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## An Unsinkable Soul: Reality Is the Leading Cause of Stress

By Nancy Kay

Moving Forward Through Divorce. Paperback. Book Condition: New. Paperback. 224 pages. Dimensions: 9.0in. x 6.0in. x 0.5in. Are you involved with another woman As I looked straight into my husbands eyes- the husband I trusted to keep us safe- I held my breath. . . Do you remember a specific moment in your life when everything changed When the life you thought you were living abruptly took a sharp curve In An Unsinkable Soul readers will look deep inside the lives of 22 courageous women who share their incredible pain, frustrations and fears as they struggled to deal with the unexpected storms that turned their lives completely upside down. Each womans personal journey in An Unsinkable Soul provides readers with encouragement, wisdom and specific steps to take right now to move forward with more confidence and resilience. Although we cannot control what unexpected things are thrown our way in life, readers can greatly benefit from the wisdom and insights in An Unsinkable Soul to gain more inner fortitude and explore their lifes true purpose. Reality is the Leading Cause of Stress. shares the story of what it is like to re-enter the job market at age 45 following a life-altering divorce...



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