



## Spiritual Musings of an Ordinary Seeker

By MR Kishor Anant Kulkarni

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Spirituality is distinct from religion. Religion is a collective concept designed to ensure peaceful coexistence of the community as a whole. Religion, thus, is very much focused on the life in the physical world with only a peripheral regard to after-life, basically as a carrot/stick to control individual behaviour. Spirituality, on the contrary, is an individual pursuit, an inward journey towards self discovery or self-realization. It is a recognition of the impermanence and unimportance of the physical world and a recognition of the real and the eternal phenomenon that is before and after the physical creation, the spirit. It, therefore, goes without saying that spiritual pursuit has nothing to do with organised religions as they exist today. The ultimate aim of spiritual pursuit is liberation from the repeated cycles of birth and death and it cannot be achieved until one truly believes that one has had enough of this physical world founded on duality. Spiritual pursuit consists of a fundamental transformation of the seeker s attitude towards life in this world. It entails gradual and progressive reduction of...



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