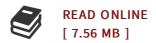




10 Lifesavers for Every Couple: Help and Hope When Your Relationship Hits a Rough Spot

By David Hawkins

Harvest House Publishers, U.S., United States, 2009. Paperback. Book Condition: New. 198 x 132 mm. Language: English . Brand New Book ***** Print on Demand *****. Nearly all couples experience seasons of relational stress. But as clinical psychologist David Hawkins shows, these times are predictable and manageable. In fact, they can even lead to positive changes and renewed growth. This easy-to-read handbook highlights important warning signals, helping readers avoid many serious consequences of relational trouble. Couples will discover how to call a truce, create stability, and reestablish trust. They Il also learn to. explore the causes of conflict, including longstanding patterns and recent trauma humbly and honestly commit to the process of change eliminate barriers to growth, such as denial, shortcuts, and simplistic solutions identify and build on good things in the relationship develop new skills for communication and conflict resolution Packed with biblical wisdom and practical information from the counseling office, 10 Lifesavers for Every Couple affirms the value of marriage and empowers couples to grow through their times of crisis.



Reviews

Very useful for all group of people. It is amongst the most incredible pdf i actually have read through. Its been written in an extremely straightforward way and it is just right after i finished reading through this pdf by which basically modified me, change the way i think.

-- Felicia Nikolaus

These sorts of ebook is the ideal book offered. It can be writter in simple terms rather than confusing. I discovered this pdf from my dad and i advised this publication to understand.

-- Mr. Alejandrin Murphy PhD