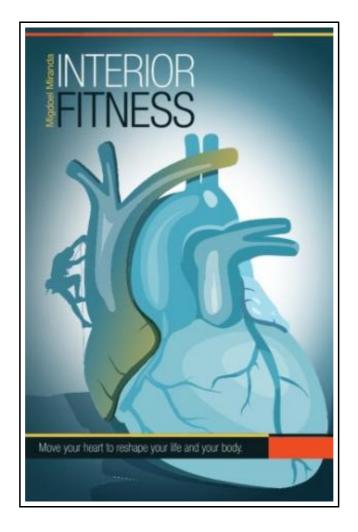
# Interior Fitness: Move Your Heart to Reshape Your Life and Your Body!



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