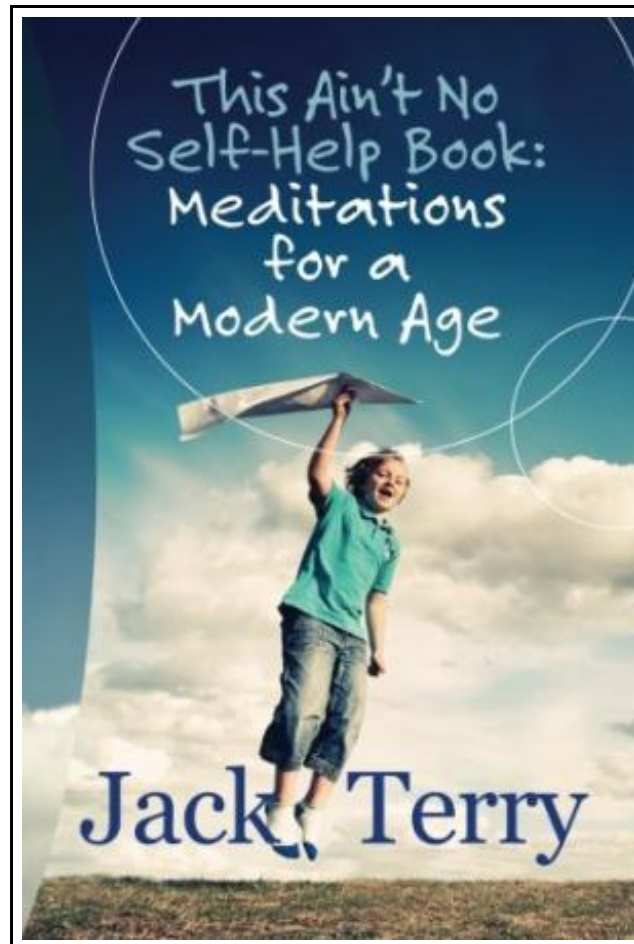


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Createspace, United States, 2012. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.From time to time, we find ourselves taking stock of our lives and not always liking what we see. We feel that there is something missing, not something material or physical, but the life that we may be leading isn t necessarily the one that we feel we should be. The challenge then becomes figuring out what to do about it, or even if there is anything that can be done. I was at that same point in my life not too long ago. I woke up one day and realized my life had gotten so far from where I thought it was supposed to be. And so, I started the journey back. I made a lot of missteps along the way, but one of the things I learned was that missteps as well as successes were part of the process. i can t give you a guide to how to change your life. I have no magical number of steps to show you. What I do have are the things that I ve learned that have helped me be a better person everyday, things that I think can help you too.

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