medicine, it may help us get back to the essence of what good doctors do: be with patients in healing. Samuel Shem, M. D. , author of *The House of God* and *The Spirit of the Place* In *Hippocrates Shadow*, Dr. David H. Newman upends our understanding of the doctor-patient relationship and offers a new paradigm of honesty and communication. He sees a disregard for the healing power of the bond that originated with Hippocrates, and, ultimately, a disconnect between doctors and their oath to do no harm. Exposing the patterns of secrecy and habit in modern medicine's carefully protected subculture, Dr. Newman argues that doctors and patients cling to tradition and yield to demands for pills or tests. Citing fascinating studies that show why antibiotics for sore throats are almost always unnecessary; how cough syrup is rarely more effective than a sugar pill; and why CPR is violent, invasive and almost always futile, this thought-provoking book cuts to the heart of what really works, and...



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