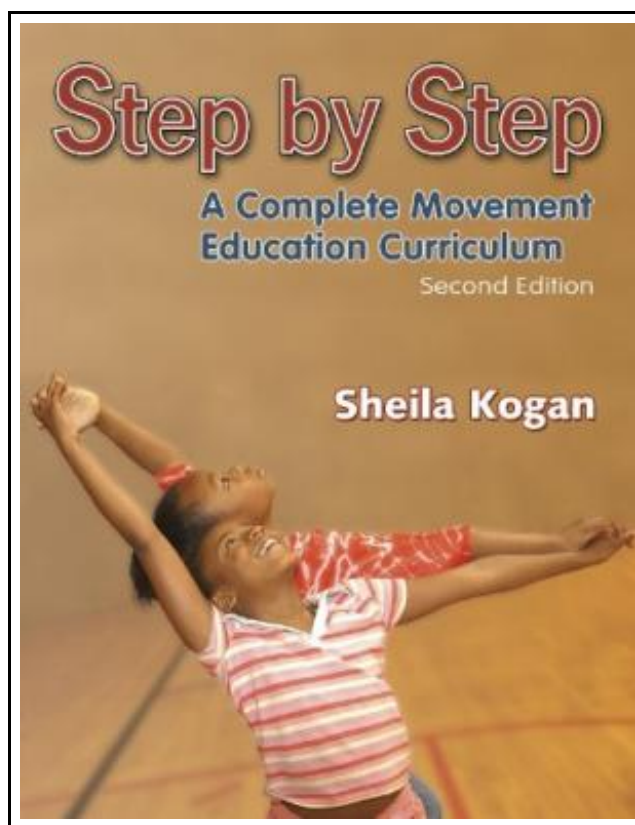


## Step by Step: A Complete Movement Education Curriculum (2nd)



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Human Kinetics Publishers. Paperback. Book Condition: new. BRAND NEW, Step by Step: A Complete Movement Education Curriculum (2nd), Sheila Kogan, - Presents concepts and activities sequentially so that you can build the knowledge and confidence to implement a successful, rewarding movement education program- Outlines three behavior management techniques that you can use to control the energy released by a good movement program- Includes visual catalogs of movements so that you can see at a glance what tools you have to work with- Contains more than 200 engaging, easy-to-understand drawings to help you visualize some of the more complex movements, floor patterns, and directional studies- Brings together class management structures, movement concepts, and skill activities into 45 realistic, adaptable lesson plans- Offers activities that teach and reinforce numerous academic skills in language arts, math, and English language developmentStudents benefit much more when you, the teacher, fully understand what you are teaching. That's why author and veteran teacher Sheila Kogan is so passionate about "Step by Step: A Complete Movement Education Curriculum, Second Edition." In this indispensable guide, Kogan draws on her 30-plus years of experience to help elementary classroom teachers of all backgrounds and experience levels understand basic movement concepts so that they can create their own successful movement programs. The material is presented sequentially, step by step, to help you integrate important concepts and build toward goals. With encouragement, warmth, and wit, Kogan explains the underlying principles at each step using practical terms, not theoretical jargon. The first section of the book lays the groundwork, giving you a solid foundation in class management structures and basic movement concepts. It presents three behavior management techniques that you can use to control the energy released by a good movement program so that you can feel comfortable and keep children safe. Next, it...



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