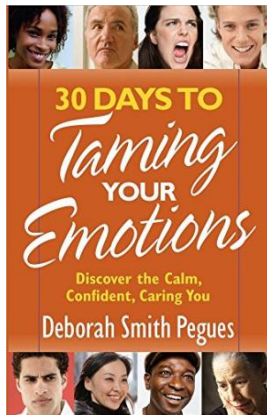


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# 30 DAYS TO TAMING YOUR EMOTIONS: DISCOVER THE CALM, CONFIDENT, CARING YOU



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