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## An Ascension Handbook: Channeled Material by Serapis

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By Tony Stubbs, Dr. Michael Mirdad

World Tree Press, United States, 1999. Paperback. Book Condition: New. 4th. 211 x 140 mm. Language: English . Brand New Book. Filled with exercises and techniques, An Ascension Handbook is a practical how to manual for ascending Lightworkers. Here is a practical manual for breaking old patterns, severing from the consensus reality, and aligning with Spirit. With precision and a dry wit, Serapis reveals in today's language what initiates have known for millennia and how we can use this knowledge during the tumultuous years ahead. Since the fall, we have experienced every aspect of separation, but now the game is over and it's time to return to the Source. As we return, we must ascend, and Serapis shows us how to do it with grace, ease and fun.



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