

Practice Schedule

Mon - Fri



- 14:25 - 14:55 : Study Time
- 15:00 - 15:50 : Endurance / Strength Training
 - MWF : Strength Training
 - TTh : Endurance Training
- 16:00 - 17:45 : Practice
 - Technique
 - Drilling

Practice Schedule

Sat

- 10:00 - 11:45 : Practice
 - Technique
 - Drilling

