



I Am Enough: Journal Affirmations for Girls

By Elizabeth D Gray

CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 108 pages. Dimensions: 9.0in. x 6.0in. x 0.2in. An affirmation on its own is a powerful thing. However, flexing the muscle of an affirmation with the conscious expression of your own words, thoughts and experiences is a transformative thing. Use this affirmational journal to not only absorb the powerful messages in each affirmation, but to accentuate them tenfold by the expressions of your own creation. There can be not the slightest shred of doubt that you are enough as you are. This book of empowering affirmations for girls makes this point absolutely clear. Use the notes pages to journal your thoughts as you affirm this truth. You are Enough. Success I saw it charted out Announced on cable television An experts definition of success The benchmarks identified By color coding on a chart A complex formula of income and assets And I could see why they Called it that way Success was the newest car A house with more than enough square footage But there was no graph For facing fears For charity For survival For standing up against The forces that condemn and criticize There was no measure For...



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