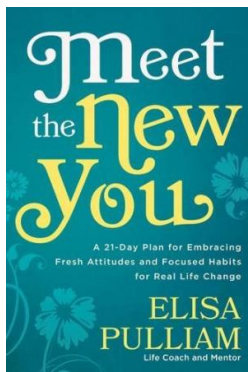


Meet the New You: A 21-Day Plan for Embracing Fresh Attitudes and Focused Habits for Real Life Change



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