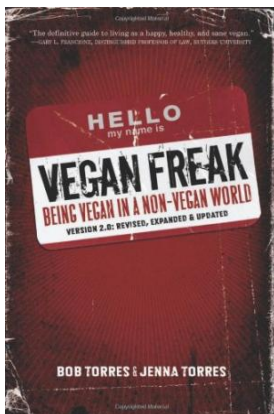


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PM Press, United States, 2010. Paperback. Book Condition: New. 2nd Revised edition. 213 x 137 mm. Language: English . Brand New Book. Two seasoned vegans offer tips and advice for thriving without animal by-products. Readers will find out how to go vegan by employing a cold tofu method , learn how to convince family, friends, and others that there is no such thing as a vegan cult and learn to survive restaurants, grocery stores, and meals with omnivores.

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- Authored by Bob Torres, Jenna Torres
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