



Transforming Behavior: Training Parents and Kids Together

By Mary N. Cook

Brookes Publishing Co. Paperback. Book Condition: new. BRAND NEW, Transforming Behavior: Training Parents and Kids Together, Mary N. Cook, Looking for a proven, flexible, and cost-effective way to address challenging behavior, social skills development, and family conflict? Look no further than this ready-to-use group therapy program, ideal for clinicians working in a range of settings with children 8-12 and their parents. With 22 adaptable modules (11 for children, 11 for parents), this field-tested program gives professionals everything they need to lead group therapy sessions that improve the lives of whole families. Children will learn positive social skills and emotional regulation, and parents will learn successful techniques for responding constructively and consistently to difficult behaviors. This empowering program is the perfect way to resolve a broad range of behavior challenges in children with various underlying diagnoses, including behavior, mood, and anxiety disorder. Target the social skills children need to succeed, including empathy, conflict resolution, and conversation skills. Work with children and parents concurrently--the most effective and powerful way to bring about lasting change in a child. Improve access to critical services for a whole group of children and families at a low cost. Meet the specific needs of individual families, with flexible, adaptable modules. Help families anytime--all...



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