



## Pregnancy and Men: Your First Step Toward a Great Parenthood

By Pratik Patil

Createspace, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. A breath of fresh air, a well executed guide for first time fathers with a flair to connect to the readers Pennie Mae Cartawick. Author of the Sherlock Holmes book series There is so much information about the joys (and hazards!) of starting a family that it makes for fun reading for all Grady Harp HALL OF FAME TOP 100 REVIEWER This is not a medical guide to Pregnancy. Primarily aimed at first-time fathers, this guidebook not only helps men understand the process they go through when dealing with pregnancy but also shows them how they can participate in positive ways. Author Pratik Patil offers information and advice that doesn't appear in other pregnancy guides. The main purpose of this book is to help men help their wives during pregnancy and also to teach them how to take care of their own physical and mental health in their journey into pregnancy. Expectant fathers will learn how to prepare their bodies to promote a successful pregnancy, how they can support their wives during those nine months, and...



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