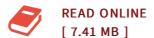




The Promises Game: How to Actually Do What You Want to Do!

By Valfrid Anderson, Christopher Cude

Createspace, United States, 2013. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.While many self-help books are long on advice and short on fun, The Promises Game is an unusual book that teaches a game which allows two people to help each other achieve their own goals. Strictly non-competitive, the rules of this game are structured so that each partner helps the other accomplish their goals, break bad habits, and take positive action. There are no opponents, write co-authors Valfrid Anderson and Christopher Cude. The other player is your partner, your promises partner. You will win or lose the game together. Whether it is improving your finances, getting serious about weight loss, or tackling a major home improvement project, this game is designed to be an effective means to your ends. The book is based on the theory that most people accomplish more when they work with someone else and are held accountable for their plans and decisions. It allows them to take ownership of their choices, forging a path for positive selfimprovement. The Promises Game is structured in three parts. The first part covers the rules and mechanics of...



Reviews

Absolutely essential read publication. it absolutely was writtern very completely and valuable. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Sarai Lebsack

Thorough guide for book enthusiasts. I am quite late in start reading this one, but better then never. Your lifestyle span will be transform when you total reading this article book.

-- Lindsey Larson

Relevant Books



From Kristallnacht to Israel: A Holocaust Survivor s Journey

Dog Ear Publishing, United States, 2009. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. In the 1930s, as evil begins to envelope Europe, Karl Rothstein is born in Austria. As his life...



Chicken Licken - Read it Yourself with Ladybird: Level 2

Penguin Books Ltd, United Kingdom, 2013. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book. In this classic fairy tale, a nut falls on Chicken Licken s head and he decides he must tell the king that...



Polly Oliver's Problem: A Story for Girls

The Wildhern Press, United Kingdom, 2008. Paperback. Book Condition: New. 226 x 152 mm. Language: English. Brand New Book ***** Print on Demand *****. Kate Douglas Wiggin was an American children's author and educator. She was born in Philadelphia of Welsh...



Fox Tales for Kids: Fifteen Fairy Stories about Foxes for Children

Createspace, United States, 2012. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Fifteen short stories about foxes are selected from several books of fairy tales from various sources. These tales are designed...



The Village Watch-Tower (Dodo Press)

Dodo Press, United Kingdom, 2007. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Kate Douglas Wiggin, nee Smith (1856-1923) was an American children s author and educator. She was born in Philadelphia,...



Tales of Wonder Every Child Should Know (Dodo Press)

Dodo Press, United Kingdom, 2007. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Kate Douglas Wiggin, nee Smith (1856-1923) was an American children s author and educator. She was born in Philadelphia,...