

Eligibility

Cont.

- 13 Weight Classes
 - 107 lbs., 114 lbs., 121 lbs., 127 lbs., 133 lbs., 139 lbs., 145 lbs.
 - 152 lbs., 160 lbs., 172 lbs., 189 lbs., 215 lbs., 285 lbs.
- Varsity Team Wrestle Offs - Week of Nov 24th
 - Afterward students may challenge one weight class once per week
- Team Captains - determined by nominations and student vote
 - 3 captains will be selected



Rule Changes

Cont.

- Take Downs are 3pts
- Near Fall can award 2-4pts
 - Points match seconds held in criteria
- Out of Bounds changed
 - One Wrestler One Point of Contact
- Tech Fall Criteria

