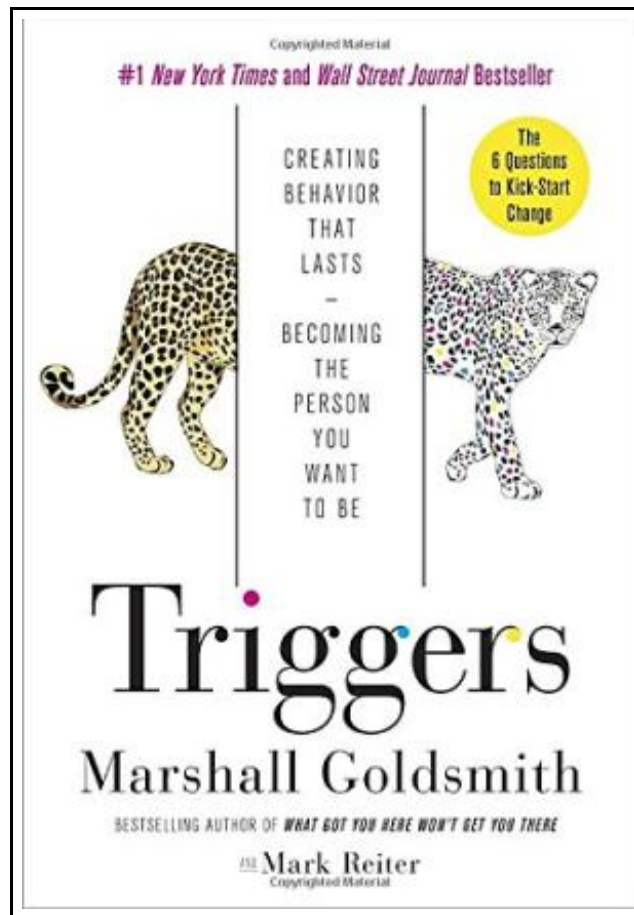


## Triggers: Creating Behavior That Lasts--Becoming the Person You Want to Be (Hardback)



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