

Rule Changes

Cont.



- Take Downs are 3pts
- Near Fall can award 2-4pts
 - Points match seconds held in criteria
- Out of Bounds changed
 - One Wrestler One Point of Contact
- Tech Fall Criteria

Schedule



- *Thu Dec 4th - Bristol**
- *Tue Dec 9th - George School**
- *Sat Dec 13th - Springer Duals**
- Tue Dec 16th - Simon Gratz @ 15:45
- Wed Dec 17th - Cardinal O'Hara
- *Sat Dec 20th - Bristol Brawl**
- *Tue Dec 23rd - St Joes Prep* @ 12:00*
- *Sat Dec 27th - Delco Duals**
- *Sat Jan 3rd - Raider Duals**