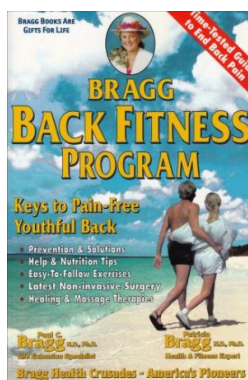


## Bragg Back Fitness Program: Keys to a Pain-Free Youthful Back



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