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## My Journey

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By Jim Stynes

Paperback. Book Condition: New. Not Signed; Moving, thrilling, inspirational: the autobiography of Jim Stynes. In July 2009, Jim Stynes was diagnosed with cancer and given less than a year to live. The diagnosis caught him by surprise - he was 42, healthy, fit - and he didn't have time for illness: he was director of a foundation for young people, president of Melbourne Football Club, father of two primary school-aged kids, husband of Sam. Knowing his odds weren't good, but with so much to lose, Jim put everything he had into trying to beat the disease. He was well equipped to beat the odds - he'd been getting the most out of himself in every aspect of life since his childhood in Dublin. Jim's ability to use mind over matter and his will to succeed gave him two extra years on the prognosis. He had more than 25 tumours removed from his brain and stomach, and defied expectations time and time again. This book is Jim's legacy. Unflinching in its detail, Jim talks about what he found out about himself when things were at their worst - about what really counts when you're stacking it all up. It's a moving,...



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