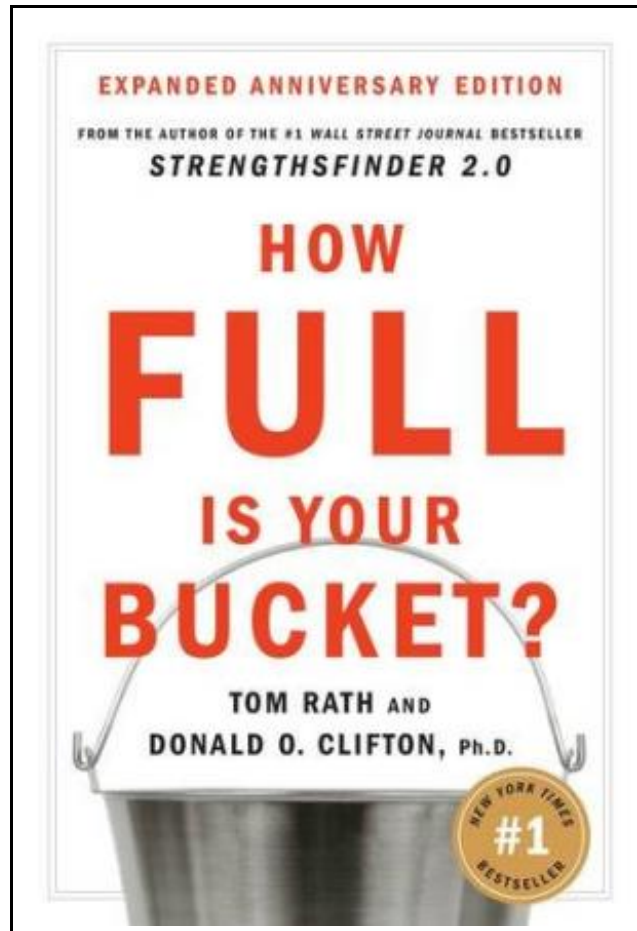


## How Full is Your Bucket: Positive Strategies for Life and Work



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