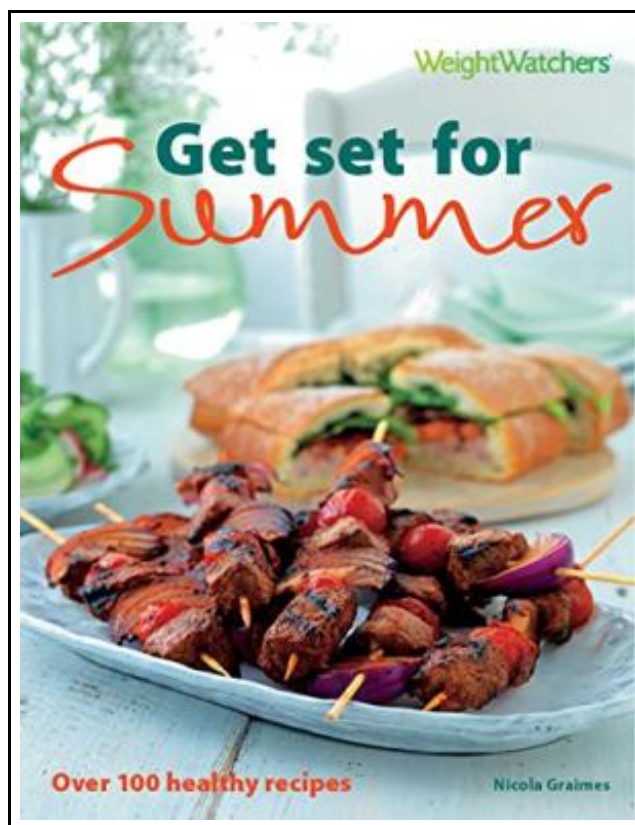


Weight Watchers Get Set for Summer



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(Prof. Dario Lang)

WEIGHT WATCHERS GET SET FOR SUMMER



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Simon & Schuster Ltd. Paperback. Book Condition: new. BRAND NEW, Weight Watchers Get Set for Summer, Nicola Graimes, When the sun shines, it's hard to think of anything better than a barbecue with friends and great food, so fire up the barbie and enjoy some Turkey and Bacon Burgers, Beef Tataki or Lime and Coriander Salmon Skewers. Or, for a family picnic, why not pack up the Giant 'Sausage Roll' or Picnic Loaf and head off to your favourite spot? Get Set for Summer has ideas for all occasions, with recipes for everyday, for weekends, for enjoying good food with friends and for al fresco eating. For super snacks, reach for the Honey Dried Apples or Cool Dogs. At lunchtime, the Beef Wrap with Horseradish Cream or Chinese Noodle Soup will hit the spot; and for an ideal meal without meat try the Linguine with Broad Beans and Rocket or the Lemongrass and Ginger Tofu Fritters. After work, when everyone's hungry, the quick Sausage Pizza or simple Weekday Chicken and 'Chips' are just the thing. Be inspired by this fabulous collection of recipes - and get ready to make the most of the long, hot days and savour the fresh flavours of summer.



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