



Rehabilitation of the Spine: A Practitioner's Manual

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LWW, 2006. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: Section I: Basic Science 1.The Biopsychosocial Model 2.Spinal Stability: Mechanism of Injury and Restabilization 3.Where is the pain coming from? 4.Exercise Science Principles 5.The Functional Pathology of the Motor System Section II: Assessment 6.Diagnostic Triage: History, Examination & Special Tests 7.Physical Examination of the Muscular System 8.Outcomes Management 9.Assessment of Psycho-social Factors Pain Patients 10.Quantitative Physical Performance Evaluation 11.Quantitative Functional Capacity Evaluation of the Spine Pain Patient 12.Pre-employment Screening and Functional Capacity Evaluation for Determining Safe Return to Work 13.Decision Making in Clinical Assessment of the Pain Patient: Integrating Functional and Pathoanatomic Approaches Section III: Acute Care Management 14.Patient Reactivation 15.The McKenzie Approach for Acute Pain Relief 16.Biopsychosocial Reactivation of the Acute Pain Patient 17.Brgger Methods in Postural Centration 18.Soft Tissue Manipulation Techniques 19.Post-isometric Relaxation Techniques 20.Neuromobilization Techniques 21.Manipulation Techniques for Key Joints Section IV: Recovery Care Management 22.Integration and Selection of Rehabilitation Techniques 23.Sensory-motor Training 24.Segmental (local) Spinal Stabilization Training 25.Functional Spine (neck & low back) Stabilization Training for Activities of Daily Living 26.Global Muscle Stabilization Training 27.Advanced Weight Training Approaches From a Stability Perspective 28.Facilitation of Agonist-Antagonist Co-activation by Reflex

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