

preface

Beijing University of Posts and Telecommunications is the highest university of communication in China, and has an incomparably lofty position in the hearts of communication students. After more than ten years, we finally became graduate students of Beijing University of Posts and Telecommunications, and we cherish this hard-won opportunity to learn and improve ourselves, and enter the School of Information and Communication Engineering of Beijing University of Posts and Telecommunications with infinite admiration and longing. Unfortunately, however, reality has dealt us a heavy blow. Since becoming a student of Mr. Zheng Feng of the School of Information and Communication Engineering, we have been diligent and conscientious, respecting Mr. Zheng Feng's arrangements for us, and obeying Mr. Zheng Feng's guidance and command. However, Ms. Zheng Feng completely failed our expectations and trust, and wiped out our enthusiasm for learning and vision for the future. The more time we get along, the more we find that Mr. Zheng Feng treats us like slaves, and more and more things that have nothing to do with scientific research occupy our time, accompanied by infinite insults and abuses; the more I find that Mr. Zheng Feng's scientific research level is like child's play, and the guidance only knows how to blindly urge the degree, and there is no guidance on scientific research and technology and direction at all; the more I find that Mr. Zheng Feng's moral bottom line is chaotic and guides us to do some things that cannot be put on the table. Under the huge physical pressure and mental torture, most of the students under the guidance of Ms. Zheng Feng had minor or severe physical and psychological problems (**among the students who went to Beijing Hospital for examination, they all had different degrees of anxiety, depression, sleep disorders and other psychological problems, and the doctor suggested depressive tendencies, mild depression, and moderate depression.** We tried to ask Ms. Zheng Feng physical and psychological questions, but we got even more chilling answers. We can't bear Teacher Zheng Feng's conduct, teacher morality, and academic ability. Therefore, we had to turn to colleges, schools for help.

A total of 15 master's students in 2022 and 2023 supervised by Professor Zheng Feng (in no particular order): 2022 class

(Xu Shengshuo, Cao Yuewen, Han Songxuan, Jia Bin, Jian Kaizhi, Liu Manshan, Cai Kai, Li Yongshuai,

Wang Kaixuan, Wang Xinchong, Xu Ren, Zhang Zhi) Class of 2023 (Hu Jiayu, Feng Xiaoyi, Hao Zhiwen). Fifteen people participated in the report.

After the recollection and evidence of 15 students, the following contents with evidence (including chat records, audio recordings, etc.) are listed. Since some of the evidence clearly points to some students, out of the protection of students, this part of the evidence is not listed, only the facts are stated, and our 15 students are responsible for the content of the following article, and the things listed are all real.

In addition, considering the reputational impact on the college and school, the following article mainly focuses on Teacher Zheng Feng's misconduct in terms of teacher ethics and style, and does not list other serious behaviors. We hope that the school and the college can see what is going on, change the supervisor for all of us, and protect us until we graduate.

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1 Emotional instability: Insults to personality and threats to graduate

Lab classmates were suffering from psychological torture. Teacher Zheng Feng is extremely emotionally unstable and often scolds.

1.1 Insults and Privacy

Teacher Zheng Feng no longer hides his swearing, and "you" is already a common mantra. In addition, Mr. Zheng Feng's contempt for his classmates in the laboratory has been undisguised. For example:

| Abusive content |
|---------------------------------------------------------------------|
| "Eat shit la, you!" |
| "xxx (lab classmate's name) you're a fucking idiot!". |
| "What kind of grandson are you pretending!" (multiple times) |

In addition, Teacher Zheng Feng repeatedly called students to the office alone and asked them to delete their chat history. Teacher Zheng Feng does not know how to respect personal privacy, and sometimes proposes to check the private mobile phones of classmates in the laboratory, and under pressure, many chat evidence is deleted. In addition to the above-mentioned recorded content, Mr.

Zheng Feng often couldn't control his temper in public and lashed out at his classmates in the laboratory Thunder. In addition to the laboratory, there are also some public places where the rage is made.

Once, Professor Zheng Feng led several laboratory students to a certain place for communication, which was a public place next to the road. In Teacher Zheng Feng's impression, the only way to enter the place was through the east gate, but because when the students went to the place before, the person in charge told them that they could enter from the north gate, which was more convenient, so while waiting for the teacher, they took a taxi to the north gate in advance. Teacher Zheng Feng learned of this situation on the road and called to scold the classmate for being "disgusting". And after being diverted to the east gate, he stood at the east gate and shouted insults

to the classmate, next to the flow of people and vehicles, and on the side of the road was the abused laboratory classmate. There are many similar behaviors, and often due to the suddenness of the incident, no evidence can be left, but it has caused a great adverse impact on the mental health of the laboratory students.

And in front of other people (other teachers, other students), she has always disguised herself as an amiable image, and the difference between before and after is so great that it is unbelievable.

1.2 Graduation threats and contact with parents

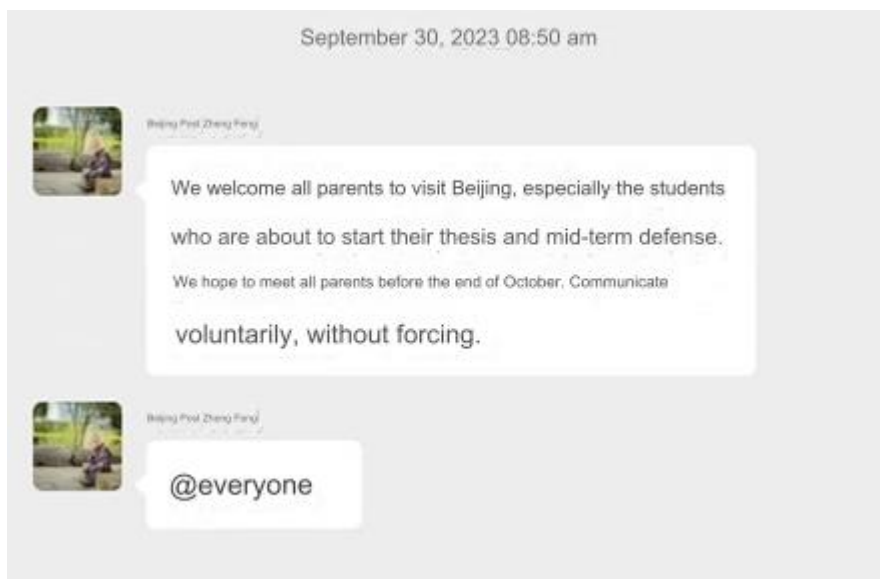
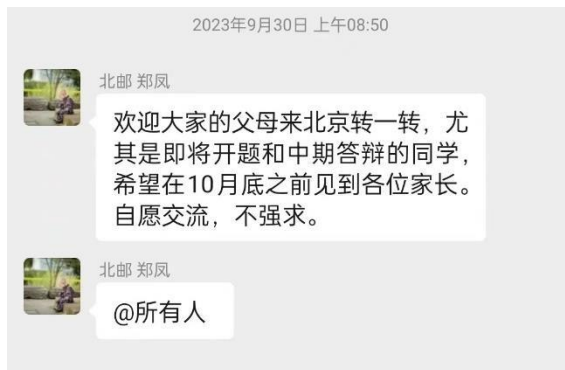
The students in the laboratory are often directly threatened by Mr. Zheng Feng because of various things, so the students obey Mr. Zheng Feng and dare not object to Mr. Zheng Feng's arrangement.

For example, November 14, 2023 On Sunday, a student was threatened to fail the question, but the reason was "not telling the truth who is dragging his feet", which has nothing to do with the content of the question. Linking all kinds of things other than scientific research to the graduation node is the mantra of Professor Zheng Feng, and it is also a common phrase heard by students in the laboratory. A student was insulted by Teacher Zheng Feng for not removing the base when watering Teacher Zheng Feng (the base is useless), and Teacher Zheng Feng added, "Let you water like this, I'm thinking about how you do scientific research!" (and asked the student to pick up Teacher Zheng Feng's train ticket within two minutes after the insult.))



Teacher Zheng Feng often talks with the parents of the students, especially the "students who are about to open the question and the mid-term defense", and "hope to meet the parents", suspecting that there are hints of corruption and bribery. The students in the lab are all adults, and the research

content has nothing to do with the parents, why should I meet the parents?



Ms. Zheng Feng has a special penchant for "calling parents", although the master's student is already in her twenties, as long as she feels that she has offended her "majesty", Ms. Zheng Feng will contact her parents directly. When entering the school, Teacher Zheng Feng issued an order that **"I need the contact information of everyone's parents, work unit and position"**, and Teacher Zheng Feng will also ask for the families of relevant students when she needs something, and has explicitly hinted that she is seeking **"cooperation"**, and **"it is not strange to be polite"**.

2 Work outside of research

In the laboratory, in addition to doing projects and scientific research, it is also necessary to wait for Mr. Zheng Feng's various dispatches anytime and anywhere.

2.1 Work for Zheng Feng and his family

According to the statistics of the laboratory students, Professor Zheng Feng sent the laboratory students to do many things other than scientific research, including but not limited to the centralized learning and education of teachers in colleges and universities across the country (more than 100 class hours), long-term collection of a large number of couriers, and long-term convening at 7 o'clock in the morning

A student went to the cafeteria to buy steamed buns and eggs (one person can buy 4 buns, and two canteens can buy 8 buns, each time is generally 32 buns and 20 eggs), and some students were gathered to buy the mate60 for them in the past month (even during class time); driving (friends, family, picking up trains and planes, or even taking a taxi in the middle of the night to give him a ride); daily travel and taking a taxi is also asking his classmates in the laboratory to call a car on his behalf; when his daughter is approaching the physical education stage exam, he inquires about the relevant regulations of Beijing, accompanies his daughter to train in table tennis, running, etc., and goes to the residence to install sit-up equipment for his daughter; Go to his home to clean up, and in the process of cleaning, if he doesn't go his way, he will be overly accused or even abused; open a hotel room, buy and raise flowers, ride an electric car to pick up and deliver things far away from the school, such as going to the mall to return goods, repair, etc.; book a restaurant; wipe the car; buy daily necessities and return goods online on his behalf; print materials for his daughter, many of which need to be converted from pictures to word print later. The students in the lab are asked to do everything in detail, no matter how big or small, and if they refuse their requests, they will be overly blamed, so they dare not refuse their arrangements.

It can be seen that Mr. Zheng Feng's attitude towards students is not like that of a graduate student, but of a handyman and an on-call slave. A student suffered a serious shoulder injury after carrying heavy objects for him several times, but after informing Mr. Zheng Feng of his injury, Mr. Zheng Feng said, "I believe that the work I asked you to do was not enough for you to get injured." At the meeting on the evening of the same day when I learned that the student was sick, I said that

the student should wait for the postponement without any cause or effect, and the threat was chilling. During the conservative treatment period, the student was still working and studying normally, but the teacher said to some students in private, "Isn't there anything wrong with his injury?" "Not only did I not care about the physical condition of the students, but I even felt that it was unnecessary for the students to go to the doctor.

In addition, even though he has done so much work for Mr. Zheng Feng, Mr. Zheng Feng often tells a certain student: "**You just wait for the end!**" which has brought great harm to the student's psychology, and he often suffers from anxiety and insomnia.

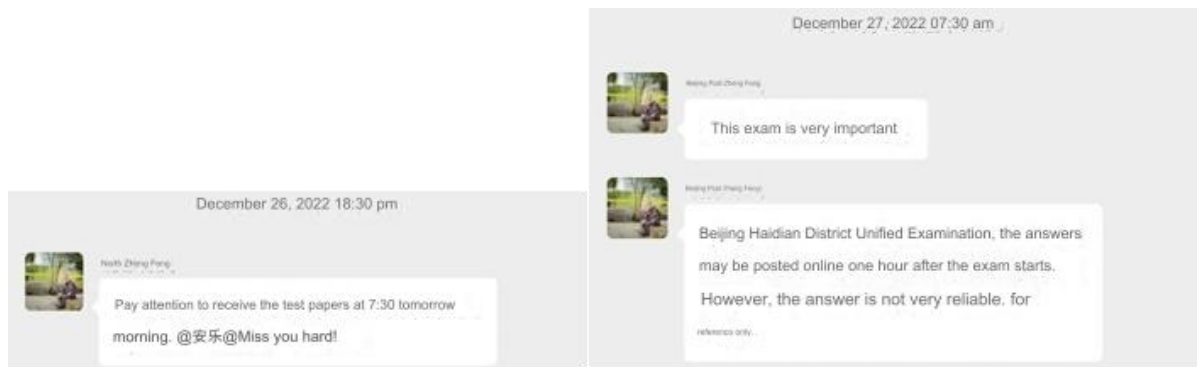
XX was once described as "wasting national water resources and having bad intentions" because she mopped the floor of Mr. Zheng Feng's office and took a long time to wash the cloth with water (because she was afraid that Mr. Zheng Feng would say that it was not clean), but when she took a bath and washed clothes on public property in the laboratory, she allowed a large amount of tap water to flow out, resulting in a large waste of water resources. Classmates, in the middle of the long half a year did not receive a penny of labor fees, Teacher Zheng Feng often sent the student to buy breakfast for him to get up early, and clean the office after buying back.

2.2 Do things for her daughter

Doing things for her daughter includes, but is not limited to: doing homework, transporting her to and from school, and cheating on her daughter while she takes important exams. For students in the laboratory, physical assistance such as picking up and dropping off from school has become commonplace, but the following two things still need to be mentioned in particular.

1. In December 2022, several classmates were asked to help their daughters take the final exam together

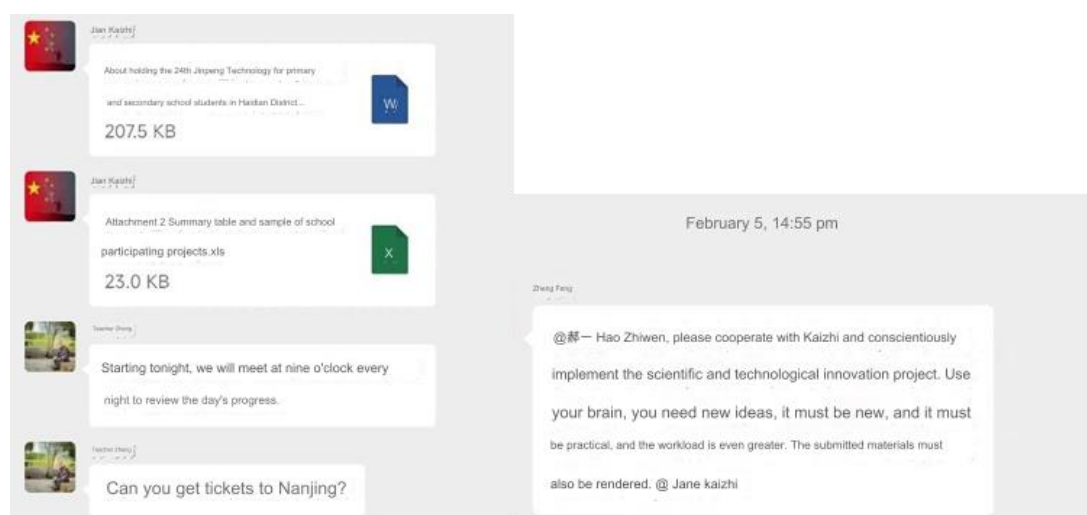
Teacher Zheng Feng told the students: "This exam is very important" and "In the unified examination of Haidian District, Beijing, the answers may be distributed on the Internet an hour after the exam. However, the answer is not very credible. FYI. and looked for multiple classmates to do the questions and answer them together, for fear of wrong answers.



The Beijing Municipal High School Entrance Examination implements a process-based assessment, and this examination is indeed very important and **can affect her daughter's high school entrance examination results.**

2. Do an innovation competition for their daughter around February 7, 2024

Teacher Zheng Feng was worried that her daughter would fail the high school entrance examination, so she sent two students to research the direction of her daughter's innovation competition, produce materials, write reports, and report daily, **even on important statutory holidays such as the 30th day of the Chinese New Year's Eve and the first day of the new year.**



The Beijing High School Entrance Examination implements a process-based assessment, and the **innovation competition can provide a special contribution to her daughter's further education.**

Although his daughter was not involved in the innovation process.

Although the participating students had been working hard for the project during that time, Mr. Zheng Feng apologized for the "slow progress of the project". After that, he also called the two classmates to accuse them of "not even doing things well in junior high school".

2.3 Work with a corporate mentor

The laboratory originally had two corporate tutors, the third and graduated students of the laboratory had certain thesis achievements under their guidance, and the second graduate students

had one year under their guidance and also had the work of publishing papers. However, Mr. Zheng Feng stopped cooperating with the two corporate mentors (no longer supervising the 2022 and 2023 students). Then, Mr. Zheng Feng brought a new corporate mentor.

At present, there is only one corporate mentor in the laboratory. The supervisor of the enterprise did not provide any guidance to the students in any scientific work. In addition, Mr. Zheng Feng and the corporate mentor have been in a cycle of "reconciliation-quarreling-Mr. Zheng Feng blacking out the corporate mentor-Mr. Zheng Feng and the corporate mentor communicating through students" for a long time.

The erratic relationship between the two made the lab classmates very painful, and they had to deal with the emotions of both mentors at the same time.

Take February 2023, for example. On January 31, 2023, some students in the lab were asked to go to Nanjing to work for the company of the corporate mentor for a period of time. In addition to the laboratory students, **two students who have not been officially enrolled in the research institute are also required to go to Nanjing to work. In fact, this move was already an illegal operation, but the two students who were not enrolled in the school did not know it, and out of awe of their mentors, they went to Nanjing according to their words.**

However, the relationship between the two teachers was seriously shaken. After arriving in Nanjing on February 6, 2023, March 2023 In the month, there was an infinite pull between the two, the students were in Nanjing, but one would ask the students to buy tickets to return to school, and the other would ask the students to refund the tickets. The detailed process is as follows: on March 17, 2023, Ms. Zheng Feng asked the students to prepare to return to school on Monday, and on March 19, 2023 On March 20, students were told not to act and wait for the teacher's instructions, and on March 20, they were told to "go according to the original plan, work hard first, and wait until the summer vacation." " On the evening of March 21, students were asked to return to school the next day. On March 22, students returned to school as required. In such a situation, it is difficult for students not to suffer psychologically.

The Nanjing incident is just the tip of the iceberg of the relationship between the two teachers. In fact, for a long time, the contact between the two had to be conveyed by the students, and the students who conveyed it were miserable. If you are not careful, you will get the anger of the two teachers. A student was scolded by the corporate mentor for not wanting to help the corporate mentor disturb the teacher: **"You won't be responsible." If you just want to cater to the teacher,**

you just need to graduate. "On Valentine's Day, February 14, 2024, the corporate mentor distributed 666 red envelopes to the students and asked the students to forward them to Teacher Zheng Feng. Many similar ambiguous things instruct students to transfer, and students are helpless. But I have been pulled between the two for a long time, and I am very anxious and depressed.

3 Treatment

3.1 Wage withholding issues

There are 10 master's students in the class of 2022, and since the beginning of the semester in February 2023, they have been arranged to intern in the "joint training base", that is, several companies, including the Institute of Data Communication Science and Technology and Aerospace Network Security. At the time of signing the contract, the salary requirements of one company for interns were 5,000 yuan per person per month, while the average salary of another company was 210 yuan per day

Flat. But starting in June 2023 , the internship salary will be changed to 1,500 yuan, and the explanation to students is that the remaining 3,500 yuan will be used

Rewards for our performance have been distributed, however, as of this material (April 6, 2024), no one has received the so-called reward.

| 明细详情 | | 明细详情 | |
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| +4,598.00 | | +1,310.00 | |
| 交易时间 | 2023-05-30 21:02 | 交易时间 | 2023-06-29 18:03 |
| 交易卡号 | 6222****3954 | 交易卡号 | 6222****3954 |
| 业务摘要 | 劳务费 | 业务摘要 | 劳务费 |
| 交易国家或地区简称 | CHN | 交易国家或地区简称 | CHN |
| 交易金额 | 4,598.00 | 交易金额 | 1,310.00 |
| 记账金额 | 4,598.00 | 记账金额 | 1,310.00 |
| 记账币种 | 人民币 | 记账币种 | 人民币 |
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| 对方账户 | 0200****0896 | 对方账户 | 0200****0896 |
| 对方户名 | 兴唐通信科技有限公司 | 对方户名 | 兴唐通信科技有限公司 |
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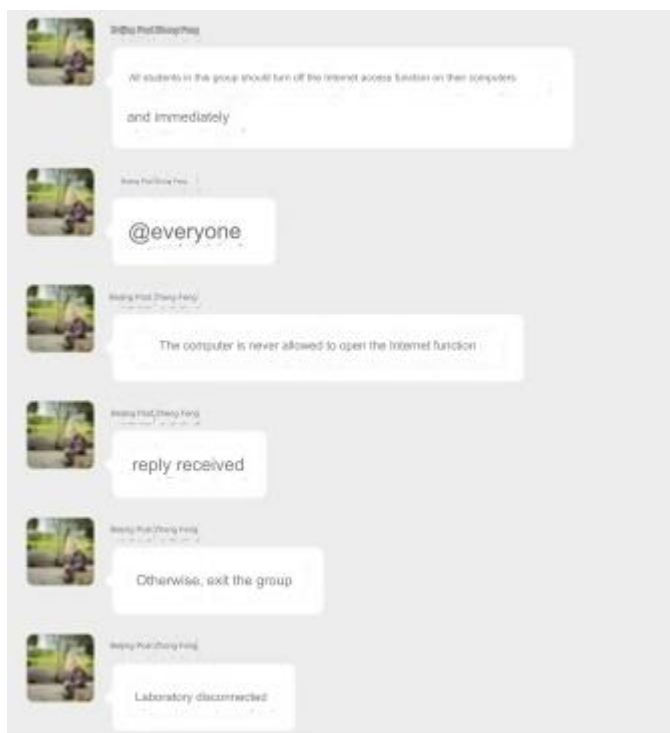
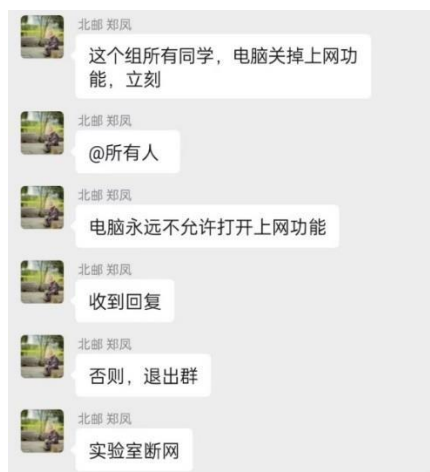
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| Transaction country or region abbreviation | CHN | Transaction country or region abbreviation | CHN |
| Amount of the transaction | 4,598.00 | Amount of the transaction | 1,310.00 |
| Billing amount | 4,598.00 | Billing amount | 1,310.00 |
| Accounting currency | RMB | Accounting currency | RMB |
| Trading card balance | 4,604.07 | Trading card balance | 1,343.63 |
| Counter party account | 0200****0896 | Counter party account | 0200****0896 |
| Counter party account name | 兴唐通信科技有限公司 | Counter party account name | 兴唐通信科技有限公司 |
| Other party's account line | ICBC | Other party's account line | ICBC |

Take a student as an example, in June 2023, his salary dropped sharply. Thereafter, until April 6, 2024, the salary has been

Maintained at the level of 1500, the students who worked at the base did not receive any so-called "good performance will be paid" salary. There is also a student who worked for four months and was only paid one month's salary.

3.2 All equipment used in the laboratory (including mobile phones, computers, etc.) is at your own expense

The laboratory usually uses self-financed laptops for scientific research and work, and is not equipped with working computers. However, Mr. Zheng Feng asked for the computer to be disconnected from the network at his own expense, and did not mention the subsidy.



3.3 Labor issues

The students in the laboratory were not treated leniently in terms of labor.

In addition to the state subsidy, the students in the base only have the above-mentioned withheld salary income, and even if they go to the laboratory every night to serve, hold meetings, and work hard for the project, they do not receive any subsidy. Some students were severely targeted and did not receive a single piece of labor for more than half a year.

In order to avoid affecting the reputation of the college and school, it will not be mentioned here. However, it **does not mean that the students in the laboratory are treated leniently in terms of labor.**

4 Work and rest arrangements and overtime

4.1 Work and rest

Until February 29, 2024, the lab will be available from 8:30 a.m. to 11:30 a.m. and in the afternoon 14:00-17:30, 18:30-22:30 in the evening On Saturdays, Sundays and statutory holidays, laboratory students will be required to take pictures, and there will be irregular inspections. The daily working hours reached 10 hours and 30 minutes.

<

ZF2023在校研究生群(30)

...

2023年4月3日 晚上19:27

北邮 郑凤

@lzy 明天开始，每天早晨八点半拍照，下午两点拍照，发给我。把在实验室的同学拍下来，准时拍照，我要看看谁还非要逼我这么做。

北邮 郑凤

中午 11: 30 和下午 17: 30 也拍照

北邮 郑凤

晚上 18: 30 拍照

北邮 郑凤

如果晚上会议室有人，也拍照。

北邮 郑凤

晚上 21: 30 拍照，22: 30 最后一次拍照。

北邮 郑凤

大家晚饭后，视个人身体状态，自由选择是否来实验室。我不做要求。

北邮 郑凤

但是，艺源该拍照还是要拍照。

<

ZF2023在校研究生群(30)

...

2023年4月29日 上午10:54

北邮 郑凤

@lzy 实验室按时拍照，直接发到群里

北邮 郑凤

2月4日

@梁艺源 从今天下午开始，实验室拍照。

北邮 郑凤

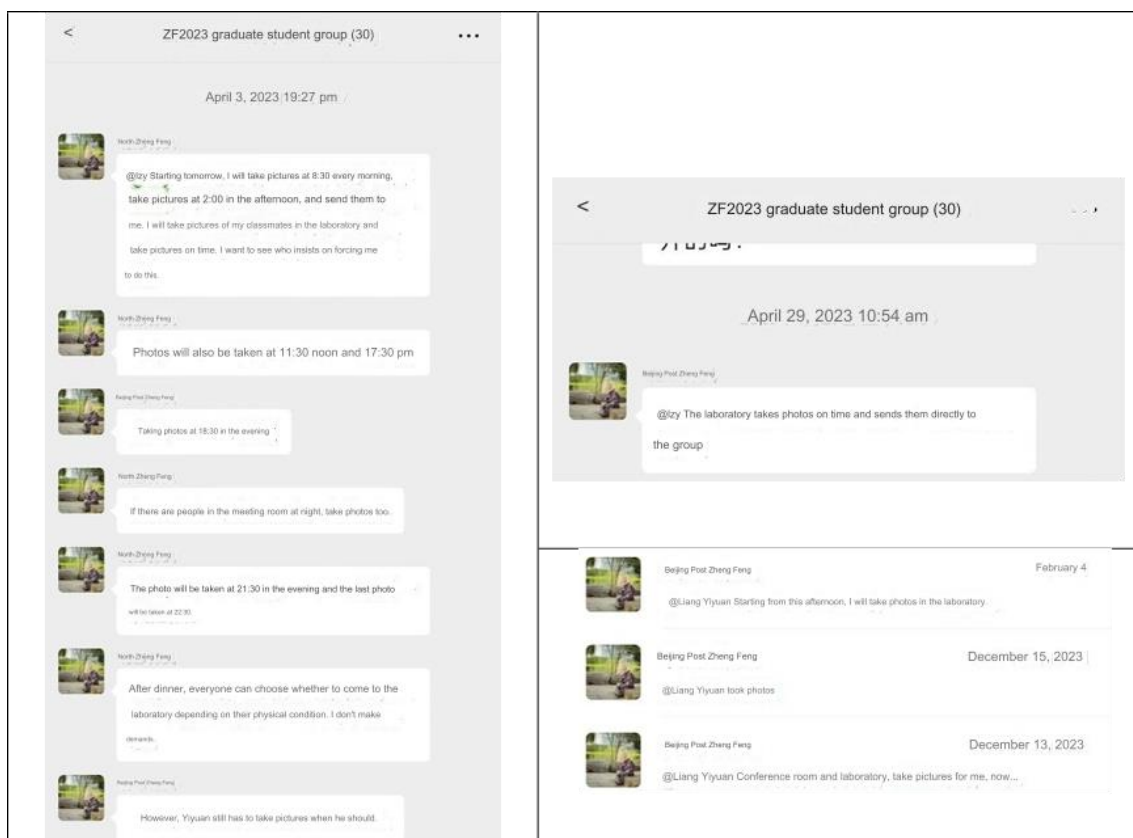
2023年12月15日

@梁艺源 拍照

北邮 郑凤

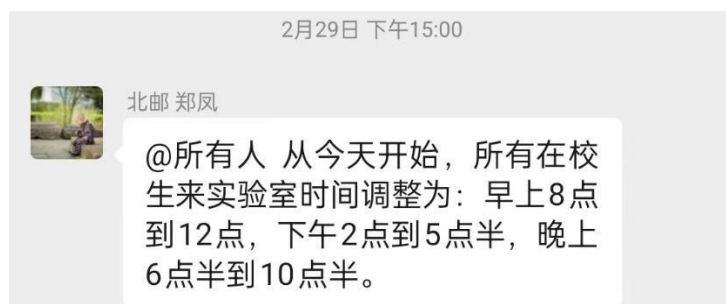
2023年12月13日

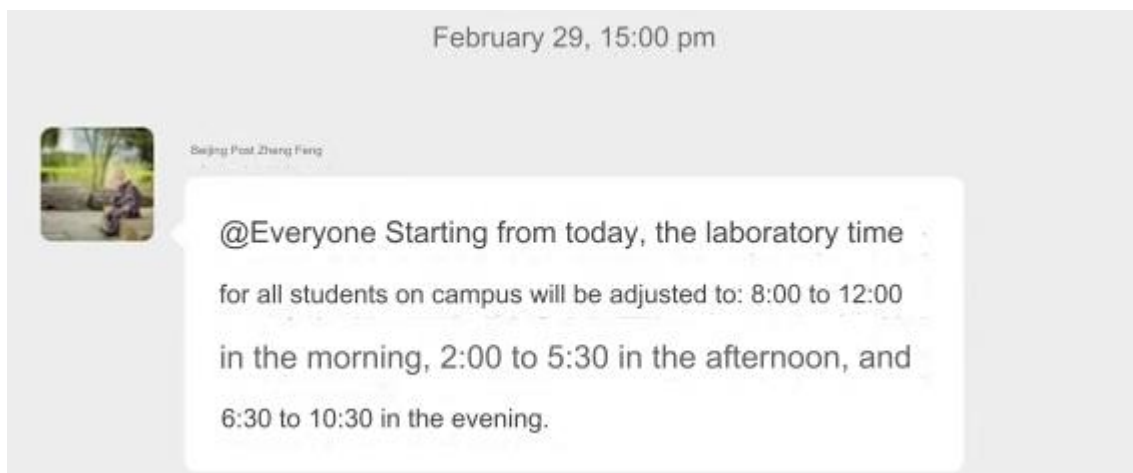
@梁艺源 会议室和实验室，拍照给我，现...



In 2023 , photos will be required during the Qingming holiday, May Day holiday, National Day holiday, and irregular times

On February 29, 2024, the lab schedule will be adjusted to 8:00-12:00 a.m. and 14 p.m :00-17:30, 18:30-22:30 in the evening. The daily working hours have reached 11 hours and 30 minutes.





Adjust schedule on February 29, 2024

Some students in the laboratory work in the cooperative base during the day, and they also need to come to the laboratory as required after work.

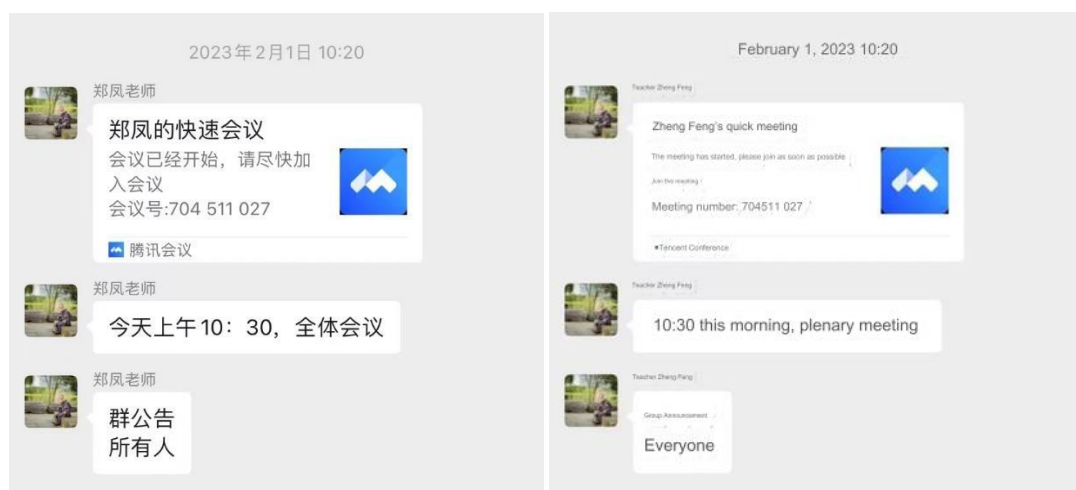
4.2 Laboratory Holidays (Open All Year Round)

The laboratory is open all year round, and some small holidays are taken by the laboratory, and some long holidays are as follows.

1. Spring Festival 2023

In the Spring Festival of 2023, during the lifting of the epidemic lockdown, the school began to urge everyone to return to their hometowns, the dormitory has begun to be cleared, and the counselors are also urging, but they are not moved, and still do not have any desire to let everyone return to their hometowns, and also ask the students who have not been closed to go to the laboratory to study, regardless of the safety of the students. At noon on November 30th, some students felt that their lives were threatened because of the large number of infected people on the floor, and they privately chatted with Teacher Zheng Feng to ask for leave to go home, but they got threatening permission, and then found all the students in the laboratory to question them one by one, intending to find out the leader and punish him. Finally, on December 3, the school issued a final directive to return to the country before agreeing to return home.

The classmates who went home in private chat are still targeted in various ways. During the winter break, a meeting was not in place in time (the meeting was announced in the group at 10:20, and it was only ten minutes away from the official meeting time. The meeting was not mentioned before), and began to contact the student's parents, and attacked and threatened with words such as "your child has a big problem" and "such a child will not be able to complete his studies", causing panic among the student's parents and seriously affecting the physical and mental health of the student and his parents.



2. May Day holiday in 2023

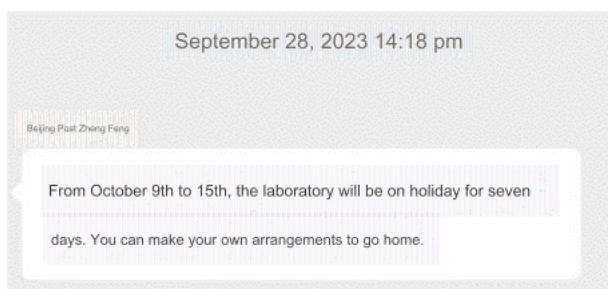
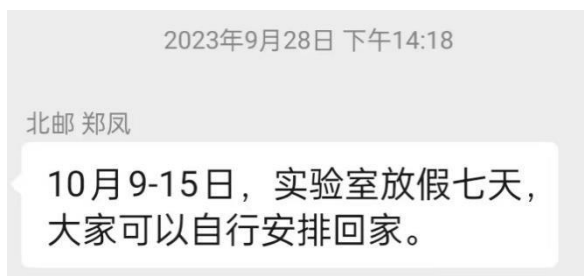
In addition to the above photo check-in, during the May Day holiday in 2023, a student in the laboratory will be on April 26 due to family reasons. In the evening and evening, I asked Mr. Zheng Feng for leave to go home and got Mr. Zheng Feng's permission. However, the next morning, the student's parents received a phone call from him, and he said on the phone with his parents, "Can

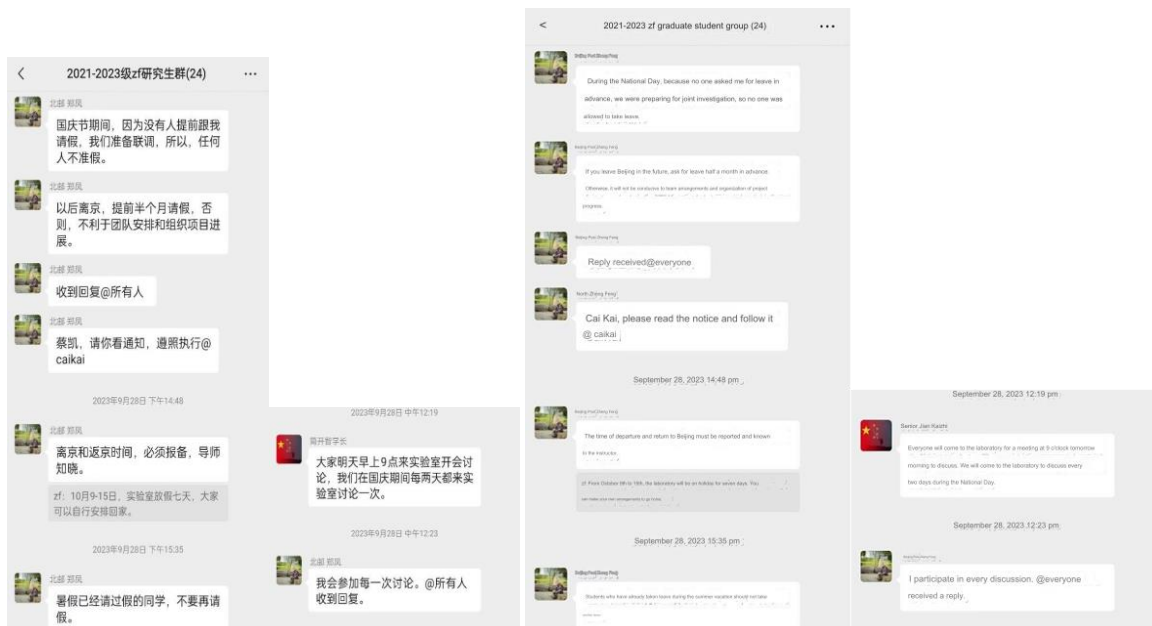
the parents help you graduate?", etc., suggesting that if you go home this time, you will be targeted by her later. After answering the phone, the parent was worried and immediately contacted the classmate, saying that he would not go home as much as possible. Later, the classmate was forced to call him to apologize, saying that he should not have made the claim.

3. National Day holiday in 2023

During the 2023 National Day holiday, two students asked Teacher Zheng Feng for leave together, but because one of the students had angered Teacher Zheng Feng, in order to suppress this student, Teacher Zheng Feng resolutely did not allow the student to ask for leave, and the other student who accompanied him successfully asked for leave.

After that, other students asked Mr. Zheng Feng for leave, but they all failed, on the grounds that "if they don't ask for leave half a month in advance, they can't arrange the progress of the project". At the same time, on September 28, a message was sent saying that "from October 9 to 15, the laboratory will be closed for seven days", but it was on September 29. At the meeting, I said to my face, "All students who want to take leave, parents must come to Beijing to see me." "Due to the inconvenience of parents to travel far away, as well as the implied threats and bribery, no one in the laboratory asked for leave on the National Day holiday.





In addition, the act of taking pictures during the laboratory holidays is a tangible pressure on the laboratory students. When Teacher Zheng Feng found out that we were not in the laboratory, he would ask us if we had done "something meaningful". Every time we answer Teacher Zheng Feng's questions, we feel full of pressure. During holidays, in the evenings, and the night before we have to go to work/class the next day, we are still not allowed to do "meaningless things". As if our existence is meaningless as long as we are not in the lab.



Moreover, during the 9-15 days of the holiday stipulated by Teacher Zheng Feng , there was still no holiday in the group.



4. Spring Festival 2024

During the Spring Festival of 2024, the vacation time for laboratory students is from February 7th to February 17th Day. But in just 10 days, more than 10 meetings were held. One of the students even had to attend the meeting according to her request on the night of the Chinese New Year's Eve, and during the time of the family reunion, two students were still participating in the project meeting and were threatened to "find a quiet room and no sound", which was a traditional festival for many years, and turned into a lingering nightmare on this night. According to statistics, every day there are students who meet according to the requirements, package

Including the **29th of the Lunar New Year, the 30th of the Chinese New Year's Eve, and the first day of the Lunar New Year**, the most important three days of the New Year, students are also forced to produce innovative competition materials for their daughters, replace Teacher Zheng Feng to review graduate students' blind review papers, and hold meetings to discuss projects.

4.3 Overtime

Although the scheduled departure time is half past ten in the evening, half past ten every night is not our actual rest time.

1. The meeting will be held at half past seven, and the duration will be uncertain

Starting from February 11, 2024 (**the second day of the first lunar month**), Ms. Zheng Feng will ask the project staff (2022, 2023

All personnel, etc.) meet every night at 7:30 p.m. to report on progress. A record of each day's meeting lasts until March 27 .



Even after the start of work, the students in the laboratory still require a meeting at 10 o'clock every night to attend classes and go to work. Some students in the laboratory have to commute more than 5 hours a day to the base for internship, and it is almost 8 p.m. when they return to their personal dormitory. To work for the 10 o'clock meeting and prepare the presentation materials, the meeting often lasts until 11 p.m., or even later, and the rest time of the lab students is severely compressed, and the sleep is deprived for a long time.

2. Stay up late from time to time

He mentioned many times in the meeting, "You can work overtime in the company, you can work overtime in the laboratory, and we also need a small pulse." And he has clearly said that he is forced to stay up late and work overtime.

"Did you sleep last night? You didn't know why you slept?"

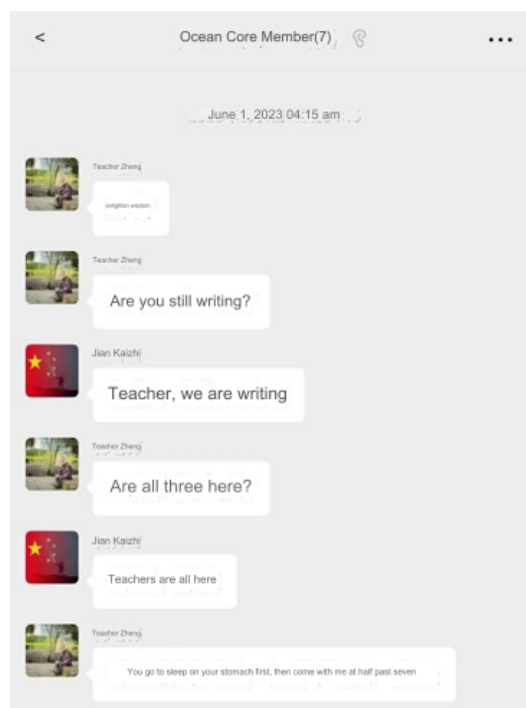
"Everyone works overtime, at least until twelve o'clock. We also have a burst. The core group students will have a maximum of six hours of rest for these two days

The rest of the time is all about learning, all of it. And then you don't have to go to any more classes!"

"I don't care what time you get it tonight, I want you to give me a phased statement tonight, tomorrow morning

Give me a conclusion. Tomorrow morning at eight o'clock I will finish all the things I want to revise."

and all kinds of "I have to get things out if I don't sleep tonight!", etc., and many times I have been furious, thinking that the lab students did not stay up all night to do projects.



4.4 Frequency of meetings

During the Spring Festival of 2024, **the laboratory holiday will be from February 7th to February 17th**. However, everyone participated in more than 10 meetings during the period, so it can be said that the Spring Festival holiday was just a change of place to work.

In addition, **since the Spring Festival holiday, until March 29**, meetings are still held every evening. And it is claimed that "there must be progress every day". It is also required to have a written document for reporting.



According to incomplete statistics, between February 11, 2024 and March 29, 2024, 48 days, Tencent meeting minutes altogether

41 times, the duration statistics are as follows:

| Duration | frequency |
|-----------------|-----------|
| 0-30 minutes | 4 |
| 30-60 minutes | 21 |
| 60-90 minutes | 7 |
| 90-120 minutes | 3 |
| 120-150 minutes | 3 |
| 150-180 minutes | 0 |
| 180-210 minutes | 3 |

A considerable number of students in the laboratory need to work in the project team during the day, continue to study in the laboratory after work, prepare meeting materials, and participate in discussions on time at 10 o'clock in the evening, and **the meeting exceeds 11 o'clock in the evening many times**. During the meeting, he was often insulted and abused by Mr. Zheng Feng. Personality and dignity were trampled on, and the students were physically and mentally exhausted.

4.5 Whenever you speak unpleasantly to Teacher Zheng Feng, you need to

keep apologizing and writing reviews

For example, a student smiled bitterly when Teacher Zheng Feng urged her to promote, which was considered by Teacher Zheng Feng to be a "sneer" and mocking her, and then expressed his dissatisfaction with this matter many times in the meeting that day, even if the student kept apologizing, Teacher Zheng Feng still did not give up.

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| "xx don't sneer xx, aren't you sneering at the teacher? do you think the teacher doesn't understand? you sneer What does it mean xx?". |
| You're still sneering there. Do you think you're going to solve the problem by saying sorry so perfunctorily? You have a character problem with the teacher at PUA. Isn't it interesting?" |
| "Do you think it's idle for the teacher to ask these questions? Isn't this also for the progress of the project? Don't let me ask this kind of question in the future, xxx You ask, I don't deserve this dog! This kind of question is asked in advance! If you don't ask well, I'll come to you You and xxx are going to be this dog!". |
| xxx I'll tell you! Although the opening question is a person earlier than xx, but your opening question is snoring and snoring, you don't think you're pretty good! If the teacher makes you can't pass in the middle of the term, you still can't pass! Cut, what are you? Attitude! |
| You don't want PUA, do you know? Teacher wants PUA, you're very simple! I hope you don't take the initiative to be PUA teacher. You Do you think you're embarrassing the teacher? You can only say that you are a person who can't speak. |

It is not difficult to see from Teacher Zheng Feng's words that anything she is not satisfied with will be threatened by the node.

In addition, whenever there is a mistake, Teacher Zheng Feng asks to write a review, self-criticism, reflection, and review his mistakes in public. Most of the reflections are conveyed by Teacher Zheng Feng to other students by phone call, etc., and other students further convey to "students who Teacher Zheng Feng thinks need to be reviewed", this fact has existed for a long time, and there are often students who anger Teacher Zheng Feng for unknown reasons, and apologize and review in the student group or in person.

4.6 Teacher Zheng Feng's authority

It can be seen that no one dares to challenge Mr. Zheng Feng's authority, because the opening of the question, mid-term, graduation and other nodes are in the hands of Mr. Zheng Feng alone, but if Mr. Zheng Feng is unhappy, he will face the danger of delay.

For example, without any evidence, Mr. Zheng Feng completely denied that a part-time student in the laboratory had a small workload that week, which caused the student to leave the meeting angrily, which also completely angered Mr. Zheng Feng, and then did not allow the student to open the question for various reasons, and all indications showed that Mr. Zheng Feng did not carefully read the student's proposal report, but transferred it to other students for comments. As of April 6, 2024, the student has not yet started the question.

Teacher Zheng Feng also said in public: **"I will not allow my authority to be challenged by anyone."**

"I will not allow my authority to be challenged by anyone."

5 Virtue is not matched, there is no guidance

5.1 Academic ability and teaching ability

As an associate professor of science and engineering at the School of Information and Communications of Beijing University of Posts and Telecommunications, he didn't know the meaning and concept of mean square error and root mean square error (in fact, in the course of daily meetings, students often report the meaning and progress of these indicators), which shows that his academic ability is worrying, and he is holding ineffective meetings every day.

"Do people know what the previous indicators mean? For example, what is the root mean square error, the absolute mean square error. Are these indicators used by everyone in the literature? Do people in the industry know about these indicators? Didn't you make them up yourself?"

In addition, Mr. Zheng Feng repeatedly asked individual students in the laboratory to fully understand the content of the project, so as to replace Mr. Zheng Feng's report and defense during the project defense.

Threatened, "Don't expect me to answer."

"I'm looking for someone who can report and summarize the project for me... You can at least cope with every answer from the experts. Don't expect me to answer."

Under the premise of such frequent project meetings, Professor Zheng Feng is still unable to summarize and report by himself, and it can be seen that his guidance for the project is not in scientific

research, but only in the advancement of progress. In fact, Ms. Zheng Feng still doesn't know the title of the project after eight months of the project, and often asks students why they chose a certain technology (even April 7, 2024, after the project has been running for more than eight months). Teacher Zheng Feng asked this question again), but the project was declared with this technology, so it can be seen that Teacher Zheng Feng not only did not know anything about the project, but also did not guide the students.

From the moment the students joined the lab, Ms. Zheng Feng let everyone learn programming languages such as Java, which is beneficial to both parties and is beyond reproach. However, Mr. Zheng Feng often says "learn java, python, etc. in a week" such nonsensical words. (In addition, according to Mr. Zheng Feng, he doesn't know any python code, and if he really learns python in a week .) In her opinion, many things can be completed in one day, not limited to learning programming languages, training models, analyzing experimental results, etc., and most of the students have to go to the base for internship work during the day. In addition, Ms. Zheng Feng often asks "How many lines of code have you written?", and uses the number of lines of code as a measure of the students' workload.

The academic situation cannot be studied. In short, whenever Mr. Zheng Feng's academic ability is mentioned, the students in the laboratory think about it and make people laugh.

In terms of teaching, in the past two years, Mr. Zheng Feng has opened a postgraduate course, all of which are completed by students, and students have been telling each class for a long time, and he rarely lectures in person.

5.2 Guidance for graduate students

Around November 2023, the 2022 students will start the project, and Mr. Zheng Feng and this business mentor have never had suggestions and guidance on innovative points, and they all rely on the students to conduct research and thinking on their own. However, before the opening defense, Ms. Zheng Feng found that some people's questions were not related to their X projects, and in order to complete the X projects they took over , they strongly opposed opening the questions in other directions, claiming that these students' proposals had not been fully investigated, and there was no actual project as the basis, so she could not verify the feasibility of their innovative points, and forced these students to change the topics in just half a month, making

the laboratory 12 Graduation theses of the Class of 2022

It's all about the project and starting to investigate a direction you've never been in before, or even a whole new field you've never set foot in. Even when the project is oriented, students never receive professional guidance and help. In just half a month, how can it be possible to conduct sufficient research and feasibility measurement?

When Ms. Zheng Feng gives guidance to students, she often asks "Let's listen together", and then asks other students to comment on the content of the student's report (including project report, topic opening report, etc.).

In addition, as mentioned above, Zheng Feng's authority does not allow anyone to challenge it. And this kind of "challenge" includes any behavior that is contrary to Teacher Zheng Feng's wishes, including ordinary things such as asking for leave on statutory holidays. For those students who wanted to take leave to go home during the holidays, Mr. Zheng Feng remembered it even more. Because a student once challenged the authority of Mr. Zheng Feng, in the graduate thesis opening session, the student revised the proposal report dozens of times, and changed the direction of the proposal 5-6 times, but he was still not allowed to pass. In addition, Mr. Zheng Feng took the form of "torture" by all the students in the laboratory in the trial of the student's opening **question**, and after the student finished telling his own ideas and plans, he first questioned the student with contradictory questions, "There are so many people doing this research direction, what innovation is there to speak of", "No one dares to do this research direction, why do you think you can do it", "If you think you can do it, please give the results of the existing paper", the student reluctantly answered, and then said to everyone in the lab, **"Each of you must ask XX students two questions, if XX students can't answer one question, they will not pass the question"**.

I have to point out that the last student who passed the question and the student who has not yet opened the question are also the students who are considered by Mr. Zheng Feng to be "the most authoritarian".

5.3 Guidance for undergraduates

Teacher Zheng Feng is also very worried about the teaching ability of undergraduates. Teacher Zheng Feng has a great problem with the teaching attitude of undergraduates. For example, in the course of a certain meeting, Teacher Zheng Feng complained to her classmates in the laboratory, and an undergraduate student asked her questions, and after complaining, Teacher Zheng Feng actually said: **"This student is really difficult to serve"**; and instructed the teaching assistant students to "send the direct answer to that question", **"If they don't know how to answer every question, then send them all, it doesn't**

matter", "We can't stand to teach each of them one question at a time".without explaining it to the students in detail.

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| "This student is so fucking hard to serve" |
| "Send the answer to that question directly" "If they don't know every question, then send them all, it doesn't matter" |
| "We can't stand to tell each of them question by question" |

6 Other situations

6.1 Confidentiality issues

1. Teacher Zheng Feng is a confidential officer, but his behavior does not abide by the confidentiality rules. Ms. Zheng Feng has several laptops, one of which is dedicated to storing confidential materials, but this computer is often hidden from the school for inspection.

2. Mr. Zheng Feng is the person in charge of a confidential project, but the above-mentioned Tencent meetings are all project meetings, and the students in the laboratory share a computer in the laboratory to report the progress to Mr. Zheng Feng and the corporate mentor who participated in the meeting remotely.

6.2 Contempt for the physical and mental health of classmates in the lab

1. I have already described the serious overtime and staying up late in the laboratory after the New Year. March 29, 2024, Real

The laboratory students worked overtime until half past five in the morning on March 30. During this period, a student in the laboratory suddenly had a nosebleed, and other students also decided to relax a little on Saturday because of heart discomfort, sleep for a day, and go to the doctor if they were not feeling well.

On Saturday, March 30, Mr. Zheng Feng and the enterprise mentor repeatedly asked the laboratory students to come to the laboratory to communicate, and later began to call the students for unknown reasons, but no one responded due to everyone's physical overwhelm and psychological depression. Therefore, Teacher Zheng Feng blocked some of the students in the laboratory.

On the weekend morning of March 31, all students arrived at the lab before 9 o'clock to start work.

On March 31, Ms. Zheng Feng invited several students in turn to ask about the reason and asked to see their mobile phones.

On April 3, Teacher Zheng Feng called several students who were at work back to the laboratory and asked them in public why they didn't look at their phones and didn't respond to messages.

After learning that several students went to the hospital and the results of the physical examination were good, Mr. Zheng Feng said proudly: "I went to the hospital for a whole day to check up, right, but I didn't find anything wrong

In addition, during the questioning, Teacher Zheng Feng also said: **"You all check your heart, right, who told you that you have a heart problem and go to check it quickly?" "Don't take this to scare people by holding it all day long like xx (a classmate in the laboratory)." xx said that the heart is not good, the heart is not good, and it is about to die", "xxx believes xx 's words too much. Why did I block xx, because I think it's scary that there's such a person in the lab causing panic.** In other words, Mr. Zheng Feng believes that some students in the laboratory have their hearts examined because someone led and instigated them. Without any evidence, Teacher Zheng Feng blocked what she thought was the dominant person.

In fact, after a long period of high pressure, overtime and staying up late, day and night reversal, and disordered work and rest, the physical and mental health of all the students in the laboratory have indeed been overdrawn, and going to the hospital for examination is also a spontaneous behavior depending on the physical condition. Can the students only fight until the moment when they really fall? Teacher Zheng Feng's words are really chilling, and they also make the students who are physically and mentally uncomfortable in the laboratory feel even more disgusting.

"I went to the hospital for a whole day of check-ups, right, and I didn't find anything wrong, so I thought I would find out the problem and give it to the teacher directly

A stick, right, I want to say, 'Teacher, you've made us sick, haven't?'"

You all check your heart, right, who told you that there is a problem with your heart?"

"Don't scare people by holding this sick all day long like xx (a classmate in the lab). Xx says that the heart is not

Okay, the heart is not working, it is about to die."

"xxx believes xx too much. The reason why I blocked xx is because I think there is such a person

in the lab who causes fear

Panic, I think it's scary. ”

2. As mentioned above, a student in the laboratory helped Mr. Zheng Feng, resulting in a shoulder injury and needed surgery. The student was willing to pay for the operation by himself, and only told Mr. Zheng Feng about the injury, but Mr. Zheng Feng said, "You didn't do much heavy work for me."

(The implication is that the student's shoulder injury has nothing to do with it) and was unhappy after hearing it, and accused the classmate at the group meeting that day, "Just wait for the extension".

7 The psychological situation of classmates in the laboratory

March 30, 2024 On the other day, a student was examined by the Third Hospital of Beijing Medical University due to heart difficulties, and the results of the physical examination were good, but the doctor believed that the student needed to consider that "physical discomfort may be due to somatization disorder caused by anxiety and depression". A word wakes up the dreamer. Some students in the laboratory went to Beijing Anding Hospital for examination, but the results were not optimistic. It should be noted that when the doctor asked about the situation, one of the students truthfully told the doctor what happened in the laboratory, and the doctor couldn't help but burst into tears. It can be seen that the experience of the students in the laboratory is sad and the listener is in tears.

After obtaining the inspection results, some students felt that the pressure was indeed too high and they could not take care of the off-campus base, on-campus projects, and graduation thesis, so they chose to leave the project team (as mentioned earlier, Mr. Zheng Feng asked all students in the class of 2022 to start their questions according to the content of the project). The next day, Teacher Zheng Feng said: "They left the project team to do their own things, how the teacher should tutor and how to tutor, but they are responsible for doing crookedly." In addition, Teacher Zheng Feng also said to the Class of 2023: "You also use projects to open questions, it is best to cover their direction, and then let their things be similar to yours, **and then let them kill all their**

things, you know what I mean?"

A student told Teacher Zheng Feng during a meeting: "Teacher, I think there are too few people in our group, and it is very stressful to do, and I am very anxious. The next day, Teacher Zheng Feng said to the students in public: "I'll tell you, **don't use any anxious words to scare me** in the future, you know? You're going to be burnt

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| <p>"They left the project team to do their own things, how the teacher should tutor and how to tutor, but they did it crookedly</p> <p>Charge. "</p> |
| <p>"You also start with projects, preferably in their direction, and then make their things the same as yours, yes</p> <p>I'll kill them all of their stuff later, you know what I mean?"</p> |
| <p>"I'm telling you, don't use any anxious words to scare me in the future, you know?</p> <p>Is it white?"</p> |
| <p>"The other thing is that you are not allowed to raise your anxiety with me in a meeting with so many people. You're going to be anxious that you get out of the way, and you're out of the item</p> <p>If you are anxious, then you should stop doing it. "</p> |
| <p>"It's not interesting to talk about it, everyone is anxious, everyone is stressed, don't mention this to me again. "</p> |

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| <div>Jian Kaizh i anxi ous state , depr essiv e state</div> | <div>北京安定医院 门诊病历</div> <div>姓名: 简开智 性 别: 男 年龄: 24岁 科 室: 普通精神科门诊 民族: 汉族 门诊号: 98010012552443 磁卡号: 98010012552443 挂号日期: 2024-04-06 14:13 打印时间: 2024-04-06 16:48 工作单位: 住址: 湖北省宜昌市猇亭区古老背街办双桥居委会一 来诊者: 患者 来诊者信息是否核查: 是 主诉: 心情差1年余 现病史: 2023年患者学习原因和外界压力出现心情不好, 不高兴, 感觉自己没用, 认为不如别人, 经常能回忆起不好的事情, 为此感到害怕, 睡眠差, 容易惊醒, 感觉心慌、躯体不适, 食欲差, 体重下降, 不爱说话, 为此来我院就诊。 既往史: 平素身体状况良好; 否认冠心病史; 否认高血压病史; 否认糖尿病病史。 过敏史: 否认药物过敏史; 否认 食物过敏史。 个人史: 胞2行1。出生情况: 良好; 发育: 良好, 文化程度: 研究生在读, 个性: 开朗, 不良嗜好: 无。 家族史: 精神病家族史: 阴性。躯体病遗传史: 阴性。 检查: 未见异常 精神检查: 同病史 初步诊断: 抑郁状态 焦虑状态</div> <div>第 1 页</div> |
| <div>Feng Xiaoyi Anxiou s state, mild depres sion, existin g Insom nia</div> | <div>北京安定医院 门诊病历</div> <div>姓名: 冯晓义 性 别: 男 年龄: 28岁 科 室: 普通精神科门诊 民族: 汉族 门诊号: 98010012819347 磁卡号: 98010012819347 初步诊断: 焦虑状态 处理 药品: 劳拉西泮片 0.5mg*20片/盒 0.5mg 口服 每日两次 1盒 检查描述: 心电图示正常; 心率变化测定提示心率偏快; 眼动测定分析提示凝视点正常, 反应探索分离常。 SAS提示无焦虑症状; SDS提示轻度抑郁症状; SCL-90提示无明显心理问题; AIS得分12分。 处置: 1(诊疗)首诊精神病学检查*1 嘱托与建议: 我科随诊, 遵医嘱用药, 规律治疗, 不适随诊; 定期复查药物浓度、血生化、心电图等; 必要时合并心理治疗, 生活规律, 减少应激; 加强看护, 严防过量服药, 严防意外。 是否转至社区卫生服务机构/乡镇卫生院否, 拟接受医疗机构名称 医师签名: 汪露</div> |

Cai Kai

Insomnia, anxiety

首都医科大学附属北京安定医院门诊治疗导诊单



姓名: 蔡凯 性别: 男 住院/门诊号: 98010012552415 医嘱日期: 2024-01-06
出生日期: 19980719 年龄: 25岁 科别: 普通精神科门诊 申请医师: 马朝阳


| 临床诊断 | 治疗医嘱 | 【次数】 | 【项目信息】 |
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| 焦虑状态 | (诊疗) 首诊精神病学检查 | 1 | 【接诊医生诊室】 |

注意事项:

1. 治疗流程: 患者持卡到窗口或者自助机缴费, 按照治疗地点依次检查。
2. 此单收费后三个月有效; 如果开单当日未缴费, 次日作废。
3. 如果遇到特殊情况, 治疗项目可能会延迟出结果, 请谅解。
4. 因特殊原因如需退费, 请持发票及导诊单, 在缴费之日起三个月内来退费窗口办理退费。
心理科自助: 通过手机微信扫码自助完成, 二维码在门诊大厅(18诊室门口)1楼门诊大厅(建卡充值处)和心理科检查室外的海报上。



第1页 共1页 本地医保患者使用支付宝扫码缴费

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|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <div>Zhang Zhi Anxiou s state, depres sed state, moder ate Psych ologic al probl ems</div> | <div><div>北京安定医院 门诊病历</div><div>姓名: 张志 性 别: 男 年龄: 23岁 科 室: 普通精神科门诊 民族: 汉族 门诊号: 98010012552419 磁卡号: 98010012552419 初步诊断: 焦虑状态 抑郁状态 处理 药品: 劳拉西洋片 0.5mg*20片/盒 0.5mg 口服 每日两次 1盒 检查描述: 心率变化测定提示心率偏快。 SAS提示中度焦虑症状; SDS提示轻度抑郁症状; SCL-90提示中度心理问题; AIS得分12分。 处置: 1(诊疗) 首诊精神病学检查*1 嘱托与建议: 建议心理治疗。 我科随诊, 遵医嘱用药, 规律治疗, 不适随诊; 定期复查药物浓度、血生化、心电图等; 必要时合并心理治疗, 生活规律, 减少应激; 加强看护, 严防过量服药, 严防意外。 是否转至社区卫生服务机构/乡镇卫生院否, 拟接受医疗机构名称 。 医师签名: 汪露 </div><div>第 2 页</div></div> |
| <div>Cao Yuew en Anxiou s, mild Mental state, slight Depres sion sympto ms,</div> | <div><div>北京安定医院 门诊病历</div><div>姓名: 曹月文 性 别: 男 年龄: 24岁 科 室: 普通精神科(4区) 民族: 汉族 门诊号: 98010012552259 磁卡号: 98010012552259 挂号日期: 2024-04-07 13:19 打印时间: 2024-04-07 17:35 工作单位: 住址: 山东省东营市河口区山东省东营市河口区仙河 来诊者: 患者 来诊者信息是否核查: 是 主诉: 心情差、心烦1年 现病史: 患者自诉1年前上研究生参与课题后出现感到压力大, 夜眠不实, 心情差, 2024年3月开始经常熬夜做课题, 为此感到烦躁、痛苦, 今日来我院就诊。 既往史: 平素身体状况良好; 否认冠心病病史; 否认高血压病史; 否认糖尿病病史。 过敏史: 否认药物过敏史; 否认 食物过敏史。 个人史: 胞1行1。出生情况: 良好, 发育: 良好, 文化程度: 硕士研究生二年级, 个性: 外向, 易焦虑, 不良嗜好: 无。 家族史: 精神病家族史: 阴性。躯体病遗传史: 阴性。 检查: 未见明显异常 精神检查: 患者意识清晰, 定向力完整, 接触主动, 未引出明确精神病性症状, 可引出情绪低, 主要与课题压力有关, 未引出明确高涨体验, 情感反应协调, 自知力部分存在。 初步诊断: 焦虑状态</div><div>第 1 页</div></div> |

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| mild Anxiety symptoms | |
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| <div>Han</div> <div>Songx</div> <div>uan</div> <div>Depres</div> <div>sion,</div> <div>anxiety</div> <div>,</div> <div>moder</div> <div>ate</div> <div>Psych</div> <div>ologic</div> <div>al</div> <div>probl</div> <div>ems</div> | <div><div>北京安定医院</div><div>门诊病历</div><div>姓名: 韩松轩 性 别: 女 年龄: 23岁 科 室: 普通精神科门诊</div><div>民族: 汉族 门诊号: 98010012552727 磁卡号: 98010012552727</div><div>挂号日期: 2024-04-05 12:51 打印时间: 2024-04-05 16:18</div><div>工作单位: 住址: 河北省石家庄市桥西区河北省石家庄市桥西区</div><div>来诊者: 患者</div><div>来诊者信息是否核查: 是</div><div>主诉: 心情差、焦虑1年</div><div>现病史: 患者自诉近1年出现易焦虑, 常感头痛, 胃肠道不适, 做事没有兴趣, 自卑, 食欲差, 夜眠差。今日来我院就诊。</div><div>患者是否符合高危孕产妇标准(孕期及产后42天以内): 否:</div><div>既往史: 平素身体状况良好; 否认心脏病史; 否认高血压病史; 否认糖尿病病史。</div><div>过敏史: 否认药物过敏史; 否认 食物过敏史。</div><div>个人史: 胎2行1。出生情况: 良好, 发育: 良好, 文化程度: 研二学生, 个性: 外向, 不良嗜好: 无。月经生育状况: 未婚未育。</div><div>家族史: 精神病家族史: 阴性。躯体病遗传史: 阴性。</div><div>检 精 神 病 史</div><div><div>北京安定医院</div><div>门诊病历</div><div>姓名: 韩松轩 性 别: 女 年龄: 23岁 科 室: 普通精神科门诊</div><div>民族: 汉族 门诊号: 98010012552727 磁卡号: 98010012552727</div><div>分存在。</div><div>初步诊断: 抑郁状态</div><div>焦虑状态</div></div><div><div>北京安定医院</div><div>门诊病历</div><div>姓名: 韩松轩 性 别: 女 年龄: 23岁 科 室: 普通精神科门诊</div><div>民族: 汉族 门诊号: 98010012552727 磁卡号: 98010012552727</div><div>医师签名: 张磊张磊</div></div></div> |
| <div>Hu</div> <div>Jiayu</div> <div>Mild</div> <div>Psycho</div> <div>logical</div> <div>proble</div> <div>ms,</div> <div>mild</div> <div>Anxiet</div> <div>y</div> <div>sympto</div> <div>ms,</div> <div>mild</div> | <div><div>北京安定医院</div><div>门诊病历</div><div>姓名: 胡佳玉 性 别: 女 年龄: 22岁 科 室: 普通精神科门诊</div><div>民族: 汉族 门诊号: 98010012552723 磁卡号: 98010012552723</div><div>初步诊断: 睡眠障碍</div><div>焦虑状态</div><div>抑郁状态</div><div>处理</div><div>药品:</div><div>药品描述:</div><div>检验:</div><div>检验描述:</div><div>检查:</div><div>检查描述:</div><div>草药:</div><div>处置:</div><div>1(诊疗)首诊精神病学检查*1</div><div>嘱托与建议:</div><div>建议药物治疗, 患者拒绝; 不适随诊, 注意情绪变化; 建议心理治疗。</div><div>第 2 页</div></div> |

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| Depres sive state, sleep disord ers | |
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| Jia Bin | <div>北京安定医院</div> <div>门诊病历</div> <div>姓名：贾彬 性 别：男 年龄：27岁 科 室：普通精神科（4区）</div> <div>民族：汉族 门诊号：98000011493369 磁卡号：98000011493369</div> <div>挂号日期：2024-04-07 13:21 打印时间：2024-04-07 17:43</div> <div>工作单位： 住址：辽宁省辽阳市文圣区辽宁省辽阳市文圣区长寿</div> <div>来诊者：患者</div> <div>来诊者信息是否核查：是</div> <div>主诉：失眠、焦虑1月</div> <div>现病史：患者为研二学生，自诉近1月因为科研课题压力大需经常熬夜，早醒，为今后生活工作焦虑担心，来我院就诊。</div> <div>既往史：平素身体状况良好；否认冠心病病史；否认高血压病史；否认糖尿病病史。</div> <div>过敏史：否认药物过敏史；否认食物过敏史。</div> <div>个人史：胞1行1。出生情况：良好，发育：良好，文化程度：研二学生，个性：内向，不良嗜好：无。</div> <div>家族史：精神病家族史：阴性。躯体病遗传史：阴性。</div> <div>检查：未见明显异常</div> <div>精神检查：患者意识清晰，定向力完整，接触主动，未引出明确精神病性症状，最近1月焦虑、失眠，主要与课题压力大有关，否认既往高涨或低落情绪体验，情感反应协调，自知力部分存在。</div> <div>初步诊断：焦虑状态</div> <div>处理</div> <div>第 1 页</div> |
| State | |
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| anxie | |
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Teacher Zheng Feng's actions are really chilling to everyone. Here, all of our participating students implore the college and the school to take it seriously and deal with it seriously, assign new supervisors to all of us, and avoid our graduate career being buried in Prof. Zheng Feng's laboratory.

Beijing Anding Hospital

Patient medical records

Name: Jian Kaizhi Sex: Male Age: 24 years old Department: General Psychiatry Clinic
Nationality: Han Clinic number: 98010012552443 Magnetic card number: 98010012552443

Registration date: 2024-04-06 14:13 Printing time: 2024-04-06 16:48

Address: No. 1, Shuanggou Neighborhood Committee, Jialou Street Office, Haidian District, Yizhuang City, Hubei Province

employer:

Visitor: patient

Whether the patient information is verified: Yes

Chief complaint: See record for more than 1 year

History of current illness: In 2023, the patient was in a bad mood due to study reasons and external pressure, feeling unhappy, feeling useless, thinking that he was inferior to others, often recalling bad things, feeling scared about it, having poor sleep, waking up easily, and feeling flustered, physical discomfort, poor appetite, weight loss, and not talking, so he came to our hospital for treatment.

Past history: Normally in good physical condition. Denies history of coronary heart disease; Denies history of hypertension; Denies history of diabetes.

Allergy history: Denied drug allergy history; Denied food allergy history.

Personal history: Cell line 2 and 1. Birth condition: good, development: good, education level: graduate student, personality: cheerful, bad habits: none.

Family history: Mental illness Family history: negative. Genetic history of physical disease: negative.

Check: No abnormality found

Physician examination: see medical history

Preliminary diagnosis: depressive state

anxiety state

page 1

Beijing Anding Hospital

Patient medical records

Name: Feng Xiaoyi Sex: Male Age: 28 years old Department: General Psychiatry Clinic
Nationality: Han Clinic number: 98010012819347 Magnetic card number: 98010012819347

Preliminary diagnosis: anxiety state

Chief complaint

drug:

Loxex tablets 0.5mg*20 tablets/box 0.5mg oral twice a day 1 box

Contraindications: The following contraindications should be noted: 1. Patients with severe liver or kidney disease should avoid use. 2. Patients with severe heart disease should avoid use. 3. Patients with severe hypertension should avoid use. 4. Patients with severe hypotension should avoid use. 5. Patients with severe hypokalemia should avoid use. 6. Patients with severe hypomagnesemia should avoid use. 7. Patients with severe hypocalcemia should avoid use. 8. Patients with severe hypophosphatemia should avoid use. 9. Patients with severe hypovolemia should avoid use. 10. Patients with severe hypotension should avoid use.

often.

SAS indicates no anxiety symptoms; SDS indicates mild depression symptoms; SCL-90 indicates no obvious psychological problems; AIS score is 12 points.

Disposal:

(Diagnosis and treatment) first psychiatric examination

Instructions and suggestions: Follow up in our department, follow the doctor's instructions, take medication, treat regularly, follow up if you feel unwell; regularly review drug concentration, blood biochemistry,

electrocardiogram, etc.; appropriate psychological treatment, regular life, and reduce stress when necessary; strengthen care and prevent overdose; guard against accidents.

Whether to transfer to community health service institution/primary health center? No, none of the medical institutions to be accepted

Physician's signature: Feng Xiaoyi



page 2

Outpatient treatment guide sheet of Beijing Anding Hospital Affiliated to Capital Medical University

Name: Xu Ren Sex: Male Inpatient/outpatient number: 98010012552416 Doctor's order date: 2024-04-09

Date of birth: 19990121 Age: 25 years old Department: General Psychiatry Subspecialty: Depression

Applicant Physician: Xie Changping

Medical advice

Prescription status: 1 (Reception doctor's office)

Prescription:

1. Please read the instructions for use of the medicine or use according to the doctor's advice.

2. The doctor will prescribe the medicine according to the patient's condition. Please take the medicine as prescribed.

3. If you experience any adverse reactions, please stop taking the medicine and consult the doctor.

4. Please take the medicine as prescribed. Do not stop taking the medicine without consulting the doctor.

5. Please take the medicine as prescribed. Do not stop taking the medicine without consulting the doctor.

6. Please take the medicine as prescribed. Do not stop taking the medicine without consulting the doctor.

7. Please take the medicine as prescribed. Do not stop taking the medicine without consulting the doctor.

8. Please take the medicine as prescribed. Do not stop taking the medicine without consulting the doctor.

9. Please take the medicine as prescribed. Do not stop taking the medicine without consulting the doctor.

10. Please take the medicine as prescribed. Do not stop taking the medicine without consulting the doctor.

page 1 of 1

Beijing Anding Hospital

Patient medical records

Name: Wang Kexuan Sex: Male Age: 23 years old Department: General Psychiatry Clinic

Nationality: Han Clinic number: 98010012552416 Magnetic card number: 98010012552416

Insomnia

deal with

drug:

Trazodone Hydrochloride Tablets 25mg*100 tablets/box 100mg Oral once a day 1 box

examine:

[Symptom Self-rating Scale (SCL-90) Assessment] [Others]

[Anxiety Self-Rating Scale Assessment] [Others]

[Depression Self-Rating Scale Assessment] [Others]

[Pittsburgh Sleep Quality Index Scale Examination] [Others]

[Heart rate variation measurement (stress assessment)] [Others]

[Electrocardiogram] [Others]

Examination description: Moderate depression, mild anxiety.

Disposal:

1. (Diagnosis and treatment) first psychiatric examination

Instructions and suggestions: 1. Take medication as prescribed by the doctor and receive psychological consultation. 2. Regularly review blood routine, biochemistry, blood drug concentration, thyroid function, electrocardiogram, electroencephalogram, etc. 3. Exercise appropriately and take a reasonable diet. 4. Follow up with the doctor when unwell.

page 2

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| Outpatient treatment guide sheet of Beijing Anding Hospital Affiliated to Capital Medical University | | | |  | |
| Name: Cai Kai | | Sex: Male | Inpatient/outpatient number: 98010012552415 | | Doctor's order date: 2024-04-09 |
| Date of birth: 19980719 | | Age: 25 years old | Department: General Psychiatry Outpatient Clinic | | Apply for doctor, Ma Chen |
| Clinical diagnosis | | Diagnosis of Time: [Project Information] | | | |
| anxiety state | | 1 [Reception doctor's office] | | | |
| <p>Precautions:</p> <p>1. The treatment group, the patient should follow the doctor's instructions and take the medicine on time, do not stop taking it without the doctor's permission.</p> <p>2. This medicine will be used for 10 days after the first use. If the patient has any side effects, it will be used.</p> <p>3. The patient should follow the doctor's instructions and take the medicine on time, do not stop taking it without the doctor's permission.</p> <p>4. The patient should follow the doctor's instructions and take the medicine on time, do not stop taking it without the doctor's permission.</p> <p>5. The patient should follow the doctor's instructions and take the medicine on time, do not stop taking it without the doctor's permission.</p> <p>6. The patient should follow the doctor's instructions and take the medicine on time, do not stop taking it without the doctor's permission.</p> <p>7. The patient should follow the doctor's instructions and take the medicine on time, do not stop taking it without the doctor's permission.</p> <p>8. The patient should follow the doctor's instructions and take the medicine on time, do not stop taking it without the doctor's permission.</p> <p>9. The patient should follow the doctor's instructions and take the medicine on time, do not stop taking it without the doctor's permission.</p> <p>10. The patient should follow the doctor's instructions and take the medicine on time, do not stop taking it without the doctor's permission.</p> | | | | | |
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| Beijing Anding Hospital | | | | | |
| Patient medical records | | | | | |
| Name: Zhang Zhi | | Sex: Male | Age: 23 years old | | Department: General Psychiatry Clinic |
| Nationality: Han | | Clinic number: 98010012552419 | | Magnetic card number: 98010012552419 | |
| Preliminary diagnosis: anxiety state | | | | | |
| depressive state | | | | | |
| deal with | | | | | |
| drug: | | | | | |
| Laura Western tablets 0.5mg*20 tablets/box | | 0.5mg | oral | twice daily | 1 box |
| Examination description: Heart rate variation measurement indicates that the heart rate is too fast. | | | | | |
| SAS indicates moderate anxiety symptoms; SDS indicates mild depressive symptoms; SCL-90 indicates moderate psychological problems; AIS score is 12 points. | | | | | |
| Disposal | | | | | |
| 1[diagnosis and treatment] first psychiatric examination" | | | | | |
| Instructions and suggestions: Psychotherapy is recommended. | | | | | |
| Our department provides follow-up consultations, medication according to the doctor's instructions, regular treatment, and follow-up consultations for any discomfort; regular review of drug concentration, blood biochemistry, and blood sugar, etc.; when necessary, combined with psychological treatment, regular life, and reduction of stress, strengthened care to prevent overdose and accidents. | | | | | |
| Whether to transfer to community health service institution/neighborhood health center? No; name of the medical institution to be accepted | | | | | |
| | | | | Physician's signature: Wang Lulu | |
| page 2 | | | | | |

Beijing Anding Hospital

Patient medical records

Name: Cao Yuesen

Sex: Male

Age: 24 years old

Department: General Psychiatry (District 4)

Nationality: Han

Clinic number: 88010012552258

Medical card number: 88010013322258

Registration date: 2024-04-07 13:19

Printing time: 2024-04-07 17:35

Employer:

Address: Xianhe, Hekou District, Dongying City, Shandong Province

Visitor: patient

Whether the patient information is verified: Yes

Whether the patient information is verified: Yes

Whether the patient information is verified: Yes

History of current illness: The patient reported that he had observed that his mood was depressed and anxious, and he was unable to concentrate on his work as a postgraduate student 1 year ago. In March 2023, he often showed

up late to do the project. He felt irritable and painful because of the pressure of his postgraduate study and work. He had no treatment today.

Past history: Normally in good physical condition. No history of chronic diseases. Denies history of hypertension. Denies history of diabetes.

Allergy history: Denies drug allergy history. Denies food allergy history.

Personal history: Call 1 line 1. Birth control: good. Education: good. Work level: second year of master's degree, personality: outgoing, prone to anxiety, bad

habits: none

Family history: Mental illness. Family history: negative. Genetic history of physical disease: negative

Inspection: No obvious abnormalities.

Mental examination: The patient has clear consciousness, complete orientation, active contact, no clear psychotic symptoms are elicited, low mood may be elicited, mainly related to the pressure of the subject, no delusional experience is elicited, emotional response is coordinated, and insight is partially present.

Preliminary diagnosis: anxiety state

Beijing Anding Hospital

Patient medical records

Name: Han Songquan Gender: Female Age: 23 years old Department: General Psychiatry Clinic
Nationality: Han Clinic number: 98010012552727 Magnetic card number: 98010012552727
Registration date: 2024-04-05 12:51 Printing time: 2024-04-05 16:18
Address: Chaoyi District, Beijing City, Haidian District, Beijing City, Haidian District, Beijing City, Haidian District
Employer:
Visitor: patient
Whether the patient information is verified: Yes
Main complaint: Food mood and anxiety for 1 year
History of present illness: The patient reported that for one year to slowly, it appeared food mood, gastrointestinal discomfort, lack of interest in eating things, low self-esteem, poor appetite, and poor night sleep in the past year.
Cause of admission: The patient's family member brought her to the hospital for treatment.
Does the patient meet the criteria for high-risk maternal conditions (pregnancy and within 42 days postpartum): No
Past history: Normally in good physical condition. Denied history of coronary heart disease. Denied history of hypertension. Denied history of diabetes.
Allergy history: Denied drug allergy history. Denied food allergy history.
Personal history: Cell line 2 and 1. Birth status: good, development: good, education level: second-year graduate student, personality: outgoing, bad habits: none, menstruating.
Present major symptoms and other details:
Family history: Mental illness. Family history: negative. Genetic history of physical disease: negative.

check

Beijing Anding Hospital

Patient medical records

Name: Han Songquan Gender: Female Age: 23 years old Department: General Psychiatry Clinic
Nationality: Han Clinic number: 98010012552727 Magnetic card number: 98010012552727
exist.

Preliminary diagnosis: depressive state

anxiety state

Beijing Anding Hospital

Patient medical records

Name: Han Songquan Gender: Female Age: 23 years old Department: General Psychiatry Clinic
Nationality: Han Clinic number: 98010012552727 Magnetic card number: 98010012552727

Physician's signature: Zhang Li Zhang Li

Beijing Anding Hospital

Patient medical records

Name: Hu Jiayu

Nationality: Han

Gender: Female

Clinic number: 98010012552723

Age: 22 years old

Magnetic card number:98010012552723

Department: General Psychiatry Clinic

Initial diagnosis: sleep disorder

anxiety state

depressive state

deal with

drug:

Drug description:

test:

Inspection description:

examine:

Check description:

Herbal medicine:

Disposal:

1(diagnosis and treatment) first psychiatric examination*1

Instructions and suggestions:

Medication was recommended, but the patient refused; follow-up consultation for discomfort and attention to mood changes was recommended; psychological treatment was recommended

page 2

Beijing Anding Hospital

Patient medical records

Name: Jia Bin

Nationality: Han

Sex: Male

Clinic number: 98000011493369

Age: 27 years old

Magnetic card number:98000011493369

Department: General Psychiatry (District 4)

Registration date: 2024-04-07 13:21

Printing time: 2024-04-07 17:43

Address: Changzhou, Wusheng District, Liangyang City, Liaoning Province, Wusheng District, Liangyang City, Liaoning Province

employer:

Visitor: patient

Whether the patient information is verified: Yes

Main complaint: Insomnia and anxiety for 1 month

History of current illness: The patient is a second-year postgraduate student. He complained that in the past month he often stayed up late and woke up early due to the pressure of scientific research projects. He was anxious about his future life and work, so he came to our hospital for treatment.

Past history: Normally in good physical condition; Denies history of coronary heart disease; Denies history of hypertension; Denies history of diabetes.

Allergy history: Denied history of drug allergy; denied history of food allergy.

Personal history: Cell 1 line 1. Birth condition: good, development: good, education level: second-year graduate student, personality: introverted, bad habits: none.

Family history: Mental illness Family history: negative. Genetic history of physical disease: negative.

Inspection: No obvious abnormality found

Psychiatric examination: The patient has clear consciousness, complete orientation, active contact, no clear psychotic symptoms, anxiety and insomnia in the past month, mainly related to the high pressure of the subject, denial of previous high or low emotional experiences, emotional response coordination, and insight Partially exists.

Preliminary diagnosis: anxiety state

deal with

page 1